



# 1976 AAU JR. WOMEN'S NATIONAL TRACK & FIELD CHAMPIONSHIPS



Drake Stadium, UCLA — Monday, Tuesday — June 14, 15, 1976

<b>100 Meter (Heat 1)</b> <span style="float: right;">+3.7</span>		<b>200 Meter (Heat 2)</b> <span style="float: right;">-1.5</span>		<b>400 Meter (Heat 4)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Evelyn Ashford	UCLA	11.67w	1. Brenda Gulledge	CZ	24.42	1. Kim Thomas	FAL	54.68	1. Aileen O'Connor	CYO	9:54.0
2. Freida Cobbs	BETC	11.81w	2. Antonette Young	KK	24.44	2. Pat Helms	KK	54.92	2. Karen Cramond	NMTC	9:59.8
3. Joanne Hudson	GTC	11.84w	3. Cheryl Gilliam	MCTC	24.84	3. Adrienne Lair	FRTC	55.81	3. Joan Benoit	LIB	9:44.8
4. Jennifer Marshall	GROTON	12.14w	4. Kelia Bolton	MLTC	25.01	4. Rochelle Collins	MCTC	55.90	4. Julie Shea	JS	9:53.2
5. Sheila LaBose	ASTROS	12.20w	5. Winona Parks	WSTC	26.60	5. Robbie Mitchell	FRTC	55.94	5. Kathy Adams	WS	9:56.2
6. Rhonda Yancey	KK	12.34w	6. Judy Pollion	MSTF	27.05	6. Natalie Russell	U-HOUST	56.93	6. Roxanne Bier	SJC	9:58.0
7. Rhonda Parks	WSTC	12.44w	7. Hazel Lucas	CJTC	28.45				7. Chris Troffer	LATC	9:58.8
8. Debra Mitchell	LAM	12.52w	8. Kim Robinson	LAM	Disq.				8. Ann Trason	MPTC	9:59.0
<b>100 Meter (Heat 2)</b> <span style="float: right;">+3.3</span>		<b>200 Meter (Heat 3)</b> <span style="float: right;">-2.1</span>		<b>400 Meter (Heat 5)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Loraine Spearman	INDY	11.62w	1. Stephanie Brown	MS	24.06	1. Constanca Simpson	FAL	54.97	10. Diane Barrett	UNATT	10:03.8
2. Brenda Winston	RRR	11.91w	2. Gwen Smith	TSUTC	24.39	2. Sherry Golden	NCTC	55.12	11. Sue Munday	SJC	10:04.4
3. Kim Robinson	LAM	11.91w	3. Bernadine Givens	NOSD	24.89	3. Carolyn Digby	PTC	55.56	12. Tania Wells	MSTF	10:04.6
4. Cindi Tatum	NTC	12.38w	4. Maritza Anderson	PAL	25.75	4. Linda Miller	CAV TC	55.77	13. Ann Watherspoon	SJC	10:12.0
5. Denise Hampton	FAL	12.40w	5. Lela Johnson	LBC	26.82	5. Sandy Miller	UNATT	55.81	14. Jill Haworth	CYO	10:14.4
6. Rhonda Adams	CF	12.44w	6. Rhonda Clay	MHYF	26.49	6. Yvonne Braxton	CF	56.0	15. Shelli Woolridge	QQ	10:16.8
7. Anna Kidd	BETC	12.51w	7. Terry Parker	FWTC	26.91	7. Sharon Acker	MHD	56.1	16. Bev Roland	PP	10:17.0
8. Sharon Cherry	MHYF	12.60w	8. Felicia DuPuch	CF	Disq.	8. Cynthia Tyler	HM	61.6	17. Marie Kastrop	KS	10:18.2
<b>100 Meter (Heat 3)</b> <span style="float: right;">+2.3</span>		<b>200 Meter (Heat 4)</b> <span style="float: right;">-1.2</span>		<b>400 Meter (Semi 1)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Kelia Bolton	MLTC	12.07w	1. Brenda Calhoun	Ham-HS	24.37	1. Robin Campbell	FLORIDA	53.5	18. Marina Buckley	LIB	10:23.2
2. Valerie Brisco	LAM	12.08w	2. Elaine Parker	MLTC	24.52	2. Kim Thomas	FAL	54.4	19. Melissa Fry	TA	10:23.2
3. Freda Hancock	CF	12.09w	3. Linda Blakely	TSUTC	24.56	3. Sherrrie Golden	NCTC	54.7	20. Pam Adams	SJC	10:27.2
4. Janice Nomiya	HI-LINE	12.23w	4. Cynthia Mills	FRTC	25.05	4. Carolyn Digby	PTC	55.6	21. Mary Ann Opaleski	FF	10:31.8
5. Lori Lewis	SJTC	12.28w	5. Laura Lewis	SJTC	25.23	5. Dana Armin	RBR	56.3	22. Donna Sanchez	RRR	10:32.2
