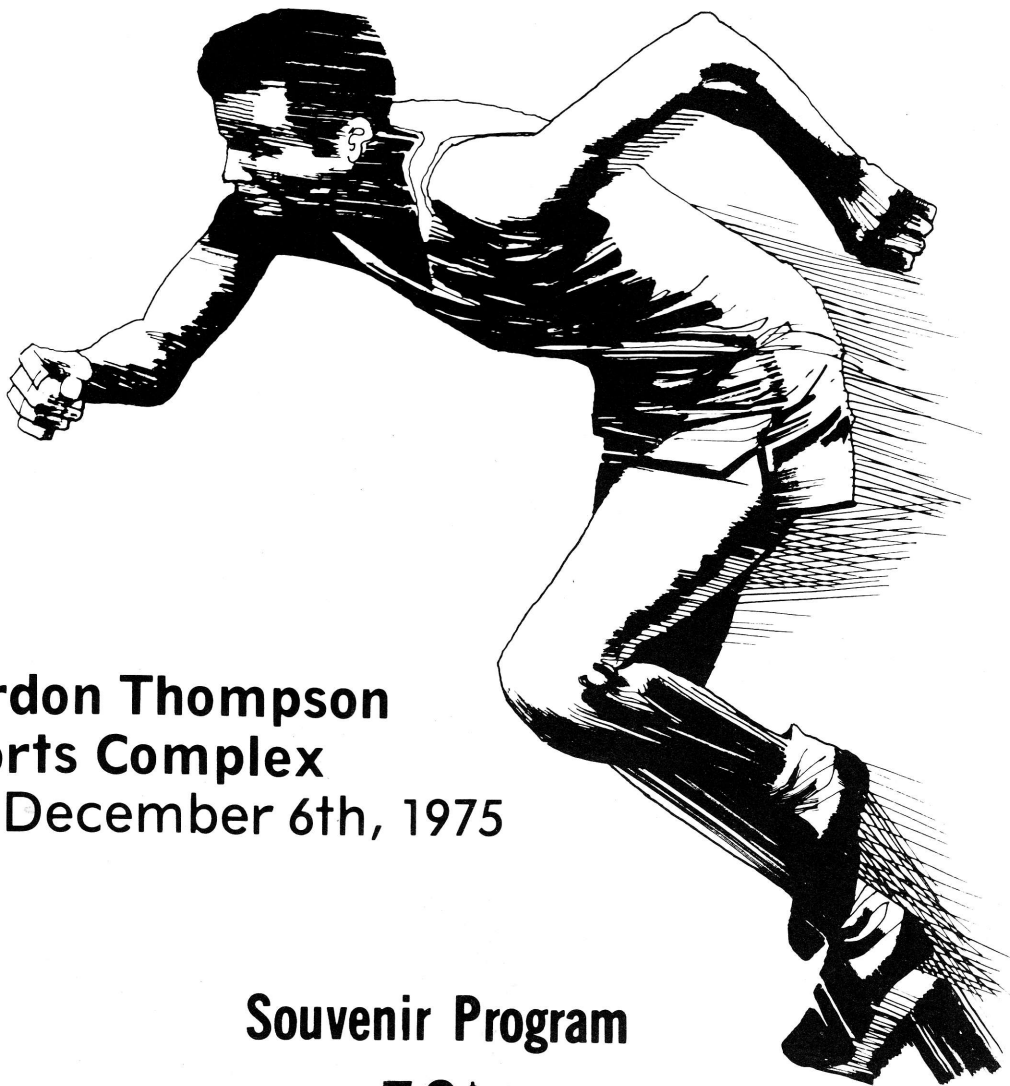


Tennessee Tech

VS.

University of Western Ontario

Indoor Track Meet



**J. Gordon Thompson
Sports Complex
Saturday, December 6th, 1975**

Souvenir Program

50¢

Track Events

MEN'S 800 METER RELAY (4 x 1 lap)

8:10 p.m.

