

Girls Indoor State Records by Class - Standard Events (updated 3/19/2023)

Corrections needed – especially for lower grades, I'm sure we're missing some marks – jeffhollobaugh@aol.com

OT=best oversized track mark, if faster than record; y=time from longer yard distance; #=en route mark to longer distance

60 METERS

6	8.23	Kahlia Hart (?)	Ypsilanti/MITS Champs	2/26/2022
7	7.68	Kendall Baisden (Bloomfield St Regis)	Akron/Rubber City Open	2/23/2008
8	7.66	Kaila Jackson (Detroit Grand River)	Saginaw/MITS	1/20/2018
9	7.44	Kaila Jackson (Detroit Renaissance)	New York/NB Nationals	3/10/2019
10	7.46	Kendall Baisden (Detroit Country Day)	Bowling Green/Sink Inv	1/30/2011
11	7.35	Shayla Mahan (Detroit Mumford)	Ann Arbor/MITS State	3/18/2006
12	7.26	Shayla Mahan (Detroit Mumford)	Lexington/Kentucky Inv	2/17/2007
	7.26	Kaila Jackson (Detroit Renaissance)	Louisville/CYUP Cabin Fever	1/ 8/2022

200 METERS

7	24.92	Kendall Baisden (Bloomfield St Regis)	New York/National Scholastic (h)	3/15/2008
8	24.61	Kendall Baisden (Bloomfield St Regis)	New York/National Scholastic	3/15/2009
9	23.89	Kendall Baisden (Detroit Country Day)	New York/National Scholastic	3/14/2010
10	24.16	Leeah Burr (Detroit Renaissance)	Ypsilanti/MITS State	2/23/2020
11	23.97	Shayla Mahan (Detroit Mumford)	New York/National Scholastic	3/12/2006
	23.97	Kyra Jefferson (Detroit Cass Tech)	New York/NB Nationals	3/13/2011
	OT: 23.96	Shayla Mahan (Detroit Mumford)	Lexington/Kentucky Select	2/18/2006
12	23.84	Kaila Jackson (Detroit Renaissance)	Houston/Fastrack Challenge	2/ 5/2022

400 METERS

6	58.41	Anna Jefferson (Warren Chatterton MS)	Findlay/HS Invite II	3/ 6/2010
7	56.02	Dynasty McGee (Mt Morris JH)	Ann Arbor/MITS State	3/17/2007
8	55.22	Neveah Burns (Oak Park MS)	Boston/New Balance Nationals (h)	3/10/2023
9	53.23	Kendall Baisden (Detroit Country Day)	New York/National Scholastic	3/14/2010
10	54.23	Kendall Baisden (Detroit Country Day)	New York/NB	3/13/2011
11	55.57	Leeah Burr (Detroit Renaissance)	Virginia Beach/Showcase	3/14/2021
12	54.79	Jessica Jones (Detroit Mumford)	New York/National Scholastic	3/13/2005

800 METERS

6	2:20.16	Janae Coleman (Oak Park MS)	New York/NB Nationals	3/13/2022
7	2:16.03	Ersula Farrow (Farmington H Power MS)	Ypsilanti/MITS State	2/27/2010
8	2:14.67	Amelia Bannister (Albion MS)	Ann Arbor/MITS State	3/ 5/2005
9	2:13.51	Rachel Forsyth (Ann Arbor Pioneer)	Louisville/Indoor Games	2/27/2021
	OT: 2:10.18	Amelia Bannister (Albion)	Lexington/Kentucky Select	2/18/2006
10	2:06.30	Rachel Forsyth (Ann Arbor Pioneer)	Chicago/Meet of Champions	3/ 5/2022
11	2:08.92	Ersula Farrow (Grosse Pointe South)	New York/NB Nationals	3/16/2014
12	2:08.34	Zofia Dudek (Ann Arbor Pioneer)	Ypsilanti/MITS	2/ 3/2020

