

MICHIGAN STATE CHAMPIONSHIPS
 July 13 & 14, 1974
 Northwood Institute, Midland, Michigan
 Sponsored by the Fleet Feet Track Club

Track: Synthetic, all weather

Women' Division

100 meter high hurdles

1. Jo Drake	TC	15.7
2. Kim Hatchett	U/A	15.8
3. Joce Skelly	FF	16.0
4. Laura Havercraft	FF	16.2
5. Sari Johnson	FF	16.5
6. Teri Wright	U/A	n.t.

400 meter hurdles

1. Joce Skelly	FF	1:10.03
2. Jane Gilmore	TC	1:11.6
3. Peggy Moore	PP	1:11.7
4. Diane Wymore	FF	1:12.0
5. Cheryl Soles	Mich	1:12.0
6. Eva Krusiewski	U/A	1:12.1

100 meter dash

1. Marjorie Grimmett	MC	11.95
2. Angela Johnson	MC	12.4
3. Carman Rivers	MC	12.4
4. Sandy Oliver	TC	12.6
5. Eileen Rickman	Lipke	13.0
6. Cherrie Morse	U/A	13.1

200 meter dash

1. Marjorie Grimmett	MC	25.1
2. Sue Latter	Mich	25.3
3. Sandy Oliver	TC	26.9
4. Barb Cruci	PP	27.35
5. Eileen Rickman	Lipke	27.4
6. Mary Grier	MC	27.6

400 meter run

1. Sue Latter	Mich	56.2
2. Ella Willis	Lipke	58.4
3. Cheryl Gilliam	MC	58.8
4. Kim Watts	MC	60.1
5. Jacki Cruci	PP	60.6
6. Catherine Sobovyk	Mich	63.2

300 meter run

1. Sue Parks	GT	2:17.3
2. Sherri Hohenstein	MC	2:21.0
3. Kay Richards	TC	2:29.5
4. Michele Cummings	Wol	2:32.3
5. Mary Jo Fisher	Lipke	2:35.5
6. Kelly Thomas	TC	2:34.5

1500 meter run

1. Diane Culp	TC	4:55.2
2. Ann Forshee	Mich	4:55.3
3. Mary Ann Opalewski	FF	4:58.4
4. Cynthia Sprague	U/A	5:09.7
5. Kathy Bienick	SUS	5:14.5
6. Cheryl Kerckaert	U/A	5:15.1

1500 meter walk

1. Kelly Thomas	TC	8:52.6
2. Wendy Hutton	TC	10:07.6
3. Kay Nyquist	FF	11:35.6

3000 meter run

1. Cynthia Sprague	U/A	10:40.7
2. Karen McKeachie	Mich	10:49.4
3. Lynn Lovat	Mich	11:12.5
4. Kathy Bober	Wol	11:56.4
5. Mary Jo Fisher	Lipke	12:48.0
6. Wendy Hutton	TC	13:15.3

400 meter relay

1. MC	49.8
2. Mich	50.0
3. TC	51.0
4. FF A	51.5
5. PP	52.6
6. Red. Union	53.1

300 meter medley

1. MC	1:51.6
2. Lipke	1:51.7
3. FF	1:53.5
4. Mich	1:53.9
5. TC	1:56.5
6. FF	1:59.6

Mile relay

1. MC	4:10.0
2. Lipke	4:21.0
3. Mich	4:21.5
4. PP	4:24.3
5. FF	5:07.6

2 Mile relay

1. TC
2. FF

High jump

1. Sari Johnson	FF	5'2"
2. Linda Kobs	U/A	5'0"
2. Jo Drake	TC	5'0"
2. Ellen Dempsey	Mich	5'0"
2. Lynn Punnett	FF	5'0"
6. Diane Culp	TC	4'10"

High jump

1. Anita Lee	TC	5'0"
2. Laurel Viatake	TC	4'10"
3. Linda Porter	TC	4'10"
4. Deb Clark	U/A	4'10"
5. Diane Wymore	FF	4'10"
6. Ella Willis	TC	4'10"

