

# The Michtrack Top 10+

Updated 4/8/09

If you're good enough to be on these lists, there's a good chance you were good enough last season to make the top 50 outdoor lists, which are found exclusively in the Michigan Outdoor Track & Field 2008 Yearbook. You'll also find a ton of other cool stuff in the Yearbook, such as the list of the best 50+ ever in each event, state records, Olympians, history, and much more. Have your parents buy one today. Remind them that you'll be off to college soon and they will need the Yearbook to remember you by. [Click here for details.](#) Check out the 2008 Indoor Yearbook too!

## Michtrack's on Facebook now.

Featuring the best performers and performances from the Michigan indoor season. This list shows performances from ALL meets.

Note: I track down and list school affiliations here for information's sake. No high schoolers in Michigan compete for their high schools prior to the first day of MHSAA-approved practice in the spring. In the relays, some clubs are listed in the "Mixed Schools" category if they have runners from a variety of schools, or if I don't know of the team's composition. If I think that all four members of a relay team attend the same school, I listed them by their school team, even though they were competing as a club. Corrections welcome; complaints not.

Oversized tracks: Following IAAF and USATF rules, marks set on oversized tracks in lap races are not eligible for records, and are kept in separate sub-lists because of the significant advantage runners on an oversized track have. Some organizations like the NCAA have used conversions for years to equalize this situation for championship qualifying purposes, but there is no conversion that has scientific validity, because of the variety of effects the radius of the turn has depending on the height and particularly the stride length of the runner in question.

Send corrections and meet results to: [jeffhollobaugh@aol.com](mailto:jeffhollobaugh@aol.com).

## 50 METERS (7.09)

### 55 METERS (7.59)

7.15#	Jordan Clark (Southfield Lathrup)10	New York/Nat. Scholastic [60].....	3/15/2009
7.18#	Clark	New York/Nat. Scholastic (s) [60] .....	3/14/2008
7.35	Noelle Bradley (Taylor Truman)12	Allendale/MITS .....	1/10/2009
7.37	Amanda Hollern (Grand Rapids Catholic Central)12	Allendale/MITS.....	2/21/2009
7.43	Ariel Holt (Forest Hills Northern)12	Allendale/MITS.....	2/21/2009
7.43	Bridgette Owens-Mitchell (Southfield)11	Merrillville/AAU Northern Ch .....	2/22/2009
7.47	Allie Fox (St Johns)10	Allendale/MITS.....	1/17/2009
7.50	De'ja Wright (Salem)11	Allendale/MITS.....	1/10/2009
7.50	Rosalynd Green (Detroit Mumford)11	Findlay/HS Invite II.....	3/ 7/2009
7.54	Shamarri Riddle (Flint Central)11	Allendale/MITS.....	1/10/2009
7.54	Krysten Fischer (Rockford)12	Allendale/MITS (h) .....	1/17/2009
7.59	Amelia Bannister (Albion)12	Albion/MITS .....	1/31/3009

### 60 METERS (8.10)

7.69	Christienne Linton (Romulus)12	Boston/Nike Indoor (h) .....	3/15/2009
7.69	Jordan Clark (Southfield Lathrup)10	New York/Nat. Scholastic.....	3/15/2009
7.70	Clark	New York/Nat. Scholastic (s) .....	3/14/2008
7.71	Linton	Lexington/Kentucky Inv .....	2/21/2009
7.71	Linton	Boston/Nike Indoor (s) .....	3/15/2009
7.75	Jordan Clark (Southfield Lathrup)10	Warren/MITS.....	1/16/2009
7.75	Linton	Ann Arbor/MITS .....	1/23/2009
7.75	Linton	Lexington/Kentucky Inv (h).....	2/21/2009
7.76	Linton	East Lansing/MITS.....	2/11/2009
7.76	Dani Drayton (Troy)11	Warren/MITS.....	2/13/2009
7.77	Clark	New York/Nat. Scholastic (h) .....	3/13/2009
7.78	Linton	Ann Arbor/MITS .....	2/16/2009
7.79	Linton	Ypsilanti/MITS .....	2/19/2009
7.79	Drayton	Ypsilanti/Huron Relays I.....	3/28/2009
7.82	Linton	London/Season Opener .....	11/29/2008
7.83	Drayton	Mt Pleasant/MITS Ch (s).....	2/28/2009
7.84	Linton	London/Season Opener (s).....	11/29/2008

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7.90	Noelle Bradley (Taylor Truman)12	Mt Pleasant/MITS Ch .....	2/28/2009
7.91	Amanda Hollern (Grand Rapids Catholic Central)12	Mt Pleasant/MITS Ch (s).....	2/28/2009
7.92	Nacole Black (Detroit Mumford)	Ypsilanti/Huron Relays I (s).....	3/28/2009
7.94	Kyra Jefferson (Detroit Cass Tech)9	Warren/MITS.....	2/13/2009
7.94	Shamarri Riddle (Flint Central)11	Mt Pleasant/MITS Ch (h).....	2/28/2009
7.94	Jewel Thomas (Southfield Lathrup)	Ypsilanti/Huron Relays I (s).....	3/28/2009
7.95	Diamond Harris (Detroit Southeastern)12	Warren/MITS.....	1/16/2009
7.95	Rosalynd Green (Detroit Mumford)11	Ypsilanti/Huron Relays I.....	3/28/2009
7.97	Allie Fox (St Johns)10	Mt Pleasant/MITS Ch .....	2/28/2009
7.99	Bridgette Owens-Mitchell (Southfield)11	Ann Arbor/MITS .....	2/16/2009
7.99	Corrie Castro (Saline)12	Ypsilanti/Huron Relays I (s).....	3/28/2009
8.01	Emma Breen (Rockford)12	Mt Pleasant/MITS (h) .....	2/17/2009
8.01	Deja Wright (Salem)11	Boston/Nike Indoor (h) .....	3/15/2009
8.05	Chanel Payne (Westland Glenn)	Ypsilanti/Huron Relays I.....	3/28/2009
8.07	Ciera Donaldson (Belleville)11	Toronto/York Xmas Open (h).....	12/ 6/2008
8.08	Brittany Lewis (St Clair)	Ypsilanti/Huron Relays II.....	3/27/2009
8.09	Ciarra Adams (Flint Southwestern)	Ypsilanti/Huron Relays II.....	3/27/2009
8.10	Arnesha Jennings (East Lansing)	Mt Pleasant/CMU 1-2.....	3/19/2009
8.10	Christina Wade (Ann Arbor Pioneer)	Ypsilanti/Huron Relays I (s).....	3/28/2009

