

# 2023 Michigan HS Indoor Track Elite Boys

Includes all indoor meets from the '22-23 school year, including non-MITS events. Shows school affiliations and years for informational purposes, even though no Michigan athletes compete for their schools until the MHSAA season opens.

+ = converted time; # (after team) = relay team probably composed of runners from different schools, or not known; # (after time) = en route time recorded on way to longer distance; (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know. Splits need to add to the total official time, so occasionally I will add a tenth or two, usually to the first runner.

For affected events, oversized track (300m) marks are separated from the main list as they are not eligible for World, American or State records.

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To make corrections: send a note to [jeffhollobaugh@gmail.com](mailto:jeffhollobaugh@gmail.com)

## Updated 4/19

### 40 YARDS

4.78# Michael Wright (Vicksburg)12 New York/Nike Nationals (60)..... 3/12/2023

### 55 METERS

6.47 Keiton Fase (Rockford)12 Ypsilanti/LAB Youth National Invite (h).... 2/11/2023  
6.54 Alex Graham (Detroit Cass Tech)10 Ypsilanti/LAB Youth National Invite ..... 2/11/2023  
6.58# Michael Wright (Vicksburg)12 New York/Nike Nationals (60) (h)..... 3/11/2023  
6.60 Amare Hannon (West Bloomfield)11 Ypsilanti/LAB Youth National Invite (h).... 2/11/2023  
6.64# Rasean O'Tey (Sturgis)11 New York/Nike Nationals (60) (h)..... 3/11/2023  
6.65 Keegan Mosher (Cheboygan)12 Sault Ste Marie/Yooper Invite ..... 4/ 7/2023  
6.66 John Coleman (Ann Arbor Huron)12 Ypsilanti/LAB Youth National Invite ..... 2/11/2023  
6.68 Gavin Rawls (Oak Park)11 Ypsilanti/LAB Youth National Invite ..... 2/11/2023  
6.68# Liam Mann (Kalamazoo Hackett)12 New York/Nike Nationals (60) (h)..... 3/11/2023

### 60 METERS

6.77 Jaiden Reed (Detroit UD Jesuit)12 Ann Arbor/UM Invitational ..... 1/22/2023  
6.78 Reed Ypsilanti/LAB #1 ..... 12/17/2022  
6.78 Braxton Brann (Ann Arbor Huron)12 Geneva/SPIRE Scholastic Showcase..... 2/ 5/2023  
6.79 Reed Ypsilanti/MITS Finals ..... 2/26/2023  
6.79 Brann Boston/New Balance Nationals (h) ..... 3/11/2023  
6.80 Reed Ypsilanti/LAB #2 ..... 12/30/2022  
6.80 Reed Ypsilanti/MITS Finals (s) ..... 2/25/2023  
6.80 Brann Boston/New Balance Nationals (s) ..... 3/12/2023  
6.83 Reed Ypsilanti/LAB #7 ..... 2/ 4/2023  
6.84 Reed Boston/New Balance Nationals (s) ..... 3/12/2023  
6.85 Brann Chicago/Akinosun Inv ..... 1/15/2023  
6.85 Brann Geneva/SPIRE Scholastic Show (h)..... 2/ 5/2023  
6.86 Reed Ypsilanti/LAB #7 (h) ..... 2/ 4/2023  
6.87 Reed Ypsilanti/LAB #3 ..... 1/ 7/2023  
6.88 Brann Ypsilanti/LAB #2 ..... 12/30/2022  
6.88 Peyton Wade (East Kentwood)12 Allendale/GVSU Laker Challenge ..... 3/22/2023  
6.90 Jaden Simmons (Holly)12 Ypsilanti/LAB #7 ..... 2/ 4/2023  
6.91 Kamren Flowers (Ann Arbor Huron)10 Ypsilanti/MITS Finals ..... 2/26/2023  
6.92 Isaiah Smith (Detroit Renaissance)12 Ypsilanti/LAB #1 ..... 12/17/2022  
6.94 Foster Garrett (Salem)12 Ypsilanti/LAB #7 ..... 2/ 4/2023  
6.96 Trey McGinniss (St Joseph)12 Allendale/GVSU #2 ..... 12/17/2022  
6.96 Makhi Towner (Burton Atherton)10 Ypsilanti/Huron Relays – Large ..... 3/25/2023  
6.98 Alex Graham (Detroit Cass Tech)10 Ypsilanti/MITS Finals (s) ..... 2/25/2023

6.98	Keiton Fase (Rockford)12	Virginia Beach/adidas Nationals (h).....	3/17/2023
6.99	Michael Lopez (Warren DeLaSalle)10	Ypsilanti/LAB #1.....	12/17/2022
6.99	Amare Hannon (West Bloomfield)11	Ypsilanti/MITS Finals (h).....	2/25/2023
7.00	Michael Wright (Vicksburg)12	Ypsilanti/MITS Finals (h).....	2/25/2023
7.01	Shamar Heard (Clinton Twp Chippewa Val)11	Ypsilanti/LAB #1.....	12/17/2022
7.03	Nick Gordon (Coopersville)11	Allendale/GVSU Laker Challenge.....	3/22/2023
7.04	Malcolm Earvin (Whitehall)11	Allendale/GVSU Laker Challenge.....	3/22/2023
7.04	James Wallace (Warren DeLaSalle)11	Ypsilanti/Huron Relays – Large.....	3/25/2023
7.06	Bryson Kuzdal (Forest Hills Eastern)12	Grand Rapids/Aquinas Challenge.....	3/28/2023
7.07	Jonas Morris (Clinton Twp Chippewa Valley)12	Ypsilanti/LAB #1.....	12/17/2022
7.07	Jeremy Dixon (Kalamazoo Central)10	Allendale/GVSU #3 (h).....	1/ 7/2023
7.07	Liam Mann (Kalamazoo Hackett)12	Ypsilanti/MITS Finals (s).....	2/25/2023

**200 METERS**

21.14	Braxton Brann (Ann Arbor Huron)12	Boston/New Balance Nationals .....	3/12/2023
21.16	Brann	Boston/New Balance Nationals (h) .....	3/11/2023
21.67	Shamar Heard (Clinton Twp Chippewa V)11	Ann Arbor/UM Invitational .....	1/22/2023
21.68	Brann	Ann Arbor/UM Invitational .....	1/22/2023
21.69#	Heard	Boston/New Balance Nationals (400) .....	3/11/2023
21.73	Brann	Chicago/Akinosun Inv .....	1/15/2023
21.80	Kamren Flowers (Ann Arbor Huron)10	Boston/New Balance Nationals (h) .....	3/11/2023
21.82	Jonas Morris (Clinton Twp Chippewa Valley)012	Boston/New Balance Nationals (h) .....	3/11/2023
22.05	Isaiah Smith (Detroit Renaissance)12	Boston/New Balance Nationals (h) .....	3/11/2023
22.10	Trey McGinnis (St Joseph)12	Ann Arbor/UM Invitational .....	1/22/2023
22.10	Michael Wright (Vicksburg)12	New York/Nike Nationals .....	3/11/2023
22.23	Jaiden Reed (Detroit UD Jesuit)12	Ann Arbor/UM Invitational .....	1/22/2023
22.34	Jackson Hayward (Ann Arbor Huron)11	Boston/New Balance Nationals (h) .....	3/11/2023
22.44	Keiton Fase (Rockford)12	Grand Rapids/Aquinas MITS .....	2/ 4/2023
22.54	Damarcus Rouse (Rochester Adams)12	Virginia Beach/adidas Nationals .....	3/19/2023
22.67	Ahmad Ameen (Jackson)10	Ann Arbor/UM Invitational .....	1/22/2023
22.69	Noah Morris (Clinton Twp Chippewa Valley)10	Ann Arbor/UM Invitational .....	1/22/2023

**Oversized Track:**

21.24	Braxton Brann (Ann Arbor Huron)12	Ypsilanti/MITS Finals .....	2/26/2023
21.41	Brann	Ypsilanti/MITS Finals (h).....	2/25/2023
21.63	Trey McGinnis (St Joseph)12	Ypsilanti/LAB #3.....	1/ 7/2023
21.68	Shamar Heard (Clinton Twp Chippewa V)11	Ypsilanti/LAB #2.....	12/30/2022
21.74	Heard	Ypsilanti/LAB #4.....	1/14/2023
21.78	Michael Wright (Vicksburg)12	Ypsilanti/MITS Finals (h).....	2/25/2023
21.79	McGinnis	Ypsilanti/MITS Finals .....	2/26/2023
21.85	Kamren Flowers (Ann Arbor Huron)10	Ypsilanti/MITS Finals .....	2/26/2023
21.88	Heard	Ypsilanti/LAB #9.....	2/18/2023
21.93	Wright	Allendale/GVSU #5.....	2/18/2023
21.93	Wright	Ypsilanti/MITS Finals .....	2/26/2023
21.94	Isaiah Smith (Detroit Renaissance)12	Ypsilanti/LAB #9.....	2/18/2023
21.97	Jaiden Reed (Detroit UD Jesuit)12	Ypsilanti/LAB #3.....	1/ 7/2023
21.98	Reed	Ypsilanti/LAB #2.....	12/30/2022
21.98	McGinnis	Ypsilanti/MITS Finals (h).....	2/25/2023
21.99	McGinnis	Ypsilanti/LAB #6.....	1/28/2023
22.15	Jackson Hayward (Ann Arbor Huron)11	Ypsilanti/MITS Finals (h).....	2/25/2023
22.21	Damarcus Rouse (Rochester Adams)12	Ypsilanti/LAB #7.....	2/ 4/2023
22.26	Jonas Morris (Clinton Twp Chippewa Valley)12	Ypsilanti/LAB #9.....	2/18/2023
22.38	Chase Lockhart (Ann Arbor Huron)10	Ypsilanti/MITS Finals .....	2/26/2023
22.40	Keiton Fase (Rockford)12	Allendale/GVSU #2.....	12/17/2022
22.40	Alex Graham (Detroit Cass Tech)10	Ypsilanti/MITS Finals (h).....	2/25/2023
22.44	Ahmad Ameen (Jackson)10	Allendale/GVSU #5.....	2/18/2023
22.45	Geoffrey McBurrows (Detroit Edison)11	Saginaw/SVSU #2 .....	1/ 7/2023