4 Kilo shot

1. Jane Pierce	Mich	33' 4 1/4
2. Sharen Upshaw	Lipke	35' 4 1/4
3. Jean Luoma	FF	35' 2 3/4
4. Cheryl Soles	Mich	30' 9 1/2
5. Sherri Brenick	SUS	32' 7
6. Carol Macieci ni	Lipke	31' 1 1/2

Javelin

1. Sue Inman	FF	122' 6
2. Marcia Karwas	Mich	113' 3
3. Betty Smith	Mich	109' 10
4. Loan Ludtke	Mich	103' 6 1/2
5. Sherri Bienick	SUS	105' 9
6. Karen McKeachie	Mich	89' 1 1/2

Discus

1. Marcia Karwas	Mich	102' 10 1/2
2. Jane Pierce	Mich	101' 11
3. Joce Skelly	FF	91' 10
4. Lynn Punnett	FF	33' 9 1/2
5. Lynn Walters	SUS	33' 7
6. Kim Gallo	Mich	35' 4

Team Scoring Women's division

1. Michigammas	119	6. Plymouth Pacers	24
2. Flect Feet	96	7. Golden Triangle	10
3. Traverse City	94	3. Wolverines	3
4. Motor City	91	9. SUS	3
5. Lipke	42	10. Redford Union	1

14 - 15 Division

160 yd. dash

1. Angela Johnson	TC	11.6
2. Mollye Brennan	Mich	12.0
3. Eileen Rickman	Lipke	12.1
4. Annette Smith	FF	12.4
5. Caroline Schardein	Che	12.5
6. Kelly Fernald	U/A	12.6

220 yd. dash

1. Carmen Rivers	TC	26.5
2. Molly Brennan	Mich	26.6
3. Eileen Richman	Lipke	27.1
4. Tracy Osgood	FF	27.6
5. Denise Hawley	Mich	28.0
6. Cathy Sobczyk	Mich	28.4

440 yd. run

1. Cheryl Gilliam	TC	61.4
2. Kim Watts	TC	61.7
3. Cathy Sobczyk	Mich	65.7
3. Barb Knudson	TC	65.7
5. Anglie Menkel	Che	66.3
6. Cheryl Skeen	Mich	66.4

330 yd. run

1. Kelly Thomas	TC	2:30.0
2. Carmeleth Phillips	TC	2:33.2
3. Marilyn Cooley	Lipke	2:37.4
4. Cathy Martin	FF	2:39.3
5. Patty Chelenyak	Mich	2:40.3
6. Kay Nyquist	FF	2:43.1

Mile

1. Cynthia Sprague	U/A	5:23.6
2. Mary Hill	U/A	5:43.5
3. Ani Haripau	Mich	5:43.0
4. Cheryl Kerckanert	U/A	6:00.2
5. Stacy Porter	Vol	6:03.2
6. Fawzig Ali	Mich	6:40.2

Mile walk

1. Kelly Thomas	TC	9:54.2
2. Kay Nyquist	FF	11:49.6

100 meter hurdles

1. Diane Wymore	FF	15.5
2. Tracy Osgood	FF	15.6
3. Jan Aumaigher	FF	16.3
4. Char Reich	FF	16.3
5. Annet'e Smith	FF	13.1
6. Jane Gilmore	TC	13.5

300 meter hurdles

1. Diane Wymore	FF	47.6
2. Tracy Osgood	FF	47.7
3. Laura Butsakas	Mich	43.5
4. Jane Gilmore	TC	50.9
5. Sarah Peterson	Mich	51.9
6. Ginger Warren	FF	55.0

440 yd. relay	
1. MC	51.9
2. Mich	52.3
3. FF	53.5
4. Lipke	55.4

380 medley	
1. MC	1:57.4
2. FF	1:59.5
3. Che	2:00.3
4. Lipke	2:01.5

Mile relay	
1. FF	5:43.6

High jump

1. Jan Aumaugher	FF	5' 0
2. Ginger Warren	FF	4' 10
3. Cheryl Woods	Lipke	4' 3
4. Kim Watts	MC	4' 6
5. Barb Knudson	TC	4' 4

