

Michigan High School Alumni - Women's Outdoor -All-time List

Updated 7/6/2014

50 METERS

6.27# Shayla Mahan (Det. Mumford-South Carolina) Newcastle/City Games [1.0] (150m) 9/15/2012

100 METERS

11.20 Shayla Mahan (Detroit Mumford-S Carolina) Columbia/Baskin [1.5] 3/26/2011
11.31 Mahan (South Carolina) Greensboro/Peace & Freedom [1.5] 4/19/2008
11.31 Mahan (South Carolina) Greensboro/NCAA East (h) (1.1) 5/27/2010
11.34 Mahan (South Carolina) Greensboro/NCAA East (q) (1.1) 5/28/2010
11.35 Mahan (South Carolina) Myrtle Beach [1.7] 3/19/2011
11.35 Mahan (South Carolina) Gainesville [1.2] 4/ 6/2012
11.35 Mahan (South Carolina) Brazzaville [1.6] 6/10/2012
11.37 Mahan (Detroit Mumford HS) Jackson/Midwest Meet [1.7] 6/ 9/2007
11.37 Ashlee Abraham (Det Renaissance-Ohio St) Jacksonville/NCAA East (h) [1.7] 5/23/2013
11.38 Mahan (Detroit Mumford HS) Indianapolis/USATF Juniors [0.0] 6/21/2007
11.39 Mahan (South Carolina) Columbus [1.3] 6/20/2008
11.40 Patrice Verdun (Flint Central-Florida St) Austin/Run-Tex Longhorn[2.0] 5/ 9/1992
11.42 Mahan (South Carolina) Eugene/NCAA (s) (0.9) 6/ 9/2010

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11.43 Patrice Beasley (Romulus-Eastern Michigan) Ypsilanti/Central Collegiates [0.0] 4/22/2006
11.45 Vivian McKenzie (Detroit Chadsey-Iowa) Evanston/Big 10 (h) [1.1] 5/18/85
11.49 Crystal Braddock (AA Pioneer-Texas) Austin/SWC (h) [1.9] 5/20/93
11.52(A) Elaine Jones (Detroit Chadsey-Iowa) Colorado Springs/OF[0.6] 7/ 3/1983
11.54 Candice Davis (Ann Arbor Pioneer-USC) Los Angeles/vs UCLA [0.0] 4/28/2007
11.58 Jordan Clark (Southfield Lathrop HS) Bressanone/World Youth (h) (0.9) 7/ 8/2009
11.64 Shuntia Lucas (Benton Harbor-Wisconsin) East Lansing/Big 10 [1.0] 5/14/2006
11.67 Sandy Harris (Southwest Mich JC) San Angelo/JUCO (h) 5/20/1982
11.67 Judi Brown (East Lansing-Athletics West) San Jose/Jenner [0.0] 4/19/1986
11.67 Bridgette Owens (Southfield-Clemson) Charlottesville/ACC (h) (0.9) 4/20/2012

Wind-aided:

11.23 Shayla Mahan (Detroit Mumford-S Carolina) Greensboro/Peace-Free (h) 4/19/2008
11.25 Candice Davis (Ann Arbor Pioneer-unat) Walnut/Mt SAC Relays [4.1] 4/20/2008
11.29 Mahan (Detroit Mumford HS) Indianapolis/USA Juniors [2.8] 6/21/2007
11.33 Kendall Baisden (Det. Country Day-Texas) Austin/Longhorn Inv (2.8) 5/ 3/2014
11.34 Crystal Braddock (AA Pioneer-Texas) Austin/SWC [2.5] 5/21/1993
11.37 Braddock (Texas) Austin/Run-Tex Longhorn [4.3] 5/ 7/1993
11.37 Ashlee Abraham (Det Renaissance-Ohio St) Jacksonville/NCAA East [3.8] 5/24/2013
11.37 Abraham (Ohio St) Eugene/NCAA (h) (2.3) 6/11/2014
11.38 Braddock (Texas) New Orleans/NCAA (h) [3.6] 6/ 3/1993
11.39 Mahan (South Carolina) Eugene/USA Ch (h) [2.4] 6/23/2011
11.42 Vania Nelson (AA Pioneer-Eastern Michigan) Kent/MAC [2.7] 5/17/1997

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11.45 Vivian McKenzie (Detroit Chadsey-Iowa) Lawrence [5.1] 4/20/1985
11.45 Patrice Verdun (Flint Central-Florida St) Walnut/Mt. SAC 4/21/1990
11.52 Shayla Mahan (Detroit Mumford HS) Southfield/Michigan AAU [nwi] 6/18/2006
11.59 Candice Davis (Ann Arbor Pioneer-USC) Stanford/Pac-10 [2.1] 5/13/2007
11.60 Shuntia Lucas (Benton Harbor-Wisconsin) Knoxville/NCAA Mideast (h)[2.3] 5/26/2006
11.62 Shirley Evans (Det. Country Day-Michigan St) Champaign/Big 10 [7.3] 5/19/1990
11.63 J.T. Thomas (Detroit Osborn-Siena Heights) Hillsdale/Relays 4/24/1992
11.63 Tiffany Ofili (Ypsilanti-Michigan) Champaign/Big 10 [3.0] 5/18/2008
11.64 Nikkie Bouyer (East Lansing-Clemson) (tfn) /1999
11.66 Kyra Jefferson (Detroit Cass Tech HS) Norfolk/AAU JO (h) (2.2) 8/ 4/2010

Hand-timed:

11.0 Shayla Mahan (Detroit Mumford HS) Warren/D1 Regional 5/18/2007
11.2 Mahan Detroit/PSL 5/25/2006
11.3 Judi Brown (East Lansing-Athletics West) Eugene 4/ 5/1986
11.4 Linda Blakely (Det. NW-Texas Southern TC) ?/Gulf 5/ 9/1976

Wind-aided, hand-timed:

10.9	Vivien McKenzie (Detroit Chadsey-Iowa)	Ames.....	5/ 4/1985
11.2	McKenzie (Iowa)	Ames(h).....	5/ 4/1985
11.3	McKenzie (Iowa)	Ames/Iowa State Inv.....	5/ 3/1986
11.3	Shayla Mahan (Detroit Mumford HS)	Warren/D1 Regional.....	5/20/2005

150 METERS

16.99	Shayla Mahan (Det. Mumford-South Carolina)	Newcastle/City Games [1.0].....	9/15/2012
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200 METERS

22.78	Kyra Jefferson (Det Cass Tech-Florida)	Gainesville/Florida Relays [-0.6].....	4/ 4/2014
22.91	Shayla Mahan (Det. Mumford-South Carolina)	Brazzaville [0.7].....	6/10/2012
22.99	Mahan (South Carolina)	Port of Spain [0.9].....	5/19/2012
23.00(A)	Michele Davis (Lansing Sexton-UNLV)	Air Force Academy/Mountain W[0.4].....	5/18/2002
23.12	Nikkie Bouyer (East Lansing-Clemson)	Lake Buena Vista/ACC [2.0].....	4/18/1998
23.12	Davis (UNLV)	Las Vegas/Desert Inv [1.6].....	4/ 6/2002
23.14	Davis (UNLV)	Durham/NCAA [0.7].....	6/ 3/2000
23.15	Kendall Baisden (Detroit Country Day-Texas)	Lubbock/Big 12 (h) (1.2).....	5/17/2014
23.19	Davis (UNLV)	Durham/NCAA (s) [0.4].....	6/ 3/2000
23.21(A)	Davis (UNLV)	Provo/Mountain West [0.0].....	5/20/2000
23.22	Davis (UNLV)	Baton Rouge/NCAA (h) [1.7].....	5/29/2002
23.24(A)	Patrice Verdun (Flint Central-Florida St)	Boulder/Colorado Inv[0.0].....	5/ 2/1992
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23.31	Crystal Braddock (AA Pioneer-Texas)	New Orleans/NCAA (s) [1.8].....	6/ 4/1993
23.33	Sharay Hale (Det. Renaissance-Columbia)	Princeton/ECAC [0.6].....	5/14/2011
23.38	Chandra Burns (Detroit Northern-Michigan St)	Bloomington/NCAA (s) [0.0].....	6/ 6/1997
23.43	Tracey Ball (Cass Tech-SMU)	Walnut/Mt SAC [2.0].....	4/16/2000
23.46	Janeen Jones (Southfield-Georgia Tech)	Raleigh/ACC [1.6].....	4/23/1994
23.50	Ashlee Abraham (Det Renaissance-Ohio St)	Jacksonville/NCAA East (0.7).....	5/25/2013
23.51	Bridgette Owens (Southfield-Clemson)	Tucson/Click Classic (1.2).....	3/31/2012
23.53	Judi Brown (East Lansing-Nike)	Eugene[1.2].....	5/12/1984
23.53	Michelle Morris (Oak Park-LSU)	Baton Rouge/SEC[1.4].....	5/13/1984

Wind-aided:

22.86	Chandra Burns (Detroit Northern-Michigan St)	Champaign/Big 10 (h) [3.5].....	5/24/1997
22.99	Kendall Baisden (Det Country Day-Texas)	Austin/Longhorn Inv (4.0).....	5/ 3/2014
23.01	Baisden	Lubbock/Big 12 (4.3).....	5/18/2014
23.03(A)	Michele Davis (Lansing Sexton-UNLV)	Colorado Springs/WAC (2.9).....	5/22/1999
23.07	Burns (Michigan St)	Eugene/USA Ch (h) [2.9].....	6/26/1999
23.25	Nikkie Bouyer (East Lansing-Clemson)	Lake Buena Vista/ACC (h) [2.1].....	4/17/1998
23.27	Burns (Michigan St)	Knoxville [3.4].....	4/26/1998
23.29	Burns (Michigan St)	Fort-de-France/Perrine [2.3].....	5/ 1/1998
23.30	Burns (Michigan St)	University Park/Big 10[2.4].....	5/19/1996
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23.33	Vania Nelson (AA Pioneer-Eastern Michigan)	Kent/MAC.....	5/17/1997
23.33	Ashlee Abraham (Det. Renaissance-Ohio St)	Baton Rouge/Battle on Bayou (2.1).....	4/ 5/2014
23.38	Shayla Mahan (Detroit Mumford HS)	Millersburg/USATF Region V [nwi].....	7/ 9/2006
23.42	Crystal Braddock (AA Pioneer-Texas)	Austin/SWC (h) [2.1].....	5/20/1993
23.47	Carly Knazze (Southfield-Michigan)	Big 10 [2.2].....	5/20/2001

