

Michigan AAU Senior Women's Track and Field Championships

11 July, 1976

Michigan State University

East Lansing, Michigan 48824

Meet Director---Mark H. Pittman

Weather---clear and sunny (90)--moderate south easterly wind

RESULTS

Long Jump

1	Peck, Sue	69 MSU TC	17' 11 7/8"
2	Mellas, Cindy	6 LIPKE TC	17' 8 1/8"
3	Cwik, Ann	76 Andray TC	17' 7"
4	Furst, Sheila	46 Motor City	17' 3 5/8"
5	Smith, A	20 Fleet Feet	17' 0 5/8"
6	Yanik, Lydia	9 SUS	16' 10 7/8"

High Jump

1	Dempsey, E	25 Michigannes	5' 3"
	Reimer, Sue	74 Unattachec	5' 3"
3	Aumaugher, J	10 Fleet Feet	5' 2"
4	Chamberlain, Jenny	3 LIPKE TC	5' 0"
5	Furst, Sheila	46 Motor City	5' 0"
6	LaFever, R	15 Fleet Feet	4' 10"

Shot Put

1	Upshaw, Sharon	77 Motor City	39' 11" * Old record 38' 8 1/2" Cindy
2	Burton, Jackie	1 LIPKE TC	33' 4 3/4" Jones-Michigannes-1968
3	Lindeman, Denise	75 CMU TC	33' 1"
4	Illi, L	28 Michigannes	29' 8 1/2"
5	Smith, Michele	38 Wolverine	24' 0 3/4"
6	-----		

Discus

1	Solosky, B	22 Fleet Feet	92'
2	Summerfield, C	35 Michigannes	91' 6"
3	Upshaw, Sharon	77 Motor City	91' 3/4"
4	Burton, Jackie	1 LIPKE TC	90' 5"
5	Williams, S	36 Michigannes	87' 8"
6	Illi, L	28 Michigannes	84'

Javelin

1	Inman, Sue	14 Fleet Feet	123' 2 1/2"
2	Lindeman, Denise	75 CMU TC	95' 1 1/2"
3	Burton, Jackie	1 LIPKE TC	89' 7"
4	Krcmarik, Debbie	67 MSU TC	85' 3"
5	Smith, Michele	38 Wolverine	74' 6 1/2"
6	-----		

400 meter Hurdles

1	Carr, Elaine	61	MSU TC	63.2	* Old record 66.8 Ann Cwik- Unattached-1975
2	Dempsey, E	25	Michigannes	66.9	
3	Cwik, Ann	76	Andray Tc	67.4	
4	Love, K	31	Michigannes	69.3	
5	Holmes, Peggy	66	MSU TC	70.6	
6	Fileccia, N	26	Michigannes	NT	

5000 meter Run

1	Hansen, Kirsten	4	LIPKE TC	17:54	* New Event
2	Forshee, Ann	65	MSU TC	18:43	
3	Culp, Diane	62	MSU TC	19:32	
4	Nisbitt, Marcie	7	LIPKE TC	20:28	
5	Osborne, Michelle	8	LIPKE TC	22:09	
6	-----				

440 yard Relay

1	Motor City "A"	48.4			* Old record 50.3 Flint TC-1971
2	Motor City "B"	49.5			
3	Michigannes	51.1			
4	Fleet Feet	51.8			

1500 meter Run

1	Ervin, Diane	64	MSU TC	5:01	
2	Amble, C	23	Michigannes	5:08	
3	Barber, Cindy	37	Wolverine	5:21	
4	Miller, Kim	73	Unattached	5:29	
5	Mara, Sharon	17	Fleet Feet	5:34	
6	-----				

400 meter Dash

1	Dale, Janise	45	Motor City	58.9	
2	Ware, Allison	59	Motor City	60.2	
3	Smitherman, Donna	55	Motor City	65.8	
4	Yanik, Lydia	9	SUS		
5	-----				
6	-----				

100 meter Dash

1	Glenn, Lisa	48	Motor City	11.9	
2	Merrifield, Linda	68	MSU TC	11.9	
3	Bowles, Athlen	49	Motor City	12.2	
4	Mollie, Brennan	42	Motor City	12.5	
5	Sims, Leslie	53	Motor City	12.6	
6	Watts, Kim	60	Motor City	12.6	

100 meter Hurdles

1	Cwik, Ann	76	Andray TC	15.2
2	Dempsey, E	25	Michigammas	15.5
3	Aumaugher, J	10	Fleet Feet	15.8
4	Carr, Elaine	61	MSU TC	16.2
5	Mellas, Cindy	6	LIPKE TC	16.5
6	Turner, Renee	78	Unattached	17.0

800 meter Run

1	Collins, Rochelle	44	Motor City	2:17.0	* Old Record 2:17.2 Sue Parks Wolverines TC-1972
2	Loesche, D	30	Michigammas	2:30.5	
3	Wallace, Margaret	57	Motor City	2:31.1	
4	Amble, C	23	Michigammas	NT	
5	King, Sherrie	50	Motor City	2:32.0	
6	Rosinski, Janice	72	Unattached	NT	

200 meter Dash

1	Gilliam, Cheryl	47	Motor City	NT
2	Brennan, Mollie	42	Motor City	NT
3	Merrifield, Linda	68	MSU TC	24.65
4	Turner, Renee	78	Unattached	25.5
5	Sims, Sharon	54	Motor City	26.1
6	Sims, Leslie	53	Motor City	26.3

3000 meter Run

1	Hansen, Kirsten	4	LIPKE TC	10:23.9
2	Ervin, Debbie	63	MSU TC	10:46
3	Nisbitt, Marcie	7	LIPKE TC	11:35
4	Shook, Virginia	39	Grand Rapids	11:35
5	Nyquist, K	18	Fleet Feet	14:42
6	-----			

1 mile Relay

1	Motor City "A"	3:57.0	* Old record 4:05.4 Detroit Striders-1973
2	Motor City "B"	4:10.8	
3	Michigammas	4:16.4	
4	Fleet Feet	4:32.4	
5	-----		
6	-----		

1500 meter Walk

1	Mara, S	17	Fleet Feet	9:00.5
2	Solosky, B	22	Fleet Feet	10:07.6
3	Nyquist, K	18	Fleet Feet	11:37.0

2 mile Relay

1 Michigammas 11:43.4

TEAM STANDINGS

1	Motor City TC	143 points
2	Michigammas	79 points
3	MSU TC	76 points
4	Fleet Feet	71 points
5	LIPKE TC	56 points
6	Andray TC	22 points
7	CMU TC	14 points
8	Wolverine TC	10 points
9	S.U.S.	5 points
10	Grand Rapids TC	4 points

\* Denotes new record

I would like to wish all of you the best for the remaining part of the summer. Thank you for coming and participating in the meet. If you have suggestions for next year, please let me know. Could you find out if the athletes were pleased with the awards?

Many thanks to all the officials.

Sincerely yours,



Mark Pittman

P.S. Don't forget that the Michigan AAU Age-Group Cross-Country Championships will be held at MSU (Forest Acres Golf Course) on October 23, 1976. This is for female and male.