## 200 METERS (26.59)

24.61	Kendall Baisden (Bloomfield St Regis)8	New York/Nat. Scholastic.....	3/15/2009
24.88	Baisden	New York/Nat. Scholastic (h) .....	3/15/2009
25.29	Jordan Clark (Southfield Lathrup)10	New York/Nat. Scholastic (h) .....	3/15/2009
25.52	Kyra Jefferson (Detroit Cass Tech)9	Mt Pleasant/MITS Ch .....	2/28/2009
25.56	Baisden	Ann Arbor/MITS .....	1/23/2009
25.57	Clark	Findlay/HS Invite II.....	3/ 7/2009
25.74	Jefferson	Ann Arbor/MITS .....	2/16/2009
25.80	Aisha Osborne (Detroit Mumford)12	Findlay/Oiler Inv .....	2/13/2009
25.80	Dynasty McGee (Flint Southwestern)10	Bowling Green/Sid Sink Open.....	2/21/2009
25.82	Christienne Linton (Romulus)12	Toronto/York Xmas Open .....	12/ 6/2008
26.13	Charlotte Cahill (North Farmington)12	Mt Pleasant/MITS Ch .....	2/28/2009
26.21	Amelia Bannister (Albion)12	Hillsdale/MITS .....	1/22/2009
26.24	Nacole Black (Detroit Mumford)	Warren/MITS.....	2/ 6/2009
26.32	Paige Patterson (?)	Mt Pleasant/MITS Ch .....	2/28/2009
26.49	Felicia Jefferson (Ypsilanti Lincoln)12	Findlay/HS Invite II.....	3/ 7/2009

### Oversized Track:

26.02	Noriah Williams (Ypsilanti Lincoln)12	Lexington/Kentucky Inv .....	2/21/2009
26.14	Noelle Bradley (Taylor Truman)12	Lexington/Kentucky Inv .....	2/21/2009
26.19	Nacole Black (Detroit Mumford)	Akron/Rubber City Inv .....	2/21/2009
26.56	Rosalynd Green (Detroit Mumford)11	Akron/Rubber City Inv .....	2/21/2009

## 300 METERS (43.99)

41.90	Sydni Clark (Southfield)12	London/Season Opener.....	11/29/2008
43.26	Jordan Clark (Southfield Lathrup)10	London/Season Opener.....	11/29/2008
43.53	Becky Adamcheck (Livonia Stevenson)11	London/Season Opener.....	11/29/2008
43.68	Melissa Groce (Belleville)12	London/Season Opener.....	11/29/2008
43.86	Gabrielle Adams (Clintondale)	Warren/Macomb County Ch.....	3/19/2009
43.95	De'ja Wright (Salem)11	London/Season Opener.....	11/29/2008

### Oversized Track (42.99):

40.66	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
41.22	Meg Bellino (Monroe St Mary)12	Allendale/MITS.....	1/10/2009
41.38	Aisha Osborne (Detroit Mumford)12	Allendale/MITS.....	1/10/2009
41.87	Dynasty McGee (Flint Southwestern)10	Allendale/MITS.....	1/10/2009
41.99	De'ja Wright (Salem)11	Allendale/MITS.....	1/10/2009
42.26	Rebecca Veneklase (Grand Rapids West Catholic)	Allendale/MITS.....	1/10/2009
42.61	Rebecca Adamchek (Livonia Stevenson)11	Allendale/MITS.....	1/10/2009
42.70	Noelle Bradley (Taylor Truman)12	Allendale/MITS.....	1/10/2009
42.88	Corrie Castro (Saline)12	Allendale/MITS.....	1/10/2009
42.97	Emma Ordway (Middleville)12	Allendale/MITS.....	1/10/2009

## 400 METERS (61.20)

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56.73	Kendall Baisden (Bloomfield St Regis)8	Findlay/HS Invite II.....	3/ 7/2009
56.86	Aisha Osborne (Detroit Mumford)12	Findlay/HS Invite II.....	3/ 7/2009
56.95	Baisden	Ann Arbor/MITS .....	1/29/2009
57.13	Baisden	New York/Nat. Scholastic [7/8].....	3/15/2009
57.35	Baisden	New York/Nat. Scholastic [7/8] (h) .....	3/14/2009
57.39	Osborne	New York/Nat. Scholastic (h) .....	3/14/2009
57.45	Dynasty McGee (Flint Southwestern)10	New York/Nat. Scholastic (h) .....	3/14/2009
57.46	Baisden	Mt Pleasant/MITS Ch .....	2/28/2009
57.66	Osborne	Mt Pleasant/MITS Ch .....	2/28/2009
57.92	McGee	Saginaw/Open .....	1/16/2009
58.70	Sydni Clark (Southfield)12	Ypsilanti/Holiday Classic.....	12/28/2008
58.70	Meg Bellino (Monroe St Mary)12	Ypsilanti/MITS.....	1/15/2009
59.43	Amelia Bannister (Albion)12	East Lansing/MITS.....	1/19/2009
60.16	Paige Patterson (?)	Warren/MITS.....	2/ 6/2009
60.21	DeDe Lofton (Detroit Mumford)11	Findlay/Oiler Opener.....	12/ 6/2008
60.21	Emma Ordway (Middleville)12	Mt Pleasant/MITS Ch .....	2/28/2009
60.40	Jerisha Tucker (Detroit Cass Tech)12	Ann Arbor/MITS .....	1/29/2009
60.95	Jaelynn Pryor (Jackson)	East Lansing/MSU-Playmakers large .....	3/24/2009
60.96	Melissa Groce (Belleville)12	Toronto/York Xmas Open .....	12/ 6/2008
61.02	Maria Beach (Midland)11	Mt Pleasant/MITS Ch .....	2/28/2009
61.08	Rebecca Adamcheck (Livonia Stevenson)11	Ypsilanti/MITS.....	1/15/2009
61.12	Zoey Hohmann (Stockbridge)12	Mt Pleasant/MITS Ch .....	2/28/2009
61.23	Krysten Fischer (Rockford)12	Mt Pleasant/MITS Ch .....	2/28/2009