Hand-timed:

23.2	Judi Brown (East Lansing-Athletics West)	Eugene.....	4/ 5/1986
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400 METERS

50.46	Kendall Baisden (Detroit Country Day-Texas)	Lubbock/Big 12.....	5/18/2014
51.21	Delisa (Walton) Floyd (Detroit Mackenzie-unat)	Houston.....	5/ 3/1987
51.32	Baisden (Texas)	Eugene/NCAA.....	6/13/2014
51.44	Floyd (Puma)	Walnut/Mt. SAC Relays.....	4/27/1986
51.44	Floyd (Flojo TC)	Houston/MOC.....	5/24/1990
51.47	Janeen Jones (Southfield-Georgia Tech)	Atlanta/Griffin.....	5/21/1994
51.59	Alexandria Spruiel (Southfield Lathrup-NCAT)	Fayetteville/NCAA.....	6/13/2009
51.67	Baisden (Texas)	Eugene/NCAA (h).....	6/11/2014
51.71	Chandra Burns (Detroit Northern-Michigan St)	Indianapolis/USA Ch.....	6/14/1997
51.75	Floyd (Santa Monica TC)	Westwood.....	5/16/1987
51.79	Jones (Georgia Tech)	Gainesville/Florida Relays.....	3/26/1994

51.82	Floyd (Flojo TC)	Oslo/Bislett GP.....	7/14/1990
51.88	Judi Brown (East Lansing-Athletics West)	Walnut/Mt. SAC.....	4/26/1987
51.89	Burns (Michigan St)	University Park/Big 10.....	5/19/1996

52.16	Michele Davis (Lansing Sexton-UNLV)	Baton Rouge/NCAA.....	6/ 1/2002
52.29	Najah Floyd (Detroit Northern-Central Mich)	Oxford/MAC.....	5/12/2007
52.35	Becky Horn (Battle Creek C-Western Mich)	Oxford/MAC.....	5/12/2007
52.40	Sharay Hale (Det. Renaissance-Columbia)	New Haven/Heps.....	5/ 8/2011
52.43	Joyce Wilson (Warren Tower-Michigan)	Evanston/Big 10.....	5/19/1985
52.64	Michele Morris (Oak Park-LSU)	Starkville/SEC.....	5/18/1985
52.82	Jeanai Edwards (Det. Denby-Central Mich)	Toledo/MAC.....	5/13/2006
52.91	Wendy Truvillion (Detroit Pershing-LSU)	Starkville/SEC.....	5/18/1985
52.99	Kari Karhoff (Durand-Central Michigan)	Amherst/MAC.....	5/20/2000

800 METERS

1:57.80	Delisa (Walton) Floyd (Detroit Mackenzie-Houston TC)	Seoul/Olympic Games.....	9/26/1988
1:58.70	Floyd (Santa Monica TC)	Berlin/ISTAF.....	8/21/1987
1:58.82	Floyd (Santa Monica TC)	Hengelo, Holland.....	7/19/1987
1:58.82	Floyd (Houston TC)	Seoul/Olympic Games (s).....	9/25/1988
1:59.20	Floyd (Santa Monica TC)	San Jose/USA Ch.....	6/27/1987
1:59.20	Floyd (Houston TC)	Indianapolis/Olympic Trials.....	7/18/1988
1:59.24	Geena (Gall) Lara (Grand Blanc-Michigan)	Eugene/Olympic Trials.....	6/25/2012
1:59.28	Kathi Rounds (Walled Lake Central-unat)	Atlanta/Olympic Trials.....	6/17/1996
1:59.35	Katie Erdman Waits (Cadillac-Michigan)	Sacramento/NCAA.....	6/ 9/2007
1:59.40	Floyd (Santa Monica TC)	Zurich/Weltklasse.....	8/19/1987
1:59.44	Floyd (Vector)	Grosseto.....	8/13/1990
1:59.46	Floyd (Vector)	Zurich/Weltklasse.....	8/15/1990
1:59.55	Floyd (Flojo TC)	London/Parcelforce GP.....	7/20/1990
1:59.66	Floyd (Santa Monica TC)	Golden Gala/Rome.....	7/22/1987
1:59.80	Floyd (Santa Monica TC)	San Jose/Jenner.....	5/30/1987
1:59.97	Rounds (unat)	Baden-Baden.....	7/12/1998
2:00.00	Floyd (Puma)	Eugene/USA Ch.....	6/21/1986
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2:00.31	Sue Addison (Clarkston-Reebok)	Berlin/ISTAF.....	8/15/1986
2:03.54	Erica Shepard (Detroit Cass Tech-Florida St)	Orlando/Florida IC.....	4/12/1997
2:03.73	Becky Horn (Battle Creek C-Western Mich)	Des Moines/NCAA.....	6/12/2008
2:03.92	Jessica Forsyth (St Johns-NYAC)	Bloomington/National Inv.....	5/ 5/1996
2:04.04	Ashley Patten (Lake Orion-Missouri)	Manhattan/Big 12.....	5/15/2005
2:04.61	Angie Stanifer (Tecumseh-Georgia)	Gainesville/SEC.....	5/24/1998
2:04.65	Sarah Hamilton (Plymouth Salem-unat)	Hillsdale/Invitational.....	6/ 7/2001
2:04.6+	Francie (Kraker) Goodridge (Ann Arbor-Michigamme)	Los Angeles.....	7/ 4/1970

1000 METERS

2:44.13	Mari Chandler (Tawas-Farm Team)	Dubendorf.....	7/11/2002
2:46.18	Geena Gall (Grand Blanc-OTC)	Eugene/Oregon Preview.....	3/20/2010

1500 METERS

4:04.48	Sue Addison (Clarkston-Reebok)	Zurich/Weltklasse.....	8/19/1987
4:05.13	Addison (Reebok)	Hengelo/Blankers-Koen.....	6/27/1986
4:05.73	Addison (Reebok)	Stockholm.....	7/ 1/1986
4:06.91	Addison (Athletics West)	Los Angeles/Olympic Trials.....	6/24/1984
4:07.30	Addison (Reebok)	Zurich/Weltklasse.....	8/13/1986
4:07.35	Addison (Reebok)	Oslo/Bislett.....	7/ 5/1986
4:07.61	Addison (Reebok)	Cologne.....	8/17/1986
4:08.54	Addison (Reebok)	Rome/Grand Prix.....	9/10/1986
4:08.75	Addison (Reebok)	Eugene/TAC.....	6/21/1986
4:08.76	Sue Foster (AA Huron-Nike)	Indianapolis/TAC.....	6/16/1985
4:09.95	Geena Gall (Grand Blanc-Michigan)	Victoria/Classic.....	7/ 5/2013

4:11.18	Bethany Brewster (Saginaw V Luth-WRRT)	Sacramento/Olympic Trials (h).....	7/16/2004
4:12.75	Francie Goodridge (Ann Arbor-Liberty AC)	Munich/OG(h).....	9/ 7/1972
4:13.88	Kelly Smith (Petoskey-Colorado)	Bloomington/NCAA.....	6/ 7/1997

4:14.12	Nicole Bush (Wyoming Kelloggsville-unat)
4:14.25	Lisa Senakiewich (Davison-Michigan St)
4:14.27	Mari Chandler (Tawas-Farm Team)
4:15.81	Becca Addison (Grand Haven-Michigan)
4:15.82	Brook Handler (Rochester-Michigan)
4:15.95	Katie Erdman (Cadillac-Michigan)
4:16.21	Kelsey Duerksen (AA Pioneer-Indiana)
4:17.50	Julie Lantis (Grass Lake-Illinois)
4:18.09	Sue Tomanek (South Lyon-Eastern Michigan)
4:18.27	Andrea Bowman (Liv Churchill-Eastern Mich)
4:18.44	Hannah Meier (Grosse Pointe South HS)
4:19.30	Cathy Schmidt (Grosse Pointe N-Michigan)
4:19.33	Cally Macumber (Rochester Adams-Kentucky)

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4:23.93	Sue Addison (Clarkston-Reebok)
4:29.27	Addison (Reebok)
4:33.36	Sue Foster (AA Huron-Nike)
4:34.0	Foster (Nike)
4:34.11	Addison (Oregon TC)
4:35.15	Addison (Athletics West)
4:36.09	Addison (Athletics West)
4:36.27	Nicole Bush (Wyoming Kelloggsville-unat)
4:37.99	Addison
4:39.72	Shannon Osika (Waterford Mott-Michigan)
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4:40.48	Hannah Meier (Grosse Pointe South HS)
4:41.1+	Laurie Matson (BH Andover HS)
4:41.28	Mandi Zemba (Menominee-Grand Valley)
4:42.11	Haley Meier (Grosse Pointe South HS)
4:42.44	Sarah Barron (Pontiac Notre Dame-Vanderbilt)
4:42.5	Francie Goodridge (Ann Arbor-Liberty AC)
4:43.34	Geena Gall (Grand Blanc-Michigan)
4:44.72+	Megan Goethals (Rochester HS)
4:46.29	Erin Finn (West Bloomfield HS)
4:48.15+	Sara Kroll (Livonia Churchill HS)
4:49.77+	Jenny Morgan (Clarkston HS)
4:49.89+	Andrea Bowman (Liv Churchill-Eastern Mich)

