

# US INDOOR LIST -1976

\* Denotes mark converted from meters  
h Denotes mark achieved in heat  
p Denotes mark achieved in pentathlon

## 50 yards

5.8	(2)	Alice Annum(DC Striders)+	Toronto	1- 9
5.8	(4)	Rosalyn Bryant(LA Mer)	Toronto	2-13
5.9	(1)	Gwen Smith(Col Comm TC)	Pittsburgh	1- 4
5.9	(1)	Janet Lake(KanStU)	Nebraska	2-28
5.9	(2)	Deb Quillen(KanStU)	Nebraska	2-28
6.0	(1)	Pam Greene(ColStU)	Fort Collins	2- 7
6.0	(1)	Val Boyer(ArizTC)	Albuquerque	2- 7
6.0	(5)	Marj Grimmer(MichStU)	Toronto	2-13
6.0	(2)	Jan Smith(KSU)	Kansas	3- 6

## 50 meters

6.3	(1)	Mattline Render(NYPAL)	New York	2-20
6.3	(2)	Alice Annum(DC Striders)+	New York	2-20
6.3	(1)	Carman Rivers(MotorC TC)	London	1-31
6.3h	(1)	Angela Johnson(MCTC)	London	1-31
6.4h	( )	Marj Grimmer(MichStU)	London	1-31
6.4	(3)	Sandra Upshaw(ClubOrange)	New York	2-20
6.4	(3)	Lisa Glenn(MCTC)	Hamilton	3- 7

## 60 yards

6.7	(2)	Rose Allwood(FloridaTC)+	College Park	1- 9
6.7	(1)	Brenda Morehead(TennSt)	Bloomington	1-17
6.7	(1)	Alice Annum(Un-Ghana)+	New York	1-31
6.7	(2)	Kathy Crawford(CJerTC)	New York	1-31
6.7	(1)	Lisa Hopkins(Mercurettes)	New York	2-27
6.7s	(1)	Rosalyn Bryant(LAMer)	New York	2-27
6.75	(1)	Wanda Nicholson(NOS)	LSU	3- 6
6.77	(2)	Mildrette Bill(AlcornA&M)	LSU	3- 6
6.8h	(1)	Oliver(TennSt)	Bloomington	1-16
6.8	(2)	Teri Hopkins(Un)	Bloomington	1-17
6.8	(3)	Rhonda Brady(MHYF)	Bloomington	1-17
6.8	(1)	Janet Woodson(JSU)	Jackson	1-25
6.8	(1)	Deborah Moses(ChiZephyrs)	Detroit	2- 6
6.8	(2)	Veronica Harris(ChiZephyrs)	Detroit	2- 7
6.8	(4)	Mattline Render(NYPAL)	New York	2-27
6.87	(3)	Carrie Sherman(AlcornA&M)	LSU	3- 6
6.88	(4)	Alpha Sherman(AlcornA&M)	LSU	3- 6
6.9	(2)	Sandra Upshaw(ClubOrange)	College Park	12-21
6.9	(5)	Valerie Morton(Un)	College Park	1- 9
6.9	(2)	Laurie Blanchard(WSTC)	Sterling	1-10
6.9h	(2)	Valerie Milan(WSTC)	Bloomington	1-16
6.9h	(2)	Gwen Smith(ColCommTC)	Bloomington	1-16
6.9	(4)	Pat Collins El(AtomsTC)	College Park	1- 9
6.9	(1)	Freida Cobbs(BerkEBTC)	San Francisco	1-23
6.9h	(1)	Brenda Calhoun(GatewayTC)	Philadelphia	1-23
6.9h	(1)	Murlyn Council(KK)	Philadelphia	1-23
6.9	(2)	Martha Watson(LITC)	Los Angeles	2- 6
6.9	(3)	Kim Robinson(LAMercurettes)	Los Angeles	2- 6
6.9	(1)	D. Morrow(DetroitStriders)	Detroit	2- 8
6.9	(2)	Linda Cordy(NewYorkCCC)	Newark	2-18
6.9	(3)	Carmen Brown(NewYorkCCC)	New York	2-15
6.9	(1)	Vanessa Hughley(Rutgers)	Temple	2-29
6.9	(1)	Gilda Hudson(UW/Madison)	Madison	3-20

## 60 meters

7.19	(2)	Debbie Adams(GazelleTC)	Portland	2- 1
7.45	(3)	Veronica Harris(ChiZephyrs)	Leningrad	3- 6
7.46	(4)	Lisa Hopkins(ChiMercurette)	Leningrad	3- 6

## 70 yards

7.8	(1)	Lynn Maxwell(Paducah Til)	Louisville	2- 6
7.8	(1)	Rhonda Brady(MHYF)	Louisville	2- 7

## 220 yards

23.5h	(1)	Rosalyn Bryant(LAMercurettes)	New York	2-27
24.0	(1)	Pam Jiles(NOSuperdames)	New York	2-27
24.2	(3)	Linda Cordy(Atoms TC)	New York	2-27
24.5	(1)	Lisa Hopkins(ChiMercurettes)	Sterling	1-24
24.8h	(2)	Laurie Blanchard(WSTC)	New York	2-27
24.8h	(3)	Theresa Montgomery(BRTC)	New York	2-27
24.8h	(4)	Pat Collins El(Atoms TC)	New York	2-27
24:90	(1)	Wanda Nicholson(NOSuperdames)	LSU	3- 6
25.0	(2)	Michelle McMillan(Atoms TC)	Newark	2-15
25.0	(1)	Deb Quillen(Kearney St)	Nebraska	2-28
25.0	(1)	Jane Oas(UMinnesota)	Iowa	3-20
25.1	(p)	Judy Fontaine(AGAA)	Hanover	1-18
25.1	(3)	Sandra Upshaw(DC Teacher's)	Newark	2-15
25.2	(2)	Janet Lake(Kearney St)	Nebraska	2-28
25.3	(1)	Pam Greene(Col St U)	Pocatello	2-14
25.3	(3)	Karol McKenzie(Kansas St)	Kearney	3-20
25.5	(3)	Valerie Milan(WSTC)	Sterling	1-24
25.5	(5)	Vanessa Hughley(Rutgers)	Newark	2-15