**300 METERS**

34.09#	Shamar Heard (Clinton Twp Chippewa Val)11	Boston/New Balance Nationals (400) .....	3/11/2023
34.25#	Heard	Boston/New Balance Nationals (400)(h).....	3/10/2023

**Oversized Track:**

34.00	Shamar Heard (Clinton Twp Chippewa Val)11	Ypsilanti/LAB #1.....	12/17/2022
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34.04	Braxton Brann (Ann Arbor Huron)12	Ypsilanti/LAB #1.....	12/17/2022
35.16	Jonas Morris (Clinton Twp Chippewa Valley)12	Ypsilanti/LAB #1.....	12/17/2022
35.24	Damarcus Rouse (Rochester Adams)12	Ypsilanti/LAB #1.....	12/17/2022
35.30	Jaiden Reed (Detroit UD Jesuit)12	Ypsilanti/LAB #1.....	12/17/2022
36.02#	Evan Watson (Troy Athens)11	Boston/New Balance Nationals (400).....	3/10/2023
36.22#	Chase Lockhart (Ann Arbor Huron)10	Boston/New Balance Nationals (400).....	3/10/2023
36.23#	Michael Davis-Hawkins (Detroit Cass Tech)12	Boston/New Balance Nationals (400)(h).....	3/10/2023
36.46	Karol Kozlowski (Clinton Twp Chippewa Val)11	Ypsilanti/LAB #1.....	12/17/2022
36.48	Chase Lockhart (Ann Arbor Huron)10	Ypsilanti/LAB #1.....	12/17/2022
36.65	Krish Gupta (Troy)12	Ypsilanti/LAB #1.....	12/17/2022

#### 400 METERS

47.62	Shamar Heard (Clinton Twp Chippewa Val)11	Boston/New Balance Nationals .....	3/11/2023
47.64	Heard	Boston/New Balance Nationals (h) .....	3/10/2023
48.93	Damarcus Rouse (Rochester Adams)12	Virginia Beach/adidas Nationals .....	3/18/2023
49.89	Michael Davis-Hawkins (Detroit Cass Tech)12	Boston/New Balance Nationals (h) .....	3/10/2023
49.94	Chase Lockhart (Ann Arbor Huron)10	Boston/New Balance Nationals .....	3/10/2023
50.13	Evan Watson (Troy Athens)11	Boston/New Balance Nationals .....	3/10/2023
50.23	Cameron Hendrix (Detroit UD Jesuit)11	Ann Arbor/UM Invitational .....	1/22/2023
50.36	Ahmad Ameen (Jackson)10	Ann Arbor/UM Invitational .....	1/22/2023
50.70	Aydan Myers (Detroit Cass Tech)10	Ann Arbor/UM Invitational .....	1/22/2023
51.20	Mark Palmeter (Clarkston)12	Virginia Beach/adidas Nationals .....	3/18/2023
51.38	Brandon Latta (Northville)12	Boston/New Balance Nationals .....	3/10/2023
51.50	Jaxson Tober (Spring Lake)12	Virginia Beach/adidas Nationals .....	3/18/2023
51.72	Cameron Cheetam (Hartland)11	Virginia Beach/adidas Nationals .....	3/18/2023

#### Oversized Track:

48.34	Damarcus Rouse (Rochester Adams)12	Ypsilanti/MITS Finals .....	2/26/2023
48.43	Shamar Heard (Clinton Twp Chippewa Val)11	Ypsilanti/LAB #7.....	2/ 4/2023
48.81	Braxton Brann (Ann Arbor Huron)12	Ypsilanti/LAB #2.....	12/30/2022
48.86	Trey McGinnis (St Joseph)12	Ypsilanti/MITS Finals .....	2/26/2023
49.00	Jonas Morris (Clinton Twp Chippewa Val)12	Ypsilanti/LAB #7.....	2/ 4/2023
49.08	Jaiden Reed (Detroit UD Jesuit)12	Ypsilanti/LAB #2.....	12/30/2022
49.46	Ahmad Ameen (Jackson)10	Ypsilanti/SEC Invite .....	3/23/2023
49.56	Michael Davis-Hawkins (Detroit Cass Tech)12	Ypsilanti/LAB #7.....	2/ 4/2023
49.76	Evan Watson (Troy Athens)11	Ypsilanti/MITS Finals .....	2/26/2023
49.86	Cameron Hendrix (Detroit UD Jesuit)11	Ypsilanti/LAB #6.....	1/28/2023
49.90	Joseph Iaquaniello (Walled Lake Northern)12	Ypsilanti/LAB #6.....	1/28/2023
49.95	Aydan Myers (Detroit Cass Tech)10	Ypsilanti/LAB National Youth Invite .....	2/11/2023
50.11	Kyle Eberhard (Linden)12	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
50.20	Henry Shaieb (Ann Arbor Skyline)11	Ypsilanti/SEC Invite .....	3/23/2023
50.31	Brandon Latta (Northville)12	Allendale/GVSU #4 .....	1/28/2023
50.52	Evan Walker (Lansing Waverly)12	Ypsilanti/MITS Finals .....	2/26/2023
50.56	Krish Gupta (Troy)12	Ypsilanti/MITS Finals .....	2/26/2023
50.62	Geoffrey McBurrows (Detroit Edison)11	Ypsilanti/MITS Finals .....	2/26/2023
50.78	Ruben Esparza (Holland West Ottawa)10	Allendale/GVSU Laker Challenge.....	3/22/2023
50.81	Brendan Herger (Northville)11	Ypsilanti/LAB #4.....	1/14/2023
50.82	Chase Lockhart (Ann Arbor Huron)10	Ypsilanti/LAB #2.....	12/30/2022
50.86	Tanner Guzwa (Spring Lake)12	Allendale/GVSU Laker Challenge.....	3/22/2023
50.88	Isaiah Smith (Detroit Renaissance)12	Ypsilanti/LAB #9.....	2/18/2023
50.88	Skyler Geurink (Zeeland West)12	Allendale/GVSU Laker Challenge.....	3/22/2023
50.92	Sebastian Cervelli (West Bloomfield)12	Saginaw/SVSU #6 .....	2/18/2023
50.94	Jaxson Tober (Spring Lake)12	Allendale/GVSU Laker Challenge.....	3/22/2023
50.98	Matthew Canales (Adrian)11	Ypsilanti/MITS Finals .....	2/26/2023

#### 600 METERS

1:24.97#	Drew Graves (Utica Ford)11	Boston/New Balance Nationals (800).....	3/11/2023
1:26.37#	Tyler Bays (Reading)12	Ann Arbor/UM Invitational (800).....	1/22/2023
1:26.77#	Jake Eagling (Adrian)12	Ann Arbor/UM Invitational (800).....	1/22/2023
1:26.84#	Owen Westerkamp (Big Rapids)12	Boston/New Balance Nationals (800).....	3/11/2023
1:27.67#	Tyler Heath (Clio)12	Boston/New Balance Nationals (800).....	3/11/2023
1:27.60#	Nik Schilling (Ortonville Brandon)12	Ann Arbor/UM Invitational (800).....	1/22/2023
1:27.62#	Adair Artis (Concord)12	Ann Arbor/UM Invitational (800).....	1/22/2023

1:28.05# Colin VanderSchaaf (Marquette)12 Ann Arbor/UM Invitational (800)..... 1/22/2023

**Oversized Track:**

1:24.51 Brandon Thompson (Petersburg-Summerf)12 Ypsilanti/LAB #3..... 1/ 7/2023  
1:24.63 Cameron Hendrix (Detroit UD Jesuit)11 Ypsilanti/LAB #1..... 12/17/2022  
1:25.37 Chase Lockhart (Ann Arbor Huron)10 Ypsilanti/LAB #1..... 12/17/2022  
1:25.56 Braxton Brann (Ann Arbor Huron)12 Ypsilanti/LAB #1..... 12/17/2022  
1:28.25 Andrew Mercier (Waterford Kettering)11 Ypsilanti/LAB #1..... 12/17/2022

**800 METERS**

1:54.43 Drew Graves (Utica Ford)11 Boston/New Balance Nationals ..... 3/11/2023  
1:55.61 Nik Schilling (Ortonville Brandon)12 New York/Nike Nationals ..... 3/11/2023  
1:55.63 Brandon Latta (Northville)12 Boston/New Balance Nationals ..... 3/11/2023  
1:55.83 Hunter Jones (Benzie Central)12 Ypsilanti/EMU MITS #2 ..... 1/15/2023  
1:56.57 Owen Westerkamp (Big Rapids)12 Boston/New Balance Nationals ..... 3/11/2023  
1:57.22 Jake Eagling (Adrian)12 Ann Arbor/UM Invitational ..... 1/22/2023  
1:57.55 Kyle Eberhard (Linden)12 Ypsilanti/EMU MITS ..... 2/ 5/2023  
1:57.67 Tyler Heath (Clio)12 Boston/New Balance Nationals ..... 3/11/2023  
1:58.27 Colin VanderSchaaf (Marquette)12 Ann Arbor/UM Invitational ..... 1/22/2023  
1:58.32 Adair Artis (Concord)12 New York/Nike Nationals ..... 3/12/2023  
1:58.65 Tyler Bays (Reading)12 Ann Arbor/UM Invitational ..... 1/22/2023  
1:58.91 Brandon Thompson (Petersburg-Summerf)12 New York/Nike Nationals ..... 3/12/2023  
1:59.00 Logan Mullan (Detroit UD Jesuit)10 Boston/New Balance Nationals ..... 3/11/2023  
1:59.09 TJ Hansen (Freeland)10 Ypsilanti/EMU MITS #2 ..... 1/15/2023  
1:59.14 David Whitaker (Northville)12 Ann Arbor/UM Invitational ..... 1/22/2023  
1:59.76 Sebastian Cervelli (West Bloomfield)12 Ann Arbor/UM Invitational ..... 1/22/2023  
1:59.88 Trent McFarland (Utica)12 Ann Arbor/UM Invitational ..... 1/22/2023