Long jump

1. Diane Wymore	FF	16' 9 3/4
2. Jan Aumaugher	FF	16' 1 3/4
3. Lydia Yanik	Lipke	15' 7 1/2
4. Tracy Osgood	FF	15' 7
5. Cheryl Woods	Lipke	14' 10
6. Kelly Foernold	U/A	14' 1

8# shot

1. Constance Lee	MC	29' 11
2. Heather Harris	FF	29' 7
3. Brenda Dorsey	MC	26' 5 1/2
4. Maureen Clinthorne	FF	25' 5
5. Jody Foy	FF	24' 6
6. Audrey Laeder	FF	24' 4 1/2

Discus

1. Beth Solosky	FF	39' 1
2. Barb Knudson	TC	32' 10
3. Constance Lee	MC	73' 5
4. Kelly Thomas	TC	70' 2 1/2
5. Char Reich	FF	64' 1 1/2
6. Susie Muster	SUS	59' 2 1/2

Javelin

1. Jane Gilmore	TC	76' 5 1/2
2. Susie Muster	SUS	62' 7
3. Michele Smith	Wol	61' 4
4. Lorrie Radakovich	FF	60' 8
5. Beth Solosky	FF	55' 10

Team Scoring 14 - 15 division

1. Fleet Feet	161	5. Lipke	40
2. Motor City	92	6. Chelsea	10
3. Traverse City	54	7. SUS	9
4. Michigames	50	8. Wolverines	3

12 - 13 Division

100 yd. dash

1. Sandra Jones	Mich	12.3
2. Lanett Jones	Mich	12.4
3. Judy Verneulen	Lipke	12.5
4. Kelly Kubesh	FF	12.6
5. Cheryl Fookes	FF	13.3
6. Cheryl Kinney	FF	13.6

220 yd. dash

1. Sandra Jones	Mich	23.4
2. Lanett Jones	Mich	23.5
3. Leslie Hernandez	FF	29.0
4. Deitrick Jordan	MC	29.7
5. Ina Cooper	MC	30.1
6. Brenda Isenbourg	FF	30.2

440 yd. run

1. Kim Wyche	Mich	65.1
2. Ina Cooper	MC	63.3
3. Mary Braman	FF	69.3
4. Laurie Fookes	FF	70.1
5. Diane Derby	Wol	30.3

380 yd. run

1. Rochelle Collins	MC	2:22.4
2. Kelly Yestant	FF	2:23.9
3. Deanne Macreno	SUS	2:32.2
4. Leslie Huebner	FF	2:50.0
5. Linda Gibson	Lipke	3:13.5

Mile run

1. Beth Huff	Mich	6:01.5
2. Jordan Dietrich	MC	6:23.6
3. Wendy Murawski	PP	6:44.7

Mile walk

1. Shannon Mara	FF	10:16.7
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30 meter hurdles

1. Ruth Surprenant	FF	14.1
2. Dannie Skelly	FF	14.5
3. Skelly Frye	TC	15.0

200 meter hurdles

1. Leslie Hernandez	FF	34.4
2. Dannie Skelly	FF	34.6
3. Shelly Frye	TC	36.0

440 yd. relay

1. Mich	57.6
2. FF A	57.7
3. FF B	59.3

880 medley

1. Lipke	2:07.1
2. FF B	2:10.6

1600 medley

1. Carol Miserlian	Lipke	14: 7
2. Kelly Yesmunt	FF	14: 5 1/4
3. Patty Ludtke	Mich	14: 3/4
4. Leslie Huebner	FF	13: 2 3/4
5. Jenni Poraly	TC	13: 10 5/8
6. Wendy Nowinski	FF	11: 2

High jump

1. Carol Miserlian	Lipke	4' 10
2. Dannie Skelly	FF	4' 4
3. Shelly Frye	TC	4' 2
4. Mary Kay Braman	FF	4' 0
4. Linda Gibson	Lipke	4' 0