25.6	(4)	Jan Smith(Kansas St)	Kansas	3- 6
25.8	(1)	Linda Miller(Cavalette TC)	Pittsburgh	1- 4
25.81	(2)	Alpha Sherman(Alcorn A&M)	LSU	3- 6
25.9	(2)	Gwen Smith(Col Comm TC)	Pittsburgh	1- 4
25.9	(3)	Melissa Hill(Cavalette TC)	Pittsburgh	1- 4
25.9	(2)	Penny Fales(Cent Jersey TC)	Hanover	1-17

## 200m

25.0	(1)	Rose Allwood(Florida TC)+	Saskatoon	12-28
25.0	(2)	Alice Annum(DC Striders)+	Saskatoon	12-28

## 300 yards

35.3h	(1)	Jane Oas(U Minnesota)	Minneapolis	2-20
36.1	(1)	Cheryl Gilliam(MotorCityTC)	Detroit	2- 7
36.2	(1)	Sharon Dabney(ClippersTC)	Philadelphia	1-23
36.2	(2)	Deborah Moses(Chi Zephyrs)	Detroit	2- 7
36.3	(1)	Gwen Norman(Un)	College Park	1- 4
36.4	(1)	Sherry Edwards(Iowa St)	Manhattan	3-13
36.8	(1)	Janet Woodson(Jackson St)	Jackson	12- 7
36.9	(3)	Gwen Smith(Col Comm TC)	Detroit	2- 7
37.0	(1)	S.Brown(Capital City Comets)	Detroit	2- 8
37.2	(2)	Connie Simpson(NYPAL)	Philadelphia	1-23
37.2	(4)	Ella Willis(Detroit Striders)	Detroit	2- 7
37.3	(1)	Gilda Hudson(Uwis/Madison)	Madison	3-13
37.4	(2)	Nanette Lee(Kansas)	Manhattan	3-13
37.5	(3)	Hazel Lucas(Cent Jersey TC)	Philadelphia	1-23
37.5	(4)	Debbie Dunn(Klub Keystone)	Philadelphia	1-23
37.6	(2)	Denise Anderson(SPC)	Seattle	3- 6
37.6	(3)	Jan Smith(Kansas St)	Manhattan	3-13
37.7	(5)	Veronica Harris(Un)	Detroit	2- 7
37.8	(1)	Linda Meyer(Mankato St)	Minneapolis	3- 6
37.9	(5)	Murlyn Council(Klub Keystone)	Philadelphia	1-23
37.9	(2)	Kathy Omodt(U Minnesota)	Minneapolis	3- 6

## 300m

39.6	(2)	Rosalyn Bryant(LAMercurettes)	Toronto	2-13
40.0	(1)	Cheryl Gilliam(MotorCityTC)	London	1-31
40.2	(3)	Lorna Forde(Atoms TC) +	Toronto	2-13
40.4h	( )	Sue Latter(Mich St U)	London	1-31
40.5	(2)	Andrea Bruce(DC Striders)+	Winnipeg	2-14
41.1	( )	Liz Hatz(Mich St U)	London	1-31
41.4h	( )	Joesphine Hobbs(Detroit HS)	London	1-31
41.4h	( )	Marsha Knight(Terre Haute TC)	London	1-31

## 440 yards

54.5	(1)	Debra Armstrong(Florida TC)	New York	2-27
54.9h	(1)	Yolanda Rich(LAMercurettes)	New York	2-27
55.05*	(1)	Sharon Dabney(Clippers TC)	Leningrad	3-
55.1	(1)	Lorna Forde(Atoms TC)+	College Park	1- 9
55.1h	(2)	Sheila Ingram(Pioneer AC)	New York	2-27
55.3	(1)	Thelma McLaurin(Jackson St)	Jackson	12- 7
55.3	(1)	Sheila Choates(Tenn St)	Bloomington	1-17
55.6*	(1)	Rosalyn Bryant(LAMercurettes)	Albuquerque	1-
55.7	(1)	Wendy Knudson(Col St U)	Pocatello	2-14
56.0	(2)	Pam Greene(Col St U)	Pocatello	2-14
56.0	(1)	Jane Oas(U Minnesota)	Iowa	3-20
56.1	(4)	Gwen Norman(DC Striders)	College Park	1- 9
56.2*	(2)	Pat Helms(Klub Keystone)	New York	2-20
56.3	(1)	Brenda Finch(Jackson St)	Jackson	1-25
56.48	(2)	Kathy Weston(Will's Spikettes)	Portland	2- 1
56.7*	(4)	June Smith(DC Striders)	New York	2-20
56.8h	(3)	Andrea Andrews(Atoms TC)	New York	2-28
57.0h	(2)	Michelle McMillan(Atoms TC)	New York	2-27
57.0	(2)	Stephanie Vega(New York CCC)	Newark	2-15
57.0	(1)	Karol McKenzie(Kearney St)	Kearney	3-20
57.1*	(5)	Carolyn Brinkley(DelawareSC)	New York	2-20
57.1	(1)	Danis Gerdes(Kearney St)	Nebraska	2-28
57.2	(1)	Sherry Edwards(Iowa St)	Madison	3-20
57.5	(2)	Randee Burke(Uwis/Madison)	Madison	3-20
57.6*	(3)	Rochelle Collins(MCTC)	Hamilton	3- 7
57.7	(1)	Sue Latter(Mich St U)	E.Lansing	1-24
57.8	(3)	Liz Young(Delaware St)	Newark	2-15

