

GOLDEN TRIANGLE INVIT. XC SUN. SEPT. 28, 1975. E.M.U. PSH 5:00
MICH.
9 & UNDER GIRLS ONE MILE RUN

1	LORI VULTEGGIO - UNATT.	6:00	41
2	ANN SMITH - FLEET FEET	6:01	42
3	JODI WATERS - GD. RAP	6:03	43
4	MICHELA COLLINS - FLEET FEET	6:06	44
5	LORI VOST - OHIO ANGELS	6:09	45
6	FRANCINE BAUM - KIRKWOOD	6:12	
7	CATHY COAST - OHIO ANGELS	6:14	
8	JENNY NARTZIGER - OH ANGELS	6:15	
9	JENNY JUSTON - KIRKWOOD	6:18	1
10	JILL THURSTON - FLEET FEET	6:21	2
11	LINDA PORTER - MOUND	6:23	3
12	LESLIE MERRILL - OHIO ANGELS	6:24	4
13	CATHY BERRY - FLEET FEET	6:25	5
14	COLLEEN MARA - FLEET FEET	6:27	6
15	KENDRA SHARTT - DET. STR.	6:28	7
16	LOLLY LLOYD - OHIO ANGELS	6:29	8
17	BARB CHAMBERLIN - FLEET FT.	6:30	9
18	SUE RHODES - FLEET FT.	6:30	10
19	GAYLE KANEY - FLEET FT.	6:36	11
20	CAPRI TAYLOR - DET. STR.	6:37	12
21	SUSAN TREECE - OHIO ANGELS	6:38	13
22	JENNIFER LOVITT - KIRKWOOD	6:43	14
23	SHEILA MARA - FLEET FT.	6:46	15
24	NANCY DELOZIER - WOLW	6:47	16
25	PATTI FORTON - SUS	6:48	17
26	SHELLY RIDENOUR - KIRKWOOD	6:49	18
27	LISA ALEXANDER - MOTOR CITY	6:50	19
28	BETH ECKHARTS - FLEET FT.	6:53	20
29	JENNIFER STIMPSON - SUS	6:54	21
30	BARB SCIORINO - KIRKWOOD	6:59	22
31	MARY CLARK - KIRKWOOD	6:59	23
32	MALINDA BRITTON - WOLW	7:00	24
33	SHARON BLACKSTONE - GTTC	7:08	25
34	LISA ALEXANDER - MOTOR CITY	7:08	26
35	MICHELLE SMITH - FLEET FT.	7:08	27
36	ANN GAVOR - UNATT.	7:19	28
37	CAROL GUNNERS - OHIO ANGELS	7:20	29
38	WINSTON ROBINSON - OHIO ANGELS	7:28	30
39	KATHLEEN MARA - FLEET FT.	7:35	31
40	JILL THURSTON - FLEET FT.	9:08	32

MICHELLE FORTON - SUS 9:19

TEAM: (A)

- FLEET FEET - 43
(2-4-10-13-14)
- OHIO ANGELS - 48
- KIRKWOOD - 93
- FLEET FEET (B) - 105

GIRLS - (NEW RECORD 6:00.0; OLD RECORD 6:14.0 - 1973)

9 & UNDER BOYS ONE MILE RUN:

1	BRIAN BENNKE - SAS. T.C.	5:59
2	MIKE CARR - GTTC	6:04
3	CHRIS GABLE - GTTC	6:07
4	JIM PERRY - DAVISON	6:08
5	SCOTT PARKS - GTTC	6:08
6	ED GRUCE - DET. STR.	6:35
7	DAVID GEORGE - GD. RAP.	6:36
8	TIM STARK - GTTC	6:41
9	MALCOLM LIPSON - DET. ST.	6:42
10	GUY COLE - GTTC	6:46
11	KETIA WELLS - DAVISON	7:01
12	GARY STARK - GTTC	7:12
13	JOHN KRAUSE - GTTC	7:15
14	KENNY MUNSON - GTTC	7:16
15	STEVEN YOUNG - DET. STR.	7:24
16	JOEL COLLINS - MOTOR CITY	7:24
17	TIM COLE - GTTC	7:31
18	CHRIS COOPER - MOTOR CITY	7:31
19	DAVID SCHAFER - UNATT	7:38
20	SCOTT RIDENOUR - KIRKWOOD	7:53
21	TYRONE MASSEY - GTTC	8:08
22	DANIEL GIBBS - MOTOR CITY	11:04
23	ROY DAVIS - MOTOR CITY	11:48

TEAM:

- GOLDEN TRIANGLE (A) - 28
- GOLDEN TRIANGLE (B) - 77

(MILE RACE WAS NOT SHORT)