1500 METERS

6	4:46.12	Clara James-Heer (Forest Hills Central)	Staten Island/Hershey USATF	3/10/2018
7	4:44.5#	Anna Jensen (Midland MS)	Ypsilanti/MITS State (1600)	2/28/2015
8	4:45.9#	Rachel Wittum (Rockford MS)	Ann Arbor/MITS State (1600)	3/ 8/2003
9	4:38.39#	Hannah Meier (Grosse Pointe South)	Roxbury/Nike Indoor (mile)	3/12/2010
10	4:30.62#	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (mile)	3/13/2011
11	4:25.4#	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (mile)	3/11/2012
	4:25.47	Zofia Dudek (Ann Arbor Pioneer)	New York/NB Nationals (mile)	3/10/2019
12	4:26.17#	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (mile)	3/ 9/2013

1600 METERS

6	5:11.86	Sydney Anderson (Novi Meadows MS)	Ypsilanti/MITS State	2/28/2015
7	5:02.98	Anna Jensen (Midland Jefferson MS)	Ypsilanti/MITS State	2/28/2015
	OT: 4:59.64	Clara James-Heer (Grand Rapids MS)	Allendale/Winter Classic	1/ 5/2019
8	5:01.08	Anna Jensen (Midland Jefferson MS)	Grand Rapids/MITS State	2/27/2016
	OT: 4:53.94	Anna Jensen (Midland Jefferson MS)	Saginaw/MITS	12/12/2015
9	4:56.30	Abby VanderKooi (Muskegon WM Christ)	Grand Rapids/MITS	2/ 9/2019
	OT: 4:52.22	Rachel Forsyth (Ann Arbor Pioneer)	Geneva/SPIRE Showcase	2/ 7/2021
10	4:48.50y	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (1M).....	3/13/2011
	OT: 4:44.20y	Rachel Forsyth (Ann Arbor Pioneer)	Allendale/Gazelle Elite.....	1/29/2022
11	4:42.60y	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (1M).....	3/11/2012
12	4:40.97y	Hannah Meier (Grosse Pointe South)	New York/NB Nationals (1M).....	3/ 9/2013

MILE

7	OT: 5:06.19	Sydney Anderson (Novi Meadows MS)	Saginaw/Distance Festival	2/13/2016
9	4:56.91	Hannah Meier (Grosse Pointe South)	New York/NB Nationals	3/12/2010
	OT: 4:55.69	Anna Jensen (Midland Dow)	Allendale/Gazelle Elite.....	1/ 7/2017
10	4:48.50	Hannah Meier (Grosse Pointe South)	New York/NB Nationals	3/13/2011
	OT: 4:44.20	Rachel Forsyth (Ann Arbor Pioneer)	Allendale/Gazelle Elite.....	1/29/2022
11	4:42.60	Hannah Meier (Grosse Pointe South)	New York/NB Nationals	3/11/2012
12	4:40.97	Hannah Meier (Grosse Pointe South)	New York/NB Nationals	3/ 9/2013

3000 METERS

6	10:06.55	Clara James-Heer (Forest Hills Central)	Staten Island/Hershey USATF	3/ 9/2018
7	10:07.03	Clara James-Heer (Grand Rapids MS)	Staten Island/Hershey USATF	3/17/2019
8	10:22.98	Rylee Tolson (Stockbridge MS)	Ypsilanti/AAU Youth Nationals	3/ 4/2018
9	10:10.1#	Anna Jensen (Midland)	Ann Arbor/MITS (3200)	1/15/2017
10	9:43.98#	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals (2M).....	3/ 9/2013
11	9:31.30#	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals (2M).....	3/16/2014
12	9:15.2#	Audrey DaDamio (Birmingham Seaholm)	Chicago/CYUP Misfits Inv (3200).....	2/20/2021

3200 METERS

6	OT: 10:56.30	Clara James-Heer (Grand Rapids MS)	Allendale/Gazelle Elite.....	2/17/2018
7	11:12.47	Anna Jensen (Midland MS)	Mt Pleasant/MITS	2/11/2015
	OT: 10:41.75	Clara James-Heer (Grand Rapids MS)	Allendale/Gazelle Elite.....	2/16/2019
8	10:55.30	Anna Jensen (Midland MS)	Mt Pleasant/MITS	1/ 8/2016
	OT: 10:33.96	Anna Jensen (Midland MS)	Allendale/Gazelle Elite.....	2/20/2016
9	10:38.10	Rachel Forsyth (Ann Arbor Pioneer)	Chicago/Illinois Meet of Champions	3/ 5/2021
	OT: 10:04.18	Abby VanderKooi (Muskegon WM Christ)	Allendale/Gazelle Elite.....	2/16/2019
10	10:22.46y	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals	3/ 9/2013
	OT: 10:02.12	Rachel Forsyth (Ann Arbor Pioneer)	Allendale/Gazelle Elite.....	2/19/2022
11	10:10.90y	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals	3/16/2014
	OT: 10:08.50	Arianne Olson (Holland West Ottawa)	Allendale/Gazelle Elite.....	2/19/2022
12	9:51.28	Audrey DaDamio (Birmingham Seaholm)	Chicago/CYUP Misfits Inv	2/20/2021