## 500 yards

1:03.4	(1)	Lorna Forde(Atoms TC)+	San Diego	
1:05.1	(2)	Jarvis Scott(Premier TC)	San Diego	
1:05.6	(2)	Kathy Weston(Will's Spikettes)	Los Angeles	1-16
1:06.4	(2)	Yolanda Rich(LAMercurettes)	Los Angeles	2- 6
1:06.8	(3)	Wendy Knudson(Col St U)	Los Angeles	2- 6
1:08.7	(4)	Kathy Keyes(Patriots-USA)	San Diego	

continued on next page

## 600 yards

1:22.3	(1)	Johanna Forman(FalmouthHS)	Hanover	1-18
1:23.8	(1)	Sharon Dabney(Clipppers TC)	New York	1-31
1:24.4	(2)	Debra Armstrong(Florida TC)	New York	1-31
1:24.5	(1)	Marva Edwards(GSU)	Jackson	1-25
1:24.5	(1)	Ella Willis(Detroit Striders)	Detroit	2- 7
1:24.5	(2)	B.Miller(Lake Erie Comets)	Detroit	2- 7
1:25.0	(2)	Penny Fales(Cent Jersey TC)	Hanover	1-18
1:25.2	(3)	Robin Blaine(Atoms TC)	New York	1-31
1:25.4	(1)	Connie Simpson(NYPAL)	Philadelphia	1-23
1:25.6	(4)	Nancy Robinson(FalmouthHS)	Hanover	1-18
1:26.2	(1)	Trudi Rebsamen(Iowa St)	Manhattan	3-13
1:26.5	(2)	Beverly Day(Prairie View)	Jackson	1-25
1:27.2	(2)	Tweedy Wolf(Iowa St)	Madison	3-20
1:27.3	(3)	Douglas(LibertyAC)	Philadelphia	1-23
1:27.3	(4)	Mary Rybinski(SyrChg)	Philadelphia	1-23
1:27.4	(2)	L.Walton(Motor City TC)	Detroit	2- 6
1:27.5	(1)	Cindy Young(KSU)	Manhattan	2-28
1:27.6	(1)	Mahala Ewell(Jackson St)	Jackson	12- 7
1:27.7	(4)	June Smith(DC Striders)	New York	1-31
1:27.9	(3)	Deb Ward(Iowa St)	Madison	3-20

## 600m

1:29.38	(1)	Wendy Knudson(Col St U)	Leningrad	3- 6
1:32.7	(1)	Rochelle Collins(MotorCityTC)	London	1-31
1:37.23	(4)	Johanna Forman(Falmouth TC)	Leningrad	3- 6

## 880 yards

2:06.6	(1)	Wendy Knudson(Col St U)	Pocatello	2-14
2:06.7	(1)	Robin Campbell(Florida TC)	Saskatoon	12-28
2:07.9	(1)	Johanna Forman(Falmouth TC)	New York	2-27
2:08.1*	(1)	Kathy Weston(Will's Spikettes)	San Diego	
2:08.3	(1)	Kathy Hall(West Suburban TC)	Cleveland	2-14
2:08.4	(1)	Cyndy Poor(San Jose Cindergal)	Los Angeles	1-16
2:08.8*	(2)	Julie Brown(LATC)	San Diego	
2:09.0	(2)	Francie Larrieu(PCC)	Saskatoon	12-28
2:09.1	(2)	Liane Swegle(Seattle U.)	Pocatello	2-14
2:10.1*	(3)	Kathy Costello(LATC)	San Diego	
2:11.1	(2)	Sheila Choates(Tenn St)	Louisville	2- 7
2:11.4	(3)	Margaret Groos(NashWhippets)	Louisville	2- 7
2:11.5	(1)	Karel Jones(Atoms TC)	Newark	2-15
2:11.6	(3)	Nancy Shafer(Florida TC)	New York	1-31
2:11.6	(3)	Debbie Vetter(BlueRibbonTC)	Cleveland	2-14
2:12.8	(4)	Lorna Forde(Atoms TC)+	New York	1-31
2:13.1	(1)	Cindy Bremser(WisconsinTC)	Chicago	1-31
2:13.3	(2)	Mary Decker(Blue Angels)	Los Angeles	1-16
2:13.3*	(4)	Michelle Hopper(Premier TC)	San Diego	
2:14.5*	(6)	Penny Fales(Cent Jersey TC)	New York	2-20
2:14.5	(1)	Joyce Urish(Kansas St U)	Kansas	3- 6
2:14.7	(2)	Melody Miller(West SuburbanTC)	Bloomington	1-16
2:14.7	(2)	Renee Urish(Kansas St U)	Kansas	3- 6
2:14.8	(3)	Chris Caldwell(Peoria Pace)	Bloomington	1-16
2:15.0	(3)	Barney Sue Carral(SCheetahs)	Los Angeles	1-16

## 1000 yards

2:30.3	(1)	Cyndy Poor(San Jose Cindergal)	Los Angeles	2- 6
2:30.4	(2)	Wendy Knudson(Col St U)	Los Angeles	2- 6
2:33.1	(3)	Kathy Costello(LATC)	Los Angeles	2- 6
2:33.1	(1)	Cindy Bremser(Wisconsin TC)	Madison	2-14
2:36.4	(1)	Katy Schilly(Syr Chg)	West Point	2- 1