6. Viola Johnson	BETC	12.36w	6. Norma Jones	PAL	25.81	6. Constanca Simpson	FAL	57.1	23. Suzanne Keith	SJC	10:33.0
7. Cheryl Pernel	MSTF	12.46w	7. Rosemarie Giampalmo	SIJ	25.97	Pat Helms	KK	Disq	24. Estella Guina	RBR	10:34.8
8. Carla Castor	TOG	12.48w	8. Rachel Lewis	PP	28.54				25. Patsy Plymder	RRR	10:35.6
<b>100 Meter (Heat 4)</b> <span style="float: right;">+2.2</span>		<b>200 Meter (Heat 5)</b> <span style="float: right;">-1.8</span>		<b>400 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Kathy Crawford	CJTC	11.49w	1. Freda Hancock	CF	24.57	1. Sharon Dabney	CLIP	53.63	26. Marie Albert	PP	10:40.6
2. Elaine Parker	MLTC	11.75w	2. Brenda Winston	RRR	24.86	2. Chris Mullen	FAL TC	54.62	27. Marjorie Kaput	FHOEX	10:43.2
3. Linda Blakely	TSUTC	11.79w	3. Janice Nomiya	HI-LINE	25.24	3. Marquita Belk	SJC	55.06			
4. Stephanie Hightower	UNATT	11.94w	4. Cherrylynn Brown	CCC	25.24	4. Sue Haynes	IOWA	55.09			
5. Anette Robinson	BETC	12.29w	5. Constance Fletcher	CJTC	25.32	5. Tangye Wallace	TSUTC	55.26			
6. Debbie Lewis	KK	12.36w	6. Yvonne Smith	PAL	25.39	6. Adrienne Lair	PTC	55.81			
7. Laurie Blanchard	WSTC	12.45w	7. Linda Gulledge	CZ	25.39	7. Rosemarie Giampalmo	SIJ	56.58			
<b>100 Meter (Heat 5)</b> <span style="float: right;">-2.9</span>		<b>200 Meter (Heat 6)</b> <span style="float: right;">-3.0</span>		<b>400 Meter Final</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Gwen Laud	LAM	12.00	1. Pam Waters	FRTC	24.05	1. Sharon Dabney	CLIP	53.04	1. Sonya Hardy	BC	13.96w
2. Felicia DuPuch	CF	12.00	2. Val Boyer	ATC	24.67	2. Robin Campbell	FLORIDA	53.93	2. Rosalind Anderson	PTC	14.53w
3. Valerie Milan	WSTC	12.14	3. Valerie Milan	WSTC	24.78	3. Chris Mullen	FAL TC	54.18	3. Brenda Calhoun	Ham-HS	14.58w
4. Easter Gabriel	ASTRO	12.41	4. Denise Pemberton	MLTC	25.04	4. Kim Thomas	PAL	54.31	4. Cheryl Glazier	FUSA	14.64w
5. Tangye Wallace	TSUTC	12.43	5. Julie Seaton	PF	25.07	5. Sue Haynes	IOWA	54.34	5. Stella Edwinson	MLTC	14.71w
6. Karen Elmore	MLTC	12.62	6. Joanne Hudson	GTC	25.65	6. Sherrrie Golden	NCTC	54.93	6. Terri Seppel	KS	14.94w
7. Aqua Hamilton	MSTF	13.11	7. Debra Brewer	MHYF	26.49	7. Marquita Belk	SJC	55.39	7. Sharon Clarke	CLEVE	14.98w
<b>100 Meter (Heat 6)</b> <span style="float: right;">+2.1</span>		<b>200 Meter (Semi 1)</b> <span style="float: right;">-1.2</span>		<b>400 Meter (Semi 1)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Pam Waters	FRTC	11.74w	1. Antonette Young	KK	24.05	1. Janis Vetter	BR	2:08.3	8. Colleen Williams	UNATT	15.68
2. Gail Douglas	LBC	11.77w	2. Linda Blakely	TSUTC	24.30	2. Carol Jones	ATOMS	2:08.4			
3. Antonette Young	KK	11.92w	3. Freida Cobbs	BETC	24.32	3. Susan Vigil	NMTC	2:09.1			
4. Dolly Fleetwood	SCC	11.93w	4. Pam Waters	FRTC	24.36	4. Kathy Keyes	FUSA	2:09.8			
5. Debbie Adams	GTC	12.03w	5. Elaine Parker	MLTC	24.43	5. Margaret Groos	NW	nt			
6. Janet Bolden	LAM	12.24w	6. Bernadine Givens	NOSD	24.44	6. Lauri Mullin	LATC	2:18.4			
7. Deann Gutowski	WSTC	12.25w	7. Brenda Gulledge	CZ	24.72						
8. Carla Hunt	SJTC	12.36w	8. Sheryl Gilliam	MCTC	24.94						
