

1975 US LIST

The following 1975 performances which meet ATFS standards include the mark, place in the competition, athlete's name, affiliation, site and date of the competition. Wind-aided marks are NOT included although we have shown a separate list if the athlete did not have a legitimate mark during the season. In some cases, where outstanding 'windy' marks were recorded, we have included both. Most the most part, WTFW has not accepted performances in the sprints, hurdles and long jump where wind readings were not included in the meet results.

Send additions and corrections to WTFW, PO Box 371, Claremont, California, 91711.

KEY

- * indicates mark converted from YARDS
- + indicates athlete is not a US citizen
- h indicates mark made in heat
- s indicates mark made in semi-final
- q indicates mark made in qualifying round
- p indicates mark made in pentathlon competition
- w wind-aided

Names are spelled as they were reported to us. Affiliation is listed as reported for the particular competition involved.

100 Yard Dash

10.4	(3)	Carol Cummings (Prairie View)+	San Jacinto	6- 7	11.38
10.5	(1)	Janet Brown (TWU)	Houston	3-25	11.4h
10.6	(1)	Deborah Clay (TSU)	Nashville	4- 5	11.4
10.6	(1)	Sandra Upshaw (Club Orange)	PVAU	5-31	11.50
10.6h	(1)	Sandra Howard (Manual ArtsHS)	San Diego	6- 6	11.5
10.6	(2)	Valerie Morton (Club Orange)	PVAU	5-31	11.5h
10.7	(1)	Rosetta Birt (LITC)	Corvallis	5-17	11.5q
10.7	(4)	L. Jackson (King TC)	San Jacinto	6- 7	11.5
10.7	(5)	Isabelle Hartford (Superdames)	San Jacinto	6- 7	11.5
10.8	(2)	Lorna Forde (Atoms TC)+	Nashville	4-12	11.5
10.8	(1)	LaRoya Huff (Rabaut HS, DC)	Wash DC	6- 7	11.6
10.8	(1)	Dolly Fleetwood (So Cal Chee)	Lakewood	5- 3	11.6s
10.8h	(1)	Alice Annum (SITC)+	Knoxville	5- 9	11.6
10.8h	(2)	Pat Collins El (Atoms TC)	Knoxville	5- 9	11.6t
10.8	(1)	Gail Douglas (LB Comets)	Walnut	5-11	11.7h
10.8h	(3)	Veronica Harris (ChiStU)	Knoxville	6- 7	11.7h
10.8	(1)	Rhonda Brady (MHYF)	Kirkwood	5-18	11.7h
10.8	(5)	Gayle Butler (UCLA)	Modesto	5-24	11.7h
10.8	(1)	Connie Hawkins (CYC, Fla)	Miami	5-31	11.7s
10.8	(1)	Murlyn Council (Klub Keystone)	Collegeville	5-31	11.7
10.8	(1)	Brenda Calhoun (Hamden HS)	Amity	5-31	11.7h
10.8	(2)	Bernadine Givens (Superdames)	LSU	5-31	11.8q
10.8h	(1)	Pam Waters (Bell HS, Ca)	San Diego	6- 6	11.9
10.8h	(1)	Marie Nickson (Berk HS, Ca)	San Diego	6- 6	11.9h
10.8	(1)	Danita Young (SD Cougars)	La Mesa	7- 5	11.9
10.8	(1)	Freda Hancock (Colo Flyers)	Phoenix	7-19	11.9h
10.9	(1)	Charlene Branch (Prairie View)	Houston	2-22	
10.9	(3)	Carmen Brown (Atoms) +	Nashville	4-12	Wind Aided
10.9	(2)	Martha Watson (LITC)	Scottsdale	4-20	11.3w
10.9	(3)	Renaye Bowen (LITC)	Scottsdale	4-20	11.4w
10.9	(1)	Carmen Thomas (CYC, Fla)	Miami	4-26	11.5w
10.9h	(1)	Rose Allwood (SITC)+	Knoxville	5-10	
10.9	(5)	Michelle McMillan (AtomsTC)	Knoxville	5-10	
10.9	(3)	Rene Miley (Club Orange)	PVAU	5-31	
10.9	(1)	Lisa Thompson (Cactus Wrens)	Phoenix	6- 7	
10.9	(2)	Wanda Nicholson (Superdames)	Miami	7-12	

100 Meters

(1)	Pam Jiles (Superdames)	Mexico City	10-
(1)	Chandra Cheeseborough (TStTC)	White Plains	6-24
(1)	Brenda Morehead (TennStTC)	White Plains	6-25
(5)	Renaye Bowen (Un)	Mexico City	10-
(1)	Alice Annum (SITC)+	Kingston	5-17
(1)	Evelyn Ashford (Will's Spike)	White Plains	6-24
(1)	Elaine Parker (Millbrae Lions)	White Plains	6-24
(3)	Sandra Howard (LB Comets)	White Plains	6-25
(2)	Linda Cordy (Atoms TC)	Sudbury	8-23
(3)	Pat Collins El (Atoms TC)	Sudbury	8-23
(2)	Martha Watson (LITC)	Los Angeles	8-31
(3)	Penny Slaughter (LITC)	White Plains	6-24
(1)	Rosalyn Bryant (MDYF)	White Plains	6-28
(3)	Rochelle Davis (Texas TC)	White Plains	6-28
(1)	Rosetta Birt (LITC)	White Plains	6-24
(1)	Freida Cobb (Berk EBTC)	White Plains	6-24
(1)	Dolly Fleetwood (So Cal Chee)	White Plains	6-24
(3)	Lynn Maxwell (Padukah TC)	White Plains	6-24
(4)	Mary LeBlanc (Crescent TC)	White Plains	6-24
(6)	Mattline Render (NYPAL)	White Plains	6-28
(3)	Angel Doyle (Klub Keystone)	Los Angeles	8-30
(4)	Deirdre Wilson (NYPAL)	White Plains	6-24
(1)	Theresa Montgomery ()	Peking	5-27
(2)	Ashanti Obi (Superdames)+	White Plains	6-24
(1)	LaRoya Huff (SITC)	Wilmington	8-17
(5)	Veronica Harris (ChiStU)	Los Angeles	8-30

Wind Aided

(1)	Pam Jiles (Superdames)	Los Angeles	8-31
(1)	Renaye Bowen (Un)	Los Angeles	6- 8
(5)	Martha Watson (LITC)	Los Angeles	8-31

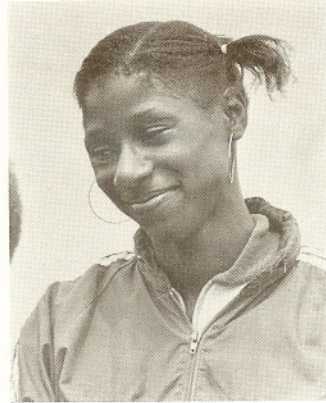
Wind Aided

10.3w	(1)	Rosalyn Bryant (MDYF)	Las Vegas	4- 6	
10.4w	(1)	Sandra Upshaw (Club Orange)	Wash DC	6- 7	
10.5w	()	Veronica Harris (ChiStU)	Ohio	6- 7	
10.5w	()	LaRoya Huff (Rabaut HS, DC)	Wash DC	6- 7	
10.6w	(1)	Angel Doyle (Klub Keystone)	FtWashington	4-20	
10.6w	()	Pam Riggs (CentWashStCol)	Seattle	22.77	
10.6w	(1)	Debbie Byfield-White (BEBTC)	San Jose	6- 1	22.81
10.6w	(2)	Evelyn Ashford (WS)	San Jose	6- 1	23.0
10.7w	(1)	Marjorie Grimmett (Mich St)	Knoxville	4- 5	23.2
10.7w	(1)	Rosetta Birt (LITC)	Modesto	5-24	23.3
10.7w	(3)	Freida Cobb (BEBTC)	Modesto	5-24	23.5*
10.7w	(2)	Gwen Smith (Col Comm TC)	Ohio	6- 7	23.5s
10.7w	(1)	Freda Hancock (ColFlyers)	Phoenix	7-19	23.6h
10.7w	(2)	Lorene Spearman (NorthLakes)	Carmel Clas		23.6h
10.7w	(1)	Rhonda Brady (MHYF)	Ft Wayne	8- 2	23.7*
10.8w	(2)	Karen Dennis (Mich St)	Knoxville	4- 5	23.7*
10.8w	(2)	Beatrice Emodi (UNLV)+	Las Vegas	4- 6	23.8
10.8w	(3)	Natalie Smith (Terre Haute TC)	Ohio	6- 7	23.8*
10.8w	(3)	Val Boyer (ATC)	Walnut	7-13	23.8
10.8w	(1)	Lisa Glenn (Motor City TC)	Ft Worth	8- 9	23.9*
10.8w	(2)	Janet Woodson (Un)	Carmel Clas		23.9*
10.9w	(1)	Denise Roberson (Klub Keystone)	Camp Springs	4- 6	23.9h
10.9w	(2)	Valerie Milan (MDYF)	Lawrence	4-19	24.0*
10.9w	(1)	Michelle Wilkins (Texas HS)	Austin	5- 3	

200 Meters

(1)	Chandra Cheeseborough (TennStTC)	Mexico City	10-
(2)	Pam Jiles (Superdames)	Mexico City	10-
(1)	Debra Armstrong (SITC)	White Plains	6-28
(2)	Rosalyn Bryant (MDYF)	White Plains	6-28
(1)	Brenda Morehead (TennStTC)	White Plains	6-25
(1)	Renaye Bowen (LITC)	Los Angeles	6- 8
(1)	Lorna Forde (Atoms TC)+	White Plains	6-27
(1)	Freda Hancock (ColoFlyers)	Phoenix	7-18
(1)	Ashanti Obi (Superdames)+	White Plains	6-27
(2)	Jarvis Scott (Premier TC)	Los Angeles	6- 8
(1)	Freida Cobb (BEBTC)	Walnut	4-
(1)	Alice Annum (SITC)+	Kingston	5-17
(1)	Sandra Upshaw (Club Orange)	Baltimore	6-14
(6)	Michelle McMillan (AtomsTC)	White Plains	6-28
(2)	Pat Collins El (AtomsTC)	Knoxville	5-10
(2)	Rose Allwood (SITC)+	PVAU	5-31
(1)	Pam Greene (ColStU)	White Plains	6-27
(1)	Robin Campbell (SITC)		4-13

(Continued on next page)



DEBRA SAPENTER (Jeff Johnson)

ROSALYN BRYANT (Johnson)