Arena Record: 1:29.8 University of Western Ontario 22.03.75
 U.W.O. Record: 1:29.8 B.Hamilton,D.Fairall,T.Stanley,T.Rotondo 22.03.75

Four men per team, each to run one lap of the track. A three turn stagger start will be used in this race with the first runner completing his section of the race in his respective lane and the second runner remaining in that lane until he completes the south end curve. At this point, both teams may use the inside lane for the remainder of the race. The baton, which is a smooth hollow circular tube 30cm/1' in length, must be exchanged within a 20m/65'7 zone.

<u>Lane</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>	<u>Points</u>
2	Tennessee Tech-Anderson,Goolsby,Randolph,McKinney	_____	_____	_____
3	U.W.O. - Turner,Stella,Gordon,Fluke	_____	_____	_____

Running Point Total: T.T. _____ UWO _____

WOMEN'S 50 METER HURDLE INVITATIONAL

8:15 p.m.

Arena Record: 7.2 Liz Damman Kitchener-Waterloo T.C. 22.03.75
 U.W.O. Record: 7.4 Sandy Cooper 01.03.75

Each runner negotiates 4 barriers each at 84cm/33" in height. Starting line to the first hurdle is 13m/42'8 with 8.50m/27" between each subsequent hurdle.

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>
1	Louise Gariepy	Central S.S.	_____	_____
2	Joanne Vermey	U.W.O.	_____	_____
3	Kim Hatchett	Motor City T.C.	<u>8.0</u>	<u>2nd</u>
4	Janice Fisher	Lucas S.S.	_____	_____

WOMEN'S 300 METER INVITATIONAL (1.5 laps)

8:35 p.m.

A three turn stagger start will be used with each runner remaining in her respective lane throughout the race.

Arena Record: 39.9 Liz Damman Kitchener-Waterloo T.C. 22.03.75
U.W.O. Record: 40.7 Joy McIntyre 22.03.75

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>
1	Kim Watts	Motor City T.C.	_____	_____
2	Janet Dick	U.W.O.	_____	_____
3	Cheryl Gilliam	Motor City T.C.	<u>46.5</u>	<u>1st.</u>
4	Giselle Plantz	U.W.O.	_____	_____

MEN'S 600 METER (3.0 laps)

8:40 p.m.

Arena Record: 1:21.9 Wayne Ghans U.W.O. 22.03.75
U.W.O. Record: 1:20.6 Wayne Ghans 01.03.75

A three turn stagger will be used in this race with two men sharing each lane. The runners in lanes 2, 3, and 4 cannot move inside until one full lap plus the south end turn have been negotiated. This method of starting is used to accommodate more runners than there are lanes available and to allow the field to run relatively free of jostling in the early stages of the race.

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>	<u>Points</u>
1-A	Ron Moses	Tennessee Tech	_____	_____	_____
1-B	Rick Wolsey	U.W.O.	_____	_____	_____
2-A	Wayne Ghans	U.W.O.	_____	_____	_____
2-B	Rudy McKinney	Tennessee Tech	_____	_____	_____
3-A	Joe Walsh	Tennessee Tech	_____	_____	_____
3-B	Tony Ross	U.W.O.	_____	_____	_____

Running Point Total: T.T. _____ UWO _____

MEN'S 50 METER

8:45 p.m.

Arena Record:	5.8	Rhomeyn Johnson	Wayne State U.	22.03.75
U.W.O. Record:	5.8	Herman Carter	02.02.74	

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>	<u>Points</u>
1	Steve Arnold	Tennessee Tech	_____	_____	_____
2	Jim Turner	U.W.O.	_____	_____	_____
3	Sam Anderson	Tennessee Tech	_____	_____	_____
4	Rocco Stella	U.W.O.	_____	_____	_____
5	Chris Randolph	Tennessee Tech	_____	_____	_____
6	Glen Milligan	U.W.O.	_____	_____	_____

Running Point Total: T.T. _____ UWO _____

WOMEN'S 50 METER INVITATIONAL

8:48 p.m.