3000 METERS

8:51.23	Laura (Matson) Mykytok (BH Andover-Nike)
8:51.37	Mykytok (Nike)
8:52.54	Mykytok (Nike)
8:54.32	Sharon Dickie-Thompson (Grand Blanc-Nike)
9:03.9	Sue Foster (AA Huron-Nike)
9:04.09	Dickie-Thompson (Nike)
9:04.33	Dickie-Thompson (Nike)
9:04.43	Foster
9:06.03	Lisa (Larsen) Weidenbach (Battle Creek C-adidas)
9:08.2	Mykytok (Asics)
9:08.58	Anne Pewe (Olivet-Michigan St)
9:09.40	Mandi Zemba (Menominee-Grand Valley)
9:11.16	Pewe (Michigan St)
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9:14.29	Jennifer Rioux (Livonia Ladywood-unat)
9:14.3	Donna Donakowski (DH Riverside-E Mich)
9:15.71	Nicole Bush (Wyoming Kelloggsville-unat)
9:15.89	Melanie Weaver (Mason County C-Michigan)
9:16.48	Kelly McKillen (Dexter-Wisconsin)
9:20.05	Julie Lantis (Grass Lake-Illinois)

3000 METER STEEPLECHASE

Indianapolis/AMC IV	6/14/2008
Indianapolis/AMC	6/20/2009
Stanford/USA Ch	6/21/2002
Jacksonville/NCAA East	5/25/2013
Stanford/Jordan	5/ 4/2014
State College/Big 10	5/13/2007
Indianapolis/AMC	6/15/2013
Des Moines/Drake Relays	4/28/1984
Ann Arbor/Paddock	5/16/1987
Ann Arbor/Paddock	5/16/1987
Bloomington/USA Junior	6/17/2012
Madison/Big 10	5/24/1986
Louisville	4/13/2013

Nice/Nikaia	7/15/1986
London	8/14/1987
Villanova/Elliott Memorial	6/ 9/1985
Philadelphia/Penn Relays	4/27/1985
Villanova/Jumbo Elliott	6/12/1982
Brussels/Van Damme	9/11/1987
Westwood	5/18/1985
Indianapolis/AMC III	6/16/2010
Westwood	5/13/1984
Philadelphia/Penn Relays	4/27/2013

New York/adidas GP	5/25/2013
Bloomfield Hills/Oakland Co[4:39.4]	5/24/1985
Hillsdale/Gina Relays	4/28/2007
New York/adidas GP	5/25/2013
Nashville/Music City	6/ 8/2014
Berkeley/Kennedy Games	6/ 5/1971
Philadelphia/Penn Relays	4/25/2009
Fort Wayne/Midwest [4:43.05]	6/12/2010
New York/adidas GP	5/25/2013
Fort Wayne/Midwest [4:46.45]	6/12/2010
Rockford/D1 State [4:48.07]	6/ 4/2005
Ypsilanti [4:48.18m]	5/ 6/1988

Nice/Nikaia	7/12/1995
Eugene/Pre Classic	6/ 4/1995
San Jose/Jenner GP	5/27/1995
New York/Reebok	6/11/2005
Copenhagen	7/20/1985
Carson/adidas	5/21/2006
Glasgow/NU	6/ 5/2005
Knoxville	5/10/1985
Burnaby, Can	7/ 9/1988
Indianapolis/National Inv	5/ 7/1993
USOC Sports Fest	7/24/1982
Charlotte/NCAA II	5/26/2007
Knoxville/USA Ch	6/20/1982

Knoxville/Dogwood Relays	4/12/1985
Philadelphia/Penn	4/28/1988
Velletri	7/17/2010
Knoxville//USA Ch	6/20/1982
Bloomington/Indiana Inv	5/ 3/1986
Eugene/NCAA (h)	5/30/1984

9:34.76	Nicole Bush (Wyoming Kelloggsville-unat)	Nashville/Music City.....	6/ 8/2014
9:36.43	Leah O'Connor (Croswell Lexington-Michigan St)	Eugene/NCAA.....	6/13/2014
9:39.36	Bush (unat)	Ponce/GP.....	5/18/2013
9:39.38	Bush (Michigan St)	Stanford/Jordan Inv.....	5/ 2/2009
9:40.27	Bush (unat)	Eugene/Olympic Trials.....	7/ 3/2008
9:40.49	Bush (Michigan St)	Fayetteville/NCAA.....	6/12/2009
9:40.49	Bush (unat)	Naimette-Xhovemont.....	7/13/2010
9:41.87	Bush (Michigan St)	Columbus/Big 10.....	5/16/2009
9:49.05	Bush (unat)	Rio de Janeiro/Caixa.....	5/23/2010
9:49.35	Bush (Michigan St)	Fayetteville/NCAA (h).....	6/10/2009
9:53.34	Bush (unat)	Eugene/Pre.....	7/ 3/2010
9:53.53	O'Connor (Mich St)	Columbus/Big 10.....	5/12/2013
9:53.68	Bush (unat)	Stanford/Jordan Inv.....	4/28/2013
9:53.71	O'Connor (Mich St)	Eugene/NCAA.....	6/ 8/2013
9:53.85	Betsy Graney (GP North-William & Mary)	Stanford/Jordan Inv.....	4/29/2012
9:56.08	Bush (unat)	Des Moines/USA Ch.....	6/27/2010
9:56.68	Bush (Michigan St)	Sacramento/NCAA.....	6/ 8/2007
9:57.06	Bush (Michigan St)	Eugene/USA Ch (h).....	6/26/2009
9:57.66	Bush (Michigan St)	Louisville/NCAA Mideast.....	5/30/2009
9:58.20	Bush (Michigan St)	Sacramento/NCAA (h).....	6/ 6/2007
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10:02.92	Andrea Parker (Livonia Stevenson-unat)	Stanford/Jordan Inv.....	5/ 1/2010
10:04.86	Alex Leptich (Saline-Michigan)	Charlottesville/tri.....	4/ 5/2014
10:11.56	Megan Weschler (Wyandotte-Michigan)	Charlottesville/tri.....	4/ 5/2014
10:14.51	Anne Sommerville (Iron Mountain-Mich St)	Baton Rouge/NCAA (h).....	5/30/2002
10:14.53	Ariane Field (Kalamazoo Hackett-Michigan)	Sacramento/NCAA (h).....	6/ 6/2007
10:17.37	Sarah Pepera (Ortonville Brandon-Mich St)	Sacramento/NCAA (h).....	6/11/2003
10:26.95	Karie McDonald (Frankenmuth-Grand Vall)	Hillsdale/Gina Relays.....	4/28/2012
10:26.99	Brook Handler (Rochester-Michigan)	Columbus/Big 10.....	5/12/2013

5000 METERS

15:17.11	Laura (Matson) Mykytok (BH Andover-Asics)	Philadelphia/Penn.....	4/27/1995
15:26.08	Erin Finn (West Bloomfield-Michigan)	Stanford/Jordan Inv.....	5/ 4/2014
15:27.52	Mykytok (Nike)	Sacramento/USATF.....	6/15/1995
15:31.43	Nicole Bush (Wyoming Kelloggsville-Mich St)	Stanford/Jordan Inv.....	5/ 4/2014
15:33.2	Lisa (Larsen) Weidenbach (Battle Creek Central-NBal)	Seattle.....	6/27/1990
15:33.63	Megan Goethals (Rochester-Washington)	Walnut/Mt SAC Relays.....	4/19/2013
15:38.54	Mandi Zemba (Menominee-Grand Valley)	Walnut/Mt SAC Relays.....	4/13/2007
15:41.35	Sharon Dickie-Thompson (Grand Blanc-Nike)	New York/Reebok.....	6/ 3/2006
15:41.35	Finn (Michigan)	Walnut/Mt SAC Relays.....	4/18/2014
15:44.27	Mykytok (Asics)	Philadelphia/Penn.....	4/22/1993
15:45.2	Weidenbach (adidas)	Eugene/Pre.....	7/ 2/1988
15:45.59	Dickie (Knoxville Elite)	Waltham/High Performance 2.....	5/29/2004
15:46.82	Goethals (Washington)	Austin/NCAA West.....	5/26/2012
15:48.62	Zemba (Grand Valley)	Stanford/Cardinal Inv.....	4/30/2006
15:48.90	Finn (Michigan)	West Lafayette/Big 10.....	5/18/2014
15:48.95	Mykytok (Nike)	Goteborg/World Champs [h].....	8/10/1995
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15:54.35	Rachel Patterson (Rochester Adams-Grand Valley)	Stanford/Invitational.....	4/ 6/2012
15:54.52	Erin Webster (Dear. Divine Child-Michigan)	Stanford/Invitational.....	3/31/2007
15:55.56	Gina Valgoi (HW Regina-Loyola)	Walnut/Mt SAC Relays.....	4/19/2013
15:56.68	Betsy Graney (Grosse Pointe N-Grand Valley)	Stanford/Invitational.....	4/ 6/2012
15:59.09	Bethany Brewster (Saginaw V Luth-WRRT)	Stanford/Stanford Inv.....	3/26/2004
16:01.3	Chris Cooper (Richland Gull Lake-C Mich)	Philadelphia/Penn.....	4/23/1987
16:04.24	Cally Macumber (Rochester Adams-Kentucky)	Stanford/Invitational.....	3/29/2013
16:04.99	Brook Handler (Rochester-Michigan)	Walnut/Mt SAC Relays.....	4/18/2014
16:05.18	Rebecca Walter (Birmingham Seaholm-Michigan)	East Lansing/Big 10.....	5/14/2006
16:05.68	Rachele Schulist (Zeeland West-Michigan St)	Eugene/NCAA.....	6/14/2014
16:08.67	Jamie Krzyminski (Corunna-Michigan St)	Walnut/Mt SAC Relays.....	4/16/2004
16:09.05	Shannon Osika (Waterford Mott-Michigan)	Stanford/Jordan Inv.....	5/ 4/2014
16:09.46	Leah O'Connor (Croswell Lexington-Mich St)	Columbus/Big 10.....	5/12/2013
16:12.88	Lisa Senakiewich (Davison-Michigan St)	Louisville/NCAA Mideast.....	5/29/2009