400 Meters

51.6	(1) Debra Sapenter (Prairie View)	White Plains	6-28
52.4	(1) Sharon Dabney (ClippersTC)	Los Angeles	8-31
52.5	(2) Robin Campbell (SITC)	Warsaw	7- 9
52.6h	(1) Debra Armstrong (SITC)	White Plains	6-27
52.6	(2) Lorna Forde (Atoms TC)+	White Plains	6-28
53.2h	(3) Debra Byfield-White (BerkeBETC)+	White Plains	6-27
53.3	(1) Jarvis Scott (Premier TC)	Los Angeles	6- 8
53.3	(4) Pat Helms (Klub Keystone)	White Plains	6-28
53.7h	(3) Gwen Norman (SITC)	White Plains	6-27
53.8	(5) Cheryl Toussaint (AtomsTC)	Sudbury	8-24
53.8*	(1) Sheila Choates (TSU)	Nashville	4-12
54.1	(2) Debbie Roberson (UCLA)	Los Angeles	5-31
54.1*	(2) Shirley Williams (Prairie View)	San Jacinto	6- 7
54.2*	(3) Rose Allwood (SITC)+	PVAUU	5-31
54.3*	(1) Wendy Knudson (ColStU)	Boulder	6-14
54.5*	(1) Madeline Jackson (ClevTC)	Versailles	5-17
54.5*	() Wanda Nicholson (Superdames)	Louisiana	5-
54.7*	(3) Sharon Dill (LITC)	Los Angeles	6- 8
54.7h	(3) Debbie Pastel (SITC)	White Plains	6-27
54.8*	(1) Yolanda Rich (IB Comets)	San Diego	5-26
54.8*	() Geneva Stark (Superdames)	Louisiana	5-
54.8*	(1) Jody Anderson (PremierTC)	Los Angeles	6- 8
54.8*	(2) Janis Vetter (Blue RibbonTC)	Columbus	6-21
55.0h	(4) Kim Alexander (Superdames)	Los Angeles	8-30
55.0	(1) Linda Jones (Tacoma, Wash)	Ithaca	8-10
55.0*	(3) Brenda Nichols (AtomsTC)	Nashville	4-12
55.0h	(1) Mary Decker (Un)	White Plains	6-24
55.0*	(1) Towanna Humphrey (Un)	Ohio	
55.2*	(1) Essie Kelley (Texas HS)	Austin	5- 3
55.2h	(1) Constantia Simpson (New York)	White Plains	6-24
55.3*	(2) Veronica Venezia (WS)	Ithaca	8-10
55.4*	(1) Edna Jenkins (Virginia HS)	Richmond	5-26
55.4*	(1) Yvonne Braxton (ColoFlyers)	Phoenix	7-19
55.5*	(2) Candy James (SITC)	Knoxville	5- 9
55.5*	(3) Ruth Alexander (FVCC)	Corvallis	5-17
55.5*	(4) Julie Lake (LITC)	Los Angeles	6- 8
55.5*	(4) Robin Blaine (Atoms TC)	White Plains	6-27
55.6*	(3) Trudy Rebsamen (Illinois HS)	Ithaca	8-10
55.6*	(4) Karel Jones (Atoms TC)	Nashville	4-12
55.6*	(1) Nedra Washington (Texas HS)	Austin	5- 3
55.6*	(2) Linda Cornelius (Texas HS)	Austin	5- 3
55.6*	(2) Debbie Esser (Iowa HS)	Wichita	5-31
55.6*	(1) Cyndy Poor (SJC)	San Jose	6- 1
55.6*	(2) Lesli Peterson (Cal HS)	San Diego	6- 7
55.7	(1) Kathy Weston (WS)	San Mateo	6-15
55.7*	(1) Sherry James (SITC)	Camden	5-18
55.7*	(2) Chris Schilly (SyrChg)	Wilmington	5-26
55.7*	(5) Carolyn Brinkley (Club Orange)	PVAUU	5-31
55.7*	(3) Lilli Partida (Cal HS)	San Diego	6- 7
55.7*	(4) Adrienne Lair (Cal HS)	San Diego	6- 7
55.7*	(3) Teresa Caudillo (IB Comets)	Los Angeles	6- 8
55.7*	(3) Mona Henkes (TWU)	White Plains	6-24
55.7*	(2) Pam Jiles (Superdames)	LSU	5-31
55.8*	(5) Mary Williams (TSU)	Nashville	4-12
55.8h	(2) Rochelle Collins (Motor City)	White Plains	6-24
55.9*	(1) Cheryl Roulrier (FalconTC)	Vancouver	7- 5
55.9*	(5) Barbara Moore (Royal HS Cal)	San Diego	6- 7
55.9*	(1) Julie Seaton (Peoria Pacettes)	Chicago	7- 5
55.9*	(2) Sonya Hardy (Boulder Cinder)	Boulder	
55.9*	(1) Marcia Knight (Terre Haute TC)	Carmel Clas.	
55.9*	(2) Isabelle Hartford (Superdames)	Miami	7-12
56.0*	(6) Karen Willis (TSU)	Nashville	4-12
56.0*h	(1) Michelle McMillan (Atoms TC)	Knoxville	5- 9
56.0*	(1) Sue Haynes (Iowa HS)	Des Moines	5-18
56.0h	(1) Cathy Kirchner (Delaware SC)	White Plains	6-24
56.1*	(7) Gwen Smith (Col CTC)	Nashville	4-12
56.1*	(3) Renalda England (Texas HS)	Austin	5- 3
56.1*	(2) Jackie Daniels (Mallery C)	Camden	5-18
56.1*	(4) Charmane Kuhlman (Hesston TC)	Wichita	5-31
56.1*	(2) Reba Condon (Chicago Zephyrs)	Carmel Clas.	
56.2*	(2) Lynn Smith (WW)	Walnut	5-11
56.2*	(6) Robbie McCullough (Cal HS)	San Diego	6- 7
56.2*	(4) Sheila Ingram (PAC)	Wilmington	6- 8
56.2*	(5) Michelle Hopper (Premier TC)	Los Angeles	6- 8
56.3*	(3) T. McLaurine (Jackson St)	San Jacinto	6- 7
56.3*	(3) Sharon Acker (Mile High Denver)	Boulder	6-14
56.4*	(1) Kathy Keyes (PatriotsUSA)	Irvine	3-15
56.4*	(4) Sarah Diebel (Texas HS)	Austin	5- 3
56.4*	() Sherry Edwards (Iowa St)	Corvallis	5-17
56.4*	(2) Pam Green (So Cal Cheetahs)	San Diego	5-26
56.5*	(1) Paula Clagon (Wash DC HS)	Wash DC	6- 8
56.5h	(3) Charisse DeHaven (FtWaynePAL)	White Plains	6-24
56.5h	(3) Linda Miller (Cavalette TC)	White Plains	6-24

200 METERS (Continued)

24.0*	(2) Debbie Byfield-White (BEBTC)+	Walnut	4-26
24.0*	(1) Linda Cordy (Atoms TC)	Landsdale	4-27
24.0h*	(1) Marie Nickson (BerkHS, Ca)	San Diego	6- 6
24.0*	(2) Isabelle Hartford (Superdames)	San Jacinto	6- 7
24.0*	(1) Pam Riggs (CentWashStCol)	Eugene	6- 7
24.0	(3) Bernadine Givens (Superdames)	White Plains	6-25
24.0h	(4) Theresa Montgomery (BRTC)	Los Angeles	8-30
24.1*	(4) Beverly Day (Prairie View)	San Jacinto	6- 7
24.2*	(3) Gwen Norman (SITC)	FVAUU	5-31
24.2*	(1) Pam Waters (Bell HS, Ca)	San Diego	6- 6
24.2	(1) Jane Frederick (LATC)	Los Alamos	6-21
24.2h	(2) Evelyn Ashford (WS)	White Plains	6-27
24.2*	(3) Val Boyer (ATC)	Walnut	7-13
24.3*	(1) Brenda Calhoun (Hamden HS)	Amity	5-31
24.3s	(3) Rosetta Birt (LITC)	White Plains	6-24
24.37*	(1) Carol Cummings (Prairie View)	Wichita	5-30
24.4*	(1) Deborah Clay (TSU)	Nashville	4- 5
24.4*	(2) Yolanda Rich (IB Comets)	Bakersfield	5-17
24.4*	(2) Kim Robinson (Cal HS)	San Diego	6- 7
24.4*	(2) Sonya Hardy (BC)	Boulder	6- 8
24.4*	(3) Gayle Butler (IATC)	Los Angeles	6- 8
24.4h	(2) Valerie Milan (MDYF)	White Plains	6-24
24.4h	(2) Denise Pemberton (MLions)	White Plains	6-24
24.4	(5) LaRoya Huff (SITC)	White Plains	6-25
24.4*	(1) Tonya Rosemond (Superdames)	Miami	7-12
24.4*	(2) Janet Woodson (Un)	Carmel Clas	
24.5*	(1) Katie Gaston (SD Cougars)	San Diego	3-29
24.5*	(2) Cindy Tyler (MM)	San Diego	3-29
24.5*	(1) A. Moore (CapCityComets)	Versailles	5-17
24.5	(p) Gail Fitzgerald (Atoms TC)	Los Alamos	6-21
24.5s	(4) Karyn Dennis (Mich St)	White Plains	6-27
24.5	(1) Sharon Dabney (ClippersTC)	Wilmington	8-17
24.6*	(2) Gwen Smith (Un)	Versailles	5-17
24.6*	(4) Leida Hunter (CentennialHS,Ca)	San Diego	6- 7
24.6h	(1) Theresa Baugh (TSU)	White Plains	6-24
24.6h	(2) Brenda Calhoun (GatewayTC)	White Plains	6-24
24.6h	(2) Kathy McMillan (Un)	White Plains	6-24
24.6*	(4) Gwen Norman (SITC)	Wilmington	8-17
24.7*	(1) Murlyn Council (KK)	Collegeville	5-31
24.7*	(2) Viola Johnson (Cal HS)	San Diego	6- 1
24.7h	(4) Rhonda McManus (Southern U)	White Plains	6-27
24.7*	(2) Mary Williams (Mercury TC)	Miami	7-12
24.7*	(1) Jenny Gorham (KCNS) 12-13	Walnut	7-13

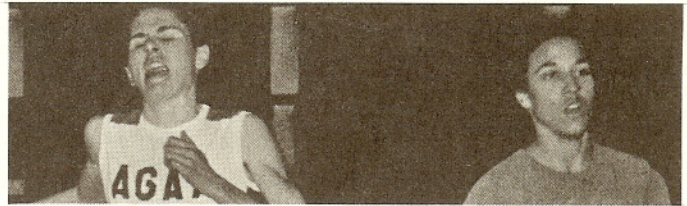
Wind Aided

23.8w	(1) Freda Hancock (ColoFlyers)	Boulder	6- 8
23.9w	(1) Debra Byfield-White (BEBTC)+	San Jose	6- 1
23.9w*	(1) Gwen Smith (Texas HS)	Austin	5- 3
24.0w*	(1) Robin Campbell (SITC)	Randellstown	4-13
24.1w*	(1) Julie Seaton (Peoria Pacettes)	Peoria	8- 3
24.38w*	(1) Veronica Harris (ChiStU)	Corvallis	5-16
24.36w*	(4) Karyn Dennis (MichSt)	White Plains	6-27
24.4w*	(1) Jane Dwyer (UWis/Madison)	Des Moines	7-20
24.4w*	(3) Cheryl Gilliam (MotorCityTC)	Carmel Clas	
24.5w*	(3) Viola Johnson (Cal HS)	San Jose	
24.57w*	(4) Wanda Hooker (Memphis)	Ithaca	8-10
24.6w*	(1) Karen Willis (TSU)	Richmond,Ky	4-26
24.6w*	(1) Gail Douglas (IB Comets)	Walnut	4-27
24.6w*	(2) Sandy Muse (WW)	Walnut	5-11
24.6w*	(5) Lori Green (Topeka)	Ithaca	8-10
24.7w*	(1) Lisa Thompson (Cactus Wrens)	Walnut	5-11
24.7w*	(1) Liz Young (Manalpan, NJ)	Holmdel	5-31