## 1000m

2:42.2	(1)	Jan Merrill(AGAA)	Hanover	1-18
2:44.2	(1)	Francie Larrieu(PCC)	San Francisco	1-23
2:47.0	(2)	Julie Brown(LATC)	San Francisco	1-23
2:47.8	(3)	Cyndy Poor(San J Cindergals)	San Francisco	1-23
2:48.2	(4)	Judy Graham(SJ Cindergals)	San Francisco	1-23
2:48.6	(3)	Kate Keyes(LATC)	Winnipeg	2-14
2:50.3	(5)	Kathy Weston(Wills Spike)	San Francisco	1-23

## 1500m

4:13.8	(1)	Francie Larrieu(PCC)	San Diego	
4:13.9	(2)	Cyndy Poor(SJCindergals)	San Diego	
4:15.2	(1)	Jan Merrill(AGAA)	New York	1-31
4:20.3	(2)	Julie Brown(LATC)	New York	2-20
4:24.0	(3)	Kate Keyes(LATC)	Leningrad	3- 6
4:24.16	(5)	Judy Graham(SJCindergals)	Portland	2- 1
4:24.33	(6)	Eryn Forbes(PortlandTC)	Portland	2- 1
4:24.4	(7)	Debbie Quatier(Falcon TC)	Portland	2- 1
4:25.7	(3)	Cindy Bremser(Wisconsin TC)	New York	2-20
4:26.2	(4)	Paula Rose(Blue Angels)	Los Angeles	2- 6
4:26.7	(3)	Cheryl Toussaint(Atoms TC)	San Diego	
4:31.5	(4)	Ruth Kleinsasser(Un)	San Diego	
4:34.4	(4)	Brenda Webb(Wright St)	New York	2-20

## Mile Run

4:35.6	(1)	Francie Larrieu(PCC)	College Park	1- 9
4:38.5	(1)	Jan Merrill(AGAA)	New York	2-27
4:38.5	(2)	Julie Brown(LATC)	New York	2-27
4:42.9	(1)	Cindy Bremser(WisconsinTC)	Madison	3-20
4:46.2	(2)	Margaret Groos(NashWhip)	College Park	1- 9
4:47.0	(3)	Brenda Webb(Wright St)	College Park	1- 9
4:47.7	(1)	Wendy Knudson(Col St U)	Pocatello	2-14
4:48.6	(1)	Teri Anderson(Kansas St)	Kansas	3- 6
4:49.6	(1)	Kim Merritt(Uwis/Parkside)	Racine	2- 7
4:49.7	(3)	Kate Keyes(LATC)	Los Angeles	1-16
4:50.8	(6)	Charlotte Lettis(SMT TC)	New York	2-27
4:53.8	(4)	LaLani Kelly(DC Pioneers)	College Park	1- 9
4:55.1	(3)	Peg Neppel(Iowa St)	Madison	3-20
4:55.3	(1)	Lynn Jennings(LibertyAC)	West Point	1- 4
4:55.6	(1)	Karen Bankes(Penn St)	Hanover	1-18
4:56.0	(5)	Karen MacHarg(Kett Strid)	College Park	1- 9
4:56.0	(2)	Joyce Urish(Kansas St)	Manhattan	1-24
4:57.5	(2)	Joan Benoit(LibertyAC)	Kingston	2-21
4:57.7	(1)	Liane Swegle(Seattle U)	Seattle	3- 6
4:58.9	(6)	Cheryl Toussaint(Atoms TC)	College Park	1- 9
4:59.5	(2)	Tania Wells(NMemphis TC)	Bloomington	1-17

## 50 yard Hurdles

6.5h	(1)	Carol Thomson(DelawareSC)	Burlington	12-19
6.6	(2)	Deby LaPlante(Un)	Toronto	2-13
6.7	(3)	Modupe Oshikoya(LATC)+	Toronto	2-13
6.7h	(3)	Carmen Smith(Atoms TC)	Toronto	2-13
6.8	(1)	Gwen Bilslend(Kearney St)	Kansas	3- 6
6.9h	(1)	Kim Herrman(DelawareSC)	Burlington	12-19
6.9h	(1)	Sandy Bloomfield(DelaSC)	Burlington	12-19
6.9h	(5)	Gail Fitzgerald(AtomsTC)	Toronto	2-13
6.9	(2)	Teresa Everett(Kansas St)	Kansas	3- 6

## 50 meter Hurdles

7.0h	(1)	Deby LaPlante(Un)	London	1-31
7.7h	(1)	Kim Hatchett(MotorCityTC)	London	1-31

## 60 yard Hurdles

7.5	(1)	Carol Thomson(DelawareSC)	Chester	2-22
7.7	(1)	Deby LaPlante(Un)	College Park	1- 9
7.7	(1)	Modupe Oshikoya(LATC)+	Albuquerque	1-
7.8	(1)	Rhonda Brady(MHYF)	New York	2-27
7.9	(2)	Cheryl Poirier(FredTC)	Gainesville	12-27
7.9	(2)	Sonya Hardy(BC)	Albuquerque	1-
7.9	(1)	Kim Herrman(DelawareSC)	Philadelphia	1-23
7.9h	(2)	LaVonne Neal(Klub Keystone)	New York	2-27
7.9	(2)	Del Crump(Klub Keystone)	Philadelphia	1-23
7.9	(1)	Deborah Moses(Chi Zephyrs)	Detroit	2- 6
8.0	(3)	Marilyn Linsenmeyer(TexTC)	Albuquerque	1-
8.0	(3)	Carmen Brown(New York CCC)	Newark	2-15
8.1	(1)	Andrea Bruce(Prairie View)+	Jackson	1-25
8.2	(1)	Betty Spencer(Alcorn A&M)	Jackson	12- 7
8.2	(4)	Rosalyn Anderson( )	Gainesville	12-27
8.2	(3)	Susan White(Un)	College Park	1- 9
8.2	(p)	Judy Fontaine(AGAA)	Hanover	1-18
8.2	(1)	Teresa Everett(Kansas St)	Manhattan	1-24
8.2	(2)	Kim Hatchett(MCTC)	Detroit	2- 6