## Oversized Track:

57.03	Aisha Osborne (Detroit Mumford)12	Akron/Rubber City Inv.....	2/21/2009
57.50	Dynasty McGee (Flint Southwestern)10	Allendale/GVSU Holiday Open .....	12/12/2008
58.46	Meg Bellino (Monroe St Mary)12	Lexington/Kentucky Inv.....	2/21/2009
59.55	Emma Breen (Rockford)12	Allendale/MITS.....	2/21/2009
59.57	Krysten Fischer (Rockford)12	Allendale/MITS.....	2/21/2009
59.68	Emma Ordway (Middleville)12	Allendale/MITS.....	1/17/2009
59.69	Noriah Williams (Ypsilanti Lincoln)12	Lexington/Kentucky Inv.....	2/21/2009
59.89	Corrie Castro (Saline)12	Lexington/Kentucky Inv.....	2/21/2009
60.25	DeDe Lofton (Detroit Mumford)11	Akron/Rubber City Inv.....	2/21/2009
60.40	Kayleigh Coulson (Grand Rapids Catholic Central)12	Allendale/MITS.....	1/24/2009
60.69	Becky Caywood (Rockford)12	Allendale/MITS.....	2/21/2009

## 600 METERS (1:45.99)

1:34.91	Kendall Baisden (Bloomfield St Regis)8	Toronto/AO Relays .....	2/ 8/2009
1:41.37	Sydni Clark (Southfield)12	London/Season Opener.....	11/29/2008
1:42.71	Melissa Groce (Belleville)12	London/Season Opener.....	11/29/2008
1:45.15	Kanaya Williams (Romulus)12	London/Season Opener.....	11/29/2008
1:45.80	Autumn Cleverly (Anchor Bay)	Warren/Macomb County Ch.....	3/19/2009

## 800 METERS (2:23.5)

2:16.95	Becca Addison (Grand Haven)12	Mt Pleasant/MITS Ch .....	2/28/2009
2:20.04	Kate Carter (Saline)11	Ypsilanti/MITS.....	2/19/2009
2:20.50	Courtney Calka (Livonia Stevenson)12	Saginaw/MITS.....	2/11/2009
2:20.7	Amelia Bannister (Albion)12	East Lansing/MITS.....	2/11/2009
2:20.9	Cara Cremeans (Jackson Lumen Christi)12	East Lansing/MITS.....	2/11/2009
2:21.27	Gabrielle Anzelone (Grand Blanc)10	Saginaw/MITS.....	2/11/2009
2:21.40	Melissa Groce (Belleville)12	Ypsilanti/Holiday Classic.....	12/28/2008
2:21.50	Meg Weschler (Wyandotte)11	Mt Pleasant/MITS Ch .....	2/28/2009
2:22.29	Jerisha Tucker (Detroit Cass Tech)12	Mt Pleasant/MITS Ch .....	2/28/2009
2:23.40	Vorri Sanders (Detroit Mumford)9	Findlay/HS Invite II.....	3/ 7/2009

## Oversized Track:

2:12.77	Becca Addison (Grand Haven)12	Allendale/MITS.....	2/21/2009
2:18.81	Vorri Zanders (Detroit Mumford)9	Akron/Rubber City Inv.....	2/21/2009
2:18.85	Gabrielle Anzelone (Grand Blanc)10	Allendale/MITS.....	2/21/2009
2:20.77	Alex Leptich (Saline)11	Allendale/MITS.....	2/21/2009
2:21.05	Courtney Calka (Livonia Stevenson)12	Allendale/MITS.....	2/21/2009
2:21.18	Anna Stassen (Dearborn)9	Lexington/Kentucky Inv.....	2/21/2009
2:21.33	Meg Weschler (Wyandotte)11	Lexington/Kentucky Inv.....	2/21/2009

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2:22.14	Michaela Carnegie (Benzie Central)10	Allendale/MITS.....	2/21/2009
2:22.27	Kanaya Williams (Romulus)12	Lexington/Kentucky Inv.....	2/21/2009
2:23.29	Melissa Groce (Belleville)12	Akron/Jerome Fields Open.....	1/24/2009

## 1500 METERS (4:59.9)

4:44.9#	Alex Leptich (Saline)11	Mt Pleasant/MITS Ch [1600].....	2/28/2009
4:46.2#	Sara Kroll (Livonia Churchill)11	Mt Pleasant/MITS Ch [1600].....	2/28/2009

## 1600 METERS (5:19.9)

5:00.95+	Alex Leptich (Saline)11	Boston/Nike Indoor (5:02.67).....	3/15/2009
5:03.29	Sara Kroll (Livonia Churchill)11	Mt Pleasant/MITS Ch.....	2/28/2009
5:03.35	Leptich	Mt Pleasant/MITS Ch.....	2/28/2009
5:04.0	Megan Goethals (Rochester)11	East Lansing/MITS.....	2/11/2009
5:04.14	Gabrielle Anzelone (Grand Blanc)10	Ann Arbor/MITS.....	1/29/2009
5:06.47	Courtney Calka (Livonia Stevenson)12	Ann Arbor/MITS.....	1/29/2009
5:06.99	Katie Hoevert (AA Pioneer??)	Ann Arbor/MITS.....	1/29/2009
5:10.7	Megan Freeland (Parma Western)12	East Lansing/MITS.....	2/11/2009
5:13.40	Grace Green (Troy)12	Warren/MITS.....	2/20/2009
5:13.70	Jennifer Snelgrove (Grand Ledge)11	Mt Pleasant/MITS Ch.....	2/28/2009
5:13.98	Michele Morriset (Troy)11	Warren/MITS.....	2/20/2009

### Oversized Track:

5:02.70	Gabrielle Anzelone (Grand Blanc)10	Allendale/MITS.....	1/17/2009
5:08.43	Becca Addison (Grand Haven)12	Allendale/MITS.....	1/24/2009
5:11.30	Courtney Calka (Livonia Stevenson)12	Allendale/MITS.....	1/10/2009
5:16.02	Kristen Smith (Clarkston)12	Allendale/MITS.....	1/17/2009
5:17.95	Bridget Bennett (Mt Pleasant Sacred Heart)11	Allendale/MITS.....	1/17/2009
5:18.16	Krista Parks (East Kentwood)11	Allendale/MITS.....	1/17/2009

## 3000 METERS (10:59.9)

9:58.2#	Megan Goethals (Rochester)11	Mt Pleasant/MITS Ch [3200].....	2/28/2009
10:07.0#	Gabrielle Anzelone (Grand Blanc)10	Mt Pleasant/MITS Ch [3200].....	2/28/2009