800 Meters

2:00.3	(1)	Madeline Jackson (CleveTC)	Kiev	7- 5
2:02.9	(2)	Kathy Weston (WillsSpikettes)	White Plains	6-28
2:03.0	(4)	Cheryl Toussaint (AtomsTC)	Kiev	7- 5
2:03.8	(3)	Cyndy Poor (SJCindergals)	Papendal	7-16
2:04.4	(4)	Kathy Hall (WestSubTC)	White Plains	8-31
2:04.5	(1)	Francie Larrieu (PCC)	Celje	7-19
2:04.7	(5)	Debbie Vetter (BRibTC)	White Plains	6-28
2:04.8	(6)	Wendy Knudson (ColSt)	White Plains	6-28
2:05.1*	(1)	Lee Chiu-Shia (URedlands) +	Los Angeles	5-31
2:06.1	(1)	Jan Merrill (AGAA)	White Plains	6-25
2:06.1*	(1)	Robin Campbell (SITC)	Knoxville	5-10
2:06.4	(3)	Cheryl Roulrier (FalconTC)	Los Angeles	8-31
2:07.1*	(1)	Julie Brown (UCLA)	Los Angeles	6- 8
2:07.3h	(4)	Tecla Chemabawi (ChiSt)+	White Plains	6-27
2:07.3	(1)	Susan Vigil (DCD)	Lincoln	7- 5
2:07.5*	(2)	Robin Blaine (AtomsTC)	Knoxville	5-10
2:07.5	()	Lynn Smith (WWW)	Goteborg	8-12
2:07.6	()	Ruth Kleinsasser (URedlands)		
2:07.6*	(2)	Kate Keyes (UCLA)	Los Angeles	6- 8
2:07.6*	(1)	Kathy Keyes (PatriotsUSA)	Los Angeles	8- 2
2:07.6*	(3)	Liane Swegle (FalconTC)	Corvallis	5-17
2:07.6*	(4)	Marilyn Neufville (UCBerk)	Corvallis	5-17
2:07.7	(3)	Johanna Forman (FalmouthTC)	White Plains	6-25
2:08.1*	(3)	Mary Decker (Un)	Modesto	5-24
2:08.3*	(1)	Kathy Costello (PleasHilHS,Ca)	San Diego	6- 7
2:08.6*	(5)	Marilyn Carlson (CMoStColl)	Corvallis	5-17
2:08.7	(1)	Janis Vetter (BRibTC)	Wilmington	8-17
2:08.8*	(3)	Ann Larsson (WWW)+	San Diego	5-26
2:08.9h	(2)	Chris Caldwell (PeoriaPace)	White Plains	6-24
2:08.9*	(4)	Gunilla Lindh (WWW)+	San Diego	5-26
2:09.2*	(3)	Pat Helms (Klub Keystone)	Quantico	5- 3
2:09.2h	(3)	Paula Rose (Blue Angels)14y	White Plains	6-24
2:09.3*	(1)	Kathy Gibbons (GGauchos)	Scottsdale	4-20
2:09.7*	(1)	Cindy Bremser (WisconsinTC)	Wichita	5-30
2:09.7	(2)	Debbie Heald (Un,LaMirada)	Los Angeles	8-16
2:09.9*	(2)	Rochelle Collins (MotorCity)	Ithaca	8-10
2:10.5*	(6)	Patty Cape (LBC)	San Diego	5-26
2:10.5*	(1)	Teresa Caudillo (LBC)	Los Angeles	6- 8
2:10.6h	(3)	Carol Flournoy (SCC)	White Plains	6-24
2:10.6*	(3)	Cindy Worcester (HillCityKan)	Ithaca	8-10
2:10.7*	(1)	Lorna Forde (AtomsTC)+	Lansdale	4-27
2:10.7*	(4)	Ellen Brewster (MadBadJet)	Ithaca	8-10
2:10.9*	(1)	Michelle Hopper (PremTC)	Los Angeles	8- 9
2:11.0*	(7)	Kathie Twomey (UofMinn)	Corvallis	5-17
2:11.0*	(1)	Lalani Kelly (PioneerAC)	PVAU	5-31
2:11.2*	(2)	Alice Trumbley (CoalHS,Ca)	San Diego	6- 7
2:11.2*	(2)	Julie Wise (Cavelettes)	PVAU	5-31
2:11.3*	(3)	Diane Vetter (BRibTC)	Denver	5-24
2:11.3*	(7)	Cindy Ashby (AlbOC)	San Diego	5-26
2:11.5*	()	Jeri Torson (KearneySt)	Corvallis	5-17
2:11.5	(4)	Sue Deppe (IowaStTC)	White Plains	6-24
2:11.5	(5)	Roma Antoniewicz (LATC)14y	White Plains	6-24
2:11.5	(4)	Laurie Mullins (LATC)	White Plains	6-24
2:11.6*	(3)	Mary McGroaty (Florida)	Knoxville	5-10
2:11.9*	(1)	Ruth Harris (SSStPaul,Minn)	St. Paul	6- 7
2:11.9*	(3)	Beth Howell (San DiegoHS,Ca)	San Diego	6- 7
2:11.9	(5)	Judy Graham (SanJoseCindergal)	Los Angeles	8-16
2:12.2*	(4)	Donna Campbell (SITC)	Knoxville	5-10
2:12.2	()	Doreen Ennis (NutleyTC)	Wilmington	8-17
2:12.3*	()	Nancy Shafer (SITC)	Lansdale	4-27
2:12.3	(5)	Val Cooper (SanJoseCindergals)	Bakersfield	5-17
2:12.3	()	Laura Davis (MemHS,Texas)	White Plains	6-24
2:12.5*	(3)	Karen MacHarg (KettStriders)	Des Moines	4-26
2:12.5*	(2)	Melody Miller (WSubTC)	Kentucky	7-19
2:12.6*	()	Joyce Urish (KansasSt)	Corvallis	5-17
2:12.6	(7)	Kim Neall (SanJose Cindergals)	White Plains	6-28
2:12.7*	(3)	Tami Essington (PeoriaPace)	Kentucky	7-19
2:12.8*	()	Sue Parks (EMichUniv)	Florida	3-28
2:12.8*	(1)	Sharon Hulse (PatriotsUSA)13y	San Diego	5-25
2:12.9*	(4)	Sherri Sessions (NTexasSt)	Lawrence	4-19
2:13.0*	(1)	Loretta Simmons (RCF)	San Jose	6-1

4:23.0	(7)	Brenda Webb (KettStriders)	White Plains	6-28
4:23.1	(1)	Doreen Ennis (Nutley TC)	White Plains	6-25
4:23.4	(2)	Hilary Noden (ShoreAthClub)	White Plains	6-25
4:25.0	(9)	LaLani Kelly (Pioneer AC)	White Plains	6-28
4:25.8	(4)	Eryn Forbes (Portland TC)	White Plains	6-28
4:26.4	(1)	Debbie Heald (LM Meteors)	Alemeda	
4:26.9	(4)	Peg Neppel (Iowa St)	Los Angeles	8-31
4:27.0	(10)	Katy Schilly (SyrChg)	White Plains	6-28
4:28.2	(3)	Gunnilla Lindh (WWW)+	Bakersfield	5-17
4:28.8h	(3)	Kathy Gibbons (GlenGauchos)	White Plains	6-27
4:29.0	(11)	Carol Flournoy (SCC)	White Plains	6-28
4:30.0	(3)	Eileen Claugus (Will Spike)	Modesto	5-24
4:30.4	(6)	Debbie Vetter (Blue RibbonTC)	Etobicoke	7-26
4:30.4	()	Madeline Jackson (ClevTC)	Berea	7-26
4:30.8	(1)	Cheryl Toussaint (AtomsTC)	Nashville	4-12
4:32.3	(8)	Donna Campbell (SITC)	White Plains	6-25
4:33.4	(2)	Sue Parks (E.Michigan)	Nashville	4-12
4:33.7	(4)	Karen MacHarg (KettStriders)	Nashville	4-12
4:33.8	(4)	Suzanne Keith (RRR)	Bakersfield	5-17
4:34.0h	(7)	Teri Anderson (SJ Cindergals)	White Plains	6-27
4:35.1h	(5)	Ann Forshee (Michigammes)	White Plains	6-24
4:36.7	(9)	Paula Rose (Blue Angels)	Los Angeles	8-31
4:37.5h	(6)	Mary Rowe (Un, Pa.)	White Plains	6-24
4:38.5	(5)	Kathy Jewell (LB Comets)	Bakersfield	5-17
4:38.5	(1)	Kathy Scatena (Un)	San Mateo	6-15
4:39.3	(5)	Terry Crawford (KentuckyTC)	Nashville	4-12



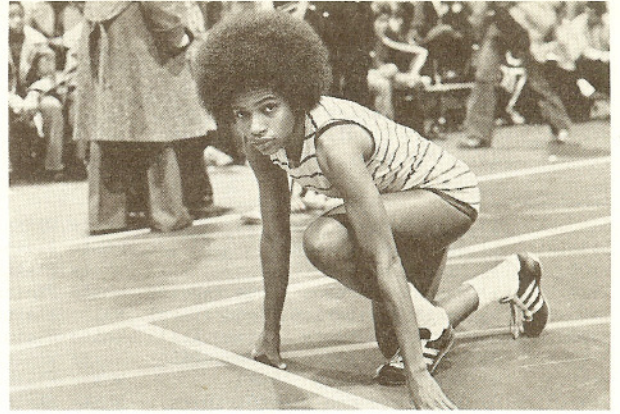
JAN MERRILL and KATY SCHILLY (Jeff Johnson photo)

Mile Run

4:31.6	(1)	Francie Larrieu (PCC)	Wichita	5-31
4:40.58	(1)	Julie Brown (UCLA)	Corvallis	5-17
4:42.09	(2)	Kate Keyes (UCLA)	Corvallis	5-17
4:43.8	(2)	Cindy Bremser (UWisconsin)	Des Moines	4-26
4:44.8	(1)	Cyndy Poor (SJ Cindergals)	San Jose	12-21
4:45.41	(4)	Peg Neppel (Iowa St)	Corvallis	5-17
4:47.0	(1)	Jan Merrill (AGAA)	Groton	6-15
4:47.20	(5)	Kathy Gibbons (GlenGauchos)	Corvallis	5-17
4:47.8	(5)	Lee Chiu-Shia (URedlandsTC)+	Walnut	4-25
4:47.9	()	Debbie Quatier (Falcon TC)	Seattle	
4:48.2	(1)	Julie Shea (Raleigh, NC)	Athens	7-12
4:48.4	()	Katy Schilly (SyrChg)	Pittsburgh	5-10
4:48.6	(1)	Paula Rose (Blue Angels)	San Mateo	6-14
4:48.6	(1)	Eryn Forbes (Portland TC)13y	Aloha	
4:51.77	(4)	Carol Cook (SW Mo St Coll)	Wichita	5-31
4:52.20	(7)	Kim Merritt (UWis/Parkside)	Corvallis	5-17
4:52.4	(1)	Jackie Hansen (SFVTC)	Los Angeles	1- 5
4:52.8	(2)	Lynn Morin (UCLA)	Phoenix	3-23
4:53.30	()	Joyce Urish (Kansas St)	Corvallis	5-17
4:53.5	(1)	Kathy Costello (PleasHilHS)	San Diego	6- 7
4:53.7	(2)	Doreen Ennis (Nutley TC)	Quantico	5- 3
4:54.4	(1)	Madeline Jackson (ClevTC)	Nashville	4- 5
4:54.7	(4)	Brenda Webb (KettStriders)	Des Moines	4-26
4:55.0	(1)	Karen MacHarg (KettStriders)	Fort Wayne	5-24
4:55.0	(3)	LaLani Kelly (Wash Pioneers)	Ithaca	8-10
4:55.70	(9)	Sue Kinsey (CalSt Northridge)	Corvallis	5-17
4:55.80	(10)	Sherrie Sessions (NTexas St)	Corvallis	5-17
4:56.3	(6)	Eileen Claugus (Will Spikettes)	Walnut	4-26
4:56.5	(1)	Carol Flournoy (SCC)	Los Angeles	6- 8
4:56.7	(2)	Donna Campbell (SITC)	PVAU	5-31
4:57.3	(2)	Georgette Goonan (Iowa St)	Ames	5- 2
4:57.4	(1)	Chris Caldwell (Peoria Pace)	Los Angeles	7- 9
4:57.7	(4)	Becky Wolfenbarger (SCC)	Los Angeles	1- 5
4:57.7	(2)	Kathy Kuyk (Un, Wash)		5-10
4:58.0	(1)	Maria Stearns (LATC)	S Bernardino	2-23
4:58.3	(4)	Louise Murphy (Geneseo,Kan)	Ithaca	8-10
4:58.3	(5)	Kathy Mills (SyrChg)	Ithaca	8-10
4:58.8	(2)	Victi Clark-Comer (Un)	Austin	4- 4
4:58.9	()	Suzanne Keith (RRR)	Los Angeles	6- 8
4:59.4	()	Debbie Vetter (Blue RibbonTC)	Versailles	5-17
4:59.41	(7)	Ann Forshee (Mich St U)	Corvallis	5-16
4:59.8	(2)	Robin Campbell (SITC)	Walnut	4-27
4:59.8	()	Alice Kelly (Seattle Pacific)		
ADD:				
4:57.0	(2)	Linda Stecker (DCD)	San Diego	5-26
4:59.6	(4)	Ruth Kleinsasser (URedlands)	San Diego	5-26

