

**SCHEDULE**

(Cooperation of All  
Coaches and Athletes Desired)

Friday, April 15, 1983

- 12:30 - Local girls 400 meter Relay
- 1:30 - 4 x 800-meter Relay-Pole Vault
- 2:15 - 3000-meter Run
- 3:00 - Medley Relay  
(800-200-400-1600 meters)
- 3:45 - 4 x 1600-meter Relay

**PRELIMINARIES**

Saturday, April 16, 1983

(Time depends upon number of Heats)

- 10:00 - Shot Put, High Jump, Long Jump,  
Discus.
- 10:00 - 100-meter Dash (north straight away)
- 10:00 - 300-meter Low Hurdles (semi-finals)
  - 100-meter Dash (semi-finals)
  - 200-meter Dash (north straight away)
  - 110-meter High Hurdles
  - 200-meter Dash (semi-finals)
  - 110 meter High Hurdles (semi-finals)

**FINALS**

April 16, 1983

(Time depends upon the number of Heats)

- 1:30 - High Jump, Long Jump, Shot Put  
Discus.
- 1:30 - 110-meter High Hurdles
  - 100-meter Dash
  - 1500-meter Run
  - 4 x 1500 meter Relay
  - 400-meter Run
  - 300-meter Low Hurdles
  - 800-meter Run
  - 200-meter Dash
  - Shuttle Hurdle Relay  
(440-meter intermediate Hurdles)  
(High Hurdle distance-36 inch height)
  - 4 x 400-meter Relay

**RESULTS OF 1981 MEET**

**4 x 800 Meter Relay--1,** Lancaster (Gary Valentine, Bruce Broyles, Carl DeVault and Clark Haley), 7:54.2; 2, Dayton Roth, 7:55.0; 3, Gary (Ind.) Roosevelt, 7:55.2; 4, Flint (Mich.) Kearsley, 7:58.7; 5, Amherst Steele, 7:59.7; 6, Detroit (Mich.) St. Martin Deporres. (Record. Old record of 7:55.6 set by Cleveland East Tech in 1979.)

**3000 Meter Run--1,** George Nicholas, Dayton Meadowdale, 8:18.5; 2, Tim Cannon, Bloomfield Hills (Mich.) Cranbrook, 8:33.0; 3, Rick Hughes, Kent Roosevelt, 8:43.6; 4, Bill Brady, Mt. Clemens, Mich., 8:43.6; 5, Patrick McGinnis, Detroit (Mich.) De LaSalle, 8:44.1; 6, Ted Murphy, Toronto (Ont.) Leaside, 8:48.9.

**Medley Relay (800-200-400-1600)--1,** Hamilton (Ont.) Bishop Ryan (Tom Root, Giuliano Ciardelli, Walter Basic and Paul Kelly) 7:37.7; 2, Dayton Meadowdale, 7:43.6; 3, Kent Roosevelt, 7:47.1; 4, Cadillac, Mich., 7:47.2; 5, Cleveland West Tech, 7:48.7; 6, Detroit (Mich.) University of Detroit, 7:49.6.

**4 x 1600 Meter Relay--1,** Flint (Mich.) Kearsley (Craig Dickinson, Kevin Gumerson, Craig Adas and Cavin Councilor), 17:56.9; 2, Mt. Lebanon, Pa., 17:59.6; 3, Lancaster, 18:01.6; 4, State College, Pa., 18:05.4; 5, Lakewood St. Edward, 18:12.7; 6, Kent Roosevelt, 18:14.3.

**Pole Vault--1,** Bob Ferguson, Scarborough (Ont.) Woburn C.I., 14 feet, 6 inches; 2, John Bartos, Corunna, Mich., 14-6; 3, Rudy Buntic, Toronto (Ont.) Michael Power, 14-6; 4, Dave Johnson, Lancaster, 14-0; 5, Matt Vermillion, Lewisburg Twin Valley North, 13-6; 6, Robb Johnston, Hobart, Ind., 13-6. (First and second places determined by jump-off. Third place determined by total misses.)

**100 Meter Dash--1,** Ben Johnson, Toronto (Ont.) Yorkdale, 10.2; 2, Demetrius Hallums, Detroit (Mich.) Central, 10.6; 3, Chris Bandy, Mississauga (Ont.) Woodlands, 10.8; 4, Ray Calloway, Detroit (Mich.) Cooley, 10.8; 5, Phil Mitchell, Flint (Mich.) Southwestern, 10.8; 6, Rick Simpson, Detroit (Mich.) Cooley, 10.8. (Times wind-aided.)