<b>100 Meter (Heat 7)</b> <span style="float: right;">+2.2</span>		<b>200 Meter (Semi 2)</b> <span style="float: right;">-2.9</span>		<b>400 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Maria Nickson	LAM	11.7w	1. Stephanie Brown	MS	24.33	1. Lynn Hollins	UNATT	2:09.6	1. Nancy Kindig	NTC	14.31
2. Penny Slaughter	LIT	11.8w	2. Gwen Smith	TSUTC	24.50	2. Robin Elaine	ATOMS	2:09.8	2. Jeanne Boone	BETC	14.46
3. Bernadine Givens	NOSD	11.9w	3. Freda Hancock	CF	24.64	3. Ann Regan	CY	2:10.8	3. Yvonne Christensen	TOG	14.82
4. Val Boyer	ATC	11.9w	4. Brenda Calhoun	Ham-HS	24.67	4. Julie Stibbie	BR	2:11.1	4. Danette Alford	SQ	14.91
5. Lena Dilworth	BETC	12.1w	5. Val Boyer	ATC	24.84	5. Roma Antoniewicz	LATC	2:11.6	5. Christine Ferron	LIB	15.03
6. Norma Jones	PAL	12.3w	6. Pamela Layne	WSTC	25.15	6. Cindy Ashby	AOC	2:13.7	6. Linda Kareck	MS	15.06
7. Alexis Campbell	WSTC	12.4w	7. Valerie Milan	MSTC	25.24				7. Lois Davis	FHTC	15.31
8. Lois Davis	PHTC	12.6w	8. Sheryl Gilliam	RRR	dnf						
<b>100 Meter (Semi 1)</b> <span style="float: right;">+1.9</span>		<b>200 Meter Final</b> <span style="float: right;">-4.0</span>		<b>400 Meter Final</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Kathleen Crawford	CJTC	11.67	1. Stephanie Brown	MS	24.13	1. Lynn Hollins	UNATT	2:07.1	1. Lori Dinello	WSTC	13.92w
2. Gwen Laud	LAM	11.68	2. Gwen Smith	TSUTC	24.35	2. Susan Vigil	NMTC	2:07.1	2. Tanny Essington	PP	14.59w
3. Antonette Young	KK	11.78	3. Freida Hancock	CF	24.64	3. Carol Jones	ATOMS	2:08.0	3. Betty Knighton	GROTON	14.62w
4. Brenda Winston	RRR	11.88	4. Brenda Calhoun	Ham-HS	24.67	4. Janis Vetter	BR	2:08.0	4. Stacy Allen	CCTC	14.65w
5. Bernadine Givens	NOSD	11.96	5. Val Boyer	ATC	24.84	5. Kathy Keyes	FUSA	2:08.5	5. Debbie Esser	IOWA	14.87w
6. Kelia Bolton	MLTC	12.09	6. Pamela Layne	WSTC	25.15	6. Julie Stibbie	BR	2:09.9	6. Shelley Harris	UNATT	14.99w
<b>100 Meter (Semi 2)</b> <span style="float: right;">+2.2</span>		<b>200 Meter (Semi 2)</b> <span style="float: right;">-2.9</span>		<b>400 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Elaine Parker	MLTC	11.65w	1. Stephanie Brown	MS	24.33	1. Lynn Hollins	UNATT	2:07.1	7. Lisa Gourdine	FUSA	15.31w
2. Pam Waters	FRTC	11.72w	2. Gwen Smith	TSUTC	24.50	2. Susan Vigil	NMTC	2:07.1	8. Kathy Lucas	GATEWAY	15.33w
3. Loraine Spearman	INDY	11.72w	3. Freda Hancock	CF	24.64	3. Margaret Groos	NW	2:10.0	9. Chris Costello	SJC	17.21w
4. Freida Cobbs	BETC	12.03w	4. Brenda Calhoun	Ham-HS	24.67	4. Kathy Keyes	FUSA	2:08.5			
5. Freda Hancock	CF	12.05w	5. Val Boyer	ATC	24.84	5. Julie Stibbie	BR	2:09.9			
6. Valerie Brisco	LAM	12.20w	6. Pamela Layne	WSTC	25.15	6. Ann Regan	CY	2:10.0			
<b>100 Meter (Semi 3)</b> <span style="float: right;">+1.3</span>		<b>200 Meter (Semi 2)</b> <span style="float: right;">-2.9</span>		<b>400 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Evelyn Ashford	UCLA	11.64	1. Stephanie Brown	MS	24.33	1. Lynn Hollins	UNATT	2:07.1	1. Nancy Kindig	NTC	14.31
2. Gail Douglas	LBC	11.87	2. Gwen Smith	TSUTC	24.50	2. Susan Vigil	NMTC	2:07.1	2. Jeanne Boone	BETC	14.46
