

COBO HALL ONE MILE RELAY QUALIFICATIONS

DETROIT - PRIVATE - PAROCHIAL

Detroit Cass Tech.....	3:30.4
Detroit Northwestern.....	3:31.4
Detroit Pershing.....	3:31.5
Detroit Mumford.....	3:32.7
Detroit St. Martin de Porres.....	3:32.8
Detroit Cooley.....	3:34.1
Bloomfield Hills Cranbrook.....	3:34.3
Detroit Northern.....	3:35.7
Detroit Redford.....	3:36.7
Birmingham Brother Rice.....	3:36.8
Detroit Central.....	3:37.5
Detroit Lutheran West.....	3:40.2
Detroit Kettering.....	3:46.4
Pontiac Catholic.....	3:53.5

SUBURBAN

Pontiac Central.....	3:29.0
Dearborn High.....	3:31.5
Westland John Glenn.....	3:33.7
Ypsilanti.....	3:34.3
Warren Cousine.....	3:35.0
Grosse Pointe North.....	3:35.2
Dearborn Edsel Ford.....	3:36.1
Ann Arbor Huron.....	3:36.3
Mt. Clemens Clintondale.....	3:36.4
Garden City West.....	3:37.2
Milford High.....	3:37.6
Livonia Franklin.....	3:40.0
Livonia Churchill.....	3:40.5
Ann Arbor Pioneer.....	3:40.8
Birmingham Groves.....	3:40.8
Livonia Bentley.....	3:41.3
River Rouge.....	3:41.4
Taylor Truman.....	3:41.7
Trenton.....	3:43.0
Belleville.....	3:43.6
Taylor Center.....	3:46.7
Romulus.....	3:50.9

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The top four teams in each group above will run at Cobo Hall at the Friday Night program of the National Collegiates.

8:38 Suburban High School Mile Relay
 9:18 Detroit-Private-Parochial Mile Relay

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- HURON RELAYS-Eastern Michigan Uni.-March 26-27
- SPARTAN RELAYS-Mich. State Uni.----April 02-03
- MANSFIELD RELAYS----(Ohio)-----April 09-10
- CENTRAL RELAYS-Cent. Mich. Uni.----April 30-01
- MOTT RELAYS-Flint Northwestern-----May 7th
- REGIONALS-----May 21-22
- STATE CHAMPIONSHIPS-----June 5th
- TRI-STATE CHAMPIONSHIPS--Fort Wayne-June 12th
- OLYMPIC TRIALS--Eugene, Oregon-----June 19-27
- OLYMPIC GAMES--Montreal-----July 23-31
- NCAA CHAMPIONSHIPS--Philadelphia----June 01-05
- AAU CHAMPIONSHIPS---Inglewood-----June 11-12

U S T C A PICKS COACHES OF THE YEAR

The members of the United States Track Coaches Association voted on their annual picks for indoor, outdoor and cross country coaches of the year, while at the NCAA convention at St. Louis, Missouri in early January.

Ted Banks, coach at UTEP pulled off a first ever clean sweep of the three championships. Usually the winner in each category is named the coach of the year in that sport. The indoor honors were voted to Bob Timmons of Kansas, runner-up at Cobo last year and the vote went to Harry Groves of Penn State in Cross Country. Ted Banks was voted the outdoor coach of the year.

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OHIO DISCUS PERFORMANCES IN 1975

The following distances are taken from the OHIO TRACK AND FIELD which is dedicated to better times and published in Cleveland, Ohio. Your newsletter editor had a feeling that it would be of interest to Michigan coaches to know a little about what to expect for this coming season with the advent of "The Discuss" on the program for high school track.

<u>CLASS AAA</u>	<u>CLASS AA</u>	<u>CLASS A</u>	<u>GIRLS</u>
174' 1 1/2"	181' 0"	147' 7"	133' 10"
171' 8"	173' 0"	147' 0"	114' 2"
169' 0"	171' 3"	145' 3"	111' 3"
168' 3 1/2"	167' 0"	145' 2"	100' 0"
167' 10"	163' 8 1/2"	144' 9"	100' 0"
166' 6 1/2"	159' 8"	144' 9"	
165' 0"	157' 11"	144' 0"	
164' 9"	157' 4"	144' 0"	
162' 11"	154' 0"	142' 10"	
161' 11"	151' 6"	142' 9"	
160' 6"	151' 4"	142' 0"	
159' 2"			
158' 10"			

COACHES KEEP THIS IN MIND WHEN MEASURING DISCUS THROWS

Distances are measured to one-half inches only. There are no quarter inch or eights of an inch involved.

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DWAYNE STROZIER UNIVERSITY OF ARIZONA

A note from Mike Vance of Flint Central High School included the following information on Dwayne, one of the great high school dash men in Michigan. (Class of 1975) Flint Powers

<u>Indoor</u>	:06.1	60 Yard Dash
	:30.6	300 Yard Dash (School Record)
<u>Outdoor</u>	Febr. 21st	
		Uni. of Arizona vs Occidental at Tuscon
	:20.3w	200 meters 8.5 mph
	:40.1	400 meter relay (2nd leg)