1500 Meters

4:08.5	()	Francie Larrieu (PCC)	St. Maur	7- 9
4:10.6	(1)	Jan Merrill (AGAA)	Los Angeles	8-31
4:11.8	(4)	Cyndy Poor (SJ Cindergals)	Hannover	8- 2
4:13.5	(1)	Julie Brown (LATC)	White Plains	6-28
4:13.8	(2)	Cindy Bremser (WisconsinTC)	Los Angeles	8-31
4:15.1	(3)	Judy Graham (SJ Cindergals)	Los Angeles	8-31
4:17.3	(1)	Kate Keyes (LATC)	Los Angeles	6- 8
4:20.2	(6)	Margaret Groos (NashWhippets)	White Plains	6-28
4:22.8	(2)	Lee Chiu-Shia (URedlands)+	Bakersfield	5-17



SUE KINSEY (Steve Wennerstrom photo) PATRICE DONNELLY (Sutton/DUOMO) LORNA FORDE - Atoms TC (Wagner International photo)

2 Mile

10:07.0	(1) Judy Graham (SJ Cindergals)	San Jose	12-14	9:48.0	(12) Cheryl Bridges (LATC)	White Plains	6-28
10:11.2	(1) Julie Brown (UCLA)	Corvallis	5-17	9:48.6	(2) Kathy Mills (SyrChg)	White Plains	6-25
10:11.66	(2) Peg Neppel (Iowa St)	Corvallis	5-17	9:49.0	(3) Suzanne Keith (RRR)	White Plains	6-25
10:12.45	(3) Kate Keyes (UCLA)	Corvallis	5-17	9:50.2	(4) Doreen Ennis (NutleyTC)	White Plains	6-25
10:22.19	(4) Eileen Claugus (UC Davis)	Corvallis	5-17	9:51.0	(5) Marjorie Kaput (Phoenix TC)	White Plains	6-25
10:24.1	(1) Eva Gustaffson (WNW) +	Scottsdale	4-20	9:52.2	(6) Karen Cramond (Alb OC)	White Plains	6-25
10:25.1	(1) Julie Shea (Raleigh, NC)	Raleigh	6- 8	9:55.0	(13) Jackie Hansen (SFVTC)	White Plains	6-28
10:25.21	(6) Carol Cook (SouthW MoSt.)	Corvallis	5-17	9:59.2	(7) Paula Driscoll (Un)	White Plains	6-25
10:28.0	(1) Jackie Hansen (SFVTC)	Los Angeles	6- 8	10:00.0	(8) Joan Benoit (Un)	White Plains	6-25
10:31.2	(2) Cheryl Bridges (LATC)	Scottsdale	4-20	10:01.0	(9) Kathy Estes (FlatheadVTImber)	White Plains	6-25
10:36.1	(1) Lee Chiu-Shia (UofRedlands)+	San Diego	5-26	10:02.0	(10) Suzi Greenberg (SJCindergals)	White Plains	6-25
10:36.4	(3) Linda Heinmiller (UCLA)	Los Angeles	3-21	10:03.0	(11) Melody Miller (WSuburbanTC)	White Plains	6-25
10:36.6	(2) Cyndy Poor (SJ Cindergals)	Millbrae	4-12	10:03.6	(1) Mary Seybold (SyrChg)	UniversityPk	4-11
10:36.7	(7) Kim Merritt (UWIS/Parkside)	Corvallis	5-17	10:04.0	(14) Teri Anderson (SJ Cindergals)	White Plains	6-28
10:38.2	(1) Debbie Heald (La Mirada Met)	Irvine	2- 2	10:07.5	(2) Katy Schilly (SyrChg)	UniversityPk	4-11
10:39.6	(1) Lynn Morin (UCLA)	San Bernard.	2-23	10:12.6	(1) Dominique Carron (Mill Lions)	San Jose	6- 1
10:39.8	(1) Debbie Roth (Lane CC)		5-10	10:13.2	(15) Kathy Whitcomb (LibertyAC)	White Plains	6-28
10:40.6	(8) Laurel Miller (Seattle Pacific)	Corvallis	5-17	10:14.4	(12) Kathy Jewell (LB Comets)	White Plains	6-25
10:41.5	(9) Sue Mallery (Ohio St)	Corvallis	5-17	10:16.4	(1) Diane Vetter (Blue RibbonTC)	Berea	7- 2
10:42.8	(1) Kathy Gibbons (GlenGauchos)	Phoenix	7- 2	10:18.6	(13) Kathy Adams (Will Spikettes)	White Plains	6-25
10:43.8	(3) Kathy Kuyk (UWashington)		5-10	10:18.6	(14) Melissa Fry (Track America)	White Plains	6-25
10:45.1	(4) Alice Kelly (Seattle Pacific)		5-10	10:19.8	(15) Laurie Jewell (LB Comets)	White Plains	6-25
10:45.2	() Brenda Webb (Kettering Strid.)	Fort Wayne	5-24	10:21.5	() Cathy Shrader (Electric City)	Falmouth	6- 8
10:46.2	(11) Sue Kinsey (CalSt Northridge)	Corvallis	5-17	10:22.2	(16) Sue Mallery (Ohio St)	White Plains	6-28
10:48.2	(3) Karen Cramond (Alb OC)	San Diego	5-26	10:23.0	(4) Carrie Pusch (SyrChg)	UniversityPk	4-11
10:49.2	(13) Tena Anex (UC Davis)	Corvallis	5-17	10:23.6	(16) Nancy Frank (LIGS)	White Plains	6-25
10:49.4	(3) Pam Bowers (SJ Cindergals)	Millbrae	4-12	10:24.6	(17) Pam Adams (So Jersey Chg)	White Plains	6-25
10:51.5	() Doreen Ennis (Nutley TC)	Wilmington	5-26	10:25.6	(17) Beth Welch (Ohio St)	White Plains	6-28
10:51.6	(1) Suzanne Keith (RRR) 15y	Walnut	5-11	10:26.4	() Jane Surdyka (AGAA)	Falmouth	6- 8
10:54.8	(4) Suzi Greenberg (SJ Cindergals)	Millbrae	4-12	10:27.4	(18) Molly O'Neill (Falcon TC)	White Plains	6-25
10:55.0	(15) Beth Welch (Ohio St)	Corvallis	5-17	10:27.7	(2) Pam Bowers (SJ Cindergals)	San Jose	6- 1
10:57.7	(3) Marjorie Kaput (PhoenixTC)	Scottsdale	4-20	10:29.6	(19) Bev Roland (Peoria Pacettes)	White Plains	6-25
10:59.0	(1) Phyllis Olrich (West ValleyTC)	San Mateo	12-28	10:30.9	(2) Sargent (Liberty AC)	Teaneck	6- 1
11:00.2	(2) Marie Kastrop (KettStriders)	Ohio	6- 7	10:36.4	(3) Lisa Greenberg (SJCindergals)	San Jose	6- 1
11:01.0	(16) Karen McKeachie (Mich St)	Corvallis	5-17	10:39.8	(20) Mary Ann Persan (Pannel TC)	White Plains	6-25
11:03.4	(1) Melody Miller (MainEastHS, Ill)			10:42.0	(21) Julie Andrews (DCD)	White Plains	6-25
11:04.4	(2) Laurie Jewell (LBComets)	Phoenix	3-23	10:42.4	(2) Estella Guina (SJ Cindeegals)	San Jose	6- 1
11:04.6	(2) Kathy Adams (Will's Spikettes)	Walnut	7-13	10:43.0	(22) Carol Conlon (Nutley TC)	White Plains	6-25
11:05.2	(2) Donella Biggin (UWIS/LaCrosse)	River Falls	5- 3	10:46.1	() Deb Mueller (Liberty AC)	Falmouth	6- 8
11:06.8	(5) Dominique Carron (Mil Lions)	Millbrae	4-12	10:51.5	(5) Chris Gardner (SyrChg)	UniversityPk	4-11
11:08.4	(3) Georgette Goonan (Iowa St)		4-12	10:58.6	(6) Kris Bankes (Penn St)	UniversityPk	4-11
11:08.6	(2) Sue Agnew (Illinois HS)						
11:08.8	(1) Donna Sanchez (RRR)	San Diego	5-25				
11:08.9	(17) Jane Surdyka (SConn St Coll)	Corvallis	5-17				

Mile Walk

7:23.2	(1) Sue Brodock (RRR)	Los Angeles	6- 8
7:33.1	(1) Lisa Metheny (RRR) 14y	Los Angeles	6- 8
7:45.5	(1) Linda Brodock (RR)	Phoenix	3-23
7:47.5	(1) Chris Sakelarios (RedCityFly)	Orinda	4-27
7:49.0	(1) Cynthia Johnson (Blue Angels)	Los Angeles	6- 8
7:53.7	(1) Teri Teagarden (Blue Angels)	Los Angeles	6- 8
7:57.0	(1) Esther Marquez (RRR)	Irvine	3-15
7:58.8	(4) Laura Janousek (SCC)	San Diego	5-25
8:02.0	(1) Carol Mohanco (KettStriders)	Fort Wayne	5-24
8:02.6	(1) Georgia Sakelarios (RedCFly)	San Mateo	6-14
8:02.7	(3) Becky Villavazo (RRR) 14y	Los Angeles	6- 8
8:04.1	(2) Joyce Brodock (RRR)	Walnut	7-13
8:04.7	(2) Cindy Vaughn (RedCFlyers)12/13	San Mateo	6-14
8:06.8	(2) Sheila Thomsen (Un)	Los Angeles	1- 5
8:07.2	(1) Vicki Cook (RRR) 11y	Ventura	6-21
8:09.6	(2) Sandy Briscoe (Un)	San Mateo	6-15
8:11.3	(3) Laura Spencer (Cupertino Year)	San Mateo	6-14
8:11.8	(1) Jessica Waskow (RRR) 14y	Los Angeles	6- 8

(Continued on next page)

MILE WALK (Continued)