3. Linda Blakely	TSUTC	11.90	3. Freda Hancock	CF	24.64	3. Carol Jones	ATOMS	2:08.0	3. Yvonne Christensen	TOG	14.82
4. Maria Nickson	LAM	11.92	4. Brenda Calhoun	Ham-HS	24.67	4. Janis Vetter	BR	2:08.0	4. Danette Alford	SQ	14.91
5. Penny Slaughter	LIT	12.04	5. Val Boyer	ATC	24.84	5. Kathy Keyes	FUSA	2:08.5	5. Christine Ferron	LIB	15.03
6. Joanne Hudson	GTC	12.12	6. Pamela Layne	WSTC	25.15	6. Julie Stibbie	BR	2:09.9	6. Linda Kareck	MS	15.06
7. Valerie Milan	WSTC	12.15	7. Valerie Milan	MSTC	25.24	8. Robin Elaine	ATOMS	2:16.7	7. Lois Davis	FHTC	15.31
<b>100 Meter Final</b> <span style="float: right;">+0.2</span>		<b>200 Meter (Semi 2)</b> <span style="float: right;">-2.9</span>		<b>400 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Kathy Crawford	CJTC	11.61	1. Stephanie Brown	MS	24.13	1. Lynn Hollins	UNATT	2:07.1	1. Nancy Kindig	NTC	14.31
2. Evelyn Ashford	UCLA	11.67	2. Gwen Smith	TSUTC	24.35	2. Susan Vigil	NMTC	2:07.1	2. Jeanne Boone	BETC	14.46
3. Pam Waters	FRTC	11.84	3. Freda Hancock	CF	24.64	3. Carol Jones	ATOMS	2:08.0	3. Yvonne Christensen	TOG	14.82
4. Elaine Parker	MLTC	11.86	4. Brenda Calhoun	Ham-HS	24.67	4. Kathy Keyes	FUSA	2:08.5	4. Danette Alford	SQ	14.91
5. Loraine Spearman	INDY	11.88	5. Val Boyer	ATC	24.84	5. Julie Stibbie	BR	2:09.9	5. Christine Ferron	LIB	15.03
6. Gwen Laud	LAM	11.88	6. Pamela Layne	WSTC	25.15	6. Ann Regan	CY	2:10.0	6. Linda Kareck	MS	15.06
7. Gail Douglas	LBC	11.93	7. Valerie Milan	MSTC	25.24	8. Robin Elaine	ATOMS	2:16.7	7. Lois Davis	FHTC	15.31
8. Linda Blakely	TSUTC	12.04	8. Sheryl Gilliam	RRR	dnf						
9. Antonette Young	KK	12.23									
<b>200 Meter (Heat 1)</b> <span style="float: right;">-0.6</span>		<b>400 Meter (Heat 2)</b>		<b>1500 Meter (Semi 1)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Freida Cobbs	BETC	24.38	1. Yolanda Rich	LAM	54.15	1. Joan Benoit	LIB	4:30.06	1. Rhonda Brady	MHYF	13.76
2. Pamela Layne	PAL	24.73	2. Tangye Wallace	TSUTC	54.80	2. Paula Rose	BA	4:31.39	2. Karen Wechsler	INDY	13.92
3. Debbie Adams	GTC	24.74	3. Dana Armin	BR	55.57	4. Deanna Coleman	FALCON	4:31.53	3. Betty Knighton	GROTON	14.62w
4. Wanda Hooker	MSTF	24.82	4. Marie Kastrop	BS	55.57	4. Eryn Forbes	PTC	4:31.61	4. Stacy Allen	CCTC	14.65w
5. Rhonda Yancey	KK	25.59	5. Ann Regan	CY	55.57	6. Linda Broderick	BETC	4:31.68	5. Debbie Esser	IOWA	14.87w
6. Deann Gutowski	WSTC	25.76	6. Marie Kastrop	BS	55.57	7. Terrie Winnie	RBR	4:32.19	6. Shelley Harris	UNATT	14.99w
7. Karla Castor	TOG	26.36	7. Heather Tolford	SFVTC	4:38.4	8. Jill Haworth	CYO	4:32.20	7. Lisa Gourdine	FUSA	15.31w
<b>200 Meter (Heat 2)</b>		<b>400 Meter (Heat 3)</b>		<b>1500 Meter (Semi 2)</b>		<b>3000 Meter (Finals run in two sections)</b>					
1. Stephanie Brown	MS	24.13	1. Robin Campbell	FLORIDA	53.38	1. Lynn Jennings	LIB	4:27.91	10. Diane Barrett	UNATT	10:03.8
2. Gwen Smith	TSUTC	24.35	2. Sue Haynes	IOWA ST	55.17	2. Margaret Groos	NW	4:29.10	11. Sue Munday	SJC	10:04.4
3. Freda Hancock	CF	24.64	3. Marquita Belk	SJC	55.57	3. Debbie Quatler	FALCON	4:29.22	12. Tania Wells	MSTF	10:04.6
4. Brenda Calhoun	Ham-HS	24.67	4. Avis Mailly	MHYF	56.16	4. Julie Shea					