**Oversized Track:**

1:51.56 Brendan Herger (Northville)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:53.15 Nik Shilling (Ortonville Brandon)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:53.45 Caleb Bost (Battle Creek Lakeview)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:53.84 Jake Eagling (Adrian)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:54.56 Drew Graves (Utica Ford)11 Ypsilanti/MITS Finals ..... 2/26/2023  
1:55.19 Kyle Eberhard (Linden)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:55.20 Hunter Jones (Benzie Central)12 Allendale/GVSU #3..... 1/ 7/2023  
1:55.94 Tyler Heath (Clio)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:55.99 Owen Westerkamp (Big Rapids)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:56.12 Nolan Clark (Grand Haven)12 Allendale/GVSU Laker Challenge ..... 3/22/2023  
1:56.51 Sebastian Cervelli (West Bloomfield)12 Saginaw/SVSU Distance Festival ..... 2/11/2023  
1:56.72 Elliott Sirianni (Clio)11 Ypsilanti/MITS Finals ..... 2/26/2023  
1:56.87 Aiden Sullivan (Forest Hills Eastern)12 Allendale/GVSU #2..... 12/17/2022  
1:57.15 Gavin Steele (Farmington)12 Saginaw/SVSU Distance Festival ..... 2/11/2023  
1:57.24 Parks Allen (Ithaca)12 Ypsilanti/MITS Finals ..... 2/26/2023  
1:57.33 Logan Mullan (Detroit UD Jesuit)10 Ypsilanti/MITS Finals ..... 2/26/2023  
1:57.41 Brandon Latta (Northville)12 Allendale/GVSU #5..... 2/18/2023  
1:57.55 Jacob Montgomery (Ionia)11 Allendale/GVSU #5..... 2/18/2023  
1:57.56 David Whitaker (Northville)12 Ypsilanti/LAB #2..... 12/30/2022  
1:57.67 Trent McFarland (Utica)12 Saginaw/SVSU #3 ..... 1/14/2023  
1:57.74 Adair Artis (Concord)12 Allendale/GVSU #5..... 2/18/2023

**1000 METERS**

2:38.27# Kyle Eberhard (Linden)12 Boston/New Balance Nationals (1M) ..... 3/12/2023  
2:38.57# Thomas Westphal (NB Anchor Bay)11 Ann Arbor/UM Invitational (1009m)..... 1/22/2023  
2:38.69# Westphal Boston/New Balance Nationals (1M) ..... 3/12/2023  
2:38.85# Brendan Herger (Northville)12 Ann Arbor/UM Invitational (1009m)..... 1/22/2023  
2:39.77# Eberhard Ann Arbor/UM Invitational (1009m)..... 1/22/2023

**1500 METERS**

3:56.66# Thomas Westphal (NB Anchor Bay)11 Boston/New Balance Nationals (1M) ..... 3/12/2023  
3:59.05# Brendan Herger (Northville)12 Boston/New Balance Nationals (1M) ..... 3/12/2023  
4:01.35# William Winter (Parchment)11 New York/Nike Nationals (1M) ..... 3/11/2023  
4:02.12# Kyle Eberhard (Linden)12 Boston/New Balance Nationals (1M) ..... 3/12/2023  
4:03.47# Samuel Roberts (Dearborn)12 New York/Nike Nationals (1M) ..... 3/12/2023

**1600 METERS**

4:05.93+ Hunter Jones (Benzie Central)12  
 4:11.87# Thomas Westphal (NB Anchor Bay)11  
 4:13.28+ Brendan Herger (Northville)11  
 4:13.32+ Westphal  
 4:14.64# Herger  
 4:16.84+ William Winter (Parchment)12  
 4:18.57+ Kyle Eberhard (Linden)12  
 4:18.96+ TJ Hansen (Freeland)10  
 4:19.04+ Caleb Bost (Battle Creek Lakeview)12  
 4:22.42+ Tyler Heath (Clio)12  
 4:22.42+ Trent McFarland (Utica)12  
 4:22.63 Carter McCalister (Monroe Jefferson)12  
 4:24.67+ David Whitaker (Northville)12  
 4:25.75+ Aiden Smith (Adrian)12

**Oversized Track:**

4:04.06+ Hunter Jones (Benzie Central)12  
 4:07.73 Jones  
 4:12.17 Seth Norder (Grand Haven)11  
 4:12.43 Thomas Westphal (NB Anchor Bay)11  
 4:13.96 Trent McFarland (Utica)12  
 4:15.12 Kyle Eberhard (Linden)12  
 4:16.19 Samuel Roberts (Dearborn)12  
 4:16.98 TJ Hansen (Freeland)10  
 4:18.46 Colin Graham (Rockford)12  
 4:18.83 Aiden Smith (Adrian)12  
 4:18.89 Brendan Herger (Northville)11  
 4:19.43 Evan Loughridge (Pinckney)11  
 4:20.09 Gavin Steele (Farmington)12  
 4:20.12 David Whitaker (Northville)12  
 4:20.26 Carter McCalister (Monroe Jefferson)12  
 4:20.41 Logan Begeman (Portage Central)11  
 4:20.76+ Tyler Heath (Clio)12

**MILE (no conversions)**

4:07.36 Hunter Jones (Benzie Central)12  
 4:13.36 Thomas Westphal (NB Anchor Bay)11  
 4:14.75 Brendan Herger (Northville)11  
 4:14.79 Westphal  
 4:15.97 Herger  
 4:18.33 William Winter (Parchment)12  
 4:19.42 Samuel Roberts (Dearborn)12  
 4:20.07 Kyle Eberhard (Linden)12  
 4:20.47 TJ Hansen (Freeland)10  
 4:20.55 Caleb Bost (Battle Creek Lakeview)12  
 4:22.93 Pol Molins (Benzie Central)10  
 4:23.95 Tyler Heath (Clio)12  
 4:23.95 Trent McFarland (Utica)12

**Oversized Track:**

4:05.48 Hunter Jones (Benzie Central)12  
 4:18.33 Kyle Eberhard (Linden)12  
 4:18.77 TJ Hansen (Freeland)10  
 4:21.64 Trent McFarland (Utica)12  
 4:22.28 Tyler Heath (Clio)12  
 4:22.65 David Whitaker (Northville)12  
 4:23.19 Lezawe Osterink (Wyoming Potters House)12  
 4:24.86 Parks Allen (Ithaca)12  
 4:25.69 Seth Conner (Jenison)10  
 4:26.14 Clayton Ackley (Hart)12

Chicago/CYUP Misfits (4:07.36) ..... 1/21/2023  
 Boston/New Balance Nationals ..... 3/12/2023  
 Ann Arbor/UM Invitational (4:14.75) ..... 1/22/2023  
 Ann Arbor/UM Invitational (4:14.79) ..... 1/22/2023  
 Boston/New Balance Nationals ..... 3/12/2023  
 New York/Nike Nationals (4:18.33) ..... 3/11/2023  
 Ann Arbor/UM Invitational (4:20.07) ..... 1/22/2023  
 Chicago/CYUP Misfits (4:20.47) ..... 1/21/2023  
 Chicago/CYUP Misfits (4:20.55) ..... 1/21/2023  
 Chicago/CYUP Misfits (4:23.95) ..... 1/21/2023  
 Ann Arbor/UM Invitational (4:23.95) ..... 1/22/2023  
 Ypsilanti/Huron Relays – Small ..... 3/24/2023  
 Ann Arbor/UM Invitational (4:26.21) ..... 1/22/2023  
 Ann Arbor/UM Invitational (4:27.30) ..... 1/22/2023

Allendale/Clinger Classic (4:05.48) ..... 1/28/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Allendale/GVSU Laker Challenge ..... 3/22/2023  
 Ypsilanti/LAB #9 ..... 2/18/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/LAB #9 ..... 2/18/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/LAB #4 ..... 1/14/2023  
 Ypsilanti/MITS Finals ..... 2/26/2023  
 Ypsilanti/LAB #7 (h) ..... 2/ 4/2023  
 Ypsilanti/LAB #9 ..... 2/18/2023  
 Ypsilanti/LAB #9 ..... 2/18/2023  
 Ypsilanti/LAB #9 ..... 2/18/2023  
 Allendale/GVSU #3 (4:22.28) ..... 1/ 7/2023

Chicago/CYUP Misfits ..... 1/21/2023  
 Boston/New Balance Nationals ..... 3/12/2023  
 Ann Arbor/UM Invitational ..... 1/22/2023  
 Ann Arbor/UM Invitational ..... 1/22/2023  
 Boston/New Balance Nationals ..... 3/12/2023  
 New York/Nike Nationals ..... 3/11/2023  
 New York/Nike Nationals ..... 3/12/2023  
 Ann Arbor/UM Invitational ..... 1/22/2023  
 Chicago/CYUP Misfits ..... 1/21/2023  
 Chicago/CYUP Misfits ..... 1/21/2023  
 New York/Nike Nationals ..... 3/11/2023  
 Chicago/CYUP Misfits ..... 1/21/2023  
 Ann Arbor/UM Invitational ..... 1/22/2023

Allendale/Clinger Classic ..... 1/28/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Saginaw/SVSU Distance Festival ..... 2/11/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Saginaw/SVSU Distance Festival ..... 2/11/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023  
 Allendale/GVSU #3 ..... 1/ 7/2023

**2000 METERS**

5:35.84# Hunter Jones (Benzie Central)12

New York/Nike Nationals (2M) ..... 3/10/2023

5:37.78# TJ Hansen (Freeland)12  
5:37.78# Jones  
5:47.52# Solomon Kwartowicz (BH Cranbrook)11  
5:47.52# Michael Hegarty (Dearborn Divine Child)12

Boston/New Balance Nationals (2M) ..... 3/10/2023  
New York/Nike Nationals (5K)..... 3/11/2023  
New York/Nike Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023