8:16.8	(5)	Kimi Durham (RedCFlyers)	San Mateo	6-14
8:18.2	(1)	Lynn Holmbeck (PatriotsUSA)	Walnut	7-13
8:20.5	(4)	J. Steiner (RRR)	Los Angeles	6- 8
8:21.6	(3)	Diana Dimmick (SJ Cindergals)	San Mateo	6-15
8:24.4	(6)	Debbie O'Sullivan (SJ Cinder)	San Mateo	6-14
8:24.5	(2)	S. McGinley (SBay Striders)	Los Angeles	6- 8

1500 Meter Walk

6:46.6	(1)	Lisa Metheny (RRR)	White Plains	6-28
6:50.4	(1)	Sue Brodock (RRR)	White Plains	6-25
7:03.4	(3)	Linda Brodock (RRR)	White Plains	6-28
7:24.2	(4)	Cynthia Johnson (Blue Angels)	White Plains	6-25
7:26.0	(4)	Chris Sakelarios (RedCFlyers)	White Plains	6-28
7:26.1	(5)	Christy Dotseth (Orland, Ill)	White Plains	6-28
7:40.5	(6)	Roberta Widmann (FtWaynePAL)	White Plains	6-28
7:45.0	(9)	Becky Villavazo (RRR)	White Plains	6-25
7:47.5	(10)	Carol Mohanco (KettStriders)	White Plains	6-28
7:49.0	(8)	Cindy Luebben (KettStriders)	White Plains	6-25
7:48.0	(7)	Mary Beth Harwick (WPennTC)	White Plains	6-25

3 Mile

15:43.4	(1)	Julie Brown (UCLA)	Los Angeles	12-8
16:04.0	(1)	Judy Graham (SJ Cindergals)	San Jose	12-21
16:35.0	(1)	Lee Chiu-Shia (UofRedlands)+	Claremont	5-4
16:42.0	(2)	Jackie Hansen (SFVTC)	Claremont	5-4
17:24.6	(1)	Peggy Lyman (West Valley TC)	San Mateo	1-18

5000 Meters

16:56.0	(1)	Judy Graham (SJ Cindergals)	San Jose	4- 6
17:06.6	(1)	Lee Chiu-Shia (UofRedlands)+	Claremont	5- 4
17:29.8	(2)	Jackie Hansen (SFVTC)	Claremont	5- 4
17:55.8	(3)	Suzanne Keith (RRR)	Claremont	5- 4
17:57.9	(2)	Lisa Greenberg (SJ Cindergals)	San Jose	4- 6
18:07.8	(3)	Kathy Adams (Wills Spikettes)	San Jose	4- 6
18:23.5	(4)	Dominique Carron (Mill Lions)	San Jose	4- 6
18:50.8	(5)	Sue Neary (Un)	San Jose	4- 6

10000 Meters

34:49.0	(1)	Carol Cook (Iowa St TC)	Los Angeles	8-29
34:52.2	(2)	Peg Neppel (Iowa St TC)	Los Angeles	8-29
35:32.6	(3)	Nadia Garcia (San Diego TC)	Los Angeles	8-29
35:53.4	(4)	Miki Gorman (SFVTC)	Los Angeles	8-29
39:26.0	(5)	Sandy DeNoon (Blue Angels)	Los Angeles	8-29

100 Meter Hurdles

13.4	(p)	Jane Frederick (LATC)	Los Alamos	6-20
13.6	(1)	Modupe Oshikoya (SITC)+	PVAAU	5-31
13.6h	(1)	Patty Van Wolvelaere (WWW)	Los Angeles	8-30
13.8	(1)	Andrea Bruce (Prairie View)+	Nashville	3-22
13.8	(1)	Patrice Donnelly (LITC)	Los Angeles	6- 8
13.8	(1)	Rhonda Brady (MHYF)	White Plains	6-25
13.9	(1)	Deby LaPlante (Un, Mich)	Ohio	6- 7
13.9	(1)	Carol Thomson (Delaware SC)	Wilmington	8-17
13.9	(2)	Janice Lester (LB Comets)	Los Angeles	6- 8
13.9h	(1)	Rosalyn Anderson (Fred TC)	White Plains	6-24
13.9	(2)	Sonya Hardy (Boulder Cinder)	White Plains	6-25
13.9	(3)	Jeanine Shepherd (GazelleTC)	White Plains	6-25
14.0	(p)	Gale Fitzgerald (Atoms TC)	Los Alamos	6-20
14.0s	(2)	Carmen Brown (Atoms TC)+	White Plains	6-27
14.1	(4)	Susan White (SITC)	PVAAU	5-31
14.1	(1)	Denise Jacobson (Crescent TC)	LSU	5-31
14.1	(1)	Mary Ayers (Prairie View)	San Jacinto	6- 7
14.2	(1)	Sherry Ballew (TSU)	Nashville	4- 5
14.2	(p)	Mary Officer (Ore U)	Los Alamos	6-20
14.2h	(2)	Kim Herman (Delaware SC)	White Plains	6-24
14.2h	(2)	LaVonne Neal (LaSalle)	White Plains	6-27
14.2h	(3)	Karen Wechaler (Lawrence TC)	Los Angeles	8-30
14.3	(2)	Deanne Carlson (WWW)	Walnut	5-11
14.3	(2)	Carmen Smith (Atoms TC)+	Kingston	5-17
14.3	()	June Smith (SITC)	PVAAU	5-31
14.3	(p)	Nancy Kindig (Nebraska TC)	Los Alamos	6-20
14.3	(p)	Sandi Tyler (LITC)	Los Alamos	6-20
14.3	(p)	Dana Collins (Salem TC)	Los Alamos	6-20
14.4	(1)	Emilia Edet (OreColEd)	5-10	63.6h
14.4h	(1)	Shelly Tudahl (Un)	Aberdeen	5-31
14.4h	(1)	Yvonne Smith (Cent Jer TC)	White Plains	6-24
14.5	(2)	Pat Collins El (Atoms TC)	Landsdale	4-27

14.5	(3)	Cheryl Poirier (FredTC)	Wilmington	5-26
14.5s	(3)	Julie Smithers (Un)	White Plains	6-24
14.6	(1)	Mitzi McMillin (UColorado)	Phoenix	3-23
14.6	()	Sue Sommers (SO)	Michigan	6-14
14.6	(p)	Patsy Walker (Un)	Los Alamos	6-20
14.6	(1)	Cindy Mitchell (Cactus Wrens)	Phoenix	6- 7
14.6s	(3)	Anita Lee (Un)	White Plains	6-24
14.6h	(4)	Lucy Vaamonde (TWU)+	White Plains	6-27
14.7	(1)	Lavone Opitz (Un)	Aberdeen	5-31
14.7	(2)	Liz Wilmoth (Panther TC)	Ohio	6- 7
14.7h	(3)	Lorraine Ray (CYC, Fla)	White Plains	6-24
14.8	(2)	Delphino Crump (KKeystone)	Collegeville	5-31
14.8	(4)	Chris Rassel (Peoria Pacettes)	Ohio	6- 7
14.8	(2)	Janet Benford (CP-SLO)	San Mateo	6-15
14.8	(1)	Danette Alford (Sun Queens)	Phoenix	7-18
14.82	(4)	Suzie Winningham (OklaSt)	Corvallis	5-17
14.9	(5)	Tami Essington (Peoria Pace)	Ohio	6- 7
14.9	(1)	Sharon Clarke (ClevTC)	Berea	7-26
14.93	(5)	Clydine Crowder (UCLA)	Corvallis	5-17
ADD:				
14.2	(p)	Marilyn King (Millbrae Lions)	Los Angeles	8-30
14.7	(3)	Lorraine Tummings (AtomsTC)+	Wilmington	8-17

Wind Aided

13.5w	(1)	Deby LaPlante (Un, Mich)	Los Angeles	8-31
13.6w	(1)	Lucy Vaamonde (TWU)+	Lubbock	3-15
13.6w	(2)	Patrice Donnelly (LITC)	Los Angeles	8-31
13.6w	(3)	Rhonda Brady (MHYF)	Los Angeles	8-31
13.7w	(1)	Andrea Bruce (Prairie View)+	Wichita	5-30
13.7hw	(3)	Sonya Hardy (Boulder Cinder)	Los Angeles	8-20
13.77w	(1)	Carol Thomson (Delaware SC)	Germantown	4-20
13.8w	(1)	Sherry Ballew (TSU)	Quantico	5- 3
13.8w	(1)	Rosalyn Anderson (FredTC)	Ithaca	8-10
13.9w	(2)	Karen Wechaler (Lawrence TC)	Fort Wayne	8- 2
13.9w	(2)	Lena Gibb (Houston, Tex)	Ithaca	8-10
14.0w	(2)	Lorraine Tummings (Atoms)+	Germantown	4-20
14.0w	(3)	Debbie Esser (Woodbine HS, Ia)	Wichita	5-30
14.2w	(1)	Janet Benford (CP-SLO)	Long Beach	4-11
14.2w	(2)	Clydine Crowder (UCLA)	Long Beach	4-11
14.24w	(1)	LaVonne Neal (La Salle)	Corvallis	5-16
14.4hw	(2)	Susan White (SITC)	Quantico	5- 3
14.5w	(3)	Miriam Loui (Kailua, Hawaii)	Ithaca	8-10
14.5w	(4)	Stacy Compton (Cheney, Kan)	Ithaca	8-10
14.5w	(5)	Kathy Borgwarth (Brainerd, Mn)	Ithaca	8-10
14.5w	(3)	Liz Wilmoth (Panther TC)	Carmel Clas	
14.57w	(5)	Lori Lowery (Cinderette TC)	Wichita	5-30
14.6w	(2)	Denise Rogers (Millbrae Lions)	San Jose	6- 1
14.7w	(3)	Cherrie Sherrard (Chico St)	San Jose	6- 1
14.8w	(1)	Karen Johnson (Penn St)	Univ Park	4-19
14.8w	(1)	Rene Felton (GB)	Michigan	6-14
14.9w	(1)	Pam Ashe (Un)	Las Vegas	4- 6
14.9hw	(1)	A. Reifel (Indiana U)	Urbana	4-19
14.9w	(2)	Tina Hill (Un, Ky)	Richmond, Ky	4-26

400m Hurdles

57.3	(1)	Debbie Esser (NebraskaTC)	White Plains	6-28
57.4	(2)	Pat Collins El (Atoms)	White Plains	6-28
59.3	(3)	Mary Ayers (Prairie View)	White Plains	6-28
59.4	(4)	June Smith (SportsIntTC)	White Plains	6-28
59.6s	(3)	Michelle Hopper (PremierTC)	White Plains	6-27
59.8	(1)	Tonetta Rumph (Atoms)	White Plains	6-25
59.9	(1)	Janice Lester (LBC)	Los Angeles	6-8
59.99	(2)	Andrea Bruce (Prairie View)+	Corvallis	5-17
60.4h	(2)	Suzie White (SportsIntTC)	White Plains	6-27
60.5	(5)	Debbie Vetter (BlueRibbonTC)	White Plains	6-28
60.6s	(5)	Clydine Crowder (UCLA)	White Plains	6-27
60.6s	(6)	Gale Fitzgerald (Atoms)	White Plains	6-27
60.8	(1)	Patty Cape (LBC)	Walnut	5-11
61.6h	(3)	Sandra Souza (TWU)	White Plains	6-27
61.9	(1)	Denise Anderson (SeaPacific)	5-10	5-17
61.9	(2)	Deborah Jacobson (CresCityTC)	San Jacinto	6-7
62.2s	(4)	Chris Rassel (PeoPacettes)	White Plains	6-24
62.3h	(4)	Diane Vetter (BRTC)	White Plains	6-27
62.8s	(2)	Linda Wright (GG)	White Plains	6-24
62.88y	(4)	Marilyn Carlson (CentMissSt)	Wichita	5-31
63.2s	(3)	Carolyn Bing (SJC)	White Plains	6-24
63.44	(1)	Dale Raymond (UCLA)	Corvallis	5-16
63.6	(2)	Jackie Guichard (W.WashSt)	5-10	5-10
63.6h	(4)	Carol Addy (OhioTC)	White Plains	6-24
63.74	(6)	Jeri Bonnell (ColStU)	Corvallis	5-17
63.8	(1)	Alice Watson (AlbTC)	Albuquerque	6-8
63.8h	(4)	Danette Wilson (BC)	White Plains	6-27