## 1976 AAU JR. WOMEN'S NATIONAL TRACK & FIELD CHAMPIONSHIPS

### 400 Meter Hurdles (Semi 1)

1. Debbie Esser	IOWA	59.84
2. Melinda Oboe	ATOMS	62.52
3. Tami Essington	PP	63.24
4. Stella Edwinton	MLTC	65.52
5. Teri Foreman	WSTC	66.16
6. Christine Perron	LIB	66.19
7. Lois Davis	FHTC	69.52
8. Kathy Weiss	TOG	70.53
Betty Devoson	GROTON	dnf

### 400 Meter Hurdles (Semi 2)

1. Teresa Wierson	PTC	59.75
2. Allison Reed	LATC	61.33
3. Penny Fales	CJTC	61.47
4. Tonetta Rumph	ATOMS	61.51
5. Geraldine Hall	MHD	64.01
6. Kathy Zalesinski	IOWA	64.71
7. Linda Hightower	SAL	65.25
8. Johanna Hansen	SJC	65.51
9. Donna Argo	NMTC	66.48

### 400 Meter Hurdles (Semi 3)

1. Stephanie Vega	ATOMS	59.65
2. Deborah Romek	BOWLING	62.57
3. Debbie Cuevas	UNATT	62.63
4. Carolyn Bing	SJC	62.70
5. Amber Souza	WS	64.38
6. Tammie Sukes	MSHF	69.15
7. Pat Scott	MHYF	72.20
Sylvia Floyd	KK	dnf

### 400 Meter Hurdles Final

1. Debbie Esser	IOWA	58.34
2. Teresa Wierson	PTC	59.27
3. Stephanie Vega	ATOMS	60.63
4. Penny Fales	CJTC	62.21
5. Deborah Romek	BOWLING	62.27
6. Melinda Oboe	ATOMS	62.67
7. Tami Essington	PP	63.00
8. Debbie Cuevas	UNATT	63.04
9. Allison Reed	LATC	nt

### 3000 Meter Walk Final

1. Lisa Metheny	RRR	14:50.2
2. Tracy Trisco	BA	15:30.7
3. Becky Villalvazo	RRR	15:49.3
4. Eileen Smith	PAL	15:53.0
5. Liz Dufour	AZTC	15:53.0
6. Mary McDermott	PAL	nt
7. Cindy Johnson	BA	nt
8. Amy Spangler	ARROW	16:18.2
9. Mary Devries	KY	16:26.0
10. Laura Spencer	CS	16:28.4
11. Jill Steiner	RRR	16:29.4
12. Paula Schurwonn	JJ	16:37.8
13. Laura Janousek	SCC	16:38.8
14. Sharlene McGinley	SBS	16:47.2
15. Cindy Luebner	KS	16:47.2
16. Norma Hewitt	BC	16:52.2
17. Melissa Steinle	SCC	16:52.4
18. Georgia Sakelarios	RCF	16:56.8
19. Julie Partridge	MERC	17:02.4
20. N. Kam Sheeta	GTC	17:03.2
21. Karlene Maszkow	RRR	17:06.0
22. Cindy Partridge	MERC	17:45.2
23. Kim Marwood	WTC	18:22.4
24. Christina Munoz	ATC	18:23.8
25. Lisa Davis	BA	18:28.4
26. Sandy Parker	FWTC	20:09.8
Chris Sakelarios	RCF	disq
Teri Teegarden	BA	disq