## 3200 METERS (11:44.9)

10:33.81	Megan Goethals (Rochester)11	Mt Pleasant/MITS Ch.....	2/28/2009
10:45.92	Gabrielle Anzelone (Grand Blanc)10	Mt Pleasant/MITS Ch.....	2/28/2009
10:50.72+	Michele Morriset (Troy)11	New York/Nat. Scholastic (10:54.51).....	3/15/2009
10:54.83	Morriset	Ypsilanti/Huron Relays I.....	3/28/2009
10:56.93	Goethals	Ann Arbor/MITS.....	1/29/2009
11:01.04	Anzelone	Saginaw/MITS.....	2/11/2009
11:15.55	Courtney Calka (Livonia Stevenson)12	Saginaw/MITS.....	2/11/2009
11:16.38	Grace Green (Troy)12	Ypsilanti/Huron Relays I.....	3/28/2009
11:27.86	Alex Leptich (Saline)11	Ann Arbor/MITS.....	1/29/2009
11:29.88+	Megan Freeland (Parma Western)12	Saginaw/MITS.....	2/11/2009
11:37.46	Kaitlyn Patterson (Cadillac)	Saginaw/SVSU 2.....	3/18/2009
11:41.25	Sarah Drevon (Flint Powers)	Saginaw/SVSU 2.....	3/18/2009
11:43.79	Annie-Norah Beverage (Ann Arbor Huron)10	Ann Arbor/MITS.....	1/29/2009
11:43.81	Rachel Quaintance (Walled Lake Northern)12	Ann Arbor/MITS.....	1/29/2009
11:44.45	Melinda Palinkas (Saranac)11	Mt Pleasant/MITS Ch.....	2/28/2009

### Oversized Track:

11:17.17	Grace Green (Troy)12	Allendale/MITS.....	2/21/2009
11:20.99	Michele Morriset (Troy)11	Allendale/MITS.....	2/21/2009
11:42.44	Alissa Williams (East Kentwood)10	Allendale/MITS.....	2/21/2009
11:43.31	Melinda Palinkas (Saranac)11	Allendale/MITS.....	1/24/2009
11:44.65	Devyn Ramsey (Benzie Central)12	Allendale/MITS.....	2/21/2009

## 50 METER HURDLES (8.60)

### 55 METER HURDLES (9.29)

8.41	Bridgette Owens-Mitchell (Southfield)11	Merrillville/AAU Northern Ch.....	2/22/2009
8.43	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
8.93	Danielle Putterman (Rockford)12	Allendale/MITS (h).....	1/17/2009
8.93	Kellie Littlejohn (Detroit Mumford)10	Findlay/HS Invite II (h).....	3/ 7/2009

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9.19	Erika Heston (Haslett)11	Allendale/MITS.....	2/21/2009
9.21	Katie Searles (Delton Kellogg)11	Allendale/MITS (h).....	1/24/2009
9.23	Jessi Craun (Hemlock)11	Allendale/MITS (h).....	1/24/2009
<b>30-inch hurdles</b>			
9.16	Queene Dale (Ypsilanti Lincoln MS)7	Merrillville/AAU Northern Ch.....	2/22/2009

## 60 METER HURDLES (9.79)

8.60	Christienne Linton (Romulus)12	Boston/Nike Indoor.....	3/15/2009
8.61	Linton	Mt Pleasant/MITS Ch.....	2/28/2009
8.64	Bridgette Owens-Mitchell (Southfield)11	Mt Pleasant/MITS Ch.....	2/28/2009
8.66	Owens-Mitchell	Boston/Nike Indoor.....	3/15/2009
8.67	Linton	Lexington/Kentucky Inv.....	2/21/2009
8.67	Owens-Mitchell	Warren/Oakland County Ch.....	3/18/2009
8.73	Linton	Lexington/Kentucky Inv (h).....	2/21/2009
8.74	Linton	Ypsilanti/Huron Relays I.....	3/28/2009
8.75	Linton	Boston/Nike Indoor (s).....	3/15/2009
8.78	Owens-Mitchell	Mt Pleasant/MITS Ch (s).....	2/28/2009
8.78	Linton	Ypsilanti/Huron Relays I (s).....	3/28/2009
8.79	Linton	Mt Pleasant/MITS Ch (s).....	2/28/2009
8.83	Linton	Boston/Nike Indoor (h).....	3/15/2009
8.85	Owens-Mitchell	Mt Pleasant/MITS Ch (h).....	2/28/2009
8.88	Owens-Mitchell	Boston/Nike Indoor (h).....	3/15/2009
8.91	Linton	Ypsilanti/MITS.....	2/19/2009
8.95	Linton	Ann Arbor/MITS.....	1/29/2009
8.96	Jaelynn Pryor (Jackson)	East Lansing/MSU-Playmakers large.....	3/24/2009
9.07	Chira Allen (Lake Orion)	Warren/Oakland County Ch.....	3/18/2009
9.24	Ariel Roberts (Ann Arbor Pioneer)12	Boston/Nike Indoor (pent).....	3/14/2009
9.28	Jillian Sledge (Flint Southwestern)11	Mt Pleasant/MITS Ch (s).....	2/28/2009
9.28	Sharonda Vesey (Romulus)12	Ypsilanti/Huron Relays I (s).....	3/28/2009
9.38	Amanda Maher-Balduf (Ann Arbor Pioneer)12	Mt Pleasant/MITS Ch (s).....	2/28/2009
9.48	Megan Clifford (Brighton)	Ypsilanti/Early Bird Inv (h).....	3/14/2009
9.50	Kellie Littlejohn (Detroit Mumford)10	Mt Pleasant/MITS Ch (s).....	2/28/2009
9.50	Danielle Putterman (Rockford)12	Mt Pleasant/MITS Ch (s).....	2/28/2009
9.54	Jamie Reed (Benton Harbor)	Ypsilanti/Huron Relays II.....	3/27/2009
9.71	Brittany Calhoun (Grand Blanc)	Ypsilanti/Early Bird Inv (h).....	3/14/2009
9.75	Sophia Kunselman (Ann Arbor Pioneer)	Mt Pleasant/MITS Ch (s).....	2/28/2009
9.78	Andrea Kober (Sparta)	Mt Pleasant/CMU 1-2.....	3/19/2009
9.79	Erika Heston (Haslett)	Mt Pleasant/CMU 1-2.....	3/19/2009
9.79	Amber Fater (Riverview)	Ypsilanti/Huron Relays II.....	3/27/2009

