

These are the original and most authoritative lists available. They represent an effort of more than 40 years of researching and compiling. They include all legitimate indoor meets, both in Michigan and out-of-state. Please help keep this crucial historical effort going by supporting Michtrack.org. (<https://michtrack.org/donate>)

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Remember that some of these lists are *long* and have sub-categories. Most running events will show legal, automatic-timed (FAT) marks first, and that will be followed by a sublist of marks on oversized tracks (where applicable), and then in the case of the sprints/hurdles, hand-times.

Symbols: +=converted mark; #=mark set en route to longer distance.

Updated 12/31/2024 (does not include the current '25 season)

Corrections welcome: jeff@michtrack.org

Relays: We'd like to include names/splits. If you have any, please contact me.

JUST CLICK ON THE EVENT YOU WANT TO JUMP TO:

TRACK

50M	55M	60M	100M	200M
300M	400M	500M	600Y	600M
800M	1000Y	1000M	1500M	1600M
1M	2K Steeple	3000M	3200M	2M
5000	50H	55H	60H	300H

FIELD

HIGH JUMP	POLE VAULT	LONG JUMP	TRIPLE JUMP	SHOT
DISCUS	WEIGHT	PENTATHLON		

RELAYS

TOP PERFORMANCES <i>the top races ever, which will include multiple performances by a single school</i>	TOP SCHOOLS <i>the top school records of all-time—only one listing per school</i>
4 x 200	4 x 200
4 x 400	4 x 400
4 x 800	4 x 800
4 x MILE	
800 SPRINT MEDLEY	
1200 SPRINT MEDLEY	
1600 SPRINT MEDLEY	1600 SPRINT MEDLEY
2400 MEDLEY	
DISTANCE MEDLEY	DISTANCE MEDLEY

50 METERS

6.27#	Kaila Jackson (Detroit Renaissance)12	New York/Millrose Games (60)	1/29/2022
6.51#	Taryn Henderson (Farmington Hills Mercy)10	Boston/New Balance Nationals (60)	3/12/2023
6.66#	Jayla Dace (Detroit Renaissance)10	Boston/New Balance Nationals (60)	3/12/2023
6.70#	Olivia Jenkins (Detroit Renaissance)12	New York/NB Nationals (h) (60)	3/12/2022
6.71#	Jenkins	New York/Millrose Games (60)	1/29/2022
6.74#	Keyanna O'Tey (Sturgis)9	New York/NB Nationals (h) (60)	3/12/2022
6.75	Alanna Mestelle (White Pigeon)12	Allendale/GV Inv C-D.....	3/24/1998
6.78#	Dace	New York/NB Nationals (h) (60)	3/12/2022
6.79	Kanisa Williams (Detroit Cass Tech)11	Merrillville/AAU (55)	2/18/1996
6.79#	Henderson	New York/NB Nationals (60).....	3/12/2022
6.83	Teneishia Price (Benton Harbor)12	Allendale/GVSU Inv	3/26/2002
6.83	Shayla Mahan (Detroit Mumford)12	Findlay/Findlay HS Invite (55)	1/20/2007
6.85	Chanese Mendenhall (East Kentwood)10	Allendale/GVSU Div 1/2 Inv	3/20/2007
6.86	Pamela Brown (Flint Northern)12	(60y).....	/1984
6.86	Kristi Mullins (Highland Park)10	/1985
6.86#	Madison Sheard (Detroit Renaissance)11	New York/NB Nationals (h) (60)	3/12/2022

6.88	Tierra Youngblood (East Kentwood)12	Allendale/GVSU Div 1/2 Inv	3/20/2007
6.88	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s) (55)	3/11/2018
6.88#	Elizabeth Anderson (New Boston Huron)11	New York/NB Nationals (h) (60)	3/12/2022
6.89	Shuntia Lucas (Benton Harbor)11	Allendale/GVSU Inv	3/26/2002
Chip Timing:			
6.49#	Kamryn Tatum (West Bloomfield)10	New York/Nike Indoor (h) (s) (60).....	3/10/2024
6.51#	Tatum	New York/Nike Indoor (60) (h).....	3/ 9/2024
6.65#	Taryn Henderson (Farmington Hilld Mercy)11	New York/Nike Indoor (60) (h).....	3/ 9/2024
6.68#	Keyanna O'Tey (Sturgis)11	New York/Nike Indoor (60) (h).....	3/ 9/2024
6.82#	Heaven Copeland (Romulus Summit)12	New York/Nike Indoor (60) (h).....	3/ 9/2024
Hand-timed:			
6.2	Elaine Jones (Detroit Chadsey)11	London, Ontario	2/ 2/1980
6.3	Alfreda Daniels (Detroit Cass Tech)11	Quebec City/Canadian Ch	3/25/1972
6.3	Carrmen Rivers (Detroit MacKenzie)10	London/Western Op (s).....	1/31/1976
6.3	Angela Johnson (Detroit Cass Tech)10	London/Western Op (s).....	1/31/1976
6.3	Rivers	London/Western Op.....	1/31/1976
6.3	Rivers	Hamilton.....	2/19/1977
6.3	Rivers	London	/1978
6.3	Andrea Nranian (Dearborn)11	London	12/ 2/1978
6.3	Vivien McKenzie (Detroit Chadsey)12	/1982
6.3	Teneishia Price (Benton Harbor)12	Allendale/GVSU Inv (h).....	3/26/2002
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6.4	Athleen Bowles (Detroit Ford)11	London	12/ 4/1976
6.4	Lisa Glenn (Detroit Cody)10	London	/1982
6.5	Karen Buford (Detroit Southeastern)10	Scarborough/Central Lions	3/13/1971
6.5	Kori Gifford (Bloomfield Hills Andover)12	Burlington.....	12/15/1979
6.5	Travonia Clay (Muskegon)11	Grand Rapids/MITS	1/28/2003
6.6	Sheila Gillium (MC)?	Ontario Senior Ch	2/24/1973
6.6	Delisa Walton (Detroit Mackenzie)10	London	3/12/1977
6.6	Allison Ware (Detroit Cooley)10	London	3/12/1977

55 METERS

(+ = 60y plus .01)

6.79	Kanisa Williams (Detroit Cass Tech)11	Merrillville/National AAU.....	2/18/1996
6.79#	Kaila Jackson (Detroit Renaissance)12	New York/Millrose Games (60)	1/29/2022
6.80#	Jackson	New York/NB Nationals (60)	3/13/2022
6.83	Shayla Mahan (Detroit Mumford)12	Findlay/Findlay HS Invite	1/20/2007
6.83	Mahan	Findlay/Findlay HS Invite	3/ 3/2007
6.84	Mahan	Findlay/Findlay HS Invite (h).....	1/20/2007
6.87+	Pamela Brown (Flint Northern)12	/1984
6.87#	Jackson	New York/NB Nationals (s) (60).....	3/13/2022
6.88#	Mahan	New York/National Scholastic (60).....	3/11/2007
6.88#	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s) (60).....	3/11/2018
6.89#	Stark	New York/NB Nationals (60)	3/11/2018
6.90	Mahan	Findlay/M-F Athletic Inv	3/ 4/2006
6.90#	Stark	New York/NB Nationals (h) (60).....	3/10/2018
6.90#	Jackson	Virginia Beach/adidas Nationals (60)	2/28/2021
6.91#	Jackson	New York/NB Nationals (h) (60).....	3/12/2022
6.92#	Jackson	New York/NB Nationals (60) (h).....	3/10/2019
6.93	Mahan	Kent/HS Open.....	2/ 3/2007
6.95#	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/NSI (60m).....	3/12/1995
6.95#	Jackson	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
6.97+	Shirley Evans (Detroit Country Day)9	/1985
6.97	Mahan	Findlay/M-F Athletic Inv (h)	3/ 4/2006
6.97#	Jordan Clark (Southfield Lathrup)12	New York/NB Nationals (h) (60).....	3/12/2011
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6.98	Kendall Baisden (Detroit Country Day)9	Findlay/HS Open.....	1/23/2010
7.00+	Stacey Randolph (Detroit Cass Tech)10	/1985
7.00	Porsche Ries (Detroit Mumford)12	Blacksburg/Virginia Tech Inv.....	1/29/2005
7.01	Elaine Jones (Detroit Chadsey)11	Richfield/Cleveland K of C	2/10/1980
7.02	Vivien McKenzie (Detroit Chadsey)12	Richfield/Cleveland K of C	2/ 6/1982
7.02#	Anavia Battle (Wayne)12	New York/NB Nationals	3/10/2017
7.03+	Carrmann Rivers (Detroit MacKenzie)10	Cleveland	2/14/1976
7.03+	Charmaine Byer (AA Pioneer-TRI)12	/1984
7.03#	Kamryn Tatum (West Bloomfield)10	New York/Nike Indoor (h) (s) (60).....	3/10/2024
7.07	Kyra Jefferson (Detroit Cass Tech)11	Bowling Green/Black Jack (h).....	1/22/2011
7.07#	Sekayi Bracey (East Kentwood)9	New York/NB Nationals (h) (60).....	3/ 8/2013

7.08#	Madison Meredith (Beverly Hills Groves)12	New York/NB Nationals (60) (h).....	3/11/2016
7.10	Vera Pruitt (Detroit Chadsey)11	Cleveland	2/ /1983
7.10	Tiarra Jones (Detroit Cass Tech)11	East Lansing/Spartan A (h).....	4/ 3/1999
7.10#	Mackenzie Fields (Berkley)10	New York/NB Nationals (h)	3/10/2017
7.11+	Kim Turner (Detroit Mumford)11	Warren	1/13/1978
7.11	Yvette Smiley (Detroit Central)12	Cleveland	/1989
7.12+	Marita Rimpson (Benton Harbor)12	/1985
7.12+	Dawn Adams (Detroit Cooley)12	/1989
7.12#	Teanna Murray (Rochester)12	New York/NB Nationals (60)	3/11/2011
7.13	Vania Nelson (AA Pioneer)12	(hst).....	/1992
7.13	Karla Marshall (Detroit Cass Tech)12	Findlay/MF Inv	3/17/2001
7.13#	Olivia Jenkins (Detroit Renaissance)11	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
7.15#	Tiffani Owens (Ortonville-Brandon)11	New York/NB Nationals (h)	3/12/2011
7.15#	Savannah Roberson (Ypsilanti Lincoln)12	New York/NB Nationals (60)	3/14/2014
7.15#	Aasia Laurencin (Oak Park)9	New York/NB Nationals	3/10/2017
7.16	Angka Morris (Farmington Hills Mercy)12	Ann Arbor/MITCA State (s)	3/10/1999
7.17#	Jayla Dace (Detroit Renaissance)9	New York/NB Nationals (60).....	3/12/2022
7.18	Latonya Jones (Saginaw Buena Vista)11	East Lansing/Spartan B	4/ 4/1997
7.18#	Keyanna O'Tey (Sturgis)9	New York/NB Nationals (60)	3/12/2022
7.19+	Shamekia Dunwoody (Detroit Cass T)11	(hst).....	/1991
7.19#	Ashley Keyes (Rochester)12	New York/National Scholastic (60) (h) ...	3/12/2010
7.19#	Berrion Berry (Rochester Stoney Creek)12	New York/NB Nationals (60)	3/ 9/2012
7.19#	Qe'Neisha Young (East Kentwood)9	New York/NB Nationals (h)	3/10/2017
7.19#	Amani Nuels (Jackson)11	New York/NB Nationals (h) (60).....	3/10/2018
7.21	Melanie Williams (Southfield)12	Hillside/Youth National Inv	2/ 5/2000
7.21	Devin Easter (Big Rapids)11	Allendale/MITS.....	1/11/2003
7.21	Ariss Seals (Detroit Cass Tech)12	Knoxville/Volunteer	2/15/2003
7.21#	Fatouma Conde (Ann Arbor Huron)12	Virginia Beach/adidas Nationals (h) (60)	2/27/2021
Hand-timed:		Columbus.....	1/ 8/1972
6.5y	Alfreda Daniels (Detroit Cass Tech)11	Ann Arbor/MITCA.....	2/14/1997
6.5	Kanisa Williams (Detroit Cass Tech)12	Champaign.....	1/13/1973
6.6y	Daniels	Chicago/Op.....	2/12/1972
6.6y	Daniels	Ypsilanti (h).....	4/13/1968
6.7y	Carolyn Coleman (Ecorse)10	East Lansing/Spartan.....	3/30/1989
6.7	Crystal Braddock (AA Pioneer)12	East Lansing/Spartan.....	3/30/1989
6.7	Patrice Verdun (Flint Central)12	Ypsilanti/Michigan AAU.....	4/ 1/1967
6.8y	Coleman	Ypsilanti	4/13/1968
6.8y	Coleman	Ypsilanti/Michigan AAU.....	4/ 4/1970
6.8y	Karen Buford (Detroit Southeastern)9	New York/USA Ch	2/25/1972
6.8y	Daniels	Champaign/Op.....	3/ 4/1972
6.8y	Daniels	Champaign/Op.....	3/ 4/1972
6.8y	Daniels	Columbus	1/ 6/1973
6.8y	Daniels	Champaign.....	1/14/1973
6.8y	Carmann Rivers (Detroit MacKenzie)12	Cleveland/K of C	2/12/1977
6.8y	Andrea Nranian (Dearborn)11	Warren	1/13/1978
6.8y	Rivers	Cleveland/K of C	2/11/1978
6.8y	Jones	East Lansing	/1980
6.8y	Kori Gifford (Bloomfield Hills Andover)12	East Lansing	/1980
6.8y	Vivien McKenzie (Detroit Mumford)12	East Lansing/Spartan.....	/1982
6.8	Helen Green (Okemos)?	East Lansing/Spartan.....	3/30/1989
6.8y	Kristie Mullins (Highland Park)11	Ann Arbor/MITCA State	3/12/1986
6.8	Tiarra Jones (Detroit Cass Tech)11	Ann Arbor/MITCA (s)	1/29/1999

60 METERS

7.26	Shayla Mahan (Detroit Mumford)12	Lexington/Kentucky Inv.....	2/17/2007
7.26	Kaila Jackson (Detroit Renaissance)12	Louisville/CYUP Cabin Fever.....	1/ 7/2022
7.29	Mahan	Ann Arbor/MITS State	3/17/2007
7.30	Jackson	Chicago/CYUP Misfits.....	1/22/2022
7.30	Jackson	Ypsilanti/MITS Champs (s)	2/26/2022
7.31	Jackson	New York/Millrose Games.....	1/29/2022
7.31	Jackson	Saginaw/SVSU MITS #5	2/19/2022
7.31	Jackson	Ypsilanti/Lincoln Indoor Classic	4/ 9/2022
7.32	Mahan	Warren/MITS (h)	1/ 4/2007
7.32	Jackson	Ypsilanti/MITS Champs	2/27/2022
7.32	Jackson	New York/NB Nationals	3/13/2022
7.34	Jackson	Houston/Fastrack Challenge.....	2/ 5/2022

7.35	Mahan	Ann Arbor/MITS State	3/18/2006
7.35	Jackson	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
7.36	Mahan	Lexington/Kentucky Select	2/18/2006
7.36	Mahan	New York/National Scholastic (s)	3/10/2007
7.36	Mahan	Ann Arbor/MITS State (s)	3/17/2007
7.38	Jackson	Saginaw/SVSU MITS #3	1/15/2022
7.39	Jackson	Chicago/CYUP Misfits (h)	1/22/2022
7.39	Jackson	New York/NB Nationals (s)	3/13/2022
7.40	Mahan	New York/National Scholastic	3/11/2007
7.40	Mahan	Ann Arbor/MITS State (h)	3/17/2007
7.40	Grace Stark (White Lake Lakeland)11	New York/NB Nationals (s)	3/11/2018
7.40	Jackson	Ypsilanti/MITS State	3/20/2021
7.41	Stark	Lexington/UK Invitational	2/17/2018
7.41	Jackson	Ypsilanti/LAB MITS #3	12/30/2021
7.42	Mahan	Ypsilanti/MITS	2/ 7/2007
7.42	Mahan	Lexington/Kentucky Inv (h)	2/17/2007
7.42	Stark	New York/NB Nationals	3/11/2018
7.43	Mahan	New York/National Scholastic	3/12/2006
7.43	Mahan	Bloomington/Indiana Open	1/ 6/2007
7.43	Stark	New York/NB Nationals (h)	3/10/2018
7.43	Jackson	Ypsilanti/MITS State (h)	3/20/2021
7.43	Jackson	Saginaw/SVSU MITS #1	12/11/2021
7.43	Jackson	Louisville/CYUP Cabin Fever (h)	1/ 7/2022
7.44	Jackson	New York/NB Nationals (h)	3/10/2019
7.44	Jackson	Virginia Beach/adidas Nationals	2/28/2021
7.44	Jackson	Ypsilanti/MITS Champs (h)	2/26/2022
7.45	Mahan	New York/National Scholastic (h)	3/11/2006
7.45	Mahan	New York/National Scholastic (h)	3/ 9/2007
7.45	Jackson	New York/NB Nationals (h)	3/12/2022
7.46	Kendall Baisden (Detroit Country Day)10	Bowling Green/Sink	1/30/2011
7.46	Jackson	New York/NB Nationals	3/10/2019
7.46	BreeAna Bates (Dearborn Edsel Ford)11	Ypsilanti/MITS State	2/23/2020
7.46	Jackson	Geneva/Ohio Preview	1/30/2021
7.46	Jackson	Ypsilanti/Lincoln Indoor Classic (h)	4/ 9/2022
7.46	Kamryn Tatum (West Bloomfield)10	Ypsilanti/MITS Finals	2/25/2024
7.47	Kanisa Williams (Detroit Cass Tech)12	Windsor/Christmas Op (h)	12/14/1996
7.47	Mahan	East Lansing/MITS (h)	1/15/2007
7.47	Mahan	East Lansing/MITS	1/15/2007
7.47	Stark	Geneva/SPIRE Scholastic	2/11/2018
7.47	Jackson	Ypsilanti/LAB Indoor #4	2/19/2021
7.47	Jackson	Ypsilanti/Huron Relays Large (h)	3/26/2022
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7.48	Kyra Jefferson (Detroit Cass Tech)12	Ann Arbor/MITS	2/16/2012
7.50	Porsche Ries (Detroit Mumford)12	Lexington/Kentucky Inv	2/19/2005
7.50	Qu-Neisha Young (East Kentwood)12	Saginaw/MITS #5	2/ 8/2020
7.51	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/NSI	3/12/1995
7.51	Jordan Clark (Southfield Lathrup)12	New York/NB Nationals (h)	3/12/2011
7.54	Sekayi Bracey (East Kentwood)12	Lexington/Kentucky Inv	2/20/2016
7.55	Tiarra Jones (Detroit Cass Tech)11	Columbus/nic	3/14/1999
7.55	Anavia Battle (Wayne)12	Allendale/MITS	12/ 3/2016
7.55	Olivia Jenkins (Detroit Renaissance)11	Ypsilanti/MITS State	3/20/2021
7.56	Anna Jefferson (Oak Park)12	Ypsilanti/MITS	2/18/2016
7.56	Leeah Burr (Detroit Renaissance)12	Ypsilanti/MITS Champs	2/27/2022
7.56	Jayla Dace (Detroit Renaissance)10	Ypsilanti/LAB #2	12/30/2022
7.59	Karla Marshall (Detroit Cass Tech)12	Ann Arbor/State Champs	3/14/2001
7.59	Tamea McKelvy (Oak Park)12	Ypsilanti/Huron Relays (large)	3/25/2017
7.61	Britten Bowen (Ann Arbor Pioneer)11	Ann Arbor/Spring Preview	3/30/2017
7.61	Amani Nuels (Jackson)11	Geneva/SPIRE Scholastic	2/11/2018
7.61	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/MITS Finals (s)	2/25/2023
7.62	Shameakia Dunwoody (Detroit Cass T)12	Windsor	12/21/1992
7.62	Janae Barksdale (Oak Park)10	Grand Rapids/MITS State (s)	2/25/2017
7.63	Melanie Williams (Southfield)12	New York/NSI (h)	3/11/2000
7.63	Madison Meredith (Beverly Hills Groves)12	New York/NB Nationals (h)	3/11/2016
7.63	Sabree Brooks (Detroit Renaissance)9	Ypsilanti/MITS Finals (s)	2/25/2023
7.65	Dani Drayton (Troy)9	Lexington/Kentucky Inv	2/17/2007
7.65	Mackenzie Fields (Berkley)10	New York/NB Nationals (h)	3/10/2017
7.66	Taylor Manson (East Lansing)12	Saginaw/SVSU D1	3/22/2017
7.67	Kristie Mullins (Highland Park)11	/1986
7.67	Keyria Calloway (Detroit Crockett)12	Ann Arbor/MITS State (s)	3/17/2007

7.67	Cindy Ofili (Ann Arbor Huron)12	Ann Arbor.....	2/16/2012
7.67	Aasia Laurencin (Oak Park)10	Ypsilanti/Huron Relays (large)	3/24/2018
7.67	Kylee Poulton (Holland Black River)12	Grand Rapids/Aquinas Challenge	3/29/2022
7.67	Keyanna O'Tey (Sturgis)11	Ypsilanti/MITS Finals (s)	2/24/2024
7.68	Teanna Murray (Rochester)12	New York/NB Nationals	3/11/2011
7.68	Savannah Roberson (Ypsilanti Lincoln)12	New York/NB Nationals	3/14/2014
7.68	Chaniya Madison (Bridgeport)11	Ypsilanti/MITS State (h)	3/20/2021
7.68	DaKya Cunningham (Berkley)12	Ypsilanti/LAB #9.....	2/18/2023
7.69	Christienne Linton (Romulus)12	Boston/Nike Indoor (h)	3/15/2009
7.70	Tiffani Owens (Ortonville-Brandon)11	Ypsilanti/MITS State (s)	2/26/2011
7.70	Fatouma Conde (Ann Arbor Huron)12	Ypsilanti/LAB Indoor #9	3/ 6/2021
7.70	Chaniya Madison (Bridgeport)12	Saginaw/SVSU MITS #3.....	1/15/2022
7.71	Jewel Davis (Plymouth)12	Ypsilanti/MITS	2/ 4/2016
7.71	Priscilla Trainor (Lansing Waverly)10	East Lansing/MSU True Team.....	3/27/2018
7.71	Ke'Vina Finch (Harrison Twp L'Anse C)12	Ypsilanti/MITS Finals (s)	2/25/2023
7.71	Jayla Graham (Detroit Renaissance)12	Ann Arbor/UM HS Invitational (h)	1/21/2024
7.72	Brooke Bogan (Ann Arbor Huron)11	Grand Rapids/MITS State (h).....	2/27/2016
7.72	Reghan Draper (Plymouth)11	Ypsilanti/Huron Relays (large)	3/24/2018
7.72	Miyah Brooks (Oak Park)12	Ypsilanti/Huron Relays (large)	3/24/2018
7.72	Gabrielle Jeffries (Bloomfield Hills)11	Saginaw/SVSU D1	3/23/2022
7.73	Jewel Thomas (Southfield Lathrup)11	Ypsilanti/MITS State	2/27/2010
7.73	Berrion Berry (Rochester Stoney Creek)12	Ypsilanti/MITS State	2/25/2012
7.73	Comari Hawkins (East Lansing)12	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
7.74	Erica Hobson (Detroit Cass Tech)10	Ypsilanti/MITS State	2/27/2010
7.74	Payten Williams (Bridgeport)12	Geneva/SPIRE Scholastic Showcase (h)2/10/2019	
7.74	Mackenzie Robinson (Ann Arbor Huron)11	Ypsilanti/MITS Champs	2/27/2022
7.75	Ashley Keyes (Rochester)12	New York/National Scholastic (h).....	3/12/2010
7.75	Quenee' Dale (Romulus)10	New York/NB Nationals	3/ 9/2012
7.75	Dominique Funchess (Det Renaissance)11	Mt Pleasant/MITS State	2/23/2013
7.75	Madison Eaton (Lake Orion)12	Saginaw/MITS.....	1/19/2019
7.75	Mercedes Chandler (Wyoming Kelloggsville)12	Ypsilanti/MITS State (h)	2/22/2020
7.76	Ariss Seals (Detroit Cass Tech)12	Lexington/Kentucky Inv (h).....	2/22/2003
7.76	Jessica Jones (Detroit Renaissance)10	Lexington/Kentucky Inv	2/22/2003
7.76	Michaela Lewis (Flint Southwestern)12	Ypsilanti/MITS State (s)	2/26/2011
7.76	Jessica Howell (Rochester)12	Mt Pleasant/MITS State	2/23/2013
7.76	Tori Carroll (Detroit Cass Tech)11	Saginaw/MITS State (s)	2/24/2018
7.76	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/LAB #9.....	2/18/2023
7.77	Vivien McKenzie (Detroit Chadsey)12	/1982
7.77	Taylor Hopp (Jenison)12	Ypsilanti/MITS State	2/28/2015
7.78	Kate Zang (Rockford)12	Grand Rapids/Aquinas MITS (h)	12/11/2021
7.79	Charmaine Byer (Ann Arbor Pioneer)12	/1984
7.79	Jordan Dunn (Lansing Waverly)12	East Lansing/MSU True Team.....	3/27/2007
7.79	Andriana Smith (Bridgeport)12	Grand Rapids/MITS State	2/27/2016
7.79	Mizan Thomas (Detroit Renaissance)11	Ann Arbor/MITS	2/18/2017
7.79	Lindsay Strutz (Hartland)10	Saginaw/MITS (h)	1/20/2018
7.79	Kaitlyn Rush (West Bloomfield)12	Hillsdale/Charger Elite	1/25/2020
7.80	Ann Lampkin (Detroit Redford)12	/1986
7.80	Elise Brown (Jackson)12	East Lansing/MSU Playmakers.....	3/25/2008
7.80	Madaline Hall (Fenton)12	Grand Rapids/MITS State	2/26/2017
7.80	Lindsay Johnson (Detroit Cass Tech)10	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
7.80	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/Lincoln Indoor Classic	4/ 9/2022
7.80	Lauren Wooten (Grand Blanc)10	Ypsilanti/LAB #7.....	2/ 4/2023
7.80	Heaven Copeland (Romulus Summit North)12	Ypsilanti/LAB #7 (h)3.....	2/ 3/2024
7.81	Chanelle Wright (Detroit Mumford)10	Ann Arbor/MITS State (h).....	3/ 6/2004
7.81	Sarita Dotson (Battle Creek Lakeview)12	Allendale/Laker Challenge	3/21/2013
7.81	Ryen Draper (Plymouth)11	Hillsdale/MITS.....	1/16/2016
7.81	Jade Sabir (Canton)10	Ann Arbor/MITS	2/10/2017
7.81	Isabella Davis (Rochester Hills Stoney Crk)10	Lexington/Kentucky Inv (h).....	2/18/2017
7.81	Angelica Floyd (Clinton Twp Chippewa Vall)12	Ypsilanti/Huron Relays (large)	3/25/2017
7.81	Demetria Royster (Flushing)11	Ypsilanti/MITS State (s)	2/22/2020
7.81	Nonah Waldron (Oak Park)11	Ypsilanti/LAB MITS #8	2/ 5/2022
7.81	Maya Rollins (Ann Arbor Pioneer)12	Saginaw/SVSU MITS #4.....	1/20/2024
7.82	Kynihay Brown (Muskegon)12	Ypsilanti/MITS State (h)	2/28/2015
7.82	Mildrenie Young (Flint Southwestern)12	Ypsilanti/MITS State	2/28/2015
7.82	Chloe Abbott (Northville)12	New York/NB Nationals (h)	3/11/2016
7.82	Madison Sheard (Detroit Renaissance)12	Ypsilanti/LAB #2.....	12/30/2022
7.82	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/LAB #9.....	2/18/2023
Hand-timed:			
7.3	Charnell Lynn (Inkster)11	(hst).....	/1994

7.3	Tiarra Jones (Detroit Cass Tech)10
7.4	Lynn
7.5	Jones
7.5	Ariss Seals (Detroit Cass Tech)12
7.5	Jeanetta Stuttz (Detroit Mumford)10

Windsor/Xmas Op.....	12/13/1997
Windsor (7.34)	2/13/1994
Windsor/Xmas Youth Open.....	12/13/1997
Warren/MITS.....	1/24/2003
East Lansing/MITS.....	2/ 3/2003

100 METERS

11.82	Kaila Jackson (Detroit Renaissance)11
12.62	Janell Brown (East Lansing)9
13.85	Morgan Boze (Saline)12

Hand-timed:

12.2	Olivia Jenkins (Detroit Renaissance)11
14.2	Julia Inge (Saline)11
14.7	Paige Dewey (East Lansing)11

Ypsilanti/Spring Classic	4/10/2021
Ypsilanti/Spring Classic.....	4/10/2021
Ypsilanti/Spring Classic.....	4/10/2021

Ypsilanti/Spring Classic.....	4/10/2021
Ypsilanti/Spring Classic.....	4/10/2021
Ypsilanti/Spring Classic.....	4/10/2021

200 METERS

23.84	Kaila Jackson (Detroit Renaissance)12
23.89	Kendall Baisden (Detroit Country Day)9
23.90	Shayla Mahan (Detroit Mumford)12
23.97	Mahan
23.97	Kyra Jefferson (Detroit Cass Tech)11
24.00	Jackson
24.08	Anavia Battle (Wayne)12
24.11	Jefferson
24.13	Mahan
24.13	Baisden
24.14	Baisden
24.15	Tamea McKelvy (Oak Park)12
24.16	Leeah Burr (Detroit Renaissance)10
24.17	Mahan
24.17	Jefferson
24.19	Jackson
24.22	Jackson
24.23	Battle
24.25	Mahan
24.30	Jefferson
24.31	Baisden
24.31	Jefferson
24.34	Dynasty McGee (Ypsilanti)12
24.34	Burr
24.35	Burr
24.36	Jessica Jones (Detroit Mumford)12
24.36	Jefferson
24.36	Burr
24.36	Burr
24.39	Porsche Ries (Detroit Mumford)12
24.42	Jefferson
24.43	Jones
24.44	Mahan
24.44	Jackson
24.45	Jewel Davis (Plymouth)12
24.46	Ries
24.46	Jackson
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24.51	Kamryn Tatum (West Bloomfield)10
24.55	Taylor Manson (East Lansing)11
24.56	Taryn Henderson (Farmington Hills Mercy)10
24.56	Cayla Hawkins (East Lansing MS)7
24.62	Brooke Gray (Brighton)12
24.64	Jayla Dace (Detroit Renaissance)10
24.67	Savannah Roberson (Ypsilanti Lincoln)12
24.67	Zalonya Eby (Carleton-Airport)12
24.73	Julia Ford (Detroit Cass Tech)10
24.73	Paige Patterson (Dearborn Divine Child)12
24.77	Melanie Williams (Southfield)12

Houston/Fastrack Challenge.....	2/ 5/2022
New York/National Scholastic.....	3/14/2010
New York/National Scholastic (h).....	3/10/2007
New York/National Scholastic.....	3/12/2006
New York/NB Nationals	3/13/2011
Virginia Beach/AAU Nationals.....	3/13/2021
New York/NB Nationals (h)	3/11/2017
New York/NB Nationals (h)	3/10/2012
New York/National Scholastic.....	3/11/2007
New York/National Scholastic (h).....	3/13/2010
Ypsilanti/MITS State	2/27/2010
New York/NB Nationals (h)	3/11/2017
Ypsilanti/MITS State	2/23/2020
Bloomington/Indiana Open.....	1/ 6/2007
New York/NB Nationals (h)	3/12/2011
Chicago/Akinosun Elite	2/ 5/2021
Louisville/Coach O Invite.....	1/ 8/2022
Hillsdale/Charger Elite	1/21/2017
Findlay/Findlay HS Invite	1/20/2007
Roxbury/Nike Indoor	3/14/2010
New York/NB Nationals (h)	3/12/2011
Ypsilanti/MITS State	2/25/2012
New York/NB Nationals	3/11/2011
Virginia Beach/AAU Nationals.....	3/13/2021
Houston/Fastrack Challenge.....	2/ 5/2022
New York/National Scholastic.....	3/13/2005
Ypsilanti/MITS State	2/26/2011
Houston/Lewis Inv.....	1/18/2020
Virginia Beach/adidas Nationals (h)	2/26/2021
New York/National Scholastic (h).....	3/12/2005
New York/NB Nationals	3/11/2012
New York/National Scholastic (h).....	3/12/2005
New York/National Scholastic (h).....	3/12/2006
Virginia Beach/AAU Nationals (h)	3/12/2021
New York/NB Nationals (h)	3/12/2016
New York/National Scholastic.....	3/13/2005
Virginia Beach/adidas Nationals (h)	2/26/2021

Ann Arbor/UM HS Invitational	1/21/2024
New York/NB Nationals (h)	3/12/2016
Boston/New Balance Nationals (h)	3/11/2023
Virginia Beach/AAU Nationals.....	3/ 2/2024
Chicago/Akinosun Elite	2/ 5/2021
Boston/New Balance Nationals (h)	3/11/2023
New York/NB Nationals (h)	3/15/2014
New York/NB Nationals (h)	3/10/2017
Windsor/Ontario J-S Ch.....	2/11/1995
New York/NB Nationals (h)	3/ 9/2013
New York/National Scholastic (h)	3/11/2000

24.77	Mackenzie Robinson (Ann Arbor Huron)12	Boston/New Balance Nationals (h)	3/11/2023
24.82	Nevaeh Burns (Oak Park MS)8	Boston/New Balance Nationals (h)	3/11/2023
24.84	Elizabeth Anderson (New Boston Huron)12	Boston/New Balance Nationals (h)	3/11/2023
24.86	Charnell Lynn (Ypsilanti Willow Run)12	Syracuse/National Scholastic.....	3/12/1995
24.87	Chloe Vines (Oak Park)9	Ypsilanti/MITS.....	12/20/2018
24.87	Comari Hawkins (East Lansing)11	Virginia Beach/adidas Nationals (h)	2/26/2021
24.89	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/11/2023
24.94	Jade Sabir (Canton)12	Ypsilanti/MITS State	2/24/2019
24.95	Tenisha Griggs (Southfield Lathrup)12	Landover/Nike Indoor Classic (h).....	3/13/2004
24.98	Anna Jefferson (Oak Park)12	Ypsilanti/MITS.....	2/11/2016
24.98	Aasia Laurencin (Oak Park)10	Atlanta/Dunamis Super Meet (h).....	2/ 9/2018
25.00	Katrice Walton (Detroit Cass Tech)10	Windsor/BMJ.....	3/ 4/2000
25.00	Chloe Abbott (Northville)12	Hillsdale/MITS.....	2/21/2016
25.00	Isabella Davis (Rochester)9	New York/NB Nationals (h)	3/11/2016
25.01	Alexandria Spruel (Southfield Lathrup)12	Ann Arbor/MITS State	3/ 5/2005
25.02	Elise Glass (Dearborn Edsel Ford)11	Ann Arbor/MITS State.....	3/17/2007
25.05	Asia Elder (Detroit Renaissance)9	Boston/New Balance Nationals (h)	3/11/2023
25.12	Kai Allen (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/11/2023
25.15	Tiarra Jones (Detroit Cass Tech)12	Bloomington/NIC.....	3/12/2000
25.16	Britten Bowen (Ann Arbor Pioneer)12	New York/NB Nationals	3/ 9/2018
25.17	Jordan McNeely (Detroit MS)7	Virginia Beach/AAU Nationals (h)	3/ 1/2024
25.20	Torisa Johnson (Ann Arbor Pioneer)12	Grand Rapids/MITS State.....	2/27/2016
25.27	DaKya Cunningham (Berkley)12	Ann Arbor/UM Invitational	1/22/2023
25.29	Jordan Clark (Southfield Lathrup)10	New York/Nat. Scholastic (h)	3/15/2009
25.30	Latasha Jollett (Detroit Mumford)9	Columbus/NIC.....	3/14/1999
25.30	Zaniya King (River Rouge)12	New York/NB Nationals (h).....	3/12/2022
25.32	Gabrielle Edwards (Walled Lk Central)11	New York/NB Nationals (h)	3/10/2012
25.32	Ryen Draper (Plymouth)12	Ann Arbor/MITS	2/18/2017
25.35	Morgan Roundtree (Oak Park)12	Louisville/Indoor Games	2/ 3/2024
25.37	Sekayi Bracey (East Kentwood)12	Ann Arbor/MITS	1/22/2016
25.38	Trinity Bracey (East Kentwood)12	Ypsilanti/MITS State	2/23/2020
25.39	Jada Sabir (Canton)10	Grand Rapids/MITS State (h).....	2/25/2017
25.42	Jayla Graham (Detroit Renaissance)11	Boston/New Balance Nationals (h)	3/11/2023
25.43	Ke'Vina Finch (Harrison Twp L'Anse Creuse)12	Boston/New Balance Nationals (h)	3/11/2023
25.46	Carlita Taylor (Oak Park MS)8	New York/NB Nationals (h)	3/ 8/2013
25.46	Lailah Palmer (Beverly Hills Groves)12	Boston/New Balance Nationals (h)	3/11/2023
25.47	Heather Brown (Ann Arbor Pioneer)12	(hst).....	/1991
25.48	Landria Buckley (Romulus)11	Ann Arbor/MITS State.....	3/ 5/2005
25.52	Elise Brown (Jackson)11	Ann Arbor/MITS State.....	3/17/2007
25.52	Erica Hobson (Detroit Cass Tech)11	Ypsilanti/MITS State	2/26/2011
25.53	Crystal Lee (Detroit Cass Tech)12	Ann Arbor/State Champs	3/14/2001
25.53	Brook Bogan (Ann Arbor Huron)12	Fayetteville/Arkansas Inv (h).....	3/14/2017
25.53	Janae Barksdale (Oak Park)10	Ypsilanti/MITS.....	2/ 2/2017
25.53	Carrie VanNoy (Oak Park)11	Louisville/Indoor Games	2/ 3/2024
25.54	Taylor Korytkowski (Rockford)12	Ypsilanti/MITS State	2/23/2020
25.57	Payten Williams (Bridgeport)12	New York/NB Nationals (h)	3/ 8/2019
25.59	Asia Gardner (Westland Glenn)12	Grand Rapids/MITS State.....	2/27/2016
25.60	Chanell Wright (Detroit Mumford)12	New York/National Scholastic (h).....	3/12/2006
25.60	BreeAna Bates (Dearborn Edsel Ford)11	Hillsdale/Charger Elite	1/25/2020
25.61	Gabrielle Edwards (Walled Lake Central)12	Ypsilanti/MITS.....	2/ 6/2013
25.61	Nonah Waldron (Oak Park)9	Ypsilanti/MITS.....	1/ 4/2020
25.67	Kristie Mullins (Highland Park)11	/1986
25.67	Caprice Fields (Royal Oak MS)6	Ypsilanti/MITS.....	12/17/2015
25.68	Jakarri Alven (GR Catholic Central)12	Hillsdale/Charger Qualifier	1/19/2019
25.72	Amani Nuels (Jackson)11	Hillsdale/Charger Preview 1-2.....	3/29/2018
25.73	Kiara Moore (Ann Arbor Pioneer)11	Findlay/M-F Athletic Inv	3/ 4/2006
25.73	Priscilla Trainor (Lansing Waverly)9	Mt Pleasant/Chippewa Inv	3/28/2017
25.75	Victoria Chatman (Taylor Kennedy)12	East Lansing/MITS.....	2/14/2007
25.75	Aidia Adams (Saginaw)11	Ypsilanti/MITS State	2/23/2020
25.77	Traci Ball (Detroit Cass Tech)12	Merrillville/National AAU.....	2/27/1998
25.78	Jovonne Tyson-King (Pontiac Northern)10	Ann Arbor/MITS State.....	3/17/2007
25.78	Jasmine Brathwaite (Grosse Pointe South)12	New York/NB Nationals (h)	3/14/2014
25.79	Jewel Thomas (Southfield Lathrup)11	New York/National Scholastic (h).....	3/13/2010
25.80	Aisha Osborne (Detroit Mumford)12	Findlay/Oiler Inv	2/13/2009
25.80	Shayla France (L'Anse)11	Ann Arbor/MITS	1/ 8/2010
25.80	Imani Jackson (Detroit Renaissance)12	Ypsilanti/MITS.....	12/19/2019
25.81	Aubrey Wilson (Dearborn Divine Child)9	Grand Rapids/Gardiner Inv	3/23/2024
25.82	Christienne Linton (Romulus)12	Toronto/York Xmas Open	12/ 6/2008
25.82	Shannon McGrath (Brighton)12	Grand Rapids/MITS State.....	2/26/2017

25.83	Danielle Pierce (Detroit Cass Tech)9	Ontario Ch.....	2/ 8/1987
25.83	Jennifer Lawson (Detroit Renaissance)11	Windsor/BMJ.....	3/ 4/2000
25.85	Emma Thomas (Midland Dow)11	Ann Arbor/UM Invitational	1/22/2023
25.87	Shameakia Dunwoody (Detroit Cass)12	Windsor.....	12/21/1992
25.87	Lela Nelson (Detroit Mumford)12	Ann Arbor/State Champs	3/14/2001
25.87	Kourtney Kennard (Oak Park)12	Ypsilanti/MITS.....	1/ 4/2020
Hand-timed: (+ = 220y - 0.1)			
24.6+	Carolyn Coleman (Ecorse)10	Nat. Jr AAU (h) (24.7)	4/ 6/1968
24.8+	Liz Caldwell (Michigamme TC)10	Ypsilanti/Michigan AAU (24.9)	4/13/1968
24.9	Charnell Lynn (Inkster)11	London.....	12/18/1993
25.0	Carrman Rivers (Detroit Mackenzie)11	/1977
25.3+	Linda Blakely (Detroit Northwestern)10	Pittsburgh, Pa (25.4).....	1/13/1973
25.4	Leona Mathis (Detroit Northwestern)10	Ypsilanti/Indoor Conf.....	4/12/1969
25.4+	Julie Gibson (Detroit Cass Tech)10	Pittsburgh, Pa (25.5).....	2/11/1973
25.4	Taylor Manson (Lansing Waverly)10	East Lansing/MITS.....	1/19/2015
25.5	Keisha Spight (Detroit King)12	Bloomington/Mid-East Inv	3/ 6/1999
25.5	Taylor Lucas (Ann Arbor Huron)10	East Lansing/MITS.....	1/19/2015
25.6+	Marjorie Grimmett (Detroit Chadsey)12	Columbus (25.7)	1/ 4/1974
25.6	Traci Ball (Detroit Cass Tech)10	Ann Arbor/Wolverine Inv	3/30/1996
25.6	Elise Brown (Jackson)11	Hillsdale/MITS.....	1/25/2007
Oversized track:			
23.92	Kaila Jackson (Detroit Renaissance)12	Ypsilanti/MITS Champs.....	2/27/2022
23.96	Shayla Mahan (Detroit Mumford)11	Lexington/Kentucky Select.....	2/18/2006
24.04	Jackson	Ypsilanti/Spring Classic.....	4/10/2021
24.10	Anavia Battle (Wayne)12	Allendale/MITS.....	1/14/2017
24.11	Kendall Baisden (Detroit Country Day)9	Allendale/Big Meet	2/13/2010
24.12	Jackson	Ypsilanti/MITS Champs (h)	2/26/2022
24.18	Leeah Burr (Detroit Renaissance)10	Geneva/SPIRE Showcase	2/ 9/2020
24.19	Battle	Allendale/MITS.....	12/ 3/2016
24.26	Battle	Geneva/SPIRE Scholastic	2/12/2017
24.29	Jackson	Geneva/Ohio Preview	1/30/2021
24.34	Taylor Manson (East Lansing)11	Lexington/Kentucky Inv	2/20/2016
24.36	Jackson	Ypsilanti/LAB MITS #2	12/17/2021
24.37	Burr	Ypsilanti/MITS Champs.....	2/27/2022
24.39	Burr	Saginaw/SVSU MITS #5.....	2/19/2022
24.43	Tamea McKelvy (Oak Park)12	Geneva/SPIRE Scholastic	2/12/2017
24.44	Burr	Geneva/Ohio Preview	1/30/2021
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24.51	Kyra Jefferson (Detroit Cass Tech)11	Johnson City/KTC	2/ 5/2011
24.56	Jewel Davis (Plymouth)12	Saginaw/MITS.....	2/ 6/2016
24.56	Comari Hawkins (East Lansing)12	Saginaw/SVSU MITS #5.....	2/19/2022
24.60	Brooke Gray (Brighton)12	Ypsilanti/MITS State.....	3/20/2021
24.63	Kamryn Tatum (West Bloomfield)9	Ypsilanti/MITS Finals.....	2/26/2023
24.66	Jessica Jones (Detroit Renaissance)10	Lexington/Kentucky Inv.....	2/22/2003
24.66	Fatouma Conde (Ann Arbor Huron)12	Ypsilanti/MITS State.....	3/20/2021
24.75	Anna Jefferson (Oak Park)9	Allendale/MITS.....	1/11/2014
24.78	Tenisha Griggs (Southfield)11	Lexington/Kentucky Inv.....	2/22/2003
24.78	Sekayi Bracey (East Kentwood)12	Lexington/Kentucky Inv.....	2/20/2016
24.79	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/MITS Finals.....	2/26/2023
24.87	Ryen Draper (Plymouth)12	Geneva/SPIRE Scholastic	2/12/2017
24.87	Ke'Vina Finch (Harrison Twp L'Anse C)12	Ypsilanti/LAB Youth National Invite	2/11/2023
24.88	Jade Sabir (Canton)11	Saginaw/MITS State	2/25/2018
24.88	Mackenzie Robinson (Ann Arbor Huron)11	Ypsilanti/LAB MITS #2	12/17/2021
24.91	Nevaeh Burns (Oak Park MS)8	Ypsilanti/MITS Finals.....	2/26/2023
24.93	Savannah Roberson (Ypsilanti)12	Kent/HS Open.....	3/ 2/2014
24.95	Asia Laurencin (Oak Park)10	Saginaw/MITS.....	1/20/2018
24.99	BreeAna Bates (Dearborn Edsel Ford)11	Lexington/UK Inv.....	2/15/2020
24.99	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/MITS Finals.....	2/26/2023
25.00	Chloe Abbott (Northville)12	Geneva/SPIRE Showcase	2/13/2016
25.00	Zaniya King (River Rouge)12	Ypsilanti/MITS Champs.....	2/27/2022
25.00	Cayla Hawkins (East Lansing MS)7	Ypsilanti/LAB #6.....	1/27/2024
25.02	Janae Barksdale (Oak Park)10	Saginaw/MITS.....	2/ 4/2017
25.03	Lindsay Johnson (Detroit Cass Tech)12	Ypsilanti/LAB #7	2/ 3/2024
25.04	Dynasty McGee (Ypsilanti)12	Findlay	1/23/2011
25.04	Trinity Bracey (East Kentwood)12	Lexington/UK Inv.....	2/15/2020
25.06	Isabella Davis (Rochester Hills Stoney Creek)9	Lexington/Kentucky Inv.....	2/20/2016
25.06	Amani Nuels (Jackson)11	Geneva/SPIRE Scholastic	2/11/2018
25.09	Britten Bowen (Ann Arbor Pioneer)12	Saginaw/MITS State	2/25/2018
25.10	Olivia Jenkins (Detroit Renaissance)12	Ypsilanti/MITS Champs.....	2/27/2022