### 440 Yd Relay (Semi 1)

1. West Suburban	47.73
2. Groton Track Club	47.90
3. Berkeley East Bay Track Club 'A'	52.86
4. Central Jersey Track Club	52.87
Sun Queen's 'B'	Disq

### 440 Yd Relay (Semi 2)

1. Klub Keystone 'A'	46.91
2. Los Angeles Merculettes 'B'	47.46
3. Southern Cal Cheetahs	47.81
4. Motor City Track Club	47.98
5. Berkeley East Bay Track Club 'B'	48.43
6. Peoria Pacettes	49.54
7. Houston Astro-Belles	51.19

### 440 Yd Relay (Semi 3)

1. Millbrae Lions Track Club	45.92
2. Los Angeles Merculettes 'A'	46.19
3. Gazelle Track Club	46.76
4. Los Angeles Track Club	47.08
5. Mayor Hatcher Youth Foundation	47.62
6. Frederick Track Club	48.42

### 440 Yd Relay (Semi 4)

1. Metroplex Striders	46.70
2. Indy Chevettes	46.90
3. Chicago Zephyrs	46.99
4. Colorado Flyers	47.98
5. Memphis Shelby Track Foundation	48.38
6. Long Beach Comets	48.48
7. Sun Queen's 'A'	50.16

### 440 Yd Relay Final

1. Indy Chevettes	46.74
2. Metroplex Striders	46.77
3. Klub Keystone	46.89
4. Gazelle Track Club	47.03
5. Groton Track Club	48.11
Los Angeles Merculettes 'B'	dnf
Millbrae Lions	disq

### 880 Yd Medley Relay (Semi 1)

1. Klub Keystone 'A'	1:43.09
2. Metroplex Striders	1:44.54
3. Motor City Track Club	1:45.07
4. Colorado Flyers	1:46.63
5. Central Jersey Track Club	1:48.03
6. Portland Track Club	1:48.11
7. Long Beach Comets	1:50.86

### 880 Yd Medley Relay (Semi 2)

1. Peoria Pacettes	1:45.28
2. Klub Keystone 'B'	1:46.15
3. Frederick Track Club	1:47.51
4. Mayor Hatcher Youth Foundation	1:48.4
5. Sun Queen's 'A'	1:56.42

### 880 Yd Medley Relay (Semi 3)

1. Groton Track Club	1:46.17
2. Los Angeles Track Club	1:46.91
3. Southern Cal Cheetahs	1:47.26
4. Memphis Shelby Track Foundation	1:48.13
5. Berkeley East Bay Track Club	1:49.10
6. NYC Police Athletic League	1:50.78
7. Colorado Gold	1:52.61

### 880 Yd Medley Relay Final

1. Klub Keystone 'A'	1:43.46
2. Klub Keystone 'B'	1:43.91
3. Motor City Track Club	1:44.45
4. Metroplex Striders	1:45.06
5. Los Angeles Track Club	1:45.91
6. Southern Cal Cheetahs	1:46.13
7. Groton Track Club	1:46.34
8. Peoria Pacettes	1:46.5
9. Frederick Track Club	nt

### Mile Relay (Semi 1)

1. Klub Keystone	3:46.3
2. New Orleans Superdames	3:47.8
3. Southern Cal Cheetahs	3:49.6
4. Colorado Flyers	3:53.1
5. Central Jersey Track Club	3:57.0
6. Berkeley East Bay Track Club	4:02.0
7. Mayor Hatcher Youth Foundation	4:06.3

### Mile Relay (Semi 2)

1. NYC Police Athletic League	3:46.1
2. Peoria Pacettes	3:48.2
3. Houston Astro-Belles	3:52.5
4. Los Angeles Track Club	3:54.6
5. Gazelle Track Club	4:02.9

### Mile Relay (Semi 3)

1. Atoms Track Club	3:44.1
2. Cavallette Track Club	3:49.1
3. Falmouth Track Club	3:49.8
4. Metroplex Striders	3:53.2
5. The Colorado Gold	4:00.5
6. Memphis Shelby Track Foundation	4:08.4

### Mile Relay Final

1. Atoms Track Club	3:41.19
2. Klub Keystone	3:44.27
3. NYC Police Athletic League	3:44.3
4. Cavallette Track Club	3:44.4
5. Houston Astro-Belles	3:45.7
6. Peoria Pacettes	3:46.1
7. New Orleans Superdames	3:46.3
8. Falmouth Track Club	3:47.6
9. Southern Cal Cheetahs	3:50.0