## 70 yard Hurdles

8.8	(1)	Deby LaPlante(Un)	Louisville	2- 7
8.9	(2)	Rhonda Brady(MHYF)	Louisville	2- 7
9.1	(3)	Carol Thomson(DelawareSC)	Louisville	2- 7
9.2h	(1)	Debi Kilhoffer(PeoriaPace)	Bloomington	1-16

## 60m Hurdles

8.59	(3)	Carol Thomson(DelawareSC)	Leningrad	3- 6
8.61	(4)	Rhonda Brady(MHYF)	Leningrad	3- 6

## 3000 Meters

9:03.3	(1)	Jan Merrill(AGAA)	Hanover	1-18
9:40.0	(2)	Katy Schilly(SyrChg)	Hanover	1-18
9:50.4	(1)	Kathy Mills(SyrChg)	London	1-10
9:51.3	(4)	Charlotte Lettis(SMAC)	Hanover	1-18
10:09.8	(5)	Doreen Ennis(NutleyTC)	Hanover	1-18
10:11.0	(7)	Lavina Muncy(GrotonTC)	Hanover	1-18
10:11.8	(8)	Joan Benoit(LibertyAC)	Hanover	1-18
10:22.1	(3)	Mary Seybold(SyrChg)	London	1-10
10:26.8	(1)	Terri Winney(SeattleU)	Seattle	3- 6
10:32.5	(4)	Carrie Pusch(SyrChg)	London	1-10
10:41.4	(1)	Karen Crammond(NMITC)	Albuquerque	2- 7
10:50.7	(5)	Chris Gardner(SyrChg)	London	1-10

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Two Mile

9:59.6	(1) Jan Merrill(AGAA)	New York	2-27
10:19.1	(1) Brenda Webb(WrightSt)	E.Lansing	1-24
10:19.4	(2) Kathy Mills(SyrChg)	New York	2-27
10:22.3	(1) Teri Anderson(KSU)	Manhattan	3-13
10:23.0	(3) Doreen Ennis(NutleyTC)	New York	2-27
10:25.5	(1) Cindy Bremser(WisTC)	Madison	3-20
10:29.7	(1) Kim Merritt(UW/Parkside)	Madison	3-13
10:40.8	(1) Joan Benoit(LibertyAC)	New Haven	2-15
10:44.2	(2) Kathy Whitcomb(LibAC)	New Haven	2-15
10:46.0	(1) Peg Neppel(IowaStTC)	Pocatello	2-14
10:52.4	(3) Carol Cook(IowaSt)	Madison	3-20
10:55.0	(3) Lavina Muncy(GrotonTC)	New Haven	2-15
10:56.0	(2) Lynn Morin(UWisconsin)	Racine	2-7
10:59.6	(4) Nancy Frank(LIGS)	New Haven	2-15
11:02.6	(1) Mary Seybold(SyrChg)	West Point	2-1
11:04.6	(2) Donna Gardner(KKeyStone)	Philadelphia	1-23
11:04.7	(1) Wendy Knudson(ColStU)	Fort Collins	2-18
11:06.0	(3) Kim Sharpe(SyrChg)	Philadelphia	1-23
11:09.7	(3) Cindy Flock(LibertyAC)	Hanover	1-18
11:12.8	(2) Lil Warnes(MichSt)	E.Lansing	1-24
11:14.27	(1) Glenda Valley(NMemphis)	LSU	3-6
11:16.0	(1) Jenny Tuthill(LibAC)	Kingston	2-21
11:19.4	(6) Georgette Goonan(IowaSt)	Madison	3-20
11:21.0	(1) Mary Ann Opalewski(FF)	Pittsburgh	1-4
11:21.3	(3) Kay Richards(MichSt)	E.Lansing	1-24
11:22.9	(4) Carolyn Court(AGAA)	Hanover	1-18

Mile Walk

7:11.9	(1) Sue Brodock(RRR)	Los Angeles	2-6
7:39.6	(2) L.Tucholski(OhioTC)	New York	2-27
7:46.1	(3) Cindy Johnson(BlueAngels)	New York	2-27
7:48.3	(4) Lisa Metheny(RRR)	New York	2-27
8:02.9	(2) Linda Brodock(RRR)	Los Angeles	2-9
8:09.5	(2) Jeanne Bocci(MotorCity)	Detroit	2-7
8:20.1	(5) Carol Mohanco(KettStrid)	New York	2-27
8:24.0	(4) M. Hovey(KettStrid)	Detroit	2-7
8:40.3	(1) Karen Sheets(Groton TC)	Hanover	1-18

