NATIONAL JUNIOR OLYMPICS from Al Bonney

Ithaca, New York, August 8-10: The sleepy little town of Ithaca, New York hardly seems to be the logical site for a National Junior Olympics, but by the time everything had been wrapped up on the track Sunday, one had the definite feeling that maybe more big meets should be held in 'sleepy little towns'. Meet Director Jack Warner, Head Track Coach at Cornell and his crew put on a fine meet-- as Tim Hickey of Klub Keystone put it, "Its the best I've seen all year". Thus the professional manner in which the meet was conducted, probably contributed to some of the fine performances.

All in all, the girl's meet turned out to be a happy mixture of old and new faces doing their thing in our chosen sport. One athlete from each of the fourteen regions came to compete, and in all events but the mile there were trials for

a six girl final on Saturday. The Results:

100 Meter Hurdles
This event was run with seven in the final, all because Rosiland Anderson of Frederick, Maryland was knocked down in the trials and a protest was upheld allowing her to compete. Anderson, who was one of the victims of White Plains' six lane track in the semis, exploded out of the blocks with Lena Gibb of Houston and Patsy Walker of Washington even-up until the sixth hurdle where Walker faded, and Anderson held her slight lead to the tape.

1-Rosiland Anderson (Frederick, Md.) 13.8, 2-Lena Gibb (Houston, Tx.) 13.9, 3-Miriam Loui(Kailua, Haw.) 14.5, 4-Stacy Compton (Cheney, Kans.) 14.5, 5-Kathy Borgwarth (Brainerd, Minn.) 14.5.

100 Yard Dash Utilizing a quick start, Freda Hancock of Pueblo, Colorado became the meet's only double winner. There was no question from start to finish as to who would win this event. Denise Pemberton(San Mateo) at 11.02, LaRoya Huff(Washington, D.C.) at 11.05 and Carrie Sherman at 11.08 gave the Accutrack people something to do in this one. Huff, considered one of the favorites, was out of the blocks last, and only a strong finish kept her in the money. The Results:

1-Freda Hancock(Pueblo, Colorado) 10.89, 2-Denise Pemberton (San Mateo, Ca.) 11.02, 3-LaRoya Huff(Washington, DC) 11.05, 4-Carrie Sherman(Woodville, Miss.) 11.08, 5-Lori Green(Topeka

Kans.) 11.13.

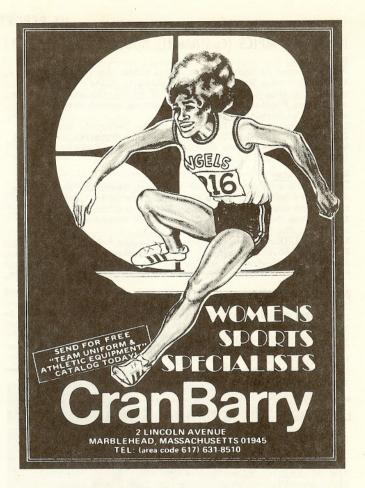
In what was easily the most impressive performance of the meet on the track, Robin Blaine of Brooklyn and the Atoms, ran an intelligent race and erased Johanna Foreman's year old JO record, blazing a 2:09.24. Blaine followed Detroit's Rochelle Collins and Cindy Worchester(Hill City, Kans.) through a 28 second 220, and 61 at the quarter before finally taking the lead at about 700 yards. Collins, after fading badly in the third furlong, charged down the homestretch to nab the runner-up spot in 2:10.84. The Results: 1-Robin Blaine(Brooklyn,NY) 2:09.24, 2-Rochelle Collins (Detroit, Mich.) 2:10.84, 3-Cindy Worchester(Hill City, Kans) 2:11.49, 4-Ellen Brewster(Madison, Wisc.) 2:11.62, 5-Kay Stormo(Hayti, SD) 2:18.2.