**3000 METERS**

8:19.16# Hunter Jones (Benzie Central)12  
8:35.32# Jones  
8:36.35# TJ Hansen (Freeland)12  
8:36.60# Solomon Kwartowicz (BH Cranbrook)11  
8:43.41# Michael Hegarty (Dearborn Divine Child)12  
8:48.50# Brady Heron (Northville)12  
8:50.17# Sebastian Ramirez (Royal Oak)11  
8:50.24# Andre Richmond (Whitehall)12  
8:50.81# Tyler Lenn (Marine City Mooney)11  
8:51.88# Connell Alford (Chelsea)11  
8:52.16# Ethan Powell (Northville)10  
8:55.33# Nathan Katic (Fenton)11  
8:56.46# Samuel Jackson (Saline)12  
8:59.62# Collin Farmer (Pewamo-Westphalia)11  
8:59.94# Braylon Petty (Adrian)11

New York/Nike Nationals (2M) ..... 3/10/2023  
New York/Nike Nationals (5K)..... 3/11/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
New York/Nike Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
New York/Nike Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
Ann Arbor/UM Invitational (3200)..... 1/22/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
New York/Nike Nationals (5K)..... 3/11/2023  
New York/Nike Nationals (2M) ..... 3/10/2023  
Ann Arbor/UM Invitational (3200)..... 1/22/2023

**3200 METERS**

8:48.32+ Hunter Jones (Benzie Central)12  
9:05.92+ Solomon Kwartowicz (BH Cranbrook)11  
9:11.28# Jones  
9:11.58# TJ Hansen (Freeland)12  
9:14.43# Michael Hegarty (Dearborn Divine Child)12  
9:22.67# Tyler Lenn (Marine City Mooney)11  
9:24.13 Connell Alford (Chelsea)11  
9:24.22# Sebastian Ramirez (Royal Oak)11  
9:25.21# Brady Heron (Northville)12  
9:25.37+ Andre Richmond (Whitehall)12  
9:26.02# Ethan Powell (Northville)10  
9:31.21# Nathan Katic (Fenton)11  
9:32.83# Samuel Jackson (Saline)12

New York/Nike Nationals (8:51.40) ..... 3/10/2023  
New York/Nike Nationals (9:09.10) ..... 3/10/2023  
New York/Nike Nationals (5K)..... 3/11/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
Ann Arbor/UM Invitational ..... 1/22/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
New York/Nike Nationals (9:28.66) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/10/2023  
Boston/New Balance Nationals (2M) ..... 3/ 9/2023  
New York/Nike Nationals (5K)..... 3/11/2023

**Oversized Track:**

8:45.46 Hunter Jones (Benzie Central)12  
8:59.02 Jones  
9:04.06 Thomas Westphal (NB Anchor Bay)11  
9:04.69 TJ Hansen (Freeland)10  
9:09.82 Kyle Eberhard (Linden)12  
9:11.41 Westphal  
9:16.65 Hansen  
9:16.6 Michael Hegarty (Dearborn Divine Child)12  
9:16.48 Carter McCalister (Monroe Jefferson)12  
9:16.71 Lezawe Osterink (Wyoming Potter's House)12  
9:17.78 Tyler Lenn (Marine City Mooney)11  
9:18.01 Andre Richmond (Whitehall)12  
9:18.24 Colin Graham (Rockford)12  
9:19.31 Solomon Kwartowicz (BH Cranbrook)11  
9:19.5 Connell Alford (Chelsea)11  
9:21.25 Samuel Jackson (Saline)12  
9:21.63 Aiden Smith (Adrian)12  
9:21.93 Nolan Clark (Grand Haven)12

Saginaw/SVSU Distance Festival ..... 2/11/2023  
Ypsilanti/MITS Finals ..... 2/25/2023  
Ypsilanti/MITS Finals ..... 2/25/2023  
Ypsilanti/MITS Finals ..... 2/25/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Saginaw/SVSU Distance Festival ..... 2/11/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Ypsilanti/LAB #9 ..... 2/18/2023  
Ypsilanti/MITS Finals ..... 2/25/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Ypsilanti/MITS Finals ..... 2/25/2023  
Ypsilanti/LAB #9 ..... 2/18/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Allendale/GVSU #5 ..... 2/18/2023  
Allendale/GVSU #5 ..... 2/18/2023

**2 MILE (no conversions)**

8:51.40 Hunter Jones (Benzie Central)12  
9:09.10 Solomon Kwartowicz (BH Cranbrook)11  
9:14.98 TJ Hansen (Freeland)12  
9:17.44 Michael Hegarty (Dearborn Divine Child)12  
9:25.71 Tyler Lenn (Marine City Mooney)11  
9:28.21 Sebastian Ramirez (Royal Oak)11

New York/Nike Nationals ..... 3/10/2023  
New York/Nike Nationals ..... 3/10/2023  
Boston/New Balance Nationals ..... 3/10/2023  
Boston/New Balance Nationals ..... 3/10/2023  
Boston/New Balance Nationals ..... 3/ 9/2023  
Boston/New Balance Nationals ..... 3/ 9/2023

9:28.47	Brady Heron (Northville)12	Boston/New Balance Nationals .....	3/10/2023
9:28.66	Andre Richmond (Whitehall)12	New York/Nike Nationals .....	3/10/2023
9:29.54	Ethan Powell (Northville)10	Boston/New Balance Nationals .....	3/10/2023
9:34.27	Nathan Katic (Fenton)11	Boston/New Balance Nationals .....	3/ 9/2023

### 5000 METERS

14:20.54	Hunter Jones (Benzie Central)12	New York/Nike Nationals .....	3/11/2023
14:56.47	Samuel Jackson (Saline)12	New York/Nike Nationals .....	3/11/2023

#### Oversized Track:

15:16.74	Brendan Herger (Northville)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:18.35	Sebastian Ramirez (Royal Oak)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:21.25	Braylon Petty (Adrian)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:26.69	Andre Richmond (Whitehall)12	Saginaw/SVSU Distance Festival .....	2/11/2023
15:27.03	Ethan Powell (Northville)10	Saginaw/SVSU Distance Festival .....	2/11/2023
15:47.64	Gregory Janesak (Sparta)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:50.91	Vish Ravishankar (Troy)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:51.57	Matthew Short (Berkley)12	Saginaw/SVSU Distance Festival .....	2/11/2023
15:53.11	Alex Bobak (Plymouth)12	Saginaw/SVSU Distance Festival .....	2/11/2023
15:53.36	Adam Dicken (Canton)10	Saginaw/SVSU Distance Festival .....	2/11/2023
15:53.71	Dakota Dykhuis (Blanchard Montabella)12	Saginaw/SVSU Distance Festival .....	2/11/2023
15:54.46	Connor Clor (Romeo)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:56.73	Keegan Masters (Ottawa Lake-Whiteford)11	Saginaw/SVSU Distance Festival .....	2/11/2023
15:58.89	Carter McIlroy (Whitehall)12	Saginaw/SVSU Distance Festival .....	2/11/2023
16:11.21	Espen Wood (Cedar Springs)12	Saginaw/SVSU Distance Festival .....	2/11/2023
16:19.06	Connor Stefanovsky (Caro)12	Saginaw/SVSU Distance Festival .....	2/11/2023
16:19.58	Oliver Moss (Berkley)11	Saginaw/SVSU Distance Festival .....	2/11/2023
16:23.76	Nick Yaquinto (Northville)11	Saginaw/SVSU Distance Festival .....	2/11/2023
16:27.32	Ian Richthammer (GR Catholic Central)11	Saginaw/SVSU Distance Festival .....	2/11/2023

### 55-METER HURDLES

7.78	Michael Davis-Hawkins (Detroit Cass Tech)12	Ypsilanti/LAB Youth National Invite .....	2/11/2023
8.07#	Nakia Willis (East Kentwood)12	New York/Nike Nationals (60) (h).....	3/11/2023
8.14	Camron Krebs (Walled Lake Northern)12	Ypsilanti/LAB Youth National Invite (h)....	2/11/2023
8.14	Colin Bastuba (Clarkston)12	Ypsilanti/LAB Youth National Invite .....	2/11/2023

### 60-METER HURDLES

7.85	Braxton Brann (Ann Arbor Huron)12	Boston/New Balance Nationals (s) .....	3/12/2023
7.90	Brann	Boston/New Balance Nationals .....	3/12/2023
7.93	Brann	Boston/New Balance Nationals (h) .....	3/11/2023
7.99	Brann	Ann Arbor/UM Invitational .....	1/22/2023
8.02	Brann	Chicago/Akinosun Inv .....	1/15/2023
8.02	Brann	Geneva/SPIRE Scholastic Show (h).....	2/ 5/2023
8.03	Joshua Hurt (East Kentwood)12	Allendale/GVSU Laker Challenge .....	3/22/2023
8.05	Hurt	Allendale/GVSU Laker Challenge (h) .....	3/22/2023
8.05	Hurt	Grand Rapids/Aquinas Challenge .....	3/28/2023
8.07	Brann	Ypsilanti/MITS Finals (h) .....	2/25/2023
8.07	Brann	Ypsilanti/MITS Finals .....	2/26/2023
8.07	Hurt	Grand Rapids/Aquinas Challenge (h) .....	3/28/2023
8.08	Hurt	Allendale/GVSU #5 .....	2/18/2023
8.08	Hurt	Ypsilanti/MITS Finals .....	2/26/2023
8.11	Hurt	Ypsilanti/MITS Finals (s) .....	2/25/2023
8.11	Hurt	Boston/New Balance Nationals (s) .....	3/12/2023
8.13	Hurt	Ann Arbor/UM Invitational .....	1/22/2023
8.16	Brann	Ypsilanti/LAB #2 .....	12/30/2022
8.16	Michael Davis-Hawkins (Detroit Cass Tech)12	Ypsilanti/Huron Relays – Large .....	3/25/2023
8.18	Hurt	Grand Rapids/Aquinas MITS .....	2/11/2023
8.18	Kayenn Mabin (Kalamazoo Central)12	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
8.19	Brann	Ann Arbor/UM Invitational (h).....	1/22/2023
8.19	Camone' Williams (Wayne Memorial)11	Ypsilanti/Huron Relays – Large .....	3/25/2023
8.26	Patrick Rice (Burton Atherton)11	Ypsilanti/Huron Relays – Large .....	3/25/2023
8.31	Seneca Moore (Holt)12	Ypsilanti/MITS Finals (s) .....	2/25/2023
8.33	Trevor Watts (Kalamazoo Norrix)12	Allendale/GVSU #5 .....	2/18/2023