25.10	Sabree Brooks (Detroit Renaissance)9	Ypsilanti/LAB #9.....	2/18/2023
25.11	Jayla Dace (Detroit Renaissance)10	Ypsilanti/LAB #9.....	2/18/2023
25.12	Alexys Wilson (Ypsilanti Lincoln)12	Ypsilanti/MITS Champs.....	2/27/2022
25.15	Kai Allen (Detroit Cass Tech)11	Geneva/Spire Scholastic.....	2/ 5/2023
25.17	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/LAB #7.....	2/ 4/2023
25.18	DaKya Cunningham (Berkley)12	Ypsilanti/LAB #9.....	2/18/2023
25.20	Gabrielle Edwards (Walled Lk Central)11	Lexington/Kentucky Inv.....	2/18/2012
25.20	Grace Stark (White Lake Lakeland)11	Saginaw/MITS.....	1/20/2018
25.21	Chloe Vines (Oak Park)11	Fort Wayne/Blackwell Inv.....	1/ 2/2021
25.21	Robin Davis (Detroit Renaissance)12	Ypsilanti/MITS Finals.....	2/25/2024
25.25	Elise Glass (Dearborn Edsel Ford)12	Lexington/Kentucky Inv.....	2/23/2008
25.25	Bridgette Owens-Mitchell (Southfield)12	Lexington/Kentucky Inv.....	2/20/2010
25.26	Kate Zang (Rockford)12	Allendale/GVSU Big Schools.....	3/24/2022
25.27	Taylor Korytkowski (Rockford)12	Lexington/UK Inv.....	2/15/2020
25.28	Alona Olshevskva (Westland Glenn)12	Saginaw/MITS State.....	2/25/2018

300 METERS

38.16	Kendall Baisden (Detroit Country Day)11	New York/NB Nationals.....	2/ 3/2012
38.89	Leeah Burr (Detroit Renaissance)12	Chicago/CYUP Misfits.....	1/22/2022
39.10	Chloe Vines (Detroit Renaissance)12	Chicago/CYUP Misfits.....	1/22/2022
39.15	Comari Hawkins (East Lansing)12	New York/Millrose Games.....	1/29/2022
39.35	Gabrielle Jeffries (Bloomfield Hills)11	Chicago/CYUP Misfits.....	1/22/2022
39.43	Burr	New York/Millrose Games.....	1/29/2022
39.51	Vines	New York/Millrose Games.....	1/29/2022
39.53	Kyra Jefferson (Detroit Cass Tech)12	New York/NB Nationals.....	2/ 3/2012
39.63	Julia Ford (Detroit Cass Tech)10	London/Season's Opener.....	12/ 4/1994
39.69	Nevaeh Burns (Oak Park)9	New York/Millrose Games.....	2/11/2024
39.80	Anna Jefferson (Oak Park)11	New York/Armory Track Inv.....	1/31/2015
39.84	Hawkins	Chicago/CYUP Misfits.....	1/22/2022
39.90	A. Jefferson	New York/Armory Inv.....	2/ 6/2016
40.01#	Burns (Oak Park MS)8	Boston/New Balance Nationals.....	3/11/2023
40.06#	Burr	New York/NB Nationals (h) (400).....	3/11/2022
40.07	Vines (Oak Park)	Virginia Beach/Showcase.....	1/16/2021
40.17#	Burns	Boston/New Balance Nationals (400) (h).....	3/10/2023
40.34	Tracey Ball (Detroit Cass Tech)12	Ann Arbor/MITCA State.....	3/18/1998
40.42	Deanna Vogel (Tecumseh)12	Ann Arbor/MITCA State.....	3/18/1998
40.42	Nonah Waldron (Oak Park)11	Chicago/CYUP Misfits.....	1/22/2022
40.66#	Gabrielle Jeffries (Bloomfield Hills)11	New York/NB Nationals (h) (400).....	3/11/2022
40.80	Waldron	New York/Millrose Games.....	1/29/2022
40.90#	Burr	New York/NB Nationals (h) (400).....	3/12/2022
41.00#	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (400) (h).....	3/10/2023
41.01	Morgan Roundtree (Oak Park)10	Chicago/CYUP Misfits.....	1/22/2022
41.05	Kari Manns (Detroit Chadsey)12	London.....	1/ 2/1982
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41.06#	Elizabeth Anderson (New Boston Huron)12	Boston/New Balance Nationals (400) (h).....	3/10/2023
41.20	Ann Lampkin (Detroit Redford)12	/1986
41.26	Keisha Spight (Detroit King)11	Ann Arbor/MITCA State.....	3/18/1998
41.27	Melanie Williams (Detroit King)10	Ann Arbor/MITCA State.....	3/18/1998
41.29#	Alexys Wilson (Ypsilanti Lincoln)12	New York/NB Nationals (h) (400).....	3/11/2022
41.44#	Kelis Hunter-Young (Oak Park)11	Boston/New Balance Nationals (400)....	3/10/2023
41.49	Cayla Hawkins (East Lansing MS)8	Chicago/CYUP Misfits.....	1/22/2022
41.56	Taryn Henderson (Farmington Hills Mercy)9	Chicago/CYUP Misfits.....	1/22/2022
41.64	Shameakia Dunwoody (Det Cass T)12	Windsor.....	1/12/1992
41.82	Julia Ford (Detroit Boynton MS)7	Windsor/Invitational.....	1/17/1993
41.90	Sydni Clark (Southfield)12	London/Season Opener.....	11/29/2008
41.95	Najah Howard (Detroit Northern)11	Ann Arbor/MITCA State.....	3/18/1998
41.95#	Gabrielle Jeffries (Bloomfield Hills)12	Boston/New Balance Nationals (400)....	3/10/2023
Oversized Track:			
39.62	Nevaeh Burns (Oak Park MS)8	Ypsilanti/LAB #3.....	1/ 7/2023
39.67	Mackenzie Robinson (Ann Arbor Huron)12	Ypsilanti/LAB #3.....	1/ 7/2023
39.70	Elizabeth Anderson (New Boston Huron)12	Ypsilanti/LAB #1.....	12/17/2022
40.25	Burns (Oak Park)	Ypsilanti/LAB #1.....	12/ 9/2023
40.66	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
40.71	Taryn Henderson (Farmington Hills Mercy)10	Ypsilanti/LAB #1.....	12/17/2022
40.79	Kai Allen (Detroit Cass Tech)11	Ypsilanti/LAB #1.....	12/17/2022
40.87	Jada Wilson (Belleville)11	Ypsilanti/LAB #1.....	12/ 9/2023
41.15	Lailah Palmer (Beverly Hills Groves)12	Ypsilanti/LAB #1.....	12/17/2022

41.22 Meg Bellino (Monroe St Mary)12
 41.35 Lndon Johnson (Detroit Renaissance)11
 41.38 Aisha Osborne (Detroit Mumford)12
 41.38 Morgan Roundtree (Oak Park)11
 41.40 Nonah Waldron (Oak Park)12
 41.67 Shelby Sanders (Detroit Renaissance)12
 41.84 Kelis Hunter-Young (Oak Park)12
 41.87 Dynasty McGee (Flint Southwestern)10

Allendale/MITS..... 1/10/2009
 Ypsilanti/LAB #1 12/ 9/2023
 Allendale/MITS..... 1/10/2009
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/ 9/2023
 Ypsilanti/LAB #1 12/ 9/2023
 Allendale/MITS..... 1/10/2009

400 METERS

53.23 Kendall Baisden (Detroit Country Day)9
 54.23 Baisden
 54.58 Baisden
 54.61 Anna Jefferson (Oak Park)10
 54.79 Jessica Jones (Detroit Mumford)12
 54.86 Dynasty McGee (Ypsilanti)12
 55.22 Taylor Manson (East Lansing)11
 55.22 Jada Roundtree (Oak Park)12
 55.22 Nevaeh Burns (Oak Park MS)8
 55.25 McGee
 55.37 Baisden
 55.42 Jones
 55.42 Jefferson
 55.52 Jefferson
 55.53 McGee
 55.57 Leeah Burr (Detroit Renaissance)11
 55.61 Burns
 55.65 Burns
 55.81 Roundtree
 55.83 Burr
 55.99 Cayla Hawkins (East Lansing MS)7
 56.01 Jefferson
 56.02 McGee
 56.02 Jefferson
 56.04 Baisden
 56.06 Roundtree (26.70/29.36)
 56.09 Chloe Abbott (Northville)12
 56.15 Janae Barksdale (Oak Park)10
 56.19 Baisden
 56.20 McGee
 56.20 Burns
 56.20 Janae Coleman (Oak Park MS)8
 56.22 Jones
 56.22 Latipha Cross (Southfield)11
 56.29 Gabrielle Jeffries (Bloomfield Hills)11
 56.30 Vines
 56.36 McGee
 56.36 Burns
 56.38 Dorriann Coleman (Oak Park)9
 56.40 Jefferson
 --
 56.46 Lauren Burnett (Macomb Dakota)12
 56.49 Geena Gall (Grand Blanc)12
 56.62 Jewel Davis (Plymouth)12
 56.62 Shelby Sanders (Detroit Renaissance)9
 56.63 Paige Patterson (Dearborn Divine Child)12
 56.65 Mackenzie Sullivan (Farmington Hills Mercy)11
 56.66 Chloe Vines (Oak Park)9
 56.68 Comari Hawkins (East Lansing)11
 56.82 Elizabeth Anderson (New Boston Huron)12
 56.86 Aisha Osborne (Detroit Mumford)12
 56.88 Miyah Brooks (Oak Park)12
 56.89 Johnyce Powell (Oak Park)12
 56.95 Victoria Chatman (Taylor Kennedy)12
 56.97 Nonah Waldron (Oak Park)11
 57.03 Brianna Holloway (Oak Park)12
 57.04 Julia Ford (Detroit Cass Tech)10

New York/National Scholastic 3/14/2010
 New York/NB Nationals 3/13/2011
 New York/National Scholastic (h)..... 3/13/2010
 New York/NB Nationals (h) 3/15/2014
 New York/National Scholastic 3/13/2005
 New York/NB Nationals 3/13/2011
 New York/NB Nationals (h) 3/12/2016
 Virginia Beach/adidas Nationals 2/28/2021
 Boston/New Balance Nationals (h) 3/10/2023
 Ypsilanti/MITS State 2/26/2011
 New York/NB Nationals (h) 3/12/2011
 New York/National Scholastic (h)..... 3/12/2005
 New York/NB Nationals (h) 3/12/2016
 Grand Rapids/MITS State 2/27/2016
 Ypsilanti/MITS 2/ 9/2011
 Virginia Beach/AAU Nationals..... 3/14/2021
 Boston/New Balance Nationals 3/11/2023
 Ann Arbor/UM Invitational 1/22/2023
 Ypsilanti/MITS State 2/23/2020
 New York/NB Nationals (h)..... 3/11/2022
 Ann Arbor/UM HS Invitational 1/21/2024
 Ypsilanti/MITS State 2/28/2015
 Ann Arbor/MITS State 3/17/2007
 New York/NB Nationals (h) 3/14/2015
 Ypsilanti/MITS 1/14/2010
 Virginia Beach/adidas Nationals (h) 2/26/2021
 New York/NB Nationals (h) 3/12/2016
 New York/NB Nationals 3/10/2017
 New York/National Scholastic (7/8)..... 3/16/2008
 Roxbury/Nike Indoor 3/14/2010
 Boston/New Balance Nationals 3/ 7/2024
 Boston/New Balance Nationals 3/ 7/2024
 Ann Arbor/MITS State 3/ 5/2005
 Ypsilanti/MITS State 2/26/2011
 New York/NB Nationals (h)..... 3/11/2022
 Ypsilanti/MITS State 2/23/2020
 Roxbury/Nike Indoor (h) 3/13/2010
 Louisville/Indoor Games 2/ 3/2024
 New York/NB Nationals 3/13/2015
 Ypsilanti/MITS 12/18/2014
 New York/NB Nationals 3/ 8/2013
 Warren/MITS 2/25/2005
 New York/NB Nationals (h) 3/12/2016
 Ann Arbor/UM HS Invitational 1/21/2024
 New York/NB Nationals (h) 3/ 9/2013
 Ypsilanti/MITS State 2/23/2020
 New York/NB Nationals 3/ 9/2019
 Virginia Beach/adidas Nationals (h) 2/26/2021
 Ann Arbor/UM Invitational 1/22/2023
 Findlay/HS Invite II 3/ 7/2009
 New York/NB Nationals 3/ 9/2018
 Ypsilanti/MITS State 2/28/2015
 Ann Arbor/MITS State 3/17/2007
 Chicago/Akinosun Inv 1/16/2022
 New York/NB Nationals 3/11/2016
 Windsor/Ontario JS Ch 2/11/1995

57.06	Imani Jackson (Detroit Renaissance)12	Ypsilanti/MITS State	2/23/2020
57.12	Dayshana Kellogg (Oak Park)11	Boston/New Balance Nationals (h)	3/ 9/2024
57.13	Brooke Bogan (Ann Arbor Huron)12	New York/NB Nationals	3/10/2017
57.21	Lindsay Johnson (Detroit Cass Tech)11	Boston/New Balance Nationals (h)	3/10/2023
57.30	Carlita Taylor (Oak Park MS)8	Ann Arbor/MITS	2/13/2013
57.32	Kelis Hunter-Young (Oak Park)11	Boston/New Balance Nationals.....	3/10/2023
57.45	Kiara Moore (Ann Arbor Pioneer)12	Ann Arbor/MITS State	3/17/2007
57.45	Alexys Wilson (Ypsilanti Lincoln)12	New York/NB Nationals (h).....	3/11/2022
57.52	Tamyra Todd (Oak Park)11	Ypsilanti/MITS State	2/23/2020
57.60	Kai Allen (Detroit Cass Tech)12	Boston/New Balance Nationals (h)	3/ 9/2024
57.66	Mya Georgiadis (Ann Arbor Huron)12	Staten Island/Nike Nationals (h).....	3/11/2022
57.67	Liliana Aittama (South Lyon East)12	New York/Nike Nationals.....	3/10/2023
57.73	Erica Shepard (Detroit Cass Tech)12	Warren/MITCA.....	1/ 8/1993
57.75	Ersula Farrow (Oak Park)12	Ann Arbor/MITS	1/ 2/2015
57.78	Sydney Kuhn (Saginaw Swan Valley)11	Boston/New Balance Nationals (h)	3/ 9/2024
57.84	Hailey Mayes (Ann Arbor Pioneer)12	Fayetteville/Arkansas Inv (h).....	1/14/2017
57.85	Taryn Henderson (Farmington Hills Mercy)10	Boston/New Balance Nationals.....	3/10/2023
57.86	Alexandria Marshall (Farm. Hills Mercy)12	Ann Arbor/MITS Final	3/ 8/2003
57.88	Emma Thomas (Midland Dow)11	Ypsilanti/EMU MITS	2/ 5/2023
57.96	Chika Amene (Southfield Christian)12	New York/NB Nationals	3/ 9/2018
58.01	Isabella Davis (Rochester Hills Stoney Crk)12	Ypsilanti/MITS State	2/24/2019
58.01	Brooke Gray (Brighton)12	Virginia Beach/adidas Nationals (h)	2/26/2021
58.02	Sharda Grace (Detroit Mumford)12	Ann Arbor/MITS State	3/ 5/2005
58.04	Jada Wilson (Belleville)11	Ann Arbor/UM HS Invitational	1/21/2024
58.04	Lauren Bickerdt (Detroit Renaissance)11	Ann Arbor/UM HS Invitational	1/21/2024
58.05	Tameia McKelvy (Oak Park)12	Ann Arbor/MITS	1/28/2017
58.06	Samari Finney (Warren Mott)10	Ypsilanti/MITS State	2/23/2020
58.08	Chloe Foster (Ann Arbor Skyline)11	Ypsilanti/MITS.....	2/11/2016
58.09	Carlita Taylor (Oak Park)12	Ann Arbor/MITS	1/28/2017
58.15	Amelia Bannister (Albion)9	Hillsdale/MITS.....	3/ 3/2006
58.16	Davonne Bolden (Rochester)12	Ann Arbor/MITS	2/12/2014
58.17	Jenaie Edwards (Detroit Denby)11	Ann Arbor/MITS State	3/13/2002
58.17	Isabel Olds (Trenton)11	New York/NB Nationals	3/11/2016
58.21	Re'Anna Blair (East Lansing)12	East Lansing/MSU True Team.....	3/29/2016
58.21	Morgan Roundtree (Oak Park)11	Ann Arbor/UM Invitational	1/22/2023
58.25	Sydney Benson (Grosse Pointe North)12	Ypsilanti/MITS.....	2/11/2016
58.28	London Renfroe (Ann Arbor Pioneer)10	New York/NB Nationals	3/ 9/2012
58.28	Jade Sabir (Canton)9	Bowling Green/Sink Inv.....	1/23/2016
58.30	Tamiko Powell (Detroit Cass Tech)11	Ontario Ch.....	2/ 8/1987
58.30	Talia Wickett (Harper Wds Chandler Park)11	Ypsilanti/MITS State	2/23/2020
58.33	Kylee King (Oak Park)10	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
58.34	Kayla Schoenle (Milford)12	Bowling Green/Sid Sink Open.....	1/31/2010
58.35	Maya Long (Ann Arbor Huron)12	Ypsilanti	2/ 7/2012
58.46	Nicole VacaGuzman (Grandville)11	New York/NB Nationals (h)	3/15/2014
58.47	Marquita McGowan (Detroit DePorres)12	Ann Arbor/State Champs	3/14/2001
58.49	Ann Lampkin (Detroit Redford)12	/1986
58.49	Sheena Loving (Flint Central)12	Saginaw/SVSU Inv D1	3/20/2003
58.55	Ramzee Fondren (Detroit Renaissance)11	Ypsilanti/MITS.....	2/ 7/2007
58.59	Asia Smith (Flushing)12	Ypsilanti/MITS State	2/24/2019
58.61	Alexandra Cunningham (Detroit Ren)9	Landover/Nike Classic (h).....	3/15/2003
58.65	Jada Sabir (Canton)10	Ann Arbor/MITS	2/10/2017
58.68	Infinite Rowe (Pontiac)9	New York/NB Nationals	3/ 8/2013
58.69	Erin Dowd (Brighton)12	Hillsdale/Charger Last Chance	2/21/2016
58.70	Sydni Clark (Southfield)12	Ypsilanti/Holiday Classic.....	12/28/2008
58.70	Meg Bellino (Monroe St Mary)12	Ypsilanti/MITS.....	1/15/2009
58.72	Kaniya Weatherspoon (Napoleon)12	Ann Arbor/MITS	1/16/2015
58.76	Anyla Robinson (Detroit Cass Tech)9	Boston/New Balance Nationals.....	3/ 7/2024
58.78	Rebecca Adamcheck (Livonia Stevenson)12	Ypsilanti/Great Lakes	12/27/2009
58.78	Aubrey Wilberding (Birmingham Seaholm)11	Ypsilanti	2/ 7/2012
58.79	Paige Cataldo (Bloomfield Hills Marian)12	Ypsilanti/MITS State	2/27/2010
58.79	Shekinah Johnson (Salem)12	Ypsilanti/MITS State	2/28/2015
58.81	Lauren Fortson (Ann Arbor Pioneer)12	Landover/Nike Indoor Classic	3/13/2004
58.81	Lundon Johnson (Detroit Renaissance)10	Boston/New Balance Nationals (h)	3/ 9/2024
58.84	Donae Adams (Canton)9	Grand Rapids/MITS State.....	2/27/2016
58.86	Jamillah Bowman (Ann Arbor Pioneer)12	Saginaw/SVSU Class A	3/25/1999
58.87	Angie Brooks (Ortonville-Brandon)12	Mt Pleasant/MITS State.....	2/29/2008
58.88	Adaysha Parker (Wyandotte)10	Ypsilanti/MITS State	2/25/2012
58.90	Vera Pruitt (Detroit Chadsey)?	Ypsilanti	12/28/1982

Hand-timed (+ = 440y - 0.3):

56.1+ Delisa Walton (Detroit Mackenzie)12
 56.9 Julia Ford (Detroit Cass Tech)10
 56.9 Jamillah Bowman (Ann Arbor Pioneer)12
 57.0 Vivian McKenzie (Detroit Chadsey)12
 57.3 Rochelle Collins (Detroit Immaculata)10
 57.4+ Mary Hokanson (Michigammas TC)?
 57.5+ Allison Ware (Detroit Cooley)11
 57.5+ Erica Shepard (Detroit Cass Tech)12
 57.6 Wendy Truvillion (Detroit Pershing)12
 57.7 Kim Watts (Detroit MacKenzie)?
 57.7 Keisha Spight (Detroit King)12
 57.9+ Cheryl Gillium (Detroit Cass Tech)?
 58.0 Angela Sibbey (Detroit Mumford)?
 58.0+ Tamika Powell (Detroit Cass Tech)11
 58.1+ Sue Parks (Ypsilanti)10

Oversized Track:

53.99 Kendall Baisden (Detroit Country Day)9
 54.21 Nevaeh Burns (Oak Park MS)8
 54.30 Anna Jefferson (Oak Park)10
 54.31 Baisden
 54.43 Baisden
 54.46 Baisden
 54.59 Taylor Manson (East Lansing)11
 54.59 Jada Roundtree (Oak Park)12
 54.68 Cayla Hawkins (East Lansing MS)7
 54.84 Leeah Burr (Detroit Renaissance)10
 54.87 Jefferson
 54.96 Jessica Jones (Detroit Mumford)12
 55.07 Burr
 55.07 Burns (Oak Park)
 55.09 Dynasty McGee (Ypsilanti)12
 55.10 Latipha Cross (Southfield)11
 55.10 Taryn Henderson (Farmington Hills Mercy)10
 55.16 Roundtree
 55.34 Jefferson
 55.36 Comari Hawkins (East Lansing)12
 55.53 McGee
 55.53 Manson
 55.54 Jefferson
 55.61 Burr
 55.64 Janae Coleman (Oak Park MS)8
 55.65 Janae Barksdale (Oak Park)10
 55.65 Miyah Brooks (Oak Park)12
 55.68 Roundtree
 55.86 Victoria Chatman (Taylor Kennedy)12
 55.86 Jewel Davis (Plymouth)12
 55.86 Dorriann Coleman (Oak Park)12
 55.90 McGee
 55.99 Jefferson
 56.00 Roundtree
 56.01 Coleman
 56.04 Manson

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56.06 Chloe Vines (Oak Park)9
 56.20 Imani Jackson (Detroit Renaissance)12
 56.23 Mackenzie Sullivan (Farmington H Mercy)11
 56.24 Gabrielle Jeffries (Bloomfield Hills)11
 56.26 Kamryn Tatum (West Bloomfield)10
 56.29 Hailey Mayes (Ann Arbor Pioneer)12
 56.31 Nonah Waldron (Oak Park)11
 56.41 Emmry Ross (Onsted)11
 56.46 Lauren Burnett (Macomb Dakota)12
 56.64 Sydney Kuhn (Saginaw Swan Valley)11
 56.66 Chloe Abbott (Northville)12
 56.71 Lindsay Johnson (Detroit Cass Tech)12
 56.77 Kai Allen (Detroit Cass Tech)12
 56.84 Johnyce Powell (Oak Park)12
 56.86 Morgan Roundtree (Oak Park)11
 56.87 Mya Georgiadis (Ann Arbor Huron)12

Hamilton..... /1979
 Windsor/Christmas Op..... 12/17/1994
 Ann Arbor/Wolverine Inv 3/30/1999
 /1982
 Hamilton..... 3/ 6/1976
 Nat. Jr AAU..... 4/ 6/1968
 Warren (57.8)..... 1/13/1978
 Warren (57.8)..... 1/ 8/1993
 /1982
 Chicago..... 3/15/1975
 Bloomington/Mid-East Inv 3/ 6/1999
 Cleveland/K of C (58.2)..... 2/12/1977
 /1981
 Warren/Macomb HS 2/ 6/1987
 Ypsilanti (58.4y) 3/23/1972

Akron/Rubber City..... 2/20/2010
 Ypsilanti/MITS Finals..... 2/26/2023
 Lexington/Kentucky Inv 2/22/2014
 Seattle/Brooks..... 2/27/2011
 Lexington 2/19/2011
 Akron/Fields 1/15/2011
 Lexington/Kentucky Inv 2/20/2016
 Ypsilanti/MITS State..... 3/20/2021
 Ypsilanti/MITS Finals..... 2/25/2024
 Saginaw/MITS #4..... 2/ 1/2020
 Geneva/SPIRE Scholastic 2/15/2014
 Lexington/Kentucky Inv..... 2/19/2005
 Ypsilanti/MITS State..... 3/20/2021
 Ypsilanti/MITS Finals..... 2/25/2024
 Geneva/GaReat 2/12/2011
 Geneva/GaReat 2/12/2011
 Ypsilanti/MITS Finals..... 2/26/2023
 Youngstown/YSU Open #1 1/ 9/2021
 Geneva/SPIRE Showcase 2/13/2016
 Ypsilanti/MITS Champs..... 2/27/2022
 Allendale/MITS..... 2/19/2011
 Geneva/SPIRE Showcase 2/13/2016
 Allendale/Gazelle Winter Classic 1/ 9/2016
 Geneva/Ohio Preview 1/30/2021
 Ypsilanti/MITS Finals..... 2/25/2024
 Lexington/Kentucky Inv 2/18/2017
 Saginaw/MITS State 2/25/2018
 Saginaw/MITS #4..... 2/ 1/2020
 Lexington/Kentucky Inv 2/17/2007
 Saginaw/MITS..... 1/23/2016
 Saginaw/MITS..... 1/20/2018
 Akron/Fields 1/15/2011
 Geneva/SPIRE Scholastic Open..... 1/16/2015
 Saginaw/MITS..... 1/20/2018
 Ypsilanti/LAB #6..... 1/27/2024
 Lexington/UK Inv..... 2/21/2015

Lexington/UK Invitational 2/16/2019
 Geneva/SPIRE Showcase 2/ 9/2020
 Geneva/SPIRE Showcase 2/ 9/2020
 Ypsilanti/MITS Champs..... 2/27/2022
 Ypsilanti/LAB #6..... 1/27/2024
 Lexington/Kentucky Inv 2/18/2017
 Ypsilanti/LAB MITS #2 12/17/2021
 Ypsilanti/MITS Finals..... 2/25/2024
 Allendale/MITS..... 2/16/2013
 Saginaw/SVSU Inv D1/2 3/20/2024
 Geneva/SPIRE Showcase 2/13/2016
 Ypsilanti/LAB #9..... 2/17/2024
 Ypsilanti/MITS Finals..... 2/25/2024
 Saginaw/MITS..... 12/20/2014
 Ypsilanti/MITS Finals..... 2/26/2023
 Ypsilanti/MITS Champs..... 2/27/2022

1:27.2 Katie Chapman (Detroit Cass Tech)12
 1:27.4 Karen Surratt (AA Pioneer)12
 1:27.4 Kristi Westerby (Troy)?
 1:27.8 Cynthia Dixon (Detroit Chadsey)?
 1:27.9 Stephanie White (Detroit Redford)12
 1:28.0 Alison Ware (Detroit Cooley)12
 1:28.0 Laurette Mallard (Harper Creek)?

Warren 2/23/1996
 Ann Arbor/MITCA State 3/12/1986
 Ann Arbor/MITCA State 3/ 1/1989
 East Lansing 1/23/1981
 Ann Arbor/MITCA State 3/16/1993
 Warren/PSL Ch..... 3/24/1979
 Ann Arbor/MITCA State 3/16/1983

600 METERS

1:32.0 Rochelle Collins (Detroit Immaculata)11
 1:32.3 Collins
 1:32.7 Collins
 1:32.9 Delisa Walton (Detroit Mackenzie)11
 1:33.12 Dorriann Coleman (Oak Park)9
 1:33.9 Walton
 1:34.04 Kylee King (Oak Park)12
 1:34.54 King
 1:34.7 Erica Shepard Detroit Cass Tech)12
 1:34.91 Kendall Baisden (Bloomfield St Regis)8
 1:34.9 Collins
 1:35.01 Ashley Patten (Lake Orion)10
 1:35.0 Walton
 1:35.2 Collins
 --
 1:35.35 King
 1:35.4# Ersula Farrow (Oak Park)12
 1:35.6 Alison Ware (Detroit Cooley)12
 1:36.29 Julia Ford (Detroit Cass Tech)10
 1:36.3 Eulista Clemons (Detroit Northwestern)12
 1:36.3 Katie Chapman (Detroit Cass Tech)11
 1:36.4 Lamika Harper (Detroit Cass Tech)12
 1:36.9 Cheryl Omar (Detroit Cass Tech)12
 1:37.1# Taryn Chapko (St Johns)12
 1:37.2# Lucy Petee (Mason)12
 1:37.58 Hanne Ringnes (Shelby-NOR)12
 1:37.84 Maya Cadwell (Detroit Cass Tech)12
 1:37.93 Sierra Tate (Farmington Hills Harrison)12
 1:37.99 Ann Lampkin (Detroit Redford)12
 1:38.13 Dominique Brown (Detroit Mumford)11
 1:38.1 Shaunetta Smith (Detroit Mumford)12
 1:38.40 Najah Howard (Detroit Northern)12
 1:38.48# Janae Coleman (Oak Park MS)8
 1:38.5 Stacy Thomas (Flint Southwestern)10
 1:38.6 Ijnanya Alhamsi (Detroit Ford)11
 1:38.89 Lauren Bickerdt (Detroit Renaissance)9
 1:39.00# Sarah Coyne (Plymouth)12
 1:39.52# Daisy Speet (GR Peregrines)12
 1:39.54# Layla Jordan (Goodrich)11
 1:39.5 Charlotte Williams (Detroit Pershing)11
 1:39.6 April Boyce (Southfield)12
 1:39.6 Amy Soper (Haslett)12
Oversized Track:
 1:34.08 Kylee King (Oak Park)12
 1:37.08 King
 1:38.37 Lauren Bickerdt (Detroit Renaissance)10
 1:38.66 Payton Scheffler (Woodhaven)11
 1:38.89 Bickerdt
 1:39.14 Dayshana Kellogg (Oak Park)11
 1:39.32 Leah Thomas (Oak Park MS)8
 1:39.91 Kate Munson (Saline)9

London 3/12/1977
 London /1978
 London/Western Open 1/31/1976
 London/Season's Opener 12/ 2/1978
 New York/Armory Track Inv 1/31/2015
 London /1978
 New York/Millrose Games 2/11/2024
 Chicago/CYUP Misfits 1/22/2022
 Windsor/Invitational 1/17/1993
 Toronto/AO Relays 2/ 8/2009
 London/Season's Opener 12/ 4/1976
 Ann Arbor/State Champs 3/15/2000
 London/Western Open 1/31/1976
 London/Indoor Games 3/22/1975
 New York/Millrose Games 1/29/2022
 Ypsilanti/MITS State (800) 2/28/2015
 London 12/ 2/1978
 Windsor 2/25/1995
 Ann Arbor/MITCA State 3/13/1996
 Ann Arbor/MITCA State 3/13/1996
 London/Season's Opener 11/30/1991
 Ypsilanti/MITCA 3/ 8/1995
 Ypsilanti/MITS State (800) 2/23/2020
 Ypsilanti/MITS State (800) 2/23/2020
 Ann Arbor/MITCA State 3/10/1999
 Ann Arbor/State Champs 3/15/2000
 Bloomington/Indiana Open 1/ 6/2007
 /1986
 Bloomington/Indiana Open 1/ 6/2007
 Ann Arbor/MITCA State 3/13/1996
 Ann Arbor/MITCA State 3/10/1999
 Boston/New Balance Nationals (800) 3/ 8/2024
 (hst) /1994
 Windsor 1/21/1990
 New York/Millrose Games 1/29/2022
 New York/NB Nationals (800) 3/13/2022
 Boston/New Balance Nationals (800) ... 3/10/2024
 Boston/New Balance Nationals (800) ... 3/10/2024
 /1989
 Ann Arbor/MITCA State 3/13/1996
 Ann Arbor/MITCA State 3/12/1997
 Ypsilanti/LAB #1 12/ 9/2023
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/ 9/2023
 Ypsilanti/LAB #1 12/ 9/2023
 Ypsilanti/LAB #1 12/17/2022
 Ypsilanti/LAB #1 12/ 9/2023

800 METERS

2:06.30 Rachel Forsyth (Ann Arbor Pioneer)10
 2:08.34 Zofia Dudek (Ann Arbor Pioneer)12
 2:08.38 Ersula Farrow (Oak Park)12

Chicago/Meet of Champions 3/ 5/2022
 Ypsilanti/MITS 2/ 2/2020
 New York/NB Nationals 3/15/2015

2:08.77	Geena Gall (Grand Blanc)12	Ann Arbor/MITS State	3/ 5/2005
2:08.92	Farrow (Grosse Pointe South)	New York/NB Nationals	3/16/2014
2:09.31	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals	3/ 9/2013
2:09.50	Taryn Chapko (St Johns)12	Ypsilanti/MITS	2/ 2/2020
2:10.2+	Delisa Walton (Detroit Mackenzie)11	Columbus/USTFF (2:10.9y)	2/25/1978
2:10.4	Walton	Burlington/XMas Inv	12/14/1979
2:10.62	Gall	Landover/Nike Indoor Classic	3/13/2005
2:10.87	Lucy Petee (Mason)12	Ypsilanti/MITS State	2/23/2020
2:11.00	Farrow	Bowling Green/Sid Sink	1/24/2015
2:11.29	Farrow	Ypsilanti/MITS State	2/28/2015
2:11.2+	Sue Parks (Ypsilanti)10	Louisville/Mason-Dixon (2:11.9y)	2/12/1972
2:11.45	Gall	Ann Arbor/MITS	2/18/2005
2:11.5+	Parks	New York/AAU (2:12.2y)	2/23/1973
2:11.6+	Rochelle Collins (Detroit Immaculata)12	Columbus/USTFF (2:12.3y)	2/25/1978
2:11.76	Janae Coleman (Oak Park MS)8	Boston/New Balance Nationals	3/ 8/2024
2:11.7+	Parks	Ypsilanti/EMU Inv (2:12.4y)	1/19/1973
2:11.7+	Walton	(2:12.4y)	/1978
2:11.88	Becca Addison (Grand Haven)11	Allendale/MITS	2/23/2008
2:11.9+	Parks	New York/AAU (2:12.6y)	2/22/1974

2:12.10	Alice Hill (Ann Arbor Pioneer)11	New York/NB Nationals	3/13/2016
2:12.10	Megan Worrel (Troy)12	New York/NB Nationals	3/11/2018
2:12.39	Sarah Forsyth (Ann Arbor Pioneer)12	Chicago/Meet of Champions	3/ 5/2022
2:12.69	Ramzee Fondren (Det. Renaissance)11	Ann Arbor/MITS State	3/17/2007
2:13.14	Layla Jordan (Goodrich)11	Boston/New Balance Nationals	3/10/2024
2:13.36	Cookie Baugh (Ann Arbor Pioneer)12	Chicago/Meet of Champions	3/ 5/2022
2:13.45	Jeanie Edwards (Detroit Denby)12	Landover/Nike Indoor	3/16/2003
2:13.84	Sarah Coyne (Plymouth)12	New York/NB Nationals	3/13/2022
2:13.85	Kylee King (Oak Park)10	Chicago/Akinosun Inv	1/16/2022
2:13.8+	Pam Bagian (Lincoln Park)12	Ypsilanti/Michigan AAU (2:14.5)	4/ 4/1970
2:13.90	Dorriann Coleman (Oak Park)9	Ypsilanti/MITS State	2/28/2015
2:13.90	Amber Gall (Shepherd)12 (65.4/68.5)	Ypsilanti/MITS State	2/24/2019
2:13.99	Jamie Morrissey (Rochester Adams)12	New York/NB Nationals	3/ 9/2013
2:14.00	Melanie Helder (Hudsonville)12	New York/NB Nationals	3/11/2018
2:14.22	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/EMU MITS #2	1/15/2023
2:14.26	Anna Jensen (Midland Jefferson MS)8	Ann Arbor/MITS	1/29/2016
2:14.57	Brook Handler (Rochester)12	Ypsilanti/MITS State	2/26/2011
2:14.67	Amelia Bannister (Albion MS)8	Ann Arbor/MITS State	3/ 5/2005
2:14.86	Mia Rogan (Saline)12	Boston/New Balance Nationals	3/11/2023
2:14.91	Liliane Aittama (South Lyon East)12	New York/Nike Nationals	3/11/2023
2:14.94	Gillian Fiene (Holland Christian)12	Ypsilanti/MITS State	2/24/2019
2:14.96	Margaret Coney (East Grand Rapids)10	New York/NB Nationals	3/11/2018
2:15.0+	Theresa Rulison (East Lansing)12	Ypsilanti/EMU Pentathlon (2:15.7y)	/1970
2:15.13	Lauren Fulcher (Troy)12	New York/NB Nationals	3/ 8/2019
2:15.21	Daisy Speet (GR Peregrines)12	Boston/New Balance Nationals	3/10/2024
2:15.35	Kennedy Beazley (Saline)12	Mt Pleasant/MITS State	2/22/2014
2:15.35	Jackie Feist (Birmingham Groves)12	New York/NB Nationals	3/16/2014
2:15.57	Payton Scheffler (Woodhaven)11	Ypsilanti/EMU MITS #2	1/15/2023
2:15.58	Anne Forsyth (Ann Arbor Pioneer)11	Ann Arbor/MITS	1/28/2017
2:15.72	Aubrey Wilberding (Birmingham Seaholm)11	New York/NB Nationals	3/ 9/2012
2:15.73	Megan O'Neil (Remus Chippewa Hills)12	Mt Pleasant/MITS State	2/22/2014
2:15.73	Anna Petr (East Grand Rapids)12	Ypsilanti/MITS	2/ 2/2020
2:15.7+	Ella Willis (Detroit Pershing)12	Ypsilanti/Jr USTFF (2:16.4y)	1/12/1976
2:15.82	Abbey Carvey (Farmington)11	Ypsilanti/MITS State	2/23/2020
2:15.88	Aiden Harrand (Buckley)11	Ypsilanti/EMU MITS #2	1/15/2023
2:15.93	Stephanie Morgan (Clarkston)9	Warren/MITS	2/24/2006
2:15.95	Sydney Kuhn (Saginaw Swan Valley)11	Boston/New Balance Nationals	3/10/2024
2:16.06	Lauren Kiley (Plymouth)12	Chicago/Meet of Champions	3/ 5/2022
2:16.19	Elizabeth Dalrymple (Clarkston)11	Ypsilanti/MITS	2/ 3/2018
2:16.28	Caitlin Rose (Grand Blanc)12	New York/NB Nationals	3/10/2019
2:16.37	Megan Weschler (Wyandotte)12	Roxbury/Nike Indoor	3/14/2010
2:16.3	Mickey Tupper (Detroit Redford)9	Scarborough/C Lions (h)	3/13/1971
2:16.47	Aimee Keenan (Rockford)12	Landover/Nike Indoor	3/10/2001
2:16.48	Erika Rapp (Pinckney)11	Ypsilanti/MITS	2/ 3/2018
2:16.57	Sydney Benson (Grosse Pointe North)12	Grand Rapids/MITS State	2/27/2016
2:16.59	Ashley Patten (Lake Orion)11	Landover/Nike Indoor	3/10/2001
2:16.67	Yasmine Mansi (Northville)11	Ypsilanti/MITS State	2/23/2020
2:16.70	Victoria Heiligenthal (Milford)12	Ypsilanti/MITS State	2/24/2019
2:16.72	Anyla Robinson (Detroit Cass Tech)9	Ann Arbor/UM HS Invitational	1/21/2024