Sheila Ingram's 53.9 quarter standard was never in question, but there was a fine show of good quality mid-55 second one lappers. Only Trudy Rebsamen was the familiar 'name' competitor in the final. Linda Jones of Tacoma, Washington got off to a fast start, passing the 220 in around 26 and held a slight lead on the field until Yvonne Braxton and Rebsamen caught her at the 330. The latter two faded badly wit with 60 yards to go and Veronica Venezia blasted the stretch to nab 2nd. The Results:

L-Linda Jones(Tacoma, Wash.) 55.26, 2-Veronica Venezia(San Rafael, CA) 55.57, 3-Trudi Rebsamen(Mt. Prospect, Ill) 55.86, 4-Yvonne Braxton(Denver, Col) 56.54, 5-Barbara Zainen(Madison,

Wisc.) 56.94.

In probably no other event was the advancement in women's track in the US more evident than this one, as the first five places were under 5 minutes. Paula Rose, Julie Shea and Lalani Kelly all dipped under Hillary Noden's 4:56.8 Nat'l JO record. Shea led most of the way, splitting 67, 2:19.0 and 3:35 before Rose unloaded and ran away with it. Kelly, forsaking her front-running style ran impressively in 3rd. The Results:



1-Paula Rose(Corona Del Mar)4:48.6(New NJO record), 2-Julie Shea(Raleigh, NC) 4:53.6,3-Lalani Kelly(Washington, DC) 4:55.0, 4-Louise Murphy (Genesco, Kans.) 4:58.3, 5-Kathy Mills (Fayette-ville, NY) 4:58.3.

220

The long sprint was basically the same story as the 100. Hancock led from start to finish, utilizing her explosive start and fine running to annex her second victory of the day. The first finishers were a duplicate of the 100 finish. The Results:

1-Freda Hancock(Pueblo, Col.) 24.18, 2-Denise Pemberton(San Mateo, CA.) 24.52, 3-LaRoya Huff(Washington, DC) 24.58, 4-Wanda Hooker (Memphis, Tenn.) 24.67, 5-Lori Green (Topeka, Kan.) 24.7.

High Jump

Another strong indication of soaring interest(pardon the expression) in track & field was the high jump, with four girls at 5-6(the former meet record) or over, and five more at 5-4. Toni Jones of Washington, DC) outjumped Linda McDade of Marietta, Georgia with a leap of 5-8. Three attempts at 5-9 ended in failure. The Results:

1-Toni Jones (Washington, DC) 5-8, (New NJO record), 2-Linda McDade(Marietta, Ga.) 5-7, 3-Anne Gilliland(Albuquerque, NM) 5-6, 4-Joan Brockhaus(Rosholt, SD) 5-6, 5-Lorri Hooker(Harling

ton, Tex.) 5-4.

The award for 'gutiest performance of the meet' has to go to 15 year old Ulinda Capers of Seattle, who entered the competition with a badly sprained ankle, took three jumps before reinjuring it, withdrew, and held on to her lead to win the title. Her jump of 19-% was a best by nearly 6 inches. The Results:

1-Ulinda Capers(Seattle, Wash.) 19-4, 2-Linda Boyan(Doylestown, Ohio) 18-10%, 3-Mary Smith(St.Louis,Mo.) 18-8%, 5-Sandra Lambert(Houston,Tx.) 18-7%, 4-Kim Moran(Sepulveda, Ca.) 18-7%.

JUNIOR OLYMPICS (Continued)

Shot Put

Pamela Porter of Sioux Falls, S.D., sixth place finisher in the Nat'l Junior Women's Championships in White Plains came out on top this time with a throw of 47-2½. Christy Timberger of Shawnee Mission, Kansas took a strong second with a 46-3 effort. The Results:

1-Pamela Porter(Sioux Falss, SD) 47-2½, 2-Christy Timberger (Shawnee Mission, Kans.) 46-3, 3-Casyl Van Pelt(Bellvue, Wash) 44-3, 4-Kim Travers(New Castle, Pa.) 43-11¾, 5-Julie Cabrido (Ewa Beach, Haw.) 43-3.

440 yard relay

Despite the fact that most of the relay teams are made up the day before they run, there were some impressive times and fine baton work. The reigion 13 team consisting of four young ladies from California equalled the NJO record with a 46.83 clocking. The Results:

1-Region 13(Kim Moran, Veronica Venezia, Kim Robinson, Denise Pemberton) 46.83. 2-Region 1 46.9, 3-Region 6 47.3, 4-Region 2 47.79, 5-Region 12 47.85.