400MH (Continued)

63.9	(2) Laurie Gilliland (AlbOC)	Albuquerque	6-8	5-6	(2) Monique Donithan (Cactus Wrens)	Phoenix	7-19
63.9	(1) Pat Hodgson (IowaSt)	Ames	5-2	5-6	(1) Sally Layman (Glover JHS)	Spokane	8- 9
63.9h	(3) Melinda Obey (Atoms)	White Plains	6-24	5-6	(2) Lynn Kinny (Ferris, Spokane)	Spokane	8- 9
64.Os	(4) Nancy Robinson (FalmouthTC)	White Plains	6-24	5-6	(4) Joan Brockhaus (Rosholt, SD)	Ithaca	8-10
64.1h	(1) Betty Deveson (Unatt)	White Plains	6-24	5-6	(3) Maureen Fitzpatrick (Jets)	Wilmington	8-17
64.1h	(2) Betty Spencer (IndianolaTC)	White Plains	6-24	5-6	(1) Janice Whitesell (Jeff. TC)	Carmel Clas.	
64.2	(3) Rhonda Trask (FVCC)		5-10	5-5½	(2) Sue Ann Miller (Un)	Carmel Clas.	
64.3	(1) Sylvia Floyd (KlubKeystone)	Collegeville	5-31	5-5	(p) Patsy Walker (Un)	Los Alamos	6-20
64.3h	(4) Jeanette Chapman (KlubKeys)	White Plains	6-24	5-5	(1) Peggy Rose (TWU)	Stillwater	4-12
64.4h	(3) Vicki Amstutz (FtWaynePAL)	White Plains	6-24	5-5	(3) Sue McMahon (Seattle Pacific)		5-10
64.4	(1) Kim Gehring (BRTC)	Berea	7-26	5-5	(3) Sheets (Ball St)	Corvallis	5-17
64.5	(1) Mary Officer (OregonU)	Gresham	5-3	5-5	(1) Amy Davis (Bacon Acad, Conn)	Amity	5-31
64.5	(3) Lorraine Tummings (Atoms)	Wilmington	5-26	5-5	(1) Carol Addy (Ohio TC)	Versailles	5-31
64.66	(4) Ann Kimm (NWMisSt)	Corvallis	5-16	5-5	() Robin Harthill (Un)	Aloha	6-14
64.68y	(6) Kathy Zielezinski (IowaHS)	Wichita	5-31	5-5	(3) Andra Olson (Peoria Pacettes)	Chicago	6-14
64.7	(4) Annette Goodrich (Unatt)	Scottsdale	4-20	5-5	(1) Candy Acres (SB) 12-13	San Mateo	6-14
64.7	(1) Esther Moe (UW-RiverFalls)	River Falls	5-3	5-5	(3) April Harper (St. George'sHS)	Spokane	8- 9
64.7	(3) Beth Howell (Un-LaJolla)	Walnut	5-11	5-5	(4) Rhonda Dold (Jeffersonville TC)	Carmel Clas.	
64.7	(3) Debbie Grant (OregonSt)	Corvallis	5-16	5-5	(5) Cindy Earrand (Lawrence TC)	Carmel Clas.	
64.73	(5) Janet Reusser (KansasSt)	Corvallis	5-16	5-5	() Judy Oswald (Gary, South Dakota)		
64.8	(3) Colleen Wiegert (MesaTC)	Phoenix	3-23				
64.8	(2) Diane White (CarrollCollege)	River Falls	5-3				
64.8	(2) Ann Rutledge (ATC)	Jamaica, NY	6-8				
64.9	(1) Karen Johnson (PennST)	University	4-23				
64.9	(2) Beth Partridge (PennST)	University	5-23				
64.93	(3) Marcia Holtz (UWisconsin)	Corvallis	5-17				
65.0	(1) Amber Souza (WillsSpikettes)	San Jose	6-1				

Long Jump

High Jump

6-2 3/4	(1) Joni Huntley (Oregon St)	Christchurch	1-25	19-8½	(1) Kathy McMillan (Hoke CountyHS)	Warsaw	7- 9
6-1	(2) Paula Girven (SITC)	White Plains	6-25	19-11	(2) Martha Watson (LIITC)	MexicoCity	
5-11	(1) Louise Ritter (Red OakHS, Tex)	Austin	5- 3	19-7 3/4	() Sherron Walker (Wash HS)	Eugene	6- 7
5-10½	(1) Connie Dorsey (Terre Haute TC)	Gary	7-26	21-1¼	(1) Jody Anderson (Calif, HS)	Los Angeles	
5-10	(1) Pam Blackburn (Un)	Orinda	4-27	20-5½	(1) Andrea Bruce (Prairie View)+	Wichita	5-31
5-10	(1) Cindy Gilbert (WWW)	San Mateo	6- 1	20-4	(1) Lorraine Ray (CYC, Fla)	White Plains	6-25
5-10	(1) Susan Hackett (Un, New Orleans)	Wilmington	8-17	20-1½	(3) Willye White ()	Peking	5-28
5-10	(2) Pam Spencer (Great Falls, Mont)	Los Angeles	8-31	19-11½	(2) Jane Frederick (LATC)	Los Alamos	6-21
5-9 3/4	(p) Jane Frederick (LATC)	Los Alamos	6-20	19-11	(1) Modupe Oshikoya (SITC)+	PVAU	5-31
5-9¼	(1) Cindy Mitchell (Cactus Wrens)	Phoenix	6- 7	19-8½	(1) Roxanne Keating (Cactus Wrens)	Phoenix	7-19
5-9	(1) Ann Gilliland (Alb OC)	Scottsdale	4-20	19-7 3/4	(4) Cathy Newman (Iowa St)	Los Angeles	8-31
5-9	(1) Karen Moller (Temple Univ)	College Park	4-26	19-3½	(1) Denise Washington (MarylandHS)	Maryland	5-24
5-9	(1) Modupe Oshikoya (SITC)+	Knoxville	5-10	19-3½	(p) Dana Collins (Salem TC)	Los Angeles	8-31
5-9	(2) Becky Deetz (Ridgewood, NJ)	Holmdel	5-31	19-2¼	() Linda Morrison (WWW)	La Mesa	7- 5
5-9	(1) Karen Kritchko (Un, Pa.)	Wilmington	6- 8	19-2	(p) Gale Fitzgerald (Atoms TC)	Los Angeles	8-31
5-8¼	() Desiree Gronwald (BCinderbelle)	Denver	5-24	19-1¼	(3) Marilyn King (Millbrae Lions)	Los Angeles	8-16
5-8	() Gale Fitzgerald (Atoms TC)	Wilmington	5-26	19-1	(4) Karen Elmore (Millbrae Lions)	Los Angeles	8-16
5-8	() Andrea Bruce (Prairie View)+	Wichita	5-30	19-3/4	(5) Nancy Kindig (Nebraska TC)	White Plains	6-28
5-8	(1) Kim Maddox (LA HS, Ca)	San Diego	6- 7	19-½	(1) Pat Helms (Klub Keystone)	Wilmington	6- 8
5-8	(6) Cindy Sandberg (SJCindergals)	White Plains	6-28	18-11¼	(3) Kim Moran (LATC)	Los Angeles	1- 5
5-8	(1) Toni Jones (Wash DC)	Ithaca	8-10	18-11	() Sue Humphrey (SITC)	Creve Coeur	6- 8
5-8	(6) Missy Meeker (Panther TC)	Los Angeles	8-31	18-8½	(4) Sandra Howard (LB Comets)	White Plains	6-25
5-8	(1) Marilyn Wise (Kearney State)			18-8	(p) Sandy Tyler (LITC)	Eugene	8-10
5-7 3/4	(1) Diane King (SprStriders)	Chicago	7- 5	18-7	(1) Shelley Harris (Cactus Wrens)	Phoenix	3-23
5-7 3/4	(p) Jeanine Sheppard (GazellesTC)	Sudbury	8-23	18-7	(1) Nancy Malloy (Dickinson, ND)	Aberdeen	5-31
5-7	(2) Mary Officer (OregonSt)		5-10	18-7	(1) Cindy Mitchell (Cactus Wrens)	Phoenix	3-23
5-7	(1) Chris Remmling (WWW)	Walnut	5-11	18-6 3/4	(1) Yvette Taylor (Colorado HS)		
5-7	(2) Dale Wallace (Virginia HS)	Richmond	5-26	18-6 3/4	(1) Gwen Bilsend (Kearney St)		
5-7	(2) Julie Smithers (LakewoodHS, NJ)	Holmdel	5-31	18-6 3/4	() Erin Pike (LATC) 14y		
5-7	(1) Candice Zbieranek (LIITC)	San Mateo	6-14				
5-7	(1) Mary Cragoe (SpgStriders)	Chicago	6-14				
5-7	(1) Vicky Peterson (Northfield, Mn)	Des Moines	7-20				
5-7	(2) Cathy Estridge (Lawrence TC)	Fort Wayne	8- 2				
5-7	(2) Linda McDade (Marietta, Ga)	Ithaca	8-10				
5-7	(1) Clayburn (Wheat Ridge HS, Colo)						
5-6	(1) Sandi Tyler (LITC)	Los Angeles	1- 5				
5-6	(2) Mitzi McMillin (UofColorado)	Phoenix	3-23				
5-6	(1) Chris Hart (Ohio St)	Richmond, Ky	4-26				
5-6	(2) Sue Von Behren (UWis/Parkside)	Des Moines	4-26				
5-6	(1) Rosetta Birt (USC)	SL Bispo	5- 3				
5-6	(1) Linda Cornelius (Texas HS)	Austin	5- 3				
5-6	(3) Diane Stuart (Orinda TC)	Modesto	5-24				
5-6	(1) Denise Cornell (KingCityHS, Ca)	San Jose	6- 1				
5-6	(2) Sue Long (Gahr HS, Ca)	San Diego	6- 7				
5-6	() Mary Kunkel (KWTC)	Creve Coeur	6- 8				
5-6	() Carol Thomson (DelawareSC)	Wilmington	6- 8				
5-6	() Beth Ann Brynns (LipkeTC)	Michigan	6-14				
5-6	(1) Brenda Little (LIITC)	San Mateo	6-15				
5-6	(2) Candy Ross (BETC)	San Mateo	6-15				
5-6	(2) Marcia Kinny (Wash St)	White Plains	6-24				
5-6	(5) Jean Baltz (Peoria Pacettes)	White Plains	6-25				
5-6	(1) Pat Daley (Penn St College)	Mt Lebanon	7- 5				
5-6	(1) Kyra Bjornsson (Will Spike)	Walnut	7-13				

Wind Aided

Shot Put

(Continued on next page)



CAROL COOK (Steve Wennerstrom photo)



The members of the Club Orange relay teams above are: Valerie Morton, Sandra Upshaw, Rene Miley and Carolyn Brinkley. The Washington DC club posted a 46.8 / 440 relay and a 1:39.9 in the 880 medley. (Wheller photo)

