

US National Junior Championships

from Archie Owens

Miami, Florida (August 5): Junior National records fell like rain drops in what can best be described as the "best Junior meet yet". The weather was terrific, the accommodations were wonderful and the facilities the finest we have ever seen.

440: The assault on the records began in the early morning when Deidra Moore of the Atoms TC, Brooklyn, NY, turned in a 57.4 timing for the first heat in the 440 to completely obliterate the record of 61.8s. Not two minutes later, Gale Fitzgerald of the New Jersey Metro TC of East Orange came on to equal Miss Moore's new record, and no less than five girls had clockings under the old standard. With trials like this, the tone of the meet was set.

The finals of the quarter lived up to expectations, and the duel between Deidra and Gale was a wow! Coming out of the first turn, the two pulled away from the pack and stayed together until about the 360 mark. From that point however, it was the long legged Fitzgerald who drove into the tape as she pulled away from Deidra to a new Junior National mark of 56.7s. Evidence of the "youth movement" in this country may be seen in these two young athletes. Deidra will begin high school this September, and Gale, 16 years old, stands 5'11 3/4.

RESULTS: 1-Gale Fitzgerald (Metro TC) 56.7; 2-Deidra Moore (Atoms TC) 57.2; 3-Mary Hokanson (Michigammas) 59.0; 4-Donna Simpson (MDYF) 59.4; 5-Karen Lehman (Michigammas) 60.1; 6-Deborah Rollins (Atoms TC) 60.7s.

100 Yard Dash: The 100 yard dash began with a bang with Linda Reynolds of the Atoms and Janis Brown of the Michigammas putting back-to-back 11.1's for a new record. The heats saw only two qualifiers with times over 12.0 in six well-loaded groups. But it was a little sprinter from Chicago's Mayor Daley Youth Foundation who had the final say as to who would be this year's champ. Tiny Kathy Jones served notice on the track world as in the finals she not only won but did it in a sweeping 10.9s. This is Kathy's second year of competition.

RESULTS: Kathy Jones (MDYF) 10.9; 2-Janis Brown (Michigammas) 11.0; 3-Hazel Hughes (MDYF) 11.0; 4-Linda Reynolds (Atoms TC) 11.1; 5-Joyce Tinker (Miami Run For Fun) 11.1; 6-Denise "Toy" McCoy (MDYF) 11.2s.

200 Meter Hurdles: The field for the 200 meter hurdles was limited as Ginger Smith of the Millbrae Lions and Ann Poulos from the Delaware TC were "no shows". The title of Champion fell to the pretty Connie Peterson of the Illini TC from Urbana, Illinois, as she showed her less experienced competition her back. The 200's were run as a final, and Connie dealt the course a not-bad 29.5s.

RESULTS: 1-Connie Peterson (Illini TC) 29.5; 2-Jennifer Otto (MDYF) 30.7; 3-Mary Hampton (Denver Striders) 31.1; 4-Patricia McCracklin (MDYF) 33.0; 5-Sharon Fleming (VOSTC) 35.0; 6-Marcia Balkenbush (Denver Striders) 45.5s.

One Mile Run: Debbie Hancock showed a fantastic kick in winning the first ever Junior national mile. The distance is usually 1500 meters, so Debbie's victory also serves as the meet record for this event. By the third lap, Miss Hancock had built up a tremendous lead over the now strung-out field of nine. Coming down the stretch, Debbie poured it on to win by over 100 yards in a personal best of 5:19.9. Her previous best was 5:26.8, so her winning mark here was quite an improvement.

RESULTS: 1-Debbie Hancock (Un) 5:19.9; 2-Cheryl Toussaint (Atoms TC) 5:26.0; 3-Jane Schulte (Michigammas) 5:26.4; 4-Sue Dudley (Michigammas) 5:42.3; 5-Nancy Norvell (Un) 5:51.8; 6-Joanne Smart (MDYF) 6:13.6s.

80 Meter Hurdles: Janis Brown of the Michigammas continued her point scoring ways in annexing the 80 meter hurdles in the meet record time of 11.4s. This cut one tenth of a second from the old record set by Kay Carlson of West Port, Conn., set in the 1966 meet. Miss Brown is an impressive athlete who looks as though she could possibly step into Pat Winslow's pentathlon shoes one day.

