

**Dual Meet Standings:**

1. Hillsdale	7-0	8 pts.
2. Sturgis	6-1	7 pts.
3. Hastings	5-2	6 pts.
4. Marshall	4-3	5 pts.
5. Jackson NW	3-4	4 pts.
6. Coldwater	2-5	3 pts.
7. Harper Creek	1-6	2 pts.
8. Albion	0-7	1 pt.

**Twin Valley Meet:**

1. Hillsdale	115	8 pts.
2. Sturgis	85	7 pts.
3. Marshall	75	6 pts.
4. Jackson NW	74	5 pts.
5. Harper Creek	56	4 pts.
6. Hastings	45	3 pts.
7. Coldwater	15	2 pts.
8. Albion	0	1 pt.

**Final Standings:**

1. Hillsdale	16 pts.
2. Sturgis	14 pts.
Marshall	11 pts.
4. Hastings	9 pts.
Jackson NW	9 pts.
6. Harper Creek	6 pts.
7. Coldwater	5 pts.
8. Albion	2 pts.

**1983 Captains and Award Winners**

Captains: Angela VanBuskirk, Dana Cooper, Teri Kellogg

MVP: (Most Varsity Points) - 1983: Dana Cooper (154 points)

All Conference: none

State Qualifiers: Dana Cooper 1600M

Coldwater Reporter Area Best:

Angela VanBuskirk	LJ, 100, 220, 440 Relay
Dana Cooper	HJ, Mile, Mile Relay
Teri Kellogg	440, 880 Relay, Mile Relay
Jodie Macklin	LJ, 440 Relay, 880 Relay
Lara Scheidler	440, 880 Relay, Mile Relay
Marianne Exelby	Mile, 2 Mile
Jody Toth	HJ, 110 LH
Cynthia Grupp	880, Mile Relay
Cheryl Schorfhaar	HJ
Shelly Angle	330 LH
Jennifer Wilson	880 Relay
Penny Whitaker	440 Relay
Loretta Jahner	440 Relay

Battle Creek Enquirer Area Best: Dana Cooper HJ

New School Records:

Dana Cooper	HJ	5'3" (at Hastings; old 5'1 1/2")
Dana Cooper	1600M	5:33.5 (Regional Meet; old 5:46.2)
Shelly Angle	300 LH	52.2 (Regional Meet; new event)

**Varsity Letters:**

Angela VanBuskirk	Senior Award-4 years	Jodie Macklin	Second Year Award
Joanna Bartlett	Third Year Award	Cheryl Schorfhaar	Second Year Award
Shelly Angle	Second Year Award	Jackie Gruza	First Year Award
Dana Cooper	Second Year Award	Kelly Rahm	First Year Award
Marianne Exelby	Second Year Award	Lara Scheidler	First Year Award
Teri Kellogg	Second Year Award	Jody Toth	First Year Award

**Reserve Letter Winners:**

Second Year: Beth Milnes, Nancy Garrion,

First Year: Shelley Garn, Sherrie Gordon, Loretta Jahner, Wendi Noble, Theresa Summitt, Penny Whitaker, Julie Wilcox, Jennifer Wilson, Robin Worst

### Varsity Points:

1. Dana Cooper	154	12. Kelly Rehm	9
2. Angela VanBuskirk	94½	13. Julie Wilcox	8
3. Marianne Exelby	78	14. Sherrie Gordon	6 ¾
4. Jody Toth	59½	15. Wendi Noble	5
5. Shelly Angle	47½	16. Penny Whitaker	3½
6. Lara Scheidler	41½	17. Cynthia Grupp	2½
7. Jackie Gruza	32	18. Beth Milnes	1½
8. Joanna Bartlett	28½	Jennifer Wilson	1½
9. Teri Kellogg	22½	20. Loretta Jahner	1½
10. Jodie Macklin	19½	21. Cathie Hacker	1
11. Cheryl Schorfhaar	11½	22. Stephanie Hoard	½