10,000 METERS

32:15.88	Lisa Weidenbach (Battle Crk Central-adidas)	Indianapolis/Oly Trials.....	7/22/1988
32:41.65	Erin Finn (West Bloomfield-Michigan)	West Lafayette/Big 10.....	5/16/2014
32:50.14	Finn (Michigan)	Eugene/NCAA.....	6/12/2014
32:52.78	Megan Goethals (Rochester-Washington)	Stanford/Stanford Inv.....	3/92/2013
32:52.81	Jamie Krzyminski (Corunna-Michigan St)	Stanford/Stanford Inv.....	3/26/2004
32:52.87	Krzyminski (Michigan St)	Sacramento/NCAA.....	6/12/2003
32:57.32	Sharon Dickie (Grand Blanc-Knoxville Elite)	Stanford/Cardinal Inv.....	4/30/2004
33:05.77	Goethals (Washington)	Stanford/Inv.....	4/ 4/2014
33:06.70	Melanie Weaver (Mason County C-Michigan)	Houston/NCAA.....	6/ 1/1983
33:07.80	Gina Valgoi (HW Regina-Loyola)	Stanford/Invitational.....	3/29/2013
33:08.3	Weidenbach (adidas)	Seattle.....	6/ 8/1988
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33:09.61	Rebecca Walter (Birm Seaholm-Michigan)	Stanford/Stanford Inv.....	4/ 1/2006
33:21.42	Rachel Patterson (Rochester Adams-unat)	Stanford/Jordan Inv.....	4/28/2013
33:30.8	Mary Peruski (Dear. Edsel Ford-Dominos RT)	Dedham/Metrowest 2.....	5/30/1992
33:51.94	Erin Webster (Dear Divine Child-Michigan)	Stanford/Cardinal Inv.....	4/29/2007
33:58.69	Jennifer Rioux (Liv Ladywood-Wake Forest)	Durham/ACC.....	4/22/1988
33:58.80	Jen Denkins (Flushing-Michigan St)	Stanford/Stanford Inv.....	3/24/2000
34:08.9	Erin Gillespie (Jackson NW-Hillsdale)	Hillsdale/NAIA Dist.....	5/ 9/1986

HALF-MARATHON

1:10:08	Lisa (Larsen) Weidenbach (Battle Crk Central-NBa)	Seattle.....	11/24/1990
1:13:27	Jeannette (Seckinger) Faber (Gull Lake-Brooks)	Duluth.....	6/16/2012
1:17:23	Michele Suszek (Alpena-unat)	Columbus/Spirit of Columbus.....	

MARATHON (a=aided course)

2:28:15	Lisa Weidenbach (Battle Crk Central-NB)	London/World Cup.....	4/22/1990
2:28:15	Weidenbach	Chicago/Old Style.....	10/29/1989
2:29:17	Weidenbach	Chicago/Old Style.....	10/30/1988
2:31:06	Weidenbach	Pittsburgh/Olympic Trials.....	5/ 1/1988
2:31:29a	Weidenbach	Hokkaido.....	8/26/1990
2:31:31	Weidenbach	Chicago.....	10/21/1984
2:32:37	Jeannette Faber (Richland Gull Lake-Brooks)	Minneapolis/Twin Cities.....	10/ 7/2012
2:32:44	Weidenbach	Osaka/International.....	1/27/1991
2:33:10	Weidenbach	Olympia/Olympic Trials.....	5/12/1984
2:33:32	Weidenbach	Houston/Olympic Trials.....	1/26/1992
2:33:33	Weidenbach	Sapporo.....	8/ 4/1991
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2:33:42	Laura Portis (Richland Gull Lake)	Minneapolis/Twin Cities.....	10/ 6/2013
2:35:15a	Ann Boyd [Stewart] (Port Huron-New Balance)	Duluth/Grandma's.....	10/19/1993
2:38:22	Ella Willis (Detroit Pershing)	Detroit.....	10/15/1989
2:38:37	Michele Suszek (Alpena-unat)	Seattle/Rock n Roll.....	6/27/2009
2:38:44	Lori Stich-Zimmerman (Morley Stanwood)	St Louis/Olympic Trials.....	4/ 3/2004
2:39:49a	Cindy [Barber] Keeler (Lincoln Park)	Boston.....	4/20/1998
2:41:28	Sharon [Dickie] Thompson (Grand Blanc)	Chicago.....	10/10/2010
2:42:05	Cheri Sly (Dexter)	Haute de Seine.....	9/16/1990
2:43:00	Karen [Blackford] Hubbard (Wyoming Park)	Detroit/Free Press.....	10/14/1984
2:43:12	Sarah Hinkley (Reading-unat)	Detroit/Free Press.....	10/19/2008
2:43:34	Jamie Krzyminski (Corunna-unat)	Chicago/La Salle Bank.....	10/22/2006
2:44:02	Seana Larson (Ann Arbor Pioneer-unat)	St Louis/Olympic Trials.....	4/ 3/2004
2:45:01	Katie [Clifford] Jazwinski (GR West Catholic)	Grand Rapids.....	10/17/2010
2:46:27	Sarah Plaxton (Midland Bullock Creek)	Philadelphia.....	11/24/2002
2:46:45	Melanie Schultz Peters (Davison-unat)	Tampa/Gasparilla Classic.....	2/10/2008
2:46:56a	Sue Parks (Ypsilanti)	Metairie/Mardi Gras.....	2/18/1979
2:48:24	Marybeth Reader (Armada-Front Line)	Houston/Chevron.....	1/13/2008
2:48:40a	Karen McKeachie (Dexter)	Metairie/Mardi Gras.....	2/18/1979
2:49:04a	Laura Bell (Otisville Lakeville)	Duluth/Grandma's.....	6/19/1999
2:49:12	Kathy [Kubicki] Rink (Rochester Adams)	Detroit/Free Press.....	10/18/1998
2:49:29	Kelli Lusk (Battle Creek Lakeview)	St Paul/Twin Cities.....	10/ 3/1999
2:49:36	Katy Hollbacher (Petoskey)	Long Beach.....	11/14/1999

100 METER HURDLES

12.56	Tiffany (Ofili) Porter (Ypsilanti-GB)	Daegu/World Ch (s) (0.7).....	9/ 3/2011
12.60	Porter (GB)	Monaco/Herculis (0.9).....	7/22/2011
12.63	Porter (GB)	Daegu/World Ch (1.1).....	9/ 3/2011
12.71	Candice (Davis) Price (Ann Arbor Pioneer-unat)	Portland/adidas Classic [0.6]	5/18/2008
12.71	Bridgette Owens (Southfield-Clemson)	Des Moines/NCAA (h) (1.7)	6/ 7/2012
12.72	Davis (unat)	Rome/Golden Gala [0.4].....	6/11/2008
12.72	Davis (unat)	Sotteville-les-Rouen [0.7].....	6/15/2008
12.73	Porter (Michigan)	Des Moines/NCAA (h) [0.3].....	6/12/2008
12.76	Porter (Michigan)	Eugene/Olympic Trials (s) [1.7]	7/ 6/2008
12.76	Davis (unat)	Eugene/Olympic Trials (s) [1.7]	7/ 6/2008
12.77	Kim (Turner) McKenzie (Det Mumford-Mazda)	Walnut/Mt. SAC [1.5]	4/18/92
12.77	Porter (Michigan)	Stockholm/DNG (h) [1.3].....	7/31/2009
12.79	Davis (unat)	Ostrava/Golden Spike [1.5].....	6/12/2008
12.79	Porter (Michigan)	Eugene/USA Ch (s) [1.2]	6/28/2009

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12.86	Deby LaPlante (Taylor Center-San Diego St)	Walnut/USA Ch [1.5].....	6/16/1979
13.07	Cindy Ofili (Ann Arbor Huron-Michigan)	Irvine/Scott Inv (0.9).....	5/ 3/2014
13.18	Landria Buckley (Romulus-Howard)	Greensboro/NCAA East (h) [2.0]	5/28/2010
13.28	Nikkie Bouyer (East Lansing-Tucson Elite)	Tucson	4/22/2000
13.30	Tamera Thomas (Central Michigan)	Stanford/Stanford Inv [-0.5].....	3/31/2007
13.34	Lela Nelson (Detroit Mumford-Eastern Mich)	Athens/MAC [-0.4].....	5/14/2005
13.35	Tonya Lowe (Flint Northern-Kentucky)	Baton Rouge/SEC[1.8].....	5/13/1984
13.41	Kalena Franklin (Ogemaw Heights-Grand Valley)	Walnut/Mt SAC Relays (-0.2).....	4/18/2014
13.43	Candice Wheat (Pontiac Northern-Grand Valley)	San Angelo/NCAA II (h) [1.6].....	5/22/2009
13.60	Judi Brown (East Lansing-Athletics West)	Eugene[1.8].....	5/23/1985
13.63	Leslie Aririguzo (West Bloomfield-Virginia T)	Coral Gables/ACC (h) [1.7].....	4/17/2009
13.66	Raven Clay (Detroit Cody-Findlay)	Columbus/Owens [-0.4]	5/ 1/2010