RESULTS: 1-Janis Brown (Michigammas) 11.4; 2-Sharon Bell (Texas TC) 11.8; 3-Marsha Nall (Texas TC) 11.9; 4-Jennifer Otto (MDYF) 12.0; 5-Jan Glotzer (VOSTC) 12.1; 6-Shirlan Woodbury (Motor City TC, Detroit) 12.4s.

220 Yard Dash: Nancy Benson's 220 yard dash record, produced by the Valley of the Sun sprinter in last year's meet, lasted until the second semi-final when Hazel Hughes of the Mayor Daley outfit turned in a 25.2 come-from-behind charge to the wire. Since records weren't living long here in Florida, Hazel took it upon herself to make short work of her own and flashed into the tape in the final with a blistering 25.1 as she was trailed by none other than Janis Brown who had won the 80 meter hurdles 15 minutes before.

RESULTS: 1-Hazel Hughes (MDYF) 25.1; 2-Janis Brown (Michigammas) 25.3; 3-Linda Reynolds (Atoms TC) 25.4; 4-Johnetta Davis (Motor City TC) 25.4; 5-Vickie Lind (Colorado Rockettes) 25.8; 6-Barbara Pillows (MDYF) 26.8s.

880 Yard Run: Just prior to the running of the 880, coach Bruce Shelley was heard telling his Canton, Ohio, duo of Nancy Shaffer, (the 1967 girl's champion at Santa Barbara), and Cindy Jo Farmer to place 1-2 in the coming half mile. Being good obedient kids, the "Twin-Twiggies" did just what the coach had ordered as Nancy breezed home far ahead of the field in 2:12.0 while Cindy delivered the second place medal to Canton in 2:21.4s.

RESULTS: 1-Nancy Shaffer (Canton TC) 2:12.0; 2-Cindy Jo Farmer (Canton TC) 2:21.4; 3-Cheryl Toussaint (Atoms TC) 2:25.7; 4-Sue Dudley (Michigammas) 2:26.8; 5-Linda McCain (Un) 2:27.4; 6-Jane Schulte (Michigammas) 2:30.5s.

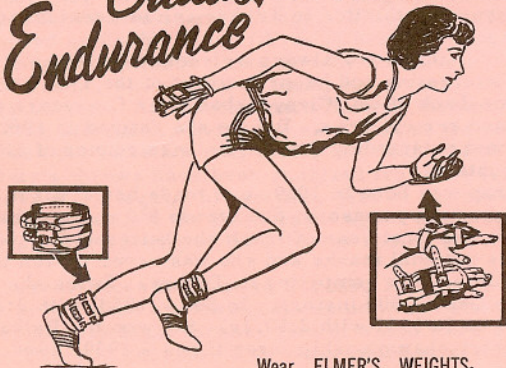
440 Yard Relay: The officials pulled a boner in the trials and eliminated the Atoms TC via the mistaken recording system. Some time later the mistake was discovered, but the Atoms were out. In the final Pat McCracklin, Hazel Hughes, "Toy" McCoy and Kathy Jones put together a series of terrific handoffs to give Mayor Daley the final victory with a roaring 48.0 flat. Chasing them all the way, "Flamin' Mamie's" Texas Track Club copped the silver.

RESULTS: 1-MDYF 48.0; 2-Texas TC 49.5; 3-North Detroit TC 50.0; 4-Mayor Daley "B" 50.3; 5-Mississippi TC 50.3; 6-Valley of the Sun TC 51.9s.

880 Yard Medley Relay: Determination is a thing called the Atoms Track Club. Having missed a shot at the 440 yd. relay, Fred Thompson's Brooklynites practically HAD to win the medley to remain in contention for the team trophy. Linda Reynolds, who had already run seven races, dug in on the leadoff 220 and put Brooklyn on top by a couple of steps. Just behind was Mayor Daley followed closely by Texas TC and Canton TC. The teams kept those positions until the anchor 440 and with only 110 yards to go, National champion Nancy Shafer of the Canton gang turned it all on to close on the Atoms' Deidra Moore from 20 yards back to only two in what some observers clocked as a 54.6 leg. Shafer's fine effort was not enough to offset the dogged hanging-on of Brooklyn's Moore, and the Atoms won their relay in 1:46.6s.