### Best Performances - Relays (1983):

440 Relay (55.0): Angela VanBuskirk, Jodie Macklin, Penny Whitaker, Loretta Jahner  
 880 Relay (1:56.3): Lara Scheidler, Jodie Macklin, Teri Kellogg, Jennifer Wilson  
 Mile Relay (4:25.7): Dana Cooper, Cynthia Grupp, Teri Kellogg, Lara Scheidler  
 3200M Relay (11:14.0): Dana Cooper, Julie Wilcox, Cynthia Grupp, Marianne Exelby  
 Sprint Medley (2:04.3): Jodie Macklin, Penny Whitaker, Angela VanBuskirk, Lara Scheidler  
 Medley ((3:21.5): Sherrie Gordon, Angela VanBuskirk, Jodie Macklin, Teri Kellogg  
 Distance Medley (14:54.0): Julie Wilcox, Lara Scheidler, Dana Cooper, Marianne Exelby  
 Shuttle Hurdles (77.3): Jody Toth, Beth Milnes, Lara Scheidler, Shelly Angle

### Best Individual Performances (1983): \*\*

#### Discus

1. Jackie Gruza	90' 11½"
2. Kelly Rehm	83' 4"
3. Joanna Bartlett	83' ½"
4. Shelley Garn	71' 6"
5. Theresa Summitt	66' 9"
6. Tracey Walker	62' 6"
7. Lynette Norton	58' 10"
8. Beth Milnes	50' 8"
9. Wendi Noble	50' 5"
10. Michelle Swick	44' 0"

#### Shot Put

1. Joanna Bartlett	28' 7"
2. Kelly Rehm	25' 3½"
3. Theresa Summitt	25' 0"
4. Jackie Gruza	24' 11"
5. Beth Milnes	23' 4½"
6. Shelley Garn	20' 10"
7. Tracey Walker	20' 0"
8. Wendi Noble	19' 2"
9. Michelle Swick	18' 3"

#### High Jump

1. Dana Cooper	5' 3"*
2. Cheryl Schorfhaar	4' 6"
Jody Toth	4' 6"
4. Shelly Angle	4' 4"

#### Long Jump

1. Angela VanBuskirk	15' 6½"
2. Jodie Macklin	14' 9½"
3. Cathie Hacker	14' 2½"
4. Lara Scheidler	13' 11"
5. Cheryl Schorfhaar	13' 9½"
6. Teri Kellogg	13' 8½"
7. Loretta Jahner	13' 1"

#### 100M

1. Angela VanBuskirk	13.0
2. Jodie Macklin	13.8
3. Penny Whitaker	14.1
4. Cathie Hacker	14.2
5. Kelly Rehm	14.3
6. Loretta Jahner	14.4
7. Jennifer Wilson	14.5
8. Theresa Summitt	15.6

\*\* with apologies to Coach Blisborrow, all times have been converted to metric

\* new school record

200M

1. Angela VanBuskirk	28.4
2. Jennifer Wilson	29.7
3. Jodie Macklin	30.2
4. Lara Scheidler	30.3
5. Cathie Hacker	30.8
6. Loretta Jahner	30.9
7. Cheryl Schorfhaar	31.1
8. Penny Whitaker	31.5
9. Sherrie Gordon	32.1
10. Robin Worst	32.4

400M

1. Lara Scheidler	63.6
2. Teri Kellogg	68.0
3. Sherrie Gordon	70.1

800M

1. Dana Cooper	2:41.7
2. Cynthia Grupp	2:43.8
3. Julie Wilcox	2:48.5

1600M

1. Dana Cooper	5:33.5*
2. Marianne Exelby	5:45.4
Wendi Noble	6:34.1

\* new School record

3200M

1. Marianne Exelby	12:42.3
2. Dana Cooper	12:47.3
3. Nancy Carrion	14:07.7
4. Wendi Noble	14:25.1

100M LH

1. Jody Toth	17.8
2. Shelly Angie	18.5
3. Beth Milnes	18.8
4. Tracy Stemplien	20.6
5. Robin Worst	21.1
6. Stephanie Hoard	21.2