8.34	Owen Hager (Caledonia)11	Chicago/Akinosun Inv .....	1/15/2023
8.38	Nakia Willis (East Kentwood)12	Allendale/GVSU Laker Challenge (h) .....	3/22/2023
8.48	Jaylen Gilmore (Farmington)10	Ann Arbor/UM Invitational .....	1/22/2023
8.52	Holden Van Poppel (Napoleon)11	Ypsilanti/MITS Finals (s) .....	2/25/2023
8.52	William Patterson (Detroit Catholic Central)9	Ypsilanti/Huron Relays – Large.....	3/25/2023
8.53	Jaxson Tober (Spring Lake)12	Ann Arbor/UM Invitational .....	1/22/2023
8.53	Wally Tupper (Traverse City West)11	Saginaw/D1-2 Invitational .....	3/22/2023
8.54	Keegan Morris (Grosse Pointe South)12	Ypsilanti/Huron Relays – Large.....	3/25/2023
8.55	Jaden Jennings (Detroit UD Jesuit)12	Ypsilanti/MITS Finals (s) .....	2/25/2023
8.59	Jabriel Edwards (East Kentwood)12	Ypsilanti/MITS Finals (h) .....	2/25/2023
8.61	Jackson Hayward (Ann Arbor Huron)11	Ypsilanti/MITS Finals (s) .....	2/25/2023
8.65	Camron Krebs (Walled Lake Northern)12	Ypsilanti/LAB #9.....	2/18/2023
8.67	Andrew Miller (Hudsonville Unity Christian)12	Allendale/GVSU #4.....	1/28/2023

### 300 HURDLES (300 track)

40.57	Kayenn Mabin (Kalamazoo Central)12	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
41.19	Michael Davis-Hawkins (Detroit Cass Tech)12	Ypsilanti/LAB #2.....	12/30/2022
41.38	Jaxson Tober (Spring Lake)12	Ypsilanti/LAB #2.....	12/30/2022
42.33	Vincent Dancel (Rochester Adams)11	Ypsilanti/LAB MITS #5 .....	1/21/2023
42.49	Griffin McLachlan (Swartz Creek)12	Ypsilanti/LAB #2.....	12/30/2022

### HIGH JUMP

6-6.75	Joe Mullett (GR Catholic Central)12	Ann Arbor/UM Invitational .....	1/22/2023
6-6.75	Nathan Levine (Canton)11	Ann Arbor/UM Invitational .....	1/22/2023
6-6	Quentin Lange (Mason County Central)10 (5-10, 6-0 [2], 6-2, 6-4 [3], 6-6, 6-8 [xxx])	Ypsilanti/MITS Finals .....	2/26/2023
6-6	Christian Purchase-Ofoeme (Warren Cous)12	Ypsilanti/MITS Finals .....	2/26/2023
6-5	Quincy Isaac (Canton)10	Ypsilanti/Huron Relays – Large.....	3/25/2023
6-4.75	Deepak Laungani (Northville)12	New York/Nike Nationals .....	3/10/2023
6-4	Joshua Veneziano (Parma Western)11	Ypsilanti/MITS Finals .....	2/26/2023
6-3	London Pavlak (Milford)12	Saginaw/SVSU #3 .....	1/14/2023
6-2.75	Nakia Willis (East Kentwood)12	New York/Nike Nationals .....	3/11/2023
6-2	Brock Ferguson (Sturgis)10	Hillsdale/Charger Opener .....	1/21/2023
6-2	Ben Syverson (Woodhaven)12	Ypsilanti/EMU MITS .....	2/ 5/2023
6-2	Colton Whyte (Bay City Western)9	Saginaw/D1-2 Invitational .....	3/22/2023
6-2	Ben Merkel (Monroe Jefferson)11	Ypsilanti/Huron Relays – Small.....	3/24/2023
6-1	Sam Morandini (Grosse Pointe South)12	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
6-0.75	Mekhi Wingfield (Concord)11	New York/Nike Nationals .....	3/10/2023

### POLE VAULT

16-0.25	Dolan Gonzales (Saline)12 (14-0, 14-6, 15-0, 15-6, 15-9.25 [2], 16-0.25 [2], 16-3.25 [xx])	Ypsilanti/MITS Finals .....	2/26/2023
15-6	David Conrad (Whitehall)12	Grand Rapids/Aquinas MITS .....	2/11/2023
15-3	Gonzales	Ann Arbor/UM Invitational .....	1/22/2023
15-0	Liam Kinney (Brighton)12	Ypsilanti/MITS Finals .....	2/26/2023
14-6	David Dana (Midland Bullock Creek)12	Vermontville/Valentine Vault.....	2/11/2023
14-3.25	Joey Bonacci (Jenison)11	Ann Arbor/UM Invitational .....	1/22/2023
14-1	Tryce Tokar (Ovid-Elsie)10	Saginaw/SVSU Invitational D3-4 .....	3/23/2023
14-0	Yura Rozendal (Grandville Calvin Christian)12	Grand Rapids/Aquinas MITS .....	2/ 4/2023
14-0	Micah Witham (Whitehall)12	Allendale/GVSU #5.....	2/18/2023
14-0	William Ribby (Eaton Rapids)11	Ypsilanti/MITS Finals .....	2/26/2023
13-9.25	Clark Sheldon (Dexter)11	Ann Arbor/UM Invitational .....	1/22/2023

### LONG JUMP

22-8.25	Quincy Isaac (Canton)10	Ypsilanti/Huron Relays – Large.....	3/25/2023
22-0.5	Nakia Willis (East Kentwood)12 (21-3, 22-0.5, 22-0.5, 20-7.25, 21-3.25, f)	Ypsilanti/MITS Finals .....	2/25/2023
22-0	Anthony Buford (Detroit Douglas)11	Ypsilanti/Huron Relays – Small.....	3/24/2023
21-10.5	Kaharrie Pureifoy (Wayland Union)11	Grand Rapids/Aquinas Challenge.....	3/28/2023
21-9	Charlie Garner (Ypsilanti Lincoln)12	Ypsilanti/SEC Invite .....	3/23/2023
21-5.5	Christian Purchase-Ofoeme (War Cousino)12	Warren/Macomb County .....	3/28/2023
21-4	Alex Andino (GR Kenowa Hills)11	Grand Rapids/Aquinas MITS .....	2/11/2023



21-4	Carter Bissell (Rockford)11	Allendale/GVSU Laker Challenge.....	3/22/2023
21-4	David Kozisek (Pickford)12	Marquette/Superior Dome .....	4/17/2023
21-3.75	Dylan Lafontsee (Cedar Springs)11	Grand Rapids/Aquinas #2.....	1/21/2023
21-3	Carter Fussman (Beal City)12	Saginaw/SVSU #6 .....	2/18/2023
21-3	Semaj Young (Sterling Heights)12	Warren/Macomb County .....	3/28/2023
21-2	Alex Affer (Peck)12	Allendale/GVSU #1 .....	12/ 2/2022
21-1	Hamza Basal (Ann Arbor Skyline)12	Allendale/GVSU #5.....	2/18/2023
21-1	Evan Walker (Lansing Waverly)11	Ypsilanti/MITS Finals .....	2/25/2023
21-0.25	Jaylan Brown (Grand Blanc)12	Ypsilanti/Huron Relays – Large.....	3/25/2023
21-0	Alex Andino (GR Kenowa Hills)11	Allendale/GVSU Laker Challenge.....	3/22/2023
21-0	Will Korenstra (Grand Haven)10	Allendale/GVSU Laker Challenge.....	3/22/2023
21-0	Ryan Mooney (Orchard Lake St Mary's)12	Saginaw/SVSU Invitational D3-4 .....	3/23/2023

### TRIPLE JUMP

41-0.25	Liam McHugh (Muskegon Reeths-Puffer)12	Ann Arbor/UM Invitational .....	1/22/2023
40-10.5	London Pavlak (Milford)12 (39-1.5, 37-10, 39-6.5, 38-3.75, 39-2, 40-10.5)	Ypsilanti/MITS Finals .....	2/25/2023
40-1	Deepak Laungani (Northville)12	Ypsilanti/MITS Finals .....	2/25/2023
39-5.25	Dylan Lafontsee (Cedar Springs)11	Ypsilanti/MITS Finals .....	2/25/2023
38-8.25	Jeremy Whoolery (Allen Park)12	Ypsilanti/LAB #9.....	2/18/2023
38-6.5	Preston Kelsey (Saginaw Valley Lutheran)11	Ypsilanti/LAB #7.....	2/ 4/2023
37-10.25	Andrew Otberg (Pinckney)12	Ypsilanti/MITS Finals .....	2/25/2023
37-9.75	Shane Patterson (Livonia Stevenson)12	Ypsilanti/LAB #3.....	1/ 7/2023
37-9.5	Spencer Brant (Woodhaven)12	Ypsilanti/EMU MITS #2 .....	1/15/2023
37-6.25	Aiden Verhey (Milford)12	Ypsilanti/MITS Finals .....	2/25/2023
37-4	Brock Ferguson (Sturgis)10	Allendale/GVSU #5.....	2/18/2023
35-9.75	Zachary Green (Sturgis)11	Ypsilanti/MITS Finals .....	2/25/2023
35-5	Boston Bucklin (Bronson)10	Hillsdale/Charger Qualifier .....	1/29/2023
35-5	Spencer Brant (Woodhaven)12	Ypsilanti/MITS Finals .....	2/25/2023