Pentathlon

4676	(1) Jane Frederick (IATC)	Los Alamos	6-20
4486	(2) Gale Fitzgerald (Atoms)	Mexico City	10-20
4103	(2) Dana Collins (SalemTC)	Los Angeles	8-31
4079	(3) Marilyn King (MillbraeLions)	Los Angeles	8-31
3929	(3) Jeanine Sheppard (Gazelles)	Sudbury	8-24
3918	(1) Nancy Kindig (NebraskaTC)	Lincoln	7- 5
3884	(4) Sandi Tyler (LIITC)	Los Alamos	6-21
3870	(1) Mary Officer (OreU)	Gresham	5- 1
3810	(4) Teri Seippel (KettStrid)	Los Angeles	8-31
3786	(5) Patsy Walker (ThursCoStri)	Los Angeles	8-31
3727	(2) Cindy Mitchell (CacWren)	Los Alamos	6-21
3717	(1) Mitzi McMillin (Colorado)	Corvallis	5-17
3685	(4) Anita Lee (DetVarClub)	Los Alamos	6-21
3672	(1) Lisa Thomas (ColoFlyers)	Boulder	6- 8
3670	() Lisa Chiavario (AOC)	Los Alamos	
3664	() Julie Farris (TecumsehNeb)		
3661	(5) Carol Hancock (TCG)	Los Alamos	6-21
3633	(7) Kim Schofield (SprStrid)	Los Alamos	6-21
3586	(1) Celeste Wilkinson (LCZ)	Los Alamos	6-21
3579	(2) Anne Gilliland (Un)		
3569	(2) Christine Brockhoff (AlbTC)		
3507	(3) Jeanne Suellentrop (McPhColl)	Corvallis	5-17
3501	(2) Carol Addy (OhioTC)	Ohio	7-22
3484	(8) Jenny Stary (SAL)	Los Alamos	6-21
3448	() Lori West (UColorado)	Corvallis	5-17
3446	() Lisa Mitchell (WSubTC)	Illinois	
3437	() Brenda Thompson (Memphis)		
3397	() Cindy Sanberg (SJCin)	Santa Barbara	
3392	() Marsha Kinney (Un)	Corvallis	5-17
3380	(1) Shelley Harris (Un)	Phoenix	6-10
3367	() Norma Pyle (Un)	Corvallis	5-17
3361	(2) Michelle Morse (WWW)	San Diego	5-26
3350	(9) Mandy Kister (Un,Spokane)	Los Alamos	6-21
3344	() Pam Bulson (NeoshoRap,Mo)		
3322	() Jenny Wrigley (KanCity,Mo)		
3288	() Geraldine Dammer (Missouri)		
3287	(2) Mary Harrington (ArzTC)	Phoenix	8-

440 Yard Relay (4x110y)

45.3	(1) Atoms TC	Kingston	
45.6	(1) Prairie View A&M	Nashville	3-22
45.8	(1) Tennessee State TC	White Plains	6-28
45.8	(2) Sports International TC	White Plains	6-28
45.8h	(2) Lakewood International TC	White Plains	6-27
45.9	(1) Texas Woman's University	Austin	4- 5
45.9h	(1) New Orleans Superdames	White Plains	6-27
46.4	(2) Millbrae Lions	White Plains	6-28
46.7	(3) Mayor Daley YF	White Plains	6-25
46.8	(1) Club Orange	Wash DC	6- 7
47.2	(1) Klub Keystone	Quantico	5- 3
47.2	(3) Crescent City TC	San Jacinto	6- 7
47.3h	(2) Gazelle TC	White Plains	6-24
47.3	(6) Colorado Flyers	White Plains	6-28
47.3	(4) Long Beach Comets	White Plains	6-25
47.3	(4) Grambling College	San Jacinto	6- 7
47.3	(2) Alcorn A&M	LSU	5-31
47.4	(2) Mercury TC	Miami	7-12
47.44	(2) Michigan State	Corvallis	5-17
47.5	(1) Conroe HS, Texas	Austin	5- 3
47.6	(1) Texas Woman's U. 'B'	Dallas	5-10
47.64	(3) UCLA	Corvallis	5-17
47.8	(1) San Diego Cougars	San Diego	5-26
47.8h	(2) Groton TC	White Plains	6-24
47.9	(2) Temple HS, Texas	Austin	5- 3
48.0	(2) Capital City Comets	Versailles	5-17
48.0	(1) Muir HS, Ca.	San Diego	6- 7
48.0	(1) West Suburban TC	Fort Wayne	5-24
48.09	(6) Chico State	Corvallis	5-17
48.1	(2) Metroplex Striders	Dallas	5-10
48.1h	(3) Boulder Cinderbellies	White Plains	6-24
48.1	(2) Motor City TC	Carmel Classic	
48.2	(2) Wilt's Wonder Women	Scottsdale	4-20
48.2	(4) Albuquerque TC	Scottsdale	4-20
48.2	(1) Cactus Wrens	Phoenix	3- 8
48.2	(3) Eastern Hills HS, Texas	Austin	5- 3
48.2h	(5) Frederick TC	White Plains	6-24
48.2h	(4) Mount Vernon HS	White Plains	6-24

(Continued on next page)

440 Yard Relay (Continued)

48.2	(1) Terre Haute TC	Fort Wayne	8- 2
48.2	(3) Lawrence TC	Carmel Classic	
48.29	(7) University Wisconsin	Corvallis	5-17
48.3	(1) Largo HS, Maryland	Maryland	4-25
48.3	(2) Washington HS, Ca.	San Diego	6- 7
48.3	(4) Abilene HS, Texas	Austin	5- 3
48.3	() Seattle Pacific		
48.34	(4) Texas TC	Wichita	5-31
48.4	(5) Cavalettes TC	Penn Relays	4-26
48.4	(1) Iowa State	Ames	5- 2
48.5	(1) Berkeley TC	Millbrae	4-12
48.5h	(4) Northside Optimist TC	White Plains	6-24
48.6	(2) Nugent Center TC	LSU	5-31
48.6	(3) Newport-Harbor HS, Ca.	San Diego	6- 7
48.6	(4) Sanger HS, Ca.	San Diego	6- 7
48.63	(8) Kearney State	Corvallis	5-17
48.7	(3) Philadelphia Hawks	Wilmington	6- 8
48.7h	(4) Community Youth Club	White Plains	6-24
48.8	(2) Mesa TC	Phoenix	3- 8
48.8	(5) Pioneer AC		4-25
48.8	(4) ICYA	Wilmington	5-26
48.8	(2) Mallery Chargers	Camden, NJ	5-18
ADD:			
47.3h	(4) New York PAL	White Plains	6-27
48.0	(1) Mayor Hatchor YF	Carmel Classic	
48.0	(1) Louisville TC	Carmel Classic	

880 Yard Relay (4x220y)

1:37.0	(1) Atoms TC	Nashville	4-12
1:37.3	(2) Tennessee State U	Nashville	4-12
1:39.8	(1) Conroe HS, Texas	Austin	5- 3
1:39.9	(1) Club Orange		6-21
1:40.0	(2) Temple HS, Texas	Austin	5- 3
1:41.2	(4) Motor City TC	Nashville	4-12
1:42.3	(3) Eastern Hills HS, Texas	Austin	5- 3
1:42.3	() Largo HS, Maryland	Wash DC	5-15
1:42.5	(1) Texas Woman's University	Dallas	5-10
1:42.7	(4) Beeville Jones HS, Texas	Austin	5- 3
1:42.8	(1) Lakewood International TC	Long Beach	3- 2
1:43.5	(6) Capital City Comets	Nashville	4-12
1:43.7	(1) Paducah HS, Texas	Austin	5- 3
1:43.8	(2) Washington HS, Texas	Houston	4-19
1:44.0	(5) Lanier HS, Austin, Texas	Austin	5- 3
1:44.2	(1) Long Beach Comets	Long Beach	3- 2
1:44.5	(1) Garden City HS, Texas	Austin	5- 3
1:44.5	(2) El Dorado HS, Texas	Austin	5- 3

Distance Medley Relay (440-880-1320-Mile)

11:29.0	(1) UCLA		
11:43.6	(1) Kettering Striders	Versailles	5-18
11:48.6	(2) Syracuse Chargers	Versailles	5-18
12:09.2	(3) Kettering Striders 'B'	Versailles	5-18
12:30.4	(4) Syracuse Chargers 'B'	Versailles	5-18

4x880 Relay

8:46.4	(1) Blue Ribbon TC	White Plains	6-28
8:49.8	(2) Sports International TC	White Plains	6-28
8:50.6	(3) San Jose Cindergals	White Plains	6-28
8:53.2	(4) Los Angeles TC	White Plains	6-28
8:55.9	(5) Falcon TC	White Plains	6-28
9:00.8	(6) Kettering Striders	White Plains	6-28
9:01.8	(7) Track America	White Plains	6-28
9:02.2	(4) Madison Badger Jettes	White Plains	6-25
9:02.3	(1) Syracuse Chargers	Versailles	5-17
9:04.0	(8) Metroplex Striders	White Plains	6-28
9:04.4	(5) Duke City Dashers	White Plains	6-25
9:06.2	(9) Peoria Pacettes	White Plains	6-28
9:06.8	(10) Klub Keystone	White Plains	6-28
9:07.2	(11) Ohio TC	White Plains	6-28
9:09.0	(12) Iowa State TC	White Plains	6-28
9:13.4	(1) Atoms TC	St. John's	6- 8
9:15.6	(10) Gazelle TC	White Plains	6-25
9:15.8	(1) Wilt's Wonder Women	Walnut	5-11
9:18.0	(11) Albuquerque OC	White Plains	6-25
9:24.0	(15) Kettering Striders 'B'	White Plains	6-28
9:32.8	(2) Liberty AC	Landsdale	4-27
9:35.7	(2) Long Island Golden Spikes	St. John's	6- 8
9:36.3	(2) Texas Woman's University	Dallas	5-10
9:41.4	(3) Millbrae Lions	Millbrae	4-12
9:43.1	(2) Mallery Chargers	Wilmington	6- 8
9:46.6	(1) Southern Cal Cheetahs	Long Beach	3- 2
9:53.0	(3) Tyrone Pannell TC	St. John's	6- 8

Sprint Medley Relay (220-110-110-440)

