

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.
1019 Trowbridge Road
East Lansing, Michigan 48823

MAJOR TRACK & FIELD RULE REVISIONS FOR 1980

- 1-9-1 NOTE: Beginning in 1980 the weight of the shot used in girls competition will be 8 lbs. 13 oz. (4.0 kg).
- 2-3-9 Unacceptable conduct includes willful failure to follow the directions of a meet official, or an unfair act as described in 8-4-1.
- 2-6-4 A section is one of a series of two or more "timed-final races" in a particular event, run in lieu of preliminary and final heats.
- 3-1-3 When conditions do not permit determining place winners by the preferred method of head to head competition, and the final race is run in sections as defined in 2-6-4, the slower runners or relay teams shall be placed in the first section, with the fastest competitors assigned to the last section.
- 4-2-2 The referee shall disqualify a competitor:
- Meet* 1. For unsportsmanlike conduct as defined in 2-3-8, and shall notify, or cause to be notified, a competitor, or the competitor's coach, who has been disqualified. A contestant so disqualified is ineligible for further competition in the meet.
- Event* 2. For unacceptable conduct, as defined in 2-3-9. A competitor so penalized, is disqualified from the event in which the unacceptable conduct occurs.
- 5-1-4 NOTE: It is permissible for a coach to confer with contestants between events or trials, as long as it is not in an area restricted to contestants and meet officials.
- 5-3-2 A contestant who competes with an illegal uniform, or is charged with unacceptable conduct, shall be disqualified from that event.
- 7-1-6 It is a false start if the runner fails to comply with the starter's command, or if before the pistol is fired and after the runner has assumed the "set" position, the runner does not remain motionless.
- 8-4-1 An unfair act is an event disqualification.
- 10-2-3 Accurate measurements shall be made before and after a record attempt.
- 11-1-1 The order of events as listed in Article 1, as well as similar references in 11-1-3, 11-1-4, 11-3-1 and 11-4-1 has been revised to reflect metric distances.

10-1-8

*Discus javelin polevault - no tape on the hands
or fingers with the exception to protect an
open cut or wound.*