GOLDEN TRIANGLE INVIT. XC, SUN. SEPT. 28, 1975, EMU
 10-11 GIRLS 1 1/2 MILE RUN

1	CHRIS RIDENOUR - KIRKWOOD	8:42	41
2	KATHY RIGGS - KIRKWOOD	8:44	42
3	LAURIE CALL - FLEET FT	8:59	43
4	ALLISON HALL - KIRKWOOD	9:10	44
5	KAYLA SKELLY - FLEET FT.	9:22	45
6	SHERI NEVINS - FLEET FT	9:26	
7	BECKY JUTTON - KIRKWOOD	9:28	
8	STEPHANIE COE - SUS	9:34	
9	FRAN DORSEY - MOTOR CITY	9:39	
10	JULIE PORTER - WOLV.	9:47	
11	DENISE STIMASON - SUS	9:53	
12	SHEILA LINK - FLEET FT.	9:54	
13	JACKIE CUDAHY - FLEET FT.	9:57	
14	KIM MATEJKO - WOLV.	10:02	
15	SHARON HALLORAN - KIRKWOOD	10:02	
16	BETH CHAMBERLIN - FLEET FT.	10:04	
17	KATHY HART - GTTC	10:13	
18	PAIGE KELLY - WOLV.	10:17	
19	LISA LITTLETON - DET. STR.	10:18	
20	CHRISTINA FURITANO - SUS	10:19	
21	CAROL CHITICK - FLEET FT.	10:20	
22	KAREN BLAKNEY - WOLV.	10:21	
23	GERI FUHR - SUS	10:22	
24	SHEILA YOUNG - DET. STR.	10:37	
25	KATHLEEN REGAN - KIRKWOOD	10:40	
26	TRACY HUEBNER - FLEET FT.	10:45	
27	RUTH GOETHE - FLEET FT.	10:56	
28	MICHELLE MASSEY - GTTC	11:04	
29	CHRISTIE FORTON - SUS	11:42	
30	BARBARA ROCKWELL - GTTC	12:31	

TEAM:

1. KIRKWOOD - 29 (1-2-4-7-15)
2. FLEET FEET - 39 (3-5-6-12-13)
3. SUS OLYMPIANS - 91 (8-11-20-23-29)

10-11 BOYS 1 1/2 MILE RUN

1	LOUIS McCLENDON - DET. STR	8:45
2	DARWIN BRYANT - MOUND	8:58
3	JAY PORTER - MOUND	9:01
4	JIM WICKER - GTTC	9:02
5	CRAIG CASTO - GTTC	9:02
6	KEVIN SLATON - MOUND	9:08
7	KEVIN BEHNKE - SAG. T.C.	9:10
8	MIKE MARA - FLEET FT.	9:29
9	NORMAN OWENS - MOTOR CITY	9:38
10	DEVIN HART - GTTC	9:40
11	STACY THOMAS - HARPER CR.	9:41
12	BEVIN WILLIAMSON - HARPER CR.	9:46
13	TIM WYGANT - HARPER CR.	9:49
14	JAMES LENHOFF - MOUND	10:02
15	BEVIN HOUSE - GTTC	10:04
16	NICK ROUCH - HARPER CR.	10:25
17	BOBBY MUNSON - GTTC	10:42
18	TYSON DARWIN - MOTOR CITY	11:13
19	BRAD CARL - HARPER CR.	11:15
20	KEITH HATFIELD - GTTC	11:36

TEAM:

1. GOLDEN TRIANGLE - 51 (4-5-10-15-17)
2. HARPER CREEK - 71 (11-12-13-16-19)

Course about 110 yds. short. Add 20-25 seconds to time for full 1 1/2 mile.

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GOLDEN TRIANGLE INVIT. XC: SUN. SEPT. 28, 1975: EMU: YPSILANTI, MICH.
 12-13 GIRLS TWO MILE RUN:

1	HEATHER HENRIKSSON - KIRKWOOD	11:25	41
2	LORI SCHAFER - FLEET FT	11:41	42
3	BETH HUFF - MICHIGANAVES	11:50	43
4	PATTY BUCKEYE - UNATT	12:17	44
5	CHERYL WATTERS - GO. RAP.	12:30	45
6	SHERI HARTENBERGER - KIRKWOOD	12:40	
7	JEAN BIESER - KIRKWOOD	12:50	
8	RUTH SIXKILLER - KIRKWOOD	12:56	
9	SHAWANNA MARA - FLEET FT	13:03	
10	DONNA BEATRICH - WOLV	13:05	
11	PATTI MERKEL - KIRKWOOD	13:09	
12	NANCY THURSTON - FLEET FT	13:11	
13	JENNIFER GEGEL - KIRKWOOD	13:16	
14	JANET SMART - DET. ST.	13:17	
15	SALLY RITSENA - GO. RAP.	13:27	
16	MARY PORTER - MOUND	13:40	
17	DIANE PORTER - MOUND	13:46	
18	SHELA TAYLOR - DET. STR.	13:52	
19	LAURIE GEORITIS - GO. RAP.	13:55	
20	LESLIE MORRISON - KIRKWOOD	13:56	
21	DEQUANA MACCENO - SUS	14:16	
22	LINDA DILL - KIRKWOOD	14:33	
23	LOIS ROBINSON - DET. STR.	14:45	
24	JUDY MATEJKO - WOLV.	14:50	
25	CASSANDRA DAVIS - DET. STR.	15:46	
26	JENNIFER WHITESEL - MOUND	15:58	
27	ALICE TEISAN - LIKKE	17:08	
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TEAM:

