

Allen, James Pace Hastings To '79 Twin Valley X-Country Crown

Hasting High's cross-country team overcame the league leaders from Harper Creek and Marshall Wednesday afternoon, as well as the Sturgis Trojans, to leave Coldwater's Memorial Park with the '79 Twin Valley championship trophy.

The Saxons engineered the upset by placing two runners among the first three finishers. Kerry Allen single handedly pulled off a major upset when he outraced Marshall's defending league champ Fred Bisel over the last half mile for the victory. Allen's winning time of 16:17.7 was one one-tenth of a second off the Coldwater course record set earlier this season by Bisel during a dual meet with the Cards.

Allen's teammate, Tim James, who was the runnerup in the 1978 league title race, was third in 16:30. The runnerup honor for this fall went to league newcomer Steve Ostrovich of Jackson Northwest who just nosed out James in 16:29. Another surprise was Albion's David Word who crossed the line fourth while Bisel faded to fifth after leading the pack for two miles.

It may have been Allen's strategy to let Bisel set the

pace. He commented after the race, "I didn't want to go out ahead of Bisel because he's such a good runner." However when Allen was asked if he knew he could outrun Bisel with a half mile to go, the winners replied, "No, I surprised myself."

Sturgis' Mitch Rambadt was the meet's sixth place finisher followed in seventh by Harper Creek's Jerry Caswell. Caswell's teammates, Dan Frisosky and Dan Kellogg placed 8th and 10th respectively.

Sandwiched between Frisosky and Kellogg was another Sturgis runner, Keith Keyser, of Sturgis. The top 10 finishers in Wednesday's race comprise the 1979 Twin Valley all-conference team.

For the fourth consecutive year, Coldwater's Cardinals just missed pacing a runner on the all-league team. Wednesday it was Bill Emerson who was the Cards leading runner. Unhampered by cold weather and rain, Emerson knocked 17-seconds off the best time he has ever posted on the home course and sprinted into the chute in 17:19. Emerson finished in 13th,

behind two more Sturgis runners.

Cardinals Steve Lawhead and Bret Norton ran with the leaders for the first mile of the race before fading to 17th and 25 respectively. Coldwater

finished the day with 130 points as Jeff Rider placed 37th and Randy Rimsney 38th.

The finish placed the Cardinals 6th overall in the meet and sixth in the final league standings for the second



TWIN VALLEY CROSS COUNTRY Final Individual Standings (Top 20, 1979 at Coldwater)

Runner	Time
1. Kerry Allen, Hastings	16:17.7
2. Steve Ostrovich, Northwest	16:29
3. Tim James, Hastings	16:30
4. David Word, Albion	16:31
5. Fred Bisel, Marshall	16:43
6. Mitch Rambadt, Sturgis	16:43.5
7. Jerry Caswell, Harper Creek	16:51
8. Dan Frisosky, Harper Creek	16:54
9. Keith Keyser, Sturgis	16:55
10. Dan Kellogg, Harper Creek	17:05
11. Randy Keyser, Sturgis	17:07
12. Clayton Brown, Sturgis	17:17
13. Bill Emerson, Coldwater	17:19
14. Jeff Wood, Hillsdale	17:20
15. Todd Kirkby, Marshall	17:22
16. Scott Saffierfield, Hastings	17:23
17. Steve Lawhead, Coldwater	17:25
18. Bob Rando, Northwest	17:27
19. Rod Beagle, Hillsdale	17:28
20. Tim Dansiger, Marshall	17:32

Final team scores: Hastings, 67; Sturgis, 71; Harper Creek, 75; Marshall, 86; Hillsdale, 123; Coldwater, 130; Jackson Northwest, 160; and Albion, 180.

straight year.

At the top of the league meet was Hastings with 67 points followed closely by Sturgis with 71 and Harper Creek with 75. Marshall was forced to settle for fourth place with 86 and Hillsdale edged out the Cardinals for fifth with 123. The final meet standings were also identical to the final league standings.

Finishing behind Coldwater in the meet and league for '79 were Jackson Northwest with 160 points and Albion with 180. In the reserve race, Marshall High runners dominated the action by claiming the first four places as well as 8th, again showing their potential for the future. For the second year in a row, the Twin Valley coaches

held a girl's race which was won this year by Lisa Cole of Hastings with a time of 21:25.5. Laura Charmeda of Marshall was the runnerup in 21:50.

Coldwater's '79 season will draw to a close on Saturday with the varsity competing in the Class B regional at Sturgis. The meet will be run on the Green Valley Golf Course.

Twin Valley X-Country Final 1979 Standings

Team	Pts.
1. Hastings	21
2. Sturgis	19
3. Harper Creek	18
4. Marshall	16
5. Hillsdale	11
6. Coldwater	8
7. Northwest	4
8. Albion	3