High Jump

6-2 1/4	(1) Joni Huntley(OreSt)	New York	1-31
6-1 1/4	(2) Paula Girven(FlorTC)	Saskatoon	12-28
6-0	(2) Pam Spencer(FalconTC)	New York	2-27
5-11	(1) Susan Hackett(Un)	LSU	3-6
5-10	(1) Marilyn Wiese(KearneySt)	Kearney	3-20
5-9	(1) Louise Ritter(RedOakTx)	Albuquerque	1-
5-9	(1) Maureen Fitzpatrick(Jet)	Newark	2-15
5-8 3/4	(1) Anne Gilliland(AlbOC)	Albuquerque	2-7
5-8	(1) Andrea Bruce(FView)+	Jackson	1-25
5-8	(5) Becky Deetz(New Jersey)	New York	2-1
5-7 1/2	(1) Beth Brunn(LipkeTC)	Detroit	2-8
5-6 3/4	(1) Anita Lee(MichSt)	E. Lansing	1-24
5-6	(1) Mary Cragoue(Un)	Sterling	1-10
5-6	(3) Connie Dorsey(TerHaute)	Bloomington	1-16
5-6	(3) Cathy Eastridge(Un)	Bloomington	1-16
5-6	(2) Marilyn Linsemeyer(Tex)	Bloomington	1-16
5-6	(2) Patty Knighton(Groton)	Hanover	1-17
5-6	(2) Cindy Sandberg(Un)	San Francisco	1-23
5-6	(2) Pam Blackburn(Un)	San Francisco	1-23
5-6	(1) Dana Collins(Salem)	Portland	2-1
5-6	(1) Janice Whitesell(KenHS)	Louisville	2-6
5-6	(2) LouAnn Ridenour(KerSt)	Nebraska	2-28
5-6	(1) Theresa Smith(SPC)	Seattle	3-6
5-5	(1) Carol Cox(Wyoming)	Fort Collins	2-18
5-5	(1) Lori West(Colorado)	Manhattan	3-13

Long Jump

21-4 1/4	(1) Martha Watson(LLTC)	Los Angeles	1-16
21-4 1/4	( ) Kathy McMillan(NCarolina)	Greensboro	2-18
19-10 1/4	(1) Sherron Walker(FalconTC)	San Francisco	1-23
19-9 1/2	(2) Jodi Anderson(PremTC)	Los Angeles	1-16
19-9 1/2	(2) Cathy Newman(ISU)	New York	2-27
19-1	(3) Lorraine Ray(CYC)	New York	2-27
19-0	(4) Kim Schofield(IowaSt)	New York	2-27
18-11 1/2	(1) Laurel Vietzke(MichSt)	Bloomington	1-17
18-10 1/2	(1) Patty Knighton(Groton)	Hanover	1-17
18-9 1/2	(3) Kim Moran(LATC)	Los Angeles	1-16
18-9 1/4	(5) Judy Fontaine(AGAA)	New York	2-27
18-9	(2) Donna Pope(IowaSt)	Bloomington	1-17
18-9	(1) D. Pritchett(ChiZephyrs)	Detroit	2-8
18-8 1/2	(2) Roxanne Keating(CacWns)	Albuquerque	1-
18-8	(2) Karen Elmore(Milllions)	San Francisco	1-23
18-7 1/4	(1) Mary Officer(UOregon)	Seattle	3-6

Shot Put

51-5 1/4	(1) Ann Turbyne(Gilly's)	New York	2-27
49-10 1/4	(2) Kathy Devine(EmporiaSt)	New York	2-27
49-4 1/4	(3) Denise Wood(Un,NJersey)	New York	2-27
48-6 1/4	(1) Marcia Meclenburg(SPC)	Portland	2-1
48-5 1/4	(4) Mary Jacobson(Kansas)	New York	2-27
46-4 1/4	(2) Evelyn Okeke(OreEdColl)	Portland	2-1
46-7 1/4	(1) Jessie Riddle(KansasU)	Manhattan	3-13
45-7 1/4	(5) Emily Dole(LLTC)	New York	2-27
44-5 1/4	(3) Karen Marshall(UOregon)	Portland	2-1
44-1 1/4	(1) Linda Long(KansasSt)	Lawrence	2-19
43-11 1/2	(1) Pam Porter(SDakotaSt)	Kearney	3-20
43-6	(4) Betty Ledgerwood(OEdCol)	Portland	2-1
43-1	(2) Fran Hoogestraat(SDakSt)	Kearney	3-20
42-3	(1) Donna Short(KearneySt)	Nebraska	2-28
42- 3/4	(1) Peri Radecic(WPennTC)	Detroit	2-6
41-10 1/2	(3) Vickey Robinson(KSU)	Lawrence	2-19
41-8 1/2	(1) Lynn Colby(UW/Flatt)	Madison	3-13
41-2 1/2	(2) Deb Raddatz(Neb/Lincoln)	Manhattan	1-24
41-2 1/2	(1) Cheryl Stohr(LockHaven)	Newark	2-15
41- 3/4	(1) Carla Schildt(IdahoHS)	Pocatello	2-14
40-11 1/2	(1) Geneva Fla(JacksonSt)	Jackson	12-7
40-11	(2) H. Williams(MotorCityTC)	Detroit	2-6
40-6 1/2	(2) Anne Okonek(UW/StevensP)	Madison	3-13
40-6 1/4	(1) Diane McCann(ISU)	E.Lansing	1-24
40-4	(3) Lori Wasserburger(UW/Mad)	Madison	3-13
40-2	(1) Kerry Kniper(Penn St)	Temple	2-29
40-0	(5) Dana Collins(Salem)	Portland	2-1
39-10	(1) Phyllis Silcock(Tenn)	Bloomington	1-16
39-9	(1) Branwen Smith(MarStrid)	Hanover	1-17
39-6 1/4	(2) Mary Ann Noakes(Texas)	Bloomington	1-16
39-4	(1) Vivian Rollins(TSU)	LSU	3-6
39-3	(4) Debbie Glass(UW/LaCros)	Madison	3-13
39-2 1/4	(1) Savage(Alfred Univ)	Ithaca	1-17