Arena Record:	6.5	Carmen Rivers	Motor City T.C.	22.03.75
U.W.O. Record:	6.5	Joy McIntyre	03.03.73	

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>
1	Angela Johnston	Motor City T.C.	<u>6.8</u>	<u>2nd</u>
2	Tracey Babirad	U.W.O.	_____	_____
3	Carmen Rivers	Motor City T.C.	<u>6.5</u>	<u>1st</u>
4	Janice Chedore	Lucas S.S.	_____	_____
5	Lisa Glynn <i>Cheryl Gilliam</i>	Motor City T.C.	<u>7.0</u>	<u>3rd</u>

WOMEN'S 1500 METER INVITATIONAL (7.5 laps)

8:55 p.m.

Arena Record: 4:32.4 Sally Beach U. of Toronto 22.03.75
 U.W.O. Record: 5:00.5 Carol Sinclair 22.02.75

<u>Position</u>	<u>Name</u>	<u>Team</u>	<u>Final Place</u>	<u>Time</u>
1	Brenda Reid	U.W.O.	6 th.	5:42.0
2	Kathy Prosser	Brock U.	_____	_____
3	Colleen Connolly	U.W.O.	_____	_____
4	Joanne Gaul	S.Windsor K of C	_____	_____
5	Sharon Crawford	U.W.O.	_____	_____
6	Carol Sinclair	U.W.O.	_____	_____

MEN'S 300 METER (1.5 laps)

9:05 p.m.

A three turn stagger start will be used with each runner remaining in his respective lane throughout the race. Two sections of 3 runners per section will be run. Each man will be timed and the final places will be determined by times recorded.

Arena Record: 34.1 Eugene Thomas Ann Arbor T.C. 22.03.75
 U.W.O. Record 34.8 Terry Rotondo 03.03.73

SECTION 1

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>	<u>Points</u>
1			_____	_____	_____
2	Jim Turner	U.W.O.	_____	_____	_____
3	Sam Anderson	Tennessee Tech	_____	_____	_____
4	Joe Fluke	U.W.O.	_____	_____	_____

SECTION 11

1			_____	_____	_____
2	Mike Goolsby	Tennessee Tech	_____	_____	_____
3	Blair Gordon	U.W.O.	_____	_____	_____
4	Chris Randolph	Tennessee Tech	_____	_____	_____

Running Point Total: T.T. _____ UWO _____

WOMEN'S 600 METER INVITATIONAL (3.0 laps)

9:20 p.m.

Arena Record: 1:35.2 Rochelle Collins Motor City T.C. 22.03.75
 U.W.O. Record: 1:38.6 Debbie Boylan 16.02.73

A two turn stagger start will be used in this race. The runners in lanes 2, 3, and 4 cannot move inside until the north end curve has been negotiated.

<u>Lane</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>
1	Giselle Plantz	U.W.O.		
2	Lisa Walton	Motor City T.C.	<u>1:38.8</u>	<u>3rd</u>
3	Janet Dick	U.W.O.		
4	Rochelle Collins	Motor City T.C.	<u>1:35.8</u>	<u>1st</u>

MEN'S 3000 METER (15.0 laps)

9:25 p.m.

Arena Record: 8:44.0 Ron Falck Sarnia T.C. 27.11.75
 U.W.O. Record: 7:56.8 Grant McLaren 15.03.74

<u>Position</u>	<u>Name</u>	<u>Team</u>	<u>Time</u>	<u>Place</u>	<u>Points</u>
1	Grant Wach	U.W.O.	_____	_____	_____
2	Brian Haugh	Tennessee Tech	_____	_____	_____
3	John Millar	U.W.O.	_____	_____	_____
4	Jim Urban	Tennessee Tech	_____	_____	_____
5	Phil Wright	U.W.O.	_____	_____	_____

Running Point Total: T.T. _____ UWO _____