**110 Meter High Hurdles--1,** Tom Wilcher, Detroit (Mich.) Central, 13.6; 2, Alex Washington, Gary (Ind.) Roosevelt, 14.0; 3, Brian Vier, Grosse Pointe (Mich.) North, 14.4; 4, Clarence Kelly, Cleveland Glenville, 14.4; 5, Daryl Calhoun, Middletown, 14.4; 6, Jim Harvey, Stow, 14.5. (Record. Old record - Randy Anderson, Flint (Mich.) Northern, 1979, 14.2)

**Shot Put--1,** Barry Walker, Lancaster, 64 feet, 8¾ inches; 2, David Reasons, Xenia, 59-6; 3, Kevin Fettig, Hartford City (Ind.) Blackford, 55-9½; 4, Jeff Milligan, Lexington, 55-5¼; 5, Mike Spiritoso, Toronto (Ont.) Michael Power, 55-4; 6, Kyle Goss, State College, Pa., 55-0.

**High Jump--1,** Jay Jewell, Remus (Mich.) Chippewa Hills, 6 feet, 8½ inches; 2, Greg Kay, Toronto (Ont.) Northern Secondary, 6-8½; 3, (tie) Kevin Johnson, Dayton Roth, and Laird McLean, Scarborough (Ont.) W.A. Porter, 6-6½; 5, Rob Marsh, Lancaster, 6-6½; 6, (tie) Jeff Lunt, Lakewood St. Edward, and Greg Hornsby, Midland (Mich.) H.H. Dow, 6-6½.

**Discus--1,** David Reasons, Xenia, 191 feet, 4 inches; 2, Barry Walker, Lancaster, 182-1; 3, Bob Grace, Sandusky, 173-5; 4, Matt Lewis, Kent Roosevelt, 172-2; 5, Mike Krauss, Clinton, Mich., 169-7; 6, Doug Orr, Lexington, 169-2.

## SPECIAL REGULATIONS — ATTENTION

**1500 Meter Run--1**, George Nicholas, Dayton Meadowdale, 3:53.0; 2, Bob Hudson, State College, Pa., 3:54.2; 3, Tim Cannon, Bloomfield Hills (Mich.) Cranbrook, 3:55.7; 4, Dean Moncke, Toledo DeVilbiss, 3:56.6; 5, Craig Dickinson, Flint (Mich.) Kearsley, 3:56.8; 6, Ted Murphy, Toronto (Ont.) Leaside (No time reported). (Record. Old record of 3:55.1 set by John Zishka, Lancaster, 1980.)

**Long Jump--1**, Tom Wilcher, Detroit (Mich.) Central, 23 feet, 4 inches; 2, Paul Bialowicz, Redford (Mich.) Bishop Borgess, 22-10¼; 3, Eric Foster, Detroit (Mich.) University of Detroit, 22-8; 4, Chris Bandy, Mississauga (Ont.) Woodlands, 22-5¼; 5, Larry Jones, Gary (Ind.) Roosevelt, 22-4¾; 6, Ken Berry, London (Ont.) Laurier S.S., 22-2¾.

**4 x 200 Meter Relay--1**, Gary (Ind.) Roosevelt (Darryl Prince, Jeffery Patrick, Dwayne Burnett and Alex Washington), 1:29.5; 2, Dayton Roth, 1:30.7; 3, Mansfield Malabar, 1:31.1; 4, Toronto (Ont.) Central Tech., 1:31.3; 5, Scarborough (Ont.) W.A. Porter, 1:31.9; 6, Mississauga (Ont.) Lorne Park S.S., 1:32.3.

**400 Meter Dash--1**, Dave Beasley, Detroit (Mich.) Central, 48.7; 2, Laron Brown, Dayton Roth, 48.9; 3, Tom Hind, Mississauga (Ont.) Gordon Graydon, 49.0; 4, Jamie Weathers, Ecorse, Mich., 49.1; 5, John Cochran, Columbus Central, 49.8; 6, Clarence Kelly, Cleveland Glenville, 49.9.

