

TO: MITCA REGISTERED CLUBS - BOYS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: THURSDAY MARCH 17, 1983 - UNIVERSITY OF MICHIGAN

TENTATIVE TIME SCHEDULE:

6:45	Field Events	7:50	300 Yard Dash
7:00	60 Yard High Hurdles - Pre-lims	8:00	60 Yard Dash - Final
7:10	60 Mile Dash - Pre-lims	8:10	Two Mile Relay
7:20	Mile Run	8:25	Two Mile Run
7:40	60 Yard High Hurdles - Final	8:50	Mile Relay

BASIC CRITERIA FOR QUALIFICATION

60 Yard Dash - 60 Yard High Hurdles - 18(minimum)fastest times run in semi final or final heats at the qualification meets

300 Yard Dash - 12 fastest times run in the qualification meets

Mile - Two Mile Runs - 15 to 20 fastest times run at the qualification meets

Two Mile Relay - 8 to 10 fastest times run at the qualification meets

Mile Relay - 12 fastest times run at the qualification meets

Field Events - 8 to 12 best performances at the qualification meets

Distance Runners may run only the mile or two mile - not both

Sprinters may run only the 60 or the 300 - not both

Athletes may wear pin spikes for the Championship Meet

SELECTION COMMITTEE

Pole Vault	Don Marsh	Flint Kearsley
High Jump	Bill Wehrwein	Chelsea(Elementary Phy. Ed.)
Long Jump	Martin Crain	Flint Beecher
Shot Put	Duane Raffin	Holly
60 - 300 Dash	Bob Bridges	Dearborn
60 Highs	Norb Bader	Flint Northern
Mile - Two Mile	Chuck Janke	Jackson
Two Mile Relay	Chuck Janke	Jackson
Mile Relay	Chuck Janke	Jackson

COACHES - Please contact the selection committee if you think you have an athlete who may have qualified - FINAL QUALIFING MEET WEDNESDAY MARCH 9 AT EMU.

ATHLETES WHO QUALIFY INTO THE CHAMPIONSHIP MEET WILL BE ADMITTED FREE - ALL OTHERS \$2.00

ADDITIONAL MEET - SPRING ARBOR COLLEGE SATURDAY FEBRUARY 26 - 9:00 a.m.

2ND MAILING (2 PAGE)
DEC 15

MITCA INDOOR TRACK SCHEDULE

1983

Thurs.	January	27	University of Michigan	6:30 p.m.
Sat.		29	Spring Arbor College	9:00 a.m.
Fri.	February	4	Michigan State University	6:30 p.m.
Tues.		8	Western Michigan University	7:00 p.m.
Sat.		12	Spring Arbor College	8:45 a.m.
Tues.		15	Eastern Michigan University	5:00 p.m.
Thurs.		24	University of Michigan	6:30 p.m.
Tues.	March	1	Michigan State University	6:30 p.m.
Wed.		9	Eastern Michigan University	5:00 p.m.
Thurs.		17	MITCA INDOOR CHAMPIONSHIPS University of Michigan	6:30 p.m.

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

THERE WILL BE A COUPLE OF FIELD EVENTS MEETS AT TRAVERSE CITY HIGH SCHOOL

THESE ARE THE ONLY MEETS IN WHICH PERFORMANCES WILL BE ACCEPTED FOR THE INDOOR CHAMPIONSHIP MEET

MEET DIRECTORS: Eastern Michigan University - Bob Parks - EMU
University of Michigan - Chuck Janke - Jackson High School
Michigan State University - Chuck Janke - Jackson High School
Western Michigan University - Don Lukens - Loy Norrix High School
Spring Arbor College - Chuck Janke - Jackson High School

COACHES - PLEASE PLAN ON HELPING TO RUN THESE MEETS

INFORMATION PERTAINING TO MEETS

EASTERN MICHIGAN UNIVERSITY - All information pertaining to these meets will be sent by Bob Parks - Track Coach - Eastern Michigan University

SPRING ARBOR COLLEGE - Registration 8:00 a.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

9:00 a.m. - Pole Vault - Long Jump - High Jump - Shot Put

9:15 a.m. - 50 Highs, 300, Mile, 880, Two Mile, 600

NO SPIKES - NO DRESSING FACILITIES - GIRLS WELCOME

UNIVERSITY OF MICHIGAN - Registration 5:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Order of Events:	6:30	All Field Events	
	6:30	60 High pre lims and semis	60 Highs final Two Mile Relay Two Mile Run
BOYS ONLY		300 pre lims	300 final
NO SPIKES - NO DRESSING FACILITIES		60 Dash pre lims Mile Run 60 Dash semis	60 Dash final Mile Relay

MICHIGAN STATE UNIVERSITY - Registration 5:00 p.m. - EVERYONE - athletes, coaches and spectators must pay \$1.00

Order of Events:	6:30	All Field Events	60 Dash semis
	6:30	60 Highs pre lims 60 Lows(girls) pre lims	60 Highs final 60 Lows final
BOYS AND GIRLS		60 Highs semis 60 Lows semis	Two Mile Relay Two Mile Run
NO SPIKES - NO DRESSING FACILITIES		300 Dash pre lims 60 Dash pre lims Mile Run	300 Dash final 60 Dash final Mile Relay

Boys events will precede girls events

Field events - HJ - girls first, SP - boys first, LJ - together(time limit for pre lims)

WESTERN MICHIGAN UNIVERSITY - Registration 5:30 p.m. - EVERYONE - athletes, coaches and spectators must pay \$1.00

BOYS AND GIRLS Order of Events - Same as Michigan State
NO SPIKES - NO DRESSING FACILITIES

TRAVERSE CITY HIGH SCHOOL - Contact John Lober Traverse City High School 616 941 0183

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Order of Events: 6:30 All Field Events
6:30 60 High pre lims 60 Highs final
and semis Two Mile Relay
BOYS ONLY Two Mile Run
300 pre lims 300 final
NO SPIKES - NO DRESSING FACILITIES 60 Dash pre lims 60 Dash final
Mile Run Mile Relay
60 Dash semis

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6:30 60 Highs pre lims 60 Highs final
60 Lows(girls) pre lims 60 Lows final
BOYS AND GIRLS 60 Highs semis Two Mile Relay
60 Lows semis Two Mile Run
NO SPIKES - NO DRESSING FACILITIES 300 Dash pre lims 300 Dash final
60 Dash pre lims 60 Dash final
Mile Run Mile Relay

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