2:16.72	Eliza Schwass (Ludington DeJonge)7	Boston/New Balance Nationals.....	3/ 8/2024
2:16.82	Judy Rector (Hanover-Horton)12	Ypsilanti/MITS.....	2/ 2/2019
2:16.84	Karrigan Smith (St Johns)12	Mt Pleasant/Chippewa Inv.....	3/25/2015
2:16.86	Emily Wall (Midland Dow)11	Grand Rapids/MITS State.....	2/27/2016
2:16.93	Sara Kroll (Livonia Churchill)12	Roxbury/Nike Indoor.....	3/14/2010
2:16.95	Annie Fuller (Manistee)12	Mt Pleasant/Chippewa Inv.....	3/25/2015
2:16.95	Gabby Hentemann (Grand Haven)11	New York/NB Nationals.....	3/ 9/2018
2:16.95	Sophie Novak (Lake Orion)11	Ypsilanti/MITS.....	2/ 2/2020
2:17.07	Kayla Windemuller (Holland Christian)12	Ypsilanti/MITS.....	2/ 3/2018
2:17.09	Lani Bloom (Ithaca)10	Hillsdale/Charger Elite.....	1/25/2020
2:17.10	Rachel Felstow (Romeo)12	New York/NB Nationals.....	3/13/2022
2:17.11	Allison Rand (Jackson Lumen Christi)12	New York/NB Nationals.....	3/ 8/2019
2:17.16	Emma DeVries (GR WM Aviation)11	Boston/New Balance Nationals.....	3/11/2023
2:17.23	Karenna Duffy (L'Anse Creuse North)11	Ann Arbor/MITS.....	1/28/2017
2:17.2+	Patti Ford (Lincoln Park)10	Ypsilanti.....	/1970
2:17.48	Christina Farrow (Det. Renaissance)12	Ann Arbor/MITS.....	1/12/2008
2:17.56	Natalie Kessler (Ann Arbor Skyline)12	New York/Nike Nationals.....	3/11/2023
2:17.66	Alison Ziehl (Rochester Hills Stoney Creek)12	Ypsilanti/MITS State.....	2/24/2019
2:17.67	Erica Shepard (Detroit Cass Tech)12	Windsor/Invitational.....	12/19/1992
2:17.71	DeDe Lofton (Detroit Mumford)12	Ypsilanti/MITS State.....	2/27/2010
2:17.75	Megan Vitale (Livonia Ladywood)12	Ypsilanti/MITS State.....	2/26/2011
2:17.76	Haley Meier (Grosse Pointe South)9	Ypsilanti/MITS State.....	2/27/2010
2:17.87	Katherine Forsyth (Royal Oak)12	New York/NB Nationals.....	3/ 9/2018
2:17.90	Audrey Belf (Birmingham Seaholm)11	Ann Arbor/MITS.....	1/16/2014
2:17.91	Jayla Fleming (Oak Park)12	New York/NB Nationals.....	3/13/2015
2:17.92	Jayla Jones (Oak Park)12	Ypsilanti/MITS State.....	2/23/2020
2:17.97	Drew Muller (East Grand Rapids)12	Grand Rapids/Aquinas Challenge.....	3/26/2024
2:18.03	Martha Shomsky (GR-homeschool)12	Ypsilanti/MITS.....	2/ 2/2020
2:18.15	Liza Boudreau (Ann Arbor Pioneer)12	Ypsilanti/MITS State.....	2/27/2010
2:18.2+	Sue Dudley (Michigamme TC)12	National Junior AAU (2:19.0y).....	4/ 6/1968
2:18.2	Natalie Webb (Woodhaven)11	Warren/MITS.....	1/ 4/2007
2:18.2	Marissa Treece (Maple City Glen Lake)12	Mt Pleasant/MITS.....	2/ 6/2007
2:18.30	Julia Flynn (Traverse City Central)12	Grand Rapids/Aquinas MITS #3.....	2/ 6/2022
2:18.33	Abby VanderKooi (Western Mich Christian)10	Grand Rapids/MITS.....	2/ 1/2020
2:18.35	Mackenzie Sullivan (Farmington H Mercy)11	Ypsilanti/MITS.....	2/ 2/2020
2:18.3+	Francie Kraker (Ann Arbor)12	Cleveland/KC (2:19.1y).....	3/19/1965
2:18.42	Devon Rupley (Northville)10	Landover/Nike Indoor Classic (h).....	3/ 9/2002
2:18.46	Sylvia Sanok Dufallo (Ann Arbor Pioneer)11	Ypsilanti/EMU MITS #2.....	1/15/2023
2:18.46	Lauren Walker (Holt)11	Ann Arbor/UM HS Invitational.....	1/21/2024
2:18.68	Hannah Palomino (Troy)12	Ypsilanti/MITS.....	2/ 3/2018
2:18.6	Ijenanya Alhamissi (Dearborn Fordson)10	East Lansing/Spartan.....	3/30/1989
2:18.6	Linsey Blaisdell (Rockford)12	Hillsdale/MITS.....	3/ 1/2001
Oversized track:			
2:08.62	Rachel Forsyth (Ann Arbor Pioneer)10	Geneva/SPIRE Scholastic.....	2/ 6/2022
2:09.21	Ersula Farrow (Oak Park)12	Lexington/UK Inv.....	2/21/2015
2:10.17	Farrow (Grosse Pointe South)	Geneva/SPIRE Scholastic.....	2/15/2014
2:10.18	Amelia Bannister (Albion)9	Lexington/Kentucky Select.....	2/18/2006
2:10.41	Lani Bloom (Ithaca)12	Saginaw/SVSU Distance Fest.....	2/12/2022
2:10.51	Bloom	Ypsilanti/MITS Champs.....	2/27/2022
2:10.7+	Sue Parks (Ypsilanti)11	Champaign/C AAU (2:11.4y).....	1/13/1973
2:10.90	Audrey DaDamio (Birmingham Seaholm)12	Youngstown/YSU Open #3.....	1/13/2021
2:10.93	Farrow	Lexington/Kentucky Inv.....	2/22/2014
2:11.16	Farrow	Saginaw/MITS.....	2/ 7/2015
2:11.29	Jessie Jazwinski (Hart)11	Saginaw/SVSU Distance Festival.....	2/10/2024
2:11.3+	Parks	Champaign (2:12.0y).....	1/14/1972
2:11.51	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/MITS Finals.....	2/26/2023
2:11.60	R. Forsyth	Saginaw/SVSU MITS #3.....	1/15/2022
2:11.63	Farrow	Akron/Inv.....	2/ 9/2014
2:11.96	Osterberg	Saginaw/SVSU Distance Festival.....	2/11/2023
2:11.99	Megan Worrel (Troy)12	Saginaw/MITS State.....	2/25/2018
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2:12.77	Becca Addison (Grand Haven)12	Allendale/MITS.....	2/21/2009
2:12.85	Julia Flynn (Traverse City Central)12	Allendale/GVSU MITS #4.....	1/29/2022
2:13.21	Kylee King (Oak Park)12	Ypsilanti/MITS Finals.....	2/25/2024
2:13.32	Margaret Coney (East Grand Rapids)10	Saginaw/MITS State.....	2/25/2018
2:13.33	Sarah Forsyth (Ann Arbor Pioneer)12	Saginaw/SVSU MITS #3.....	1/15/2022
2:13.42	Cookie Baugh (Ann Arbor Pioneer)12	Geneva/SPIRE Scholastic.....	2/ 6/2022
2:13.58	Melanie Helder (Hudsonville)12	Saginaw/MITS State.....	2/25/2018
2:13.58	Payton Scheffler (Woodhaven)11	Ypsilanti/MITS Finals.....	2/26/2023

2:13.89 Ramzee Fondren (Det. Renaissance)9
 2:13.89 Stephanie Morgan (Clarkston)9
 2:14.20 Mia Rogan (Saline)12
 2:14.21 Emma DeVries (GR WM Aviation)11
 2:14.22 Megan Postma (Holland West Ottawa)12
 2:14.31 Taryn Chapko (St Johns)10
 2:14.57 Janae Coleman (Oak Park MS)8
 2:14.60 Aiden Harrand (Buckley)11
 2:14.75 Dorriann Coleman (Oak Park)9
 2:14.81 Emmry Ross (Onsted)11
 2:14.96 Katie Osika (Waterford Mott)11
 2:15.11 Valerie Beeck (Grand Haven)10
 2:15.48 Layla Jordan (Goodrich)11
 2:15.58 Martha Shomsky (GR-homeschool)10
 2:15.61 Elizabeth Dalrymple (Clarkston)10
 2:15.66 Arianne Olson (Holland West Ottawa)11
 2:15.68 Emily Wall (Midland Dow)11
 2:15.70 Anne Forsyth (Ann Arbor Pioneer)11
 2:15.84 Alice Hill (Ann Arbor Pioneer)12
 2:15.87 Victoria Heiligenthal (Milford)11
 2:15.90 Daisy Speet (GR Peregrines)12
 2:16.02 Natalie Kessler (Ann Arbor Skyline)12
 2:16.07 Lauren Bickerdt (Detroit Renaissance)11
 2:16.36 Anyla Robinson (Detroit Cass Tech)9
 2:16.37 Rachel DaDamio (Birmingham Seaholm)12
 2:16.43 Jayden Harberts (Macomb Dakota)11
 2:16.44 Judy Rector (Hanover-Horton)11
 2:16.48 Sarah Coyne (Plymouth)12
 2:16.56 Anna Jensen (Midland Dow)9
 2:16.57 Rachel Felstow (Romeo)12
 2:16.58 Megan Vitale (Livonia Ladywood)12
 2:16.68 Hannah Palomino (Troy)11
 2:16.70 Allison Chmielewski (Roscommon)11
 2:16.72 Sydney Benson (Grosse Pointe North)12
 2:16.73 Morgan Brown (Livonia Churchill)12
 2:16.75 Amber Gall (Shepherd)11
 2:16.75 Liliane Aittama (South Lyon East)12
 2:16.78 Emily Tomes (GR Catholic Central)12
 2:16.81 Carlie Martella (Gaylord)12
 2:16.83 Katherine Forsyth (Royal Oak)12
 2:17.00 Cambria Tiemann (Fenton)10
 2:17.10 Sydney Kuhn (Saginaw Swan Valley)11
 2:17.21 Gail Vaikutis (St Joseph)12
 2:17.28 Sylvia Sanok Dufallo (Ann Arbor Pioneer)11
 2:17.34 Jayla Fleming (Oak Park)11
 2:17.37 Emily Cooper (Ann Arbor Pioneer)12
 2:17.40 Lauren Walker (Holt)11
 2:17.45 Adit Dau (Grand Rapids Ottawa Hills)12
 2:17.46 Haley Hoogenraad (Zeeland West)12
 2:17.46 Mallory Ferguson (Clarkston)10
 2:17.65 Ava Maginity (Boyne City)12
 2:17.67 Leah Thomas (Oak Park)9
 2:17.70 Maggie Farrell (Battle Creek Lakeview)12
 2:17.71 Jayla Jones (Oak Park)10
 2:17.89 Carlyn Arteaga (Spring Lake)11

Lexington/Kentucky Inv 2/19/2005
 Kent/Open..... 3/ 5/2006
 Saginaw/SVSU Distance Festival2/11/2023
 Allendale/GVSU #5 2/18/2023
 Allendale/GVSU #5 2/18/2023
 Saginaw/MITS State 2/25/2018
 Ypsilanti/LAB #7 2/ 3/2024
 Saginaw/SVSU Distance Festival2/11/2023
 Lexington/UK Inv..... 2/21/2015
 Ypsilanti/LAB #9..... 2/17/2024
 Saginaw/SVSU D1 3/22/2017
 Allendale/GVSU Laker Challenge 3/23/2023
 Ypsilanti/MITS Finals..... 2/25/2024
 Saginaw/MITS State 2/25/2018
 Saginaw/Distance Festival 2/11/2017
 Allendale/GVSU Big Schools 3/24/2022
 Saginaw/SVSU D1/2 3/23/2016
 Allendale/Gazelle Winter Classic 1/ 8/2017
 Geneva/SPIRE Scholastic 2/12/2017
 Saginaw/MITS State 2/25/2018
 Allendale/GVSU #5 2/17/2024
 Ypsilanti/MITS Finals..... 2/26/2023
 Ypsilanti/MITS Finals..... 2/25/2024
 Saginaw/SVSU Meet #1 12/ 9/2023
 Saginaw/MITS..... 2/ 7/2015
 Ypsilanti/LAB #9..... 2/18/2023
 Saginaw/MITS State 2/25/2018
 Ypsilanti/LAB Midwest Winter Inv..... 2/12/2022
 Saginaw/MITS..... 12/10/2016
 Saginaw/SVSU MITS #3 1/15/2022
 Lexington 2/19/2011
 Saginaw/Distance Festival 2/11/2017
 Ypsilanti/LAB Indoor #8..... 2/26/2023
 Lexington/Kentucky Inv 2/20/2016
 Allendale/GVSU #4 1/27/2024
 Saginaw/MITS State 2/25/2018
 Ypsilanti/LAB Youth National Invite2/11/2023
 Allendale/GVSU #5 2/17/2024
 Saginaw/Distance Festival 2/11/2017
 Geneva/SPIRE Showcase 2/11/2018
 Saginaw/Distance Festival 2/11/2017
 Ypsilanti/LAB #7 2/ 3/2024
 Ypsilanti/LAB #7 2/ 3/2024
 Allendale/GVSU #4 1/28/2023
 Geneva/SPIRE Open..... 1/17/2014
 Allendale/GVSU #4 1/28/2023
 Ypsilanti/MITS Finals..... 2/25/2024
 Allendale/GVSU MITS #2..... 12/18/2021
 Allendale/Laker Challenge D1/2..... 3/23/2016
 Lexington/Kentucky Inv 2/18/2017
 Ypsilanti/MITS Finals..... 2/26/2023
 Ypsilanti/LAB #2 12/16/2023
 Allendale/GVSU D1/2 3/23/2017
 Lexington/UK Invitational 2/17/2018
 Allendale/Laker Challenge 3/19/2014

1000 YARDS

2:32.8 Sue Parks (Ypsilanti)11
 2:33.7 Parks
 2:34.9 Parks
 2:36.4 Parks
 2:36.6 Ella Willis (Detroit Pershing)11
 2:37.8 Parks
 2:38.0 Donna Donakowski (DH Riverside)12
 2:42.4 Willis
 2:43.2 Laura Matson (BH Andover)11
 2:43.9 Matson

Detroit 3/24/1973
 Ypsilanti 2/14/1974
 /1972
 Ypsilanti 12/12/1971
 Ypsilanti 1/11/1975
 Ypsilanti 1/ 8/1971
 /1983
 Detroit/AFL-CIO (14-19)..... 2/6-8/1976
 Ann Arbor/MITCA State 3/13/1985
 /1986

 2:45.70 Bridget Mann (AA Pioneer)9
 2:47.6 Kelly Geiger (West Bloomfield)?
 2:47.9 Aimee Landry (Rochester)?
 2:48.3 Rochelle Collins (Detroit Immaculata)11
 2:49.0 Seanna Arnold (AA Pioneer)10
 2:49.3 Cathy Ackley (Hart)11
 2:49.6 Danielle Harpell (AA Pioneer)10
 2:50.7 Katie Chapman (Detroit Cass Tech)12
 2:51.9 Athalee Norman (Detroit Mumford)12
 2:51.9 Marne Smiley (SH Stevenson)11
 2:52.4 Gabrielle Brown (AA Pioneer)10
 2:52.5 Sarah Pepera (Ortonville Brandon)12
 2:53.0 Dawn Juola (Lansing ?)?
 2:54.4 Rachel Campbell (SH Stevenson)12
 2:54.8 Kelly Betzoid (SH Stevenson)?
 2:55.9 Jenni Fitzgerald (SH Stevenson)10

Ann Arbor/MITCA..... 1/26/1990
 Ann Arbor/MITCA State 3/14/1984
 Hamilton, Ont 2/28/1981
 Ypsilanti/Green & White 1/ 8/1977
 Ann Arbor/MITCA State 3/12/1986
 Ann Arbor/MITCA State 3/11/1987
 Ann Arbor/MITCA State 3/11/1987
 Warren 1/ 5/1996
 Ann Arbor/MITCA State 3/11/1987
 Roseville/MITCA 2/ 5/1999
 Ann Arbor/MITCA State 3/11/1987
 Roseville/MITCA 2/26/1999
 Ypsilanti/Green & White 1/ 8/1977
 Roseville/MITCA 2/26/1999
 Ann Arbor/MITCA State 3/14/1984
 Roseville/MITCA 2/ 5/1999

1000 METERS

2:48.39 Ersula Farrow (Oak Park)12
 2:54.5 Rochelle Collins (Detroit Immaculata)9
 2:57.6# Zofia Dudek (Ann Arbor Pioneer)11
 2:58.3# Audrey DaDamio (Birmingham Seaholm)12
 2:59.20 Kaitlyn Hynes (DeWitt)12
 2:59.24# DaDamio
 2:59.2# Hannah Meier (Grosse Pointe South)11
 2:59.4 Collins
 3:00.28 Cookie Baugh (Ann Arbor Pioneer)11
 3:00.6# Dudek
 3:00.77# Judy Rector (Hanover-Horton)12
 3:00.7# Haley Meier (Grosse Pointe South)11
 3:02.0# Audrey DaDamio (Birmingham Seaholm)10
 3:02.4# Rylee Robinson (Waterford Mott)12

New York/Armory Invitational 1/30/2015
 Ann Arbor 1/24/1975
 New York/NB Nationals (1M) 3/10/2019
 Chicago/CYUP Misfits Inv (3200)..... 2/20/2021
 Chicago/CYUP Misfits 2/20/2021
 Virginia Beach/adidas Nationals (1M) 2/28/2021
 New York/NB Nationals (1M) 3/11/2012
 London 3/12/1977
 Chicago/CYUP Misfits 2/20/2021
 Ypsilanti/MITS State (1600) 2/24/2019
 New York/NB Nationals (1M) 3/10/2019
 New York/NB Nationals (1M) 3/11/2012
 Ypsilanti/MITS State (1600) 2/24/2019
 Ypsilanti/MITS State (1600) 2/24/2019

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 3:02.92# Jessie Jazwinski (Hart)11
 3:03.1# Caitlin Rose (Grand Blanc)12
 3:04.38 Layla Jordan (Goodrich)10
 3:04.3# Anastasia Tucker (Midland Dow)12
 3:04.3# Jami Reed (Forest Hills Eastern)12
 3:04.9# Linsey Blaisdell (Rockford)12
 3:05.39# Elena Figueroa (St Joseph)11
 3:06.0 Emily Magner (AA Pioneer)11
 3:06.5 Kraus (Ann Arbor Pioneer)
 3:06.7# Kalin Toedebusch (Rockford)12
 3:06.9 Rachel Eyler (Ann Arbor Pioneer)9

Boston/New Balance Nat (1008m-1M)... 3/10/2024
 Ypsilanti/MITS State (1600) 2/24/2019
 Chicago/CYUP Misfits 1/21/2023
 Ypsilanti/MITS State (1600) 2/24/2019
 Ypsilanti/MITS State (1600) 2/24/2019
 Landover/Nike Indoor (mile)..... 3/11/2001
 Boston/New Balance Nat (1008m-1M)... 3/10/2024
 Ann Arbor/Wolverine Inv 3/27/1997
 Ann Arbor/Wolverine Invitational 3/26/2002
 Landover/Nike Indoor (DMR) 3/10/2001
 Ann Arbor/Wolverine Inv 3/30/1999

Oversized Track:

2:51.04 Judy Rector (Hanover-Horton)12
 2:53.27 Taryn Chapko (St Johns)11
 2:53.45 Caitlin Rose (Grand Blanc)12
 2:53.73 Sophie Novak (Lake Orion)10
 2:55.71 Rylee Robinson (Waterford Mott)12
 2:56.30 Lauren Fulcher (Troy)12
 2:56.43 Elizabeth Dalrymple (Clarkston)12
 2:56.64 Victoria Heiligenthal (Milford)12
 2:56.96 Elizabeth Bulat (Rochester)12
 2:57.51 Erika Rapp (Pinckney)12
 2:58.18 Allison Rand (Jackson Lumen Christi)12

Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019
 Saginaw/Breen Elite 2/16/2019

1500 METERS

4:25.47# Zofia Dudek (Ann Arbor Pioneer)11
 4:25.4# Hannah Meier (Grosse Pointe South)11
 4:26.17# Han. Meier
 4:30.62# Han. Meier
 4:31.00# Rachel Dadamio (Birmingham Seaholm)12
 4:31.36# Brook Handler (Rochester)12

New York/NB Nationals (1M) 3/10/2019
 New York/NB Nationals (1M) 3/11/2012
 New York/NB Nationals (1M) 3/ 9/2013
 New York/NB Nationals (mile)..... 3/13/2011
 New York/NB Nationals (mile)..... 3/15/2015
 New York/NB Nationals (mile)..... 3/13/2011

4:32.3#	Dudek	Ypsilanti/MITS State (1600).....	2/24/2019
4:35.26#	Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals (mile).....	3/12/2017
4:35.42#	Lani Bloom (Ithaca)12	Staten Island/Nike Nationals (1M).....	3/11/2022
4:35.89#	Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (1M).....	1/26/2019
4:36.00#	Audrey DaDamio (Birmingham Seaholm)10	New York/NB Nationals (1M).....	3/10/2019
4:36.42#	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor (mile).....	3/11/2001
4:36.74#	Lexa Barrott (Northville)12	New York/NB Nationals (1M).....	3/13/2016
4:37.1#	Donna Donakowski (DH Riverside)12	/1983
4:37.9#	Karenna Duffey (L'Anse Creuse North)11	Grand Rapids/MITS State (1600).....	2/26/2017
4:38.15#	Nicole Bohnsack (Rockford)10	Landover/Nike Indoor (mile).....	3/10/2002
4:38.39#	Han. Meier	Roxbury/Nike Indoor (mile).....	3/12/2010
4:38.5	Jackie Ford (Lincoln Park)11	Ypsilanti/Indoor Conference.....	4/12/1969
4:38.6#	Anna Jensen (Midland Dow)9	Grand Rapids/MITS State (1600).....	2/26/2017
4:39.03#	Gabby Hentemann (Grand Haven)12	New York/NB Nationals (1M).....	3/10/2019
4:39.0#	Meier	Ypsilanti/MITS State (1600).....	2/27/2010
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4:39.6#	Lisa Senakiewicz (Davison)11	Ann Arbor/MITS State (1600).....	3/ 6/2004
4:39.8#	Maggie Farrell (Battle Creek Lakeview)12	Grand Rapids/MITS State (1600).....	2/26/2017
4:39.95#	Christy Goodison (SH Stevenson)10	Syracuse/NSI.....	/1992
4:40.04#	Judy Rector (Hanover-Horton)12	New York/NB Nationals (1M).....	3/10/2019
4:40.16#	Haley Meier (Grosse Pointe South)10	New York/NB Nationals (mile).....	3/13/2011
4:40.48#	Sophie Novak (Lake Orion)10	New York/NB Nationals (1M).....	3/ 9/2019
4:40.53#	Shannon Osika (Waterford Mott)9	Landover/Nike Classic (h) (mile).....	3/15/2008
4:40.92#	Ana Barrott (Northville)11	New York/NB Nationals (mile).....	3/11/2017
4:41.60#	Sarah Coyne (Plymouth)12	New York/NB Nationals (1M).....	3/13/2022
4:41.65#	Lisa Luecke (Allen Park)12	New York/NB Nationals (1M).....	3/13/2022
4:42.0#	Sarah Kroll (Livonia Churchill)12	Ypsilanti/MITS State (1600).....	2/27/2010
4:42.41#	Rachel Coleman (Northville)12	New York/NB Nationals (1M).....	3/15/2014
4:42.82#	Caitlin Rose (Grand Blanc)12	New York/NB Nationals (1M).....	3/ 9/2019
4:42.9#	Katie Hoebet (Ann Arbor Pioneer)10	Ypsilanti/MITS State (1600).....	2/27/2010
4:43.10#	Karrigan Smith (St Johns)12	New York/NB Nationals (mile).....	3/15/2015
4:43.8#	Rachel Bonner (Port Huron)11	Ypsilanti/MITS State (1600).....	2/28/2015
4:44.20#	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals (1M).....	3/ 9/2013
4:44.43#	Jackie Feist (Birmingham Groves)12	New York/NB Nationals (1M).....	3/15/2014
4:44.8	Carol Frederick (Michigammas TC)11	Ypsilanti/Michigan AAU.....	4/ 4/1970
4:44.9#	Alex Leptich (Saline)11	Mt Pleasant/MITS State (1600).....	2/28/2009
4:45.0	Pam Bagian (Lincoln Park)12	Ypsilanti/Michigan AAU.....	4/ 4/1970
4:45.61#	Mia Garcia (Pinckney)9	New York/NB Nationals (mile).....	3/12/2017
4:45.79#	Hannah Smith (Traverse City West)9	New York/NB Nationals (mile).....	3/11/2018
4:45.7#	Bethany Brewster (Sag. Valley Luth)11	Ann Arbor/MITCA State (1600).....	3/12/1997
4:45.9#	Rachel Wittum (Rockford-North Kent)8	Ann Arbor/MITS Final.....	3/ 8/2003
Oversized Track:			
4:24.3#	Zofia Dudek (Ann Arbor Pioneer)12	Saginaw/MITS #5.....	2/ 8/2020

1600 METERS

4:39.35+	Hannah Meier (Grosse Pointe South)12	New York/NB Nationals (4:40.97).....	3/ 9/2013
4:40.97+	Han. Meier	New York/NB Nationals (4:42.60).....	3/11/2012
4:43.23+	Zofia Dudek (Ann Arbor Pioneer)11	New York/NB Nationals (4:44.88).....	3/10/2019
4:46.46+	Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/adidas Nat (4:48.13).....	2/28/2021
4:46.83+	Han. Meier	New York/NB Nationals (4:48.50).....	3/13/2011
4:47.98+	Rachel DaDamio (Birmingham Seaholm)12	New York/NB Nationals (4:49.66).....	3/15/2015
4:48.62	Abby VanderKooi (Western Mich Christian)10	Grand Rapids/MITS.....	2/ 1/2020
4:48.87+	Brook Handler (Rochester)12	New York/NB Nationals (4:50.55).....	3/13/2011
4:49.55	Dudek	Ypsilanti/MITS State.....	2/24/2019
4:50.00+	Jessie Jazwinski (Hart)11	Chicago/CYUP Misfits (4:51.69).....	1/20/2024
4:50.11+	Jazwinski	Boston/New Balance Nat (4:51.80).....	3/10/2024
4:50.78+	Lani Bloom (Ithaca)12	Staten Island/Nike Nationals (4:52.47)....	3/12/2022
4:50.9#	DaDamio	Chicago/CYUP Misfits Inv (3200).....	2/20/2021
4:51.46#	DaDamio	Virginia Beach/Showcase (1M).....	1/16/2021
4:51.48+	Emma Squires (Petoskey)12	Virginia Beach/adidas Nat (4:53.18).....	2/28/2021
4:52.72+	Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals (4:54.42).....	3/12/2017
4:53.04+	Audrey Belf (Birmingham Seaholm)12	Roxbury/NB Nationals GP (4:54.74).....	2/ 7/2015
4:53.12+	Bethany Brewster (Saginaw Valley Luth)11	Allendale/GV Inv (4:54.83).....	3/25/1997
4:53.3+	Donna Donakowski (Dearborn H Riverside)12	(4:55.0).....	/1983
4:53.57	Squires	Chicago/CYUP Misfits.....	2/19/2021
4:53.59+	DaDamio	New York/NB Nationals (4:55.30).....	3/10/2019
4:54.06+	Rachel Bonner (Port Huron)11	New York/NB Nationals (4:55.77).....	3/15/2015

4:54.11	Belf	Ypsilanti/Huron Relays I.....	3/22/2014
4:54.19+	Lexa Barrott (Northville)12	New York/NB Nationals (4:55.90)	3/13/2016
4:54.2#	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor (4:56.02)	3/11/2001
4:54.30+	Ericka VanderLende (Rockford)12	Boston/NB Indoor GP (4:56.01)	1/26/2019
4:54.38	Han. Meier	Ann Arbor/MITS	2/ 4/2011
4:54.43	Julia Flynn (Traverse City Central)12	Grand Rapids/Aquinas MITS #3	2/ 6/2022
4:54.75	Karenna Duffey (L'Anse Creuse North)11	Grand Rapids/MITS State	2/26/2017
4:54.94+	Elena Figueroa (St Joseph)11	Boston/New Balance Nat (4:56.66).....	3/10/2024
4:55.19+	Han. Meier	Roxbury/Nike Indoor (4:56.91).....	3/12/2010
4:55.32	Han. Meier	Ypsilanti/MITS State	2/26/2011
4:55.37+	Nicole Bohnsack (Rockford)10	Landover/Nike Indoor (4:57.10)	3/10/2002
4:55.43	DaDamio	Ypsilanti/Huron Relays (large)	3/23/2019
4:55.49	Handler	Ann Arbor/MITS	2/ 4/2011
4:55.49	Rylee Robinson (Waterford Mott)12	Ypsilanti/MITS State	2/24/2019
4:55.67+	Barrott	New York/NB Nationals (4:57.39)	3/15/2015
4:55.75+	Kenzie Weiler (Cedar Springs)12	New York/NB Nationals (4:57.47)	3/15/2015
4:55.91+	Katie Clifford (GR West Catholic)12	Allendale/GV Inv (4:57.63).....	3/25/1997
4:55.98	DaDamio	Ypsilanti/MITS State	2/24/2019
4:56.30	Vanderkooi	Grand Rapids/MITS	2/ 9/2019
4:56.34	Han. Meier	Ypsilanti/MITS State	2/27/2010
4:56.43+	Jenny Morgan (Clarkston)11	HST (4:58.15)	/2005
4:56.4	Rachel Coleman (Northville)12	Ann Arbor/Spring Preview.....	3/26/2014
4:56.69+	Emily Tomes (GR Catholic Central)12	Boston/New Balance Nat (4:58.42).....	3/10/2024
4:56.91	Lisa Senakiewicz (Davison)11	Ann Arbor/MITS State.....	3/ 6/2004
4:56.91+	Gabby Hentemann (Grand Haven)12	New York/NB Nationals (4:58.64)	3/10/2019
4:56.92	Haley Meier (Grosse Pointe South)10	Ypsilanti/MITS State	2/26/2011
4:56.98	Bloom	Ypsilanti/MITS State	2/23/2020
4:57.09	Belf	Bowling Green/Sid Sink	1/24/2015
4:57.0+	Lori Bennett (Livonia Ladywood)9	Ypsilanti (4:58.7).....	12/28/1977
4:57.2+	Laura Matson (BH Andover)11	Ann Arbor/MITCA State (4:58.9).....	3/13/1985
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4:57.58+	Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nat (4:59.31)	2/28/2021
4:57.74+	Christy Goodison (SH Stevenson)10	Syracuse/NSI (4:59.47).....	/1992
4:57.79	Rachel Forsyth (Ann Arbor Pioneer)9	Chicago/Illinois Meet of Champions.....	3/ 6/2021
4:57.87+	Sophie Novak (Lake Orion)10	New York/NB Nationals (4:59.60)	3/ 9/2019
4:57.94	Allison Chmielewski (Roscommon)11	Chicago/Illinois Meet of Champions.....	3/ 6/2021
4:58.18	Anna Jensen (Midland Dow)9	Grand Rapids/MITS State	2/26/2017
4:58.26+	Shannon Osika (Waterford Mott)9	Landover/Nike Indoor (5:00.00y).....	3/15/2008
4:58.45	Jayden Harberts (Macomb Dakota)10	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
4:58.46	Maggie Farrell (Battle Creek Lakeview)12	Ann Arbor/MITS	1/28/2017
4:58.59	Caitlin Rose (Grand Blanc)12	Hillsdale/Charger Elite	1/26/2019
4:58.65	Janee Jones (Goodrich)12	Ann Arbor/MITS State.....	3/ 5/2005
4:58.68	Olivia Theis (Lansing Catholic)12	East Lansing/MSU True Team.....	3/27/2018
4:58.99#	Sarah Coyne (Plymouth)12	New York/NB Nationals (1M).....	3/13/2022
4:59.02+	Ana Barrott (Northville)11	New York/NB Nationals (5:00.76)	3/11/2017
4:59.65#	Lisa Luecke (Allen Park)12	New York/NB Nationals (1M).....	3/13/2022
4:59.68	Rachel Bonner (Port Huron)12	Grand Rapids/MITS State.....	2/27/2016
4:59.72	Lauren Kiley (Plymouth)12	Ypsilanti/Huron Relays Large Schools ...	3/26/2022
4:59.85	Ersula Farrow (Oak Park)12	Ann Arbor/MITS	1/ 2/2015
4:59.90	Jaden Theis (Lansing Catholic)11	East Lansing/True Team Inv	3/27/2019
5:00.13	Ellie Leonard (Jenison)12	Mt Pleasant/MITS State	2/22/2014
5:00.16+	Ella Christensen (Northville)12	Boston/New Balance Nat (5:01.91).....	3/10/2024
5:00.53+	Sharon Van Tuyl (Portage Northern)11	Allendale/GV Inv (5:02.28)	3/25/1997
5:00.60	Valerie Wierenga (Grandville)10	Mt Pleasant/MITS State	2/22/2014
5:00.62	Megan Goethals (Rochester)12	East Lansing/MITS.....	118/2010
5:00.65	Rachel McCardell (Birmingham Seaholm)12	Ypsilanti/Huron Relays (large)	3/24/2018
5:00.88	Sarah Kroll (Livonia Churchhill)12	Ypsilanti/MITS State	2/27/2010
5:00.94	Katie Hoevet (Ann Arbor Pioneer)12	Ann Arbor.....	1/12/2012
5:00.95+	Alex Leptich (Saline)11	Boston/Nike Indoor (5:02.67)	3/15/2009
5:01.18	Karrigan Smith (St Johns)11	Mt Pleasant/MITS State	2/22/2014
5:01.25+	Kaylie Livingston (Whitmore Lake)9	Ann Arbor/UM HS Invitational (5:03.00) .	1/21/2024
5:01.28	Kyla Christopher-Moody (West Bloomfield)10	Ann Arbor/MITS	1/28/2017
5:01.36	Aiden Harrand (Buckley)11	Mt Pleasant/CMU MITS #1	2/ 5/2023
5:01.38	Erin Finn (West Bloomfield)10	Ypsilanti/Huron Relays.....	3/26/2011
5:01.62	Maddy Trevisan (Farmington)12	Grand Rapids/MITS State.....	2/27/2016
5:02.14	Jacalyn Overdier (Ann Arbor Pioneer)12	Ann Arbor/Spring Preview.....	3/30/2017
5:02.27+	Judy Rector (Hanover-Horton)12	New York/NB Nationals (5:04.03)	3/10/2019
5:02.28	Jordann McDermit (Davison)12	East Lansing/MITS.....	1/20/2014
5:02.32	Madison Osterberg (Jackson Lumen Christi)11	Ypsilanti/EMU MITS	2/ 5/2023

5:02.36	Gabrielle Anzelone (Grand Blanc)12	Ypsilanti/MITS State	2/26/2011
5:02.67+	Victoria Heiligenthal (Milford)11	New York/NB Nationals (5:04.43)	3/10/2018
5:02.80	Arienne Olson (Holland West Ottawa)12	Grand Rapids/Aquinas MITS	2/11/2023
5:02.98	Sarah Kettel (Lansing Capital Homeschool)11	Ann Arbor/MITS	1/22/2015
5:02.98	Taryn Chapko (St Johns)12	Hillsdale/Charger Elite	1/25/2020
5:03.04	Jamie Krzyminski (Corunna)12	Saginaw/SVSU Inv II.....	4/21/2000
5:03.09+	Drew Muller (East Grand Rapids)12	Boston/New Balance Nat (5:04.85).....	3/10/2024
5:03.20	Holly Bullough (Traverse City St Francis)12	Grand Rapids/MITS	1/29/2016
5:03.6+	Pam Bagian (Lincoln Park)12	New York/AAU (5:04.8).....	2/28/1970
5:03.73+	Jackie Feist (Birmingham Groves)12	New York/NB Nationals (5:05.50)	3/15/2014
5:03.7	Marissa Treece (Maple City Glen Lake)12	Mt Pleasant/MITS	2/ 6/2007
5:03.99+	Mia Garcia (Pinckney)9	New York/NB Nationals (5:05.76)	3/12/2017
5:04.15+	Sara Barron (HW Notre Dame)12	New York/NB Nationals (5:05.92)	3/11/2012
5:04.17+	Madi Wood (Saline)9	New York/NB Nationals (5:05.94)	3/10/2019
5:04.26+	Lauren Burnett (Macomb Dakota)12	New York/NB Nationals (5:06.03)	3/ 9/2013
5:04.28+	Eliza Schwass (Ludington DeJonge)7	Boston/New Balance Nationals (5:06.05) 3/ 7/2024	
5:04.5	Kalin Toedebusch (Rockford)11	Mt Pleasant/Circuit.....	3/ 1/2000
5:04.6	Emily Blakeslee (Rockford)12	Mt Pleasant/Circuit.....	3/ 1/2000
5:04.88	Abby Rentschler (Saline)12	Ypsilanti/MITS State	2/28/2015
5:04.93+	Avery Evenson (Hartland)11	New York/NB Nationals (5:06.70)	3/11/2012
5:04.93+	Hannah Smith (Traverse City West)9	New York/NB Nationals (5:06.70)	3/11/2018
5:04.95	Katie Danyko (Sterling H Stevenson)12	Saginaw/MITS.....	2/13/2002
5:05.03	Stephanie Morgan (Clarkston)9	Saginaw/MITS.....	2/ 1/2006
5:05.07+	Elianna Shwayder (Saline)12	New York/NB Nationals (5:06.83)	3/15/2014
5:05.19	Mary Richmond (Frankenmuth)11	Mt Pleasant/CMU MITS #1 (1M)	2/ 5/2023
5:05.42	Adelyn Ackley (Hart)12	Grand Rapids/MITS	2/ 9/2019
5:05.45	Rachel Wittum (Rockford)8	Ann Arbor/MITS Final	3/ 8/2003
5:05.65	Kelsie Schwartz (Warren Regina)9	Ypsilanti/MITS State	2/26/2011
5:05.67#	Taylor Pangburn (Grand Ledge)12	Boston/New Balance Nationals (1M)	3/12/2023
5:05.75	Becca Addison (Grand Haven)11	Allendale/MITS.....	2/16/2008
5:05.88	Alexa Keiser (Fenton)9	Ann Arbor/MITS	1/28/2017
5:05.9	Melissa Miller (Portland)12	Mt Pleasant/Circuit.....	3/ 1/2000
Oversized Track:			
4:40.65	Audrey DaDamio (Birmingham Seaholm)12	Geneva/SPIRE Showcase	2/ 7/2021
4:41.64+	Hannah Meier (Grosse Pointe South)11	Seattle/Brooks (4:43.28)	2/26/2012
4:41.85	Zofia Dudek (Ann Arbor Pioneer)12	Saginaw/MITS #5.....	2/ 8/2020
4:42.56+	Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/GVSU MITS #4 (4:44.20)	1/29/2022
4:44.76	Han. Meier	Allendale/MITS.....	2/16/2013
4:45.24	Haley Meier (Grosse Pointe South)12	Allendale/MITS.....	2/16/2013
4:45.80	R. Forsyth	Kent/HS Meet #3.....	2/27/2022
4:46.43+	Hal. Meier	Seattle/Brooks (4:48.10)	2/26/2012
4:46.77	Julia Flynn (Traverse City Central)12	Ypsilanti/MITS Champs.....	2/27/2022
4:46.80+	Jessie Jazwinski (Hart)11	Allendale/GVSU #4 (4:48.47).....	1/27/2024
4:47.59	Han. Meier	Allendale	2/18/2012
4:47.74	Erin Finn (West Bloomfield)12	Allendale/MITS.....	2/16/2013
4:48.98	Jazwinski	Allendale/GVSU #1	12/ 2/2023
4:48.99+	Arienne Olson (Holland West Ottawa)11	Allendale/GVSU MITS #4 (4:50.67)	1/29/2022
4:50.85	Hay. Meier	Allendale	2/18/2012
4:51.48	R. Forsyth	Saginaw/SVSU MITS #3.....	1/15/2022
4:51.61	Sophie Novak (Lake Orion)11	Geneva/SPIRE Showcase	2/ 9/2020
4:52.10	A. DaDamio	Saginaw/MITS #4.....	2/ 1/2020
4:52.22	R. Forsyth	Geneva/SPIRE Showcase	2/ 7/2021
4:52.81+	Audrey Belf (Birmingham Seaholm)12	Allendale/Gazelle Elite (4:54.51).....	1/31/2015
4:52.86	Sarah Forsyth (Ann Arbor Pioneer)12	Kent/HS Meet #3.....	2/27/2022
4:53.03	Olson	Ypsilanti/MITS Champs.....	2/27/2022
4:53.08+	R. Forsyth	Allendale/GVSU #4 (4:54.78).....	1/27/2024
4:53.10	Judy Rector (Hanover-Horton)12	Geneva/SPIRE Scholastic Showcase	2/10/2019
4:53.33	R. Forsyth	Ypsilanti/SEC Invite.....	3/23/2023
4:53.35+	Rachel DaDamio (Birmingham Seaholm)12	Allendale/Gazelle Elite (4:55.06).....	1/31/2015
4:53.61	Jessica Jazwinski (Hart)9	Ypsilanti/MITS Finals.....	2/26/2023
4:53.64	Shannon Osika (Waterford Mott)12	Seattle/Brooks.....	2/27/2011
4:53.69	R. Forsyth	Youngstown/YSU Open #3	1/13/2021
4:53.82+	Novak	Allendale/Gazelle Elite (4:55.53).....	1/11/2020
4:53.94	Anna Jensen (Midland Jefferson MS)8	Saginaw/MITS.....	12/12/2015
4:53.98+	Jensen	Allendale/Gazelle Sports Elite (4:55.69) .	1/ 7/2017
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4:54.08+	Ericka VanderLende (Rockford)12	Allendale/Winter Classic (4:55.79)	1/ 5/2019
4:54.14+	Taryn Chapko (St Johns)12	Lexington/UK Inv (4:55.85)	2/15/2020
4:54.3+	Anne Forsyth (Ann Arbor Pioneer)12	Allendale/MITS (4:56.0)	1/ 6/2018

4:54.7+	Rachel McCardell (Birmingham Seaholm)12	Allendale/MITS (4:56.4)	1/ 6/2018
4:55.21	Lani Bloom (Ithaca)12	Saginaw/MITS.....	1/ 8/2022
4:55.2+	Kayla Windemuller (Holland Christian)12	Allendale/MITS (4:56.9)	1/ 6/2018
4:55.39	Ali Wiersma (Allendale)12	Allendale	2/18/2012
4:55.39+	Jayden Harberts (Macomb Dakota)10	Allendale/GVSU MITS #4 (4:57.11).....	1/29/2022
4:55.42+	Karrigan Smith (St Johns)12	Allendale/Gazelle Elite (4:57.14).....	1/31/2015
4:55.53	Avery Evenson (Hartland)12	Allendale	2/18/2012
4:55.71	Sara Barron (HW Notre Dame)12	Allendale	2/18/2012
4:55.77+	Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Sports Elite (4:57.49) .	1/ 7/2017
4:55.90	Brook Handler (Rochester)12	Allendale/MITS.....	2/19/2011
4:55.99+	Sarah Kettel (Lansing Capital Homeschool)11	Allendale/Gazelle Elite (4:57.71).....	1/31/2015
4:56.33+	Rachel Bonner (Port Huron)11	Allendale/Gazelle Elite (4:58.05).....	1/31/2015
4:56.37+	Amber Gall (Shepherd)12	Saginaw/Distance Festival (4:58.09).....	2/ 9/2019
4:56.46	Rachele Schulist (Zeeland West)12	Allendale/Laker	3/22/2012
4:56.61	Sarah Coyne (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:56.71	Arianne Olson (Holland West Ottawa)12	Allendale/GVSU Laker Challenge	3/23/2023
4:56.80+	Kaylie Livingston (Whitmore Lake)9	Allendale/GVSU #4 (4:58.53).....	1/27/2024
4:57.00+	Kenzie Weiler (Cedar Springs)12	Allendale/Gazelle Elite (4:58.73).....	1/31/2015
4:57.14	Haley Deighan (Birmingham Seaholm)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:57.24	Clara James-Heer (L'Anse Creuse MS)8	Saginaw/MITS #4.....	2/ 1/2020
4:57.28+	Drew Muller (East Grand Rapids)12	Allendale/GVSU #4 (4:59.01).....	1/27/2024
4:57.2+	Sue Parks (Ypsilanti)11	Champaign/C AAU (4:58.9)	1/14/1973
4:57.5+	Gabby Hentemann (Grand Haven)11	Allendale/MITS (4:59.2)	1/ 6/2018
4:57.60	Lauren Kiley (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
4:57.72	Ersula Farrow (Grosse Pointe South)9	Allendale	2/18/2012
4:57.91+	Morgan Brown (Livonia Churchill)12	Saginaw/SVSU Distance Fest (4:59.64)	2/10/2024
4:57.94	Annika Sandman (Lowell)12	Allendale/GVSU Laker Challenge	3/23/2023
4:58.00+	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite (4:59.73).....	1/11/2020
4:58.15+	Rachel Coleman (Northville)12	Allendale/MITS (4:59.88)	1/11/2014
4:58.31	Aiden Harrand (Buckley)11	Allendale/GVSU #4	1/28/2023
4:58.31+	Elena Figueroa (St Joseph)11	Saginaw/SVSU Distance Fest (5:00.05)	2/10/2024
4:58.38+	Caitlin Rose (Grand Blanc)12	Saginaw/Distance Festival (5:00.12).....	2/ 9/2019
4:58.48+	Cookie Baugh (Ann Arbor Pioneer)12	Allendale/GVSU MITS #4 (5:00.22)	1/29/2022
4:58.49+	Karena Duffey (L'Anse Creuse North)12	Saginaw/MITS (5:00.23)	2/10/2018
4:58.6+	Megan Worrel (Troy)12	Allendale/MITS (5:00.3)	1/ 6/2018
4:58.73	Emma Squires (Petoskey)11	Saginaw/MITS #4.....	2/ 1/2020
4:58.86+	Lexa Barrott (Northville)11	Allendale/Gazelle Elite (5:00.60).....	1/31/2015
4:59.05+	Alexa Keiser (Fenton Schmidt)8	Saginaw/Distance Festival (5:00.79).....	2/13/2016
4:59.07	Allie Arnsman (Grandville)12	Allendale/GVSU Laker Challenge	3/23/2023
4:59.18	Allison Chmielewski (Roscommon)11	Ypsilanti/MITS State.....	3/20/2021
4:59.43	Payton Scheffler (Woodhaven)10	Ypsilanti/MITS Champs.....	2/27/2022
4:59.47	Ana Barrott (Northville)11	Geneva/SPIRE Scholastic	2/12/2017
4:59.70	Gabrielle Anzelone (Grand Blanc)12	Lexington	2/19/2011
4:59.74+	Lisa Luecke (Allen Park)12	Allendale/GVSU MITS #4 (5:01.48)	1/29/2022
4:59.86	Annie Fuller (Manistee)12	Allendale/MITS.....	2/21/2015
4:59.93	Rylee Robinson (Waterford Mott)11	Saginaw/SVSU D1.....	3/21/2018
4:59.93	Emily Cooper (Ann Arbor Pioneer)12	Ypsilanti/SEC Invite.....	3/23/2023
4:59.93	Anyla Robinson (Detroit Cass Tech)9	Ypsilanti/LAB #7	2/ 3/2024
5:00.00	Emma Drnek (Zeeland East)11	Allendale/GVSU Laker Challenge	3/21/2024
5:00.02	Helen Sachs (Holland West Ottawa)11	Allendale/GVSU Laker Challenge	3/21/2024
5:00.0+	Hannah Smith (Traverse City West)9	Allendale/MITS (5:01.7)	1/ 6/2018
5:00.41+	Emily Wall (Midland Dow)11	Saginaw/Distance Festival (5:02.16).....	2/13/2016
5:00.71+	Adit Dau (GR Ottawa Hills)10	Allendale/Gazelle Elite (5:02.46).....	1/11/2020
5:01.00	Sylvia Sanok Dufallo (Ann Arbor Pioneer)11	Ypsilanti/SEC Invite.....	3/23/2023
5:01.17+	Maddy Trevisan (Farmington)12	Saginaw/Distance Festival (5:02.92).....	2/13/2016
5:01.17	Emily Tomes (GR Catholic Central)12	Ypsilanti/MITS Finals.....	2/25/2024
5:01.24	Lindsay Burdette (Hanover-Horton)12	Allendale	2/18/2012
5:01.25+	Madelyn Frens (Grand Rapids Christian)10	Allendale/Gazelle Elite (5:03.00).....	1/11/2020
5:01.33	Ersula Farrow (Oak Park)12	Saginaw/MITS.....	12/20/2014
5:01.36	Elizabeth Dalrymple (Clarkston)12	Geneva/SPIRE Scholastic Showcase ...	2/10/2019
5:01.47	Taylor Pangburn (Grand Ledge)12	Ypsilanti/MITS Finals.....	2/26/2023
5:01.95+	Megan O'Neil (Remus Chippewa Hills)12	Allendale/MITS (5:03.71)	1/11/2014
5:02.15	Adelyn Ackley (Hart)11	Allendale/MITS Gazelle Elite.....	2/17/2018
5:02.52+	Kyla Christopher-Moody (West Bloomfield)12	Saginaw/Distance Festival (5:04.28).....	2/ 9/2019
5:02.57+	Emma Wilson (Romeo)12	Saginaw/Distance Festival (5:04.33).....	2/13/2016
5:02.71	Jamie Morrisey (Rochester Adams)12	Allendale/MITS.....	2/16/2013
5:02.73	Ava Porras (Holland West Ottawa)10	Allendale/GVSU Laker Challenge	3/21/2024
5:02.88+	Erika Rapp (Pinckney)11	Saginaw/MITS (5:04.64)	2/10/2018
5:02.89+	Karrigan Smith (St Johns)11	Allendale/MITS (5:04.65)	1/11/2014