300M LH

1. Shelly Angie	52.2
2. Jody Toth	56.1
3. Beth Milnes	58.5
4. Robin Worst	59.1
5. Stephanie Hoard	64.1

Coldwater High School  
(Not Quite) All-time Best  
Girls Track and Field Performances

These statistics reflect accurately only the 1979-1983 seasons. The other times included are those which have been submitted to me with verification. Anyone who has verifiable times or distances to include should submit them to me, so that this record may be brought up to date. For ease of comparison, all times have been converted to metric.

\* Indicates past or present school record

Discus

1. Mary Jo Handerson (76)	101' 11 3/4"*
2. Carrie Miller (80)	96' 2"
3. Jackie Gruza (83)	90' 11 1/2"
4. Denise Orris (81)	84' 7"
5. Kelly Rehm (83)	83' 4"
6. Joanna Bartlett (83)	83' 1/2"
7. Norma Carl (81)	82' 9"
8. Cathy Puorro (79)	78' 7"
9. Kathi Miller (81)	78' 5"
10. Julie Schorfhaar (82)	77' 1 1/2"
11. Tracy Mosher (81)	75' 6 1/2"
12. Lori Card (80)	72' 10"
13. Julie Robinson (81)	71' 8 1/2"
14. Shelley Garn (83)	71' 6"
15. Tracey Walker (82)	71' 4"
16. Renee Brodt (79)	67' 10"
17. Julie Stipe (80)	67' 3 1/2"
18. Theresa Summitt (83)	66' 9"
19. Julie Culbert (79)	66' 4 1/2"
20. Lisa Kellogg (79)	65' 0"

Shot Put

1. Julie Schorfhaar	29' 10 1/2"*
2. Joanna Bartlett (83)	28' 7"
3. Carrie Miller (80)	28' 6 1/2"*
4. Norma Carl (80)	27' 4"
5. Tracy Mosher (81)	27' 0"
6. Jodie Macklin (82)	26' 3"
7. Julie Robinson (81)	26' 2"
8. Jackie Gruza (82)	26' 0"
9. Denise Orris (81)	25' 9"
10. Kelly Rehm (83)	25' 3 1/2"
11. Tracey Walker (82)	25' 0"
Theresa Summitt (83)	25' 0"
13. Beth Milnes (83)	23' 4 1/2"
14. Shelly Pearsall (80)	21' 6"
15. Shelley Garn (83)	20' 10"
16. Wanda Lawrence (82)	20' 8"
17. Wendi Noble (83)	19' 2"

High Jump

1. Dana Cooper (83)	5' 3"*
2. Labeth Page (79)	5' 1/2"*
3. Jan Lindeau (75)	5' 0"*
4. Julie Schorfhaar (81)	4' 10"
5. Patti Norton (82)	4' 8"
Charyl Schorfhaar (82)	4' 8"
Sue Hoaksema (73)	4' 8"
8. Jody Toth (83)	4' 6"
Becky Howe (81)	4' 6"
Julie Robinson (81)	4' 6"
11. Shelly Angle (83)	4' 4"
12. Tricia Ogilvy (80)	4' 2"
Janet Austin (79)	4' 2"

Long Jump

1. Lisa Kellogg (81)	16' 9 1/2"*
2. Judy Kasperski (75)	16' 7"*
3. Angela VanBuskirk (80)	16' 2 1/2"
4. Deb Leach (73)	15' 6 1/2"
5. Julie Bettinger (81)	15' 6"
6. Karen Heinemann (79)	15' 0"
7. Jodie Macklin (83)	14' 9 1/2"
8. Kathi Miller (81)	14' 9"
9. Julie Schorfhaar (81)	14' 7 1/2"
10. Teri Kellogg (82)	14' 3"
11. Becky Howe (81)	14' 2 1/2"
Cathie Macker (83)	14' 2 1/2"
13. Lorri Gruner (80)	14' 2"
14. Lara Scheldler (83)	13' 11"
15. Charyl Schorfhaar (83)	13' 9 1/2"
16. Kris Post (82)	13' 8 1/2"
17. Shelly Angle (82)	13' 5"
18. Ann Bercaw (82)	13' 4 1/2"
19. Loretta Jahner (83)	13' 1"
20. Teresa Franks (79)	12' 2"