2-MILE

9	11:08.38	Abby Rentschler (Saline)	New York/NB Nationals	3/ 9/2012
10	10:22.46	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals	3/ 9/2013
	OT: 10:19.28	Erin Finn (West Bloomfield)	Seattle/Brooks PR	2/27/2011
11	10:10.90	Audrey Belf (Birmingham Seaholm)	New York/NB Nationals	3/16/2014
12	10:10.14	Megan Goethals (Rochester)	Roxbury/Nike Indoor Nationals	3/13/2010

5000 METERS

7	OT: 16:52.83	Clara James-Heer (Grand Rapids MS)	Saginaw/Distance Festival	2/ 9/2019
9	17:09.62	Clara James-Heer (Forest Hills Central)	Virginia Beach/adidas Nationals	2/26/2021
10	17:31.85	Jessi Larson (Saline)	New York/NB Nationals	3/11/2016
	OT: 17:14.50	Jessi Larson (Saline)	Saginaw/Distance Festival	2/13/2016
11	16:19.69	Erin Finn (West Bloomfield)	New York/NB Nationals	3/ 9/2012
12	16:18.02	Erin Finn (West Bloomfield)	New York/NB Nationals	3/ 8/2013

60m HURDLES (33")

8	8.90	Quenee' Dale (Ypsilanti Lincoln MS)	Ypsilanti/MITS State (s).....	2/27/2010
9	8.74	Nonah Waldron (Oak Park)	Ypsilanti/MITS.....	1/ 4/2020
10	8.39	Grace Stark (White Lake Lakeland)	Lexington/Kentucky Inv	2/18/2017
11	8.05	Grace Stark (White Lake Lakeland)	New York/New Balance Nationals.....	3/11/2018
12	8.34	Britten Bowen (Ann Arbor Pioneer)	New York/New Balance Nationals.....	3/11/2018

HIGH JUMP

8	5-5	Camryn Siegers (Holland Christian MS)	Allendale/GVSU #5.....	2/18/2023
9	5-6	Lesley Hale (Detroit Benedictine)	Warren/MITS	1/31/2003
10	5-10	Stephanie Linz (Okemos)	Albion/MITCA	2/20/1999
11	5-9	Ariel Roberts (Ann Arbor Pioneer)	Mt Pleasant/MITS State	2/29/2008
12	5-10.5	Judy Tucker (Flint Northern)	1981
	5-10.5	Vanessa Maher (Roseville)	Ann Arbor/MITS State	3/ 8/2003

POLE VAULT

4	7-4	Aubree' Bowers (FH Central Woodlands)	Allendale/adidas Open	1/12/2019
5	10-0	Aubree' Bowers (FH Central Woodlands)	Vermontville/Halloween Vault	10/26/2019
6	11-0	Aubree' Bowers (FH Central Woodlands)	Vermontville/Indoor Champs	2/27/2021
7	11-6	Aubree' Bowers (FH Central Woodlands)	Ypsilanti/MITS Champs	2/26/2022
8	11-6	Brooke Bowers (Forest Hills Central MS)	Vermontville/Halloween Vault	10/26/2019
	11-6	Evie Mathis (Wayland MS)	Ypsilanti/MITS Champs	2/26/2022
	11-6	Aubree' Bowers (FH Central Woodlands)	Vermontville/Snowball Vault.....	1/14/2023
	11-6	Aubree' Bowers (FH Central Woodlands)	Allendale/GVSU #4.....	1/28/2023
9	12-6	Brooke Bowers (Forest Hills Central)	Vermontville/Valentine Vault.....	2/ 6/2021
10	12-9	Brooke Bowers (Forest Hills Central)	Vermontville/Snowball Vault.....	1/15/2022
11	13-0	Landon Kemp (Greenville)	Grand Rapids/MITS State	2/27/2016
12	13-6	Mackenzie Shell (Port Huron Northern)	Grand Rapids/MITS	1/24/2015
	13-6	Landon Kemp (Greenville)	Grand Rapids/MITS State	2/25/2017

