

MITCA INDOOR TRACK SCHEDULE

1982

Fri.	January	22	University of Michigan	7:00 p.m.
Sat.		23	Spring Arbor College	9:00 a.m.
Fri.	February	5	Michigan State University	7:00 p.m.
Thurs.		11	Eastern Michigan University	5:00 p.m.
Tues.		16	Western Michigan University	7:00 p.m.
Sat.		20	Spring Arbor College	9:00 a.m.
Thurs.		25	University of Michigan	7:00 p.m.
Fri.		26	Western Michigan University	7:00 p.m.
Tues.	March	2	Michigan State University	7:00 p.m.
Tues.		9	Eastern Michigan University	5:00 p.m.
Thurs.		18	MITCA INDOOR CHAMPIONSHIPS University of Michigan	7:00 p.m.

THESE ARE THE ONLY MEETS IN WHICH PERFORMANCES WILL BE ACCEPTED FOR THE INDOOR CHAMPIONSHIP MEET.

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET.

MEET DIRECTORS: Eastern Michigan University - Bob Parks - EMU
University of Michigan - Chuck Janke - Jackson High School
Michigan State University - Chuck Janke - Jackson High School
Western Michigan University - Don Lukens - Loy Norrix High School
Spring Arbor College - Chuck Janke - Jackson High School

COACHES - PLEASE PLAN ON HELPING TO RUN THESE MEETS

TO: MITCA REGISTERED CLUBS - BOYS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: THURSDAY MARCH 18, 1982 - UNIVERSITY OF MICHIGAN

TENTATIVE TIME SCHEDULE:

6:45	Field Events
7:00	60 Yard High Hurdles - Pre-lims
7:10	60 Mile Dash - Pre-lims
7:20	Mile Run
7:40	60 Yard High Hurdles - Final
7:50	300 Yard Dash
8:00	60 Yard Dash - Final
8:10	Two Mile Relay
8:25	Two Mile Run
8:50	Mile Relay

BASIC CRITERIA FOR QUALIFICATION

60 Yard Dash - 60 Yard High Hurdles - 18(minimum)fastest times run in semi final or final heats at the qualification meets

300 Yard Dash - 12 fastest times run in the qualification meets

Mile - Two Mile Runs - 15 to 20 fastest times run at the qualification meets

Two Mile Relay - 8 to 10 fastest times run at the qualification meets

Mile Relay - 12 fastest times run at the qualification meets

Field Events - 8 to 12 best performances at the qualification meets

Qualification Meets - only those that were on the MITCA Indoor Schedule

Distance Runners may run only the mile or two mile - not both

Sprinters may run only the 60 or the 300 - not both

Athletes may wear pin spikes for the Championship Meet

SELECTION COMMITTEE

Pole Vault	Don Marsh	Flint Kearsley
High Jump	Bill Wehrwein	Chelsea(Elementary Phy. Ed.)
Long Jump	Martin Crain	Flint Beecher
Shot Put	Duane Raffin	Holly
60 - 300 Dash	Bob Bridges	Dearborn
60 Highs	Norb Bader	Flint Northern
Mile - Two Mile	Don Sleeman	Ann Arbor Pioneer
Two Mile Relay	Larry Wiltse	Flint Kearsley
Mile Relay	Chuck Janke	Jackson

COACHES - Please contact the selection committee if you think you have an athlete who may have qualified - FINAL QUALIFING MEET TUESDAY MARCH 9 AT EMU.

ATHLETES WHO QUALIFY INTO THE CHAMPIONSHIP MEET WILL BE ADMITTED FREE - ALL OTHERS \$2.00

INFORMATION PERTAINING TO MEETS

EASTERN MICHIGAN UNIVERSITY - All information pertaining to these meets will be sent by Bob Parks - Track Coach - Eastern Michigan University.