100M LH

1. Kathi Miller (82)	15.4*
2. Jan Linteau (75)	16.1*
3. Cheryl Howe (79)	16.3
4. Lisa Kellogg (79)	16.6
5. Karen Heinemann (79)	16.7
6. Jody Toth (83)	17.8
7. Patti Norton (81)	17.9
8. Shelly Angle (83)	18.5
Carla Fisher (80)	18.5
10. Shelly Heator (81)	18.6
11. Beth Milnes (83)	18.8
12. Tricia Oglivy (80)	18.9
13. Tracy Stemplen (83)	20.6
14. Robin Worst (83)	21.1
15. Stephanie Hoard (83)	21.2

300M LH (new Event - 1983)

1. Shelly Angle (83)	52.2*
2. Jody Toth (83)	56.1
3. Beth Milnes (83)	58.5
4. Robin Worst (83)	59.1
5. Stephanie Hoard (83)	64.1

100M

1. Janet Austin (79)	12.5*
2. Tina Straw (77)	12.7*
3. Cathy Page (79)	12.9
4. Angela VanBuskirk (83)	13.0
5. Deb Leach (73)	13.3
6. Joanna Bartlett (81)	13.8
Shelly Heator (80)	13.8
Jodie Macklin (83)	13.8
9. Julie Bettinger (81)	13.9
Julie Schorfhaar (80)	13.9
11. Cynthia Sellers (79)	14.0
12. Penny Whitaker (83)	14.1
13. Kris Post (82)	14.2
Lorri Gruner (79)	14.2
Cathie Hacker (83)	14.2
16. Loretta Jahner (83)	14.4
17. Kelly Rehm (83)	14.3
18. Joni Brewer (81)	14.5
Jennifer Wilson (83)	14.5
20. Ann Bercaw (82)	14.6
Kim Eberts (82)	14.6
Lori Card (79)	14.6

200M

1. Janet Austin (79)	26.5*
2. Cathy Page (79)	26.9
3. Vicki Keeslar (74)	27.4*
4. Kathi Miller (82)	27.7
5. Angela VanBuskirk (81)	28.0
6. Deb Leach (73)	28.7
7. Rachelle Brodt (77)	28.8
8. Mary Blaske (76)	29.4
Shelly Heator (80)	29.4
10. Christie Hobart (82)	29.5
Julie Bettinger (81)	29.5
12. Kris Post (82)	29.6
13. Ann Bercaw (82)	29.7
Jennifer Wilson (83)	29.7
15. Cynthia Sellers (79)	29.8
16. Lisa Kellogg (80)	29.9
17. Karen Heinemann (79)	30.2
Jodie Macklin (83)	30.2
19. Lara Scheidler (83)	30.3
20. Kim Eberts (81)	30.4

400M

1. Cathy Page (81)	60.4*
2. Lisa Kerr (74)	62.6*
3. Julie Schorfhaar (82)	63.2
4. Lara Scheidler (83)	63.6
5. Patty Brown (79)	64.5
6. Lisa Kellogg (81)	65.7
7. Mary Borden (79)	66.7
8. Denise Dorr (73)	67.5
9. Teri Kellogg (82)	67.6
10. Lorri Gruner (80)	68.3
11. Angela VanBuskirk (81)	68.8
12. Ann Bercaw (82)	69.6
13. Renee Brodt (79)	69.7
14. Sherrie Gordon (83)	70.1
15. Linda Belau (83)	71.2
16. Labeth Page (79)	71.7
Julie Stipa (79)	71.7
18. Cynthia Sellers (80)	72.2
19. Julie Culbert (79)	72.7
Shelly Heator (79)	72.7