### 2 Mile Relay Final

1. Los Angeles Track Club	8:51.8
2. Berkeley East Bay Track Club	8:59.8
3. Metroplex Striders	9:00.0
4. San Jose Cindersals	9:00.4
5. The Colorado Gold	9:04.6
6. Blue Angels	9:12.4
7. Rialto Road Runners	9:16.4
8. Blue Ribbon Track Club	9:19.8
9. Liberty Athletic Club	9:30.6
10. Memphis Shelby Track Foundation	9:35.0

### Long Jump Qualifiers (TOP 16)

1. Jodie Anderson	UNATT	19-10 $\frac{1}{2}$
2. Karen Elmore	MLTC	19-4 $\frac{1}{2}$
3. Lisa Kinimake	SJC	19-14 $\frac{1}{2}$
4. Roxanne Keating	VOS	19-14 $\frac{1}{2}$
5. Regina White	KK	18-11 $\frac{1}{2}$
6. Nancy Malloy	UNATT	18-7 $\frac{1}{2}$
7. Terri Seippel	KS	18-7 $\frac{1}{2}$
8. Kim Moran	LATC	18-7 $\frac{1}{2}$
9. Lisa Gouridine	PUSA	18-6
10. Sandra Obermeier	NTC	18-4 $\frac{1}{2}$
11. Amy Davis	GROTON	18-3 $\frac{1}{2}$
12. Ann McKillop	SHORE	18-3
Cynthia Mills	FRTC	18-3
14. Denise Groom	MS	18-1 $\frac{1}{2}$
15. Patricia Johnson	PZ	18-1
16. Yvonne Smith	CA	18-1
17. Karen Taylor	UNATT	18-0 $\frac{1}{2}$
18. Desiree Pritchett	CZ	18-0
19. Nancy Kindig	NTC	17-11
20. Patty Knighton	GROTON	17-10 $\frac{1}{2}$
21. Deboile Rodriguez	JETS-PA	17-8 $\frac{1}{2}$
22. Debi Kilhoffer	PP	17-6 $\frac{1}{2}$
23. Gail Douglas	LBC	17-6 $\frac{1}{2}$
24. Mary Lou Taylor	SC	17-3 $\frac{1}{2}$
25. Dawn Peters	SCC	17-2 $\frac{1}{2}$
26. Arnetta Robinson	LATC	17-2
27. Linda Capers	GTC	17-0 $\frac{1}{2}$
28. Kim Jagla	GTC	16-7
29. Erin Pike	LATC	16-3

### Long Jump Finals

1. Jodie Anderson	UNATT	19-9 $\frac{1}{2}$ (+1.4)
2. Karen Elmore	MLTC	19-6 $\frac{1}{2}$ (+0.8)
3. Lisa Kinimake	SJC	19-5 $\frac{1}{2}$ (+1.0)
4. Kim Moran	LATC	18-11 $\frac{1}{2}$ (+1.2)
5. Sandra Obermeier	NTC	18-10 $\frac{1}{2}$ (+3.6)
6. Teri Seippel	KS	18-10 $\frac{1}{2}$ (+2.0)
7. Roxanne Keating	VOS	18-8 $\frac{1}{2}$ (+4.1)
8. Lisa Gouridine	PUSA	18-3 (+2.0)
9. Regina White	KK	17-10 (+2.8)
10. Nancy Malloy	UNATT	17-10 (+2.7)
11. Amy Davis	GROTON	17-8 $\frac{1}{2}$ (+0.2)
12. Ann McKillop	SHORE	17-3 $\frac{1}{2}$ (0.0)
13. Cynthia Mills	FRTC	16-11 $\frac{1}{2}$ (0.0)

### High Jump Qualifiers

1. Brenda Little	LIT	5-6
2. Cathy Cook	BA	5-6
3. Lori Anderson	STC	5-6
4. Candy Ross	BETC	5-6
5. Cindy Gilbert	UCLA	5-6
6. Pam Blackburn	KANG.	5-6
7. Becky Deetz	UNATT	5-6
8. Lisa Plummer	PP	5-6
9. Terri Goethals	GTC	5-6
10. Chris Remmling	WWW	5-6
11. Denise Cornell	SVTC	5-6
12. Monique Donithan	VOS	5-6
13. Kari Gosseller	SAL	5-6
14. Anne Gilliland	UNATT	5-6
15. Sue Hackett	UNATT	5-6

### NON QUALIFIERS

16. Cindy Farrand	INDY	5-4
17. Terri Seippel	KS	5-4
18. Sue Long	LATC	5-4
19. Cathy Estridge	INDY	5-4
20. Sally Layman	SPOK	5-4
21. Dale Wallace	PAC	5-4