RESULTS: 1-Atoms TC 1:46.6; 2-Canton TC 1:47.9; 3-MDYF "A" 1:49.8; 4-Texas TC 1:51.1; 5-MDYF "B" 1:51.1; 6-Kansas City Jets 1:54.4s.

Builds
Endurance you can count on!



Wear ELMER'S WEIGHTS-YOU-WEAR during normal exercises and increase your stamina and endurance while you are building vitally needed muscles... where you NEED them — where you WANT them! Available in hand weights, leg weights, and vest weights. Send for free descriptive price list today. Ask for the BEST... ask for ELMER'S!

ELMER'S WEIGHTS
P. O. BOX 5426 LUBBOCK, TEXAS

THE WOMEN'S LONG DISTANCE RUNNING COMMITTEE

SOUTHERN PACIFIC ASSOCIATION AAU

presents

The Nation's Finest Long Distance Running Program For 1967

In 1966, this Association had a 10 meet schedule with 1425 actual finishers - or about one-third of the total for the entire United States. This Association also holds the single meet record with 311 finishers. Included in the schedule for 1967 are beach runs, road races, relays, dual meets and long distance running exhibitions.

Date	Place	Time
August 27 - Sun.	Walnut (Mt. San Antonio College)	5:00 pm
Sept. 16 - Sat.	Long Beach (Cherry & Ocean Ave)	5:00 pm
Sept. 23 - Sat.	Riverside (UC Riverside)	11:00 am
Sept. 30 - Sat.	San Diego (Balboa Park)	11:00 am
Oct. 7 - Sat.	Simi Valley (Simi High School)	11:00 am
Oct. 14 - Sat.	Westwood (UCLA)	11:00 am
Oct. 21 - Sat.	Reedley Fiesta Run	11:00 am
Oct. 28 - Sat.	Walnut (Mt. San Antonio College)	1:00 pm
Nov. 4 - Sat.	SPAAAU Championships (Inglewood)	11:00 am
Nov. 12 - Sun.	Western & California Championships (Inglewood)	12:00
Nov. 25 - Sat.	National AAU Championships (Albuquerque)	
Dec. 3 - Sun.	Pasadena (Rose Bowl)	11:00 am
Dec. 9 - Sat.	Hawthorne (Hawthorne High School)	11:00 am
Dec. 10 - Sun.	Culver City 10 Mile Marathon (Exhibition)	10:00 am

Divisions

Women's	2.00 miles
Girl's	2.00 miles
HS-Collegiate	2.00 miles
12-13 (Exhibition)	1.00 mile
11 & Under (Ex)	1.00 mile

For more information contact:
 Bob Seaman
 4600 W. Santa Barbara Street
 Los Angeles, California, 90016
 Telephone (213) 294-2718

US Junior Champs (Continued)

Long Jump: RESULTS: 1-Barbara Williams (Run-For-Fun) 18'0 1/2; 2-Pat Richardson (MDYF) 17'8 1/4; 3-Vickie Lind (Colorado Rockettes) 17'5 1/4; 4-Jane Rivals (Mississippi TC) 15'11; 5-Kay Aubrecht (Ozark TC) 15'11; 6-Dianne Yancey (Texas TC) 15'10 1/2.

Shot Put: Lurline (Hamilton) Struppeck of the Baton Rouge Track Club set a new meet record in the shot with a winning toss of 41'11, nearly a foot over Carol Moseke's old record set in 1964.

RESULTS: 1-Lurline Struppeck (Baton Rouge TC) 41'11; 2-Connie Trauagliante (Semo TC) 41'5; 3-Debra Rodrigues (Un) 36'4; 4-Pam Underwood (Semo TC) 35'6 1/2; 5-Sally Ward (Frederick TFC) 35'0; 6-Claudia Menefee (Texas TC) 34'3.