## HIGH JUMP (5-2)

5-9	Ariel Roberts (Ann Arbor Pioneer)12	Mt Pleasant/MITS Ch.....	2/28/2009
5-8	Roberts	Boston/Nike Indoor (pent).....	3/14/2009
5-8	Roberts	Ypsilanti/Huron Relays I.....	3/28/2009
5-7	Roberts	Ann Arbor/MITS.....	2/16/2009
5-7	Roberts	Mt Pleasant/MITS Ch (!).....	2/28/2009
5-4	Alicia Weaver (Holt)?	East Lansing/MITS.....	1/19/2009
5-4	Andi Yancho (Grand Blanc)12	Albion/MITS.....	1/31/3009
5-4	Rachel Herald (Rockford)11	Allendale/MITS.....	2/21/2009
5-4	Dominique Corley (Ann Arbor Pioneer)11	Mt Pleasant/MITS Ch.....	2/28/2009
5-4	Jennifer Lane (Brighton)12	Ypsilanti/Early Bird Inv.....	3/14/2009
5-4	Molly Duda (Haslett)	East Lansing/MSU-Playmakers large.....	3/24/2009
5-3	Beth Roach (Northville)	Ypsilanti/Early Bird Inv.....	3/14/2009
5-2	Kayleigh Coulson (Grand Rapids Catholic Central)12	Allendale/MITS.....	1/10/2009
5-2	Corie Auger (Ortonville-Brandon)12	Ypsilanti/MITS.....	1/15/2009
5-2	J. Johnson (?)	Warren/MITS.....	2/ 6/2009
5-2	McKenzie Majchrzak (Manistee)12	Allendale/MITS.....	2/21/2009
5-2	Rochelle Sandbrook (Ovid-Elsie)	Saginaw/SVSU 3-4.....	3/18/2009
5-2	Monique Nguyen (Troy)	Ypsilanti/Huron Relays I.....	3/28/2009
5-2	Emily Quint (Livonia Franklin)11	Ypsilanti/Huron Relays I.....	3/28/2009

## POLE VAULT (10-0)

# The Michtrack Top 10+

12-6	Sarah Birkmeier (Rockford)11	East Lansing/MITS.....	2/11/2009
12-3	Birkmeier	Grand Rapids/MITS .....	1/27/2009
12-2.5	Birkmeier	Boston/Nike Indoor .....	3/15/2009
12-1	Birkmeier	Mt Pleasant/MITS Ch .....	2/28/2009
12-0	Birkmeier	Grand Rapids/MITS (!).....	1/27/2009
12-0	Birkmeier	Grand Rapids/MITS .....	2/ 3/2009
12-0	Birkmeier	Grand Rapids/MITS .....	2/17/2009
11-9	Richelle Kimble (Lowell)12	Mt Pleasant/MITS Ch .....	2/28/2009
11-8.5	Kimble	Boston/Nike Indoor .....	3/15/2009
11-7.75	Birkmeier	Allendale/GVSU Holiday Open .....	12/12/2008
11-6	Birkmeier	Allendale/MITS.....	1/10/2009
11-6	Birkmeier	Grand Rapids/MITS (!).....	1/27/2009
11-6	Christina Watson (Stockbridge)12	East Lansing/MSU-Playmakers small .....	3/25/2009
11-3	Amanda Impellizzeri (East Kentwood)12	Grand Rapids/MITS .....	2/17/2009
11-0	Kassie Powell (Durand)12	Grand Rapids/MITS .....	1/27/2009
10-9	Christine Kolenbrander (Hudsonville)12	Grand Rapids/MITS .....	2/17/2009
10-9	Kiley Tobel (Walled Lake Western)12	Mt Pleasant/MITS Ch .....	2/28/2009
10-9	Lindsay Stidham (Midland Dow)12	Mt Pleasant/MITS Ch .....	2/28/2009
10-6	Jessica Pizzini (Macomb Dakota)12	Warren/MITS.....	1/16/2009
10-6	Tori Wesley (Marine City)10	Findlay/HS Meet .....	1/24/2009
10-6	Kelly Morrissey (Grand Rapids West Catholic)11	Grand Rapids/MITS .....	2/ 3/2009
10-6	Carlie Morris (East Grand Rapids)	Grand Rapids/MITS .....	1/27/2009
10-6	Kelsey Hinz (Macomb Dakota)12	Warren/MITS.....	2/20/2009
10-6	Katelyn Shelar (Novi)11	Warren/MITS.....	2/20/2009
10-6	Violet Whitney (Ann Arbor Pioneer)12	Ypsilanti/Huron Relays I.....	3/28/2009
10-6	Emily Quint (Livonia Franklin)11	Ypsilanti/Huron Relays I.....	3/28/2009
10-6	Liz Nagle (Walled Lake Western)	Ypsilanti/Huron Relays I.....	3/28/2009
10-3	Amy Reynolds (Northville)12	Mt Pleasant/MITS Ch .....	2/28/2009
10-3	Kari Kenney (Kenowa Hills)11	Mt Pleasant/MITS Ch .....	2/28/2009
10-0	Danielle Putterman (Rockford)12	Mt Pleasant/MITS .....	1/20/2009
10-0	Alyssa Pindar (Grand Rapids West Catholic)12	Grand Rapids/MITS .....	2/ 3/2009
10-0	Ashley Leitner (Traverse City West)12	Allendale/MITS.....	2/21/2009

## LONG JUMP (16-4)

18-9.25	Christienne Linton (Romulus)12	Boston/Nike Indoor .....	3/15/2009
18-8.5	Linton	Allendale/MITS.....	1/10/2009
18-5.25	Linton	Toronto/York Xmas Open .....	12/ 6/2008
18-5	Linton	Ypsilanti/Huron Relays I.....	3/28/2009
18-2.5	Noelle Bradley (Taylor Truman)12	Ypsilanti/Holiday Classic.....	12/28/2008
18-1.5	Linton	Ann Arbor/MITS .....	1/29/2009
18-1.25	Arielle Roberts (Ann Arbor Pioneer)12	Ypsilanti/Huron Relays I.....	3/28/2009
17-11.25	Mona Aervuolle (Fruitport-FIN)12	Mt Pleasant/MITS Ch .....	2/28/2009
17-10.75	Linton	Mt Pleasant/MITS Ch .....	2/28/2009
17-10.5	Roberts	Mt Pleasant/MITS Ch .....	2/28/2009
17-9.75	Roberts	Boston/Nike Indoor (pent) .....	3/14/2009
17-8.75	Roberts	Mt Pleasant/MITS Ch (!).....	2/28/2009
17-8	Aervuolle	Allendale/MITS.....	1/17/2009
17-2	Chanel Payne (Westland Glenn)	Ypsilanti/Huron Relays I.....	3/28/2009
16-10.75	Emma Breen (Rockford)12	Mt Pleasant/MITS Ch .....	2/28/2009
16-10	Caitlyn Ramirez (Stevensville Lakeshore)12	Allendale/MITS.....	2/21/2009
16-10	Charlotte Cahill (North Farmington)12	Mt Pleasant/MITS Ch .....	2/28/2009
16-9	Ciara Donaldson (Taylor Truman)11	Lexington/Kentucky Inv .....	2/21/2009
16-8	Dynasty McGee (Flint Southwestern)10	Saginaw/MITS.....	2/11/2009
16-6.5	Megan Clifford (Brighton)	Ypsilanti/Early Bird Inv .....	3/14/2009
16-6.5	Rachel Nyberg (Saline)	Ypsilanti/Huron Relays I.....	3/28/2009
16-5.5	Lisa Glasso (Lake Orion)	Warren/Oakland County Ch.....	3/18/2009
16-4	Maura Casey (Holly)	Warren/Oakland County Ch.....	3/18/2009