6# shot

1. Jackie Burton	Lipke	37' 8
2. Mary Kay Braman	FF	29' 2
3. Lucy Rea	Lipke	25' 10
4. Shannon Mara	FF	21' 0

Javelin

1. Patty Ludtke	Mich	70' 6
2. Debbie Lager	Linke	69' 10
3. Debbie Jozwiak	FF	69' 1
4. Lucy Rea	Lipke	64' 10
5. Deanna Macreno	SUS	62' 7
6. Sue Renehan	SUS	55' 4

Discus

1. Jackie Burton	Lipke	76' 2
2. Debbie Lager	Lipke	73' 5
3. Debbie Jozwiak	FF	65' 3 3/4
4. Lucy Rea	Linke	54' 11 1/2
5. Deanna Macreno	SUS	51' 2 3/4
6. Susan Renehan	SUS	43' 1 3/4

Baseball throw

1. Jackie Burton	Lipke	153' 5
2. Ina Cooper	MC	146' 7
3. Debbie Jozwiak	FF	133'
4. Judy Vermeulen	Lipke	131' 2
5. Jennie Farley	TC	121' 3
6. Cheryl Kinney	FF	111' 7

Team Scoring 12 - 13 division

1. Fleet Feet	135	5. Traverse City	20
2. Michigames	72	6. SUS	9
3. Linke	69	7. Plymouth Pacers	7
4. Motor City	24		

10 - 11 Division100 yd. dash

1. Jean Williams	MC	12.8
2. Marcel Rickman	Lipke	13.0
3. Jill Goupil	FF	13.7
4. Mary Simmons	U/A	14.0
5. Tracy Simpson	U/A	14.1
6. Kathy Klump	FF	14.1

220 yd. dash

1. Marcel Rickman	Linke	30.6
2. Fran Dorsey	MC	30.9
3. Lisa Master	SUS	31.0
4. Lisa Jones	Mich	31.5
5. Lisa Braman	FF	31.6
5. Ruth Goethe	FF	31.6

440 yd. run

1. Pamela Mills	SUS	72.3
2. Jill Srendson	U/A	74.3
3. Colleen Dean	FF	76.0
4. Kim Rains	FF	79.2
5. Tracy Simpson	U/A	81.0
6. Mary Simmons	U/A	85.7

880 yd. run

1. Nancy Thurston	FF	2:39.9
2. Tracy Huebner	FF	2:54.5
3. Julie Porter	Wol	2:58.7
4. Jan Bottomley	FF	3:00.7
5. Toni Bell	FF	3:10.5

Mile

1. Kayla Skelly	FF	6:08.9
2. Anne Berry	FF	6:19.5
3. Fran Dorsey	MC	6:33.3
4. LeeAnn Yanik	Lip	6:42.0
5. Robin Jones	TC	6:48.7
6. Sheri Nevin's	FF	7:16.0

Mile walk

1. Robin Jones	TC	10:44.1
2. Lorraine Baker	Wol	11:42.3
3. Sandy Warren	FF	12:00.4

50 yd. hurdles		
1. Sandy Warren	FF	9.0
2. Jill Goupil	FF	9.2
3. Rose Surpernant	FF	9.6
4. Kayla Skelly	FF	9.8
5. Tracy Simpson	U/A	10.2

440 yd. relay	
1. FF A	61.3
2. FF B	63.6
3. PP	66.3
4. FF C	67.6

330 medley	
1. FF A	2:17.7
2. FF B	2:19.1
3. FF C	2:34.7

High jump		
1. Rose Surpernant	FF	4' 2
2. Kayla Skelly	FF	4' 1
3. Anne Berry	FF	3' 8
3. LeeAnn Yanik	Lipke	3' 8
5. Lisa Braman	FF	3' 6

Long jump		
1. Laurie Call	Sag.	14' ½
2. Lisa Master	SUS	13' 5
3. Nancy Thurston	FF	12' 1
4. LeeAnn Yanik	Lipke	11' 4½
5. Tressa Reisig	FF	11' 3 ¾
6. Kathy Klump	FF	11' 3½