5:02.92+	Ella Christensen (Northville)12	Saginaw/SVSU Distance Fest (5:04.68)	2/10/2024
5:03.05	Sophie Novak (Lake Orion)12	Ypsilanti/MITS State	3/20/2021
5:03.33+	Gail Vaikutis (St Joseph)12	Allendale/GVSU #4 (5:05.09)	1/27/2024
5:03.42	Mary Richmond (Frankenmuth)11	Ypsilanti/MITS Finals.....	2/26/2023
5:03.48	Emmy Ross (Onsted)11	Ypsilanti/LAB #7	2/ 3/2024
5:03.49	Rylee Tolson (Stockbridge)10	Saginaw/MITS.....	1/18/2020
5:03.61+	Yasmine Mansi (Northville)11	Allendale/Gazelle Elite (5:05.38)	1/11/2020
5:03.65	Lauren Burnett (Macomb Dakota)12	Allendale/MITS.....	2/16/2013
5:03.72+	Madison Osterberg (Jackson Lumen Christi)12	Allendale/GVSU #4 (5:05.49).....	1/27/2024
5:03.86	Kelly Schubert (Manistee)12	Allendale	2/18/2012

ONE MILE

(no conversions)

4:40.97	Hannah Meier (Grosse Pointe South)12	New York/NB Nationals	3/ 9/2013
4:42.60	Han. Meier	New York/NB Nationals	3/11/2012
4:44.88	Zofia Dudek (Ann Arbor Pioneer)12	New York/NB Nationals	3/10/2019
4:48.13	Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/adidas Nationals	2/28/2021
4:48.50	Han. Meier	New York/NB Nationals	3/13/2011
4:49.66	Rachel Dadamio (Birmingham Seaholm)12	New York/NB Nationals	3/15/2015
4:50.55	Brook Handler (Rochester)12	New York/NB Nationals	3/13/2011
4:51.69	Jessie Jazwinski (Hart)11	Chicago/CYUP Misfits.....	1/20/2024
4:51.80	Jazwinski	Boston/New Balance Nationals.....	3/10/2024
4:52.47	Lani Bloom (Ithaca)12	Staten Island/Nike Nationals	3/12/2022
4:53.13	DaDamio	Virginia Beach/Showcase	1/16/2021
4:53.18	Emma Squires (Petoskey)12	Virginia Beach/adidas Nationals	2/28/2021
4:54.42	Anne Forsyth (Ann Arbor Pioneer)11	New York/NB Nationals	3/12/2017
4:54.74	Audrey Belf (Birmingham Seaholm)12	Roxbury/NB Nationals GP.....	2/ 7/2015
4:54.83	Bethany Brewster (Sag. Valley Luth)11	Allendale/GV Inv	3/25/1997
4:55.0	Donna Donakowski (DH Riverside)12	HST.....	/1983
4:55.30	A. DaDamio	New York/NB Nationals	3/10/2019
4:55.77	Rachel Bonner (Port Huron)11	New York/NB Nationals	3/15/2015
4:55.90	Lexa Barrott (Northville)12	New York/NB Nationals	3/13/2016
4:56.02	Linsey Blaisdell (Rockford)12	Landover/Nike Indoor.....	3/11/2001
4:56.66	Elena Figueroa (St Joseph)11	Boston/New Balance Nationals.....	3/10/2024
4:56.91	Han. Meier	Roxbury/Nike Indoor	3/12/2010
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4:57.10	Nicole Bohnsack (Rockford)10	Landover/Nike Indoor.....	3/10/2002
4:57.47	Kenzie Weiler (Cedar Springs)12	New York/NB Nationals	3/15/2015
4:57.63	Katie Clifford (GR West Catholic)12	Allendale/GV Inv	3/25/1997
4:58.15	Jenny Morgan (Clarkston)11	HST.....	/2005
4:58.42	Emily Tomes (GR Catholic Central)12	Boston/New Balance Nationals.....	3/10/2024
4:58.64	Gabby Hentemann (Grand Haven)12	New York/NB Nationals	3/10/2019
4:58.7	Lori Bennett (Livonia Ladywood)5	Ypsilanti	12/28/1977
4:58.9	Laura Matson (BH Andover)11	Ann Arbor/MITCA State	3/13/1985
4:59.31	Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nationals	2/28/2021
4:59.47	Christy Goodison (SH Stevenson)10	Syracuse/NSI	/1992
4:59.60	Sophie Novak (Lake Orion)10	New York/NB Nationals	3/ 9/2019
5:00.00	Shannon Osika (Waterford Mott)9	Landover/Nike Indoor.....	3/15/2008

Oversized Track:

4:43.28	Hannah Meier (Grosse Pointe South)11	Seattle/Brooks.....	2/26/2012
4:44.20	Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/Gazelle Elite	1/29/2022
4:48.10	Haley Meier (Grosse Pointe South)11	Seattle/Brooks.....	2/26/2012
4:48.47	Jessie Jazwinski (Hart)11	Allendale/GVSU #4	1/27/2024
4:50.67	Arienne Olson (Holland West Ottawa)11	Allendale/Gazelle Elite	1/29/2022
4:54.51	Audrey Belf (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/31/2015
4:55.06	Rachel DaDamio (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/31/2015
4:55.53	Sophie Novak (Lake Orion)11	Allendale/Gazelle Elite	1/11/2020
4:55.69	Anna Jensen (Midland Dow)9	Allendale/Gazelle Elite	1/ 7/2017
4:56.0	Anne Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	1/ 6/2018
4:56.4	Rachel McCardell (Birmingham Seaholm)12	Allendale/Gazelle Elite	1/ 6/2018
4:56.4	Ericka VanderLende (Rockford)11	Allendale/Gazelle Elite	1/ 6/2018
4:56.55	Audrey DaDamio (Birmingham Seaholm)11	Allendale/Gazelle Elite	1/11/2020
4:56.80	Julia Flynn (Traverse City Central)12	Allendale/Gazelle Elite	1/29/2022
4:56.9	Kayla Windemuller (Holland Christian)12	Allendale/Gazelle Elite).....	1/ 6/2018
4:57.11	Jayden Harberts (Macomb Dakota)10	Allendale/Gazelle Elite	1/29/2022
4:57.14	Karrigan Smith (St Johns)12	Allendale/Gazelle Elite	1/31/2015
4:57.49	Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Elite	1/ 7/2017

4:57.71	Sarah Kettel (Lansing Capital Homeschool)11	Allendale/Gazelle Elite	1/31/2015
4:58.05	Rachel Bonner (Port Huron)11	Allendale/Gazelle Elite	1/31/2015
4:58.53	Kaylie Livingston (Whitmore Lake)9	Allendale/GVSU #4	1/27/2024
4:58.73	Kenzie Weiler (Cedar Springs)12	Allendale/Gazelle Elite	1/31/2015
4:58.9	Sue Parks (Ypsilanti)11	Champaign/Central AAU.....	1/14/1973
4:59.01	Drew Muller (East Grand Rapids)12	Allendale/GVSU #4	1/27/2024
4:59.2	Gabby Hentemann (Grand Haven)11	Allendale/Gazelle Elite	1/ 6/2018
4:59.64	Morgan Brown (Livonia Churchill)12	Saginaw/SVSU Distance Festival	2/10/2024
4:59.73	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite	1/11/2020
4:59.88	Rachel Coleman (Northville)12	Allendale/Gazelle Elite	1/11/2014
4:59.94	Sarah Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	1/29/2022

2000 METERS

6:06.0#	Audrey DaDamio (Birmingham Seaholm)12	Chicago/CYUP Misfits Inv (3200).....	2/20/2021
6:20.35#	DaDamio	Virginia Beach/Showcase (2M)	1/17/2021
6:22.1#	DaDamio	Virginia Beach/757 Showcase (2M)	1/30/2021
6:25.9#	Erin Finn (West Bloomfield)11	New York/NB Nationals (5K).....	3/ 9/2012

2000 STEEPLECHASE

7:34.76	Layla Jordan (Goodrich)11	Mt Pleasant/CMU MITS	2/ 4/2024
7:42.94	Mia Garcia (Pinckney)12	Mt Pleasant/MITS	1/ 7/2020
7:50.10	Jessica Denver (Imlay City)10	Mt Pleasant/MITS	1/16/2019
7:57.51	Remington Hobson (Montrose)12	Mt Pleasant/MITS	1/17/2018
8:17.02	Samantha Hill (Chesaning)12	Mt Pleasant/MITS	1/17/2018
8:18.57	Ellie Reynolds (Flushing)9	Mt Pleasant/MITS	1/17/2018
8:22.83	Abigail Kiaunis (Reed City)10	Mt Pleasant/MITS	1/16/2019
8:27.18	Abby Robinson (Gladwin)11	Mt Pleasant/CMU MITS	2/ 4/2024
8:55.16	Madison Gimney (Shepherd)12	Mt Pleasant/CMU MITS	2/ 4/2024

3000 METERS

9:15.2#	Audrey DaDamio (Birmingham Seaholm)12	Chicago/CYUP Misfits Inv (3200).....	2/20/2021
9:31.30#	Audrey Belf (Birmingham Seaholm)11	New York/NB Nationals (2M)	3/16/2014
9:32.33#	DaDamio	Virginia Beach/adidas Nationals (2M)	2/27/2021
9:32.5#	DaDamio	Virginia Beach/757 Showcase (2M)	1/30/2021
9:33.72#	DaDamio	Virginia Beach/Showcase (2M)	1/17/2021
9:34.74#	Megan Goethals (Rochester)12	Roxbury/Nike Indoor (2M).....	3/13/2010
9:43.0#	Maggie Farrell (Battle Creek Lakeview)12	New York/NB Nationals (2M)	3/12/2017
9:43.3#	Erin Finn (West Bloomfield)11	New York/NB Nationals (5K).....	3/ 9/2012
9:43.98#	Belf	New York/NB Nationals (2M)	3/ 9/2013
9:44.26#	Belf	New York/NB Nationals (2M)	3/15/2015
9:45.05#	Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals (2M)	3/15/2015
9:45.88#	Ericka VanderLende (Rockford)11	New York/NB Nationals (2M)	3/11/2018
9:45.96	Jaden Theis (Lansing Catholic)10	Grand Rapids/Gardiner Inv	3/24/2018
9:46.06#	Kayla Windemuller (Holland Christian)12	New York/NB Nationals (2M)	3/11/2018
9:48.08#	Windemuller	New York/NB Nationals (2M)	3/12/2017
9:49.89#	Maddy Trevisan (Farmington)12	New York/NB Nationals (2M)	3/13/2016
9:49.8#	Goethals	Ypsilanti/MITS State (3200)	2/27/2010
9:55.56#	Emma Squires (Petoskey)12	Virginia Beach/adidas Nationals (2M)	2/27/2021
9:55.9#	Sharon Van Tuyl (Portage Northern)11	Ann Arbor/MITCA State (3200).....	3/12/1997
9:56.44#	Noelle Adriaens (Pinckney)12	New York/NB Nationals (2M)	3/10/2019
9:58.0	Miriam Boyd (Port Huron)11	Louisville	2/11/1978
9:58.2#	Goethals	Mt Pleasant/MITS State (3200).....	2/28/2009
9:58.7#	Kettel	Ypsilanti/MITS State (3200)	2/28/2015
9:59.0#	Belf	Ypsilanti/MITS State (3200)	2/28/2015
9:59.6#	Marissa Treece (Maple City Glen Lake)12	Ann Arbor/MITS State (3200).....	3/17/2007
10:00.08#	Kenzie Weiler (Cedar Springs)11	New York/NB Nationals (2M)	3/16/2014
10:00.44#	Valerie Wierenga (Grandville)10	New York/NB Nationals (2M)	3/16/2014
10:01.66#	Jessi Larson (Saline)10	New York/NB Nationals (2M)	3/13/2016
10:01.8#	Ali Wiersma (Allendale)12	Ypsilanti/MITS State (3200)	2/25/2012
10:04.09#	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor (2M)	3/11/2001
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10:04.38#	Jayden Harberts (Macomb Dakota)10	New York/NB Nationals (2M).....	3/11/2022
10:05.65#	Anna Petr (East Grand Rapids)12	New York/NB Nationals (2M)	3/ 8/2019
10:06.02#	Emma Wilson (Romeo)12	New York/NB Nationals (2M)	3/13/2016
10:06.07#	Annika Sandman (Lowell)12	Boston/New Balance Nationals (2M)	3/10/2023

10:06.55 Clara James-Heer (Grand Rapids MS)6
 10:07.0# Gabrielle Anzelone (Grand Blanc)10
 10:07.90# Ana Barrott (Northville)11
 10:08.68# Rachel Coleman (Northville)12
 10:08.70# Lexa Barrott (Northville)11
 10:09.07# Nicole Hanson (Clarkston)12
 10:09.5# Emily Blakeslee (Rockford)12
 10:10.03# Ashlyn Nagel (Bay City Western)11
 10:10.0# Lindsey Burdette (Hanover-Horton)12
 10:10.1# Anna Jensen (Midland Dow)9
 10:10.48# Mary Richmond (Frankenmuth)11
 10:10.75# Haley Deighan (Birmingham Seaholm)12
 10:11.09# Allie Arnsman (Grandville)12
 10:12.03# Kelsie Schwartz (Grosse Pt South)10
 10:12.1# Jamie Krzyminski (Corunna)12
 10:12.4# Linsey Blaisdell (Rockford)12
 10:12.4# Bekah Smeltzer (Monroe Jefferson)9
 10:12.55# Madison Troy (Grandville)10
 10:13.15# Allison Chmielewski (Roscommon)12
 10:13.7# Kelly Schubert (Manistee)12
 10:14.85# Madeline Rehm (White Lake Lakeland)12
 10:15.05# Faith Smith (Jackson Lumen Christi)12
 10:15.19# Ava Strenge (Battle Creek St Phillip)12
 10:15.5# Sammy Mondry (Grandville)11
 10:16.31# Anne Forsyth (Ann Arbor Pioneer)10
 10:17.48# Christina Sawyer (Tecumseh)12
 10:17.70# Madison Clor (Romeo)12
 10:19.1# Alexa Keiser (Fenton)11
 10:19.68# Kayla Fortino (Saline)12
 10:19.69+ Grace Nolan (Clarkston)12
 10:19.9# Maryssa Depies (Muskegon Reeths-Puffer)12
 10:20.1 Kayla Skelly (Midland)12
 10:20.1# Megan Fitzgerald (SH Stevenson)10
 10:20.3# Kelli Jackson (Hudsonville)12
 10:20.5# Grace Cutler (Royal Oak)10
 10:20.7# Peyton Witt (Portage Northern)12
 10:20.9# Nicole Zeinstra (Black River)12
 10:21.0# Sharon Dickie (Grand Blanc)12
 10:22.3# Kaitlyn St. Bernard (Monroe Jefferson)12

Staten Island/Hershey USATF 3/11/2018
 Mt Pleasant/MITS State (3200)..... 2/28/2009
 New York/NB Nationals (2M) 3/12/2017
 New York/NB Nationals (2M) 3/16/2014
 New York/NB Nationals (2M) 3/13/2015
 New York/NB Nationals (2M) 3/11/2016
 Bloomington/NIC (2M) 3/12/2000
 New York/NB Nationals (2M) 3/ 8/2019
 Ypsilanti/MITS State (3200) 2/25/2012
 Ann Arbor/MITS (3200) 1/15/2017
 Boston/New Balance Nationals (2M) 3/10/2023
 New York/NB Nationals (2M).....3/11/2022
 Boston/New Balance Nationals (2M) 3/10/2023
 New York/NB Nationals 3/ 9/2012
 East Lansing/Circuit (3200)..... 2/22/2000
 Ann Arbor/MITS (3200)..... 2/23/2001
 Ann Arbor/MITS State (3200)..... 3/ 6/2004
 New York/NB Nationals (2M) 3/11/2016
 New York/NB Nationals (2M).....3/11/2022
 Ypsilanti/MITS State (3200) 2/25/2012
 New York/NB Nationals (2M) 3/ 8/2019
 New York/NB Nationals (2M).....3/11/2022
 Hillsdale/Charger Opener (3200) 1/ 8/2017
 Ypsilanti/MITS State (3200) 2/25/2012
 New York/NB Nationals (2M) 3/13/2016
 New York/NB Nationals (2M) 3/12/2017
 Boston/New Balance Nationals (2M) 3/10/2023
 Ypsilanti/MITS State (3200) 2/23/2019
 New York/NB Nationals (2M) 3/ 8/2019
 New York/NB Nationals (5K)..... 3/ 8/2019
 Grand Rapids/MITS State (3200)..... 2/25/2017
 /1982
 Ann Arbor/MITCA State (3200) 3/12/1997
 Ypsilanti/MITS State (3200) 2/28/2015
 Ypsilanti/MITS State (3200) 2/28/2015
 Ypsilanti/MITS State (3200) 2/23/2019
 Ypsilanti/MITS State (3200) 2/25/2012
 Ann Arbor/MITCA State (3200) 3/18/1998
 Ypsilanti/MITS (3200) 12/21/2017

3200 METERS

9:51.28 Audrey DaDamio (Birmingham Seaholm)12
 10:03.94+ DaDamio
 10:07.1# Megan Goethals (Rochester)12
 10:07.36+ Audrey Belf (Birmingham Seaholm)11
 10:07.60+ DaDamio
 10:10.41# DaDamio
 10:13.76+ Maggie Farrell (Battle Creek Lakeview)12
 10:18.85+ Belf
 10:19.35+ Marissa Treece (Maple City-Glen Lake)12
 10:20.09+ Belf
 10:20.77+ Kayla Windemuller (Holland Christian)12
 10:21.71+ Ericka VanderLende (Rockford)11
 10:23.15+ Windemuller
 10:23.4# Erin Finn (West Bloomfield)11
 10:23.61+ Sarah Kettel (Lansing Capital Homeschool)11
 10:24.78 A. DaDamio
 10:26.98 Goethals
 10:27.96+ Maddy Trevisan (Farmington)12
 10:31.78 Belf
 10:32.90 Belf
 10:33.7 Sharon Van Tuyl (Portage Northern)11
 10:33.21+ Valerie Wierenga (Grandville)10
 10:33.32 Kettel
 10:33.81 Goethals
 10:33.94+ Kenzie Weiler (Cedar Springs)11
 10:34.24+ Noelle Adriaens (Pinckney)12

Chicago/CYUP Misfits Inv 2/20/2021
 Virginia Beach/757 Show (10:07.46)..... 1/30/2021
 Roxbury/Nike Indoor (10:10.14) 3/13/2010
 New York/NB Nationals (10:10.90) 3/16/2014
 Virginia Beach/adidas Nat (10:11.14) 2/27/2028
 Virginia Beach/Showcase (2M) 1/17/2021
 New York/NB Nationals (10:17.34) 3/12/2017
 New York/NB Nationals (10:22.46) 3/ 9/2013
 New York/National Scholastic (10:22.96)3/11/2007
 New York/NB Nationals (10:23.70) 3/15/2015
 New York/NB Nationals (10:24.39) 3/11/2018
 New York/NB Nationals (10:25.33) 3/11/2018
 New York/NB Nationals (10:26.78) 3/12/2017
 New York/NB Nationals (5K)..... 3/ 9/2012
 New York/NB Nationals (10:27.24) 3/15/2015
 Ypsilanti/MITS State 2/22/2020
 Ypsilanti/MITS State 2/27/2010
 New York/NB Nationals (10:31.62) 3/13/2016
 Mt Pleasant/MITS State 2/22/2014
 Ypsilanti/MITS State 2/28/2015
 Ann Arbor/MITCA State 3/12/1997
 New York/NB Nationals (10:36.90) 3/16/2014
 Ypsilanti/MITS State 2/28/2015
 Mt Pleasant/MITS State 2/28/2009
 New York/NB Nationals (10:37.63) 3/16/2014
 New York/NB Nationals (10:37.94) 3/10/2019

10:34.40	Treece	Ann Arbor/MITS State	3/17/2007
10:36.43	Lauren Brasure (Rockford)12	Mt Pleasant/MITS State	2/22/2014
10:37.38	Belf	Mt Pleasant/MITS State	2/23/2013
10:37.42	Finn	Ann Arbor.....	2/16/2012
10:38.10	Rachel Forsyth (Ann Arbor Pioneer)9	Chicago/Illinois Meet of Champions.....	3/ 5/2021
10:38.59	Emma Squires (Petoskey)12	Chicago/CYUP Misfits Inv	2/20/2021
10:38.97	Rylee Tolson (Stockbridge)10	Ypsilanti/MITS State	2/22/2020
10:39.0	Linsey Blaisdell (Rockford)12	Allendale/MITS.....	2/17/2001
10:39.56#	Jayden Harberts (Macomb Dakota)10	New York/NB Nationals (2M).....	3/11/2022
10:39.7+	Michelle Bews (Birmingham Seaholm-AUS)12	East Lansing/Spartan (10:43.4)	3/31/1984
10:39.82+	Bekah Smeltzer (Monroe Jefferson)10	Landover/Nike Indoor (10:43.55)	3/12/2005
10:40.12	Jessi Larson (Saline)10	Ypsilanti/MITS.....	2/11/2016
10:40.16	Kaylie Livingston (Whitmore Lake)9	Ann Arbor/UM HS Invitational	1/21/2024
10:40.56	Ali Wiersma (Allendale)12	Ypsilanti/MITS State	2/25/2012
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10:40.69+	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor (10:44.42)	3/11/2001
10:41.86	Alexa Keiser (Fenton)12	Ypsilanti/MITS State	2/22/2020
10:43.15+	Anna Petr (East Grand Rapids)12	New York/NB Nationals (10:46.90)	3/ 8/2019
10:43.33	Elena Figueroa (St Joseph)11	Ann Arbor/UM HS Invitational	1/21/2024
10:44.03+	Rachel Coleman (Northville)12	New York/NB Nationals (10:47.78)	3/16/2014
10:44.31	Amber Way (Charlevoix)11	Mt Pleasant/MITS State	2/22/2014
10:44.34+	Nicole Hanson (Clarkston)12	New York/NB Nationals (10:48.09)	3/11/2016
10:44.3+	Mary Peruski (Dearborn Edsel Ford)12	(10:48.0).....	/1985
10:45.00#	Annika Sandman (Lowell)12	Boston/New Balance Nationals (2M)	3/10/2023
10:45.31+	Emma Wilson (Romeo)12	New York/NB Nationals (10:49.07)	3/13/2016
10:45.39+	Tiffany Abrahamian (Rochester)12	New York/National Sch (10:49.15y)	3/16/2008
10:45.92	Gabrielle Anzelone (Grand Blanc)10	Mt Pleasant/MITS State	2/28/2009
10:46.41+	Ana Barrott (Northville)11	New York/NB Nationals (10:50.18)	3/12/2017
10:47.56+	Ellie Leonard (Jenison)12	New York/NB Nationals (10:51.33)	3/16/2014
10:47.59+	Emily Blakeslee (Rockford)12	Bloomington/NIC (10:51.36).....	3/12/2000
10:47.64	Jamie Krzyminski (Corunna)12	Saginaw/SVSU Inv II.....	4/21/2000
10:48.0	Emily Langenberg (Grand Ledge)10	HST.....	/2005
10:48.20	Kelli Jackson (Hudsonville)11	Mt Pleasant/MITS State	2/22/2014
10:48.65	Hannah Smith (Traverse City West)9	Ypsilanti/MITS.....	1/14/2018
10:48.67+	Ashlyn Nagel (Bay City Western)11	New York/NB Nationals (10:52.45)	3/ 8/2019
10:49.1+	Kris Salt (Dearborn Edsel Ford)12	Ypsilanti/Huron.....	3/21/1987
10:49.74#	Mary Richmond (Frankenmuth)11	Boston/New Balance Nationals (2M)	3/10/2023
10:49.84#	Allie Arnsman (Grandville)12	Boston/New Balance Nationals (2M)	3/10/2023
10:50.06	Lauren Benstead (Brighton Stockwell)12	Mt Pleasant/MITS State	2/23/2013
10:50.15+	Michele Moriset (Troy)12	New York/National Sch (10:53.94).....	3/14/2010
10:50.21	Katie Danyko (SH Stevenson)12	Saginaw/MITS.....	1/30/2002
10:50.47+	Kelsie Schwartz (Grosse Pt South)10	New York/NB Nationals (10:54.26)	3/ 9/2012
10:50.66#	Haley Deighan (Birmingham Seaholm)12	New York/NB Nationals (2M).....	3/11/2022
10:50.93+	Madison Troy (Grandville)10	New York/NB Nationals (10:54.72)	3/11/2016
10:51.00#	Clara James-Heer (Forest Hills Central)9	Virginia Beach/adidas Nationals (5K).....	2/26/2021
10:51.57	Lindsey Burdette (Hanover-Horton)12	Ypsilanti/MITS State	2/25/2012
10:51.74	Kellee Lemcke (Sterling Hts Stevenson)12	Saginaw/MITS.....	2/15/2006
10:52.17+	Madeline Rehm (White Lake Lakeland)12	New York/NB Nationals (10:55.97)	3/ 8/2019
10:52.83	Kelly Schubert (Manistee)12	Ypsilanti/MITS State	2/25/2012
10:52.87	Anna Petr (East Grand Rapids)12	Ypsilanti/MITS State	2/22/2020
10:53.31	Sammy Mondry (Grandville)10	Ypsilanti/MITS State	2/26/2011
10:53.6+	Donna Donakowski (DH Riverside)12	(10:57.4).....	/1983
10:54.0	Nikki Bohnsack (Rockford)10	Allendale/MITS.....	2/16/2002
10:54.21+	Christina Sawyer (Tecumseh)12	New York/NB Nationals (10:58.02)	3/12/2017
10:54.29	Katie Haines (Rockford)11	Mt Pleasant/MITS	2/27/2007
10:54.30	Ava Streng (Battle Creek St Phillip)12	Hillsdale/Charger Opener.....	1/ 8/2017
10:54.39+	Lexa Barrott (Northville)11	New York/NB Nationals (10:58.20)	3/13/2015
10:54.48#	Faith Smith (Jackson Lumen Christi)12	New York/NB Nationals (2M).....	3/11/2022
10:54.65	Anna Jensen (Midland Dow)9	Ann Arbor/MITS	1/15/2017
10:55.48#	Madison Clor (Romeo)12	Boston/New Balance Nationals (2M)	3/10/2023
10:55.52	Grace Cutler (Royal Oak)11	Ypsilanti/MITS.....	1/21/2016
10:55.62+	Christy Goodison (Sterling Hts Stevenson)10	(10:59.44).....	/1992
10:56.42	Elianna Shwayder (Saline)11	Mt Pleasant/MITS State	2/23/2013
10:57.58+	Kayla Fortino (Saline)12	New York/NB Nationals (11:01.41)	3/ 8/2019
10:57.91	Ava Streng (Battle Creek St Philip)11	Grand Rapids/MITS State	2/27/2016
10:58.51#	Allison Chmielewski (Roscommon)12	New York/NB Nationals (2M).....	3/11/2022
10:58.76	Heather Sirko (Livonia Stevenson)	Ann Arbor/MITS State	3/ 5/2005
10:58.7+	Jenny Weil (East Lansing)?	East Lansing/Spartan Relays (11:02.5) .	4/12/1980
10:58.86	Peyton Witt (Portage Northern)11	Ypsilanti/MITS.....	12/21/2017

10:58.91	Sharon Dickie (Grand Blanc)12	Ann Arbor/MITCA State	3/18/1998
10:58.98	Meghan Ford (Mason MS)8	Ypsilanti/MITS State	2/22/2020
10:59.20+	Ezgi Kurt (Alma)10	New York/Nike Nationals (11:03.04).....	3/10/2023
10:59.40	Rachel Walny (Mt Clemens Chippewa V)12	Mt Pleasant/MITS State	2/22/2014
10:59.5	Seanna Arnold (Ann Arbor Pioneer)12	Ypsilanti/Huron.....	3/19/1988
10:59.8	Megan Fitzgerald (Sterling Hts Stevenson)10	Ann Arbor/MITCA State	3/12/1997
10:59.99+	Anne Forsyth (Ann Arbor Pioneer)10	New York/NB Nationals (11:03.84)	3/13/2016
Oversized Track:			
9:56.72	Zofia Dudek (Ann Arbor Pioneer)12	Allendale/Gazelle Elite 3200	2/14/2020
10:02.12	Rachel Forsyth (Ann Arbor Pioneer)10	Allendale/Gazelle Elite	2/19/2022
10:02.81	Ericka VanderLende (Rockford)12	Allendale/Gazelle Elite 3200	2/16/2019
10:04.18	Abby Vanderkooi (Muskegon W Mich Christ)9	Allendale/Gazelle Elite 3200	2/16/2019
10:07.03	Dudek	Allendale/Gazelle Elite 3200	2/16/2019
10:08.50	Arianne Olson (Holland West Ottawa)11	Allendale/Gazelle Elite	2/19/2022
10:15.24+	Erin Finn (West Bloomfield)11	Seattle/Brooks (10:18.82)	2/26/2012
10:15.69+	Finn	Seattle/Brooks (10:19.28)	2/27/2011
10:23.56+	Audrey Belf (Birmingham Seaholm)11	Allendale/MITS (10:27.19)	1/31/2014
10:23.70	Lani Bloom (Ithaca)12	Allendale/Gazelle Elite	2/19/2022
10:24.87	Audrey DaDamio (Birmingham Seaholm)11	Allendale/Gazelle Elite 3200	2/14/2020
10:24.91	Kaylie Livingston (Whitmore Lake)9	Allendale/GVSU #5	2/17/2024
10:24.96+	Lauren Brasure (Rockford)12	Allendale/MITS (10:28.60)	1/31/2014
10:25.50	Clara James-Heer (Grand Rapids MS)8	Allendale/Gazelle Elite 3200	2/14/2020
10:25.66	Megan Goethals (Rochester)12	Allendale/MITS.....	1/23/2010
10:26.95	Belf	Geneva/SPIRE Scholastic	2/15/2014
10:27.05	Sarah Forsyth (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	2/19/2022
10:28.21	VanderLende	Allendale/MITS Gazelle Elite.....	2/17/2018
10:28.44	Bloom	Allendale/Gazelle Elite 3200	2/14/2020
10:28.45	Kayla Windemuller (Holland Christian)12	Allendale/MITS Gazelle Elite.....	2/17/2018
10:28.82	Sarah Kettel (Lansing Capital Homeschool)11	Allendale/MITS.....	2/21/2015
10:29.00	Livingston	Ypsilanti/MITS Finals.....	2/24/2024
10:31.11	Belf	Allendale/MITS.....	2/21/2015
10:31.22	Maggie Farrell (Battle Creek Lakeview)12	Allendale/Gazelle Winter Classic	2/18/2017
10:31.29	Rachel DaDamio (Birmingham Seaholm)12	Allendale/MITS.....	2/21/2015
10:31.61+	Ellie Leonard (Jenison)12	Allendale/MITS (10:35.29)	1/31/2014
10:32.02	Madelyn Frens (Grand Rapids Christian)12	Allendale/Gazelle Elite	2/19/2022
10:32.03	Windemuller	Allendale/Gazelle Winter Classic	2/18/2017
10:32.06	Anne Forsyth (Ann Arbor Pioneer)11	Allendale/Gazelle Winter Classic	2/18/2017
10:32.13+	Amber Way (Charlevoix)11	Allendale/MITS (10:35.81)	1/31/2014
10:32.19+	Jordann McDermitt (Davison)12	Allendale/MITS (10:35.87)	1/31/2014
10:33.96	Anna Jensen (Midland Jefferson)8	Allendale/MITS.....	2/20/2016
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10:34.39	Jessie Jazwinski (Hart)11	Allendale/GVSU #5	2/17/2024
10:35.55	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite 3200	2/14/2020
10:35.77	Helen Sachs (Holland West Ottawa)9	Allendale/Gazelle Elite	2/19/2022
10:36.31	Jayden Harberts (Macomb Dakota)10	Ypsilanti/MITS Champs.....	2/27/2022
10:37.14	Maddy Trevisan (Farmington)12	Allendale/MITS.....	2/20/2016
10:37.43	Ana Barrott (Northville)11	Allendale/Gazelle Winter Classic	2/18/2017
10:37.62	Elena Figueroa (St Joseph)11	Allendale/GVSU #5	2/17/2024
10:38.63	Annie Hrabovsky (Romeo)9	Allendale/GVSU #5	2/17/2024
10:39.03	Victoria Garces (Midland Dow)11	Saginaw/SVSU Inv D1/2	3/20/2024
10:39.14+	Rachel Coleman (Northville)12	Allendale/MITS (10:42.86)	1/31/2014
10:39.57+	Kenzie Weiler (Cedar Springs)11	Allendale/MITS (10:43.30)	1/31/2014
10:40.05	Rylee Tolson (Stockbridge)10	Saginaw/MITS Distance Fest.....	2/15/2020
10:40.70	Lauren Kiley (Plymouth)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
10:42.02	Rachel Bonner (Port Huron)12	Allendale/MITS.....	2/20/2016
10:42.39	Karena Duffey (L'Anse Creuse North)12	Allendale/MITS Gazelle Elite.....	2/17/2018
10:42.59	Adit Dau (GR Ottawa Hills)10	Allendale/Gazelle Elite 3200	2/14/2020
10:42.68	Emma Squires (Petoskey)11	Allendale/Gazelle Elite 3200	2/14/2020
10:42.96	Alexa Keiser (Fenton)12	Allendale/Gazelle Elite 3200	2/14/2020
10:43.03+	Valerie Weirenga (Grandville)10	Allendale/MITS (10:46.78)	1/31/2014
10:43.80	Ava Schafer (St Johns)9	Saginaw/SVSU Distance Festival	2/10/2024
10:44.75	Anna Petr (East Grand Rapids)12	Allendale/Gazelle Elite 3200	2/16/2019
10:44.89	Allie Arnsman (Grandville)12	Allendale/GVSU #5	2/18/2023
10:45.68+	Taylor Manett (Rockford)12	Seattle/Brooks (10:49.44)	2/26/2012
10:46.14	Hannah Smith (Traverse City West)9	Allendale/MITS Gazelle Elite.....	2/17/2018
10:46.21	Annika Sandman (Lowell)12	Ypsilanti/MITS Finals.....	2/25/2023
10:46.51	Emma Wilson (Romeo)12	Allendale/MITS.....	2/20/2016
10:46.79	Lexa Barrott (Northville)12	Allendale/MITS.....	2/20/2016
10:46.81	Amber Gall (Shepherd)12	Allendale/Gazelle Elite 3200	2/16/2019

10:47.01+	Kelli Jackson (Hudsonville)11	Allendale/MITS (10:50.78)	1/31/2014
10:47.06	Jessi Larson (Saline)10	Allendale/MITS.....	2/20/2016
10:47.14	Gabriele Anzelone (Grand Blanc)12	Allendale/MITS.....	1/22/2011
10:47.39	Mary Richmond (Frankenmuth)10	Allendale/Gazelle Elite	2/19/2022
10:47.67	Emily Tomes (GR Catholic Central)12	Allendale/GVSU #5	2/17/2024
10:47.91	Chloe Nixon (Rochester)12	Ypsilanti/MITS Finals.....	2/25/2023
10:48.17	Haley Deighan (Birmingham Seaholm)12	Ypsilanti/MITS Champs.....	2/27/2022
10:48.22	Emily Cooper (Ann Arbor Pioneer)12	Allendale/GVSU #5	2/18/2023
10:48.33+	Kirsten Olling (Breckinridge)12	Allendale/MITS (10:52.11)	1/31/2014
10:48.33	Ashlyn Nagel (Bay City Western)11	Allendale/Gazelle Elite 3200	2/16/2019
10:48.67	Lauren Benstead (Brighton Stockwell)12	Allendale/MITS.....	2/16/2013
10:49.87	Katie Berkshire (Gaylord)10	Saginaw/SVSU Inv D1/2	3/20/2024
10:50.05	Cambrie Smith (Petoskey)11	Allendale/Gazelle Elite 3200	2/14/2020
10:50.22	Karrigan Smith (St Johns)12	Allendale/MITS.....	2/21/2015
10:50.40	Emma Hoffman (Otsego)12	Allendale/GVSU #5	2/17/2024
10:50.78	Meghan Beute (Hudsonville Covenant Chr)12	Ypsilanti/MITS Champs.....	2/27/2022
10:51.49	Natalie VanOtteren (Holland West Ottawa)12	Allendale/GVSU #5	2/17/2024
10:51.53+	Megan O'Neil (Remus Chippewa Hills)12	Allendale/MITS (10:55.33)	1/31/2014
10:51.83	Marysa Depies (Muskegon Reeths-Puffer)12	Allendale/Gazelle Winter Classic	2/18/2017
10:52.65+	Elianna Shwyder (Saline)12	Allendale/MITS (10:56.45)	1/31/2014
10:54.06	Madeline Rehm (White Lake Lakeland)12	Saginaw/MITS.....	1/19/2019
10:54.31	Jacalyn Overdier (Ann Arbor Pioneer)12	Allendale/Gazelle Winter Classic	2/18/2017
10:54.55	Katie Watkins (Midland Dow)12	Saginaw/SVSU Distance Festival	2/10/2024
10:55.31	McKinley Jones (Saline MS)8	Ypsilanti/MITS Finals.....	2/24/2024
10:55.57	Christina Sawyer (Tecumseh)12	Allendale/Gazelle Winter Classic	2/18/2017
10:55.84	Allison Chmielewski (Roscommon)11	Ypsilanti/LAB Indoor #2.....	2/13/2021
10:55.91	Madison Osterberg (Jackson Lumen Christi)12	Allendale/GVSU #5	2/17/2024
10:56.23	Sammy Mondry (Grandville)12	Allendale/MITS.....	2/16/2013
10:56.73	Cookie Baugh (Ann Arbor Pioneer)12	Allendale/Gazelle Elite	2/19/2022
10:56.74	Natalia Guaresimo (Romeo)10	Saginaw/SVSU Distance Festival	2/10/2024
10:57.03	Maya Guikema (Jenison)11	Allendale/GVSU MITS #5.....	2/19/2022
10:57.67	Ava Porras (Holland West Ottawa)10	Allendale/GVSU #5	2/17/2024
10:57.68	Faith Smith (Jackson Lumen Christi)12	Allendale/Gazelle Elite	2/19/2022
10:58.05	Ella Showerman (South Lyon East)10	Ypsilanti/MITS Champs.....	2/27/2022
10:58.27	Julia Bos (GR Christian)11	Allendale	2/18/2012
10:59.13	Drew Muller (East Grand Rapids)12	Allendale/GVSU #5	2/17/2024
10:59.24	Erika Freyhof (Hamilton)11	Allendale/MITS.....	2/20/2016
10:59.25	Peyton Witt (Portage Northern)11	Saginaw/MITS State	2/24/2018
10:59.38	Rachel Bonner (Port Huron)11	Allendale/MITS.....	2/21/2015

TWO MILES

(no conversions):

10:07.46	Audrey DaDamio (Birmingham Seaholm)12	Virginia Beach/757 Showcase	1/30/2021
10:10.14	Megan Goethals (Rochester)12	Roxbury/Nike Indoor	3/13/2010
10:10.90	Audrey Belf (Birmingham Seaholm)11	New York/NB Nationals	3/16/2014
10:11.14	DaDamio	Virginia Beach/adidas Nationals	2/27/2028
10:13.57	DaDamio	Virginia Beach/Showcase	1/17/2021
10:17.34	Maggie Farrell (Battle Creek Lakeview)12	New York/NB Nationals	3/12/2017
10:22.46	Belf	New York/NB Nationals	3/ 9/2013
10:22.96	Marissa Treece (Maple City-Glen Lake)12	New York/National Scholastic	3/11/2007
10:23.70	Belf	New York/NB Nationals	3/15/2015
10:24.39	Kayla Windemuller (Holland Christian)12	New York/NB Nationals	3/11/2018
10:25.33	Ericka VanderLende (Rockford)11	New York/NB Nationals	3/11/2018
10:26.78	Kayla Windemuller (Holland Christian)11	New York/NB Nationals	3/12/2017
10:27.24	Sarah Kettel (Lansing Capital Homeschool)11	New York/NB Nationals	3/15/2015
10:31.62	Maddy Trevisan (Farmington)12	New York/NB Nationals	3/13/2016
10:36.90	Valerie Wierenga (Grandville)10	New York/NB Nationals	3/16/2014
10:37.63	Kenzie Weiler (Cedar Springs)11	New York/NB Nationals	3/16/2014
10:37.94	Noelle Adriaens (Pinckney)12 (5:16.3/5:21.6)	New York/NB Nationals	3/10/2019
10:42.70	Jayden Harberts (Macomb Dakota)10	New York/NB Nationals.....	3/11/2022
10:43.4	Michelle Bews (Birmingham Seaholm-AUS)12	East Lansing/Spartan	3/30/1984
10:43.55	Bekah Smeltzer (Monroe Jefferson)10	Landover/Nike Indoor.....	3/12/2005
10:44.28	Jessi Larson (Saline)10	New York/NB Nationals	3/13/2016
10:44.42	Kalin Toedebusch (Rockford)12	Landover/Nike Indoor.....	3/11/2001
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10:46.90	Anna Petr (East Grand Rapids)12	New York/NB Nationals	3/ 8/2019
10:47.78	Rachel Coleman (Northville)12	New York/NB Nationals	3/16/2014

10:48.09 Nicole Hanson (Clarkston)12
 10:48.0 Mary Peruski (Dearborn Edsel Ford)12
 10:48.49 Annika Sandman (Lowell)12
 10:49.07 Emma Wilson (Romeo)12
 10:49.15 Tiffany Abrahamian (Rochester)12

Oversized Track:

10:18.82 Erin Finn (West Bloomfield)11
 10:19.28 Finn
 10:27.19 Audrey Belf (Birmingham Seaholm)11
 10:28.60 Lauren Brasure (Rockford)12
 10:35.29 Ellie Leonard (Jenison)12
 10:35.81 Amber Way (Charlevoix)11
 10:35.87 Jordann McDermitt (Davison)12
 10:42.86 Rachel Coleman (Northville)12
 10:43.30 Kenzie Weiler (Cedar Springs)11
 10:46.78 Valerie Weirenga (Grandville)10
 10:49.44 Taylor Manett (Rockford)12

New York/NB Nationals 3/11/2016
 HST..... /1985
 Boston/New Balance Nationals..... 3/10/2023
 New York/NB Nationals 3/13/2016
 New York/National Scholastic 3/16/2008

Seattle/Brooks 2/26/2012
 Seattle/Brooks 2/27/2011
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS..... 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Allendale/MITS 1/31/2014
 Seattle/Brooks 2/26/2012