Wind-aided:

12.47	Tiffany (Ofili) Porter (Ypsilanti-GB)	Gainesville/Jones.....	4/21/2012
12.57	Porter (Michigan)	Eugene/USA Ch (h) [2.4]	6/27/2009
12.62	Bridgette Owens (Southfield-Florida)	Eugene/NCAA (2.8)	6/14/2014
12.66	Candice Davis (Ann Arbor Pioneer-unat)	Eugene/Olympic Trials [3.8].....	7/ 6/2008
12.66	Porter (Michigan)	Eugene/USA Ch (h) [2.2]	6/28/2009
12.81	Porter (Michigan)	Des Moines/Drake Relays [4.5]	4/26/2008
12.82	Porter (Michigan)	Des Moines/Drake Relays [3.1]	4/25/2009
12.83	Porter (Michigan)	Columbus/Owens [3.9].....	5/ 4/2008
12.83	Owens (Clemson)	Charlottesville/ACC (h) (2.5).....	4/20/2012
12.84	Porter (Michigan)	Fayetteville/NCAA Mideast [2.7]	5/31/2008
12.87	Porter (adidas)	Doha/Diamond [2.6]	5/14/2010

12.88	Kim McKenzie (Detroit Mumford-Mazda)	Norwalk/TAC (h) [5.7]	6/14/1990
12.90	Deby LaPlante (Taylor Center-San Diego St)	San Juan/Pan-Am Games[3.9]	7/13/1979
13.17(A)	Nikkie Bouyer (East Lansing-Tucson Elite)	El Paso/UTEP Inv [4.6]	4/15/2000
13.26	Tamera Thomas (Lansing Everett-C Mich)	Knoxville/NCAA Mideast (h) [2.8]	5/26/2006
13.30	Cindy Ofili (Ann Arbor Huron-Michigan)	Columbus/Big 10 (3.1)	5/12/2013
13.42	Robin Landfair (Okemos-Michigan)	Minneapolis/Big 10 [2.8].....	5/18/2003
13.42	Raven Clay (Detroit Cody-Findlay)	San Angelo/NCAA II (h) [2.1].....	5/22/2009
13.50	Kim Willis (Southgate Aquinas-Ohio St)	Austin/AIAW[2.4].....	5/28/1981

Hand-timed:

12.8	Kim McKenzie (Detroit Mumford-UTEP)	Berkeley[1.6]	5/14/82
13.5	Kim Willis (Southgate Aquinas-Ohio St)	Columbus.....	4/18/??

Hand-timed, wind-aided:

13.4	Robin Landfair (Okemos-Michigan)	Columbus/Owens Classic [3.5].....	5/ 7/2000
13.5	Tanisha Williams (Ypsilanti-Michigan)	Columbus/Owens Classic [3.5].....	5/ 7/2000

400 METER HURDLES

54.23	Judi Brown (East Lansing-Athletics West)	Indianapolis/Pan-Am Games	8/12/1987
54.38	Brown (Athletics West)	Rome/Grand Prix	9/ 7/1985
54.45	Brown (Athletics West)	San Jose/USA Ch	6/27/1987
54.66	Brown (Athletics West)	Brussels/Van Damme Memorial	8/30/1985

54.73	Brown (Athletics West)	Berlin/ISTAF	8/23/1985
54.85	Brown (Athletics West)	San Jose/Jenner	5/30/1987
54.88	Brown (Athletics West)	Budapest	7/ 6/1987
54.92	Brown (Athletics West)	London/Talbot Games	7/19/1985
54.93	Brown (Nike)	Los Angeles/Olympic Trials	6/21/1984
54.99	Brown (Nike)	San Jose/USA Ch	6/ 9/1984

55.86	Nikkie Bouyer (East Lansing-Tucson Elite)	Raleigh/Pontiac Grand Prix.....	6/17/2000
56.92	Landria Buckley (Romulus-unat)	Atlanta/ATL #3	5/16/2014
57.12	Danielle Brown (Kalamazoo Cent-W Mich)	Louisville/NCAA Mideast.....	5/30/2009
57.44	Amber Hay (Detroit Renaissance-Michigan)	Fayetteville/NCAA.....	6/12/2009
57.78	Katie LaValley (Forest Hills Central-Michigan)	Fayetteville/NCAA Mideast (h).....	5/30/2008
58.18	Jennifer Sabra (Taylor Kennedy-West. Mich)	Des Moines/NCAA (s).....	6/12/2008
58.28	Devron Kennedy (FH Harrison-W Michigan)	Mt Pleasant/MAC	5/17/2003
58.29	Maria Shoup (Mason County E-W Michigan)	Ypsilanti/MAC	5/19/1984
58.34	Kari Karhoff (Durand-Central Michigan)	Amherst/MAC.....	5/20/2000
58.36	Megan Yanik (Livonia Ladywood-Notre Dame)	Jacksonville/NCAA East (h).....	5/23/2013
58.39	Andrea Mosher (Ann Arbor Pioneer-Illinois St)	Baton Rouge/NCAA Mideast	5/29/2004
58.40	Wendy Truvillion (Detroit Pershing-LSU)	Houston/Texas Southern Last C.....	5/23/1987
58.41	Iris Campbell (Yale-Western Michigan)	Jacksonville/NCAA East (h).....	5/23/2013
58.49	Jamillah Bowman (AA Pioneer-Georgetown)	Eagle Rock.....	6/ 8/2003
58.93	Sheila Papatriantafyllou (Eastern Michigan)	Columbus/Owens.....	5/12/1990
58.98	Shayna Sangster (Lansing Sexton-W Mich)	Oxford/MAC	5/12/2007
59.20	Jaelynn Pryor (Jackson-Michigan St)	Jacksonville/NCAA East (h).....	5/23/2013
59.39	Sarah Wittingen (East Grand Rapids-Calvin)	Oshkosh/NCAA III.....	5/24/2008
59.51	Asia Rawls (Waterford Mott-Eastern Michigan)	Jacksonville/NCAA East (h).....	5/23/2013
59.56	Candice Davis (Ann Arbor Pioneer-USC)	Los Angeles/vs UCLA	4/30/2005

HIGH JUMP

1.95	6-4.75	Gwen Wentland (Grand Blanc-Nike)	Stanford/Oracle	6/ 7/2003
1.94	6-4.25	Wentland (Kansas St)	New York/NY Games GP.....	5/21/1995
1.93	6-4	Wentland (Kansas St)	College Station/Relays[hept].....	3/17/1995
1.93	6-4	Wentland (Kansas St)	Austin/Texas Relays	4/ 7/1995
1.93	6-4	Wentland (Nike)	Eugene/Prefontaine Classic	5/30/1999
1.93	6-4	Wentland (Nike)	Stanford/USA Ch	6/21/2002
1.92	6-3.5	Wentland (Kansas St)	New Orleans/NCAA	6/ 5/1993
1.92	6-3.5	Wentland (Kansas St)	New York/NY Games GP (!).....	5/21/1995
1.92	6-3.5	Wentland (Nike)	Sacramento/USA Ch.....	6/17/1995
1.90	6-2.75	Wentland (Kansas St)	Austin/Texas Relays (!).....	4/ 7/1995
1.90	6-2.75	Wentland (Kansas St)	Sao Paulo/GP	5/14/1995
1.90	6-2.75	Wentland (Kansas St)	Knoxville/NCAA.....	6/ 3/1995
1.90	6-2.75	Wentland (Nike)	Eugene/USA Ch.....	6/27/1999
1.90	6-2.75	Wentland (Nike)	Tempe/Castillo Inv	3/24/2001
1.90	6-2.75	Wentland (Nike)	Walnut/Mt SAC Relays	4/21/2002
1.90	6-2.75	Wentland (Nike)	Manhattan/Haylett Inv	5/ 3/2008

1.86	6-1.25	Linda McCurdy-Cameron (L Everett-CAN)	El Paso/Safeway Olympian.....	4/20/1986
1.85	6-0.75	Jenny Engelhardt (BC Lakeview-Notre Dm)	Walnut/Mt SAC Relays	4/18/1999
1.83	6-0.25	Angie Hafner (Flushing-Michigan)	Toledo	5/12/1984
1.83	6-0	Bettie Wade (Farmington-Michigan)	State College/Big 10	5/13/2007
1.82	5-11.5	Lela Nelson (Detroit Mumford-Nike)	Berhausen/Thorpe Cup (hept).....	8/19/2007
1.81	5-11.25	Ellie Hayden (Capac HS)	Grand Rapids/C State.....	5/31/1980
1.81	5-11.25	Terresha DeRossett (LakeVille-Kansas St)	Manhattan	5/ 6/2000
1.80	5-10.75	Suzy Bozin (Romeo-Central Michigan)	West Lafayette/Purdue Open	3/31/2001
1.80	5-10.75	Erika Schroll (Three Rivers-Central Mich)	Des Moines/USA Ch	6/26/2010
1.79	5-10.5	Barb Mahnke (Saline-Eastern Michigan)	/1984
1.79	5-10.5	Debbie Hartline (Cassopolis-Michigan St)	Columbus/Jesse Owens	5/ 5/1985
1.79	5-10.5	Sara Jane Baker (Mattawan HS)	Delton/D2 Regional.....	5/17/2002
1.79	5-10.5	Stephanie Linz (Okemos-Michigan)	Minneapolis/Big 10.....	5/18/2003

