

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.
 1019 Trowbridge Road
 East Lansing, Michigan 48823
 February, 1983

SUMMARY OF MEET REGULATIONS

1. The Girls 300 M Low Hurdles replaces the 200 M Low Hurdles in the order of events.
2. The Boys race in an event is to be run first in all co-ed Regionals and Finals.
3. Relay teams (Rule 5-9-2) - Each school is required to enter its relay teams (advise the Manager that they will be competing) at the scratch meeting. The individuals composing the team need not be determined until the team reports to the Clerk of Course.

REVIEW OF REGULATION I-12(A)

1. School "A" has only one entry in the Mansfield Relay. May this competition be counted as one of the athlete's two "Outside Competitions" instead of one of the school's 18 days of competition? ANSWER: No! The Mansfield Relay is an Approved Meet, therefore, participation in it must be counted as one of the schools's 18 days of competition
2. The local newspaper is sponsoring an Invitational Track Meet for outstanding area Track and Field contestants. The meet is scheduled the week between the Regional and Final Meets. May this meet be counted as one of the two "Outside Competitions"? ANSWER: If eligibility list and school entries are required, then this competition must be counted as one of the 18 days of competition for the school. However, if schools are not required to enter the athletes, then this may be counted as one of the two "Outside Competitions".

QUESTIONS AND ANSWERS ABOUT REGULATIONS II-SECTION 11 (A,B & C)

1. May a school schedule a "Road Race" as one of its two allowed scrimmages in either Track and Field or Cross Country? ANSWER: No! Organized competition may not be scheduled as scrimmages.
2. May the high school track coach coach during February Track Conditioning Sessions when these sessions are open to everyone in the school and community? ANSWER: No! The school's track coaches may not coach whenever there are more than three students present who are enrolled in his or her school.
3. The high school has two coaches. During February, may each coach take three different individuals to opposite ends of the gym and begin coaching their three individuals during the same session? ANSWER: No. When more than three individuals are present the Coach(s) may not coach.
4. May the high school track coach take athletes to an A.A.U. or M.I.T.C.A. Winter Track Meet? ANSWER: It would be a violation for the high school track coaches to coach when more than three students enrolled in his or her school are present even though the coach may have brought only three of these students to the competition.
5. Is it acceptable for athletes to wear their school uniform during the winter track season? ANSWER: No! The M.H.S.A.A. recommends that schools do not issue school equipment until Monday of the week in which March 1 falls.

(OVER)

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1983 TRACK & FIELD PUBLICATION CORRECTIONS AND EDITORIAL ADDITIONS

RULE BOOK

- 4-1-1 A competitor officially becomes a participant when the contestant, or a relay team of which they are a designated member, reports.....
- 5-9-9 Add shading to call attention to editorial clarification in acceleration zone rule (i.e., "must be positioned entirely within the limits of the acceleration and exchange zones").
- 6-2-4 Rule reference in NOTE should be 2-2-3.
- 6-2-5 "The referee may alter the plan and prescribe single trials in the prelims."
- 6-4-11 Delete "take off board or" out of the last sentence of Article 11.

CASE BOOK

Page 23 Change rule reference from 4-5-6a, d and e to 4-5-8a, d and e in S. R. 4.5.6A, C, E, F, G and H.

Pages

31, 32 S. R. 5.9.2A - Change everything in ruling beyond the first sentence to read: "Whether Team A may substitute another competitor for A1 will ~~depend on whether additional names appeared on their entry card.~~"

S. R. 5.9.2B - Ruling: No violation in (a). Also no violation in (b) if the substitute was one of the six permitted entries. (Rule 5-9-2)

S. R. 5.9.2D - Delete in ruling "with or without a physician's certification."

NOTE: For M.H.S.A.A. Regional and Finals, any contestant's name which appears on the Eligibility List may be submitted to the Clerk of Course as one of the four relay team members.