5000 METERS

16:18.02 Erin Finn (West Bloomfield)12
 16:19.69 Finn
 16:56.83 Kirsten Olling (Breckinridge)12
 16:57.97 Sarah Kettel (Lansing Capital Homeschool)11
 17:01.71 Kelli Jackson (Hudsonville)11
 17:04.32 Marissa Treece (Maple City-Glen Lake)12
 17:04.48 Gabrielle Anzelone (Grand Blanc)11
 17:09.62 Clara James-Heer (Forest Hills Central)9
 17:11.25 Anzelone
 17:11.47 Noelle Adriaens (Pinckney)12
 17:15.06 Grace Nolan (Clarkston)12
 17:16.48 Anzelone
 17:31.85 Jessi Larson (Saline)10
 17:36.32 Elana Miller (Troy)12
 17:38.63 Chloe Nixon (Rochester)12
 17:42.25 Gail Vaikutis (St Joseph)12
 17:43.97 Meghan Beute (Hudsonville Covenant Chr)12
 17:49.22 Lillian Deskins (Grosse Pointe North)11
 17:49.56 Kellee Lemcke (SH Stevenson)12
 17:51.59 Cassie Garcia (Northville)10
 17:59.35 Sophia Rhein (Traverse City St Francis)12
 18:07.18 Emmerson Clor (Romeo)
 18:09.40 Erin Lafave (Troy)12
 18:14.25 Addie May (Flushing)9
 18:14.84 Laney Alig (Saline)12
 18:18.02 Allison Kuzma (Zeeland East)11
 18:18.34 Mylie Kelly (Benzie Central)10
 18:22.48 Lisa Canty (Milford)12
 18:37.29 Shivani Kaushal (Grand Blanc)12
 18:55.77 Sara Schultz (Holly)10
 19:06.10 Teha Ames (Shepherd)12
 19:06.47 Samantha Hanson (SH Stevenson)10
 19:17.76 Megan Brackins (Water. Kettering)10
 19:25.16 Olivia Clymer (White Lake Lakeland)11
 19:36.06 Amy Frauhammer (Saline)12
 19:42.1 Samantha Hanson (SH Stevenson)12
 19:56.36 Kaitlyn Meernick (Birmingham Marian)12

Oversized Track:

16:20.84 Ericka VanderLende (Rockford)12
 16:52.83 Clara James-Heer (Grand Rapids MS)7
 16:53.73 Audrey Belf (Birmingham Seaholm)12
 17:12.15 Sarah Kettel (Lansing Capital Homeschool)11
 17:14.50 Jessi Larson (Saline)10
 17:30.36 Grace Nolan (Clarkston)12
 17:31.23 James-Heer
 17:33.36 Kelli Jackson (Hudsonville)12
 17:44.43 Peyton Witt (Portage Northern)11
 18:03.10 Abby Inch (Farmington)12

New York/NB Nationals 3/ 8/2013
 New York/NB Nationals 3/ 9/2012
 Saginaw/MITS..... 2/ 7/2014
 New York/NB Nationals 3/13/2015
 Saginaw/MITS..... 2/ 7/2014
 New York/National Scholastic..... 3/ 9/2007
 Roxbury/Nike Indoor 3/12/2010
 Virginia Beach/adidas Nationals 2/26/2021
 New York/NB Nationals 3/11/2011
 New York/NB Nationals 3/ 8/2019
 New York/NB Nationals 3/ 8/2019
 Saginaw/MITS..... 2/11/2011
 New York/NB Nationals 3/11/2016
 New York/NB Nationals 3/ 8/2013
 New York/Nike Nationals..... 3/11/2023
 Boston/New Balance Nationals..... 3/ 8/2024
 Staten Island/Nike Nationals 3/11/2022
 Boston/New Balance Nationals..... 3/ 8/2024
 New York/National Scholastic..... 3/11/2006
 Boston/New Balance Nationals..... 3/11/2023
 New York/Nike Nationals..... 3/11/2023
 Boston/New Balance Nationals..... 3/ 8/2024
 Landover/Nike Indoor..... 3/15/2008
 Saginaw 2/10/2012
 Boston/New Balance Nationals..... 3/ 8/2024
 New York/Nike Nationals..... 3/11/2023
 Staten Island/Nike Nationals 3/11/2022
 New York/National Scholastic..... 3/12/2004
 Saginaw/MITS..... 2/11/2011
 New York/National Scholastic..... 3/11/2006
 Saginaw/MITS..... 2/11/2011
 Warren/MITS..... 1/ 3/2014
 New York/National Scholastic 3/11/2006
 Warren/Distance Classic..... 1/ 5/2017
 Saginaw 2/10/2012
 Warren/MCC Distance Classic..... 1/ 7/2016
 New York/National Scholastic..... 3/11/2006

Saginaw/Distance Festival..... 2/ 9/2019
 Saginaw/Distance Festival..... 2/ 9/2019
 Saginaw/Distance Festival..... 2/14/2015
 Saginaw/Distance Festival..... 2/14/2015
 Saginaw/Distance Festival..... 2/13/2016
 Saginaw/Distance Festival..... 2/ 9/2019
 Saginaw/MITS Distance Fest..... 2/15/2020
 Saginaw/Distance Festival..... 2/14/2015
 Saginaw/Distance Festival..... 2/10/2018
 Saginaw/Distance Festival..... 2/ 9/2019

18:07.17 Rylee Tolson (Stockbridge)12
 18:08.81 Lillian Deskins (Grosse Pointe North)11
 18:09.89 Kenzie Weiler (Cedar Springs)12
 18:14.18 Mary Richmond (Frankenmuth)12
 18:17.95 Laney Alig (Saline)12
 18:25.25 Anna Vogel (Ann Arbor Pioneer)11
 18:27.50 Madi Szymanski (Alpena)12
 18:30.75 Emmerson Clor (Romeo)10
 18:33.12 Isabella Garcia (Pinckney)12
 18:39.70 Bailey Johnson (Jenison)12
 18:42.17 Jessi Lindstrom (Flushing)12
 18:49.53 Mariah Belmont (Macomb Dakota)12
 19:11.00 Gabrielle Feber (Berkley)12
 19:28.31 Allison Skelcy (Rochester)12

Saginaw/SVSU Distance Fest..... 2/12/2022
 Saginaw/SVSU Distance Festival 2/10/2024
 Saginaw/Distance Festival 2/14/2015
 Saginaw/SVSU Distance Festival 2/10/2024
 Saginaw/SVSU Distance Festival 2/10/2024
 Saginaw/Distance Festival 2/ 9/2019
 Saginaw/SVSU Distance Fest..... 2/12/2022
 Saginaw/SVSU Distance Festival 2/10/2024
 Saginaw/MITS..... 12/10/2016
 Saginaw/Distance Festival 2/14/2015
 Saginaw/Distance Festival 2/11/2017
 Saginaw/SVSU Distance Festival 2/10/2024
 Saginaw/Distance Festival 2/10/2018
 Saginaw/Distance Festival 2/14/2015

50-METER HURDLES (33")

7.49 Grace Stark (White Lake Lakeland)11
 7.58 Stark
 7.68 Stark
 7.68 Aasia Laurencin (Oak Park)11
 7.74 Britten Bowen (Ann Arbor Pioneer)12
 7.75 Quenee Dale (Saline)12
 7.81 Bridgette Owens (Southfield)12
 7.85 Chidimma Uche (Ann Arbor Pioneer)12
 7.83 Owens
 7.84 Stark
 --
 7.89 Candice Davis (Ann Arbor Pioneer)12
 8.01 Kim Turner (Detroit Mumford)12
 8.11 Paige Madison (Ann Arbor Pioneer)11
 8.11 Danielle Putterman (Rockford)11

Hand-timed:

7.0 Kim Turner (Detroit Mumford)12
 7.5 Donna Smitherman (Detroit Cass Tech)?
 7.7 Kim Hatchett (Pontiac Central)12
 7.7 Hatchett
 7.7 Tina Terrell (Benton Harbor)11
 --
 7.8 Debby Lansky (Taylor Center)11
 7.8 Kari Manns (Detroit Chadsey)?
 7.9 Ayesha George (AA Pioneer)12
 7.9 Amy VanderLaan (GR Christian)12
 7.9 Natalie Kent (Lowell)12
 7.9 Molly Walton (Forest Hills Central)

New York/NB Nationals (55) 3/11/2018
 New York/NB Nationals (s) (55) 3/11/2018
 New York/NB Nationals (h) (55) 3/10/2018
 New York/NB Nationals (55) (h) 3/ 9/2019
 New York/NB Nationals (55) 3/11/2018
 New York/NB Nationals (55) 3/16/2014
 Roxbury/Nike Indoor (55) (s) 3/14/2010
 Landover/Nike Indoor (h) (55) 3/10/2007
 Roxbury/Nike Indoor (55) 3/14/2010
 New York/NB Nationals (55) 3/12/2017

Landover/Nike Classic (55) 3/16/2003
 (60y) /1979
 Landover/Nike Indoor (h) (55) 3/10/2007
 Allendale/Laker Challenge I/I 3/25/2008

Burlington, Vt 12/16/1978
 London, Ont 12/ 2/1978
 Burlington, Vt /1976
 London/Western Op (h) 1/31/1976
 Grand Valley 3/22/1987

Mich. AC Ch (60y) 4/ 4/1970
 Burlington /1982
 Ann Arbor/MITCA State (55) 3/12/1997
 Allendale/GVSU A-B Inv 3/23/1999
 Grand Rapids/MITS 1/28/2003
 Grand Rapids/MITS 2/11/2003

55-METER HURDLES (33")

7.49# Grace Stark (White Lake Lakeland)11
 7.58# Stark
 7.68# Stark
 7.68# Aasia Laurencin (Oak Park)11
 7.74# Britten Bowen (Ann Arbor Pioneer)12
 7.75# Quenee Dale (Saline)12
 7.77# Laurencin
 7.79# Nonah Waldron (Oak Park)11
 7.80# Laurencin
 7.81# Bridgette Owens (Southfield)12
 7.83# Owens
 7.83# Waldron
 7.84# Stark
 7.86# Bowen
 7.88# Dale
 7.89# Candice Davis (Ann Arbor Pioneer)12
 7.89# Stark
 7.89# Stark
 7.90# Bowen

New York/NB Nationals (60H) 3/11/2018
 New York/NB Nationals (s) (60H) 3/11/2018
 New York/NB Nationals (h) (60H) 3/10/2018
 New York/NB Nationals (60) (h) 3/ 9/2019
 New York/NB Nationals (60H) 3/11/2018
 New York/NB Nationals (60) 3/16/2014
 New York/NB Nationals (60) 3/10/2019
 New York/NB Nationals (60H) 3/13/2022
 New York/NB Nationals (60) (s) 3/10/2019
 Roxbury/Nike Indoor (60H) (s) 3/14/2010
 Roxbury/Nike Indoor (60H) 3/14/2010
 New York/NB Nationals (s) (60H) 3/13/2022
 New York/NB Nationals 3/12/2017
 New York/NB Nationals (s) (60H) 3/11/2018
 New York/NB Nationals (60) (s) 3/16/2014
 Landover/Nike Classic 3/16/2003
 New York/NB Nationals (h) 3/11/2017
 New York/NB Nationals (s) 3/12/2017
 New York/NB Nationals (h) 3/11/2017

7.91#	Waldron	New York/NB Nationals (h) (60H).....	3/12/2022
7.92#	Laurencin	New York/Bullis Invitational (60)	1/26/2019
7.93	Davis	Findlay	1/25/2003
7.93#	Bowen	New York/NB Nationals (h) (60H)	3/10/2018
7.94#	Dale	New York/NB Nationals (60) (h).....	3/15/2014
7.96#	Bowen	New York/NB Nationals (s)	3/12/2017
8.02+	Kim Turner (Detroit Mumford)12	(8.01y).....	/1979
8.02#	Laurencin	New York/NB Nationals (h) (60H)	3/10/2018
8.02#	Waldron	Virginia Beach/adidas Nationals (s)	2/28/2021
8.05#	Davis	Landover/Nike Indoor (s).....	3/16/2003
8.05#	Dale	New York/NB Nationals (60)	3/ 9/2013
8.05#	Bowen	New York/NB Nationals (60) (s).....	3/13/2016
--			
8.11#	Tiffany Ofili (Ypsilanti)12	tfn	/2005
8.13#	Maya Roberts (Farmington Hills Harrison)12	New York/NB Nationals (s) (60)	3/15/2015
8.16#	Lindsay Bond (Southfield)12	Landover/Nike Indoor (h) (60m).....	3/11/2001
8.16#	Allyson Goff (Waterford Mott)10	New York/NB Nationals (h) (60).....	3/ 9/2012
8.17	Kenyetta Grigsby (River Rouge)10	East Lansing/Spartan.....	/1994
8.17#	Anna Jefferson (Oak Park)12	New York/NB Nationals (60) (h).....	3/11/2016
8.17#	Michaiah Thomas (Detroit Country Day)11	New York/NB Nationals (60) (h).....	3/12/2016
8.17#	Madison Eaton (Lake Orion)12	New York/NB Nationals (60) (h).....	3/ 9/2019
8.23#	Cindy Ofili (Ann Arbor Huron)12	New York/NB Nationals (60)	3/10/2012
8.23	Morgan Roundtree (Oak Park)11	Ypsilanti/LAB Youth National Invite	2/11/2023
8.24	Laticia Sims (Farmington Hills Mercy)12	Findlay	1/21/2012
8.25#	Sarinity Bracey (East Kentwood)11	New York/NB Nationals (60) (h).....	3/ 8/2019
8.26#	Melissa Symons (Lake Orion)12	New York/NB Nationals (60) (h).....	3/ 9/2019
8.27	Raven Clay (Detroit Cody)12	Merrillville/AAU Northern Champs	2/16/2008
8.29	Marla Benford (Detroit King)12	East Lansing/Spartan.....	/1994
8.30	Nikkie Bouyer (Lensing Sexton)12	(hst).....	/1994
8.30	Tanisha Williams (Ypsilanti)11	East Lansing/Spartan A	4/ 4/1998
8.30#	Brianna Holloway (Oak Park)11	New York/NB Nationals (60)	3/13/2015
8.31#	Ahvon Mitchell (Detroit Country Day)11	New York/NB Nationals (60) (h).....	3/ 9/2019
8.32#	Carlita Taylor (Oak Park)12	New York/NB Nationals	3/10/2017
8.32#	Kaia Scheffler (Marysville)11	New York/NB Nationals (60) (h).....	3/ 8/2019
8.33#	Sophia Franklin (Okemos)12	New York/NB Nationals (h)	3/10/2017
8.35#	Drelin Mapp (Oak Park)12	New York/NB Nationals (h) (60H).....	3/12/2022
8.37	Robyn Woolfolk (Ann Arbor Pioneer)12	Ann Arbor/MITCA State	3/18/1998
8.37#	Anna Cockrell (Detroit Country Day)8	New York/NB Nationals (h) (60).....	3/ 9/2012
8.38	Tiffany Hall (Ann Arbor Pioneer)12	Saginaw/SVSU Inv I.....	4/21/2000
8.39#	Aazhenii Nye (East Lansing MS)8	New York/NB Nationals (60) (h).....	3/14/2014
8.39#	Emon Miles (Oak Park)12	New York/NB Nationals (h) (60H).....	3/12/2022
8.43	Chantelle Nagbe (Detroit Cass Tech)?	Merrillville/National AAU.....	2/18/1996
8.43	Christienne Linton (Romulus)12	Allendale/MITS.....	1/10/2009
8.44	Tina Terrell (Benton Harbor)12	New Haven/Nat. HS (s).....	3/12/1988
8.45#	Ariss Seals (Detroit Cass Tech)10	Landover/Nike Indoor (s) (60m)	3/11/2001
8.46	Ericka Wright (Detroit DePorres)?	(hst).....	/1992
8.46	Mariangela Mosley (Ann Arbor Pioneer)12	Saginaw/SVSU Inv I.....	4/21/2000
8.46#	Morgan Robertson (Northville)12	New York/NB Nationals (60) (h).....	3/15/2014
Hand-timed:			
7.8y	Debby Lansky (Taylor Center)11	Mich. AC Ch.....	4/ 4/1970
7.9y	Lansky	Champaign/Ilini Inv.....	2/ 1/1970
7.9y	Lansky	Nat. AAU (h).....	2/27/1970
7.9	Ayesha George (AA Pioneer)12	Ann Arbor/MITCA State	3/12/1997
8.0y	Lansky	AAU Reg. 6	1/16/1971
8.0y	Kim Turner (Detroit Mumford)11	Columbus, Oh/Ohio USTFF	2/25/1978
8.0y	Turner	Warren/Macomb Op.....	3/ 4/1978
8.0y	Janice Rowley (Detroit Cass Tech)?	Ann Arbor/MITCA State	/1983
8.0y	Kristi Jackson (Detroit Country Day)?	East Lansing/Spartan.....	/1984
8.0y	Polly Johnson (Flint Northern)?	Ann Arbor/MITCA State	/1985
8.0	Kenyetta Grigsby (River Rouge)12	Ann Arbor/MITCA State (h).....	3/13/1996
8.0	Grigsby	Ann Arbor/MITCA State (s)	3/13/1996
8.0	Grigsby	Ann Arbor/MITCA State	3/13/1996
8.0	George	Ann Arbor/MITCA State (s)	3/12/1997
8.0	George	Ann Arbor/Wolverine Inv	3/27/1997
8.0	Natia Powell (Ypsilanti)12	Ann Arbor/Wolverine Inv	3/30/2000
8.0	Candice Davis (Ann Arbor Pioneer)11	Warren/MITS.....	2/ 1/2002

8.1y	Nikki Williams (Ann Arbor Huron)12	East Lansing/Spartan.....	/1985
8.1	Darchelle Ross (Detroit Cass Tech)10	Macomb	/1987

8.1 Kendal Willis (AA Pioneer)12
 8.1 Robyn Woolfolk (AA Pioneer)12
 8.1 Mariangela Mosely (AA Pioneer)11
 8.1 Tanisha Williams (Ypsilanti)12
 8.1 Tiffany Hall (Ann Arbor Pioneer)12

Ann Arbor/MITCA State 3/12/1997
 Ann Arbor/MITCA..... 2/20/1998
 Ann Arbor/Wolverine Inv (h)..... 3/30/1999
 Ann Arbor/Wolverine Inv 3/30/1999
 Ann Arbor/Circuit..... 1/28/2000

60-METER HURDLES (33")

8.05 Grace Stark (White Lake Lakeland)11
 8.12 Stark
 8.15 Stark
 8.22 Stark
 8.25 Stark
 8.25 Aasia Laurencin (Oak Park)11
 8.27 Stark
 8.31 Stark
 8.32 Laurencin
 8.32 Nonah Waldron (Oak Park)11
 8.33 Stark
 8.34 Stark
 8.34 Britten Bowen (Ann Arbor Pioneer)12
 8.35 Bridgette Owens (Southfield)12
 8.35 Quenee' Dale (Saline)12
 8.35 Stark
 8.35 Laurencin
 8.35 Laurencin
 8.35 Waldron
 8.36 Stark
 8.37 Stark
 8.38 Waldron
 8.38 Waldron
 8.39 Owens
 8.39 Stark
 8.39 Laurencin
 8.39 Waldron
 8.40 Owens
 8.40 Laurencin
 8.40 Laurencin
 8.40 Waldron
 8.41 Laurencin
 8.41 Waldron
 8.41 Waldron
 8.42 Owens
 8.42 Stark
 8.42 Waldron
 8.42 Waldron
 8.43 Cindy Ofili (Ann Arbor Huron)12
 8.43 Waldron
 8.44 Laurencin
 8.44 Waldron
 8.44 Waldron
 8.45 Stark
 8.45 Bowen
 8.46 Candice Davis (Ann Arbor Pioneer)12
 8.46 Waldron
 8.47 Dale
 8.47 Stark
 8.47 Stark
 8.47 Laurencin
 8.47 Waldron
 8.48 Stark
 8.48 Laurencin
 8.48 Laurencin
 8.48 Waldron
 8.48 Waldron
 8.49 Owens
 8.49 Dale
 8.49 Stark

New York/NB Nationals 3/11/2018
 Lexington/UK Invitational 2/17/2018
 New York/NB Nationals (s) 3/11/2018
 Geneva/SPIRE Scholastic 2/11/2018
 Saginaw/MITS (h) 1/ 6/2018
 New York/NB Nationals (h) 3/ 9/2019
 New York/NB Nationals (h) 3/10/2018
 Geneva/SPIRE Scholastic (h) 2/11/2018
 New York/NB Nationals (s) 3/10/2019
 Ypsilanti/LAB MITS #2 12/17/2021
 Lexington/UK Invitational (h) 2/17/2018
 Ypsilanti/MITS 1/28/2018
 New York/NB Nationals 3/11/2018
 Ypsilanti/MITS State 2/27/2010
 New York/NB Nationals 3/16/2014
 Findlay/Oiler Invite 2/ 3/2018
 New York/Bullis Invitational..... 1/26/2019
 New York/NB Nationals 3/10/2019
 New York/NB Nationals 3/13/2022
 Saginaw/MITS..... 1/ 6/2018
 Ypsilanti/MITS 12/21/2017
 Ypsilanti/LAB MITS #3 12/30/2021
 Chicago/Akinosun Inv 1/16/2022
 Roxbury/Nike Indoor (s) 3/14/2010
 Lexington/Kentucky Inv 2/18/2017
 Lexington/UK Invitational 2/16/2019
 Ypsilanti/MITS Finals..... 2/26/2023
 Roxbury/Nike Indoor 3/14/2010
 Lexington/UK Inv 2/15/2020
 Ypsilanti/MITS State 2/23/2020
 Ypsilanti/MITS Champs (s)..... 2/26/2022
 Saginaw/MITS #4 2/ 1/2020
 Ypsilanti/LAB MITS #3 (h) 12/30/2021
 New York/NB Nationals (s)..... 3/13/2022
 Ypsilanti/MITS State (s) 2/27/2010
 New York/NB Nationals 3/12/2017
 Ypsilanti/LAB MITS #4 1/ 8/2022
 Ypsilanti/MITS Champs (h) 2/26/2022
 Ypsilanti/MITS State 2/25/2012
 Chicago/CYUP Misfits 1/22/2022
 Lexington/UK Inv (h) 2/15/2020
 Lexington/UK Invitational 2/19/2022
 Ypsilanti/MITS Champs 2/27/2022
 Grand Rapids/MITS State 2/26/2017
 New York/NB Nationals (s) 3/11/2018
 Landover/Nike Classic 3/16/2003
 Ann Arbor/UM Invitational 1/22/2023
 Lexington/Kentucky Inv 2/22/2014
 New York/NB Nationals (h) 3/11/2017
 Ypsilanti/MITS (h) 12/21/2017
 Fayetteville/Arkansas Inv 1/18/2019
 Ypsilanti/MITS Finals (s) 2/25/2023
 New York/NB Nationals (s) 3/12/2017
 Lexington/UK Invitational (h) 2/16/2019
 Ypsilanti/MITS State (s) 2/22/2020
 Virginia Beach/adidas Nationals 2/28/2021
 Ypsilanti/LAB MITS #8 2/ 5/2022
 Lexington/Kentucky Inv 2/20/2010
 New York/NB Nationals (s) 3/16/2014
 Ann Arbor/MITS 1/28/2017

8.49	Waldron	Chicago/CYUP Misfits (h)	1/22/2022
8.49	Maya Rollins (Ann Arbor Pioneer)12	Ypsilanti/MITS Finals.....	2/25/2024
8.50	Bowen	Saginaw/MITS.....	2/ 4/2017
8.50	Bowen	New York/NB Nationals (h)	3/11/2017
8.50	Stark	Saginaw/SVSU D1	3/22/2017
8.50	Laurencin	Ypsilanti/MITS State (h)	2/23/2019
8.50	Waldron	New York/NB Nationals (h).....	3/12/2022
8.51	Laurencin	Fayetteville/Arkansas Inv (h).....	1/18/2019
8.52	Owens	Lexington/Kentucky Inv (h).....	2/20/2010
8.52	Bowen	New York/NB Nationals (h)	3/10/2018
8.52	Laurencin	New York/Bullis Invitational (h)	1/26/2019
8.52	Laurencin	Ypsilanti/MITS State	2/24/2019
8.52	Waldron	Ypsilanti/MITS Finals (h)	2/25/2023
8.53	Leslie Arriguzo (West Bloomfield)12	Ypsilanti/Huron Relays I.....	3/29/2008
8.53	Waldron	Chicago/Akinosun Inv (h)	1/16/2022
8.53	Waldron	Boston/New Balance Nationals (s).....	3/12/2023
8.54	Dale	Geneva/SPIRE Scholastic (h)	2/15/2014
8.55	Davis	Ann Arbor/MITS Final	3/ 8/2003
8.55	Stark	Lexington/Kentucky Inv (h).....	2/18/2017
8.55	Laurencin	Geneva/SPIRE Scholastic Showcase ...	2/10/2019
8.55	Laurencin	Ypsilanti/Huron Relays (large)	3/23/2019
8.55	Laurencin	Saginaw/MITS #5.....	2/ 8/2020
8.55	Waldron	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
8.55	Waldron	Ann Arbor/UM Invitational (h)	1/22/2023
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8.57	Tenisha Griggs (Southfield Lathrup)12	Landover/Nike Indoor.....	3/14/2004
8.60	Christienne Linton (Romulus)12	Boston/Nike Indoor	3/15/2009
8.60	Morgan Roundtree (Oak Park)12	Boston/New Balance Nationals.....	3/ 9/2024
8.61	Tiffany Ofili (Ypsilanti)12	HST.....	/2005
8.63	Kennedy Jackson (Walled Lake Western)12	Ypsilanti/MITS State	2/23/2020
8.65	Laticia Sims (Farmington Hills Mercy)12	Ypsilanti/MITS State	2/25/2012
8.68	Allyson Goff (Walled Lake Northern)12	Ann Arbor/MITS	1/29/2014
8.69	Winter Taylor (Ann Arbor Pioneer)11	HST.....	/2004
8.69	Carrie VanNoy (Oak Park)11	Ypsilanti/MITS Finals (s)	2/24/2024
8.70	Lindsay Bond (Southfield)12	HST.....	/2001
8.72	Kaia Scheffler (Marysville)12	Ypsilanti/MITS State	2/23/2020
8.73	Alexandria Johnson (Lake Orion)12	Ypsilanti/MITS State	2/26/2011
8.73	Maya Roberts (Farmington Hills Harrison)12	New York/NB Nationals (s)	3/15/2015
8.74	Kathi Harris (Walled Lake Central)12	Ann Arbor.....	/1982
8.74	Lindsay Johnson (Detroit Cass Tech)12	Ypsilanti/MITS Finals (s)	2/24/2024
8.75	Raven Clay (Detroit Cody)12	Mt Pleasant/MITS Stateampionships	2/29/2008
8.78	Madison Eaton (Lake Orion)12	Saginaw/MITS.....	1/19/2019
8.79	Sami Michell (Reed City)11	Ypsilanti/MITS State	2/25/2012
8.79	Anna Jefferson (Oak Park)12	New York/NB Nationals (h)	3/11/2016
8.81	Michaiah Thomas (Detroit Country Day)11	New York/NB Nationals (h)	3/12/2016
8.81	Ahvon Mitchell (Detroit Country Day)12	Ypsilanti/MITS State	2/23/2020
8.83	Emon Miles (Oak Park)12	Chicago/CYUP Misfits.....	1/22/2022
8.84	Chidimma Uche (Ann Arbor Pioneer)9	HST.....	/2004
8.85	Melissa Simons (Lake Orion)12	Ypsilanti/MITS State	2/24/2019
8.86	Morgan Robertson (Northville)12	Mt Pleasant/MITS State	2/22/2014
8.87	Sarinity Bracey (East Kentwood)11	New York/NB Nationals (h)	3/ 8/2019
8.88	Molly Brown (Addison)11	Ypsilanti/MITS Finals (s)	2/24/2024
8.89	Sophia Franklin (Okemos)12	Grand Rapids/MITS State (s).....	2/25/2017
8.89	Carlita Taylor (Oak Park)12	Ypsilanti/Huron Relays (large)	3/25/2017
8.90	Ariss Seals (Detroit Cass Tech)10	Windsor/Christmas Open	12/16/2001
8.90	Brianna Holloway (Oak Park)11	Ypsilanti/MITS.....	2/19/2015
8.92	Drelin Mapp (Oak Park)12	Ypsilanti/MITS Champs.....	2/27/2022
8.92	Jayda Watson (Oak Park)11	Ypsilanti/LAB #6.....	1/27/2024
8.94	Suenomi Norinh (Zeeland East)12	Saginaw/MITS State	2/25/2018
8.95	Anna Cockrell (Detroit Country Day)8	Ypsilanti/MITS State (h)	2/25/2012
8.95	Breanna Luba (Southgate Anderson)11	Mt Pleasant/MITS State	2/23/2013
8.95	Jada Steele (HW Chandler Park)12	Hillsdale/Charger Last Chance	2/21/2016
8.96	Ra'jae Marable (Ann Arbor Pioneer)12	Ann Arbor/MITS State (s).....	3/17/2007
8.96	Jaelynn Pryor (Jackson)11	East Lansing/MSU-Playmakers large ...	3/24/2009
8.97	Jaylah Walton (Detroit Renaissance)12	Houston/Lewis Inv (s)	1/17/2020
8.97	Corrina Courser (Wayland Union)12	Ypsilanti/MITS State (s)	2/22/2020
8.98	Sophia Kunselman (Ann Arbor Pioneer)11	Ypsilanti/MITS State	2/26/2011
8.99	Aurielle McCauley (Romulus)12	Ypsilanti/Huron Relays D1	3/31/2007
8.99	Chiara Allen (Lake Orion)12	Ypsilanti/MITS.....	1/28/2010

9.00	Alexandria Lemonius (Detroit Commun)12	Lexington/Kentucky Select (h)	2/18/2006
9.00	Kyra Caldwell (Ypsilanti)11	Ann Arbor/MITS State (s).....	3/17/2007
9.01	Grace Johnson (Troy)12	Ypsilanti/MITS	1/ 4/2020
9.01	Kay-Lee McSwain (Ann Arbor Huron)12	Ypsilanti/LAB Indoor #4.....	2/19/2021
9.02	Paige Chapman (Detroit Renaissance)12	Ypsilanti/MITS State (s)	2/23/2019
9.03	Taylor Rucker (Berkley)12	Saginaw/MITS State	2/25/2018
9.04	Aazhenii Nye (East Lansing MS)8	New York/NB Nationals (h)	3/14/2014
9.04	Erin Dowd (Brighton)12	Saginaw/SVSU D1/2 (h)	3/23/2016
9.04	Kamiylah Peoples (North Farmington)12	Geneva/SPIRE OH Preview.....	1/29/2022
9.05	Ashlynn Schiro (Okemos)12	Saginaw/SVSU 1/2	3/19/2014
9.07	Daijah Collier (East Kentwood)12	Saginaw/MITS State	2/25/2018
9.07	Mia Barnett (Clint Twp Chippewa Valley)11	Ypsilanti/MITS Finals (h)	2/24/2024
9.08	Marief Bruxvoort (Grand Rapids S Christian)12	Grand Rapids/Wendy's Classic.....	3/27/2018
9.08	Hannah Antkoviak (Allegan)11	Ypsilanti/MITS State (h)	2/22/2020
9.09	Kiersten Isgrigg (South Lyon)11	Ann Arbor/MITS Final.....	3/ 8/2003
9.09	Lauren Bickerdt (Detroit Renaissance)10	Saginaw/SVSU #2	1/ 7/2023
9.10	Tierra Williams (Ypsilanti Lincoln)11	Ypsilanti/MITS State (s)	2/26/2011
9.10	Jada Wilson (Belleville)11	Ypsilanti/MITS Finals.....	2/25/2024
9.11	Lauren Rodriguez (Northville)11	East Lansing/MITS.....	1/20/2014
9.11	Kierra Rice (Dearborn Heights Robichaud)12	Ypsilanti/MITS	2/ 2/2017
9.11	Grace Collett (Macomb L'Anse Creuse N)12	Ypsilanti/MITS State (h)	3/20/2021
9.11	Mya Georgiadis (Ann Arbor Huron)12	Ypsilanti/LAB MITS #3	12/30/2021
9.12	Mariangela Mosely (Ann Arbor Pioneer)12	Ann Arbor/State Champs (s).....	3/15/2000
9.12	Katie LaValley (Forest Hills Central)12	Ann Arbor/MITS State (h).....	3/ 5/2005
9.12	Paige Madison (Ann Arbor Pioneer)11	Ann Arbor/MITS State	3/17/2007
9.13	Latasha Chandler (Westland Glenn)11	Ann Arbor/MITS State (s).....	3/14/2001
9.13	Ang-Gaelle Renfroe (AA Pioneer)12	Ypsilanti/MITS State (s)	2/26/2011
9.13	Landon Kemp (Greenville)11	Hillsdale/Charger Qualifier	1/30/2016
9.13	Kaya Freeman (Bloomfield Hills Cranbrook)12	Ypsilanti/LAB Indoor #4 (h)	2/19/2021
9.13	Payton Gee (Oak Park MS)8	Ann Arbor/UM HS Invitational	1/21/2024
9.14	Angela Hayes (Detroit Mumford)9	East Lansing/Spartan A	4/ 1/2000
9.14	Andrea Mosher (AA Pioneer)12	Ann Arbor/MITS	2/28/2002
9.14	Kelli Littlejohn (Southfield)11	Ypsilanti/MITS State (s)	2/27/2010
9.14	McKenna Mattson (Jenison)12	Allendale/Laker Challenge	3/19/2014
9.14	Celeste Davis (Detroit Renaissance)11	Ypsilanti/LAB #9	2/17/2024
9.14	Aliyah Ferguson (Ann Arbor Huron)11	Ypsilanti/MITS Finals.....	2/25/2024
9.15	Mia Flynn (Farmington Hills Mercy)11	Grand Rapids/MITS State (h).....	2/25/2017
9.15	Lily Carlyon (Flushing)11	Ypsilanti/MITS	2/15/2020
9.16	Brianna Luba (Southgate Anderson)12	Mt Pleasant/MITS State	2/22/2014
9.16	Kailsi Latta-Thompson (Oak Park)12	Lexington/UK Inv (h)	2/21/2015
9.16	Jayla Johnson (Ann Arbor Pioneer)12	Ypsilanti/MITS State (s)	2/22/2020
9.17	Lisa Cowdrey (Pinckney)12	Columbus/NIC (h)	3/14/1999
9.17	Karrington Seals (North Farmington)12	Mt Pleasant/MITS State	2/22/2014
9.17	Ella Jenkins (Warren Regina)12	Ypsilanti/EMU MITS	2/ 5/2023
9.18	Diana Holsey (Bloomfield Hills)12	Ann Arbor/AARC Spring Preview	3/26/2015
9.18	Kennedy Johnson (Detroit Cass Tech)12	Ypsilanti/LAB Indoor #9.....	3/ 6/2021
9.19	Margaret Monaghan (Port Huron Northern)12	Saginaw/D1-2 Invitational	3/22/2023
9.19	Laila Hawkins (Detroit Cass Tech)10	Ypsilanti/MITS Finals (h)	2/24/2024
9.20	Crystal Stanley (Lansing Sexton)	Ann Arbor/MITS State (h).....	3/ 5/2005
Hand-timed:			
8.4	Candice Davis (Ann Arbor Pioneer)12	Ann Arbor/Wolverine Invitational.....	2/26/2003
8.5	Davis	Ann Arbor/Wolverine Invitational.....	3/26/2002
8.8	Davis	Ann Arbor/MITS	2/14/2002
8.8	Stephanie Allers (Coopersville)11	Mt Pleasant/MITS	2/16/2002
8.9	Andrea Mosher (Ann Arbor Pioneer)12	Ann Arbor/Wolverine Invitational.....	3/26/2002

300-METER HURDLES

(300m track) (30")

43.44	Morgan Roundtree (Oak Park)11	Ypsilanti/LAB Youth National Invite	2/11/2023
43.64	Nonah Waldron (Oak Park)11	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
44.86	Roundtree	Ypsilanti/LAB Holiday Classic	12/29/2023
45.09	Sami Michell (Reed City)10	Allendale/Laker Challenge	3/25/2011
45.10	Lindsay Johnson (Detroit Cass Tech)12	Ypsilanti/LAB Holiday Classic	12/29/2023
45.62	Roundtree	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
46.00	Michell	Allendale/Laker Challenge	3/23/2012
46.26	Maya Goncalves (Ypsilanti Lincoln)12	Ypsilanti/LAB Youth National Invite	2/11/2023
46.30	Mitchell	Allendale/Laker Challenge II	3/31/2010

46.59	Emon Miles (Oak Park)12	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
46.74	Lauren Bickerdt (Detroit Renaissance)11	Ypsilanti/LAB Holiday Classic	12/29/2023
46.88	Melanie Macias (Ypsilanti Lincoln)12	Ypsilanti/LAB Youth National Invite	2/11/2023
46.92	Andrea Kober (Sparta)12	Allendale/Laker Challenge	3/30/2010
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47.26	Drelin Mapp (Oak Park)12	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
47.90	Candace Kraus (Benton Harbor)12	Allendale/Laker Challenge	3/22/2012
48.38	Christabelle Obi (Ann Arbor Huron)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.39	Keiyera Johnson (Jackson)12	Ypsilanti/SEC Invite.....	3/23/2023
48.56	Celeste Davis (Detroit Renaissance)9	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.59	Allison Hawk (Davison)12	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
48.61	Paige Wells (Allendale)11	Allendale/Laker Challenge	3/22/2012
48.93	Kayla Tillman (Portage Northern)12	Allendale/Laker Challenge	3/24/2011
48.96	Jordan Douglas (Ann Arbor Huron)12	Ypsilanti/LAB #2.....	12/30/2022
49.12	Brianna Greinke (Muskegon Reeths-Puffer)11	Allendale/Laker Challenge	3/22/2012
49.25	Martia Williams (Detroit Renaissance)12	Ypsilanti/LAB #2.....	12/30/2022
49.37	Katie Larue (Montague)11	Allendale/Laker Challenge II	3/31/2010
49.39	Dillan Smith (St Joseph)12	Allendale/Laker Challenge	3/22/2012
49.90	Anna Newhof (GR South Christian)11	Allendale/Laker Challenge	3/22/2012

HIGH JUMP

5-10.5	Judy Tucker (Flint Northern)12	MITCA.....	/1981
5-10.5	Vanessa Maher (Roseville)12	Ann Arbor/MITS Final	3/ 8/2003
5-10.25	Maher	Ann Arbor/MITS	2/27/2003
5-10	Tucker	East Lansing/Spartan.....	4/12/1980
5-10	Gwen Wentland (Grand Blanc)12	Dev	2/ 8/1990
5-10	Stephanie Linz (Okemos)10	Albion/MITCA.....	2/20/1999
5-9.5	Suenomi Norinh (Zeeland East)12	Grand Rapids/MITS	2/10/2018
5-9	Amy Warner (Linden)12	New Haven/Nat. HS.....	3/13/1988
5-9	Jenny Engelhardt (BC Lakeview)12	Ann Arbor/MITCA State	3/13/1996
5-9	Maia Knox (Ypsilanti)12	Ann Arbor/MITCA State	3/18/1998
5-9	Maher	UM (!).....	2/27/2003
5-9	Ariel Roberts (Ann Arbor Pioneer)11	Mt Pleasant/MITS State	2/29/2008
5-9	Roberts	Mt Pleasant/MITS State	2/28/2009
5-9	Molly Duda (Haslett)12	East Lansing/MSU True Team.....	3/30/2011
5-9	Libby Knoll (Muskegon Mona Shores)12	Ypsilanti/MITS State	2/23/2020
5-8.75	Milena Chevallier (Farmington Hills Mercy)12	New York/Nike Indoor	3/ 8/2024
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5-8	Dawn Rich (Deckerville)10	/1979
5-8	Ellie Hayden (Capac)?	Ann Arbor/MITCA State	/1980
5-8	Ayesha George (AA Pioneer)12	Ann Arbor/MITCA.....	2/28/1997
5-8	Sara Jane Baker (Mattawan)11	Ann Arbor/MITS	2/23/2001
5-8	Nyki Caldwell (Dexter)12	Ypsilanti/MITS State	2/26/2011
5-8	Jailah Mason (Sterling Hts Stevenson)12	Mt Pleasant/MITS State	2/22/2014
5-8	Emily Helfrich (Charlotte)11	East Lansing/True Team.....	3/25/2014
5-8	Kennedy Jackson (Walled Lake Western)12	Ypsilanti/MITS.....	12/19/2019
5-8	Micah Martin (Harrison Twp L'Anse Creuse)12	Ypsilanti/LAB MITS #3	12/30/2021
5-7.75	Kathi Harris (Walled Lake Western)12	/1982
5-7.75	Gabriella Newman (Ann Arbor Pioneer)12	New York/NB Nationals.....	3/12/2022
5-7.5	Beth Brunn (Utica)10	Detroit/AFL-CIO	2/6-8/1976
5-7.25	Alexis Noel (Livonia Ladywood)12	Windsor/Legion Classic	1/27/2002
5-7	Kaye Leighton (Northport)11	/1979
5-7	Claire Powers (Fremont)12	/1990
5-7	Stacy Thomas (Flint Southwestern)10	(hst).....	/1994
5-7	Lindy Hartly (Midland)11	(hst).....	/1995
5-7	LaToya Chandler (Westland Glenn)10	Ann Arbor/MITCA State	3/18/1998
5-7	Jenny Kulchar (Burton Atherton)11	Saginaw/SVSU Inv III.....	4/21/2000
5-7	Sara Duesing (Sault Ste Marie)12	HST.....	/2001
5-7	Monica Bozenski (Southgate)12	Warren/MITS.....	2/ 1/2002
5-7	Erika Schroll (Three Rivers)12	Ann Arbor/MITS	2/17/2006
5-7	Isabel Anderson (Petoskey)11	Saginaw/MITS.....	2/ 4/2017
5-7	Greta Caprathe-Buczek (Rockford)10	Allendale/GVSI Laker Invitational.....	3/23/2023