800M

1. Labeth Page (78)	2:26.0*
2. Linda Belau (81)	2:28.5
3. Marianne Exelby (82)	2:40.5
4. Bess Lawhead (80)	2:40.9
5. Dana Cooper (83)	2:41.7
6. Denise Dorr (77)	2:42.0
7. Cynthia Grupp (83)	2:43.8
8. Teresa Franks (79)	2:44.0
9. Cynthia Sellers (81)	2:45.6
10. Julie Wilcox (83)	2:48.5
11. Sarah Moore (73)	2:49.3
12. Julie Stipe (79)	2:49.3
13. Julie Schorfhaar (82)	2:49.5
14. Norma Kelley (79)	2:52.8
15. Charlotta Kristensen (79)	2:55.3
16. Cheryl Schorfhaar (81)	2:55.5
17. Lorri LoPresto (82)	2:55.9
18. Cindy Baker (81)	2:59.2
19. Renee Brodt (80)	3:01.1
20. Julie Ringle (80)	3:04.0

1600M

1. Dana Cooper (83)	5:33.5*
2. Marianne Exelby (83)	5:45.4
3. Cathy Puorro (78)	5:52.1*
4. Bess Lawhead (80)	5:56.0
5. Teresa Franks (79)	6:05.3
6. Cynthia Sellers (81)	6:15.2
7. Misty Fougrousse (80)	6:17.5
8. Cheryl Paul (80)	6:21.5
9. Lorri LoPresto (82)	6:27.9
10. Cindy Baker (81)	6:30.9
11. Julie Stipe (80)	6:33.0
12. Wendi Noble (83)	6:34.1
13. Renee Brodt (81)	6:34.9
Kirsi Porsti (79)	6:34.9
15. Shelly Angle (82)	6:41.5
16. Julie Ringle (80)	6:53.4

3200M

1. Dana Cooper (82)	12:41.7*
2. Cathy Puorro (79)	12:42.1
3. Marianne Exelby (83)	12:42.3
4. Julie Wilcox (82)	13:33.8
5. Shelly Angle (82)	13:43.2
6. Misty Fougrousse (80)	13:47.1
7. Norma Kelley (77)	13:52.6
8. Nancy Carrion (83)	14:07.7
9. Renee Brodt (81)	14:21.0
10. Kathy Toupalik (81)	14:21.8
11. Cheryl Paul (81)	14:22.5
12. Wendi Noble (83)	14:25.1
13. Connie Thatcher (76)	14:53.4
14. Julie Culbert (79)	14:55.6
15. Lorri LoPresto (82)	14:56.6

Coldwater High School  
Girls' Varsity  
Track and Field Records

Discus	Mary Jo Henderson	101' 11 3/4"	1976
Shot Put	Julie Schorfhaer	29' 10 1/2"	1982
High Jump	Dana Cooper	5' 3"	1983
Long Jump	Lisa Kellogg	16' 9 1/2"	1981
110 LH	Kathi Miller	15.5	1982
300M LH	Shelly Angle	52.2	1983
100	Janet Austin	11.6	1979
220	Janet Austin	26.6	1979
400M	Cathy Page	60.4	1981
880	Labeth Page	2:26.7	1978
1600M	Dana Cooper	5:33.5	1983
3200M	Dana Cooper	12:41.7	1982
440 Relay	Cathy Page, Cheryl Howe, Lisa Kellogg, Janet Austin	52.8	1979
880 Relay	Cathy Page, Cheryl Howe, Lisa Kellogg, Janet Austin	1:49.3	1979
Mile Relay	Christy Gamby, Patty Brown, Denise Dorr, Labeth Page	4:17.0	1977
Most Varsity Points (One season)	Kathi Miller	184	1981
Most Varsity Points (career)	Kathi Miller	596 3/4	1979-82