Pentathlon

4400	(1) Jane Frederick(LATC)	Pocatello	2-14
4296	(2) Marilyn King(Milllions)	Pocatello	2-14
4117	(3) Dana Collins(SalemTC)	Pocatello	2-14
4006	(4) Judy Fontaine(AGAA)	Pocatello	2-14
3665	(5) Lori West(UColorado)	Pocatello	2-14
3661	(6) Lisa Mitchell(WSTC)	Pocatello	2-14
3537*	(1) Sheila Furst(MotorCity)	Pittsburgh	1-2
3524	(1) Celeste Wilkinson(LCZ)	Albuquerque	2-8
3475	(7) Jeanne Suellentrop(McCol)	Pocatello	2-14
3414	(8) Mary Harrington(ColStU)	Pocatello	2-14
3352	(2) Becky Deetz(Un,NJersey)	Hanover	1-18
3329*	(2) Sue Klemarski(ClevTC)	Pittsburgh	1-2
3231	(9) Kerry Zwart(LATC)	Pocatello	2-14

\* Denotes mark achieved with 8 lbs. Shot Put

4x440 Relay

3:44.2	(1) Florida TC	College Park	1-9
3:44.3	(2) Atoms TC	College Park	1-9
3:50.8h	(1) Klub Keystone	New York	2-27
3:51.5h	(1) Falmouth TC	New York	2-27
3:52.1	(4) Atoms TC 'B'	New York	2-27
3:52.6	(3) DC Striders	College Park	1-9
3:53.3	(1) Kearney St. College	Kearney	3-20
3:53.6	(2) Jackson St. Univ.	New York	2-27
3:55.3	(1) Colorado St. Univ.	Pocatello	2-14
3:55.6	(4) Clippers TC	College Park	1-9
3:56.5	(1) Falmouth HS, Mass.	Hanover	1-18
3:56.5h	(2) Delaware St.	New York	2-27
3:56.64	(1) Texas Southern Univ.	LSU	3-6
3:58.1	(5) Cavalettes TC	College Park	1-9
3:58.26	(2) New Orleans Superdames	LSU	3-6
3:58.3	(2) Kansas St.	Kansas	3-6
3:58.7h	(2) Iowa St. University	New York	2-27
3:58.83	(1) Motor City TC	Cleveland	2-14
3:59.6	(4) New York PAL	New York	1-31
3:59.8	(3) Penn St.	West Point	2-8
4:00.3	(2) The Colorado Gold	Pocatello	2-14
4:01.3	(1) West Suburban TC	Sterling	1-10
4:01.7h	(4) Ocean Hill Cheetahs	New York	2-27
4:02.4	(3) Frederick TC	New York	2-27

4x400m Relay

3:46.0	(1) Florida TC	New York	2-20
3:50.2	(2) DC Striders	Winnipeg	2-14
3:50.5	(2) Klub Keystone	New York	2-20
3:51.8	(1) Klub Keystone		

continued on next page

#### 4x400m Relay

3:46.0	(1) Florida TC	New York	2-20
3:50.2	(2) DC Striders	Winnipeg	2-14
3:50.5	(2) Klub Keystone	New York	2-20
3:52.0	(3) Falmouth TC	New York	2-20
3:55.7	(4) New York PAL	New York	2-20
3:57.2	(5) Delaware St.	New York	2-20
4:01.1	(4) Liberty AC	West Point	2- 8

#### 880 Medley Relay

1:44.5	(1) Atoms TC	New York	1- 8
1:46.1	(1) West Suburban TC	Bloomington	1-17
1:46.6	(2) New York PAL	Bloomington	1-17
1:46.8	(3) Motor City TC	Bloomington	1-17
1:46.9h	(1) Jackson St.	New York	2-27
1:47.1h	(1) LA Mercuresses	New York	2-27
1:47.28	(1) Texas Southern Univ.	LSU	3- 6
1:47.4	(4) Tennessee St.	Bloomington	1-17
1:48.2h	(2) New Orleans Superdames	New York	2-27
1:48.7	(1) Klub Keystone	Philadelphia	1-23
1:49.7	(5) Terre Haute TC	Bloomington	1-17
1:49.7h	(2) New York PAL	New York	2-27
1:50.0	(2) Atoms TC 'B'	New York	1- 8
1:50.8h	(1) Capital City Comets	Bloomington	1-17
1:50.8	(6) West Suburban TC 'B'	Bloomington	1-17
1:51.0	(2) Delaware Sports Club	Burlington	12-20
1:51.0	(2) Groton TC	Philadelphia	1-23
1:51.3h	(3) Falmouth TC	New York	2-27
1:51.9	(1) Klub Keystone 'B'	Philadelphia	1-17
1:52.1h	(2) Gateway TC	New York	2-27

#### 4x160 Relay

1:09.7	(1) Atoms TC	New York	2-27
1:11.5h	(1) Klub Keystone	New York	2-27
1:11.8	(2) New Orleans Superdames	New York	2-27
1:12.3	(1) Lakewood International	Los Angeles	1-16
1:12.6	(2) Premier TC	Los Angeles	1-16
1:13.2h	(2) Central Jersey TC	New York	2-27
1:13.3	(3) LA Mercuresses	Los Angeles	1-16
1:13.6h	(3) Mallery Challengers	New York	2-27
1:14.5	(3) Cavalette TC	New York	2-27
1:14.7	(4) DC Striders	Philadelphia	1-23
1:15.2h	(2) Ocean Hill Cheetahs	New York	2-27
1:15.3	(4) LA Mercuresses 'B'	Los Angeles	1-16
1:15.4h	(2) Frederick TC	New York	2-27
1:16.0h	(2) West Suburban TC	New York	2-27