POLE VAULT

13-8.25	Brooke Bowers (Forest Hills Central)12	Allendale/Big Meet	2/ 9/2024
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13-7	B. Bowers	Vermontville/Ugly Sweater	12/ 9/2023
13-6	Mackenzie Shell (Port Huron Northern)12	Grand Rapids/MITS	2/13/2015
13-6	Landon Kemp (Greenville)12	Grand Rapids/MITS State	2/25/2017
13-5.25	Shell	Ann Arbor/Michigan USATF	3/ 8/2015
13-4	Shell	Reno/PV Summit	1/18/2015
13-3	Shell	Allendale/MITS.....	12/ 6/2014
13-3	Kemp	Hillsdale/Charger Elite	1/21/2017
13-3	B. Bowers	Vermontville/Ugly Sweater (!).....	12/ 9/2023
13-2	Shell	Grand Rapids/Striders Challenge	3/25/2015
13-2	B. Bowers	Allendale/GVSU #1	12/ 2/2023
13-1	Shell	Ann Arbor/MITS	1/22/2015
13-1	Shell	Allendale/MITS.....	2/21/2015
13-1	Stephanie Lambeth (Frankenmuth)12	Allendale/MITS.....	2/21/2015
13-0.25	Kemp	Akron/PV Convention.....	1/ 7/2017
13-0	Lambeth	Grand Rapids/MITS	1/24/2015
13-0	Shell	Saginaw/SVSU Invite D1	3/18/2015
13-0	Kemp	Grand Rapids/MITS State	2/27/2016
13-0	Kemp	Hillsdale/Charger Qualifier	1/28/2017
13-0	Kemp	Allendale/Gazelle Winter Classic	2/18/2017
13-0	Kemp	Grand Rapids/MITS State (!).....	2/25/2017
13-0	Katie Clifford (Grand Rapids West Catholic)12	Ypsilanti/LAB Indoor #11	3/13/2021
13-0	Clifford	Ypsilanti/MITS State.....	3/20/2021
13-0	Sophia Mettes (Dexter)12	Ypsilanti/LAB MITS #9	2/19/2022
13-0	B. Bowers	Vermontville/Halloween Vault.....	10/28/2023
13-0	B. Bowers	Vermontville/Turkey-thon	11/18/2023
13-0	B. Bowers	Vermontville/Snowball Vault	1/13/2024
13-0	B. Bowers	Ypsilanti/MITS Finals.....	2/24/2024
12-11.75	B. Bowers	Allendale/GVSU #5	2/17/2024
12-11.5	Shell	Akron/PV Convention.....	1/11/2015
12-10.5	Shell	Saginaw/SVSU 1/2	3/19/2014
12-10.25	Gabriela Leon (East Kentwood)12	New York/NB Nationals	3/12/2017
12-10.25	Kemp	New York/NB Nationals	3/12/2017
12-10	Shell	Reno/PV Summit (!)	1/18/2015
12-10	Kemp	Saginaw/MITS.....	1/23/2016
12-10	B. Bowers	Grand Rapids/Aquinas #3.....	2/ 3/2024
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12-9.5	Tori Wesley (Marine City)12	Findlay	1/23/2011
12-9	Jessica Mercier (Waterford Kettering)12	Saginaw/MITS State	2/24/2018
12-8	Sarah Birkmeier (Rockford)11	Allendale/LMCU Challenge 1-2.....	3/24/2009
12-8	Brianna Bredeweg (Allendale)12	Vermontville/Snowball Vault.....	1/25/2020
12-7	Natalie Blake (Holland West Ottawa)12	Vermontville/Halloween Vault.....	10/30/2021
12-6.25	Sophia Franklin (Okemos)12	New York/NB Nationals (!)	3/12/2017
12-6	Katie Rancourt (East Kentwood)12	Allendale/Laker	3/22/2012
12-6	Madison Pierce (Ortonville-Brandon)12	Ypsilanti/MITS State	2/28/2015
12-6	Gabrielle Leroux (Spring Lake)12	Saginaw/MITS.....	2/ 4/2017
12-6	Victoria Spitzley (East Kentwood)10	Ypsilanti/MITS Finals.....	2/26/2023
12-4	Colleen Campbell (Lake Orion)12	Saginaw/MITS.....	2/17/2018
12-3	Brittany London (Middleville)11	Allendale/MITS.....	1/ 8/2011
12-3	Allison Shelton (Ortonville Brandon)12	Vermontville/Valentine Vault	2/10/2024
12-3	Evie Mathis (Wayland Union)10	Ypsilanti/MITS Finals.....	2/24/2024
12-3	Taylor Diamond (Cedar Springs)12	Ypsilanti/MITS Finals.....	2/24/2024
12-3	Aubree Bowers (Forest Hills Central)9	Ypsilanti/MITS Finals.....	2/24/2024
12-2.5	Kassie Powell (Durand)12	New York/NB Nationals	3/13/2011
12-2.5	Kasey Staley (Clare)12	New York/NB Nationals	3/12/2017
12-2.5	Tricia Pearce (Ortonville-Brandon)11	New York/NB Nationals	3/ 9/2018
12-1	Abby Shanahan (East Kentwood)12	Ann Arbor/MITS State	3/17/2007
12-1	Hannah Sailer (Lansing Catholic)12	Ypsilanti/MITS State	2/25/2012
12-1	Janina Pollatz (Grand Rapids Christian)12	Allendale/MITS.....	2/16/2013
12-0	Rachel Zukowski (GR Catholic Central)12	Allendale/GVSU A-B Inv	3/23/1999
12-0	Becca Pilkerton (Dexter)12	Ann Arbor/MITS	2/14/2008
12-0	Kirstie Wieber (Pewamo-Westphalia)12	East Lansing	1/16/2012
12-0	Rachel Dolan (Goodrich)11	Grand Rapids/MITS State	2/27/2016
12-0	Hollie Hagan (Forest Hills Eastern)11	Grand Rapids/MITS State	2/25/2017
12-0	Cate Visscher (Livonia Churchill)12	Grand Rapids/MITS	2/ 9/2019
12-0	Josie Mettes (Dexter)11	Ypsilanti/MITS State	2/23/2020
12-0	Sidney Heugel (Allendale)12	Vermontville/Valentine Vault.....	2/ 6/2021
11-9	Breanna Eveland (East Kentwood)12	Allendale/MITS.....	3/ 4/2002
11-9	Richelle Kimble (Lowell)12	Mt Pleasant/MITS State	2/28/2009
11-9	Madison Wright (Dexter)12	Ypsilanti/Huron Relays (small).....	3/23/2018

11-9 Taylor DeHommel (Hudsonville)12
 11-9 Genna Golab (Clarkston)12
 11-8.5 Kristen Hixson (Remus Chippewa Hills)12
 11-8.5 Nicole Bow (Dexter)12
 11-8 Kamie Powell (Dexter)12
 11-8 Sarah Griffin (Lake Orion)12
 11-8 Kayla Hintz (Holland West Ottawa)11
 11-7.75 Katie Stewart (Salem)12
 11-7 Stephanie Teeple (Sturgis)12
 11-7 Erin Drouillard (Remus Chippewa Hills)11
 11-7 Allie Leroux (Spring Lake)12
 11-7 Callie Ostapowicz (Hudsonville)12
 11-7 Tricia Pierce (Ortonville-Brandon)12
 11-6 Anna Van Drie (GR Christian)12
 11-6 Ashley Carroll (Flint Powers)12
 11-6 Melissa Ullenbruch (Port Huron North.)12
 11-6 Katie Shaw (Lakeview)12
 11-6 Christina Watson (Stockbridge)12
 11-6 Christine Kolenbrander (Hudsonville)12
 11-6 Elizabeth Schichtel (GR West Catholic)11
 11-6 Jennifer Schornak (Macomb Dakota)12
 11-6 Brehanna Showers (Rockford)9
 11-6 Liz Carpenter (GR Kenowa Hills)12
 11-6 Kenzie Wieber (Pewamo-Westphalia)12
 11-6 Kelly Momber (GR Kenowa Hills)12
 11-6 Hannah Emery (Battle Creek Lakeview)12
 11-6 Olivia Ryktarsyk (Livonia Churchill)12
 11-6 Sydney Avery (Saugatuck)11
 11-6 Emma Neumann (White Lake Lakeland)12
 11-6 Myah Kelly (Corunna)11
 11-6 Kaylee Koch (Macomb Dakota)12
 11-6 Thea Newkirk (East Grand Rapids)11
 11-6 Liliane Aittama (South Lyon)10
 11-6 Aubree' Bowers (Forest Hills Central)6
 11-6 Lily Knowlton (Port Huron)12
 11-6 Samantha Ebbert (St Joseph)12
 11-6 Raiden Kipfmiller (Dexter)9
 11-6 Maiya Corrigan (Rockford)9
 11-6 Isabel German (Lowell)12
 11-6 Miranda Smith (Hastings)11

Ypsilanti/MITS State 2/23/2020
 Ypsilanti/MITS Finals..... 2/24/2024
 Roxbury/Nike Indoor 3/14/2010
 New York/NB Nationals 3/ 8/2019
 Ypsilanti/Huron Relays-Small..... 3/21/2014
 Ypsilanti/MITS 2/15/2020
 Fort Wayne/Vault High Indoor 9/26/2020
 Ann Arbor/UM HS Invitational 1/21/2024
 Ypsilanti/Huron River Relays 3/24/2001
 New York/NB Nationals 3/14/2014
 New York/NB Nationals 3/14/2014
 Allendale/MITS Gazelle Elite..... 2/17/2018
 Ypsilanti/MITS 1/ 3/2019
 Allendale/GVSU A-B Inv 3/23/1999
 Ann Arbor/MITS 3/ 2/2001
 Ann Arbor/MITS State 3/14/2001
 Ann Arbor/MITS State 3/ 5/2005
 East Lansing/MSU-Playmakers small ... 3/25/2009
 Allendale/MITS..... 1/ 9/2010
 MITS /2011
 MITS /2011
 Allendale 2/18/2012
 Allendale/Laker 3/22/2012
 Grand Rapids/MITS 1/ 7/2014
 Ypsilanti/MITS State 2/28/2015
 Ypsilanti/MITS State 2/28/2015
 Ann Arbor/MITS 1/29/2016
 Allendale/MITS..... 2/20/2016
 Grand Rapids/MITS State 2/27/2016
 Grand Rapids/MITS State 2/25/2017
 Vermontville/MITS..... 12/15/2018
 Vermontville/Ugly Sweater Vault 12/19/2020
 Ypsilanti/MITS State 3/20/2021
 Ypsilanti/MITS State 3/20/2021
 Ypsilanti/LAB MITS #9 2/19/2022
 Grand Rapids/Aquinas #2 1/21/2023
 Ypsilanti/LAB Youth National Invite 2/11/2023
 Ypsilanti/MITS Finals..... 2/26/2023
 Vermontville/Turkey-thon 11/18/2023
 Vermontville/Ugly Sweater 12/ 9/2023

LONG JUMP

19-6.5 Trinetta Johnson (Detroit Cass Tech)12
 19-3.75 Johnson
 19-3.75 Kennedy Jackson (Walled Lake Western)11
 19-3.5 Jackson
 19-3.25 Jackson
 19-3 Jackson
 19-2.75 Johnson
 19-2.5 Jackson
 19-2.25 Jackson
 19-2 Tanisha Williams (Ypsilanti)12
 19-1.5 Jackson
 19-1.25 Jackson
 19-1.25 Lena Cleveland (Rochester)12
 19-1 Johnson
 19-1 Jackson
 19-0.75 Christina Crawford (Romulus)12
 19-0.5 Jackson
 19-0 Williams
 19-0 Jackson
 18-11.5 Williams
 18-11 Jackie Burton (Lansing Sexton)11
 18-11 Jackson
 18-10.75 Brittany Hedgepeth (Lake Mi Catholic)12
 18-10.5 Regina Pierce (Jackson)?
 18-10.5 Jackson

Ann Arbor/MITCA State 3/16/1989
 Ann Arbor/MITCA State (!) 3/16/1989
 Ypsilanti/MITS State 2/23/2019
 Tiffin/HS Meet #1 12/15/2019
 Ypsilanti/MITS State 2/22/2020
 Geneva/SPIRE Showcase 2/ 9/2020
 Ann Arbor/MITCA State (!) 3/16/1989
 Ypsilanti/MITS State (!) 2/22/2020
 Ypsilanti/MITS State (!) 2/22/2020
 Ann Arbor/MITCA State 3/10/1999
 Lexington/UK Inv 2/15/2020
 Hillsdale/Charger Elite 1/25/2020
 Ypsilanti/MITS Finals..... 2/25/2024
 Ann Arbor/MITCA State (!) 3/16/1989
 Tiffin/HS Meet #1 (!) 12/15/2019
 New York/NB Nationals 3/12/2011
 Ypsilanti/MITS 12/19/2019
 Ann Arbor/Wolverine Inv 3/30/1999
 Ypsilanti/MITS State (!) 2/22/2020
 Ann Arbor/MITCA State (!) 3/10/1999
 /1982
 Tiffin/HS Meet #1 (!) 12/15/2019
 Columbus/NIC..... 3/14/1999
 East Lansing/Spartan Relays 4/12/1980
 Mt Pleasant/MITS 1/ 3/2020

18-10	Sekayi Bracey (East Kentwood)12	Grand Rapids/Sriders Challenge D1/2... 3/23/2016
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18-9.5	Kori Gifford (Bloomfield Hills Andover)? /1980
18-9.5	Ariel Roberts (Ann Arbor Pioneer)11	Ypsilanti/Huron Relays I..... 3/29/2008
18-9.25	Christienne Linton (Romulus)12	Boston/Nike Indoor 3/15/2009
18-8.75	Kim Jones (South Haven)? /1981
18-8.5	Jessica Howell (Rochester Adams)12	Mt Pleasant/MITS State 2/23/2013
18-8	Jolene Johnson (Detroit Pershing)12 /1976
18-8	Cindy Guy (North Muskegon)12	Kalamazoo/SW Michigan Invitational.... 3/22/1980
18-7.5	Katrina Jones (Lansing Eastern)12	East Lansing/Spartan..... 4/ 7/1990
18-7.25	Anita Lee (Detroit Nolan JH)8	Ypsilanti 1/22/1971
18-6.5	Sami Michell (Reed City)11	Allendale/Laker 3/23/2012
18-6	Dynasty McGee (Flint Southwestern)9	Ypsilanti/Michigan All-Star Inv..... 2/23/2008
18-5.75	Tory Schiller (Grand Ledge)12	East Lansing/MSU True Team..... 3/30/2011
18-5.5	Kenyetta Grigsby (River Rouge)12	Ann Arbor/MITCA State 3/13/1996
18-5	Dominique Corley (Ann Arbor Pioneer)12	Ypsilanti/Huron Relays I..... 3/27/2010
18-5	Landon Kemp (Greenville)12	Grand Rapids/Wendy's Large 3/28/2017
18-5	Morgan Vargo (Rockford)11	Grand Rapids/MITS 2/15/2020
18-4.5	Katie Guikema (GR South Christian)11	Allendale/MITS..... 1/20/2007
18-4.5	Allyson Goff (Walled Lake Northern)12	Mt Pleasant/MITS State 2/22/2014
18-4.25	Tiffany Ofili (Ypsilanti)12	Ann Arbor/MITS State..... 3/ 5/2005
18-4	Sally Whitney (Allegan)? /1980
18-4	Rhianna Stalter (Lake Odessa Lakewood)	Allendale/MITS..... 2/16/2002
18-4	Kaitlyn Molnar (Grosse Ile)12	Ypsilanti/LAB #8..... 2/10/2024
18-3	Joneigh Slaughter (Ann Arbor Pioneer)12	Ann Arbor/MITCA State 3/18/1998
18-3	Gabrielle Jeffries (Bloomfield Hills)11	Ypsilanti/MITS Champs..... 2/26/2022
18-2.5	Noelle Bradley (Taylor Truman)12	Ypsilanti/Holiday Classic..... 12/28/2008
18-2.5	Jada Steele (HW Chandler Park)12	Saginaw/MITS..... 1/23/2016
18-2	Angelica Floyd (Clinton Twp Chippewa Val)12	Grand Rapids/MITS State..... 2/26/2017
18-2	Madaline Hall (Fenton)12	Grand Rapids/MITS State..... 2/26/2017
18-2	Sarah Daniel (White Lake Lakeland)12	Ypsilanti/MITS State 2/22/2020
18-1.25	Taylor Dzatczak (Macomb Lutheran North)12	Grand Rapids/MITS State..... 2/26/2017
18-1.25	Maya Anderson (Rockford)12	Ypsilanti/MITS Finals..... 2/25/2023
18-1	Madison Pierce (Ortonville-Brandon)12	Saginaw/MITS..... 1/17/2015
18-0.75	Markala Goodson (Saginaw Hill)12	Ypsilanti/MITS State 2/26/2011
18-0.5	Tori Carroll (Detroit Cass Tech)12	Ypsilanti/MITS State 2/23/2019
18-0	Christy Schultz (Muskegon Reeths-Puffer)12	Allendale/Laker Challenge 3/21/2013

TRIPLE JUMP

39-11.25	Shelby Allen (Berkley)12	New York/NB Nationals 3/16/2014
39-9.75	Allen	New York/NB Nationals (!) 3/16/2014
39-2.25	Allen	New York/NB Nationals (!) 3/16/2014
39-1	Allen	New York/NB Nationals (!) 3/16/2014
38-11.5	Allen	Saginaw/MITS..... 2/ 8/2014
38-10.75	Allen	Mt Pleasant/MITS State 2/22/2014
38-3.75	Allen	Ann Arbor/MITS 1/29/2014
38-3.5	Allen	Ann Arbor/MITS 1/ 3/2014
38-2.5	Allen	Ann Arbor/MITS 2/12/2014
38-0	Allen	New York/NB Nationals (!) 3/16/2014
37-11.25	Allen	Geneva/SPIRE..... 12/27/2013
37-11.25	Allen	Findlay/Invite I..... 1/18/2014
37-9	Allen	Allendale/MITS..... 1/11/2014
37-2.5	Allen	Geneva/SPIRE (!) 12/27/2013
37-0.25	Dynasty McGee (Ypsilanti)12	Ypsilanti/MITS State 2/26/2011
36-5	Sherita Williams (Detroit King)11	Ann Arbor/MITCA..... 3/ 6/1998
36-5	MaKayla Williams (St Charles)10	Saginaw/MITS State 2/24/2018
36-4	Kennedy Jackson (Walled Lake Western)11	Ypsilanti/MITS State 2/23/2019
36-1	Haven Essien (Salem)12	Saginaw/MITS State 2/24/2018
36-0	Allen	Mt Pleasant/MITS State 2/23/2013
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35-8	Michaela Lewis (Flint Southwestern)12	Ypsilanti/MITS State 2/26/2011
35-6.25	Jessica Scherting (Saginaw Heritage)12	Mt Pleasant/MITS Stateampionships 2/29/2008
35-5.75	Nicole Wilson (Ann Arbor Pioneer)11	Mt Pleasant/MITS State 2/22/2014
35-5.25	Nyla Reed (Otsego)12	Allendale/GVSU #5 2/17/2024
35-4.5	Nicole Standback (Battle Crk Central)12	Merrillville/AAU Youth 2/23/2003
35-3	Abigail Bansen (Stevensville Lakeshore)11	Allendale/Gazelle Winter Classic 1/ 9/2016

35-0.25 Mariangela Mosley (AA Pioneer)12
 35-0 Selina Shi (BH Cranbrook-Kingswood)12
 34-10.5 Sela Gur-Arie (Ann Arbor Huron)12
 34-10 Lindsay Strutz (Hartland)12
 34-8.75 Nicole Bow (Dexter)10
 34-7.5 Kaitlyn Molnar (Grosse Ile)11
 34-6.5 Kennedy Johnson (Detroit Cass Tech)12
 34-4.5 Maya Justice (Woodhaven)10
 34-4.25 Stacy Spenser (AA Pioneer)11
 34-3.5 Savannah Polhemus (Perry)12
 34-2 Lauren Foukes (Walled Lake Central)12
 34-1.5 Alice Hill (Ann Arbor Pioneer)10
 34-1.25 Anne Wong (Adrian Madison)11
 34-1 Joh'nyce Powell (Oak Park)9
 34-0.75 Lauren Nowosatka (Saginaw Nouvel)10
 33-11 Katharina Aust (Milford-GER)11
 33-11 Comari Hawkins (Grand Blanc East MS)6
 33-9 Rhianna Stalter (Lake Odessa Lakew)
 33-7.75 Breanna Eder (Ann Arbor Pioneer)12
 33-7.5 Calicia Johnson (Southfield)11
 33-6.75 Lynea Slayback (St Joseph)12
 33-6.5 Brooke Russell (St Joseph)11
 33-6 Samantha Smith (South Lyon)12
 33-6 Mia Flynn (Farmington Hills Mercy)10
 33-5.5 Emma Mariott (Traverse City West)11
 33-5.5 Hailey Lewis (Perry)10
 33-5 Jessica Mercier (Waterford Kettering)11
 33-4.25 Caitlyn Ramirez (Stevensville Lakesh)12
 33-4 Sherry Wan (Ann Arbor Pioneer)12
 33-4 Kaylin Meyers (Muskegon Mona Shores)11
 33-3.5 Taylor Washington (Southfield)11
 33-3 Rana Tercan (Montague-TUR)12
 33-3 Jocelyn Appel (Jenison)12
 33-2.5 Nicole Urdahl (Carleton-Airport)12
 33-2 Makeda DeBardelaban (Saginaw Hill)12
 33-1.5 Chigo Ozor (Ann Arbor Pioneer)
 33-1.5 Clare McNamara (Northville)11
 33-1.25 Derriana Kelley (SH Stevenson)11
 33-0.5 Oneka Hill (Southfield-PAL)11
 33-0.25 Angel Pringle (Ann Arbor Pioneer)12
 33-0.25 Jessica Smith (Comstock Park)9
 32-11.5 Taylor Krupinski (Monroe)12
 32-11.25 Nicole Urdahl (Carleton-Airport)10
 32-11 Tenley Banaszak (Sturgis)11
 32-10.5 Karolin Schnoerringer (Bloomfield Hills)10
 32-9 Osmuede Iyoha (Ann Arbor Pioneer)12
 32-9 Karen Gallardo (Saline)12
 32-8.5 Maria Gomez-Limon (P Notre Dame)11
 32-8 Lena Henderson (Ann Arbor Pioneer)12
 32-8 Abby Kissling (Brethren)12
 32-6.25 Sophia Orton (Schoolcraft)11
 32-5.75 Anyse Malcolm (Ann Arbor Pioneer)12
 32-5.5 Karen Abramczyk (Luth. Westland)11
 32-5.25 Melissa Zarzycki (Utica)12
 32-5 Cierra Russell (Ann Arbor Pioneer)12

Unconfirmed measurement:

37-4 Dynasty McGee (Flint Southwestern)9
 37-0 McGee
 36-8 McGee
 36-8 McGee
 36-5 McGee

Ann Arbor/State Champs 3/15/2000
 Ypsilanti/MITS 12/21/2017
 Ypsilanti/MITS State 3/20/2021
 Ypsilanti/MITS 2/ 2/2020
 Grand Rapids/MITS State 2/25/2017
 Ypsilanti/MITS Finals 2/25/2023
 Ypsilanti/MITS State 3/20/2021
 Ypsilanti/EMU MITS #2 1/15/2023
 Ann Arbor/MITCA State 3/18/1998
 Mt Pleasant/MITS State championships 2/29/2008
 Ann Arbor/MITS 2/28/2002
 Ypsilanti/MITS State 2/28/2015
 Saginaw/MITS State 2/24/2018
 Ann Arbor 2/ 2/2012
 Saginaw/MITS 2/ 8/2014
 Warren/MITS 2/22/2008
 Warren/MITS 2/17/2016
 Ann Arbor/MITS State 3/14/2001
 Mt Pleasant/MITS State championships 2/29/2008
 Ann Arbor/MITS State 3/13/2002
 Ypsilanti/MITS State 3/20/2021
 Allendale/Holiday Open 12/ 1/2018
 Ann Arbor/MITS State 3/ 6/2004
 Grand Rapids/MITS State 2/26/2016
 Allendale/Winter Classic 1/ 5/2019
 Allendale/Gazelle Elite 2/16/2019
 Grand Rapids/MITS State 2/25/2017
 Mt Pleasant/MITS State 2/28/2009
 Ypsilanti/MITS State 2/25/2012
 Ypsilanti/MITS State 2/23/2019
 Lexington/Kentucky Inv 1/17/2001
 Mt Pleasant/MITS 2/12/2008
 Ypsilanti/MITS Finals 2/25/2024
 Ypsilanti/MITS State 2/26/2011
 Saginaw 2/11/2012
 Ann Arbor/MITS State 3/14/2001
 Ypsilanti/MITS 2/ 2/2019
 Allendale/MITS 2/16/2013
 Ann Arbor/MITS Final 3/ 8/2003
 Ann Arbor/MITCA State 3/10/1999
 Ann Arbor/MITS State 3/17/2007
 Ypsilanti/MITS 2/ 1/2018
 Lexington/Kentucky Inv 2/20/2010
 Ypsilanti/MITS Finals 2/25/2024
 Ypsilanti/MITS 2/ 2/2020
 Ann Arbor/MITS Final 3/ 8/2003
 Ypsilanti/MITS State 2/27/2010
 Ypsilanti/MITS State 2/26/2011
 Ann Arbor/MITS State 3/14/2001
 Ypsilanti/MITS Finals 2/25/2024
 Allendale/GVSU #5 2/17/2024
 Mt Pleasant/MITS State 2/22/2014
 Ann Arbor/MITS 2/23/2001
 Ann Arbor/MITS State 3/ 5/2005
 Ann Arbor/MITS State 3/ 5/2005

Ypsilanti/Michigan All-Star Inv 2/23/2008
 Saginaw/MITS 1/21/2009
 Ypsilanti/Michigan All-Star Inv (!) 2/23/2008
 Saginaw/MITS 1/21/2009
 Saginaw/MITS 1/21/2009

SHOT

47-9 Kayli Johnson (Grosse Pointe South)11
 47-2 Becky Breisch (Edwardsburg)10
 47-1 Sarah Marvin (Byron)12
 46-8.75 S. Marvin

Ypsilanti/MITS State 2/28/2015
 Grand Rapids/Circuit 2/ 1/2000
 Ypsilanti/LAB Indoor #10 3/12/2021
 Ypsilanti/LAB Indoor #11 3/13/2021

46-8	Breisch	Ann Arbor/State Champs	3/15/2000
46-7.5	Breisch	Albion/Circuit.....	2/ 4/2000
46-6	Allison Liske (Zeeland)12	Ann Arbor/MITS State	3/17/2007
46-5.5	Breisch	Bloomington/NIC.....	3/12/2000
46-4	Mary Angell (Byron Center)12	Allendale/MITS.....	2/25/2007
46-3	Alana Robinson (Grosse Ile)12	East Lansing/Spartan BCD	4/ 3/1998
46-0	LaTonya White (Flint Northern)12	Annapolis/NSI	3/11/1989
46-0	Angell	Allendale/MITS (!)	2/25/2007
46-0	S. Marvin	Tiffin/Throws Extravaganza.....	1/ 9/2021
45-11.75	Angell	Landover/Nike Indoor.....	3/11/2007
45-10.75	Valadian Pallett (Farmington)11	Allendale/MITS State	2/23/2020
45-10	Angell	Ann Arbor/MITS State	3/17/2007
45-10	S. Marvin	Tiffin/Throws Extravaganza.....	1/10/2021
45-9	Nikole Sargent (Flint Powers)12	Grand Rapids/MITS State	2/27/2016
45-9	Sargent	Grand Rapids/MITS State (!).....	2/27/2016
45-9	Malin Smith (Lansing Waverly)12	Saginaw/MITS State	2/24/2018
45-8	Suzie Von Bernuth (Okemos)12	Syracuse/NSI	3/21/1995
45-7	Vivian Fisher (Pontiac Central)12	/1982
45-7	Robinson	East Lansing/Spartan BCD (!).....	4/ 3/1998
45-6	Breisch	Albion/Circuit (!)	2/ 4/2000
45-6	Liske	Allendale/MITS.....	2/25/2007
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45-5.5	Tia Brooks (East Kentwood)12	Allendale/Laker Challenge I/I	3/25/2008
45-5.5	Rylan Finstrom (Grayling)12	Saginaw/SVSU #5	2/17/2024
45-3	Sonya Payne (Ann Arbor Huron)11	East Lansing/Spartan.....	/1985
45-2	Josephine Jackson (Walled Lk Central)12	Ypsilanti/MITS.....	2/ 6/2013
45-0	Kayli Johnson (Grosse Pointe South)12	Grand Rapids/MITS State	2/27/2016
44-9	Aliyah Boeve (Zeeland East)12	Allendale/Laker Inv	3/21/2019
44-7.5	Abigail Russell (Allen Park)11	New York/Nike Nationals.....	3/11/2023
44-5.5	Emily Meier (Canton)12	Ann Arbor/MITS	1/ 8/2016
44-4	Erika Lechner (Harbor Springs)12	Grand Rapids/MITS State	2/25/2017
44-3	Joy Rolfe (Fraser)11	East Lansing/MITS.....	1/15/2007
44-2	Jasmine Clerkley (Okemos)11	East Lansing/True Team Inv	3/27/2019
43-11	Lenore Richardson (Flint Central)?	East Lansing/Spartan Relays.....	3/30/1984
43-9.25	Mary Raney (Vassar)12	Mt Pleasant/MITS	1/23/2003
43-7	Opal Jackson (Macomb L'Anse Creuse N)12	Ypsilanti/LAB Indoor #2.....	2/13/2021
43-5.75	Alysha Johnson (Walled Lake Western)12	New York/National Scholastic	3/12/2010
43-5.5	Addyson Stiverson (Montrose)9	Ypsilanti/LAB #2.....	12/16/2023
43-2	Sarah Neely (Bath)12	East Lansing/Spartan.....	4/ 1/1988
43-0	Brittany Mann (Detroit Country Day)12	Saginaw	2/11/2012
42-11	Nia Henderson (Livonia Churchill)12	Ann Arbor/MITS State	3/ 6/2004
42-11	Tess Van Dyk (Kalamazoo Christian)12	Ypsilanti/MITS Champs.....	2/26/2022
42-10.5	April Phillips (Fraser)12	Roseville/MITCA	1/15/1999
42-10.25	Karen Wood (Ionia)12	East Lansing/Spartan.....	4/ 4/1987
42-10	Michelle Fowler (Romeo)12	Warren/Macomb County Ch.....	4/ 3/1998
42-9.25	Kayla Deering (Pigeon Laker)12	Saginaw/SVSU Small	3/24/2014
42-9	Brittany Casey (Zeeland East)12	Allendale/MITS.....	12/12/2013
42-8.75	Leah Dozema (Traverse City Central)11	Allendale/MITS State	2/23/2020
42-6.5	Annette Bohach (North Muskegon)12	/1979
42-6	Jessica Ballenger (Romeo)12	(hst).....	/1992
42-4	Kendra Myers (GR West Catholic)12	Grand Rapids/MITS	2/14/2012
42-3	Rafaela Lopez-McKnight (Okemos)12	MITCA.....	/1993
42-2	Karen Sapp (Temperance Bedford)12	/1983
42-2	Liz Mulvaney (Hemlock)12	East Lansing/Spartan.....	4/ 6/1996
42-1.5	Janae Hudson (Marysville)12	Ypsilanti/LAB #7	2/ 3/2024
42-0	Corinne Jemison (East Kentwood)12	Grand Rapids/Wendy's Classic.....	3/27/2018
41-11.75	Jeanette Long (Kalamazoo Central)12	/1983

DISCUS

144-0	Sophia Snellenberger (Quincy)12	Ypsilanti/LAB #5.....	1/21/2023
143-6	Snellenberger	Ypsilanti/MITS Finals.....	2/25/2023
142-9	Rylan Finstrom (Grayling)12	Ypsilanti/MITS Finals.....	2/25/2024
139-2	Snellenberger	Ypsilanti/MITS Finals (!)	2/25/2023
142-10	Snellenberger	Ypsilanti/MITS Finals (!)	2/25/2023
138-10	Janae Hudson (Marysville)11	Ypsilanti/LAB #5.....	1/21/2023
137-10	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023
136-3	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023

136-5	Valadian Pallett (Farmington)11	Allendale/MITS Discus.....	1/26/2020
136-2	Finstrom	Ypsilanti/MITS Finals (!).....	2/25/2024
134-9	Pallett	Allendale/MITS Discus.....	1/19/2020
134-8	Jordyn Harris (Walled Lake Central)12	Ypsilanti/MITS Finals.....	2/25/2024
134-4	Abigail Russell (Allen Park)11	Allendale/GVSU #2.....	12/17/2022
134-4	Finstrom	Ypsilanti/MITS Finals (!).....	2/25/2024
134-1	Snellenberger	Allendale/GVSU #2.....	12/17/2022
132-11	Snellenberger	Ypsilanti/LAB #2.....	12/30/2022
132-9	Snellenberger	Ypsilanti/LAB #5 (!).....	1/21/2023
132-7	Russell	Ypsilanti/LAB #5.....	1/21/2023
132-5	Opal Jackson (Macomb L'Anse Creuse N)12	Ypsilanti/LAB Indoor #11.....	3/13/2021
131-5	Sarah Marvin (Byron)12	Ypsilanti/LAB Indoor #11.....	3/13/2021
131-3	Ava Wojciechowski (Walled Lake Central)12	Ypsilanti/MITS Finals.....	2/25/2023
131-0	Finstrom	Ypsilanti/MITS Finals (!).....	2/25/2024
130-7	Belle Okoroafo (East Kentwood)11	Allendale/MITS State.....	2/23/2020
130-5	Jada Ewell (Royal Oak)11	Ypsilanti/MITS Finals.....	2/25/2024
130-4	Hudson	Ypsilanti/MITS Finals.....	2/25/2024
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128-7	Sheridan Dinsmore (Caro)12	Saginaw/MITS #5.....	2/ 8/2020
127-8	Xena Berger (Harrison Twp L'Anse Creuse)12	Ypsilanti/MITS Champs.....	2/27/2022
125-5	Aliyah Springer (Hamilton)10	Ypsilanti/LAB MITS #6.....	1/28/2022
125-5	Savannah Breitwiser (Walled Lake Central)12	Ypsilanti/LAB #2.....	12/30/2022
125-3	Stephanie Stone (Frankenmuth)12	Ypsilanti/MITS State.....	3/19/2021
121-9	Elyse Finch (Royal Oak)12	Ypsilanti/LAB #7.....	2/ 4/2023
120-6	Mackenzie Patten (Milford)12	Allendale/MITS Discus.....	1/26/2020
120-3	Allyson Broadus (GR Catholic Central)12	Ypsilanti/MITS Finals.....	2/25/2024
119-10	Molly Socha (Bloomfield Hills)11	Ypsilanti/LAB #9.....	2/18/2023
118-11	Samantha Lockhart (Lansing Sexton)12	Allendale/MITS.....	2/21/2009
118-4	Sophia Mattioli (Richland Gull Lake)11	Ypsilanti/MITS Finals.....	2/25/2024
117-10	Addyson Stiverson (Montrose)9	Ypsilanti/LAB #8.....	2/10/2024
117-2	Annalise Coon (Walled Lake Central)12	Ypsilanti/LAB MITS #5.....	1/14/2022
116-7	Lily Kucharek (Parma Western)12	Ypsilanti/LAB Indoor #11.....	3/13/2021
116-6	Katherine Fugon-Saravia (Wyandotte)11	Ypsilanti/LAB #8.....	2/10/2024
115-10	Clayre Shaver (Milford)12	Allendale/MITS State.....	2/23/2020
114-11	Makenzie Johns (Cadillac)12	Ypsilanti/LAB #7.....	2/ 3/2024
114-3	Shelby Ulven (Zeeland East)11	Allendale/MITS Discus.....	1/26/2020
114-3	Emma Young (Livonia Churchill)11	Ypsilanti/LAB #8.....	2/10/2024
114-1	Susan Kish (Salem)11	Ypsilanti/MITS Finals.....	2/25/2023
113-9	Layla Tahmouch (Monroe Jefferson)12	Ypsilanti/MITS Finals.....	2/25/2024
112-9	Lorelai Zielinski (Traverse City Central)9	Ypsilanti/LAB #8.....	2/10/2024
112-7	Maya Reeve (White Cloud)12	Allendale/MITS Discus.....	1/26/2020
111-8	Madison Leifer (Byron Center)11	Ypsilanti/LAB #5.....	1/21/2023
111-3	Mariah Sackett (Zeeland East)12	Ypsilanti/MITS Finals.....	2/25/2023
110-8	Lillian Lince (Midland)12	Ypsilanti/LAB #7.....	2/ 4/2023
110-8	Jasmine Correa (Holland West Ottawa)11	Allendale/MITS State.....	2/23/2020
110-6	Tess Anthony (Coopersville)12	Ypsilanti/LAB Indoor #11.....	3/13/2021
110-4	Olivia Barba (Grosse Pointe South)11	Ypsilanti/LAB #8.....	2/10/2024
110-2	Makayla Stewart (Novi)11	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
110-1	Brooke Coulter (Rochester)12	Allendale/MITS State.....	2/23/2020

201b WEIGHT

56-10	Brittany Mann (Detroit Country Day)12	Allendale/MITS.....	2/18/2012
56-5.25	Abigail Russell (Allen Park)12	New York/Nike Indoor.....	3/ 8/2024
56-4	Russell	Allendale/GVSU #4.....	1/27/2024
55-8.5	Mann	New York/NB Nationals.....	3/11/2012
55-7	Russell	Allendale/GVSU #4 (!).....	1/27/2024
54-11.25	Mann	New York/NB Nationals (!).....	3/11/2012
54-8.25	Russell	New York/Nike Indoor (!).....	3/ 8/2024
54-4.5	Mann	Ypsilanti/MITS State.....	2/25/2012
54-4	Russell	Ann Arbor/UM HS Invitational.....	1/21/2024
53-11	Mann	New York/NB Nationals (!).....	3/11/2012
53-5.75	Russell	New York/Nike Indoor (!).....	3/ 8/2024
52-10.5	Aliyah Boeve (Zeeland East)12	Mt Pleasant/MITS State.....	2/24/2019
52-7.5	Mann	Saginaw.....	2/ 4/2012
52-0.75	Mann	New York/NB Nationals (!).....	3/11/2012
51-8.25	Faith Moore (Farmington)11	New York/Nike Nationals.....	3/10/2023
51-7	Boeve	Mt Pleasant/MITS State (!).....	2/24/2019

51-2.25	Mann	Ann Arbor.....	2/16/2012
51-2	Russell	Ypsilanti/MITS Finals.....	2/25/2024
51-0	Russell	Allendale/GVSU #4 (!).....	1/27/2024
50-7.5	Kendra Meyers (GR West Catholic)12	Ypsilanti/MITS State	2/25/2012
50-3.25	Shana Flanary (Monroe)11	Ypsilanti/Michigan USATF	3/ 7/2010
50-2	Mann	New York/NB Nationals (!)	3/11/2012
50-1.75	Mann	New York/NB Nationals (!)	3/11/2012
50-0.5	Meyers	Allendale	2/18/2012
50-0	Boeve	Grand Rapids/MITS	2/ 9/2019
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49-11	Emily Meier (Canton)12	Geneva/SPIRE Showcase	2/13/2016
49-10	Erika Lechner (Harbor Springs)12	Allendale/Gazelle Winter Classic	1/ 8/2017
49-6.25	Brooke Pleger (Saline)12	New York/National Scholastic	3/14/2010
48-5	Brooke Coulter (Rochester)12	Saginaw/MITS #4.....	2/ 1/2020
48-4.5	Valadian Pallett (Farmington)12	Tiffin/Throws Extravaganza.....	1/ 9/2021
46-2.5	Darcie Marion (Adrian Madison)12	Ann Arbor/MITS	1/ 3/2014
46-0	Mackenzie Patten (Milford)12	Allendale/Gazelle Winter Classic	1/ 4/2020
44-7.5	Randi Bennett (Saline)11	Ypsilanti/MITS State	2/25/2012
44-0.5	Taylor Waterway (Zeeland East)12	Mt Pleasant/MITS State	2/24/2019
43-9	Crystal Cotton (Detroit Renaissance)10	Allendale/MITS.....	1/11/2014
43-3.5	Brittany Casey (Zeeland East)12	Mt Pleasant/MITS State	2/22/2014
43-3.25	Eleena Kelley (Sturgis)12	Ypsilanti/MITS Finals.....	2/25/2024
43-0.25	Madison Leifer (Byron Center)12	Allendale/GVSU #4	1/27/2024
42-6	Amanda Geerlings (Zeeland East)12	Grand Rapids/MITS	1/29/2016
41-1.75	Alana Robinson (Grosse Ile)12	Ann Arbor/MITCA State	3/18/1998
41-1	Elizabeth Pyles (Cadillac)12	Grand Rapids/MITS State	2/25/2017
40-11.5	Sara Medendorp (Zeeland East)11	Grand Rapids/MITS State	2/26/2016
40-11.25	Emily Halliday (Rockford)12	Ypsilanti/MITS State	2/26/2011
40-11.25	Meagan Dietz (Monroe Jefferson)12	Mt Pleasant/MITS State	2/23/2013
40-5	Tatiana Foley (Belleville)12	Allendale/MITS State	2/23/2020
40-3	Tricee Beelen (Zeeland East)12	Ypsilanti/MITS State	2/28/2015
40-2.75	Daisy Geurink (Zeeland East)11	Mt Pleasant/MITS State	2/23/2013
40-2.75	Susan Kish (Salem)11	Ann Arbor/UM Invitational	1/22/2023
40-1.75	Brittany Casey (Zeeland East)11	Mt Pleasant/MITS State	2/23/2013
39-9	Micah Smith (Canton)11	Saginaw/MITS #5.....	2/ 8/2020
39-5.75	Alysa Perez (Clarkston)12	Mt Pleasant/MITS State	2/24/2019
39-4.75	Abby Reppert (Reading)12	Hillsdale/Charger Elite	1/21/2017
39-4	Meredith DeVries (Zeeland East)11	Grand Rapids/MITS	2/ 1/2020
39-3	Clayre Shaver (Milford)12	Allendale/MITS State	2/23/2020
39-2	Mara Clark (Grand Ledge)12	Allendale/Gazelle Winter Classic	1/ 8/2017
39-1.5	Kayla Brindley (Ogemaw Heights)12	Mt Pleasant/MITS	2/17/2009
39-0	Ashley O'Neill (Dearborn Divine Child)12	Mt Pleasant/MITS State	2/23/2013
38-10	Mackenzie Lamphere (Jackson Christian)12	Mt Pleasant/MITS State	2/24/2019
38-9.5	Shelbie Chophonis (Hart)10	Ypsilanti/MITS Finals.....	2/25/2024
38-9	Kara Kachaturoff (Livonia Churchill)9	Allendale/MITS State	2/23/2020
38-8	Morgan Dodds (Canton)12	Mt Pleasant/MITS State	2/24/2019
38-7.5	Melody Kauffman (Alpena)11	Ypsilanti/MITS Finals.....	2/25/2024
38-3.5	Jordyn Thompson (Walled Lake Western)12	Ypsilanti/LAB #4	1/14/2023
38-2.5	Becca Cousineau (Grant)12	Ypsilanti/MITS State	2/25/2012
38-2	Maya Reeve (White Cloud)11	Mt Pleasant/MITS State	2/24/2019
38-0	Dana Hamilton (Carleton Airport)12	Ann Arbor/MITS	2/20/2015
37-10	Meryl Pax (Hamilton)12	Allendale/MITS.....	1/ 9/2010
37-10	Brianna DeSappio (Jenison)12	Grand Rapids/MITS State	2/26/2016
37-9.5	Paige Westra (Zeeland East)12	Ypsilanti/MITS Champs.....	2/26/2022
37-8	Mahogany Wells (Lansing Sexton)12	Allendale/Gazelle Elite	2/16/2019
37-7	Alex Ferguson (Albion)12	Ypsilanti/MITS State	2/25/2012
37-7	Sara Medendorp (Zeeland East)12	Allendale/MITS.....	1/14/2017
37-7	Erica Martin (Detroit King)12	Warren/MITS.....	1/21/2019
37-6.5	Cindy Choang (Zeeland East)12	Mt Pleasant/MITS State	2/23/2013
37-1	Lilly Livsey (Bloomington)12	Mt Pleasant/MITS State	2/24/2019
36-11.5	Somer Walker (Ypsilanti Lincoln)11	Ypsilanti/MITS State	2/27/2010
36-11	Emma Sabin (Plainwell)12	Saginaw/MITS State	2/24/2018
36-10.25	Maddy Biller (Brethren)12	Allendale/GVSU #5	2/17/2024
36-10	Lauren Steinhurst (Ogemaw Heights)11	East Lansing/MITS.....	2/11/2009
36-10	Sheridan Dinsmore (Caro)12	Allendale/MITS State	2/23/2020
36-9.75	Jane Lutdke (White Cloud)12	Ann Arbor/MITCA State	3/18/1998
36-8	Julie Angell (Byron Center)12	Ypsilanti/MITS State	2/25/2012
36-8	Kellie Smallegan (Zeeland East)12	Allendale/MITS.....	2/16/2013
36-7.75	Amanda Arnett (Monroe)9	East Lansing/MITS.....	1/18/2010

36-7	Kara Kachaturoff (Livonia Churchill)12	Allendale/GVSU MITS #1.....	12/ 4/2021
36-6	Rachel Reimink (Hamilton)12	MITs	/2011
36-6	Hannah Heide (Utica Ford)11	Ypsilanti/MTS State	2/28/2015
36-6	Manon Lutzke (Benzie Central)12	Allendale/Gazelle Winter Classic	2/18/2017

PENTATHLON

(60mH, HJ, SP, LJ, 800m)

(' = oversized track)

3617	Ariel Roberts (Ann Arbor Pioneer)12	Boston/Nike Indoor	3/14/2009
	(9.24, 5-8, 32-2.25, 17-9.75, 2:31.89)		
3003	Margaret Monaghan (Port Huron Northern)12	New York/Nike Nationals.....	3/11/2023
	(9.26, 29-0.5, 16-10, 5-0.5, 2:53.05)		
2996	Tofunmi Akeredolu (Southfield Lathrup)12	New York/National Scholastic.....	3/15/2008
	(10.03-60H, 5-4.25, 31-1.75, 15-11.5, 2:46.46)		
2982	Nicole Standback (Battle Creek Central)12	Merrillville/AAU Youth.....	2/23/2003
2802	Standback	Merrillville/AAU Nationals.....	2/22/2002
2788	Autumn Touchstone (Clarkston)12	Landover/Nike Classic	3/15/2008
	(9.50-60H, 4-7.75, 26-11.25, 14-8, 2:36.66)		
2738	Touchstone	Merrillville/AAU Northern Champs	2/17/2008
	(9.35-55H, 4-9, 27-0.5, 16-1, 2:45.84)		
2728'	Kristi Ellis (Petoskey)12	Geneva/AAU Great Lakes.....	2/14/2010
	(9.70 55H, 4-11.75, 15-2, 25-10.75, 2:38.60 ot)		
2703	Kellie Littlejohn (Detroit Mumford)10	New York/Nat. Scholastic.....	3/14/2009
	(9.50, 4-7, 24-6.5, 15-1.25, 2:40.82)		
2670	Mariangela Mosely (Ann Arbor Pioneer)11	Columbus/NIC.....	3/13/1999
	(9.71, 4-9.5, 26-4.5, 16-3.25, 2:58.86)		
2477	Lela Nelson (Detroit Mumford)12	Landover/Nike Indoor.....	3/10/2001
	(9.23, 5-2.25, 28-1, nm-LJ, 2:49.70)		
2291	Littlejohn	New York/National Scholastic.....	3/15/2008
	(9.97-60H, 4-5.5, 21-8.25, 13-7.75, 2:51.50)		
2274'	Richelle Kimble (Lowell)12	Allendale/GVSU Holiday Open	12/11/2008
	(10.65, 4-6, 23-9.5, 15-3.5, 2:58.66 ot)		
2106	Bre Bellingar (St Johns)12	Merrillville/AAU Northern.....	2/20/2009
	(10.45 55m, 4-3.5, 23-5.25, 14-7.75, 2:53.67)		
2105	Emma Thomas (Midland Jefferson MS)8	Mt Pleasant/MTS	1/ 3/2020
	(11.08, 4-4, 21-4.25, 13-8.25, 2:46.34)		
2075	Libby Munderloh (St Louis)10	Mt Pleasant/MTS	1/ 3/2020
	(11.61, 4-0, 20-10.75, 13-3.25, 2:30.11)		