POLE VAULT

4.50	14-9.25	Kristen Hixson (Remus Chippewa H-Grand Valley)	Allendale/NCAA	5/22/2014
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4.40	14-5.25	Breanna Eveland (E Kentwood-Kansas St)	Baylor/Big 12.....	5/13/2006
4.40	14-5.25	Hixson (Grand Valley)	Allendale/NCAA (!).....	5/22/2014
4.38	14-4.5	Hixson (Grand Valley)	Allendale/Last Chance.....	5/10/2014
4.33	14-2.5	Hixson (Grand Valley)	Painesville/GLIAC.....	5/ 2/2014
4.31	14-1.75	Hixson (Grand Valley)	Allendale/Al Owens.....	4/19/2014
4.30	14-1.25	Eveland (Kansas St)	Sacramento/NCAA.....	6/11/2005
4.30	14-1.25	Eveland (Kansas St)	Columbia/Walker (dec).....	4/13/2006
4.30	14-1.25	Eveland (Kansas St)	Indianapolis/USA Ch.....	6/25/2006
4.30	14-1.25	Hixson (Grand Valley)	Allendale/NCAA (!).....	5/22/2014
4.25	13-11.25	Kiley Tobel (Walled Lake W-Michigan)	Eugene/NCAA.....	6/ 7/2013
4.15	13-7.25	Sarah Birkmeier (Rockford-Michigan St)	East Lansing/Spartan Inv.....	4/ 5/2014
4.12	13-6.25	Michelle Rzepka (Novi-McNeese St)	Walnut/Mt SAC Relays.....	4/14/2006
4.06	13-3.75	Amanda Storck (Reeths-Puffer-C Mich)	Bloomington/NCAA Mideast.....	5/27/2005
4.05	13-3.5	Lauren Chorny (Fruitport-Michigan St)	East Lansing/Spartan Inv.....	4/ 5/2014
4.04	13-3	Jeanette Martus (Liv Churchill-Wash St)	Berkeley/Pac-10.....	5/20/2001
4.04	13-3	Val Gorter (GR South Christian-ACU)	Abilene/Jackson Open.....	3/30/2004
4.03	13-2.5	Jennifer Schornak (Macomb Dakota-Grand Valley)	Bowling Green/Hilltopper.....	4/12/2014
4.02	13-2.25	Kellie Kern (Garden City-Eastern Mich)	Columbus/NCAA Mideast.....	5/30/2003

LONG JUMP

6.78	22-3	Lela Nelson (Detroit Mumford-Nike)	Bernhausen/Thorpe Cup [0.0].....	8/19/2007
6.59	21-7.5	Nelson (Nike)	Indianapolis/USA (hept) [3.6].....	6/24/2006
6.52	21-4.75	Trinette Johnson (Det Cass T-Florida St)	Tallahassee [2.0].....	4/10/1993
6.50	21-4	Brandi Bentley (Marion-Michigan)	West Lafayette/Big 10.....	5/22/1999
6.50	21-4	Nelson (Nike)	Manhattan/US-Ger (hept).....	8/ 3/2008
6.49	21-3.5	Nelson (Eastern Michigan)	Sacramento/NCAA [0.8].....	6/ 9/2005
6.48	21-3.25	Tiffany Ofili (Ypsilanti-Michigan)	Columbus/Big 10 [-2.7].....	5/16/2009
6.45	21-2	Johnson (Florida St)	Tallahassee/Tri[0.4].....	4/11/1992
6.45	21-2	Nelson (Eastern Michigan)	Sacramento/NCAA (hept) [1.1].....	6/11/2005
6.45	21-2	Nelson (Nike)	Santa Domingo/PAC (h) [0.5].....	6/ 1/2008
6.41	21-0.5	Johnson (Florida St)	Tallahassee/ACC[0.8].....	4/17/1992
6.40	21-0	Johnson (Florida St)	Tallahassee/Seminole [1.3].....	5/24/1990
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6.33	20-9.25	Bettie Wade (Farmington-Michigan)	Fayetteville/NCAA (hept) [0.4].....	6/12/2009
6.31	20-8.5	Lindsay Sicilia (Calvin Christian-unat)	Hillsdale/Gina Relays.....	4/24/2004
6.22	20-5	Ashley Hunault (Alpena-Western Mich)	Knoxville/SeaRay [1.8].....	4/10/2010
6.15	20-2.25	Sherita Williams (Detroit King-GBTC)	East Lansing.....	5/ 1/2004
6.13	20-1.5	Ann Meachum (Traverse City-E Michigan)	Des Moines/Drake.....	4/25/1981
6.08	19-11.5	Anita Lee (Detroit Cass Tech-Michigan St)	?/USTFF.....	5/28/1977
6.03	19-9.5	Chris Boehmer Swan (Lapeer West HS)	(meet?).....	/1982
6.02	19-9	Rita Reifsnnyder (Lansing Catholic-C Mich)	(meet?).....	/1985
5.99	19-7.75	Katrina Jones (Lansing Eastern-Odesa)	Abilene/Wildcat Relays.....	4/23/1992
5.98	19-7.5	Tanisha Williams (Ypsilanti HS)	Ypsilanti/Kiwanis Inv.....	5/ 1/1998

Wind-aided:

6.65	21-9.75	Lela Nelson (Detroit Mumford-Nike)	Manhattan/Thorpe (h) [2.8].....	8/ 3/2008
6.61	21-8.25	Nelson (Nike)	Indianapolis/USA (hept) [3.6].....	6/24/2006
6.56	21-6.25	Brandi Bentley (Birm Marian-Michigan)	Ann Arbor/Paddock Inv [3.1].....	5/13/2000
6.38	20-11.25	Tiffany Ofili (Ypsilanti-Michigan)	Champaign/Big 10 [3.2].....	5/17/2008
6.32	20-9	Ashley Hunault (Alpena-Western Mich)	Greensboro/NCAA East [2.1].....	5/27/2010
6.29	20-7.75	Sherita Williams (Detroit King-Michigan St)	Baton Rouge/NCAA ME [2.8].....	5/28/2004
6.07	19-11	Chris Boehmer Swan (Lapeer W-STC)	Modesto/S&W Relays.....	5/ 8/1993
6.06	19-10.75	Gwen Wentland (Grand Blanc-Nike)	Lawrence.....	4/21/2000
6.00	19-8.25	Maria Derezinski (Musk Oakridge-C Mich)	Central Collegiates [5.3].....	5/ 5/2001

TRIPLE JUMP

13.52	44-4.25	Sherita Williams (Detroit King-GBTC)	Eugene/Oly Trials (q) [2.0].....	6/27/2008
13.42	44-0.25	Williams (GBTC)	Swarthmore [0.0].....	5/13/2008
13.37	43-10.5	Williams (GBTC)	Colts Neck/NJ International.....	6/10/2006
13.29	43-7.25	Williams (GBTC)	Eugene/Oly Trials [1.8].....	6/29/2008
13.28	43-6.75	Williams (GBTC)	Waltham/New England [1.5].....	6/15/2008
13.20	43-3.75	Williams (GBTC)	Providence/Spring Inv [1.5].....	4/30/2006
13.19	43-3.25	Williams (GBTC)	New York/Club Ch [0.7].....	7/11/2009

13.14	43-1.5	Williams (Michigan St)	Grand Rapids [0.2].....	6/19/2004
13.07	42-10.5	Williams (GBTC)	Princeton/Elite.....	5/ 3/2008
13.02	42-8.5	Williams (GBTC)	Eugene/Oly Trials (!) [1.6].....	6/29/2008
12.96	42-6.25	Williams (Michigan St)	Madison/Big 10.....	5/19/2002
12.94	42-5.5	Williams (GBTC)	New York/New Balance [0.0].....	5/10/2008
12.91	42-4.25	Williams (GBTC)	Providence/Brown Inv [-1.9].....	4/12/2008
12.90	42-4	Williams (GBTC)	Ann Arbor/Paddock.....	5/10/2002
12.90	42-4	Williams (GBTC)	West Long Branch/NJ Inv.....	6/ 7/2008
12.87	42-2.75	Williams (GBTC)	Uniondale/Island Games.....	6/10/2007
12.83	42-1.25	Williams (GBTC)	Hillsdale/Gina Relays.....	4/28/2001
12.82	42-0.75	Williams (GBTC)	Dedham/Solomon Inv.....	4/15/2006
12.82	42-0.75	Williams (GBTC)	Indianapolis/USA Ch [0.1].....	6/23/2006

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12.30	40-4.25	Ndu Okwumabua (Plymouth Canton-Mich)	5/ 3/1998
12.29	40-4	Edyth Childress (Flint N-E Kentucky)	/1985
12.06	39-6.75	Tanisha Maze (GR Christian-W Michigan)	Kalamazoo/Bronco Invite.....	5/14/1994
11.93	39-1.75	Brandi Bentley (Marion-Michigan)	West Lafayette/Big 10 [1.4].....	5/23/1999
11.91(A)	39-1	Gwen Wentland (Grand Blanc-Kansas St)	Boulder/Big 8 [0.0].....	5/18/1993
11.90	39-0.5	Nancy Nowack (Eastern Michigan)	Ypsilanti/MAC.....	5/20/1989
11.85	38-10.5	Maria Derezinski (Musk Oakridge-C Mich)	Ypsilanti/MAC [1.7].....	5/18/2002
11.77	38-7.5	Chris Swan (Lapeer West-Vermont)	Dedham.....	6/13/1987
11.73	38-6	Marla Benford (Detroit King-E Michigan)	3/29/1997
11.70	38-4.75	Jenni Picucci (Brighton-Ashland)	Tempe/Clif Bar Inv [0.0].....	3/24/2007

Wind-aided:

