

M.I.T.C.A. HIGH SCHOOL  
TRACK MEET  
FEBRUARY 2, 1979  
WESTERN MICHIGAN UNIV.

SHOT PUT

1. Curtis Potts - Kal. Central 52'5 $\frac{1}{4}$ "
2. Craig Hairston - Muskegon T.C. 43'7"
3. Dwyane Johnson - Animal Farm T.C. 42'8 $\frac{1}{4}$ "
4. Mike Livingston - Steel Curtain 42'6 $\frac{3}{4}$ "
5. Tom Tiller - Animal Farm T.C. 41'11 $\frac{1}{2}$ "
6. Denton Fitz - Mattawan T.C. 41' $\frac{1}{4}$ "

LONG JUMP

1. Eric Brugenberg - Charlotte 21'2 $\frac{1}{2}$ "
2. Terrance Hoskins - Animal Farm T.C. 20'11 $\frac{1}{2}$ "
3. Stacy Cooper - Sexton T.C. 20'8 $\frac{1}{2}$ "
4. Russell Jones - no name 20'4"
5. Marcus Sanders - Sexton TC 20'2  $\frac{3}{4}$ "
6. Alex White - Kal. Central 20'1 $\frac{1}{2}$ "

HIGH JUMP

1. Mike Bloxson - Suttons Bay TC 6'4"
  2. Walt Reynolds - E.Lans. T.C. 6'2"
- No other qualifiers

POLE VAULT

1. Ben Dancer - Stockbridge TC 12'0"
  2. Bob Van Horn - Animal Farm TC 12'0"
  3. Gary Crittenden - Charlotte TC 11'6"
- No other qualifiers

60 YD. H.H. Prelims Heat 1

1. Steve Deniston - E.Lans. TC 7.6
2. Rick Trainer - Sexton TC 7.8
3. Tyrone Bynam - K. Central TC 8.2
4. Mike Cookenmaster - P. Northern TC 8.9
5. Randy Spencer - Muskegon TC 9.3

Heat 2

1. Matt Shon - K. Central TC 8.6
2. Mark Sierz - Traverse City TC 8.7
3. Kraig Adams - PawPaw TC 8.9
4. Tim Coopers - K. Central TC 9.1

Heat 3

1. John Bosma - P. Northern TC 8.6
2. Jack Block - K. Central TC 9.0
3. Chris Poulson - Lakeshore TC 9.1
4. Mike Lawler - K. Central TC 10.5

10  
COPIES

Semi Heat I

1. Steve Deniston - E.Lans. TC 7.7
2. Craig Adams - PawPaw TC 8.5
3. Tyrone Bynam - K.Central TC 8.8
4. Jack Blcok - K.Central TC 9.0
5. John Bosma - P.Northern TC 9.0

Semi Heat II

1. Rick Trainer - Sexton TC 7.8
2. Mark Sierz - Traverse TC 8.5
3. Matt Shon - K.Central TC 8.6
4. Mike Cookenmaster - P.Northern TC 8.7
5. Chris Poulson - Lakeshore TC 9.2

60 YD. H.H. FINAL

1. Steve Denniston - E.Langsin TC 7.6
2. Rick Trainer - Sexton TC 7.7
3. Craig Adams - PawPaw TC 8.2
4. Mark Sierz - Traverse TC 8.6

WOMEN'S 60 YD L.H. FINAL

1. Trivola Plump - Det.Northern 10.0
2. Paula Clark - " 10.4
3. Verlene Bolden - " 11.8
4. Beverly Martin - " 12.0

60 YD DASH PRELIMS HEAT I

1. Chas. Jackson - K.Cent.TC 6.4
2. Marcus Sanders - Sexton TC 6.7
3. Tyrone Bynam - K.Cent. TC 6.9
4. Tony Stores - Dowagiac TC 7.1
5. Jackie Galloway - Animal Farm 7.1

PRELIM HEAT II

1. Vance Goodwin - An.Farm 6.7
2. Rick Trainer - Sexton TC 6.8
3. Greag Lee - Dowagiac TC 6.9
4. Troy Thompson - K.Cent. 7.0
5. Alan Thompson - P.North. 7.1

PRELIM HEAT III

1. Mike Echols - An.Farm 6.5
2. Tim Nebor - P.North. 7.1
3. Matt Shon - K. Central 7.2
4. Kirk Sherman - Charlotte 7.3
5. Dave Fink - R.North. 7.3