4 x 200m RELAY

Top 50 Performances:

1:36.29	Detroit Renaissance	New York/NB Nationals.....	3/12/2022
	(<i>Kaila Jackson 24.06, Chloe Vines 24.13, Olivia Jenkins 24.38, Leeah Burr 23.72</i>)		
1:37.82	Detroit Renaissance	New York/NB Nationals (h).....	3/11/2022
	(<i>Kaila Jackson 24.36, Chloe Vines 24.47, Olivia Jenkins 25.08, Leeah Burr 24.04</i>)		
1:38.35	Oak Park	New York/NB Nationals	3/13/2016
	(<i>Anna Jefferson 24.8, Tamea McKelvy 24.1, Brianna Holloway 24.73, Janae Barksdale 24.68</i>)		
1:38.86	Oak Park	New York/NB Nationals (h)	3/12/2017
	(<i>Janae Barksdale, Tamea McKelvy, Carlita Taylor 25.06, Aasia Laurencin 24.76</i>)		
1:39.08	Oak Park	New York/NB Nationals (h)	3/12/2016
	(<i>Anna Jefferson 24.7, Tamea McKelvy 24.0, Brianna Holloway 25.72, Janae Barksdale 24.61</i>)		
1:39.55	Detroit Renaissance	Boston/New Balance Nationals (h)	3/10/2023
	(<i>Jayla Graham, Jayla Dace, Sabree Brooks 24.84, Asia Elder 24.37</i>)		
1:39.57	Detroit Renaissance	Boston/New Balance Nationals.....	3/11/2023
	(<i>Sabree Brooks, Asia Elder, Jayla Graham 25.14, Jayla Dace 24.07</i>)		
1:39.59	Oak Park	New York/NB Nationals (h)	3/ 9/2019
	(<i>Chloe Vines 25.0, Aasia Laurencin 24.2, Kourtney Kennard 25.29, Nstajah Banks 25.16</i>)		
1:40.15	Detroit Renaissance	Ypsilanti/MTS State	2/23/2019
	(<i>Imani Jackson 26.0, Donae' Adams 24.7, Leeah Burr 25.1, Kaila Jackson 24.4</i>)		
1:40.49	Oak Park	New York/NB Nationals	3/14/2014
	(<i>Anna Jefferson 25.0, Carlita Taylor 25.1, Brianna Holloway 25.76, Tamea McKelvy 24.17</i>)		
1:40.50	Detroit Renaissance	Louisville/CYUP Cabin Fever.....	1/ 7/2022
	(<i>Chloe Vines, Kaila Jackson, Olivia Jenkins, Leeah Burr</i>)		
1:40.54	Detroit Renaissance	Ypsilanti/Hall Festival of Champs.....	3/ 6/2022
	(<i>Chloe Vines, Kaila Jackson, Leeah Burr, Olivia Jenkins</i>)		

1:40.60	Oak Park	Ypsilanti/MITS State	2/22/2020
	<i>(Chloe Vines, Aasia Laurencin, Kourtney Kennard, Nonah Waldron)</i>		
1:40.65	Oak Park	Grand Rapids/MITS State	2/25/2017
	<i>(Janae Barksdale 25.4, Tamea McKelvy 24.5, Carlita Taylor 25.7, Aasia Laurencin 25.0)</i>		
1:40.75	Oak Park	New York/NB Nationals	3/13/2015
1:40.75	Oak Park	Ann Arbor/UM HS Invitational	1/21/2024
1:40.76	Detroit Renaissance	Clemson.....	1/14/2024
	<i>(Shelby Sanders, Lundon Johnson, Kristen Lavergne, Jayla Graham)</i>		
1:41.01	Oak Park	New York/Bullis Invitational.....	1/26/2019
	<i>(Chloe Vines, Aasia Laurencin, Kourtney Kennard 25.50, N'Stajah Banks 25.49)</i>		
1:41.14	Detroit Renaissance	Houston/Lewis Inv.....	1/12/2019
	<i>(Imani Jackson, Kaila Jackson, Donae' Adams, Leeah Burr)</i>		
1:41.24	Oak Park	Ypsilanti/MITS State	2/28/2015
1:41.28	Oak Park	New York/Millrose Games	2/11/2024
	<i>(Morgan Roundtree 25.38, Carrie VanNoy 25.26, Nevaeh Burns 25.08, Jayda Watson 25.58)</i>		
1:41.35	Detroit Renaissance	Boston/New Balance Nationals (h)	3/ 8/2024
	<i>(Shelby Sanders, Jayla Dace, Lundon Johnson 25.70, Jayla Graham 25.09)</i>		
1:41.37	Oak Park	Ypsilanti/Huron Relays (large)	3/25/2017
1:41.38	Detroit Cass Tech	East Lansing/Spartan A	4/ 4/1998
1:41.49	Detroit Renaissance	Boston/New Balance Nationals.....	3/ 8/2024
	<i>(Shelby Sanders, Jayla Dace, Lundon Johnson 25.35, Jayla Graham 25.34)</i>		
1:41.57	Oak Park	Ypsilanti/MITS State	2/23/2019
	<i>(Chloe Vines 25.3, Aasia Laurencin 25.2, Nonah Waldron 25.2, Kourtney Kennard 25.9)</i>		
1:41.72	Detroit Renaissance	Ann Arbor/UM HS Invitational	1/21/2024
1:41.74	Oak Park	New York/NB Nationals	3/10/2019
	<i>(Chloe Vines 25.4, Aasia Laurencin 25.3, Kourtney Kennard 25.57, Nstajah Banks 25.47)</i>		
1:41.87	Detroit Renaissance	Ann Arbor/UM Invitational	1/22/2023
	<i>(Asia Elder, Jayla Dace, Sabree Brooks, Jayla Graham)</i>		
1:42.12	Detroit Cass Tech	Ypsilanti/Huron Relays.....	3/26/2011
1:42.26	Detroit Mumford	HST.....	/2005
1:42.31	Oak Park	Ypsilanti/Huron Relays (large)	3/26/2016
1:42.43	Detroit Mumford	New York/National Scholastic	3/13/2004
1:42.47	Oak Park	Ypsilanti/Huron Relays I.....	3/22/2014
1:42.50	Detroit Cass Tech	East Lansing/Spartan Relays A	4/ 3/1999
1:42.56	Oak Park	Ann Arbor/Spring Preview.....	3/26/2014
1:42.74	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
1:42.77	Detroit Renaissance	Ypsilanti/Huron Relays (small).....	3/22/2019
1:42.78	Ann Arbor Pioneer	Grand Rapids/MITS State	2/27/2016
1:42.79	Detroit King	Ann Arbor/MITCA State	3/18/1998
	<i>(Melanie Williams 25.7, Kiesha Spight 25.3, Akilah Washington 25.3, Chai Spight 26.5)</i>		
1:42.93	Detroit Mumford	New York/Nat. Scholastic (h)	3/14/2009
1:43.02	Detroit Cass Tech	Bloomington/Nike Indoor Classic	3/12/2000
1:43.10	Detroit Mumford	New York/National Scholastic (h).....	3/13/2004
1:43.19	Oak Park	Ann Arbor/MITS	1/16/2016
1:43.24	Detroit King	East Lansing/Spartan A	4/ 4/1998
1:43.33	Detroit Cass Tech	Boston/New Balance Nationals.....	3/10/2023
	<i>(Kai Allen, Paris Williams, Laila Hawkins 26.69, Lindsay Johnson 24.54)</i>		
1:43.34	Detroit Cass Tech	Ypsilanti/Huron Relays I.....	3/27/2010
1:43.3	Detroit King	Indianapolis/Powerade Inv	3/ 7/1998
1:43.40	Ann Arbor Pioneer	New York/NB Nationals (h)	3/12/2016
	<i>(Hailey Mayes, Britten Bowen, Jordyn Dresch 25.45, Torisa Johnson 25.07)</i>		
1:43.4+	Ann Arbor Pioneer	East Lansing/Spartan (1:44.0y).....	4/11/1981
	<i>(Rhonda Latrie, Theresa Arnold, Tara Cope, Barb Ellis)</i>		
1:43.4+	Detroit Chadsey	East Lansing/Spartan (1:44.0y).....	4/10/1982
	<i>(Audrey Rollins, Karla Tensley, Kari Manns, Vivien McKenzie)</i>		
Oversized Track:			
1:38.28	Detroit Renaissance	Saginaw/MITS #3.....	1/15/2022
	<i>(Kaila Jackson, Chloe Vines, Olivia Jenkins, Leeah Burr)</i>		
1:38.49	Detroit Renaissance	Geneva/SPIRE Scholastic Showcase	2/10/2019
1:38.75	Detroit Renaissance	Saginaw/MITS.....	1/19/2019
1:38.87	Oak Park	Geneva/SPIRE Scholastic	2/12/2017
	<i>(Janae Barksdale, Aasia Laurencin, Tamea McKelvy, Carlita Taylor)</i>		
1:39.28	Oak Park	Saginaw/MITS.....	2/ 3/2018
1:39.90	Oak Park	Saginaw/MITS.....	1/21/2017
1:39.93	Oak Park	Saginaw/MITS #4.....	2/ 1/2020
1:40.94	Detroit Cass Tech	Ypsilanti/MITS Finals.....	2/25/2023
1:41.30	Oak Park	Allendale/Gazelle Winter Classic	1/ 9/2016
1:41.70	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/24/2024
	<i>(Shelby Sanders, Jayla Dace, Lundon Johnson, Jayla Graham)</i>		

1:41.91	Oak Park	Saginaw/MITS.....	2/ 7/2015
1:41.92	Detroit Renaissance	Ypsilanti/Lincoln Indoor Classic.....	4/ 9/2022
1:42.15	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/25/2023
1:42.18	Oak Park	Allendale/MITS.....	1/31/2014
1:42.37	Oak Park	Geneva/SPIRE.....	12/27/2013
1:43.24	Oak Park	Geneva/SPIRE Open.....	1/17/2014
1:43.35	Detroit Mumford	Akron/Rubber City Inv.....	2/21/2009

Top 46 Schools:

1:36.29	Detroit Renaissance <i>(Kaila Jackson 24.06, Chloe Vines 24.13, Olivia Jenkins 24.38, Leeah Burr 23.72)</i>	New York/NB Nationals.....	3/12/2022
1:38.35	Oak Park <i>(Anna Jefferson 24.8, Tamea McKelvy 24.1, Brianna Holloway 24.73, Janae Barksdale 24.68)</i>	New York/NB Nationals.....	3/13/2016
1:41.38	Detroit Cass Tech	East Lansing/Spartan A.....	4/ 4/1998
1:42.26	Detroit Mumford	HST.....	/2005
1:42.78	Ann Arbor Pioneer	Grand Rapids/MITS State.....	2/27/2016
1:42.79	Detroit King	Ann Arbor/MITCA State.....	3/18/1998
1:43.4+	Detroit Chadsey	East Lansing/Spartan (1:44.0y).....	/1982
1:43.84	Romulus Summit North <i>(Londyn Hall 26.99, Heaven Copeland 25.51, Yasmine Priester 26.09, Anaiia Simmons 25.25)</i>	New York/Nike Indoor.....	3/ 8/2024
1:44.21	Ann Arbor Huron	Ypsilanti/MITS State.....	2/22/2020
1:44.7+	Flint Northern	(1:45.3y).....	/1983
1:45.02	Ann Arbor Skyline	Ypsilanti/MITS.....	2/16/2019
1:45.13	Plymouth	Ypsilanti/Huron Relays (large).....	3/25/2017
1:45.1+	Lansing Everett	(1:45.7y).....	/1985
1:45.2+	Pontiac Central	(1:45.8y).....	/1981
1:45.41	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
1:45.4+	Benton Harbor	(1:46.0y).....	/82
1:45.55	Southfield Lathrup	Ypsilanti/Huron Relays I.....	3/29/2008
1:45.80	West Bloomfield	Ypsilanti/MITS State.....	2/22/2020
1:45.82	Saginaw	Ypsilanti/MITS.....	1/ 5/2019
1:45.83	Canton	Ypsilanti/Huron Relays (large).....	3/26/2016
1:45.90	Southfield	Ypsilanti/MITS State.....	2/27/2010
1:46.84	Saline	Mt Pleasant/MITS State.....	2/23/2013
1:46.88	Dearborn Divine Child	Ypsilanti/Huron Relays II.....	3/24/2012
1:46.9	Ypsilanti	Ann Arbor/Wolverine Inv.....	3/21/98
1:47.22	East Kentwood	Grand Rapids/Wendy's Large.....	3/28/2017
1:47.28	Northville	Ann Arbor/Spring Preview.....	3/26/2014
1:47.2+	Detroit Northern	Ann Arbor/MITCA State (1:47.8y).....	3/18/93
1:47.53	Flint Southwestern	Ypsilanti/Huron Relays – Small.....	3/20/2015
1:48.03	East Lansing	East Lansing/True Team.....	3/26/2013
1:48.04	Davison	Ypsilanti/MITS State.....	2/28/2015
1:48.05	Grand Blanc	Ypsilanti/Huron Relays (large).....	3/23/2019
1:48.10+	Inkster	Ann Arbor/MITCA (1:48.73y).....	1/29/93
1:48.11	Jackson	East Lansing/MSU Playmakers.....	3/25/2008
1:48.46	Detroit Cody	Ypsilanti/Huron Relays D1.....	3/31/2007
1:48.62	Romulus	Ypsilanti/Huron Relays D1.....	3/31/2007
1:48.72	Forest Hills Central	Grand Rapids/Aquinas Challenge.....	3/28/2023
1:48.79	Grosse Pointe South	Ypsilanti/Huron Relays I.....	3/23/2013
1:48.90	Lansing Sexton	East Lansing/Spartan Relays A.....	4/ 4/98
1:48.91	Wayne Memorial	Ypsilanti/Huron Relays Large.....	3/23/2023
1:49.16	Wyandotte Roosevelt	Ann Arbor/AARC Spring Preview.....	3/26/2015
1:49.23	New Haven	Ann Arbor/MITS State.....	3/18/2006
1:49.26	Lansing Waverly	East Lansing/True Team.....	3/25/2014
1:49.30	Sturgis <i>(Kinder Smith 29.48, Keyanna O'Tey 24.98, Riley Eicher 26.74, Jackie Flores 28.10)</i>	New York/Nike Indoor.....	3/ 8/2024
1:49.41	Williamston	East Lansing/True Team Inv.....	3/19/2015
1:49.7	Flint Central	Ann Arbor/MITCA State.....	3/12/97
1:49.95	Farmington	Ypsilanti/Huron Relays – Large.....	3/21/2015

4 x 400m RELAY

Top 50 Performances:

3:40.69	Oak Park	New York/NB Nationals.....	3/13/2016
		<i>(Brianna Holloway 55.96, Dorri Coleman 55.10, Janae Barksdale 55.95, Anna Jefferson 53.68)</i>	
3:42.72	Oak Park	New York/NB Nationals.....	3/15/2015

	(<i>Johnyce Powell 56.55, Dorriann Coleman 55.77, Ersula Farrow 56.10, Anna Jefferson 54.30</i>)	
3:43.94	Oak Park	New York/NB Nationals 3/12/2017
	(<i>Carlita Taylor 56.70, Janae Barksdale 55.38, Makayla Gates 58.03, Tamea McKelvy 53.83</i>)	
3:44.62	Oak Park	New York/Armory Invitational..... 1/30/2015
	(<i>Johnyce Powell 56.58, Carlita Taylor 58.07, Dorriann Coleman 54.35, Anna Jefferson 55.63</i>)	
3:45.90	Oak Park	Virginia Beach/adidas Nationals 2/28/2021
	(<i>Tamyra Todd 56.85, Nonah Waldron 57.14, Morgan Roundtree 57.54, Jada Roundtree 54.38</i>)	
3:45.91	Oak Park	New York/NB Nationals 3/11/2018
	(<i>Miyah Brooks 56.75, Jada Roundtree 53.57, Makayla Gates 58.77, Jayla Jones 56.82</i>)	
3:46.31	Oak Park	New York/NB Nationals 3/16/2014
	(<i>Johnyce Powell 56.94, Carlita Taylor 56.95, Jayla Fleming 58.76, Anna Jefferson 53.66</i>)	
3:47.07	Oak Park	New York/NB Nationals 3/10/2019
	(<i>Chloe Vines 57.24, Jayla Jones 55.94, Kourtney Kennard 57.75, Tamyra Todd 56.14</i>)	
3:47.56	Oak Park	Fayetteville/Arkansas Inv 1/18/2019
	(<i>Nonah Waldron 58.48, Jada Roundtree 55.99, Jayla Jones 57.85, Chloe Vines 55.26</i>)	
3:47.72	Oak Park	Virginia Beach/Showcase 1/16/2021
	(<i>Tamyra Todd 58.73, Jada Roundtree 55.84, Nonah Waldron 57.70, Chloe Vines 55.45</i>)	
3:47.81	Oak Park	Boston/New Balance Nationals..... 3/10/2024
	(<i>Dayshana Kellogg 57.04, Nevaeh Burns 57.45, Morgan Roundtree 56.81, Kylee King 56.52</i>)	
3:48.31	Oak Park	New York/Armory Inv 2/ 5/2016
3:48.53	Oak Park	Fayetteville/Arkansas Inv 1/14/2017
3:49.46	Oak Park	Boston/New Balance Nationals..... 3/12/2023
	(<i>Morgan Roundtree 57.28, Nonah Waldron 56.49, Kelis Hunter-Young 57.70, Kylee King 58.00</i>)	
3:50.26	Oak Park	Ypsilanti/Huron Relays I..... 3/22/2014
3:50.40	Oak Park	Ypsilanti/MITS State 2/28/2015
	(<i>Johnyce Powell 57.6, Ersula Farrow 57.3, Dorriann Coleman 57.8, Anna Jefferson 58.0</i>)	
3:50.55	Oak Park	Ann Arbor/UM HS Invitational 1/21/2024
3:50.87	Detroit Renaissance	Ann Arbor/UM HS Invitational 1/21/2024
3:51.21	Oak Park	New York/NB Nationals..... 3/13/2022
	(<i>Morgan Roundtree 56.79, Nonah Waldron 56.74, Carrie Vannoy 59.87, Kylee King 57.81</i>)	
3:51.64	Oak Park	Ypsilanti/MITS State 2/23/2020
	(<i>Nonah Waldron, Jada Roundtree, Jayla Jones, Chloe Vines</i>)	
3:51.81	Detroit Renaissance	New York/NB Nationals 3/10/2019
	(<i>Imani Jackson 57.25, Kynnedee Cowles 61.39, Donae' Adams 56.55, Leeah Burr 56.62</i>)	
3:51.99	Oak Park	Grand Rapids/MITS State..... 2/27/2016
3:52.19	Oak Park	Ypsilanti/Huron Relays – Large..... 3/21/2015
3:52.45	Oak Park	Louisville/Indoor Games 2/ 3/2024
	(<i>Kylee King, Dayshana Kellogg, Kelis Hunter-Young, Nevaeh Burns</i>)	
3:52.53	Oak Park	New York/NB Nationals 3/15/2015
	(<i>Brianna Holloway 57.52, Carlita Taylor 58.15, Drew Coleman 58.36, Jayla Fleming 58.50</i>)	
3:53.13	Detroit Renaissance	Boston/New Balance Nationals..... 3/10/2024
	(<i>57.54, 56.37, 62.00, 57.24</i>)	
3:53.45	Oak Park	Ypsilanti/MITS State 2/24/2019
	(<i>Jayla Jones 58.6, Kourtney Kennard 58.9, Tamyra Todd 59.2, Chloe Vines 56.8</i>)	
3:53.61	Oak Park	Ypsilanti/MITS..... 1/ 4/2020
	(<i>Nonah Waldron 59.3, Jada Roundtree 56.5, Jayla Jones 58.8, Chloe Vines 59.0</i>)	
3:53.89	Oak Park	Ann Arbor/Spring Preview..... 3/26/2014
3:54.2+	Flint Northern	East Lansing/Spartan (3:55.5y)..... /1982
3:54.4+	Detroit Chadsey	(3:55.7y)..... /1982
3:54.61	Detroit Renaissance	Boston/New Balance Nationals..... 3/12/2023
	(<i>Shelby Sanders 59.34, Jayla Dace 58.17, Lauren Bickerdt 59.48, Rhian Jeffries 57.63</i>)	
3:54.64	Detroit Mumford	Blacksburg/Virginia Tech Inv..... 1/29/2005
3:54.67	Detroit Mumford	New York/National Scholastic 3/13/2004
3:54.84	Oak Park	Ann Arbor/MITS 1/29/2014
3:55.43	Detroit Mumford	New York/National Scholastic (h)..... 3/14/2008
3:55.57	Detroit Renaissance	Ypsilanti/MITS State 2/24/2019
	(<i>Imani Jackson, Donae' Adams, Kynnedee Cowles, Leeah Burr</i>)	
3:55.83	Detroit Renaissance	Ypsilanti/Huron Relays (small)..... 3/22/2019
3:55.95	Detroit Mumford	New York/National Scholastic 3/11/2007
3:56.03	Oak Park	New York/Bullis Invitational..... 1/26/2019
3:56.05	Oak Park	Grand Rapids/MITS State..... 2/26/2017
	(<i>Carlita Taylor 57.9, Tamea McKelvy 60.2, Jayla Jones 59.8, Janae Barksdale 58.6</i>)	
3:56.07	Detroit Cass Tech	New York/NB Nationals 3/13/2011
	(<i>Raevyn Baxter, Alexis Hull, Janika King, Erica Hobson</i>)	
3:56.35	Ann Arbor Pioneer	Ann Arbor/MITS State 3/17/2007
3:56.52	Detroit Mumford	New York/National Scholastic 3/16/2008
3:56.87	Oak Park	Ann Arbor/MITS 1/29/2016
3:57.2+	Ann Arbor Pioneer	(3:58.5y)..... /1981
3:57.30	Oak Park	Ypsilanti/MITS State 2/28/2015

3:57.45	Detroit Mumford	New York/Nat. Scholastic.....	3/15/2009
3:57.65	Detroit Mumford	New York/NB Nationals	3/13/2011
	<i>(Vorri Zanders, Courtney LaShae-Hewitt, Nicole Lynch, Lexus Mitchell)</i>		
3:57.67	Oak Park	New York/NB Nationals	3/10/2017
	<i>(Kirin Tate 58.97, Jayla Jones 60.38, Makayla Gates 58.47, Drew Coleman 59.85)</i>		

Oversized Track:

3:45.00	Oak Park	Lexington/Kentucky Inv.....	2/20/2016
	<i>(Brianna Holloway, Janae Barksdale, Dorri Coleman, Anna Jefferson)</i>		
3:45.91	Oak Park	Lexington/Kentucky Inv.....	2/21/2015
3:47.02	Oak Park	Lexington/Kentucky Inv.....	2/22/2014
3:47.24	Oak Park	Geneva/SPIRE Scholastic	2/14/2015
3:48.15	Oak Park	Ypsilanti/MITS Finals.....	2/25/2024
	<i>(Morgan Roundtree 57.0, Dayshana Kellogg 57.0, Nevaeh Burns 56.5, Kylee King 57.7)</i>		
3:48.37	Oak Park	Lexington/UK Inv.....	2/15/2020
	<i>(Nonah Waldron, Jada Roundtree, Chloe Vines, Jayla Jones)</i>		
3:49.06	Oak Park	Saginaw/MITS.....	1/20/2018
3:49.11	Oak Park	Geneva/SPIRE Scholastic	2/13/2016
3:49.31	Oak Park	Ypsilanti/MITS State.....	3/20/2021
	<i>(Tamyra Todd, Nonah Waldron, Morgan Roundtree, Jada Roundtree)</i>		
3:49.35	Oak Park	Lexington/UK Invitational	2/17/2018
3:49.92	Oak Park	Geneva/SPIRE Scholastic Open.....	1/16/2015
	<i>(Johnnyce Powell 57.6, Carlita Taylor 58.7, Ersula Farrow 56.9, Anna Jefferson 56.7)</i>		
3:49.97	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/25/2024
	<i>(Shelby Sanders, Lunden Johnson, Jordyn Burr, Lauren Bickerdt)</i>		
3:50.00	Oak Park	Geneva/SPIRE Scholastic	2/15/2014
3:50.64	Oak Park	Saginaw/MITS.....	2/ 7/2015
3:50.75	Oak Park	Geneva/SPIRE Scholastic Showcase....	2/10/2019
	<i>(Chloe Vines, Jayla Jones, Nonah Waldron, Tamyra Todd)</i>		
3:51.17	Oak Park	Akron/Inv.....	2/ 9/2014
3:51.26	Oak Park	Ypsilanti/MITS Champs.....	2/27/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:51.48	Oak Park	Geneva/SPIRE Scholastic	2/12/2017
	<i>(Janae Barksdale, Doriann Coleman, Tamea McKelvy, Jada Roundtree)</i>		
3:51.49	Oak Park	Geneva/SPIRE Showcase	2/ 7/2021
3:51.77	Oak Park	Saginaw/MITS #5.....	2/ 8/2020
3:52.18	Oak Park	Lexington/Kentucky Inv.....	2/18/2017
3:52.73	Oak Park	Geneva/SPIRE.....	12/27/2013
3:53.31	Oak Park	Allendale/MITS.....	1/11/2014
3:53.81	Oak Park	Saginaw/MITS.....	2/ 3/2018
3:53.82	Detroit Renaissance	Geneva/SPIRE Scholastic Showcase....	2/10/2019
	<i>(Donae' Adams, Leeah Burr, Paige Chapman, Kynnedee Cowles)</i>		
3:54.09	Oak Park	Saginaw/MITS.....	1/19/2019
3:54.17	Oak Park	Chicago/CYUP Misfits.....	1/22/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:54.19	Oak Park	Lexington/UK Invitational	2/16/2019
3:54.75	Oak Park	Lexington/UK Invitational	2/19/2022
	<i>(Morgan Roundtree, Nonah Waldron, Carrie Vannoy, Kylee King)</i>		
3:54.78	Oak Park	Allendale/Gazelle Open	1/13/2018
3:55.19	Oak Park	Saginaw/MITS.....	1/12/2019
3:55.20	Oak Park	Ypsilanti/LAB Midwest Winter Inv.....	2/12/2022
	<i>(Morgan Roundtree 58.5, Nonah Waldron 57.1, Carrie Vannoy 60.5, Kylee King 59.1)</i>		
3:55.42	Oak Park	Saginaw/MITS.....	1/ 6/2018
3:55.50	Oak Park	Saginaw/MITS.....	2/ 4/2017
3:55.77	Oak Park	Kent/Meet #2.....	1/23/2016
3:55.90	Oak Park	Youngstown/YSU Open #1	1/ 9/2021
3:56.05	Detroit Mumford	Lexington/Kentucky Inv.....	2/17/2007
3:56.51	Oak Park	Saginaw/SVSU #5	2/17/2024
	<i>(Morgan Roundtree, Carrie VanNoy, Kylee King, Nevaeh Burns)</i>		
3:56.74	Oak Park	Geneva/SPIRE Scholastic Open.....	1/16/2015
	<i>(Brianna Holloway 58.1, Doriann Coleman 57.7, Drew Coleman 61.3, Jayla Fleming 59.6)</i>		
3:56.88	Detroit Renaissance	Saginaw/SVSU MITS #2.....	1/ 6/2024
3:57.24	Detroit Renaissance	Saginaw/SVSU MITS #1	12/11/2021

Oversized Track (LAB)—short race; converted x 1.011):

3:48.17+	Oak Park	Ypsilanti/LAB Indoor #5 (3:45.75)	2/20/2021
	<i>(Tamyra Todd 55.7*, Nonah Waldron 57.5, Morgan Roundtree 57.1, Jada Roundtree 55.5)</i>		

Top 21 Schools:

3:40.69	Oak Park	New York/NB Nationals	3/13/2016
	<i>(Brianna Holloway 55.96, Dorri Coleman 55.10, Janae Barksdale 55.95, Anna Jefferson 53.68)</i>		
3:50.87	Detroit Renaissance	Ann Arbor/UM HS Invitational	1/21/2024
3:54.2+	Flint Northern	East Lansing/Spartan (3:55.5y).....	/1982
3:54.4+	Detroit Chadsey	(3:55.7y).....	/1982
3:54.64	Detroit Mumford	Blacksburg/Virginia Tech Inv.....	1/29/2005
3:56.07	Detroit Cass Tech	New York/NB Nationals	3/13/2011
	<i>(Raevyn Baxter, Alexis Hull, Janika King, Erica Hobson)</i>		
3:56.35	Ann Arbor Pioneer	Ann Arbor/MITS State	3/17/2007
3:59.15	Romulus	Boston/Nike Indoor Classic.....	3/15/2009
	<i>(Melissa Groce, Christienne Linton, Sharonda Vesey, Kanaya Williams)</i>		
4:01.4	Detroit King	Indianapolis/Powerade Inv.....	3/ 7/1998
4:01.83+	Detroit Kettering	Warren/PSL Ch (4:03.24).....	3/24/1979
4:04.92	Ann Arbor Huron	Ypsilanti/MITS State	2/23/2020
4:05.08	Flint Southwestern	Ypsilanti/Huron Relays I.....	3/29/2008
4:05.37	Ypsilanti Lincoln	Ypsilanti/Huron Relays I.....	3/28/2009
4:05.47	Rockford	Ann Arbor/MITS Final	3/ 8/2003
4:06.95	Saline	Mt Pleasant/MITS State	2/22/2014
4:07.58	East Lansing	East Lansing/MSU True Team.....	3/29/2016
4:07.63	Canton	Ypsilanti/Huron Relays (large)	3/26/2016
4:07.81	Ann Arbor Skyline	Ypsilanti/MITS State	2/24/2019
4:08.72	Troy	Ypsilanti/MITS State	2/27/2010
4:09.02	Jackson	East Lansing/MSU Playmakers.....	3/25/2008
4:09.46	Lake Orion	Ypsilanti/Huron Relays (large)	3/23/2019

4 x 800m RELAY

Top 50 Performances:

8:51.93	Ann Arbor Pioneer	New York/NB Nationals	3/13/2022
	<i>(Sarah Forsyth 2:11.37, Cookie Baugh 2:15.24, Emily Cooper 2:18.27, Rachel Forsyth 2:07.05)</i>		
9:03.74	Grosse Pointe South	Ypsilanti/Huron Relays.....	3/24/2012
	<i>(Kelsie Schwartz 2:20.1, Ersula Farrow 2:17.3, Haley Meier 2:15.3, Hannah Meier 2:11.1)</i>		
9:09.18	Oak Park	New York/NB Nationals	3/14/2015
	<i>(Jayla Fleming 2:17.88, D. Coleman 2:19.63, Johnyce Powell 2:22.23, Ersula Farrow 2:09.45)</i>		
9:10.56	Ann Arbor Pioneer	Boston/New Balance Nationals.....	3/12/2023
	<i>(Sylvia Sanok Dufallo 2:19.36, Natalie Mello 2:18.42, Emily Cooper 2:20.12, Rachel Forsyth 2:12.67)</i>		
9:12.37	Rockford	Bloomington/Nike Indoor Classic	3/12/2000
	<i>(Kalin Toedebusch, Linsey Blaisdell, Nora Colligan, Aimee Keenan)</i>		
9:12.51	Troy	New York/NB Nationals	3/10/2018
	<i>(Hannah Palomino 2:19.47, P. Anderson 2:22.33, L. Fulcher 2:18.24, Megan Worrel 2:12.47)</i>		
9:14.39	Troy	Ypsilanti/Huron Relays (large)	3/24/2018
9:14.60	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
9:15.23	Rockford	Landover/Nike Indoor Classic	3/16/2003
	<i>(Nikki Bohnsack, Rachel Wittum, Kristi Powers, Lisa Krueger)</i>		
9:16.78	Rockford	Landover/Nike Indoor.....	3/13/2004
	<i>(Brittanie Dixon, Nikki Bohnsack, Kristi Powers, Lindsey John)</i>		
9:17.37	Oak Park	Ypsilanti/MITS State	2/28/2015
9:19.06	Rockford	Ann Arbor/State Champs	3/15/2000
9:20.15	Saline	Landover/Nike Classic	3/16/2008
	<i>(Meagan Creutz, Kate Carter, Lindsey Cummings, Alex Leptich)</i>		
9:20.64	Ann Arbor Pioneer	Hillsdale/Charger Opener.....	1/ 8/2022
	<i>(Emily Cooper 2:24.52, Cookie Baugh 2:19.81, Sarah Forsyth 2:19.26, Rachel Forsyth 2:17.05)</i>		
9:21.35	Detroit Mumford	New York/National Scholastic	3/16/2008
9:24.37	Clarkston	New York/National Scholastic	3/12/2006
9:24.54	Saline	Ypsilanti/Huron Relays I.....	3/23/2013
9:24.65	Waterford Mott	New York/NB Nationals	3/11/2017
	<i>(Rylee Robinson 2:21.34, Lexi Munley 2:21.63, Kate Petsch 2:28.62, Katie Osika 2:13.06)</i>		
9:24.75	Saline	New York/NB Nationals	3/ 8/2013
	<i>(Alyssa Cummings, 2:17.05, Lauren Green 2:21.50, E. Shwayder 2:23.80, Gloria Park 2:22.40)</i>		
9:24.8	Rockford	Ann Arbor/MITS State	3/13/2002
9:25.43	Oak Park	New York/NB Nationals	3/10/2017
	<i>(Jayla Jones 2:16.99, Makayla Gates 2:22.22, Drew Coleman 2:24.59, M. Archibald 2:21.63)</i>		
9:25.43	Troy	Ypsilanti/MITS.....	2/ 3/2018
9:25.54	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
9:25.5	Rockford	Ann Arbor/MITS	1/18/2002
9:25.90	Ann Arbor Pioneer	Grand Rapids/MITS State.....	2/25/2017

	<i>(Anne Forsyth 2:19.9, Elizabeth Kos 2:29.1, Jacalyn Overdier 2:18.9, Alice Hill 2:18.0)</i>	
9:26.42	Ann Arbor Pioneer	Grand Rapids/MITS State 2/27/2016
9:26.48	Clarkston	Ann Arbor/MITS State 3/ 5/2005
9:26.4	Rockford	Ann Arbor/MITS State 3/14/2001
9:26.76	Saline	Ann Arbor/Spring Preview..... 3/26/2014
9:26.87	Hartland	Ypsilanti/Huron Relays I..... 3/27/2010
9:27.13	Rockford	Ann Arbor/MITS Final 3/ 8/2003
9:27.99	Oak Park	New York/NB Nationals 3/ 9/2018
	<i>(Jayla Jones 2:20.68, M. Gates 2:23.66, Dorriann Coleman 2:23.53, M. Archibald 2:20.12)</i>	
9:27.99	Ann Arbor Pioneer	Ann Arbor/MITS 1/22/2016
9:30.04	Oak Park	Ypsilanti/Huron Relays (large) 3/24/2018
9:30.05	Troy	Ypsilanti/Huron Relays I..... 3/27/2010
9:30.16	Ann Arbor Pioneer	Ypsilanti/Huron Relays (large) 3/26/2016
9:30.30	Saline	Ypsilanti/Huron Relays I..... 3/22/2014
9:30.82	Detroit Mumford	Ann Arbor/MITS State 3/17/2007
9:31.6	Saline	Mt Pleasant/MITS State championships 2/29/2008
9:31.99	Clarkston	New York/NB Nationals 3/11/2017
	<i>(Elizabeth Dalrymple 2:19.43, <. Ferguson 2:20.06, Emily Ferguson 2:20.50, E. Gustafson 2:32.00)</i>	
9:32.39	Saline	Ypsilanti/MITS..... 3/ 6/2013
9:32.68	Ann Arbor Pioneer	Ann Arbor/MITS 1/15/2017
9:33.55	Detroit Mumford	Ypsilanti/Huron Relays I..... 3/29/2008
9:33.73	Grosse Pointe South	MITS /2012
9:33.74	Saline	Ypsilanti/MITS State 2/25/2012
9:33.98	Bay City Western	Ypsilanti/MITS State 2/24/2019
9:34.43	Troy	New York/National Scholastic 3/16/2008
9:34.49	Birmingham Seaholm	Ypsilanti/Huron Relays – Large..... 3/21/2015
9:34.50	Clarkston	New York/NB Nationals 3/ 9/2018
	<i>(M. Ferguson 2:21.85, Emily Ferguson 2:25.34, Mattie Drennan 2:30.20, E. Dalrymple 2:17.21)</i>	
9:34.71	Saline	Ypsilanti/MITS State 2/28/2015
	Oversized Track:	
8:59.20	Ann Arbor Pioneer	Saginaw/SVSU Distance Fest..... 2/12/2022
	<i>(Sarah Forsyth 2:14.8, Cookie Baugh 2:14.9, Emily Cooper 2:21.0, Rachel Forsyth 2:08.5)</i>	
9:00.02	Ann Arbor Pioneer	Geneva/SPIRE Scholastic 2/ 6/2022
	<i>(Sarah Forsyth 2:14.3, Cookie Baugh 2:16.4, Emily Cooper 2:21.1, Rachel Forsyth 2:08.2)</i>	
9:05.10	Ann Arbor Pioneer	Allendale/GVSU MITS #4..... 1/29/2022
9:15.54	Troy	Geneva/SPIRE Scholastic 2/11/2018
9:16.68	Ann Arbor Pioneer	Ypsilanti/MITS Finals..... 2/26/2023
	<i>(Natalie Mello 2:22.8, Rachel Forsyth 2:18.8, Sylvie Sanok Dufallo 2:18.1, Emily Cooper 2:17.0)</i>	
9:18.63	Ann Arbor Pioneer	Saginaw/SVSU Distance Festival 2/11/2023
9:22.66	Oak Park	Saginaw/MITS State 2/25/2018
9:24.78	Ann Arbor Pioneer	Geneva/SPIRE Scholastic 2/12/2017
	<i>(Anne Forsyth, Elizabeth Kos, Jacalyn Overdier, Alice Hill)</i>	
9:24.89	Holland West Ottawa	Ypsilanti/MITS Finals..... 2/25/2024
	<i>(Addie Birkholz, Emma Gunnett, Natalie VanOtteren 2:20.1, Ava Porras 2:15.9)</i>	
9:29.29	Saline	Ypsilanti/MITS Champs..... 2/27/2022
9:33.16	Oak Park	Saginaw/MITS..... 2/ 4/2017
9:34.72	Holland West Ottawa	Allendale/GVSU #3 1/ 6/2024
9:35.65	Clarkston	Saginaw/MITS..... 1/21/2017
9:36.50	Waterford Mott	Saginaw/MITS..... 2/ 4/2017

Top 50 Schools:

8:51.93	Ann Arbor Pioneer	New York/NB Nationals 3/13/2022
	<i>(Sarah Forsyth 2:11.37, Cookie Baugh 2:15.24, Emily Cooper 2:18.27, Rachel Forsyth 2:07.05)</i>	
9:03.74	Grosse Pointe South	Ypsilanti/Huron Relays..... 3/24/2012
	<i>(Kelsie Schwartz 2:20.1, Ersula Farrow 2:17.3, Haley Meier 2:15.3, Hannah Meier 2:11.1)</i>	
9:09.18	Oak Park	New York/NB Nationals 3/14/2015
	<i>(Jayla Fleming 2:17.88, D. Coleman 2:19.63, Johnyce Powell 2:22.23, Ersula Farrow 2:09.45)</i>	
9:12.37	Rockford	Bloomington/Nike Indoor Classic 3/12/2000
	<i>(Kalin Toedebusch, Linsey Blaisdell, Nora Colligan, Aimee Keenan)</i>	
9:12.51	Troy	New York/NB Nationals 3/10/2018
	<i>(H. Palomino 2:19.47, Paige Anderson 2:22.33, Lauren Fulcher 2:18.24, Megan Worrel 2:12.47)</i>	
9:20.15	Saline	Landover/Nike Classic 3/16/2008
9:21.35	Detroit Mumford	New York/National Scholastic 3/16/2008
9:24.37	Clarkston	New York/National Scholastic 3/12/2006
9:24.65	Waterford Mott	New York/NB Nationals 3/11/2017
	<i>(Rylee Robinson 2:21.34, Lexi Munley 2:21.63, Kate Petsch 2:28.62, Katie Osika 2:13.06)</i>	
9:26.87	Hartland	Ypsilanti/Huron Relays I..... 3/27/2010

9:33.98	Bay City Western	Ypsilanti/MITS State	2/24/2019
9:34.49	Birmingham Seaholm	Ypsilanti/Huron Relays – Large.....	3/21/2015
9:35.6	Lansing Catholic	East Lansing/MSU True Team.....	3/27/2018
9:40.51	Holland West Ottawa	Grand Rapids/Aquinas MITS	2/ 4/2023
9:42.23	Macomb Dakota	New York/NB Nationals.....	3/12/2022
	<i>(Mariah Belmont 2:27.77, Chelsea Harvey 2:27.26, Lindsay Harvey 2:31.21, J Harberts 2:15.99)</i>		
9:42.58	Northville	Ann Arbor/Spring Preview.....	3/26/2014
9:43.23	Ann Arbor Skyline	Ypsilanti/MITS State	2/24/2019
9:46.83	Woodhaven	Ypsilanti/Huron Relays D1	3/31/2007
9:47.03	Oxford	Ypsilanti/Huron Relays.....	3/24/2012
9:47.5	Traverse City Central	Allendale/GV A-B Inv	3/23/1998
9:48.0	Brighton	Ann Arbor/Wolverine.....	2/26/2003
9:48.6+	Flint Northern	Ann Arbor/MITCA State (9:52.0y)	/1982
9:50.92	Shepherd	Ypsilanti/MITS.....	2/ 2/2019
9:51.29	Ithaca	Grand Rapids/MITS State.....	2/27/2016
9:51.42	Milford	Saginaw/SVSU Inv I.....	4/21/2000
9:52.37	Jenison	New York/NB Nationals.....	3/12/2022
	<i>(Lily Strelecki 2:24.59, Maggie Otto 2:31.39, Maddie Vandebunte 2:38.61, M Guikema 2:17.78)</i>		
9:52.53	Romeo	Boston/New Balance Nationals.....	3/10/2024
	<i>(2:28.77, 2:30.60, 2:31.46, 2:21.72)</i>		
9:53.44	Corunna	Ann Arbor/MITCA State	3/18/1998
9:53.4	Livonia Stevenson	Ann Arbor/Wolverine Inv	3/27/1997
9:54.90	Saugatuck	Ypsilanti/MITS State	2/24/2019
9:58.10	Ann Arbor Huron	Saginaw/SVSU Inv.....	4/12/2013
9:59.51	Jackson	Ann Arbor/MITS	1/18/2006
9:59.91	Midland Dow	Ypsilanti/MITS State.....	3/20/2021
10:00.48	Sterling Heights Stevenson	Ann Arbor/MITS State.....	3/14/2001
10:00.61	Mt Pleasant	Saginaw/SVSU Class A.....	3/25/1999
10:01.72	Gaylord	Ypsilanti/MITS State	2/28/2015
10:01.84	Bloomfield Hills	Ypsilanti/MITS State	2/24/2019
10:03.72	Pinckney	Ann Arbor/MITCA State	3/10/1999
10:04.1	Albion	Ann Arbor/MITCA State	3/13/1996
10:05.1	Livonia Churchill	Ann Arbor/Wolverine Inv	3/28/2006
10:05.38	Monroe	Ann Arbor/MITS State.....	3/18/2006
10:06.94	Howell	Ypsilanti/EMU MITS	2/ 5/2023
10:07.0	Williamston	East Lansing/MSU-Playmakers small	3/25/2009
10:07.31	Forest Hills Central	Grand Rapids/Aquinas Challenge	3/26/2024
10:07.7	Dearborn Divine Child	Ann Arbor/Wolverine Inv	3/30/2000
10:07.82	East Kentwood	Mt Pleasant/MITS State	2/28/2009
10:07.9	Dearborn	Mt Pleasant/MITS State	2/22/2014
10:09.08	Monroe Jefferson	Ypsilanti/Huron Relays – Small	3/24/2023
10:09.50	Grand Ledge	Ann Arbor/MITS State.....	3/18/2006
10:09.6	Marquette	Marquette/Superior Dome AB.....	4/17/2000