### High Jump Finals

1. Anne Gilliland	UNATT	5-10
2. Kari Gosseller	SAL	5-10
3. Denise Cornell	SVTC	5-8 $\frac{1}{2}$
4. Terri Goethals	GTC	5-8 $\frac{1}{2}$
5. Lisa Plummer	PP	5-8 $\frac{1}{2}$
6. Brenda Little	LIT	5-8 $\frac{1}{2}$
7. Cathy Cook	BA	5-7 $\frac{1}{2}$
Chris Remmling	WWW	5-7 TIE
Sue Hackett	UNATT	5-7
Cindy Gilbert	UCLA	5-7
Becky Deetz	UNATT	5-7
Pam Blackburn	KANG.	5-7
Monique Donithan	VOS	5-5
Candy Ross	BETC	5-5
Lori Anderson	STC	no height

### Shot Put Qualifiers

1. Kathy Devine	EMPORIA	48-8
2. Marcia Macklenburg	FALCON	46-1 $\frac{1}{2}$
3. Deana Patrick	KY,BD	45-0 $\frac{1}{2}$
4. Emily Dole	LIT	44-11
5. Pam Porter	UNATT	44-9
6. Kelly Curran	TOG	43-1 $\frac{1}{2}$
7. Denise Holloway	SJC	42-11 $\frac{1}{2}$
8. Kerry Zwart	LATC	42-11 $\frac{1}{2}$
9. Caryll Van Pelt	ESTC	42-0
10. Heidi Kauti	LCHS	40-9 $\frac{1}{2}$
11. Michelle Peterson	LBC	40-8 $\frac{1}{2}$
12. Tracy Tripp	KS	39-8 $\frac{1}{2}$

### NON QUALIFIERS

13. Carol McCowley	CJTC	39-6
14. Sharon Redvict	SHORE	39-6
15. Jackie Nelson	BA	38-9
16. Judy Anderson	SQ	38-8
17. Susan Springer	SVTC	38-4
18. Julie Flynn	LCHS	38-3 $\frac{1}{2}$
19. Gina Piatt	WPTC	38-3
JoAnna Norton	DRAGON	37-8
Maryann Johnson	PP	37-3 $\frac{1}{2}$
Elaine Rogue	LATC	36-2 $\frac{1}{2}$
Margaret Fox	TOG	36-0

### Shot Put Finals

1. Kathy Devine	EMPORIA	50-7
2. Marcia Macklenburg	FALCON	49-2
3. Emily Dole	LIT	47-2 $\frac{1}{2}$
4. Pam Porter	UNATT	45-5 $\frac{1}{2}$
5. Deana Patrick	KY,BD	44-1 $\frac{1}{2}$
6. Denise Holloway	SJC	44-0
7. Kelly Curran	TOG	43-0 $\frac{1}{2}$
8. Caryll Van Pelt	ESTC	41-6 $\frac{1}{2}$
9. Kerry Zwart	LATC	41-0 $\frac{1}{2}$
10. Heidi Kauti	LCHS	39-8
11. Michelle Peterson	LBC	39-0
12. Tracy Tripp	KS	38-1

### Discus Qualifiers

1. Debbie Stephens	KS	151-6
2. Christi Pyle	LATC	142-3
3. Julie Cart	STC	139-5
4. Julie Hansen	FALCON	139-3
5. Joanna Norton	DRAGON	139-1
6. Mary Ann Stevenson	OTC	138-1
7. Gina Piatt	WPTC	137-3

### NON QUALIFIERS

8. Kathy Micknell	UNATT	134-1
9. Mary Walsh	SHORE	134-6
10. Denise Holloway	SJC	133-0
11. Helen Connell	SHORE	131-2
12. Deana Patrick	KY,BD	129-3
13. Debbie Williams	BR	127-6
14. Kathy Middleton	WWW	124-8
15. Judy Anderson	SQ	124-2
16. Susan Springer	SVTC	120-8
17. Lisa Kravitz	LATC	117-3
18. Caryll Van Pelt	ESTC	115-1

### Discus Finals

1. Debbie Stephens	KS	142-11
2. Mary Ann Stevenson	OTC	142-10
3. Gina Piatt	WPTC	141-4
4. Christi Pyle	LATC	139-3
5. Julie Hansen	FALCON	137-10
6. Helene Connell	SHORE	134-9
7. Mary Walsh	SHORE	134-3
8. Julie Cart	STC	132-10
9. Kathy Micknell	UNATT	132-9
10. Joanna Norton	DRAGON	129-9
11. Deana Patrick	KY,BD	129-4
12. Denise Holloway	SJC	126-0