

SOUTHWESTERN MICHIGAN COLLEGE
7 th Annual
Roadrunner Relays Results

5-1-1976

Boys Events:

440 Relay

*Dowagiac	45.4
Cassopolis	46.0
Edwardsburg	46.3
Coloma	47.2
Chesterton	48.0

Shuttle Hurdles

*Dowagiac	62.47
Chesterton	65.5
Coloma	66.5
Edwardsburg	66.5
Coldwater	69.6
Cassopolis	74.2

880 Relay

*Dowagiac	1:34.5
Coldwater	1:35.1
Chesterton	1:35.3
Edwardsburg	1:36.0
Cassopolis	1:37.7

Distance Medley

Dowagiac	11:26.0
Chesterton	11:41.0
Edwardsburg	11:50.0
Cassopolis	12:10.0
Coldwater	12:40.0

Weightman's Relay

Dowagiac	49.0
Coldwater	49.7
Comoma	50.2
Chesterton	51.0
Cassopolis	53.0
Edwardsburg	?

Sprint Medley

Coldwater	2:36.0
Cassopolis	2:37.2
Dowagiac	2:39.4
Chesterton	2:39.5
Coloma	2:43.0

Mile Relay

*Chesterton	3:36.2
Dowagiac	3:36.5
Coldwater	3:46.1
Cassopolis	3:48.4
Edwardsburg	4:14.3

Feild Events

Discus

Chesterton	257' 11"	(Tuttle, Gastevioc)
Dowagiac	236' 8"	(Dillard, Tomczak)
Edwardsburg	226' 11"	
Coloma	205' 7"	
Cass	202' 11"	
Coldwater	196' 2"	

Two Mile Relay

Chesterton	8:13.9
Edwardsburg	9:14.4
Coldwater	9:18.5
Dowagiac	9:22.0

High Jump

*Chesterton	11' 10"	(Andevson, Manner)
Dowagiac	11' 7"	(Danzy, Waalkes)
Edwardsburg	11' 6"	

*NEW RECORDS

Long Jump

Dowagiac	39'5 3/4"	(Mitchell, Bolton)
Chesterton	37'11 1/2"	
Coldwater	35'4 1/2"	
Cass	35'2 1/2"	
Edwardsburg	31'6 1/2"	

Pole Vault

Dowagiac	21 ft.	(Danzey, Wruster)
Chesterton	21 ft.	

(won on fewer misses)

Shot Put

*Chesterton	87'9 1/2"	(Weekely, Crokett)
Dowagiac	87'8 1/2"	(Mosier, Dillard)
Coldwater	83'8"	
Cass	83'3"	
Edwardsburg	77'7"	
Coloma	72'3 1/2"	

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Girls:

Sprint Medley

*Coloma	1:57.5
Chesterton	1:59.4
Coldwater	2:03.2
Cassopolis	2:05.9

Mile Relay

Coloma	4:23.7
Chesterton	4:26.4
Cassopolis	4:37.8
Coldwater	4:38

440 Relay

Coldwater	54.2
Coloma	54.4
Chesterton	55.4
Cassopolis	62.1

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Roadrunner Relays Results

440 Relay - Girls

Record: 52.9 Dowagiac, 1975

440 Relay - Guys

Record: 45.2 Dowagiac, 1976

480 Shuttle Hurdle Relay - Guys

Record: 62.47 Dowagiac, 1976

Sprint Medley Relay - Girls

Record: 1:57.5 Coloma, 1976

Two Mile Relay - Guys

Record: Chesterton, 1976 3:36.2

Distance Medley Relay - Guys

Record: 11:23.5 Chesterton, 1975

880 Relay Guys

Record: 1:34.5 Dowagiac, 1976

Weightman's Relay Guys

Record: 48.0 Dowagiac, 1975

Mile Relay Girls

Record: 4:23.4 Chesterton, 1976

Mile Relay Guys

Record: 3:36.2 Dowagiac, 1976

High Jump Relay Guys

Record: 11'10" Chesterton, 1976

Shot Put Relay Guys

Record: 21 ft. Dowagiac, 1976

Long Jump Relay Guys

Record: ~~43' 8 3/4"~~ Dowagiac, 1975

37' 7 1/2" Chesterton, 1976

Discus Relay Guys

Record: 257'11" Chesterton, 1976

Sprint Medley Guys

Record: 2:35.4 Chesterton, 1975

Pole Vault Guys

Record: 21 ft. Dowagiac, 1976