1. KIRKWOOD - 33
 (1-6-7-8-11)

12-13 BOYS TWO MILE RUN:

1	TONY LAW - GTTC	11:08
2	JEFF STARK - GTTC	11:20
3	MARK MAYRAND - GTTC	11:47
4	GORDON FORTAN - SUS	11:51
5	SCOTT CUDAHY - GOLDEN ΔTC	12:04
6	JOHN FURITANO - SUS	12:08
7	LARRY JORDAN - MOTOR CITY	12:10
8	MARK WITZKI - HARPER CR.	12:17
9	CHRIS CASTO - GTTC	12:19
10	STEVE ULBRICKS - HARPER CR.	12:23
11	CHAS GREEN - MOTOR CITY	12:26
12	ENDRY CALLANAY - DET. STR.	12:34
13	CHAS. GOODMAN - HARPER CR.	12:35
14	TIM LYON - HARPER CR.	12:44
15	JOHN SCHON - GTTC	13:28
16	JEFF WILSON - HARPER CR.	13:29
17	GREG CARY - HARPER CR.	13:54
18	GARAN MARUATI - HARPER CR.	14:51
19	RICKY ROCKWELL - GTTC	14:53
20	KEN BLOSSOM - GTTC	16:44
21	TONY AYERS - MOTOR CITY	NO TIME
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TEAM:

1. GOLDEN TRIANGLE - 20
 (1-2-3-5-9)
 2. HARPER CREEK - 61
 (8-10-13-14-16)

(ABOUT 65 YDS. SHORT.
 ADD: 15-20 sec. to
 your time to make
 2 MILE TIME)

GOLDEN TRIANGLE JANIT, XC: SUN: SEPT. 28, 1975, EMUS: YPSILANTI, MI

14-15 GIRLS 2 1/2 MILE RUN:

WOMENS THREE MILE RUN:

- 1 ROCHELLE COLLINS - MOTOR C 15:43
- 2 SUE JAREIUS - UNATT 15:56
- 3 ANI MARIPOU - RIVER RATS 15:59
- 4 CARRIE CHOPP - KIRKWOOD 16:17
- 5 LESLIE LAVIOLETTE - RIVER R 16:39
- 6 CINDA MARROW - KIRKWOOD 16:49
- 7 AMY RICHARDE - KIRKWOOD 17:17
- 8 LINDA SMITH - KIRKWOOD 17:37
- 9 MISSY KNOPF - RIVER RATS 17:53
- 10 LATICIA DIAZ - PEASE - RIVER R 18:08
- 11 DEBBIE PORTER - MOUND 18:14
- 12 MARGARET WALLACE - MOTOR C 18:59
- 13 SUE MARTIN - RIVER RATS 18:11
- 14 JOY STARKS - RIVER RATS 19:42
- 15 JOSE VON VOFLANDER - RIVER R 19:51
- 16 CHRISTINE NORDMAN - RIVER R 19:56
- 17 LORRIE O'DOWD - KIRKWOOD 20:23
- 18 KAY SEAGOA - UNATT 21:04
- 19 BETH VIOLANTE - UNATT 21:07
- 20 ELUE LEWANDOWSKI - UNATT 21:17
- 21 ANNE SPONSSELLER - RIVER RATS 22:11
- 22 BRENDA DORSEY - MOTOR CITY 23:21
- 23 DEBBIE FUGATE - GTIC 23:46
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TEAM:

1. KIRKWOOD - 42
(4-6-7-8-17)
- (RIVER RATS - 40)
(3-5-9-10-13)
(NOT AAV TEAM)

(2 1/2 MILE DISTANCE WAS CORRECT)