PRELIM HEAT IV

1. Terry Galloway - An.Farm 6.9
2. Mike Branch - Traverse TC 7.0
3. Hugh Cooney - K.Cent. 7.2
4. David Mimms - Muskegon TC 7.2
5. Tony Gardner - K.Cent. 7.3

PRELIM HEAT V

1. Stacy Cooper - Sexton TC 6.7
2. Alex White - K.Cent. 6.9
3. Mike Wilson - K.Cent. 6.9
4. Cecil Moore - An. Farm 7.2
5. Sherry Buchanan - An.Farm 7.5

PRELIM HEAT VI

1. Russel Jones - Sexton TC 6.7
2. Thomas Woodford - Muskegon TC 7.0
3. Todd Clark - K.Cent. 7.0
4. Bob Hartline - Dowagiac TC 7.3
5. Mike Ward - Charlotte TC 7.5

60 YD. DASH SEMI HEAT I

1. Chas. Jackson - K.Cent. 6.4
2. Mark Sanders - Sexton 6.8
3. Jerry Galloway - An.Farm 6.8
4. Tyrone Bynam - K.Cent. 7.0
5. Hugh Cooney - K.Cent. 7.0
6. Tim Nehbor - P.North. 7.0

SEMI HEAT II

1. Mike Echols - An. Farm 6.5
2. Rick Trainer - Sexton TC 6.6
3. Greg Lee - Dowagiac 6.8
4. Russel Jones - Sexton 6.9
5. Thomas Woodford - Muskegon 7.0

SEMI HEAT III

1. Vance Goodwin - An.Farm 6.6
2. Alx White - K.Cent. 6.8
3. Mike Wilson - K.Cent. 6.9
4. Mike Branch. -K.Cent. 7.0
5. Todd Clark - K.Cent. 7.0

60YD. DASH FINAL

1. Chas. Jackson - K.Cent. 6.3
2. Mike Echols - An.Farm. 6.4
3. Rick Trainor - Sexton TC 6.6
4. Vance Goodwin - An.Farm 6.7
5. Marcus Sanders - Sexton 6.7
6. Alex White - K.Cent. 6.9

GIRLS 800 METER RELAY

1. Furniture City Striders 1:57.6
2. Detroit Northern TC 2:03.6
3. Animal Farm TC 2:09

GIRLS MILE RUN (ACTUAL MILE)

1. Sheila Varga - Snowshoe TC 5:34
2. Pam Slate - An. Farm TC 5:51.8
3. Priscilla Danielly - Det. North. 5:58
4. Janice Bowser - Charlotte 5:58.6
5. Michile Belvitch - An. Farm 6:06.1

BOY'S MILE RUN (ACTUAL MILE)

1. Brian Murley - Sexton 4:41
2. Brad Krugler -Run Abouts 4:46
3. Bill Bogoslawski -GR Cent. 4:53
4. John Biek - Dowagia - 5:00
5. Tim Evans - Traverse TC 5:01
6. Jon McCormick - K.Cent. 5:02

3200 METER RELAY

1. Charlotte TC 8:33.0
2. Titan TC 8:40.9
3. Grand Rapids Cent. 8:55
4. K.Central TC 8:57
5. Furniture City TC 9:08

3200 METER RUN FINAL

1. Dan Shamiyeh - Freeland TC 9:27.6
2. Rudy Callen - An.Farm 9:56.4
3. Herb Hale- Animal Farm 9:59.4
4. Dave Dunn - An. Farm 10:06
5. Rick Hunter - Freeland 10:08
6. Dan Fiero - Titan TC 10:15.2
7. Steve Underwood - E.Lang. 10:16
8. John Adams - Titan 10:07.8

1600 METER RELAY GIRL'S FINAL

1. Detroit Northern "A" 4:23
2. Furniture City 4:31
3. Animal Farm 4:35
4. Detroit Northern "B" 4:52

1600 METER RELAY BOY'S FINAL

1. Sexton TC 3:37.1
2. Paw Paw TC 3:43
3. Furniture City TC 3:45
4. K.Central "A" 3:34.3
5. Charlote 3:47.5
6. Muskegon 3:48
7. K.Central "B" 3:48
8. Grand Rapids Central 3:49