## TRIPLE JUMP (28-0)

37-0	Dynasty McGee (Flint Southwestern)10	Saginaw/MITS.....	1/21/2009
36-8	McGee	Saginaw/MITS.....	1/21/2009
36-5	McGee	Saginaw/MITS.....	1/21/2009

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35-0	McGee	Saginaw/Open .....	1/16/2009
34-9.5	McGee	Mt Pleasant/MITS Ch .....	2/28/2009
34-9.5	McGee	New York/Nat. Scholastic.....	3/15/2009
33-4.25	Caitlyn Ramirez (Stevensville Lakeshore)12	Mt Pleasant/MITS Ch .....	2/28/2009
32-10	Jessica Smith (Comstock Park)12	Mt Pleasant/MITS Ch .....	2/28/2009
31-10	Nicole Urdahl (Carleton-Airport)10	Mt Pleasant/MITS Ch .....	2/28/2009
31-0	Sara Ryan (Ann Arbor Pioneer)?	Mt Pleasant/MITS Ch .....	2/28/2009
30-10.5	Karen Gallardo (Saline)11	Ann Arbor/MITS .....	2/16/2009
30-8.25	Sherry Wan (Ann Arbor Pioneer)9	Ann Arbor/MITS .....	1/29/2009
30-3	Chelsea Henderson (Ludington)12	Mt Pleasant/MITS Ch .....	2/28/2009
30-2	Rachel Nyberg (Saline)11	Mt Pleasant/MITS Ch .....	2/28/2009
28-4.25	Christina Tamer (Ann Arbor Pioneer)?	Ann Arbor/MITS .....	2/16/2009
28-1	China McGee (Flint Southwestern MS)6	Saginaw/MITS.....	1/21/2009

## SHOT PUT (35-0)

40-11.75	Alysha Johnson (Walled Lake Western)11	Merrillville/AAU Northern.....	2/22/2009
40-8	Sam Cormier (Frankenmuth)11	Saginaw/MITS.....	2/11/2009
39-11	Whitney Turner (Okemos)	East Lansing/MSU-Playmakers large .....	3/24/2009
39-6	Samantha Lockhart (Lansing Sexton)12	Allendale/MITS.....	2/21/2009
39-4.5	Kyla Walworth (Holt)	East Lansing/MSU-Playmakers large .....	3/24/2009
39-1	Kelsey Prena (Walled Lake Central)12	East Lansing/MITS.....	1/19/2009
39-0	Tonia Pratt (Michigan Center)	Hillsdale/Inman Relays .....	3/26/2009
38-3	Hallie Louch (Corunna)	East Lansing/MSU-Playmakers small .....	3/25/2009
37-9	Sara Schunter (Flushing)12	Mt Pleasant/CMU 1-2.....	3/19/2009
37-5.5	Chelsea Gilbert (Grosse Pointe South)12	Warren/Macomb County Ch.....	3/19/2009
37-4.25	Sarah Privette (Ortonville-Brandon)12	Mt Pleasant/MITS Ch .....	2/28/2009
36-7	Haley Russell (Leroy Pine River)10	Mt Pleasant/MITS .....	1/20/2009
36-7	Kayla Brindley (Ogemaw Heights)	Saginaw/SVSU 2 .....	3/18/2009
36-6	Kristy Jackson (Lansing Sexton)	Mt Pleasant/CMU 1-2.....	3/19/2009
36-3.5	Taylor Gunn (West Bloomfield)	Ypsilanti/Early Bird Inv .....	3/14/2009
36-1	Cassie Krenalek (Coldwater)	Hillsdale/Inman Relays .....	3/26/2009
35-11	Sydney Vanmustor (Portland)	Saginaw/SVSU 3-4 .....	3/18/2009
35-10	Cory Nuerminger (Saginaw Heritage)	Saginaw/SVSU 1 .....	3/18/2009
35-10	Jentien Silvestro (Lakeview)	Mt Pleasant/CMU 3-4.....	3/26/2009
35-7	Shana Flanary (Carleton-Airport)10	East Lansing/MITS.....	2/11/2009
35-4	Ayanna Stancle (East Kentwood)11	Grand Rapids/MITS .....	2/ 3/2009
35-2.5	Kaylee Finney (Charlotte)	East Lansing/MSU-Playmakers large .....	3/24/2009
35-1	Avery Bodenmiller (Carleton-Airport)	Ypsilanti/Huron Relays II.....	3/27/2009
35-0	Abby Scharf (Unionville-Sebewaing)	Saginaw/SVSU 3-4 .....	3/18/2009

## DISCUS

118-11	Samantha Lockhart (Lansing Sexton)12	Allendale/MITS.....	2/21/2009
107-8	Lockhart	Allendale/MITS (!) .....	2/21/2009
106-6	Lockhart	Allendale/MITS (!) .....	2/21/2009
104-2	Lockhart	Allendale/MITS (!) .....	2/21/2009
100-7	Katrina Christiansen (Kent City)11	Allendale/MITS.....	2/21/2009
90-10	Amanda Impellizzeri (East Kentwood)12	Allendale/MITS.....	2/21/2009
80-3	Kayla Mitchell ()	Allendale/MITS.....	2/21/2009
78-5	Mackenzie Sievers ()	Allendale/MITS.....	2/21/2009

## 20lb WEIGHT

45-5	Shana Flanary (Carleton-Airport)10	East Lansing/MITS.....	1/19/2009
45-3	Flanary	Ada/ONU Elite Meet.....	1/ 3/2008
45-0	Flanary	East Lansing/MITS (!) .....	1/19/2009
44-10.5	Flanary	Ann Arbor/MITS .....	1/29/2009
44-9.5	Flanary	Ann Arbor/MITS .....	2/16/2009
44-3	Flanary	East Lansing/MITS (!) .....	1/19/2009
44-1	Flanary	East Lansing/MITS.....	2/11/2009
44-0	Flanary	East Lansing/MITS (!) .....	1/19/2009
43-11.25	Flanary	Ada/ONU Elite Meet (!) .....	1/ 3/2008
43-7	Flanary	Allendale/MITS.....	1/17/2009
43-6	Flanary	East Lansing/MITS (!) .....	1/19/2009