- 1 ELLA WILLIS - LIPKE 17:13
- 2 MARY OPALYUSKI - FLEET FT 17:25
- 3 MICHELLA KERR - WOLV. 18:49
- 4 KARLA AMBLE - RIVER RATS 18:55
- 5 GAINNY SHOOK - RD RAP. 19:10
- 6 DIANE SIMON - WOLV. 19:32
- 7 CINDY BARBER - WOLV. 19:33
- 8 ANN LOZIER - WOLV. 20:02
- 9 RUTH BARRETT - LIPKE 20:16
- 10 CAROL GUARDIOLA - WOLV 20:48
- 11 DEBBIE STRUBLE - WOLV 20:58
- 12 CINDY RUESTER - KIRKWOOD 21:20
- 13 MARY JO EVANS - LIPKE 21:39
- 14 KENYA SHELTON - KIRKWOOD 21:43
- 15 HELEN CATTANIA - MOTOR C 22:32
- 16 NANCY DUCAP - DAVISON 23:32
- 17 ANNETTE MURRAY - FLEET FT 24:52
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TEAM:

1. WOLVERINES - 34
(3-6-7-8-10)

(ABOUT 115 YDS SHORT;
Add 20-25 seconds
to time for full
3 miles)

GOLDEN TRIANGLE INVIT. XC: SUN. SEPT. 28, 1975: 5:00 PM
MENS FOUR MILE RUN:

1	GARY HARRIS - KAL. TC	19:36
2	DON KLEINOW - KAL. TC	19:46
3	STEVE OKAMURA - AATC	19:50
4	DAVID HEIKKINEN - UNATT	20:01
5	DAUG SWEARZEY - UNATT	20:02
6	TIM BROWN - UNATT	20:03
7	TOM SCHULT - UNATT	20:13
8	BILL DONALOWSKI - UNATT	20:18
9	BOB MAISTROS - UNATT	20:21
10	FR. GRABOWSKI - UNATT	20:23
11	DAVE PACINE - WASHTENAW	20:24
12	GARY COLLINS - YPSI UNITED	20:30
13	DAVID FURST - UNATT	20:32
14	MARTIN BOYD - KAL. TC	20:34
15	FRED LA PRANTE - YPSI UNITED	20:38
16	WALEY BARNOWSKI - UNATT	20:39
17	STEVE GORSALITZ - KAL. TC	20:40
18	RICK FETAKE - UNATT	20:56
19	JIM FERTON - UNATT	20:57
20	STEVE WHITE - UNATT	21:09
21	RODGER MARKIEWICZ - UNATT	21:13
22	FRITZ YOUNG - KAL. TC	21:36
23	MIKE YONGE - UNATT	21:40
24	HOWARD KINGSLEY - KAL. TC	21:50
25	EDDIE COBURN - UNATT	21:51
26	BERNARD BROWN - WASHTENAW	21:53
27	KEITH MOORE - WASHTENAW	22:01
28	CHRIS CLARKE - UNATT	22:08
29	RICK KEIRN - UNATT	22:12
30	JAEL OSBORN - WASHTENAW	22:18
31	GORDON SCHAFER - UNATT	22:58
32	MIKE POMPEY - KAL. TC	23:09
33	RANDY HOFFMAN - KAL. TC	23:17
34	JOHN LEWIS - UNATT	23:20
35	TIM KENNEY - MOTOR CITY	23:35
36	LEA GARON - UNATT	23:50
37	JAMES THOMAS - UNATT	24:10
38	FRED BUEHLER - UNATT	24:24
39	RODNEY YOUNG - MOTOR CITY	25:48
40	JOHN WILLIAMS - AATC	26:29

41	BARB FLEISCHER - WASHTENAW	32:19
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NEXT YEAR
ALL DISTANCES
WILL BE EXACT

TEAM:

1. KALAMAZOO TC - 56
(1-2-14-17-22)
2. WASHTENAW CC - 135
(11-26-27-30-41)

Course about
218 YDS. SHORT.

ADD: 36-40 sec.
to your time to
make 4 MILE TIME.

THANKS FOR YOUR ATTENDANCE AT THE MEET. WE HOPE YOU WILL RETURN IN 1976. THE WEATHER WAS GREAT & EVERYONE BEHAVED THEMSELVES. WE ENJOYED HAVING YOU AS OUR GUESTS. THERE WERE SOME TOP ATHLETES HERE & SOME GREAT RACES. KEEP UP THE GOOD WORK IN WORKING WITH THE YOUNG PEOPLE. SPREAD THE WORD ABOUT OUR MEET.

I AM SORRY NOT ALL OF THE DISTANCES WERE ACCURATE. WE MADE MAJOR CHANGES IN OUR COURSE THIS YEAR & DID NOT HAVE TIME TO GET ALL THE DISTANCES SET WITHOUT GETTING CONFUSING. IT IS RATHER DIFFICULT TO RUN SIX DIFFERENT DISTANCES WITH A COMMON START AND FINISH FOR ALL RACES. (ACTUALLY EIGHT, IF YOU INCLUDE THE COLLEGE FIVE AND SIX MILE.)

THANKS FOR PARTICIPATING

TRACK & FIELD CLUB