Javelin Throw: After winning the shot, Lurline Struppeck returned to her favorite event, the javelin, and showed she still has plenty of talent with a tremendous victory toss of 164'4 to shatter the 1964 record set by Louise Gerrish of 137'1.

RESULTS: 1-Lurline Struppeck (Baton Rouge TC) 164'4; 2-Carol Smith (Baton Rouge TC) 136'9; 3-Connie Peterson (Illini TC) 135'4; 4-Barbara Lundberg (Denver Striders) 131'6; 5-Brenda Glisan (MDYF) 129'7; 6-Mary Boron (Canton TC) 118'2.

High Jump: For a while it appeared the high jump record too was doomed. However, Jan Glotzer of Phoenix VOSTC could not improve on her winning leap of 5'1 and the record of 5'3 still remained with Sue Tefft of West Port, Conn.

RESULTS: 1-Jan Glotzer (VOSTC) 5'1; 2-Wendy Shattil (Un) 5'0; 3-Helen Bench (Canton TC) 4'10; 4-Kerry Roach (Texas TC) 4'10; 5-Elizabeth Sharp (Illini TC) 4'9; 6-Eileen Faubion (Texas TC) 4'8.

Discus Throw: Carol Moseke's discus standard of 150'2 also remained safe by nearly 25 feet as Liz Sharp won with a plate throw of 125'6.

RESULTS: 1-Elizabeth Sharp (Illini TC) 125'6; 2-Tracy Peterson (Un) 121'8; 3-Connie Trauagliante (Semo TC) 117'10; 4-Lurline Struppeck (Baton Rouge TC) 109'1; 5-Sally Ward (Frederick TFC) 108'0; 6-Mary Boron (Canton TC) 103'0.

In addition to the regular championship events, there were three "special" events for girls 12 and 13 years old. These each turned out to be special indeed!

220 Yard Dash: To begin with, pert little Charlene Johnson of the New Jersey Metro TC, gave the impression she was after the world record as she whizzed out of the turn so far ahead of the field it appeared she was in another race! When Miss Johnson crossed the finish line she had established a meet, if not a world, record to the tune of a fabulous 25.2 clocking. Recall that the women's event was won in 25.1 and the time for this recently 13 year old becomes even better!

RESULTS: 1-Charlene Johnson (Metro TC) 25.2; 2-Michele McMillan (Atoms TC) 26.2; 3-Nives Poglianich (Un) 26.9; 4-Brenda Merrit (Atoms TC) 27.1; 5-Gwen Ford (Atoms TC) 27.5; 6-Margaret Zeman (Colorado Rockettes) 27.9s.

440 Yard Dash: The host Miami Run-For-Fun Track Club has been keeping under wraps a potentially great middle distance star! Unfortunately, Miss Debra Dukes is only 12 years old, and it seems Madeline Manning is safe for another few years. Debra won the girl's quarter mile in a very fine 62.0 in a race run at 11:00 AM in excellent weather.

RESULTS: 1-Debra Dukes (Run-For-Fun) 62.0; 2-Chris Howell (Ozark TC) 63.9; 3-Brenda Merrit (Atoms TC) 64.0; Marilyn Sheffield (Palm Beach TC) 64.3; 5-Margaret Zeman (Ozark TC) 65.0; 6-Gwen Ford (Atoms TC) 67.5s.

880 Yard Run: At 9:05 PM Debra Dukes returned to the track wars, and this time she took on a field in the half mile. Debra promptly made a shambles of that field by producing a 2:31.5 victory. Another member of the "youth order", Debbie Trubela of the Delaware TC, excited the fans with a tremendous come-from-behind sprint moving from 7th place to take home a silver medal.

RESULTS: 1-Debra Dukes (Run-For-Fun) 2:31.5; 2-Debbie Trubela (Delaware TFC) 2:35.7; 3-Terry Mount (Ozark TC) 2:36.5; 4-Robin Downs (Run-For-Fun) 2:42.8; 5-Sharon Kelly (Run-For-Fun) 2:44.0; 6-Chris Howell (Ozark TC) 2:56.2s.