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43-3	Flanary	Ada/ONU Elite Meet (!) .....	1/ 3/2008
42-9	Flanary	Allendale/MITS (!) .....	1/17/2009
42-5.75	Flanary	Ann Arbor/MITS .....	1/23/2009
41-8	Flanary	Allendale/MITS (!) .....	1/17/2009
41-6	Flanary	Mt Pleasant/MITS Ch .....	2/28/2009
41-5.25	Flanary	Ada/ONU Elite Meet (!) .....	1/ 3/2008
41-4.25	Flanary	Ada/ONU Elite Meet (!) .....	1/ 3/2008
39-1.5	Kayla Brindley (Ogemaw Heights)12	Mt Pleasant/MITS .....	2/17/2009
36-10	Lauren Steinhurst (Ogemaw Heights)11	East Lansing/MITS.....	2/11/2009
34-7	Chelsea Henderson (Ludington)12	Mt Pleasant/MITS Ch .....	2/28/2009
33-5.25	Nina DeJonge (Saline)12	Mt Pleasant/MITS Ch .....	2/28/2009
31-3	Patricia Beshay (Ann Arbor Pioneer)12	Mt Pleasant/MITS Ch .....	2/28/2009
28-8	Kari Prena (Walled Lake Central)12	East Lansing/MITS.....	1/19/2009
28-5.5	Haley Russell (Leroy Pine River)10	Mt Pleasant/MITS .....	1/20/2009
27-9	Tola Masha (Ann Arbor Pioneer)12	Mt Pleasant/MITS Ch .....	2/28/2009
26-8	Brooke Pleger (Saline)11	Ann Arbor/MITS .....	1/29/2009
23-11	Ryan Anderson (Westland Glenn)?	Ann Arbor/MITS .....	1/29/2009

## PENTATHLON

3617	Ariel Roberts (Ann Arbor Pioneer)12 (9.24, 5-8, 32-2.25, 17-9.75, 2:31.89)	Boston/Nike Indoor .....	3/14/2009
2703	Kellie Littlejohn (Detroit Mumford)10 (9.50, 4-7, 24-6.5, 15-1.25, 2:40.82)	New York/Nat. Scholastic.....	3/14/2009
2274'	Richelle Kimble (Lowell)12 (10.65, 4-6, 23-9.5, 15-3.5, 2:58.66 ot)	Allendale/GVSU Holiday Open .....	12/11/2008
2106	Bre Bellingar (St Johns)12 (10.45 55m, 4-3.5, 23-5.25, 14-7.75, 2:53.67)	Merrillville/AAU Northern.....	2/20/2009

## 4 x 200 RELAY (1:51.9)

1:42.93	Detroit Mumford	New York/Nat. Scholastic (h) .....	3/14/2009
1:45.41	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
1:46.48	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/28/2009
1:47.11	Saline	Ypsilanti/Huron Relays I.....	3/28/2009
1:50.04	Ypsilanti	Ypsilanti/Huron Relays II.....	3/27/2009
1:50.07	Detroit Cass Tech	Ypsilanti/Huron Relays I.....	3/28/2009
1:51.00	Lansing Waverly	East Lansing/MSU-Playmakers large .....	3/24/2009
1:51.63	Flint Southwestern	Ypsilanti/Huron Relays II.....	3/27/2009
1:51.66	Lansing Sexton	Ypsilanti/Huron Relays II.....	3/27/2009

## Oversized Track:

1:43.35	Detroit Mumford	Akron/Rubber City Inv .....	2/21/2009
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## Mixed Teams:

1:43.05	Swift TC (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
1:44.03	Michigan Accelerators (mixed)	Ypsilanti/MITS .....	1/15/2009
1:45.79	TDP Elite (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
1:46.58	Bouser (mixed)	Warren/MITS.....	2/13/2009
1:46.78	ADTF (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
1:47.36	Maximum Output (mixed)	Findlay/HS Invite II.....	3/ 7/2009
1:48.65	Drive Phase (mixed)	Ann Arbor/MITS .....	1/29/2009
1:49.85	RM Flyers (mixed)	Warren/MITS.....	2/13/2009
1:50.41	Southfield TC (mixed)	Warren/MITS.....	2/13/2009

## Oversized Track:

1:43.35	Motor City TC (Mumford)	Akron/Rubber City Inv .....	2/21/2009
1:44.36	Michigan Accelerators (mixed)	Allendale/MITS.....	1/10/2009
1:45.56	ADTF (mixed)	Allendale/MITS.....	2/21/2009
1:49.01	Drive Phase (mixed)	Allendale/MITS.....	1/10/2009

## 4 x 400 RELAY (4:23.9)

3:57.45	Detroit Mumford	New York/Nat. Scholastic.....	3/15/2009
3:58.99	Detroit Mumford	New York/Nat. Scholastic (h) .....	3/13/2009
4:00.50	Romulus	Ypsilanti/Huron Relays I.....	3/28/2009
4:01.97	Detroit Mumford	Ann Arbor/MITS .....	2/16/2009
4:03.92	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/28/2009