1:40.0	(1) Sports International TC	White Plains	6-28
1:41.8	(1) Grambling College	Des Moines	4-26
1:42.2	(1) Tennessee State TC	White Plains	6-25
1:42.4	(2) New Orleans Superdames	White Plains	6-28
1:42.8	(1) Atoms TC	St. John's	6- 8
1:42.9	(1) Klub Keystone	Landsdale	4-27
1:43.1	(1) Mercury TC	Miami	7-12
1:43.3	(3) Wilt's Wonder Women	White Plains	6-28
1:43.8	(1) Prairie View A&M	Wichita	5-31
1:44.5	(1) Washington HS, Ca.	San Diego	6- 7
1:44.7	(2) Fremont HS, Ca.	San Diego	6- 7
1:44.9	(3) Club Orange		6- 1
1:44.96	(1) UCLA	Corvallis	5-17
1:45.0h	(1) Falmouth TC	White Plains	6-27
1:45.23	(2) Texas Woman's University	Corvallis	5-17
1:45.50	(3) USC	Corvallis	5-17
1:45.6h	(1) Frederick TC	White Plains	6-24
1:45.6h	(2) Nebraska TC	White Plains	6-24
1:45.7h	(3) Peoria Pacettes	White Plains	6-27
1:45.9	(3) Mallery Chargers	Wilmington	6- 8
1:46.15	(4) TWU 'B'	Corvallis	5-17
1:46.4	(1) Eastern HS, WashDC	Wash DC	4-19
1:46.4	(3) Muir HS, Ca.	San Diego	6- 7
1:46.4h	(3) New York PAL	White Plains	6-27
1:46.6	(2) Texas TC	Wichita	5-31
1:47.0	(1) Falmouth HS, Mass.	Falmouth	5-24
1:47.0h	(4) Long Beach Comets	White Plains	6-27
1:47.0	(2) Cactus Wrens	Walnut	7-13
1:47.1	(2) Jackson State	Des Moines	4-26
1:47.1	(1) Cleveland TC	Berea	7- 2
1:47.22	(5) Kansas State	Corvallis	5-17
1:47.3	(2) Coolidge HS, WashDC	Wash DC	4-19
1:47.3	(1) TSU	Richmond,Ky	4-26
1:47.3h	(1) Boulder Cinderbells	White Plains	6-24
1:47.3	(1) Millbrae Lions	San Jose	6- 1
1:47.3	(3) Albuquerque TC	Walnut	7-13
1:47.37	(2) Iowa State	Corvallis	5-16
1:47.4	() Seattle Pacific	Seattle	
1:47.4	(3) Metroplex Striders	Dallas	5-10
1:47.4	(3) Northside Optimist TC	Miami	7-12
1:47.6	(1) ICYA	Camden, NJ	5-18
1:47.6	(4) Pioneers AC	Wilmington	6- 8
1:47.6	(4) Iowa State TC	Wichita	5-31
1:47.7	(1) LATC	Phoenix	3-23
1:47.8	(1) Crescent City TC	LSU	5-31
1:47.8	(4) Berkeley HS, Ca.	San Diego	6- 7
1:47.8	(5) Royal HS, Ca.	San Diego	6- 7
1:47.9	(1) Colorado State U.	Las Cruces	
1:48.0	(2) Cavalettes	Camden, NJ	5-18
1:48.0	(2) Ocean Hill Cheetahs	St. John's	6- 8

One Mile Relay (4x440y)

3:37.9	(1) Atoms TC	White Plains	6-28
3:40.8	(1) Prairie View A&M	Dallas	4- 5
3:42.5	(2) New Orleans Superdames	White Plains	6-28
3:45.0	(3) Sports International TC	Knoxville	5-10
3:45.0	(3) New York PAL	White Plains	6-25
3:45.3	(4) Nebraska TC	White Plains	6-25
3:45.33	(2) Colorado State U	Corvallis	5-17
3:45.4	(4) Premier TC	White Plains	6-28
3:45.7	(5) Long Beach Comets	White Plains	6-25
3:47.3	(1) Lakewood International TC	Los Angeles	6- 8
3:47.7h	(3) Falmouth TC	White Plains	6-27
3:48.4h	(4) Texas Woman's University	White Plains	6-27
3:49.8h	(2) Cavalettes	White Plains	6-24
3:50.19	(3) Seattle Pacific	Corvallis	5-17
3:50.4h	(2) Peoria Pacettes	White Plains	6-24
3:50.6	(2) Iowa State TC	Wichita	5-31
3:50.8	(1) UCLA	Walnut	4-27
3:51.04	(4) Iowa State U	Corvallis	5-17
3:52.8	(2) Los Angeles TC	Los Angeles	6- 8
3:52.9	() Syracuse Chargers	Versailles	5-17
3:53.0	(2) Wilt's Wonder Women	San Diego	5-26
3:53.06	(1) Woodbine HS, Iowa	Des Moines	5-16
3:53.2	(1) Blue Ribbon TC	Michigan	6-14
3:53.4	(1) San Jose Cindergals	San Jose	6- 1
3:53.7	(2) Falcons TC	Eugene	6- 7
3:53.8	(1) Temple HS, Texas	Austin	5- 3
3:54.0	(2) Cleveland TC	Michigan	6-14
3:54.6	(2) Texas TC	Wichita	5-31
3:54.7	(2) Duke City Dashers	Phoenix	3-23

MILE RELAY (Continued)

3:54.8	(3)	Ohio TC	Ohio State
3:55.0h	(2)	Madison Badger Jettes	White Plains
3:55.6	(1)	Tennessee State U.	Nashville
3:55.7h	(3)	Orinda TC	White Plains
3:55.87	()	Metropolplex Striders	Wichita
3:56.0	()	Falmouth HS, Mass	Brockton
3:56.7h	(5)	Klub Keystone	White Plains
3:57.4	(7)	Univ. of Florida	Corvallis
3:57.6	(2)	Rialto Roadrunners	Los Angeles
3:57.7	(4)	Lawrence TC	Ohio State
3:57.8	(1)	Millbrae Lions	Millbrae
3:57.8	(2)	Bay City HS, Texas	Austin
3:58.0	(3)	Capital City Comets	Versailles
3:58.1	(5)	Baylor University	Corvallis
3:58.2	(3)	Irving HS, Texas	Austin
3:58.3	(1)	Southern Cal Cheetahs 12/13	Walnut
3:58.4	(1)	Pflugerville HS, Texas	Austin
3:58.5	(3)	Arcadia HS, Ca	Los Angeles
3:58.8	(8)	Kearney State	Corvallis
3:58.8h	(2)	Charlette Athletes Footwear	White Plains
3:58.9	(3)	Pioneers AC	Wilmington
3:59.1	(6)	Michigan State	Corvallis
3:59.2h	(3)	Colorado Flyers	White Plains
3:59.4	(1)	Largo HS, Maryland	Wash DC
3:59.4	(2)	West Suburban TC	Fort Wayne
3:59.4	(1)	Thunderbolts	Creve Coeur
3:59.8	(1)	Nugent Center TC	LSU

MEET RESULTS

TEXAS State Cross Country Championships-December 13. One mile distance (to be increased to 1½ miles in 1976). The Texas meet brought together the top three teams from each of four regions, and the top ten individuals from each region. Julie King (Lanier, Austin) edged teammate Theresa Brown 5:28.0 to 5:30.0, while cross-town rival Laura McIntyre (Anderson) clocked 5:33.0 in third. An interesting note accompanying the results mentions that frosh King lost only one race all year, to Brown; Brown lost only to King; and McIntyre lost only--but always--to King and Brown. In the Conference B race (smaller schools) Isabel Navarro (Brownfield) clipped Sandra Brown (Cotulla) 5:33 to 5:37, but Westlake HS of Austin placed the next three finishers in Wendy Patterson (5:40), Benetta Rusk (5:44) and Ann Quigley (5:45) to claim the team race with 56 points. Other results: Conference A: 4-Christi Garcia (San Antonio MacArthur) 5:35.5, 5-Julie Curry (Amarillo) 5:38.0, 6-Disa Lewis (Houston Memorial) 5:40.5, 7-Lori Scott (Amarillo) 4:43.0, 8-Julie White (Arlington) 5:43.9, 9-Eva Gutierrez (Mission) 5:44.7, 10-Cathy Vogl (Killeen) 5:45.6. Team-1, Lanier-48; 2, Mesquite-87; 3-Amarillo-107. 100 Finishers. Conference B: Team-- 2. Brownfield 99; 3. A&M Consolidated, College Station, 103. 84 finishers.

Another interesting note on the Conference A race is that all results were computerized, printed to the tenth, with team totals, and team composites also figured, apparently taking advantage of the computerized scoring system outlined in Track Technique some time ago.

MASSACHUSETTS. The two best high school marks of the area belong to Lynn Jennings (Bromfield) the state X-C champ with a 4:55.3 mile at West Point and Johanna Forman (Falmouth) with a 2:10.1 at College Park, Md.

On Dec. 27, Falmouth defended its team title at the Johnson & Wales Relays on a flat, 176 yard armory floor in Providence R.I. Falmouth won only one event but set two meet records. Forman won an easy 5:14.0 mile record and the 4x176 relay set a record of 1:28.1 in the trials with a team of Halady, Jonas, Robinson, and Forman, but dropped the baton in the final. Christ the King (NYC) won in 1:30.6 with Mt. Pleasant (R.I.) second in 1:30.7 and Falmouth third in 1:30.9. Mt. Pleasant won the Medley Relay in a record 4:35.0 with Deb Shoemo, Dhana Watkins, Pam Jonas, and Patti Douglas, with Falmouth second in 4:36.8. Christ the King won the two mile relay in 10:34.0 with Ann Train, Maureen O'Driscoll, Margaret Tartaro, and Susanne Shea. (From John Carroll)

The USSTF Relays at Dartmouth produced some great marks by HS Athletes as high school girls won 6 of 13 events.

Forman set a meet record in the 600 with a time of 1:22.3 which moved her into 8th on the all-time USA 600 list. Patty Knighton, North Catholic HS, Hartford, Conn., won the Long Jump at 18'10½"; was second in the high jump at 5'6" and was second in the 60y to Brenda Calhoun (Hamden, Conn, HS) who won in 7.1. Calhoun was fourth in the 220 with a 26.4. Betty Selman (Lexington, Mass) was third in the 220 in 26.2. Junior Chris Mullen (Seekonk, Mass) ran a quick 57.6 mile relay lead off.

KALEIDOSCOPE-The United States Women's Track Coaches Association has published a large list of colleges with track programs for women. It is available free to members. Membership is available for \$4.00 per year through Lyle Knudson, 3511 Colorado Ave., Loveland, Colo. 80537....Also in the latest USWTC newsletter is a master calendar of meets....Only four high school meets listed, and three are combined with some other level....Correspondant John O'Shea relates that he's often thought that the 1500 meters came into being because somebody

(Continued on next page)

HIGH SCHOOL TRACK By RICH EDE

HIGH SCHOOL RECORDS

100y	10.6	Angel Doyle	1975
		Central Dauphin, PA.	
220y	24.2	Janice Wiser	1974
		La Jolla, CA.	
440y	55.0	Essie Kelly	1974
		Spur, TEX.	
880y	2:09.2	Kathy Costello	1975
		Pleasant Hill, CA.	
Mile	4:52.3	Margaret Groos	1975
		Harpeth Hall Acad. TENN.	
2Mile	10:53.6	Kathy Mills	1975
		Fay.-Manlius, N.Y.	
100mH	13.9	Debbie Esser	1975
		Woodbine, IOWA	
HighJump	6'0"	Joni Huntley	1974
		Sheridan, ORE.	
LongJump	20'5"	Jodi Anderson	1975
		Los Angeles, CA.	
ShotPut	51'1½"	Kathy Devine	1974
(8#)		San Diego, CA.	
ShotPut	42'2½"	Jackie Gordon	1975
(4K)		Woodson, VA.	
Discus	157'7"	Suzie Snider	1973
		Waco, TEX.	
Javelin	155'4"	Lisa Kirk	1975
		Crater, ORE.	
440yRel	47.1	Higgins, Diggs,	1974
		Williams, Williams	
		Columbia, TEX.	
880MedR	1:44.5	Price, Ford, Jones,	1975
		Anderson	
		Washington, L.A., CA.	
880Rel	1:39.8	Weisinger, Morrow,	1975
		Jones, Smith	
		Conroe, TEX.	
MileRel	3:53.1	Horstmeyer, Horst-	1975
		meyer, Esser, Esser	
		Woodbine, IOWA	
2MileR	9:46.4	Latham, Reed,	1974
		Hansen, Green	
		Ridgewood, N.J.	
Pentathlon	3023	Jenny Stary	1975
		Claremont, CA.	

Obviously missing are marks in the following events: 100m, 200m, 400m, 800m, 1500m, 3000m, 400mH, Distance Medley Relay. Anyone with legitimate claims in any of the above events should submit them, including all information requested in the November, 1975, WTFW, for consideration.