LONG JUMP

8	18-7.25	Anita Lee (Detroit Cass Tech)	Ypsilanti	1/22/1971
9	18-6	Dynasty McGee (Flint Southwestern)	Ypsilanti/Michigan All-Star Inv	2/23/2008
10	18-0	Sami Michell (Reed City)	Allendale/Laker Inv	3/25/2011
11	19-3.75	Kennedy Jackson (Walled Lake Western)	Ypsilanti/MITS State	2/23/2019
12	19-6.5	Trinette Johnson (Detroit Cass Tech)	Ann Arbor/MITCA Champs.....	3/16/1989

TRIPLE JUMP

7	30-6.25	Cathy Dager (Ann Arbor MS)	Ypsilanti/MITS State	2/25/2012
8	34-4	Dynasty McGee (Mt Morris JH)	Mt Pleasant/MITS	2/27/2007
9	34-1.5	Dynasty McGee (Flint Southwestern)	Merrillville/AAU Northern Champs.....	2/17/2008
10	34-8.75	Nicole Bow (Dexter)	Grand Rapids/MITS State	2/25/2017
11	36-5	Sherita Williams (Detroit King)	Ann Arbor/MITCA	3/ 6/1998
12	39-11.25	Shelby Allen (Berkley)	New York/NB Nationals	3/16/2014

SHOT (4k)

8	37-9.25	Brittany Mann (Detroit Country Day)	Mt Pleasant/MITS State.....	2/29/2008
9	41-11.5	Valadian Pallett (Farmington)	Saginaw/MITS State.....	2/24/2018
10	47-2	Becky Breisch (Edwardsburg)	Grand Rapids/MITS	2/ 1/2000
11	47-9	Kayli Johnson (Grosse Pointe South)	Ypsilanti/MITS State	2/28/2015
12	46-6	Allison Liske (Zeeland)	Ann Arbor/MITS State	3/17/2007

DISCUS

8	78-5	Mackenzie Sievers (Byron Center MS)	Allendale/MITS	2/21/2009
9	100-0	Sophie Snellenberger (Quincy)	Allendale/MITS Discus	1/26/2020
10	125-5	Aliyah Springer (Hamilton)	Ypsilanti/LAB MITS #6.....	1/28/2022
11	138-10	Janae Hudson (Marysville)	Ypsilanti/LAB #5	1/21/2023

12	144-0	Sophia Snellenberger (Quincy)	Ypsilanti/LAB #5	1/21/2023
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WEIGHT

8	26-1.5	Gabriela Munoz (Royal Oak MS)	Ypsilanti/LAB Midwest Inv	2/11/2022
9	43-7.5	Shana Flanary (Carleton-Airport)	Findlay/Oiler Inv	2/24/2008
10	47-4	Faith Moore (Farmington)	Ypsilanti/LAB Midwest Inv	2/11/2022
11	51-8.25	Faith Moore (Farmington)	New York/Nike Nationals	3/10/2023
12	56-10	Brittany Mann (Detroit Country Day)	Allendale/MITS	2/18/2012

PENTATHLON (60H, HJ, SP, LJ, 800)

8	2105	Emma Thomas (Midland Jefferson MS) (11.08, 4-4, 21-4.25, 13-8.25, 2:46.34)	Mt Pleasant/MITS	1/ 3/2020
9	2291	Kellie Littlejohn (Detroit Mumford) (9.97, 4-5.5, 21-8.25, 13-7.75, 2:51.50)	New York/National Scholastic	3/15/2008
10	2703	Kellie Littlejohn (Detroit Mumford) (9.50, 4-7, 24-6.5, 15-1.25, 2:40.82)	New York/National Scholastic	3/14/2009
11	2802	Nicole Standback (Battle Creek Central)	Merrillville/AAU Nationals	2/22/2002
12	3617	Ariel Roberts (Ann Arbor Pioneer) (9.24, 5-8, 32-2.25, 17-9.75, 2:31.89)	Boston/Nike Indoor Nationals	3/14/2009