

NITCA INDOOR TRACK SCHEDULE

1981

Wed.	January	14	Jackson Community College - Oval	6:00 p.m.
Tues.		20	Eastern Michigan University	5:00
Fri.		23	University of Michigan	7:00
Sat.			Western Michigan University - Field	6:30
Fri.	February	5	Jackson Community College - Oval	6:00
Wed.		11	Jackson Community College - Field	6:00
Wed.		11	Traverse City High School	6:30
Wed.		18	Jackson Community College - Oval	6:00
Wed.		18	Traverse City High School	6:30
Tues.		24	Eastern Michigan University	5:00
Thur.		26	University of Michigan	7:00
Fri.	March	2	Jackson Community College - Field	6:00
Fri.		6	Western Michigan University	7:00
Thur.		19	NITCA INDOOR CHAMPIONSHIPS University of Michigan	7:00

THESE ARE THE ONLY MEETS IN WHICH PERFORMANCES WILL BE ACCEPTED FOR THE INDOOR CHAMPIONSHIP MEET.

NO SPEKMS ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET.

MEET DIRECTORS: Eastern Michigan University - Bob Parke - EMU
 University of Michigan - Chuck Janke - Jackson High School
 Western Michigan University - Don Lukens - Loy Norris High School
 Jackson Community College - Bill Lundberg - JCC
 Traverse City High School - John Loran - TCHS

COACHES -- PLEASE PLAN ON HELPING TO RUN THESE MEETS.

TO: MITCA REGISTERED CLUBS - BOYS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: Thursday, March 19, 1981, at the University of Michigan

TENTATIVE TIME SCHEDULE:

6:45	Field Events
7:00	60 Yard High Hurdles - pre lims
7:10	50 Yard Dash - pre lims
7:20	Mile Run - two heats
7:40	60 Yard High Hurdle - final
7:50	300 Yard Dash - final - two heats
8:00	60 Yard Dash - final
8:10	Two Mile Relay - one heat
8:20	Two Mile Run - two heats
8:50	Mile Relay - two heats

BASIC CRITERIA FOR QUALIFICATION

60 Yard Dash - 60 Yard High Hurdles - 18 fastest times run in semi final or final heats in the qualification meets.

300 Yard Dash - 12 fastest times run in qualification meets - In the Championship meet there will be no prelims but two final heats of 6.

Mile - Two Mile runs - 19-20 fastest times run in qualification meets - 2 heats in each

Two Mile Relay - 8 - 10 fastest times run in qualification meets - one heat

Mile Relay - 12 fastest times run in qualification meets - two heats

Field Events - 8 - 12 best performances from the qualification meets

Sprinters may qualify in either the 60 or the 300, not both

Distance runners may qualify in either the mile or two mile not both

Coaches - please contact the selection committee if you think you have an athlete who may have qualified no later than Sunday March 8.

Athletes may wear pin spikes in the Championship Meet

The final qualifying meet is at Western Michigan University on Friday March 6.

SELECTION COMMITTEE:	Pole Vault	Don Marsh	Flint Kearsley
	High Jump	Bill Grebe	Northwood Institute
	Long Jump	Martin Crain	Flint Beecher
	Shot Put	Deane Ruffin	Holly
	60 and 300 Dash	Bob Bridges	Dearborn
	60 Hight	Norb Bader	Flint Northern
	Mile - Two Mile and	Don Sleeman	Ann Arbor Pioneer
	Two Mile Relay	Larry Wilcox	Flint Kearsley
	Mile Relay	Chuck Janke	Jackson

ATHLETES WHO COMPETE IN THE FINAL MEET WILL BE ADMITTED FREE - ALL OTHERS \$2.00

INFORMATION PERTAINING TO:

ALL INFORMATION PERTAINING TO THESE MEETS WILL BE SENT BY

BY BOB PARKS - TRACK COACH - WESTERN MICHIGAN UNIVERSITY.

JACKSON COMMUNITY COLLEGE - Registration: 5:00 p.m. \$1.00 per athlete - pay at the door.

Event Meets - 300, 600, 850, 1000, Mile and Two Mile

State Meet - Shot Put, Pole Vault, High Jump, Long Jump,

50 Yard Dash and 50 Yard High Hurdles

UNIVERSITY OF MICHIGAN - Registration: 5:30 p.m. - WARRIORS - athletes, coaches, and

spectators must pay \$1.00. Those

people who help run off the meet

will have their dollar returned.

Order of Events: 7:00

7:00

All Field Events

60 yard high hurdles pre-time

300 yard dash - pre-time

60 yard dash - pre-time

60 yard high hurdle - same

60 yard dash - same

Mile Run

60 yard high hurdle - final

Two Mile Relay

Two Mile Run

300 yard dash - final

60 yard dash - final

Mile Relay

WESTERN MICHIGAN UNIVERSITY - Registration: 5:30 p.m. \$1.00 per athlete - pay at the door

The same order of events will be followed as the meets at the

University of Michigan.

TRAVERS CITY HIGH SCHOOL - NO ENTRY FEE - There will be an experimental meet

starting in approximately four weeks of the area

schools to have some competition closer to

home - Field event teams will be accepted for

the championship meet.

Events - High Jump - Pole Vault - Shot Put - 60 yard dash

40 yard low hurdles - 40 yard high hurdles

For more info - contact John Jones - Home Phone (515) 36-0111

Temperatures starting time

6:30 p.m.