**300 Meter Low Hurdles--1**, Jim McGrath, Southgate (Mich.) Shafer, 38.9; 2, Greg Henderson, Detroit (Mich.) St. Martin Deporres, 38.9; 3, Jeff Glass, London (Ont.) Saunders S.S., 37.8; 4, Tony Veasey, Flint (Mich.) Northern, 38.2; 5, Brian Vier, Grosse Pointe (Mich.) North, 38.4; 6, Sinatra Leaphart, Cleveland John F. Kennedy, 38.6.

**800 Meter Run--1**, Norman Smith, Gary (Ind.) Roosevelt, 1:56.8; 2, Ken Barbee, Columbus Eastmoor, 1:56.9; 3, Paul Kelly, Hamilton (Ont.) Bishop Ryan, 1:57.5; 4, Clark Haley, Lancaster, 1:57.8; 5, George Nicholas, Dayton Meadowdale, 1:57.8; 6, Gary Valentine, Lancaster, 1:58.4.

**200 Meter Dash--1**, Ben Johnson, Toronto (Ont.) Yorkdale, 22.0; 2, John Cochran, Columbus Central, 22.2; 3, Demetrius Hallums, Detroit (Mich.) Central, 22.2; 4, Andre Carr, Cleveland John F. Kennedy, 22.4; 5, Laron Brown, Dayton Roth, 22.6; 6, Darryl Prince, Gary (Ind.) Roosevelt, 22.7.

**Shuttle Hurdle Relay--1**, Flint (Mich.) Northern (Stan Latham, Ray Hall, Tony Veasey and Mel Brannon), 59.8; 2, Ecorse, Mich., 1:00.3; 3, Gary (Ind.) Roosevelt, 1:00.4; 4, Flint (Mich.) Central, 1:01.0; 5, Detroit (Mich.) Cass Tech, 1:01.4; 6, Cleveland Heights, 1:01.6. (Record. Old record of 1:00.9 set by Detroit (Mich.) Central, 1980.)

**4 x 400 Meter Relay--1**, Dayton Roth (Anthony Saine, Juan Mosby, Michael McCray and Laron Brown), 3:20.4; 2, Detroit (Mich.) Central, 3:21.0; 3, Cleveland Heights, 3:21.2; 4, Detroit (Mich.) St. Martin Deporres, 3:22.5; 5, Ecorse, Mich., 3:24.0; 6, Mansfield Malabar, 3:24.2. (Record. Old record of 3:21.7 set by Dayton Roth, 1980.)

**FOLLOW THE SCHEDULE** - Starters in every event must be at the bull pen ready to run ten minutes before the event.

**Preliminaries** - Preliminaries will be conducted in every event EXCEPT the 1500-meters, the 400-meters, 4 x 800-relay, 4 x 100-meter relay, 800-meter run, distance medley, shuttle hurdles, 4 x 1600-meter relay and 3000-meter run which will run in sections against time.

**Relay Exchange** - The 4 x 100 meter relay will be run in lanes and the team will exchange batons in their respective lanes. In the other relays the California Exchange will be used and the teams will be placed in position according to the position of the incoming runners.

**Pole Vault and High Jump** - In the pole vault prelims the bar will be placed at 12 Ft. 6 in., and in the high jump at 6-1 Ft. Vaulters and Jumpers can warm up at lower heights, but this must be done before the event starts. In order to prevent unnecessary delay in the pole vault, competitors may, at the discretion of the officials in charge, be required to be ready to vault or jump within two minutes after the previous competitor's trail or be penalized by the forfeiture of one trail at that height.

**Rules** - Rules set up by the Ohio High School Athletic Association shall apply to all rulings.

**Out-of-State Schools** must adhere to their regulations where there is a differential between the standards set up by Ohio High School Athletic Association.

**Restrictions - Boys' Track** - A participant may compete in a maximum of four (4) track and field events. The four events may be any combination of track and field events, including relays, or maybe four track events or four field events. The foregoing regulation applies to one and two day meets without exception.

**Shot Put** - Only puts of over 50 feet will be measured.

**Discus** - Only throws of over 150 feet will be measured.

**Long Jump** - Only jumps over 21 feet will be measured.

**300 meter Hurdles** - Prelims will be run on the south portion of the track and finish at the north end. The finals will start on the north and finish at the common finish line.

**200 meter** - Prelims will be run on Straight away at the north end. The finals will be Olympic style on the curve with the finish at the common finish line.