### SHOT

60-4.75	Andrew Berryhill (Battle Creek Lakeview)12	Allendale/GVSU #3.....	1/ 7/2023
60-4.5	Berryhill (f, 57-3.5, f, f, f, 60-4.5)	Ypsilanti/MITS Finals .....	2/26/2023
57-2.5	Matthew Foor (Carleton-Airport)11	Ypsilanti/EMU MITS.....	2/ 5/2023
56-5.5	Kellen Kimes (Hart)12	Ypsilanti/MITS Finals .....	2/26/2023
54-5.5	Gavin Nurenberg (Pewamo Westphalia)11	Ypsilanti/MITS Finals .....	2/26/2023
54-2	Gerald Capaccio (St Joseph)12	Allendale/GVSU #5.....	2/18/2023
54-2	Ty Anthony (Coopersville)12	Ypsilanti/MITS Finals .....	2/26/2023
53-9.5	Ty Robertson (Saginaw Heritage)11	Saginaw/D1-2 Invitational .....	3/22/2023
53-2	Michael Griffey (Plainwell)12	Allendale/GVSU #4 .....	1/28/2023
53-0	Lukas Ray (Wyandotte Roosevelt)12	Ypsilanti/MITS Finals .....	2/26/2023
52-0	Garrett Weeden (Zeeland East)11	Ypsilanti/MITS Finals .....	2/26/2023
51-6	Wesley Russell (Whitehall)12	Allendale/GVSU Laker Challenge.....	3/22/2023
51-4.75	Merrick Hocking (Midland)11	Saginaw/D1-2 Invitational .....	3/22/2023
51-3	David Rolands (Berkley)11	Ypsilanti/MITS Finals .....	2/26/2023
51-3	Dalton Brown (Pewamo-Westphalia)11	Ypsilanti/MITS Finals .....	2/26/2023

### DISCUS

168-2	Kellen Kimes (Hart)12 (155-2, 134-0, f, 164-3, f, 168-2)	Ypsilanti/MITS Finals .....	2/25/2023
156-0	Teegan Simmons (Monroe)10	Ypsilanti/LAB #3.....	1/ 7/2023
155-2	Kimes	Ypsilanti/MITS Finals (!).....	2/25/2023
153-9	Lukas Ray (Wyandotte Roosevelt)12	Ypsilanti/MITS Finals .....	2/25/2023
153-5	Kimes	Allendale/GVSU #2.....	12/17/2022
152-6	Gerald Capaccio (St Joseph)12	Ypsilanti/LAB #7.....	2/ 4/2023
152-2	Michael Griffey (Plainwell)12	Ypsilanti/MITS Finals .....	2/25/2023
151-11	Merrick Hocking (Midland)11	Ypsilanti/MITS Finals .....	2/25/2023
151-3	Larson Fessenden (Edwardsburg)11	Ypsilanti/MITS Finals .....	2/25/2023
151-1	DeMarrio Rutherford (Wyandotte Roosevelt)12	Ypsilanti/MITS Finals .....	2/25/2023
148-9	Ty Anthony (Coopersville)12	Allendale/GVSU #2.....	12/17/2022
146-0	Mason Brodie (Clinton)10	Ypsilanti/MITS Finals .....	2/25/2023

142-10	Cade Riddle (Brighton)12	Ypsilanti/LAB #7.....	2/ 4/2023
142-7	Daniel Yarrington (Utica)12	Ypsilanti/MITS Finals .....	2/25/2023
140-6	Matthew Foor (Carleton Airport)11	Ypsilanti/LAB #7.....	2/ 4/2023
137-11	Garrett Weeden (Zeeland East)11	Ypsilanti/MITS Finals .....	2/25/2023
137-1	Dakota Kohn (Petersburg-Summerfield)12	Ypsilanti/LAB #2.....	12/30/2022
135-11	Andrew Berryhill (Battle Creek Lakeview)12	Ypsilanti/LAB #2.....	12/30/2022
135-10	Dominic Weatherley (Harrison Twp L'Anse C)10	Ypsilanti/LAB #7.....	2/ 4/2023
135-1	Brayden Ratliff (Dundee)12	Ypsilanti/MITS Finals .....	2/25/2023
134-5	Luke Eros (Howell)12	Ypsilanti/LAB #9.....	2/18/2023

#### WEIGHT

78-4.25	Kellen Kimes (Hart)12 (66-1.75, 72-7.75, 73-3.5, 75-10.25, f, 78-4.25)	Boston/New Balance Nationals .....	3/11/2023
77-8.25	Kimes (f, 72-6, 77-8.25, 71-1, f, 75-9)	Grand Rapids/Aquinas MITS .....	2/11/2023
77-0.5	Kimes (69-10, 77-0.25, f, f, f, f)	Ypsilanti/MITS Finals .....	2/25/2023
72-11	Kimes	Allendale/GVSU #4 .....	1/28/2023
72-9	Kimes	Allendale/GVSU #5.....	2/18/2023
71-3.5	Kimes (f, 67-8.5, f, 60-5.75, 60-8.5, 71-3.5)	Tiffin/HS Open .....	12/10/2022
70-5	Kimes	Bowling Green/Sink Inv .....	1/15/2023
68-9	Kimes (68-4, 68-9, f, f, f, 65-1) (all fouls over 70-3, topped by a 72-7)	Allendale/GVSU #1 .....	12/ 2/2022
66-11	Kimes	Allendale/GVSU #2.....	12/17/2022
66-11	Kimes	Allendale/GVSU #3.....	1/ 7/2023
66-10.75	Kimes (66-5.25, f, 66-10.25, f, f, f)	Ann Arbor/UM Invitational .....	1/22/2023
59-8.5	Michael Griffey (Plainwell)12	Ypsilanti/MITS Finals .....	2/25/2023
55-5	Mason Fraley (Salem)12	Ypsilanti/MITS Finals .....	2/25/2023
54-5.5	Nick Easton (Lake Orion)12	Ypsilanti/MITS Finals .....	2/25/2023
52-8.5	Merrick Hocking (Midland)11	Ypsilanti/MITS Finals .....	2/25/2023
51-10	David Rolands (Berkley)12	Ypsilanti/LAB #9.....	2/18/2023
49-9	Garrett Weeden (Zeeland East)11	Ypsilanti/MITS Finals .....	2/25/2023
48-1.5	Troy Rapson (Canton)10	Ypsilanti/MITS Finals .....	2/25/2023
48-1.5	Chase Niesurawski (Whitehall)12	Ypsilanti/MITS Finals .....	2/25/2023
47-9	Wesley Russell (Whitehall)12	Ypsilanti/MITS Finals .....	2/25/2023
47-1.75	Demarrio Rutherford (Wyandotte Roosevelt)12	Ypsilanti/MITS Finals .....	2/25/2023
46-0.5	Lukas Ray (Wyandotte Roosevelt)12	Ypsilanti/MITS Finals .....	2/25/2023
46-0	Aiden Janowsky (Hopkins)12	Allendale/GVSU #4 .....	1/28/2023
45-10	Elijah Rush (Zeeland East)12	Ypsilanti/MITS Finals .....	2/25/2023
45-0.5	Isaac Graham (Lowell)12	Ypsilanti/MITS Finals .....	2/25/2023

#### 4 x 200 RELAY

1:27.69	Clinton Twp Chippewa Valley (16W) (Jonas Morris, Noah Morris, Chris Estell 22.75, Shamar Heard 20.82)	Boston/New Balance Nationals .....	3/11/2023
1:28.06	Clinton Twp Chippewa Valley (16W) (Jonas Morris, Noah Morris, Chris Estell 22.89, Shamar Heard 21.14)	Boston/New Balance Nationals (h) .....	3/10/2023
1:29.29	Ann Arbor Huron (AATC) (Chase Lockhart 23.54, Ashton Brann 23.13, Marcus Williams 22.13, Braxton Brann 20.49)	Ann Arbor/UM Invitational .....	1/22/2023
1:29.45	Detroit UD Jesuit (MA) (Jaden Jennings 23.23, Cameron Hendrix 22.33, Julian Robinson 22.55, Jaiden Reed 21.34)	Ann Arbor/UM Invitational .....	1/22/2023
1:30.37	Oak Park (MC) (Gavin Rawls, Quinton Blakely, Deon Cleary 22.62, Jaiden Weaver 22.33)	Boston/New Balance Nationals .....	3/10/2023
1:30.52	Ann Arbor Huron (AATC) (Chase Lockhart, Georgio Pitts, Marcus Williams 23.33, Jackson Hayward 21.65)	Boston/New Balance Nationals .....	3/10/2023
1:34.29	Detroit Cass Tech	Ypsilanti/Huron Relays – Large.....	3/25/2023
1:34.88	Detroit Country Day	Ypsilanti/Huron Relays – Small.....	3/24/2023
1:36.14	Forest Hills Eastern	Grand Rapids/Aquinas Challenge.....	3/28/2023
1:36.81	Livonia Franklin	Ypsilanti/Huron Relays – Large.....	3/25/2023
1:37.40	East Kentwood	Grand Rapids/Aquinas Challenge.....	3/28/2023
1:37.42	Burton Atherton	Ypsilanti/Huron Relays – Large.....	3/25/2023

1:37.89 Forest Hills Central Grand Rapids/Aquinas Challenge.....3/28/2023

**Oversized Track:**

1:28.09 Clinton Twp Chippewa Valley (16W) Ypsilanti/MITS Finals .....2/25/2023  
(Jonas Morris, Noah Morris, Chris Esteil, Shamar Heard)  
1:29.07 Detroit UD Jesuit (MA) Ypsilanti/MITS Finals .....2/25/2023  
1:29.12 Clinton Twp Chippewa Valley (16W) Ypsilanti/LAB National Youth Invite .....2/11/2023  
1:30.04 Ann Arbor Huron (AATC) Ypsilanti/LAB #3.....1/7/2023  
1:30.52 Holland West Ottawa (STC) Ypsilanti/MITS Finals .....2/25/2023  
1:30.95 Saline Ypsilanti/SEC Invite .....3/23/2023  
1:31.70 Kalamazoo Central Ypsilanti/Lincoln Indoor Inv .....4/8/2023  
1:31.82 East Kentwood (KTC) Ypsilanti/MITS Finals .....2/25/2023  
1:31.84 Oak Park (MC) Ypsilanti/MITS Finals .....2/25/2023  
1:33.50 East Lansing Ypsilanti/Lincoln Indoor Inv .....4/8/2023  
1:33.66 Lake Orion Ypsilanti/Lincoln Indoor Inv .....4/8/2023

**Mixed Teams**

1:30.39 Track Life # Ann Arbor/UM Invitational .....1/22/2023  
(KeSean Brown 22.74, Alton Marks 23.22, Geoffrey McBurrows 22.34, Isaiah Smith 22.09)  
1:30.60 Elite Performance # Virginia Beach/adidas Nationals .....3/17/2023  
1:33.85 Blazers # Ypsilanti/EMU MITS #2 .....1/15/2023  
1:36.54 Elite Performance XL # Ypsilanti/MITS #1 .....12/11/2022