4 x MILE

20:02.80	Grosse Pointe South	New York/NB Nationals	3/ 9/2013
	<i>(Kelsie Schwartz 5:15.45, Ersula Farrow 5:06.40, Haley Meier 4:54.90, Hannah Meier 4:46.05)</i>		
20:07.43	Ann Arbor Pioneer	New York/NB Nationals.....	3/12/2022
	<i>(Sarah Forsyth 5:03.45, Cookie Baugh 5:03.04, Emily Cooper 5:08.74, Rachel Forsyth 4:52.20)</i>		
20:23.24	Rockford	Bloomington/Nike Indoor Classic	3/11/2000
	<i>(Kalin Toedebusch 5:08, Linsey Blaisdel 5:02, Nora Colligan 5:08, Emily Blakeslee 5:05)</i>		
20:31.47	Troy	New York/NB Nationals	3/10/2018
	<i>(H. Palomino 5:09.6, Paige Anderson 5:12.9, Meghan Monaghan 5:15.5, Megan Worrel 4:53.5)</i>		
20:48.10	Rockford	Landover/Nike Indoor.....	3/10/2001
	<i>(N. Bohnsack 5:12.2, Kalin Toedebusch 5:02.9, Kelsey Toedebusch 5:17.1, L. Blaisdell 5:16.0)</i>		
20:48.83	Saline	New York/NB Nationals	3/ 9/2013
	<i>(E. Shwayder 5:08.85, Lauren Green 5:13.70, Alyssa Cummings 5:14.30, Gloria Park 5:11.98)</i>		
20:59.05	Rockford	Landover/Nike Indoor Classic	3/ 9/2002
	<i>(Nikki Bohnsack, Kelsey Toedebusch, Lindsay Stebbins, Laura Nelson)</i>		
21:02.16	Saline	New York/NB Nationals	3/15/2014
	<i>(Elianna Schwayder, Hannah Cummings, Abby Rentschler, Kennedy Beazley)</i>		
21:02.24	Saline	New York/NB Nationals	3/10/2012
	<i>(Amy Creutz, Lauren Green, Abby Rentschler, Elianna Schwayder)</i>		
21:04.91	Rockford	Landover/Nike Indoor Classic	3/15/2003
	<i>(Nikki Bohnsack, Rachel Wittum, Lindsay Stebbins, Amy Markham)</i>		
21:05.95	Saline	New York/NB Nationals	3/14/2015
21:19.47	Troy	New York/National Scholastic.....	3/14/2009

21:22.26	Saline	New York/NB Nationals	3/12/2016
	<i>(Jessi Larsons 5:11.5, Hannah Cummings 5:13.1, Gillian Walter 5:27.6, Regan Smith 5:30.1)</i>		
21:26.33	Clarkston	New York/NB Nationals	3/10/2018
	<i>(Elizabeth Dalrymple, Emily Ferguson, Grace Nolan, Mallory Ferguson)</i>		
21:26.91	Ann Arbor Pioneer (P)	Boston/New Balance Nationals.....	3/11/2022
	<i>(Emily Cooper 5:08.36, Natalie Mello 5:43.22, Sylvia Sanok Dufallo 5:30.90, Rachel Forsyth 5:04.44)</i>		
21:27.84	Clarkston	Landover/Nike Classic	3/15/2003
	<i>(Liz Mengyan, Mo Kuhta, Gillian Nordquist, Anne Oltman)</i>		
21:30.75	Saline	Landover/Nike Classic	3/15/2008
	<i>(Alex Leptich, Kate Carter, Lindsey Cummings, Meagan Creutz)</i>		
21:37.36	Romeo	Boston/New Balance Nationals.....	3/11/2022
	<i>(Madison Clor 5:09.77, Natalia Guaresimo 5:16.74, Emmerson Clor 5:40.97, Gracie Youngblood 5:29.88)</i>		
21:39.78	Rockford	Lincoln/Midwest Classic.....	2/ 9/2002
21:42.24	Romeo	New York/NB Nationals	3/12/2022
	<i>(Madison Clor 5:12.25, Rachel Felstow 5:15.91, Brianna Wiegand 5:30.38, A Felstow 5:43.70)</i>		
21:46.69	Saline	New York/NB Nationals	3/10/2012
21:47.42	Saline	New York/NB Nationals	3/ 8/2019
	<i>(Nicole Dillmann 5:34.84, Kayla Fortino 5:13.39, Madison Stern 5:44.99, Madi Wood 5:14.20)</i>		
21:48.66	Northville	New York/NB Nationals	3/12/2022
	<i>(Ella Christensen 5:17.18, Anna Gdowski 5:40.25, Lily Connors 5:38.43, Cassie Garcia 5:12.80)</i>		
21:51.89	Saline	Landover/Nike Indoor.....	3/10/2007
	<i>(Meagan Creutz, Kate Carter, Lindsey Cummings, Alex Leptich)</i>		
21:53.98	Clarkston	Landover/Nike Indoor Classic	3/13/2004
	<i>(Elle Kuhta, Lisa Sickman, Jenna Leach, Beth Hoekstra)</i>		
21:58.26	Rockford	Lincoln/Midwest Classic.....	2/ 9/2002
22:00.30	Troy	New York/National Scholastic.....	3/15/2008
22:03.76	Sterling Heights Stevenson	New York/National Scholastic.....	3/10/2007
22:06.29	Troy	New York/National Scholastic.....	3/13/2010
22:08.99	Jenison	Boston/New Balance Nationals.....	3/11/2022
	<i>(Maya Guikema 5:26.00, Maddie Vande Bunte 5:31.80, Maggie Otto 5:48.56, Naomi Diekman 5:22.65)</i>		
22:16.83	Troy	New York/National Scholastic.....	3/11/2011
	<i>(Julia Dinverno, Lauren Miller, Kira Burnett, Lindsey Miller)</i>		
22:20.76	Macomb Dakota	New York/NB Nationals	3/10/2012
22:23.76	Troy	New York/NB Nationals	3/10/2012
22:27.32	Rockford	Landover/Nike Indoor Classic	3/ 9/2002
	<i>(Britt Ogden, Kristi Power, Michelle Harrold, Katia Jorgensen)</i>		
22:38.26	Sterling Heights Stevenson	New York/National Scholastic.....	3/15/2008
22:43.32	Troy	New York/National Scholastic.....	3/14/2009
23:18.57	Albion	Bloomington/Nike Indoor Classic	3/11/2000
	<i>(Elizabeth Risner, Lesley Jurasek, Tracy Egnatuk, Camille Dean)</i>		

800m SPRINT MEDLEY

1:47.6+	Detroit Mumford	East Lansing/Spartan Relays (1:48.2y)..	4/11/1981
1:48.9+	Flint Northern	(1:49.5y).....	/1981
1:48.9+	Detroit Chadsey	(1:49.5y).....	/1982
1:49.8+	Ann Arbor Pioneer	(1:50.4y).....	/1981
1:49.9+	Detroit Mumford	(1:50.5y).....	/1979
1:49.9+	Saginaw McArthur	(1:50.5y).....	/1981
1:50.2+	Flint Northern	(1:50.8y).....	/1982
1:50.4+	Flint Northern	(1:51.0y).....	4/12/1980
	<i>(Lowe, Childress, Riley, Hughley)</i>		
1:50.7+	Pontiac Central	(1:51.3y).....	/1982
1:51.1+	Pontiac Central	(1:51.7y).....	/1981

1200m SPRINT MEDLEY

(400-200-200-400)

2:50.57	Detroit Cass Tech	East Lansing/Spartan.....	4/ 4/1992
2:51.5	Detroit Cass Tech	Ypsilanti/Huron River	3/22/1997
2:52.4	Detroit Cass Tech	Ypsilanti/Huron River	3/23/1996
2:53.80	Flint Central	East Lansing/Spartan.....	4/ 6/1996
2:53.9	Detroit Cass Tech	Ypsilanti/Huron.....	3/21/1992
2:54.67	Ann Arbor Pioneer	Ypsilanti/Early Bird.....	3/14/2008
2:54.7	Detroit Cass Tech	Ypsilanti/Huron.....	3/18/1995
2:54.8	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/20/1999
2:55.4+	Lansing Everett	(2:56.4).....	/1985

2:55.4	Detroit Cass Tech	Ypsilanti/Huron River Relays	3/18/2000
2:55.8+	Ann Arbor Pioneer	(2:56.8).....	/1984
2:55.8+	Detroit Cass Tech	(2:56.8).....	/1984
2:55.9+	Charlotte	(2:56.9).....	/1984
2:56.1+	Flint Northern	East Lansing/Spartan (2:57.1)	3/29/1986
2:56.1	Detroit Cass Tech	/1990
2:56.6	Detroit Cass Tech	Ypsilanti/Huron.....	3/19/1989
2:56.6+	Grand Rapids Ottawa Hills	East Lansing/Spartan (2:57.6)	3/29/1986
2:57.3+	Detroit Cody	East Lansing/Spartan (2:58.3)	3/29/1986
2:57.5+	Ypsilanti	(2:58.5).....	/1985
2:57.9+	Ann Arbor Pioneer	East Lansing/Spartan (2:58.9)	3/29/1986

1600m SPRINT MEDLEY

Top 50 Performances:

3:56.80	Oak Park	New York/NB Nationals	3/14/2015
		<i>(Tamea Mckelvy, Anna Jefferson, Johnyce Powell 55.98, Dorriann Coleman 2:11.15)</i>	
3:57.66	Oak Park	Boston/New Balance Nationals.....	3/ 8/2024
		<i>(Morgan Roundtree, Carrie VanNoy, Nevaeh Burns 55.55, Kylee King 2:10.27)</i>	
3:59.51	Oak Park	New York/NB Nationals.....	3/11/2022
		<i>(Delin Mapp 25.62, Morgan Roundtree 24.80, Nona Waldron 56.16, Kylee King 2:12.93)</i>	
3:59.96	Oak Park	Boston/New Balance Nationals.....	3/10/2023
		<i>(Carrie VanNoy, Morgan Roundtree, Nonah Waldron 56.28, Kylee King 2:13.66)</i>	
4:01.39	Oak Park	Virginia Beach/adidas Nationals	2/26/2021
		<i>(Nonah Waldron, Morgan Roundtree, Jada Roundtree 55.41, Kylee King 2:15.06)</i>	
4:01.73	Ann Arbor Pioneer	New York/NB Nationals	3/12/2016
		<i>(Britten Bowen 26.9, Jordyn Dresch 26.6, Hailey Mayes 58.86, Alice Hill 2:09.39)</i>	
4:01.99	Oak Park	Ypsilanti/MITS State	2/22/2020
		<i>(Jada Roundtree 56.2, Chloe Vines 24.7, Nonah Waldron 25.4, Jayla Jones 2:15.7)</i>	
4:04.49	Ann Arbor Pioneer	New York/NB Nationals	3/11/2017
		<i>(B. Bowen 25.2, Tiffany Cernej-Garcia 25.7, Hailey Mayes 57.22, Jacalyn Overdier 2:16.34)</i>	
4:04.71	Ann Arbor Pioneer	Grand Rapids/MITS State.....	2/26/2016
4:05.11	Detroit Mumford	New York/National Scholastic.....	3/ 9/2007
		<i>(Shayla Mahan, Aisha Osborn, Aja Olison, Shariiece Pinkston)</i>	
4:06.83	Ann Arbor Pioneer	Ypsilanti/MITS State	2/22/2020
		<i>(Sarah Forsyth 59.4, Skylar Fletcher 26.8, Justice Jackson 26.3, Zofia Dudek 2:14.3)</i>	
4:07.32	Ann Arbor Pioneer	New York/NB Nationals	3/ 9/2019
		<i>(Justice Jackson 26.4, Gabi Newman 27.8, Mya Georgiadis 58.80, Zofia Dudek 2:14.40)</i>	
4:07.34	Detroit Mumford	New York/National Scholastic.....	3/14/2008
4:07.41	Oak Park	Ypsilanti/MITS.....	1/ 8/2015
4:07.48	Ann Arbor Pioneer	Ann Arbor/MITS	1/22/2016
4:07.74	Oak Park	New York/NB Nationals	3/ 8/2019
		<i>(Morgan Atlas, Janae Barksdale, Tamyra Todd 58.46, Jayla Jones 2:17.00)</i>	
4:08.36	Oak Park	New York/NB Nationals	3/15/2014
		<i>(Johnyce Powell, Carlita Taylor, Anna Jefferson 55.24, Jayla Fleming 2:20.66)</i>	
4:08.51	Oak Park	Ypsilanti/MITS.....	1/ 4/2020
4:08.69	Oak Park	Boston/New Balance Nationals.....	3/ 8/2024
		<i>(Jayda Watson, Mahlan Tate, Kelis Hunter-Young 57.90, Dayshana Kellogg 2:18.46)</i>	
4:08.82	Detroit Renaissance	Boston/New Balance Nationals.....	3/10/2023
		<i>(Asia Elder, Sabree Brooks, Shelby Sanders 58.97, Lauren Bickerdt 2:18.99)</i>	
4:08.88	Oak Park	Ypsilanti/MITS.....	2/ 5/2015
4:08.92	Oak Park	Ypsilanti/MITS State	2/23/2019
		<i>(Tamyra Todd, Morgan Atlas, N'Stajah Banks, Jayla Jones)</i>	
4:09.12	Detroit Renaissance	Boston/New Balance Nationals.....	3/ 8/2024
		<i>(Jayla Dace, Jayla Graham, Shelby Sanders 57.24, Lauren Bickerdt 2:20.15)</i>	
4:09.18	Ann Arbor Pioneer	Ann Arbor/MITS	2/18/2017
4:09.42	Oak Park	Ypsilanti/MITS.....	1/28/2018
		<i>(Jada Roundtree, Miyah Brooks, Makayla Gates 58.7, Dorriann Coleman 2:18.3)</i>	
4:09.50	Detroit Cass Tech	Boston/New Balance Nationals.....	3/ 8/2024
		<i>(Laila Hawkins, Paris Williams, Lindsay Johnson 57.58, Anyla Robinson 2:18.52)</i>	
4:10.22	Grand Rapids Catholic Central	Boston/New Balance Nationals.....	3/ 8/2024
		<i>(Lindsay Lauria, Amelia Sharpe, Ella Sharpe 60.54, Emily Tomes 2:12.15)</i>	
4:10.64	Ann Arbor Pioneer	Ypsilanti/Huron Relays D1	3/31/2007
4:10.93	Oak Park	Ypsilanti/EMU MITS	2/ 5/2023
4:11.04	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
4:11.79	Detroit Renaissance	Landover/Nike Classic	3/15/2003
		<i>(Alex Cunningham, Amber Hay, Monique Thompson, Kelly Sampson)</i>	

4:11.96	Ann Arbor Pioneer (Hailey Mayes 58.9, Tiffany Cernej-Garcia 25.9, Britten Bowen 25.6, Jacalyn Overdier 2:21.6)	Grand Rapids/MITS State	2/25/2017
4:12.21	Ann Arbor Pioneer (Mya Georgiadis, Justice Jackson, Gabi Newman, Zofia Dudek)	Ypsilanti/MITS State	2/23/2019
4:12.84	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/27/2010
4:13.28	Ann Arbor Pioneer (Britten Bowen, Justice Jackson, Kimberly Cernej-Garcia 59.31, Tiffany Cernej-Garcia 2:20.98)	New York/NB Nationals	3/10/2018
4:13.56	Detroit Mumford	New York/Nat. Scholastic.....	3/13/2009
4:13.87	Oak Park	Ypsilanti/MITS.....	2/ 2/2019
4:14.61	Oak Park	Virginia Beach/Showcase	1/17/2021
4:14.86	Detroit Cass Tech	Bloomington/Nike Indoor Classic	3/11/2000
4:14.90	Ann Arbor Pioneer	Ypsilanti/MITS.....	2/ 3/2018
4:15.07	Oak Park	Ann Arbor/MITS	12/29/2016
4:15.11	Rochester Hills Stoney Creek (Samantha Moroschan, Jessica Schamanel, Bella Davis 57.15, Allison Ziehl 2:20.43)	New York/NB Nationals	3/ 9/2019
4:15.47	Gaylord (M. MacQuarrie 28.4, Stephanie Davis 27.33, Savannah Krone 60.9, Carlie Martella 2:18.9)	New York/NB Nationals	3/10/2017
4:16.00	Detroit Cass Tech	East Lansing/Spartan Relays A	4/ 1/2000
4:16.05	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/29/2008
4:16.21	Ann Arbor Pioneer	Landover/Nike Indoor.....	3/10/2007
4:16.89	Ann Arbor Pioneer	Landover/Nike Classic	3/15/2008
4:17.08	Ann Arbor Pioneer	Ypsilanti/MITS.....	2/ 2/2019
4:17.72	Detroit Mumford	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.10	Grand Rapids Christian	Ypsilanti/MITS State	2/22/2020
Oversized Track:			
3:57.70	Oak Park (Nevaeh Burns 56.6, Morgan Roundtree 24.6, Carrie VanNoy 25.4, Kylee King 2:11.0)	Ypsilanti/MITS Finals.....	2/24/2024
3:59.98	Oak Park (Jada Roundtree, Nonah Waldron, Morgan Roundtree, Kylee King)	Ypsilanti/MITS State.....	3/20/2021
4:01.97	Oak Park (Nonah Waldron 56.9, Morgan Roundtree, Carrie Vannoy, Kylee King 2:13.9)	Ypsilanti/LAB Midwest Winter Inv.....	2/11/2022
4:01.97	Oak Park (Nonah Waldron 56.1, Morgan Roundtree, Carrie Vannoy, Kylee King 2:15.4)	Ypsilanti/MITS Champs.....	2/26/2022
4:03.57	Oak Park	Saginaw/SVSU MITS #2.....	1/ 6/2024
4:05.33	Detroit Renaissance	Ypsilanti/MITS Finals.....	2/25/2023
4:09.00	Detroit Cass Tech (Lindsay Johnson, Laila Hawkins, Paris Williams, Anyla Robinson)	Ypsilanti/MITS Finals.....	2/24/2024
4:09.39	Ann Arbor Huron (Mya Georgiadis, Fatouma Conde, Rachel Overgaard, Sam Hastie)	Ypsilanti/MITS State.....	3/20/2021
4:10.68	Detroit Renaissance	Saginaw/SVSU MITS #2.....	1/ 6/2024
4:14.71	Grand Rapids Catholic Central	Ypsilanti/MITS Finals.....	2/24/2024
4:14.92	Ann Arbor Pioneer	Saginaw/MITS State	2/24/2018
4:16.34	Gaylord	Saginaw/MITS.....	2/ 4/2017
4:18.20	Ann Arbor Pioneer	Saginaw/MITS State	2/24/2018
4:19.25	Rochester	Saginaw/MITS State	2/24/2018
4:19.63	Ann Arbor Skyline	Saginaw/MITS State	2/24/2018

Top 50 Schools:

3:56.80	Oak Park (Tamea Mckelvy, Anna Jefferson, Johnyce Powell 55.98, Dorriann Coleman 2:11.15)	New York/NB Nationals	3/14/2015
4:01.73	Ann Arbor Pioneer (Britten Bowen 26.9, Jordyn Dresch 26.6, Hailey Mayes 58.86, Alice Hill 2:09.39)	New York/NB Nationals	3/12/2016
4:05.11	Detroit Mumford (Shayla Mahan, Aisha Osborn, Ajia Olison, Shariece Pinkston)	New York/National Scholastic.....	3/ 9/2007
4:08.82	Detroit Renaissance (Asia Elder, Sabree Brooks, Shelby Sanders 58.97, Lauren Bickerdt 2:18.99)	Boston/New Balance Nationals.....	3/10/2023
4:09.50	Detroit Cass Tech (Laila Hawkins, Paris Williams, Lindsay Johnson 57.58, Anyla Robinson 2:18.52)	Boston/New Balance Nationals.....	3/ 8/2024
4:10.22	Grand Rapids Catholic Central (Lindsay Lauria, Amelia Sharpe, Ella Sharpe 60.54, Emily Tomes 2:12.15)	Boston/New Balance Nationals.....	3/ 8/2024
4:15.11	Rochester Hills Stoney Creek (Samantha Moroschan, Jessica Schamanel, Bella Davis 57.15, Allison Ziehl 2:20.43)	New York/NB Nationals	3/ 9/2019
4:15.47	Gaylord (M. MacQuarrie 28.4, Stephanie Davis 27.33, Savannah Krone 60.9, Carlie Martella 2:18.9)	New York/NB Nationals	3/10/2017
4:18.10	Grand Rapids Christian	Ypsilanti/MITS State	2/22/2020
4:18.33	Livonia Stevenson	Ypsilanti/Huron Relays I.....	3/28/2009
4:18.38	Shepherd	Ypsilanti/MITS State	2/23/2019

4:19.50	Chelsea	Ypsilanti/Huron Relays II.....	3/27/2009
4:19.50	Dearborn Divine Child (Aubrey Wilson, Meghan Koss, Kathryn Kurtinaitis, Katherine Koss)	Grand Rapids/Gardiner Inv	3/23/2024
4:19.53	Saline	Ypsilanti/Huron Relays I.....	3/28/2009
4:19.96	Rochester (Jenna Arnold, Camryn Remick, Maya Smith 61.27, Elizabeth Bulat 2:17.78)	New York/NB Nationals	3/ 8/2019
4:20.04	Ann Arbor Skyline	Grand Rapids/MITS State	2/25/2017
4:20.66	Flint Southwestern	Ypsilanti/Huron Relays II.....	3/27/2009
4:22.06	Woodhaven	Ypsilanti/Huron Relays D1	3/31/2007
4:23.10	Ithaca	Grand Rapids/MITS State.....	2/26/2016
4:23.10	Northville	Ypsilanti/MITS State	2/22/2020
4:24.0+	Saginaw	(4:25.5y_).....	/1985
4:25.25	Sturgis (Tenley Banaszak 26.26, Hannah Garbine 28.15, Sydney Bir 65.15, Berkley Holtz 2:25.69)	New York/Nike Indoor	3/ 8/2024
4:26.82	Walled Lake Northern	New York/Nike Nationals.....	3/10/2023
4:27.09	Monroe	Ypsilanti/Huron Relays D1	3/31/2007
4:27.20	Macomb Dakota	New York/NB Nationals	3/ 9/2012
4:28.15	St Clair	Ypsilanti/Huron Relays.....	3/25/2011
4:28.91	Pinckney	East Lansing/Spartan Relays A	4/ 1/2000
4:29.08	Lansing Sexton	Ypsilanti/Huron Relays II.....	3/26/2010
4:29.18	Ypsilanti	Ypsilanti/Huron Relays D2	3/30/2007
4:29.29	Adrian Madison	Hillsdale/Charger Preview.....	3/25/2015
4:29.52	Lansing Capital Homeschool	Hillsdale/Charger Preview.....	3/25/2015
4:29.53	Hartland	Ypsilanti/Huron Relays I.....	3/28/2009
4:29.70	Bay City Western	Grand Rapids/MITS State	2/25/2017
4:29.95	Flint Northern	Ypsilanti/Huron.....	3/19/1988
4:30.56	Kenowa Hills	Grand Rapids/MITS State	2/26/2016
4:30.60	Concord	Hillsdale/Charger Preview.....	3/25/2015
4:30.92	Troy	Ypsilanti/Huron Relays D1	3/31/2007
4:31.07	Oxford	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.07	Saugatuck	Grand Rapids/MITS	2/ 3/2018
4:31.0	Ann Arbor Huron	Shamrock Inv	3/16/1986
4:31.12	Livonia Franklin	Ypsilanti/Huron Relays I.....	3/28/2009
4:31.15	Alma	Mt Pleasant/CMU MITS #1	2/ 5/2023
4:32.10	Flint Central	Ypsilanti/Huron Relays D2	3/30/2007
4:32.12	Perry	East Lansing/Spartan Relays B	3/31/2000
4:32.16	Bloomfield Hills	Ypsilanti/MITS.....	1/28/2018
4:32.32	St Louis	Ypsilanti/MITS State	2/22/2020
4:33.32	Lansing Catholic	Grand Rapids/Gardiner Inv	3/24/2018
4:33.67	Grosse Pointe South	Hillsdale/Charger Preview.....	3/26/2015
4:34.15	Grosse Ile	East Lansing/Spartan Relays B	3/31/2000
4:34.1	New Boston	Adrian/Shamrock	3/18/1989

2400 MEDLEY

(800-400-400-800)

6:52.4	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/23/2002
6:53.0	Detroit Cass Tech	Ypsilanti/Huron River	3/22/1997
6:56.4	Ann Arbor Huron	Ypsilanti/Huron.....	3/19/1988
6:57.5	Detroit Cass Tech	Ypsilanti/Huron.....	3/21/1992
6:59.7	Detroit Cass Tech	Ypsilanti/Huron River Relays	3/18/2000
6:59.9	Detroit Cass Tech	Ypsilanti/Huron.....	4/ 2/1993
7:01.6	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/18/2000
7:03.5	Detroit Cass Tech	Ypsilanti/Relays	3/17/1990
7:04.2	Detroit Cass Tech	Ypsilanti/Huron.....	3/18/1995
7:05.8	Detroit Cooley	Ypsilanti/Huron.....	3/19/1988
7:07.2	Brighton	Ypsilanti/Huron River Relays	3/23/2002
7:08.4	Ann Arbor Pioneer	Ypsilanti/Huron River Relays	3/20/1999
7:09.5	Southfield	Ypsilanti/Huron River Relays	3/20/1999
7:10.6	Flint Northern	Ypsilanti/Huron.....	3/19/1988
7:10.7	Ann Arbor Pioneer	Ypsilanti/Huron River	3/22/1997
7:12.0	Whitmore Lake	Ypsilanti/Huron River	3/22/1997
7:14.9	Detroit Cass Tech	Ypsilanti/Huron River	3/19/1994
7:15.3	South Lyon	Ypsilanti/Huron River	3/22/1997
7:16.1	Temperance Bedford	Ypsilanti/Huron.....	3/19/1988
7:18.2	Portage Central	Ypsilanti/Huron River	3/22/1997
7:20.0	Rochester Adams	Ypsilanti/Huron.....	3/19/1988
7:23.0	Brighton	Ypsilanti/Huron River Relays	3/18/2000

DISTANCE MEDLEY

Top 50 Performances:

11:32.68	Ann Arbor Pioneer	New York/NB Nationals.....	3/11/2022
	<i>(Sarah Forsyth 3:30.64, Emily Cooper 61.22, Cookie Baugh 2:14.73, Rachel Forsyth 4:46.09)</i>		
11:35.98	Grosse Pointe South	Ypsilanti/Huron Relays I.....	3/23/2013
	<i>(Haley Meier 3:30.3, Kelsie Schwartz 60.5, Ersula Farrow 2:14.4, Hannah Meier 4:50.8)</i>		
11:37.11	Grosse Pointe South	Ypsilanti/MITS.....	2/ 6/2013
	<i>(Haley Meier 3:33.0, Kelsie Schwartz 61.3, Ersula Farrow 2:14.4, Hannah Meier 4:48.4)</i>		
11:39.29	Grosse Pointe South	New York/NB Nationals	3/ 9/2012
	<i>(Haley Meier, Ersula Farrow, Kelsie Schwartz, Hannah Meier 4:47.5)</i>		
11:46.29	Ann Arbor Pioneer	Hillsdale/Charger Elite	1/23/2022
	<i>(Sarah Forsyth 3:37.33, Emily Cooper 63.39, Cookie Baugh 2:18.01, Rachel Forsyth 4:47.56)</i>		
11:47.96	Ann Arbor Pioneer	New York/NB Nationals	3/10/2017
	<i>(J. Overdier 3:39.67, Tiffany Cernej-Garcia 59.52, Alice Hill 2:15.54, Anne Forsyth 4:53.23)</i>		
11:55.41	Troy	New York/NB Nationals	3/ 9/2018
	<i>(Meghan Monaghan 3:50.10, L. Fulcher 60.02, Hannah Palomino 2:16.43, M. Worrel 4:48.86)</i>		
11:56.24	Ann Arbor Pioneer	New York/NB Nationals	3/ 8/2019
	<i>(Sarah Forsyth 3:41.96, Mya Georgiadis 58.42, Lydia Valtadoros 2:26.57, Zofia Dudek 4:49.29)</i>		
11:56.35	Ann Arbor Pioneer	Boston/New Balance Nationals.....	3/10/2023
	<i>(Emily Cooper 3:40.76, Maya Rollins 62.70, Sylvia Sanok Dufallo 2:17.52, Rachel Forsyth 4:55.39)</i>		
11:56.87	Rockford	Landover/Nike Indoor Classic	3/15/2003
	<i>(Rachel Wittum, Lisa Krueger, Kristi Powers, Nikki Bohnsack)</i>		
11:58.05	Rockford	Landover/Nike Indoor.....	3/10/2001
	<i>(Kalin Toedebusch 3:42.1, Kelsey Toedebusch 62.8, A. Keenan 2:15.4, Linsey Blaisdell 4:57.8)</i>		
11:58.23	Grosse Pointe South	Ypsilanti	2/ 7/2012
12:00.48	Saline	New York/NB Nationals	3/14/2014
	<i>(K. Beazley 3:42.21, Alexa Ross 57.86, Hannah Cummings 2:19.27, E. Shwayder 5:01.14)</i>		
12:02.41	Ann Arbor Pioneer	Hillsdale/Charger Elite	1/25/2020
	<i>(Sarah Forsyth 3:50.28, Justice Jackson 63.85, Cookie Baugh 2:21.83, Zofia Dudek 4:46.46)</i>		
12:02.81	Rockford	Bloomington/Nike Indoor Classic	3/11/2000
	<i>(Kalin Toedebusch, Linsey Blaisdell, Kelsey Toedebusch, Aimee Keenan)</i>		
12:02.82	Northville	New York/NB Nationals	3/11/2016
	<i>(Ana Barrott 3:43.25, Chloe Abbott 56.24, Cayla Eckenroth 2:25.47, Lexa Barrott 4:57.86)</i>		
12:03.52	Ann Arbor Pioneer	Ann Arbor/MITS	1/19/2017
	<i>(Anne Forsyth 3:38.8, Tiffany Cernej-Garcia 61.1, Alice Hill 2:16.4, Jacalyn Overdier 5:07.2)</i>		
12:04.89	Rockford	Landover/Nike Indoor Classic	3/ 9/2002
	<i>(Kelsey Toedebusch, Lisa Kruger, Kristi Power, Nikki Bohnsack)</i>		
12:06.24	Detroit Renaissance	Landover/Nike Indoor.....	3/13/2004
	<i>(Amber Hay, Kelly Sampson, Ramzee Fondren, Camila Nelson)</i>		
12:06.99	Rockford	Landover/Nike Indoor.....	3/13/2004
	<i>(Nikki Bohnsack, Rachel Wittum, Kristi Powers, Lindsey John)</i>		
12:08.00	Ann Arbor Pioneer	Grand Rapids/MITS State	2/25/2017
	<i>(Jacalyn Overdier 3:47.7, Stella Weinberg 62.8, Alice Hill 2:18.8, Anne Forsyth 4:59.0)</i>		
12:08.30	Northville	Grand Rapids/MITS State	2/26/2016
	<i>(Ana Barrott 3:43.8, Chloe Abbott 57.8, Cayla Eckenroth 2:25.6, Lexa Barrott 5:01.1)</i>		
12:10.92	Clarkston	New York/NB Nationals	3/ 9/2018
	<i>(E. Dalrymple 3:42.30, Allie Eriksen 59.95, Mia Patria 2:22.18, Mallory Ferguson 5:06.49)</i>		
12:12.15	Ann Arbor Pioneer	Ypsilanti/MITS State	2/23/2019
	<i>(Sarah Forsyth 3:50.1, Justice Jackson 62.2, Lydia Valtadoros 2:29.1, Zofia Dudek 4:50.8)</i>		
12:13.42	Saline	Mt Pleasant/MITS State	2/22/2014
12:13.76	Detroit Renaissance	Landover/Nike Indoor.....	3/12/2005
	<i>(Ramzee Fondren, Elesha Logan, Amber Hay, Kelly Sampson)</i>		
12:13.99	Lake Orion	New York/NB Nationals	3/ 8/2019
	<i>(Allison Sherman 3:50.32, M. Symons 61.91, Josephine Arnold 2:22.83, S. Novak 4:58.33)</i>		
12:14.01	Saline	Ann Arbor/MITS	2/12/2014
12:14.76	Saline	MITS	/2012
12:14.96	Ann Arbor Pioneer	Grand Rapids/MITS State.....	2/26/2016
12:15.66	Rockford	Allendale/Grand Valley AB.....	3/21/2000
12:17.59	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015
12:18.35	Clarkston	New York/NB Nationals	3/10/2017
	<i>(E. Dalrymple 3:45.38, Allie Erikson 62.10, Emily Ferguson 2:22.45, Mallory Ferguson 5:08.42)</i>		
12:18.58	Rockford	Ann Arbor/MITS State	3/ 6/2004
	<i>(Rachel Wittum 3:47.1, Lindsey John 61.8, Kristi Powers 2:20.3, Nikki Bohnsack 5:09.4)</i>		
12:18.70	Clarkston	Grand Rapids/MITS State.....	2/26/2016
12:19.10	Troy	Ypsilanti/MITS State	2/26/2011
12:22.76	Lansing Catholic	Grand Rapids/Gardiner Inv	3/24/2018
	<i>(Grace Frost, Lauren Cleary, Jaden Theis, Olivia Theis)</i>		
12:23.42	Saline	Ypsilanti/MITS State	2/25/2012

12:23.64	Ann Arbor Pioneer	Ypsilanti/MITS.....	1/11/2019
12:23.69	Waterford Mott (<i>Katie Osika 3:42.0, Kate Petsch 65.5, Lexi Munley 2:22.1, Rylee Robinson 5:14.3</i>)	Grand Rapids/MITS State.....	2/25/2017
12:24.19	Ann Arbor Pioneer	Ypsilanti/Huron Relays I.....	3/27/2010
12:25.02	Troy	New York/National Scholastic.....	3/12/2010
12:25.10	Clarkston	Ann Arbor/MITS State.....	3/ 5/2005
12:25.27	Clarkston (<i>E. Dalrymple 3:49.82, Emily Ferguson 63.24, Mallory Ferguson 2:21.36, Nicole Hanson 5:10.85</i>)	New York/NB Nationals.....	3/11/2016
12:25.93	Saline	Ann Arbor/MITS.....	2/13/2013
12:26.58	Pinckney (<i>Bella Garcia 3:50.45, Kylie Ray 64.39, Erika Rapp 2:26.51, Mia Garcia 5:05.23</i>)	Hillsdale/Charger Qualifier.....	1/28/2017
12:27.28	Troy	New York/Nat. Scholastic.....	3/13/2009
12:27.46	Saline (<i>Madison Wood 3:41.2, Suzanne Chuparkoff 62.5, Ella Woehlke 2:29.8, Kayla Fortino 5:14.0</i>)	Ypsilanti/MITS.....	2/ 2/2019
12:27.48	Pinckney (<i>Bella Garcia 3:48.2, Kylie Ray 62.9, Erika Rapp 2:29.8, Mia Garcia 5:06.6</i>)	Grand Rapids/MITS State.....	2/25/2017
12:28.32	Farmington (<i>Maddy Trevisan 3:39.97, Casey Iles 65.35, Morgan Merlino 2:21.26, Abby Inch 5:21.74</i>)	New York/NB Nationals.....	3/11/2016
Oversized Track:			
11:21.95	Ann Arbor Pioneer (<i>Sarah Forsyth 3:29.5, Emily Cooper 61.7, Cookie Baugh 2:12.0, Rachel Forsyth 4:38.8</i>)	Saginaw/SVSU Distance Fest.....	2/12/2022
11:58.56	Ann Arbor Pioneer	Saginaw/SVSU Distance Festival.....	2/11/2023
12:03.19	Ann Arbor Pioneer (<i>Emily Cooper 3:41.0, Natalie Mello 61.4, Sylvie Sanok Dufallo 2:16.5, Rachel Forsyth 5:04.3</i>)	Ypsilanti/MITS Finals.....	2/25/2023
12:09.48	Holland West Ottawa (<i>Natalie VanOtteren 3:37.3, Emma Gunnett 62.2, Addie Birkholz 2:24.7, Ava Porras 5:05.3</i>)	Ypsilanti/MITS Finals.....	2/24/2024
12:15.20	Saline	Saginaw/MITS State.....	2/24/2018
12:19.72	Pinckney (<i>Bella Garcia 3:51.7, Kylie Ray 64.4, Erika Rapp 2:24.2, Mia Garcia 5:01.4</i>)	Saginaw/Distance Festival.....	2/11/2017
12:21.34	Shepherd (<i>Kylie Hutchinson 3:48.4, Rachel Mathers 64.1, Katelyn Hutchinson 2:24.5, Amber Gall 5:04.3</i>)	Saginaw/Distance Festival.....	2/11/2017
12:23.46	Holland West Ottawa (<i>Addie Birkholz, Julia Frampton, Megan Postma, Natalie VanOtteren</i>)	Ypsilanti/MITS Finals.....	2/25/2023
12:28.12	Ann Arbor Pioneer	Saginaw/MITS State.....	2/24/2018
12:30.46	Saline	Ypsilanti/MITS Champs.....	2/26/2022
12:30.73	Petoskey	Saginaw/MITS Distance Fest.....	2/15/2020
12:32.58	Saline	Saginaw/MITS Distance Fest.....	2/15/2020
12:34.03	Saline	Saginaw/SVSU Distance Fest.....	2/12/2022
12:35.33	Bay City Western	Saginaw/MITS State.....	2/24/2018
12:35.43	Saline	Ypsilanti/MITS Finals.....	2/25/2023
12:39.04	GRTC Peregrines (<i>Suzannah DiPiazza, Alyssa Wisener, Daisy Speet, Stephanie DiPiazza</i>)	Ypsilanti/MITS Finals.....	2/24/2024
12:39.12	Saline	Saginaw/MITS.....	2/14/2015
12:40.42	Bay City Western	Saginaw/Distance Festival.....	2/ 9/2019
12:42.11	Saline	Saginaw/MITS.....	1/12/2019
12:44.94	Jenison	Ypsilanti/MITS Finals.....	2/25/2023
12:48.52	Shepherd	Saginaw/MITS State.....	2/24/2018

Top 50 Schools:

11:32.68	Ann Arbor Pioneer (<i>Sarah Forsyth 3:30.64, Emily Cooper 61.22, Cookie Baugh 2:14.73, Rachel Forsyth 4:46.09</i>)	New York/NB Nationals.....	3/11/2022
11:35.98	Grosse Pointe South (<i>Haley Meier 3:30.3, Kelsie Schwartz 60.5, Ersula Farrow 2:14.4, Hannah Meier 4:50.8</i>)	Ypsilanti/Huron Relays I.....	3/23/2013
11:55.41	Troy (<i>M. Monaghan 3:50.10, L. Fulcher 60.02, Hannah Palomino 2:16.43, Megan Worrel 4:48.86</i>)	New York/NB Nationals.....	3/ 9/2018
11:58.05	Rockford	Landover/Nike Indoor.....	3/10/2001
12:00.48	Saline (<i>K. Beazley 3:42.21, Alexa Ross 57.86, Hannah Cummings 2:19.27, Elianna Shwayder 5:01.14</i>)	New York/NB Nationals.....	3/14/2014
12:02.82	Northville (<i>Ana Barrott 3:43.25, Chloe Abbott 56.24, Cayla Eckenroth 2:25.47, Lexa Barrott 4:57.86</i>)	New York/NB Nationals.....	3/11/2016
12:06.24	Detroit Renaissance (<i>Amber Hay, Kelly Sampson, Ramzee Fondren, Camila Nelson</i>)	Landover/Nike Indoor.....	3/13/2004
12:10.92	Clarkston (<i>E. Dalrymple 3:42.30, Allie Eriksen 59.95, Mia Patria 2:22.18, Mallory Ferguson 5:06.49</i>)	New York/NB Nationals.....	3/ 9/2018
12:13.99	Lake Orion (<i>A. Sherman 3:50.32, Melissa Symons 61.91, Josephine Arnold 2:22.83, Sophie Novak 4:58.33</i>)	New York/NB Nationals.....	3/ 8/2019
12:17.59	Oak Park	Ypsilanti/Huron Relays – Large.....	3/21/2015

12:22.76	Lansing Catholic (Grace Frost, Lauren Cleary, Jaden Theis, Olivia Theis)	Grand Rapids/Gardiner Inv	3/24/2018
12:23.69	Waterford Mott (Katie Osika 3:42.0, Kate Petsch 65.5, Lexi Munley 2:22.1, Rylee Robinson 5:14.3)	Grand Rapids/MITS State	2/25/2017
12:26.58	Pinckney (Bella Garcia 3:50.45, Kylie Ray 64.39, Erika Rapp 2:26.51, Mia Garcia 5:05.23)	Hillsdale/Charger Qualifier	1/28/2017
12:28.32	Farmington (Maddy Trevisan 3:39.97, Casey Iles 65.35, Morgan Merlino 2:21.26, Abby Inch 5:21.74)	New York/NB Nationals	3/11/2016
12:31.95	Bay City Western	Ypsilanti/MITS State	2/23/2019
12:32.19	Hartland	Ypsilanti/Huron Relays I.....	3/27/2010
12:36.15	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
12:38.12	Pontiac Notre Dame (Lauren Nieheisel, Madeline Scherle, Alexandra Case, Jennifer Ohlsson)	Grand Rapids/Gardiner Inv	3/25/2017
12:41.29	Flint Powers (Sarah DeDolph, Monica LeDuc, Libbie Gleason, Julia Vanitvelt)	Grand Rapids/Gardiner Scrimmage.....	3/19/2016
12:43.06	Livonia Churchill	Ypsilanti/MITS	2/ 7/2007
12:43.35	Petoskey	Ypsilanti/MITS State.....	2/22/2020
12:44.14	Traverse City St. Francis (Katelyn Duffing, Emmalyne Tarsa, Emma Fifarek, Holly Bullough)	Grand Rapids/Gardiner Scrimmage.....	3/19/2016
12:44.29	Birmingham Seaholm	Ypsilanti/Huron Relays – Large.....	3/21/2015
12:44.34	Lansing Catholic (Lauren Cleary, Natalia Sudol, Jaden Theis, Olivia Theis)	Grand Rapids/Gardiner Inv	3/25/2017
12:44.57	Ann Arbor Skyline	Ypsilanti/MITS State	2/23/2019
12:46.75	Milford	Ann Arbor/MITS State.....	3/17/2007
12:48.73	Gaylord	Ypsilanti/MITS State	2/28/2015
12:51.00	Traverse City Central	Ypsilanti/MITS State	2/23/2019
12:52.12	Ithaca	Grand Rapids/MITS	1/16/2016
12:52.42	Jackson	Ann Arbor/MITS State.....	3/ 5/2005
12:54.81	Monroe Jefferson	Ann Arbor/MITS State.....	3/ 5/2005
12:55.17	Grand Rapids Christian	Grand Rapids/Aquinas MITS	2/12/2022
12:56.90	Detroit Cass Tech	East Lansing/Spartan.....	4/ 4/1992
12:58.32	Midland Dow	Ypsilanti/MITS State	2/23/2019
12:58.71	Livonia Franklin	Ypsilanti/Huron Relays I.....	3/27/2010
12:59.9+	Dearborn Edsel Ford	East Lansing/Spartan (13:04.4y).....	/1984
13:00.04	Birmingham Seaholm	Ypsilanti/Huron Relays (large)	3/25/2017
13:00.0	West Bloomfield	Kalamazoo/WM Classic	3/12/1988
13:02.4+	East Kentwood	(13:06.9y).....	/1983
13:04.7+	Brighton	East Lansing/Spartan (13:09.2y).....	4/ 2/1987
13:05.14	Grand Ledge	Ypsilanti/MITS State	2/27/2010
13:05.15	Jenison (Maggie Otto 3:56.23, Macy Guikema 67.25, Maddie Vande Bunte 2:36.32, Maya Guikema 5:25.36)	Boston/New Balance Nationals.....	3/10/2023
13:05.54	Romeo	Grand Rapids/MITS State	2/25/2017
13:06.0	Rochester Adams	Warren/Macomb	2/22/2002
13:06.92	Livonia Stevenson	Ann Arbor/MITS State.....	3/17/2007
13:07.5+	Bloomfield Hills Andover	(13:12.0y).....	/1985
13:07.9	Sterling Heights Stevenson	Ann Arbor/MITS	1/18/2002
13:08.88	St Louis	Ypsilanti/MITS State	2/22/2020
13:08.98	Holly	Ypsilanti/MITS.....	2/ 3/2018
13:09.6+	Flint Northern	(13:14.2y).....	/1983