# The Michtrack Top 10+

4:05.37	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
4:10.98	Flint Southwestern	Ypsilanti/Huron Relays II.....	3/27/2009
4:11.54	Saline	Ann Arbor/MITS .....	2/16/2009
4:13.10	Detroit Cass Tech	Ypsilanti/Huron Relays I.....	3/28/2009
4:14.50	Northville	Ypsilanti/Early Bird Inv .....	3/14/2009
4:16.14	Troy	Mt Pleasant/MITS Ch .....	2/28/2009
4:19.81	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
4:20.15	Midland	Mt Pleasant/CMU 1-2.....	3/19/2009
4:20.55	Lansing Catholic	East Lansing/MSU-Playmakers small .....	3/25/2009
4:20.86	DeWitt	East Lansing/MSU-Playmakers small .....	3/25/2009
4:21.10	Oxford	Ypsilanti/Huron Relays I.....	3/28/2009
4:21.65	Yale	East Lansing/MSU-Playmakers small .....	3/25/2009
4:21.86	Grand Blanc	Ypsilanti/Early Bird Inv .....	3/14/2009
4:22.23	Stockbridge	East Lansing/MSU-Playmakers small .....	3/25/2009
4:23.7	Howell	Saginaw/SVSU 1 .....	3/18/2009
<b>Mixed Teams:</b>			
3:58.81	Michigan Accelerators (mixed)	Ann Arbor/MITS .....	2/16/2009
4:00.5	Michigan Accelerators (mixed)	East Lansing/MITS.....	2/11/2009
4:01.3	Drive Phase (mixed)	East Lansing/MITS.....	2/11/2009
4:01.41	Michigan Accelerators (mixed)	Ann Arbor/MITS .....	1/29/2009
4:02.32	Swift TC (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
4:05.2	ADTF (mixed)	East Lansing/MITS.....	2/11/2009
4:08.89	Maximum Output (mixed)	Findlay/HS Invite II.....	3/ 7/2009
4:12.67	Albion TC (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
4:16.53	Michigan All-Stars (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
4:17.73	Chargers (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
4:19.76	Infinity (mixed?)	Mt Pleasant/MITS Ch .....	2/28/2009
4:20.75	West 7 Mile (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
<b>Oversized Track:</b>			
3:53.95	Michigan Accelerators (mixed)	Lexington/Kentucky Inv .....	2/21/2009
4:06.11	ADTF (mixed)	Allendale/MITS.....	1/24/2009
4:11.77	Maximum Output (mixed)	Lexington/Kentucky Inv .....	2/21/2009
<b>4 x 800 RELAY (10:24.9)</b>			
9:35.06	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/28/2009
9:40.62	Troy	Ypsilanti/Huron Relays I.....	3/28/2009
9:49.00	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/28/2009
10:07.0	Williamston	East Lansing/MSU-Playmakers small .....	3/25/2009
10:07.34	Brighton	Ypsilanti/Early Bird Inv .....	3/14/2009
10:07.82	East Kentwood	Mt Pleasant/MITS Ch .....	2/28/2009
10:08.16	Pinckney	Ypsilanti/Early Bird Inv .....	3/14/2009
10:13.16	Rockford	Mt Pleasant/MITS Ch .....	2/28/2009
10:15.05	Saline	Mt Pleasant/MITS Ch .....	2/28/2009
10:19.0	Traverse City Central	East Lansing/MSU-Playmakers large .....	3/24/2009
10:21.6	DeWitt	East Lansing/MSU-Playmakers small .....	3/25/2009
10:23.2	Fowler	East Lansing/MSU-Playmakers small .....	3/25/2009
10:24.53	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
<b>Oversized Track:</b>			
9:39.36	Detroit Mumford	Kent/HS Meet #2.....	2/22/2009
10:08.08	East Kentwood	Allendale/MITS.....	1/24/2009
10:25.64	Rockford	Allendale/MITS.....	1/24/2009
<b>Mixed Teams:</b>			
9:46.30	Michigan Accelerators (mixed)	Mt Pleasant/MITS Ch .....	2/28/2009
9:52.65	Michigan Accelerators (mixed)	Ann Arbor/MITS .....	1/29/2009
9:55.77	Jackson TC (mixed)	Ann Arbor/MITS .....	1/29/2009
<b>Oversized Track:</b>			
9:46.79	Michigan Accelerators (mixed)	Lexington/Kentucky Inv .....	2/21/2009
10:03.29	PRBWC2 (mixed)	Allendale/MITS.....	1/24/2009
10:11.37	Black Panthers (mixed)	Allendale/MITS.....	1/24/2009
<b>4 x MILE</b>			
21:19.47	Troy	New York/National Scholastic.....	3/14/2009

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22:43.32	Troy B	New York/National Scholastic.....	3/14/2009
<b>1000 SPRINT MEDLEY</b>			
2:32.7	Ypsilanti Lincoln	Adrian/Shamrock Inv.....	3/16/2009
2:34.3	Ann Arbor Pioneer	Adrian/Shamrock Inv.....	3/16/2009
2:38.7	Tecumseh	Adrian/Shamrock Inv.....	3/16/2009
<b>1200 SPRINT MEDLEY</b>			
3:02.43	Ann Arbor Pioneer	Ypsilanti/Early Bird Inv.....	3/14/2009
3:03.40	Saline	Ypsilanti/Early Bird Inv.....	3/14/2009
3:08.31	Brighton	Ypsilanti/Early Bird Inv.....	3/14/2009
3:08.8	Adrian	Hillsdale/Inman Relays.....	3/26/2009
<b>1600 SPRINT MEDLEY (4:35.9)</b>			
4:13.56	Detroit Mumford	New York/Nat. Scholastic.....	3/13/2009
4:17.72	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.33	Livonia Stevenson	Ypsilanti/Huron Relays I.....	3/28/2009
4:19.50	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
4:19.53	Saline	Ypsilanti/Huron Relays I.....	3/28/2009
4:20.66	Flint Southwestern	Ypsilanti/Huron Relays I.....	3/27/2009
4:23.51	Detroit Cass Tech	Ypsilanti/Huron Relays I.....	3/28/2009
4:27.18	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/28/2009
4:29.53	Hartland	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.07	Oxford	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.12	Livonia Franklin	Ypsilanti/Huron Relays I.....	3/28/2009
4:32.65	Troy	Ypsilanti/Huron Relays I.....	3/28/2009
<b>2400 DISTANCE MEDLEY</b>			
8:25.2	Ann Arbor Pioneer	Adrian/Shamrock Inv.....	3/16/2009
8:25.5	Dearborn	Adrian/Shamrock Inv.....	3/16/2009
8:44.0	Tecumseh	Adrian/Shamrock Inv.....	3/16/2009
<b>DISTANCE MEDLEY (13:29.9)</b>			
12:27.28	Troy	New York/Nat. Scholastic.....	3/13/2009
12:40.82	Saline	Ypsilanti/Huron Relays I.....	3/28/2009
12:43.32	Troy	Warren/Oakland County Ch.....	3/18/2009
12:52.3	Troy	East Lansing/MITS.....	2/11/2009
12:56.40	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/28/2009
13:08.89	East Kentwood	Ann Arbor/MITS.....	2/16/2009
13:10.78	Saline	Ann Arbor/MITS.....	2/16/2009
13:13.07	Pinckney	Mt Pleasant/MITS Ch.....	2/28/2009
13:26.39	Monroe	Ypsilanti/Huron Relays I.....	3/28/2009
<b>Mixed Teams:</b>			
12:29.30	The Crossroads (mixed)	Mt Pleasant/MITS Ch.....	2/28/2009
12:43.86	Runnin' Gear (mixed)	Mt Pleasant/MITS Ch.....	2/28/2009
13:13.13	PRBWC2 (mixed?)	Mt Pleasant/MITS Ch.....	2/28/2009
13:18.99	Frontline Racing (mixed?)	Mt Pleasant/MITS Ch.....	2/28/2009
<b>Oversized Track:</b>			
12:10.97	The Crossroads (mixed?)	Allendale/MITS.....	2/21/2009
12:37.98	Yort (mixed?)	Allendale/MITS.....	2/21/2009
12:48.51	PRBWC2 (mixed?)	Allendale/MITS.....	2/21/2009