**Oversized Track:**

1:28.78 Blazers # Ypsilanti/MITS Finals .....2/25/2023  
1:29.88 Blazers # Allendale/GVSU #5.....2/18/2023  
1:30.17 Elite Performance # Ypsilanti/MITS Finals .....2/25/2023  
1:31.22 Track Life # Ypsilanti/MITS Finals .....2/25/2023  
1:31.27 Maximum Output # Ypsilanti/LAB National Youth Invite .....2/11/2023  
1:32.53 Dragon Keepers # Allendale/GVSU #4.....1/28/2023

**4 x 300 RELAY (OT)**

2:26.04 Holland West Ottawa Allendale/GVSU Laker Challenge .....3/22/2023  
2:27.02 Zeeland West Allendale/GVSU Laker Challenge .....3/22/2023  
2:28.91 East Kentwood Allendale/GVSU Laker Challenge .....3/22/2023  
2:28.92 Whitehall Allendale/GVSU Laker Challenge .....3/22/2023  
2:29.06 Hudsonville Allendale/GVSU Laker Challenge .....3/22/2023  
2:29.13 Rockford Allendale/GVSU Laker Challenge .....3/22/2023  
2:29.75 East Lansing Saginaw/D1-2 Invitational .....3/22/2023  
2:30.28 Spring Lake Allendale/GVSU Laker Challenge .....3/22/2023  
2:30.32 Traverse City West Saginaw/D1-2 Invitational .....3/22/2023  
2:30.81 Saginaw Heritage Saginaw/D1-2 Invitational .....3/22/2023

**4 x 400 RELAY**

3:18.64 Ann Arbor Huron (AATC) Boston/New Balance Nationals .....3/12/2023  
(Jackson Hayward 51.30, Chase Lockhart 49.81, Ashton Brann 48.81, Braxton Brann 48.73)  
3:19.14 Clinton Twp Chippewa Valley (16W) Boston/New Balance Nationals .....3/12/2023  
(Jonas Morris 48.65, Noah Morris 50.48, Chris Estell 52.20, Shamar Heard 47.83)  
3:23.51 Clinton Twp Chippewa Valley (16W) Ann Arbor/UM Invitational .....1/22/2023  
(Jonas Morris 51.73, Karol Kozlowski 50.99, Noah Morris 51.95, Shamar Heard 48.84)  
3:28.10 Oak Park (MC) Boston/New Balance Nationals .....3/12/2023  
(Josh Hayes 52.02, Rondre Austion 50.88, Quinton Blakely 53.41, Phillip Burney 51.81)  
3:35.81 Detroit UD Jesuit (MA) Ann Arbor/UM Invitational .....1/22/2023  
3:36.96 Forest Hills Eastern Grand Rapids/Aquinas Challenge.....3/28/2023  
3:37.32 East Kentwood Grand Rapids/Aquinas Challenge.....3/28/2023  
3:38.90 Clio Ypsilanti/Huron Relays – Small .....3/24/2023  
3:41.81 Fraser Ypsilanti/Huron Relays – Large.....3/25/2023  
3:42.95 Plymouth Ypsilanti/Huron Relays – Large.....3/25/2023

**Oversized Track:**

3:19.19 Clinton Twp Chippewa Valley (16W) Ypsilanti/MITS Finals .....2/26/2023  
(Shamar Heard 48.5, Noah Morris 50.6, Chris Esteil 51.5, Jonas Morris 48.6)  
3:19.77 Clinton Twp Chippewa Valley (16W) Ypsilanti/LAB #9.....2/18/2023  
3:19.77 Ann Arbor Huron (AATC) Ypsilanti/LAB #9.....2/18/2023  
3:22.96 Ann Arbor Huron (AATC) Ypsilanti/MITS Finals .....2/26/2023  
3:26.66 Detroit Cass Tech (CTC) Ypsilanti/MITS Finals .....2/26/2023

3:27.48	Detroit UD Jesuit (MA)	Ypsilanti/LAB #7.....	2/ 4/2023
3:28.37	Oak Park (MC)	Ypsilanti/MITS Finals .....	2/26/2023
3:30.80	Adrian	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
3:34.18	Ann Arbor Pioneer (A2)	Ypsilanti/MITS Finals .....	2/26/2023
3:38.28	Saline	Ypsilanti/SEC Invite .....	3/23/2023
3:38.90	Holland West Ottawa (STC)	Ypsilanti/MITS Finals .....	2/26/2023

**Mixed Teams**

3:31.92	Elite Performance #	Virginia Beach/adidas Nationals .....	3/19/2023
3:32.76	Track Life #	Ann Arbor/UM Invitational .....	1/22/2023
3:32.92	Michigan Mustangs #	Ann Arbor/UM Invitational .....	1/22/2023
3:37.38	Blazers #	Ypsilanti/EMU MITS .....	2/ 5/2023

**Oversized Track:**

3:27.31	Michigan Mustangs #	Ypsilanti/MITS Finals .....	2/26/2023
3:27.96	Track Life #	Ypsilanti/MITS Finals .....	2/26/2023
3:28.52	Blazers #	Ypsilanti/MITS Finals .....	2/26/2023
3:28.93	Elite Performance #	Ypsilanti/LAB #7.....	2/ 4/2023
3:35.98	MMTC #	Ypsilanti/MITS Finals .....	2/26/2023
3:38.60	Up North Elite #	Allendale/GVSU #2.....	12/17/2022

**4 x 600 RELAY (OT)**

5:49.33	Walled Lake Northern	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
5:51.83	Dearborn Divine Child	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
5:51.91	Bay City Western	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
5:52.64	East Lansing	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
6:01.83	Howell	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
6:07.67	Grand Blanc	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
6:08.79	Freeland	Saginaw/SVSU Invitational D1-2 .....	3/22/2023
6:09.88	Orchard Lake St Mary's	Saginaw/SVSU Invitational D3-4 .....	3/23/2023
6:10.83	Chesaning	Saginaw/SVSU Invitational D3-4 .....	3/23/2023
6:11.45	Macomb Dakota	Saginaw/SVSU Invitational D1-2 .....	3/22/2023

**4 x 800 RELAY**

7:48.64	Northville (6M) (Brandon Latta 1:57.15, Brock Malaikal 2:01.07, David Whitaker 1:56.68, Brendan Herger 1:53.75)	Boston/New Balance Nationals .....	3/12/2023
8:02.18	Ann Arbor Pioneer (A2) (Eric Overdier 1:59.88, Vince Peterson Sand 1:58.67, Chase Klaphthor 1:58.89, Thomas Kerber 2:04.75)	Boston/New Balance Nationals .....	3/12/2023
8:05.68	Ann Arbor Skyline (VN) (Nicolas Fry 2:01.56, Aidan Hale 2:01.45, Mason Jett 2:01.72, Christopher Van Lent 2:00.96)	Boston/New Balance Nationals .....	3/12/2023
8:08.18	Pinckney (J) (Evan Loughridge 2:00.72, Ben Richards 2:05.99, Zach Debeauclair 2:02.91, Zach Newman 1:58.58)	Boston/New Balance Nationals .....	3/12/2023
8:12.86	Northville (6M) (Raunak Chattopadhyay 2:05.42, Ethan Powell 2:00.46, Brady Heron 2:06.08, Nicholas Yaquinto 2:00.91)	Boston/New Balance Nationals .....	3/12/2023
8:17.67	Fraser	Ypsilanti/Huron Relays – Large.....	3/25/2023
8:19.25	Plymouth	Ypsilanti/Huron Relays – Large.....	3/25/2023
8:20.44	Forest Hills Eastern	Grand Rapids/Aquinas Challenge.....	3/28/2023
8:23.87	Clio	Ypsilanti/Huron Relays – Small.....	3/24/2023
8:30.56	East Kentwood	Grand Rapids/Aquinas Challenge.....	3/28/2023
8:31.76	Monroe Jefferson	Ypsilanti/Huron Relays – Small.....	3/24/2023

**Oversized Track:**

7:55.75	Northville (6M) (Brandon Latta 1:58.4, Brock Malaikal 2:01.2, David Whitaker 1:58.1, Brendan Herger 1:58.1)	Ypsilanti/MITS Finals .....	2/26/2023
8:03.06	Adrian	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
8:03.42	Ann Arbor Skyline (VN)	Ypsilanti/MITS Finals .....	2/26/2023
8:04.03	Ann Arbor Pioneer (A2)	Ypsilanti/MITS Finals .....	2/26/2023
8:04.38	Plymouth	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023
8:08.73	Pinckney (J)	Ypsilanti/MITS Finals .....	2/26/2023
8:10.22	Brighton (NS)	Ypsilanti/MITS Finals .....	2/26/2023
8:16.02	Saline (SP)	Ypsilanti/MITS Finals .....	2/26/2023
8:18.18	Forest Hills Eastern (TH)	Ypsilanti/MITS Finals .....	2/26/2023
8:26.40	East Lansing	Ypsilanti/Lincoln Indoor Inv .....	4/ 8/2023

**Mixed Teams:**

8:12.97	Project 131 #	Ypsilanti/EMU MITS .....	2/ 5/2023
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**Oversized Track:**

8:02.23	Up North Elite # (Brad White, Owen Patten, Gregory Janesak, Hunter Jones)	Ypsilanti/MITS Finals .....	2/26/2023
8:05.21	Blazers #	Ypsilanti/MITS Finals .....	2/26/2023
8:07.71	Project 131 #	Ypsilanti/MITS Finals .....	2/26/2023
8:10.79	Flatlanders #	Ypsilanti/MITS Finals .....	2/26/2023
8:16.26	Breen TC #	Ypsilanti/MITS Finals .....	2/26/2023
8:20.26	Dearborn TC #	Ypsilanti/MITS Finals .....	2/26/2023
8:26.02	Moving Menaces #	Saginaw/MITS #4 .....	1/21/2023