6# shot		
1. Rose Surpernant	FF	28' 10
2. Lisa Master	SUS	25' 1
3. Sheila Dorsey	MC	24' 8
4. Colleen Dean	FF	21' 10
5. Kim Rains	FF	17' 11½
6. Lori Jenuwine	SUS	14' 2

Baseball throw		
1. Colleen Dean	FF	142' 7½
2. Sheila Dorsey	MC	112' 8
3. Pamela Mills	SUS	111' 1½
4. Christie Forton	SUS	105' 6½
5. Beth Chamberlin	FF	100' 7½
6. Molly Murawski	PP	33' 10

Team Scoring 10 - 11 division			
1. Fleet Feet	215	5. Wolverine	14
2. Motor City	39	6. Plymouth Pacers	13
3. SUS	37	7. Traverse City	12
4. Lipke	35		

9 & Under Division

100 yd. dash		
1. Janice Lehman	FF	14.1
2. Carrie Schultz	SUS	14.3
3. Michelle Collins	FF	14.6
4. Michelle Dittman	FF	14.8
5. Denise Caldwell	FF	15.0
6. Monica Durham	U/A	15.0

220 yd. dash		
1. Janice Lehman	FF	33.6
2. Carrie Schultz	SUS	32.7
3. Ann Smith	FF	33.0
4. Gayle Kinney	FF	34.8
5. Kathy Shallow	FF	35.1
6. Michelle Dittman	FF	35.7

440 yd. run		
1. Lynn Lager	Lipke	1:15.7
2. Jill Thurston	FF	1:18.4
3. Beth Yesmunt	FF	1:19.6
4. Robin Lager	Lipke	1:24.0
5. Patti Forton	SUS	1:24.5
6. Beth Elzinga	FF	1:25.2

880 yd. run		
1. Ann Smith	FF	2:53
2. Stephanie Coe	SUS	2:57.1
3. Jackie Cudahy	FF	3:03.1
4. Cathy Berry	FF	3:03.2
5. Sue Rhodes	FF	3:11.4
6. Jill Chittick	FF	3:16

440 yd. relay		880 relay	
1. FF A	64.7	1. FF A	2:22.5
2. FF B	67.2	2. FF B	2:30.8
3. FF C	72.7	3. FF C	2:36.2
4. FF D	77.5	4. FF D	2:42.6

High jump		
1. Cathy Berry	FF	3' 6
2. Leslie Poy	FF	3' 4
3. Lynn Lager	Lipke	3' 4
4. Kelly Walker	MC	3' 2
5. Jackie Trush	FF	3' 0
5. Beth Yesmunt	FF	3' 0

Long Jump

1. Lynn Lager	Lipke	12' 4 1/4
2. Jackie Cudahy	FF	10' 11 3/4
3. Gayle Kinney	FF	10' 10 3/4
4. Stephanie Coe	SUS	10' 9 3/4
5. Denise Caldwell	FF	10' 5 3/4
6. Monica Durham	U/A	10' 2 1/2

Baseball throw

1. Stephanie Coe	SUS	122' 10 1/2
2. Michelle Collins	FF	94' 10
3. Sue Rhodes	FF	91' 6 1/2
4. Kathleen Mara	FF	69'
5. Laura Piper	FF	61' 2
6. Sheila Mara	FF	59' 9

Team Scoring 9 & Under division

1. Fleet Feet	196
2. SUS	40
3. Lipke	30
4. Motor City	4

9 & Under exhibition mile

1. Ann Smith	FF	6:34.6
2. Jill Thurston	FF	6:48.6
3. Cathy Berry	FF	7:00.2
3. Jackie Brush	FF	7:00.2
5. Sue Rhodes	FF	7:21.3
6. Gayle Kinney	FF	7:35.0

10 - 11 exhibition mile

1. Nancy Thurston	FF	5:59.6
2. Kayla Skelly	FF	6:09.8
3. Anne Berry	FF	6:19.6
4. Sheri Nevins	FF	7:09.6

12 - 13 exhibition mile

1. Deanna Macreno	SUS	5:47.4
2. Beth Huff	Mich	6:12.5