13.44	44-1.25	Sherita Williams (Detroit King-GBTC)	Raleigh/Raleigh Relays [2.1].....	3/25/2006
13.33	43-8.75	Williams (GBTC)	Eugene/Oly Trials (q) [2.5] (!).....	6/27/2008
13.33	43-8.75	Williams (GBTC)	Eugene/USA Ch [3.8].....	6/26/2009
13.30	43-7.75	Williams (Michigan St)	Austin/NCAA (q) [2.4].....	6/11/2004
13.23	43-5	Williams (Michigan St)	Baton Rouge/NCAA ME [3.2].....	5/29/2004
13.18	43-3	Williams (Michigan St)	Austin/NCAA [3.9].....	6/12/2004
13.18	43-3	Williams (Michigan St)	New York/Reebok [3.5].....	6/11/2005
13.16	43-2.25	Williams (GBTC)	Indianapolis/USA Ch [2.5].....	6/21/2007
13.16	43-2.25	Williams (GBTC)	Indianapolis/USA Ch [2.3].....	6/21/2007
13.14	43-1.5	Williams (Michigan St)	Baton Rouge/NCAA ME [3.2].....	5/29/2005
13.07	42-10.75	Williams (Michigan St)	Madison/Big 10 [2.2].....	5/19/2002
12.95	42-6	Williams (Michigan St)	Denton/USA Junior Ch [4.7].....	6/24/2000
11.71	38-5	Tanisha Johnson (BH Lahser-Central Mich)	Ann Arbor/Paddock [2.3].....	5/ 8/2010

SHOT

18.96	62-2.5	Tia Brooks (East Kentwood-Oklahoma)	Austin/NCAA West.....	5/25/2013
18.95	62-2.25	Brooks (Oklahoma)	Austin/NCAA West (!).....	5/25/2013
18.91	62-0.5	Brooks (Oklahoma)	Eugene/NCAA.....	6/ 8/2013
18.83	61-9.5	Brooks (Oklahoma)	Des Moines/USA Ch.....	6/22/2013
18.83	61-9.5	Brooks (Nike)	Sacramento/USA Ch.....	6/25/2014
18.73	61-5.5	Brooks (Oklahoma)	Tempe.....	4/ 9/2013
18.69	61-4	Brooks (Oklahoma)	Austin/NCAA West (!).....	5/25/2013
18.64	61-2	Brooks (Oklahoma)	Tempe (!).....	4/ 9/2013
18.59	61-0	Brooks (Oklahoma)	Tempe (!).....	4/ 9/2013
18.57	60-11.25	Brooks (Oklahoma)	Des Moines/Drake Relays.....	4/26/2013
18.51	60-8.75	Brooks (Oklahoma)	Waco.....	5/ 4/2013
18.51	60-8.75	Brooks (Oklahoma)	Austin/NCAA West (!).....	5/25/2013
18.47	60-7.25	Brooks (Oklahoma)	Des Moines/Drake Relays.....	4/27/2012
18.46	60-6.75	Becky Breisch (Edwardsburg-Nebraska)	Lincoln/Nebraska Inv.....	4/15/2006
18.46	60-6.75	Brooks (Oklahoma)	Tempe (!).....	4/ 9/2013

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17.38	57-0.25	Nia Henderson (Livonia Churchill-Kent)	Toledo/Inv.....	5/ 2/2013
17.07	56-0	Brittany Mann (Det. Country Day-Oregon)	Eugene/NCAA.....	6/14/2014
16.90	55-5.5	Annette Bohach (N Muskegon-WMTC)	Ypsilanti.....	5/ 9/1987
16.69	54-9.25	Breann Smith (Ann Arbor Pioneer-Kent St)	Akron/Campbell-Wright.....	5/ 7/2005
16.43	53-11	April Phillips (Fraser-Michigan)	Des Moines/Drake Relays.....	4/26/2003
16.31	53-6.25	Mary Angell (Byron Center-Kentucky)	Athens/SEC.....	5/15/2011
16.28	53-5	Vivian Fisher (Pontiac Central-Texas Sn)	Houston/SWAC.....	5/ 9/1986

15.94	52-3.75	Mindy Ramsey (LakeVille-unat)	Indianapolis	6/ 9/2001
15.80	51-10	Allison Liske (Zeeland E-Michigan)	Jacksonville/Spring Break	3/ 3/2012
15.73	51-7.25	Kristalyn Mauch (Sag Heritage-WMich)	Columbia/NCAA Mideast Reg	5/26/2007
15.71	51-6.5	Sonya Payne (AA Huron-Michigan)	Austin/Texas Relays	4/ 7/1989
15.29	50-2	Ashley Lawrence (Gr Blanc-Michigan St)	Terre Haute	4/16/2010
15.24	50-0	Sarah Adelaine (Harbor Springs-Mich St)	Raleigh/Raleigh Relays.....	3/26/2004
15.20	49-10.5	Irene Cooper (BH Lahser-Western Mich)	Amherst/MAC.....	5/14/2010
15.16	49-9	Lauren Buresh (Morley Stan-Grand Valley)	Grand Rapids/Aquinas Op	4/24/2010
15.13	49-7.75	Melissa Brousseau (Alpena-unat)	Hillsdale.....	4/28/2001

DISCUS

67.37	221-0	Becky Breisch (Edwardsburg-HP)	Wailuku/Big Wind II.....	4/14/2007
66.64	218-8	Breisch (HP)	Hartnell/Shaw II.....	5/17/2007
66.52	218-3	Breisch (HP)	Chula Vista.....	7/23/2010
66.40	217-10	Breisch (HP)	Wailuku/Big Wind II (!)	4/14/2007
66.06	216-8	Breisch (HP)	Wailuku/Big Wind I.....	4/14/2007
65.78	215-10	Breisch (HP)	Wailuku/Big Wind III.....	4/14/2007
65.53	215-0	Breisch (HP)	Wailuku/Big Wind II (!)	4/14/2007
65.46	214-9	Breisch (HP)	Wailuku/Big Wind III (!)	4/14/2007
64.95	213-1	Breisch (HP)	Modesto/Relays	5/ 5/2007
64.90	212-11	Breisch (HP)	Wailuku/Big Wind III (!)	4/14/2007
64.88	212-10	Breisch (HP)	Wailuku/Big Wind II (!)	4/14/2007
64.55	211-9	Breisch (HP)	Wailuku/Big Wind III (!)	4/14/2007
64.53	211-8	Breisch (HP)	Lausanne/Athletisimme.....	7/ 8/2010
64.38	211-3	Breisch (HP)	Des Moines/Drake	4/24/2010
64.26	210-10	Breisch (HP)	Sacramento/Cal Relays	5/29/2010
64.10	210-4	Breisch (HP)	Chula Vista.....	6/14/2008
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61.36	201-4	Penny Neer (North Adams-unat)	Berkeley	6/22/1985
60.39	198-1	Beth Rohl (New Buffalo-CVE)	Tempe/Sun Angel	4/12/2014
57.22	187-9	Katie Corner (GR Catholic C-unat)	Marietta	5/25/2008
56.94	186-10	Mary Angell (Byron Center-unat)	Allendale	5/11/2012
55.22	181-2	Makeba Batten (Det Renaissance-Fla St)	FAMU Relays.....	3/ 7/2003
54.39	178-5	Emily Fox (Rockford-Grand Valley)	Grand Rapids/Twilight.....	5/ 9/2007
53.90	176-10	Astin Steward (Okemos-Purdue)	State College/Big 10	5/13/2007
53.55	175-8	Breann Smith (Ann Arbor Pioneer-Kent St)	Bloomington/NCAA Mideast	5/28/2005
53.41	175-3	Sam Lockhart (Lansing Sexton-Grand Valley)	Allendale/Al Owens	4/19/2014
53.06	174-1	Mindy Ramsey (LakeVille-unat)	Mt Pleasant/CCC	5/ 3/2002
51.36	168-6	Alana Robinson (Grosse Ile-S Carolina)	Baton Rouge/SEC.....	5/13/2000
51.14	167-9	Donna Wright (Parchment-W Michigan)	Bloomington/Hayes.....	5/11/1985
50.94	167-1	Ashley Lawrence (Gr Blanc-Michigan St)	West Lafayette/Purdue Op.....	4/24/2010
50.44	165-6	Annette Bohach (N Muskegon-WMTC)	Champaign.....	5/28/1988
50.34	165-2	Brittany Mann (Detroit Country Day)12	Fort Wayne/Midwest MC.....	6/ 9/2012
49.70	163-1	Sarah Adelaine (Harbor Springs-Mich St)	Long Beach/Springco.....	4/17/2004
49.52	162-5	Jane Ludtke (White Cloud-C Michigan)	Mt Pleasant/CMU Inv	5/ 5/2000

HAMMER

66.99	219-9	Brooke Pleger (Saline-Bowling Green)	Akron.....	4/ 5/2013
65.91	216-3	Pleger (Bowling Green)	Akron.....	5/ 9/2013
65.70	215-7	Pleger (Bowling Green)	Ashland	4/26/2013
65.06	213-5	Pleger (Bowling Green)	Walnut/Mt SAC Relays	4/20/2013
64.76	212-5	Pleger (Bowling Green)	Raleigh.....	3/30/2013
64.04	210-1	Pleger (Bowling Green)	Jacksonville/NCAA East	5/24/2013
63.71	209-0	Pleger (Bowling Green)	Eugene/NCAA.....	6/ 5/2013
63.39	207-11	Pleger (Bowling Green)	Jacksonville/NCAA East (!).....	5/24/2013
62.87	206-3	Beth Rohl (New Buffalo-Michigan St)	Madison/Big 10	5/11/2012
62.65	205-6	Rohl (Michigan St)	Madison/Big 10 (!).....	5/11/2012
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61.79	202-8	Astin Steward (Okemos-Purdue)	Columbia/NCAA Mideast Reg	5/26/2007
61.73	202-6	April Phillips (Fraser-Run-N-Fun)	Ithaca/Big Red	4/29/2007
60.29	197-10	Liz Murphy (Romeo-Grand Valley)	Big Rapids/GLIAC.....	5/ 5/2010
59.30	194-6	Irene Cooper (BH Lahser-Western Mich)	Kalamazoo/Shaw Inv	5/ 3/2008