**4 x MILE**

18:04.39	Pinckney (Evan Loughridge 4:24.28, Paul Moore 4:34.64, Ethan Sandula 4:38.14, Ben Richards 4:27.34)	Boston/New Balance Nationals .....	3/11/2023
18:10.85	Ann Arbor Skyline (Nicolas Fry 4:30.11, Mason Jett 4:35.19, Christopher Van Lent 4:37.64, Luke Suliman 4:27.92)	Boston/New Balance Nationals .....	3/11/2023

**1200 SPRINT MEDLEY**

2:34.45	East Kentwood (Malachi Mosley, Peyton Wade, Jabriel Edwards, Marcus Mitchell)	Grand Rapids/Aquinas Challenge.....	3/28/2023
2:39.38	Forest Hills Eastern	Grand Rapids/Aquinas Challenge.....	3/28/2023
2:39.74	Charlotte	Grand Rapids/Aquinas Challenge.....	3/28/2023
2:41.62	Hopkins	Grand Rapids/Aquinas Challenge.....	3/28/2023
2:42.96	Wayland Union	Grand Rapids/Aquinas Challenge.....	3/28/2023

**1600 SPRINT MEDLEY**

3:33.89	Detroit UD Jesuit (MA) (Jaiden Reed, Julian Robinson, Jaden Jennings 53.96, Logan Mullan 1:55.21)	Boston/New Balance Nationals .....	3/10/2023
3:45.41	Walled Lake Northern (GTC)	Boston/New Balance Nationals .....	3/10/2023
3:48.57	Alma (ATC)	Mt Pleasant/CMU MITS #1 .....	2/ 5/2023
3:48.97	Oak Park (MC)	Boston/New Balance Nationals .....	3/10/2023
3:51.82	East Kentwood (KTC)	Grand Rapids/Aquinas MITS .....	2/ 4/2023
3:52.60	Pinckney (J)	Ypsilanti/EMU MITS .....	2/ 5/2023
3:54.68	Orchard Lake St Mary's	Grand Rapids/Gardiner Inv .....	3/25/2023
3:54.94	Flint Powers Catholic	Grand Rapids/Gardiner Inv .....	3/25/2023

**Oversized Track:**

3:36.96	Detroit UD Jesuit (MA)	Ypsilanti/LAB #6.....	1/28/2023
3:40.18	Bay City Western (DX)	Saginaw/SVSU #6 .....	2/18/2023
3:44.13	Alma (ATC)	Saginaw/SVSU #6 .....	2/18/2023
3:44.22	Whitehall (DK)	Ypsilanti/MITS Finals .....	2/25/2023
3:45.37	Ann Arbor Pioneer (A2)	Ypsilanti/MITS Finals .....	2/25/2023
3:46.25	Pinckney (J)	Ypsilanti/MITS Finals .....	2/25/2023
3:50.44	Hastings (FO)	Ypsilanti/MITS Finals .....	2/25/2023
3:52.04	Oak Park (MC)	Ypsilanti/MITS Finals .....	2/25/2023
3:53.18	Milford (RT)	Ypsilanti/LAB #6.....	1/28/2023
3:54.13	Reed City (unat)	Saginaw/SVSU #6 .....	2/18/2023

**Mixed Teams:**

3:42.89	Blazers #	Ypsilanti/EMU MITS .....	2/ 5/2023
3:43.65	Riot #	Ypsilanti/EMU MITS #2 .....	1/15/2023
3:45.67	Elite Performance #	Virginia Beach/adidas Nationals .....	3/19/2023
3:53.68	Breen #	Ypsilanti/EMU MITS .....	2/ 5/2023

**Oversized Track:**

3:35.87	Blazers # (Jaiden Smith/Ypsi Lincoln 53.1, Jar'rece Johnson/BC Central 22.8, Liam Mann/Kalamazoo Hackett 22.7, Caleb Bost/BC Lakeview 1:57.3)	Ypsilanti/MITS Finals .....	2/25/2023
3:39.51	Blazers #	Ypsilanti/MITS Finals .....	2/25/2023
3:41.42	All About Speed #	Ypsilanti/MITS Finals .....	2/25/2023
3:43.67	Elite Performance #	Ypsilanti/MITS Finals .....	2/25/2023
3:44.47	Track Life #	Ypsilanti/MITS Finals .....	2/25/2023
3:46.22	Up North #	Saginaw/SVSU #6 .....	2/18/2023
3:49.09	MMTC #	Ypsilanti/MITS Finals .....	2/25/2023
3:49.48	Midland TC #	Ypsilanti/MITS Finals .....	2/25/2023
3:51.12	Breen #	Ypsilanti/MITS Finals .....	2/25/2023

3:51.99	LAB TC #	Ypsilanti/MITS Finals .....	2/25/2023
3:53.14	Lancer #	Ypsilanti/LAB #6.....	1/28/2023
3:53.63	Bucs #	Allendale/GVSU #4 .....	1/28/2023

**2400 MEDLEY**

**Oversized Track:**

5:44.66	Zeeland West	Allendale/GVSU Laker Challenge.....	3/22/2023
5:45.88	Hamilton	Allendale/GVSU Laker Challenge.....	3/22/2023
5:57.16	Hudsonville	Allendale/GVSU Laker Challenge.....	3/22/2023
5:57.24	Jenison	Allendale/GVSU Laker Challenge.....	3/22/2023
6:00.02	Whitehall	Allendale/GVSU Laker Challenge.....	3/22/2023
6:04.10	East Kentwood	Allendale/GVSU Laker Challenge.....	3/22/2023
6:06.57	Rockford	Allendale/GVSU Laker Challenge.....	3/22/2023
6:08.74	Hastings	Allendale/GVSU Laker Challenge.....	3/22/2023

**DISTANCE MEDLEY**

10:14.84	Northville (6M)	Boston/New Balance Nationals .....	3/10/2023
	(David Whitaker 3:10.22, Brandon Latta 50.51, Brock Malaikal 2:01.32, Brendan Herger 4:12.80)		
10:37.00	Ann Arbor Pioneer (A2)	Boston/New Balance Nationals .....	3/10/2023
	(Eric Overdier 3:14.51, Justin Pacernick 52.96, Vince Peterson Sand 2:01.45, Thomas Kerber 4:28.09)		
10:43.74	Northville (6M)	Boston/New Balance Nationals .....	3/10/2023
	(Brady Heron 3:14.03, Nicholas Yaquinto 55.63, Raunak Chattopadhyay 2:04.33, Ethan Powell 4:29.75)		
10:46.78	New Baltimore Anchor Bay (LSC)	Boston/New Balance Nationals .....	3/10/2023
	(Thomas Westphal 3:04.78, Aiden Champagne 54.04, Aidan Leslie 2:10.64, Zachary Rubicz 4:37.33)		
10:48.29	Wyoming Potters House (C)	Grand Rapids/Aquinas MITS .....	2/11/2023
10:48.42	Pinckney (J)	Boston/New Balance Nationals .....	3/10/2023
	(Ethan Sandula 3:19.86, Colten Lumadue 53.02, Zach Debeauclair 2:04.27, Evan Loughridge 4:31.29)		
10:59.53	East Kentwood (KTC)	Grand Rapids/Aquinas MITS .....	2/11/2023

**Oversized Track:**

10:36.16	Pinckney (J)	Ypsilanti/MITS Finals .....	2/25/2023
10:41.50	Northville (6M)	Saginaw/SVSU Distance Festival.....	2/11/2023
10:44.23	Fraser (F)	Ypsilanti/MITS Finals .....	2/25/2023
10:44.99	Wyoming Potters House (KT)	Ypsilanti/MITS Finals .....	2/25/2023
10:47.94	Livonia Churchill (MM)	Ypsilanti/MITS Finals .....	2/25/2023
10:51.13	Ann Arbor Pioneer (A2)	Ypsilanti/LAB #4.....	1/14/2023
10:53.23	Novi (N6)	Ypsilanti/MITS Finals .....	2/25/2023
10:54.32	Ann Arbor Skyline (VN)	Ypsilanti/MITS Finals .....	2/25/2023
10:56.30	Whitehall (DK)	Ypsilanti/MITS Finals .....	2/25/2023
11:03.12	Jenison (NS)	Ypsilanti/MITS Finals .....	2/25/2023

**Mixed Teams:**

**Oversized Track:**

10:17.72	Up North Elite #	Ypsilanti/MITS Finals .....	2/25/2023
	(Dakota Dykhuis/Blanchard Montabella 3:12.4, Pol Molins/Benzie Central 54.0, Owen Westerkamp/Big Rapids 1:59.1, Hunter Jones/Benzie Central 4:12.2)		
10:41.35	Project 131 #	Ypsilanti/MITS Finals .....	2/25/2023
10:45.88	Flatlanders #	Ypsilanti/MITS Finals .....	2/25/2023
10:50.40	Elite Performance #	Ypsilanti/MITS Finals .....	2/25/2023
10:56.43	Up North TC #	Ypsilanti/MITS Finals .....	2/25/2023
11:00.63	All About Speed #	Ypsilanti/MITS Finals .....	2/25/2023
11:01.14	Vehicle City #	Saginaw/SVSU Distance Festival.....	2/11/2023

**4 x 55m SHUTTLE HURDLES**

32.15	Elite Performance #	Virginia Beach/adidas Nationals .....	3/18/2023
	(Colin Bastuba 8.14, Jaxson Tober 7.98, Vincent Dancel 8.30, Andrew Drakos 7.73)		

**MIXED 4 x 400 (OT)**

4:28.73	Reed City (unat)	Saginaw/SVSU #6 .....	2/18/2023
4:28.75	Shepherd (PP)	Saginaw/SVSU #6 .....	2/18/2023

**Mixed Teams:**

4:02.36	Midland TC #	Saginaw/MITS #4 .....	1/21/2023
4:05.19	Irish AC #	Saginaw/SVSU #6 .....	2/18/2023
4:12.15	Up North #	Saginaw/SVSU #6 .....	2/18/2023

4:15.41 MMTc #  
4:26.97 MTC #  
4:29.32 Thumb TC #

Saginaw/SVSU #6 .....2/18/2023  
Saginaw/SVSU #6 .....2/18/2023  
Saginaw/MITS #4 .....1/21/2023