SPRING ARBOR COLLEGE - Registration 8:15 a.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00
9:15 a.m. Long Jump, High Jump, Shot Put - NO POLE VAULT AT FIRST MEET
Events - 50 Highs, 300, Mile, 880, 2 mile, 600
NO SPIKES ----- NO DRESSING FACILITIES

UNIVERSITY OF MICHIGAN - Registration: 5:30 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

BOYS ONLY

Table with 4 columns: Order of Events, Time, Event Name, and Event Name. Includes events like All Field Events, 60 Highs pre-lims, 300 pre-lims, 60 Dash pre-lims, 60 Highs semis, 60 Dash semis, Mile Run, 60 Highs finals, Two Mile Relay, Two Mile Run, 300 finals, 60 Dash finals, Mile Relay.

NO SPIKES - NO DRESSING FACILITIES

MICHIGAN STATE UNIVERSITY - Registration: 5:30 - EVERYONE - athletes, coaches, and spectators must pay \$1.00

BOYS AND GIRLS

Table with 4 columns: Order of Events, Time, Event Name, and Event Name. Includes events like All Field Events, Mile Run, 60 Highs pre-lims, 60 Highs final, 60 Lows pre-lims(girls), 60 Lows final, 300 pre-lims, Two Mile Relay, 60 Dash pre-lims, Two Mile Run, 60 Highs semis, 300 finals, 60 Lows semis, 60 Dash finals, 60 Dash semis, Mile Relay.

NO SPIKES - NO DRESSING FACILITIES

Boys events will precede girls events

Field events - HJ - girls first, SP - boys first, LJ - together (time limit for pre-lims)

WESTERN MICHIGAN UNIVERSITY - Registration: 5:30 - EVERYONE - athletes, coaches, and spectators must pay \$1.00

BOYS AND GIRLS

Order of Events: Same as Michigan State

NO SPIKES - NO DRESSING FACILITIES

TRAVERSE CITY HIGH SCHOOL - Contact John Lober if interested in having some competition at Traverse City High School - 616-941-0183

CHAMPIONSHIP MEET - UNIVERSITY OF MICHIGAN (BOYS ONLY) - SAME ORDER OF EVENTS AS LISTED ABOVE FOR UM MEETS - ATHLETES MAY WEAR SPIKES AT THIS MEET

COACHES - PLEASE PLAN ON HELPING TO RUN OFF THESE MEETS

INFORMATION PERTAINING TO MEETS

JACKSON COMMUNITY COLLEGE - Registration: 5:00 PM \$1.00 per athlete at door

Oval Meets - 300, 600, 880, 1000, Mile & 2 Mile

Field Meets - SP, HJ, LJ, & 50 Dash

Girls are welcome, but there are no special events for girls only.

NOTE: Make sure that your girls get their times, distances, & heights recorded.

TRAVERSE CITY HIGH SCHOOL Experimental basis for area high schools.

No entry fee

Contact John Lober for information

Home Phone (616) 941-0183

Field Event marks will be accepted for the Championship Meet.

EASTERN MICHIGAN UNIVERSITY - Contact Bob Parks, EMU Track office for information regarding these meets.

Girls Events: 60 Dash, 1 Mile, 880 Relay, & 1 Mile Relay

OAKLAND COMMUNITY COLLEGE - Registration: 1:00 PM \$1.00 at door EVERYONE athletes, coaches, & spectators
 Union Lake
 7550 Cooley Lake Road

Events: 50 LH, 50 Dash, 300 Dash, SP, HJ & 880 run

UNIVERSITY OF MICHIGAN - Registration: 12:00 PM \$1.00 at door EVERYONE athletes, coaches, & spectators

<u>Order of Events</u>	1:00 PM	SP, HJ, LJ
	1:00 PM	60 LH prelims
		300 prelims
	prelims	60 Dash prelims
	& semi's	60 LH semi's
		60 Dash semi's
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		60 LH
		Mile Run
		300 Dash
Finals		60 Dash
		2 Mile Relay
		880 Relay <i>Omit</i>
		2 Mile Run
		1 Mile Relay

THIS ORDER ^{PRE} LIMS

SAME ORDER AS BOYS 1980

BOYS FIRST

ASK LEE ABOUT LOW JUMP

HJ - GIRLS FIRST
 SP - BOYS FIRST