59.15	194-0	Kristin Cameron (Algonac-Northwood)	Midland.....	4/12/2014
58.39	191-7	Sarah Adelaine (Harbor Springs-Mich St)	East Lansing	5/ 1/2004
58.36	191-6	Laura Schroeder (Sanford-Meridian-Grand Valley)	Grand Rapids/Mousseau	4/25/2014
57.80	189-7	Meagan Halliwill (Charlotte-Michigan St)	Columbus/Owens.....	5/ 4/2008
57.76	189-6	Ashlyn Gulvas (Standish Sterling-Iowa)	Columbus/Big 10.....	5/10/2013

JAVELIN (new implement 1999)

47.59	156-1	Melinda Buckmaster (Mayville-Mich St)	Des Moines/Drake Relays	4/27/2007
47.20	154-10	Breann Smith (Ann Arbor Pioneer-Kent St)	Athens/MAC	5/13/2005
46.45	152-4	Buckmaster (Mich St)	East Lansing/Spartan Inv.....	4/15/2007
46.14	151-4	Buckmaster (Mich St)	East Lansing/Spartan Inv.....	4/ 8/2005
46.10	151-3	Buckmaster (Mich St)	Des Moines/Drake Relays	4/29/2005
45.81	150-3	Buckmaster (Mich St)	Des Moines/Drake Relays (!).....	4/27/2007
45.56	149-6	Buckmaster (Mich St)	Des Moines/Drake Relays (!).....	4/27/2007
45.48	149-2	Buckmaster (Mich St)	State College/Big 10	5/12/2007
45.45	149-1	Buckmaster (Mich St)	Auburn/Springtime Inv	3/24/2007
45.44	149-1	Smith (Kent St)	Athens/MAC (!)	5/13/2005
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44.00	144-4	Mary Bogner (Tri-County-Grand Valley)	Saginaw/GLIAC	5/ 2/2008
43.00	141-0	Kristin Donovan (WL Lakeland-Hillsdale)	Saginaw/GLIAC	5/ 2/2008
42.46	139-3	Allison Jakubowski (Anchor Bay-C Mich)	Bowling Green/MAC	5/15/2008
41.86	137-3	Lela Nelson (Detroit Mumford-Nike)	Manhattan/Thorpe (hept)	8/ 2/2008
40.96	134-4	Lauren Forrest (Laingsburg-Alma)	Midland/Northwood	4/18/2009
40.90	134-2	Dawn Burrows (Lowell-Central Michigan)	MAC	5/21/1999
40.54	133-0	Sara Jane Baker (Mattawan-Nebraska)	Tucson/Click (hept).....	3/24/2006
40.44	132-8	Bettie Wade (Farmington-Michigan)	Tucson/Click (hept).....	4/ 2/2010

OLD JAVELIN (pre-1999)

54.50	178-10	Louise Gerrish (Liv Franklin-Michgammes)	Dayton.....	6/ 3/1968
51.86	170-2	Julie Ravary (Erie Mason-C Michigan)	Knoxville/Dogwood Relays	4/12/85
51.34	168-5	Frances Davenport (USAr)	Wissen	9/ 8/1963
49.96	163-11	Ravary (Toledo TC)	/1986
49.94	163-10	Gerrish (HS)	/1966
49.92	163-9	Ravary (Central Michigan)	Kalamazoo/MAC	5/17/1985
49.54	162-6	Ravary (Toledo TC)	Gainesville/Florida Relays	3/28/1987
49.46	162-3	Gerrish (Michigammes)	?/MI AAU.....	/1967
49.32	161-10	Ravary (Central Michigan)	/1983
49.28	161-8	Gerrish (Michigammes)	Aurora, Co/AAU	8/17/1968

45.70	149-11	Donna Wright (Parchment-W Michigan)	?/MAC	5/22/1987
45.26	148-6	Katja Pettinen (Lans Eastern-Clemson-FIN)	Mikkeli, Finland	7/11/1995
44.84	147-1	Chris Christian (Western Michigan)	Athens/MAC	5/20/1994
43.18	141-8	Ellen Kline (Millington-Saginaw Valley)	/1985
42.78	140-4	?Ellen Rubach (Western Michigan)	/1980
42.40	139-1	Beth Almberg (Liv Bentley-Grand Valley)	/1985
42.30	138-9	?Marcia Karwas (Western Michigan)	/1977
42.12	138-2	?Laura Burke (Eastern Michigan)	/1982
42.06	138-0	Sue Breternitz (Hemlock-Saginaw Valley)	Hillsdale/Relays	4/28/1990
41.70	136-10	Anesia Bates (SWMi)	Lexington/Kentucky Relays.....	4/19/1986

DECATHLON

7064	Breanna Eveland (East Kentwood-Kansas St)	Columbia/Walton Combined Events	4/14/2006
	(13.05 [1.5], 40.37, 4.30, 36.72, 1:02.85; 15.04 [0.5], 5.30 [0.7], 11.66, 1.50, 5:36.66)		
6821	Eveland (Kansas St)	Columbia/Walton Combined Events	4/15/2005
	(12.98 [1.6], 39.03, 4.10, 37.22, 61.56, 15.15 [2.4], 5.01 [1.6], 11.19, 1.45, 5:39.35)		

HEPTATHLON

6029	Lela Nelson (Detroit Mumford-Nike)	Manhattan/Thorpe Cup	8/ 3/2008
	(13.46 [1.5], 1.70, 11.71, 24.16w [2.2], 6.65w [2.8], 41.86, 2:25.41)		
6022	Nelson (Nike)	Bernhausen/Thorpe Cup.....	8/19/2007
	(13.74 [0.5], 1.82, 11.56, 24.36 [0.0], 6.78 [0.0], 35.27, 2:25.49)		

6000	Bettie Wade (Farmington-Michigan)	Gotzis/Hypo	5/30/2010
	(14.00 [-1.3], 1.82, 13.62, 25.07 [1.7], 6.29 [-0.7], 37.62, 2:21.17)		
5944	Nelson (Nike)	Santo Domingo/Pan Am Cup.....	6/ 1/2008
	(13.65w [2.5], 1.76, 12.22, 24.47 [1.1], 6.45 [0.5], 36.58, 2:23.02)		
5925	Nelson (Nike)	Woerden.....	8/26/2007
	(13.84 [0.8], 1.82, 11.89, 24.35 [1.9], 6.38 [0.9], 36.89, 2:26.03)		
5908	Wade (Michigan)	Eugene/USA Ch.....	6/28/2009
	(14.05 [-0.1], 1.72, 13.98, 24.76w [3.1], 6.41w [3.7], 33.64, 2:19.37)		
5903	Nelson (Nike)	Indianapolis/USA Ch.....	6/24/2006
	(13.45 [1.1], 1.66, 12.43, 23.90 [-0.9], 6.61 [3.7], 33.98, 2:24.49)		
5898	Nelson (Nike)	Winston-Salem/Deacon	5/13/2009
	(13.61 [1.6], 1.79, 11.79, 24.16 [1.0], 6.00 [1.6], 38.54, 2:22.00)		
5897	Nelson (Nike)	Eugene/USA Ch.....	6/28/2009
	(13.60 [0.5], 1.72, 11.80, 24.34w [2.1], 6.36 [1.4], 36.63, 2:20.15)		
5878	Nelson (Eastern Michigan)	Sacramento/NCAA.....	6/11/2005
	(13.49 [1.0], 1.66, 12.15, 23.78 [0.6], 6.45 [1.1], 34.87, 2:22.71)		
5876	Wade (Michigan)	Fayetteville/NCAA.....	6/12/2009
	(13.84 [1.0], 1.78, 13.57, 25.05 [0.2], 6.33 [0.4], 32.49, 2:21.90)		
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5507	Sara Jane Baker (Mattawan-Nebraska)	Sacramento/NCAA.....	6/10/2006
	(14.81 [0.9], 1.75, 11.36, 26.05 [-1.9], 5.73w [2.5] 37.88, 2:13.28)		
5416	Aaron Howell (Farmington-Michigan)	Asuza/Cal Inv	4/17/2014
	(14.64 [0.3], 1.75, 12.69, 26.19 [0.7], 5.33 [0.3], 39.52, 2:20.79)		
5384*	Melody Middleton (Stevensville Lakeshore-Michigan)	/1984
5321	Katja Pettinen (Lans Eastern-Clemson-FIN)	Gainesville/Florida Relays	3/23/1995
	(14.44[-0.8], 1.73, 12.62, 25.84[1.2], 5.27[?], 40.08, 2:29.66)		
5286w	Susie Frodge (Midland Dow-Toledo)	Oxford/MAC	5/18/1990
	(14.12W, 1.77, 10.28, 25.80, 5.80, 36.86, 2:35.53)		
5268	Maria Derezhinski (Musk Oakridge-C Mich)	Ypsilanti/MAC	5/17/2002
	(14.38 [-0.6], 1.76, 10.69, 26.15 [0.7], 5.88w [2.6], 33.52, 2:29.45)		
5226	Kary Tomaw (Central Michigan)	Kalamazoo/MAC	5/19/1995
	(14.42[3.4], 1.64, 10.93, 25.41, 5.42[1.1], 34.88, 2:19.10)		
5063	Gwen Wentland (Grand Blanc-Kansas St)	College Station/Relays.....	3/18/1995
	(15.93, 1.93, 10.82, 27.71, 5.65, 29.60, 2:25.90)		

*=old table, breakdown unknown