#### 4x220 Relay

1:40.9	(1) West Suburban TC	Louisville	2- 7
1:42.5	(1) Delaware St.	Newark	2-15
1:43.68	(1) Texas Southern	LSU	3- 6
1:43.9	(2) Tennessee State	Louisville	2- 7
1:44.3	(3) Motor City TC	Louisville	2- 7
1:45.5	(1) U Wisconsin/Madison	Madison	3-13
1:45.8	(1) The Colorado Gold	Pocatello	2-14
1:46.71	(1) Houston Astobelles	LSU	3- 6
1:48.2	(2) Chicago Zephyrs	Sterling	1-10
1:48.42	(2) Southern University	LSU	3- 6
1:48.6	(2) University of Colorado	Pocatello	2-14
1:48.97	(3) Alcorn A&M	LSU	3- 6
1:49.30	(2) N. Memphis TC	LSU	3- 6
1:49.58	(3) Crescent City TC	LSU	3- 6
1:49.8	(1) Oregon Univ.	Seattle	3- 6
1:49.9	(2) Seattle Pacific	Seattle	3- 6
1:50.7	(3) Idaho St.	Pocatello	2-14

#### 4x200m Relay

1:44.2	(1) Motor City TC	London	1-31
1:44.2h	( ) Michigan State	London	1-31
1:45.0	(3) Terre Haute TC	London	1-31

### OREGON 30 KILOMETER

Crow, Oregon, February 7: 14 year old Lili Ledbetter averaged 6:26 per mile and shattered her own course record to win the 30 kilometer race in 1hr 59min 54sec. The mark broke her old course record of 2:10:39. Also under the old course mark was Bobbie Moore, wife of Olympic marathoner Kenny Moore. Ledbetter's pace through the 30 kilometers computes out to a very respectable 2:48 marathon time. The results:

Women: 1-Lili Ledbetter (OTC) 1:59:54 (New course record); 2-Bobbie Moore (OTC) 2:06:54; 3-tie Janet Heinonen (OTC) and Debbie Roth (OTC) 2:11:54; 5-Rozanna Enerson (Un) 2:23:39.

### Corrections and Additions to 1975 US List

200m: 24.2 Cheryl Gilliam (MCTC) Kalamazoo 7-13 (Not 24.4).  
 23.2 Brenda Morehead (TSTC) Lincoln 7-5 (Best listed was 23.3.  
 24.4s Lynn Maxwell (Paducah TC) White Plains 6-24 (Third).  
 Javelin: 165-9 Cathy Corr (LITC) Newport Beach 5-17 (First) Best previous listing was 155-11. 800:Kathy Hall (WSTC) 2:04.2 not 2:04.4 Los Angeles 8-31. Jackson and Toussaint's marks were achieved on 7-4 not 7-5 in Kiev. 400: Sharon Dabney (GTC) 52.1 not 52.4 in Los Angeles on 8-31. Robin Campbell (STTC) 52.3 Kiev on 7-3 best previous listing was 52.5. Sherry James 55.4 3rd in hest at White Plains 6-24. Cathy Kirchner 55.9 4th in semi at White Plained 6-24. 1500: Debbie Quatier (FTC) 4:29.7 (7th) White Plains 6-25. Marie Kastrup (KS) 4:33.1 (6h) White Plains 6-24. Suzanne Keith(RRR) 4:32.9 (5h) White Plains 6-24. 800: Margaret Groos(NW) 2:10.3 (4h) White Plains 6-24. LJ Kathy McMillan's LJ mark should be listed in Prague on 7-8 not Warsaw 7-9. Sherron Walker's best mark should read 21-3/4 set in Kiev on 7-4 not as listed in Jan/Feb issue. Javelin marks listed for Ann Turbyne and Jackie Gordan should be entered in the Discus list not in the Javelin list, these marks were performed in the Discus event. Cheryl Toussaint's 400m mark listed as 53.8 should read 53.5 in Sudbury on 8-24. Lorraine Tummings is mistakenly entered as a foreign athlete. She is of Jamaican ancestry but is a US citizen. Lorelei Van Benthem's best Javelin mark should read 138-7 not 135-6, her best mark was posted at Newport Beach on 5-17.

Charlotte Lettis did not, in reality, finish 5th in the 2-Mile at the recent indoor championships. Lettis actually scratched the event. Terri Anderson of Kansas State was 5th. The reason for the confusion being that Anderson wore her number (9) upside down (Charlotte's number was 6). Lettis sat out the 2-mile and ran the Mile placing 6th. 6th place in the 2-mile went to Joan Benoit (Liberty AC) 10:44.4.

### OUT OF THE PAST by STEVE WENNERSTROM



The year is 1932 and the young girl in the photo above is poised for the start of the 100 meter dash. Her name is MARY CAREW and the newspaper caption under this photo read as follows: ONE OF UNCLE SAM'S SWEETHEARTS - Miss Mary Carew of Medford, Mass., won a place on the American women's 100 meter team.

Mary never did win an individual medal at the 1932 Olympic Games, but she did play an important role in the 4x100 relay team effort which produced one of the most exciting races of those '32 Games. On a team which consisted of Evelyn Furttsch, Annette Rogers and Wilhelmina Von Bremen, Mary Carew ran the lead-off leg which initially put the US team in a slight lead. The American squad then ran stride for stride with the Canadian team and both were timed in a new Olympic record of 47.0. Canada however, had to settle for the silver, while the US team won the gold. (Picture from International News Photos, Inc.)