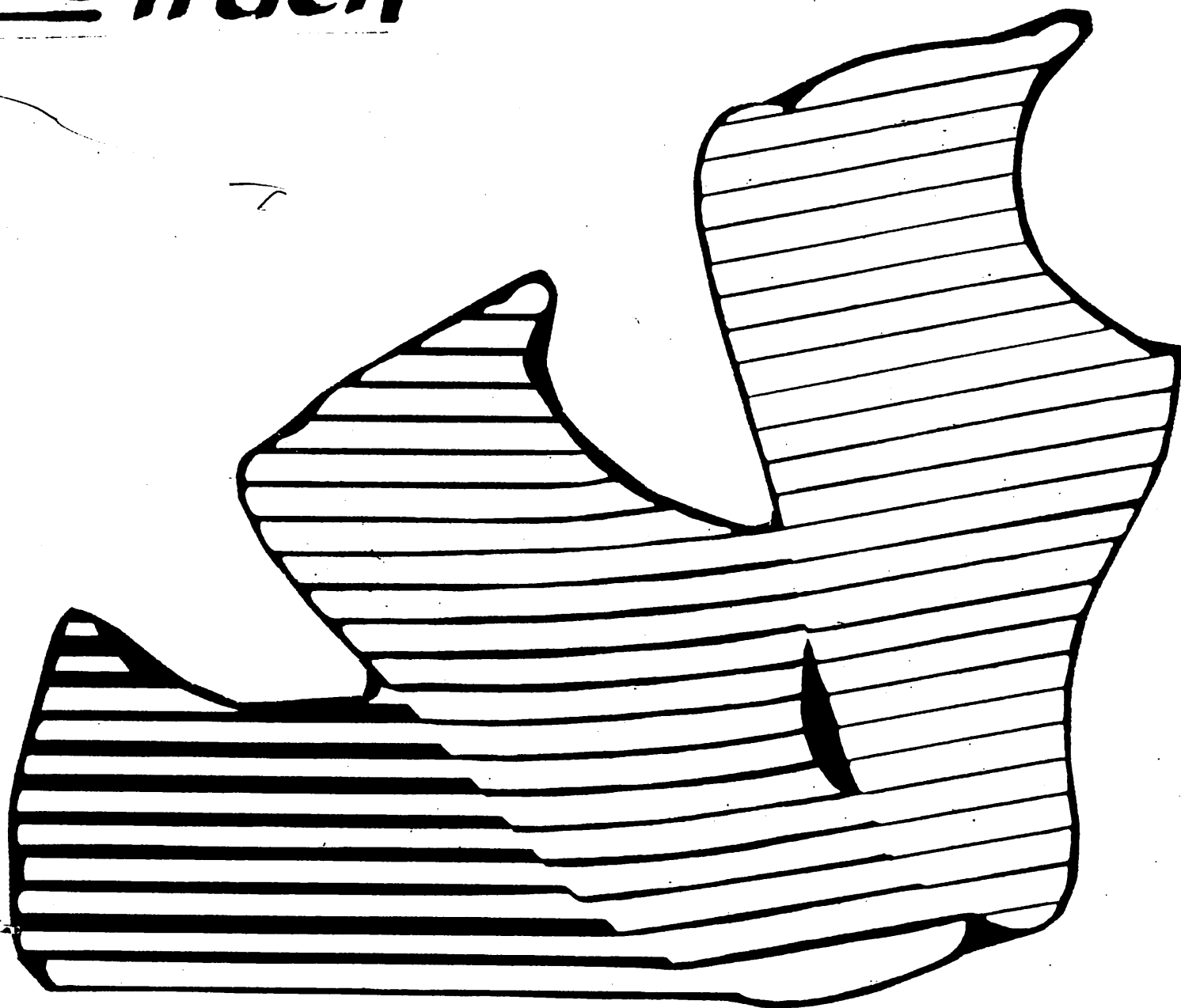


1983
Southfield
Girls
Track



1983 SOUTHFIELD GIRLS TRACK

Congratulations ladies on a great season. With 28 out of 37 girls being new to the team, you did a fantastic job. These are some of your accomplishments:

1. 10 gold medals at the SMA Meet
2. 5 girls made all SMA
3. 3 new SMA records
4. 12 new school records
5. 26 new class records
6. 2nd place in the SMA
7. 6th place at the State Regionals
8. 5 qualifiers for the State Meet
9. 1st place at the SMA JV Meet

This was one of the most rewarding seasons for me as a coach, I hope you enjoyed it as much. We are all proud of you and we are also excited at the prospect of next years team. Continued good luck and success in all you do.



Peter Mazzara
Girls Track Coach

1983 SOUTHFIELD GIRLS TRACK TEAM

FRESHMAN

1. Borowski, Gail
2. Cheeks, Deidra
3. Harrison, Latonya
4. Helms, Cathy
5. Higgins, Jamie
6. Long, Katise
7. McKinney, Lynn
8. Mitchell, Rochelle
9. Murphy, Kelley
10. Smith, Kathy
11. Smith, Tawnya
12. Washington, Shelley
13. Williams, Sonja
14. Zink, Sue

SOPHOMORE

1. Ayala, Amy
2. Baker, Cecile
3. Dyson, Stacey
4. Elrod, Adoreya
5. Frasier, Marie
6. Johnston, Terry
7. Moore, Rachel
8. Stabile, Chris
9. White, Hanna
10. Williamson, Javay

JUNIOR

1. Greene, Rhonda
2. Patrick, Danielle
3. Poore, Belyne
4. Relyea, Cathy
5. Spencer, Kathy
6. Todd, Sheri
7. Young, Tara

SENIOR

1. Booker, Renee
2. Butler, Amy
3. DeFranco, Paula
4. Kargilis, Elizabeth
5. Moss, Carrie
6. Williams, Dianna

MANAGERS

Carlson, Ellenie So
Frasier, Michele Sr

HEAD COACH - Peter Mazzara

ASST. COACH - Dan Ayala

1983 SOUTHFIELD GIRLS TRACK

TRACK & FIELD RECORDS

* SCHOOL RECORD

| EVENT | FRESHMEN | SOPHOMORE | JUNIOR | SENIOR |
|--------------|--------------------------------|-----------------------------|-------------------------------|---------------------------------|
| SHOT PUT | Marie Frasier '82 28-8.5 | Marie Frasier '83 32-1 | Penny McCann '80 28-11 | Alicia Hunter '81 * 33-6 * |
| HIGH JUMP | Kristi Jackson '81 * 4-10 * | Cathy Relyea '82 4-8 | Cathy Relyea '83 4-8 | Toni Watkins '82 4-3 |
| DISCUS | Robin Brooks '78 92-10 | Marie Frasier '83 96-8 | Penny McCann '80 * 104-8 * | Renee Booker '83 101-5 |
| LONG JUMP | Toni Watkins '79 15-9 | Toni Watkins '80 15-7.5 | Toni Watkins '81 15-11 | Toni Watkins '82 * 15-11.5 * |
| 110 LOW HUR. | Kristi Jackson '81 14.7 | Stacey Dyson '83 17.1 | Cindy Sleep '79 18.0 | Toni Watkins '82 18.9 |
| 100m LOW HUR | Kristi Jackson '81 * 14.5 * | Stacey Dyson '83 15.6 | Hayley Hillman '82 17.1 | Debbie Dyson '82 17.2 |
| 100 DASH | Millie Holliday '79 11.8 | Lisa McCall '80 11.7 | Millie Holliday '81 12.0 | Lisa McCall '82 12.3 |
| 100m DASH | Deidra Cheeks '83 12.5 | Millie Holliday '80 12.7 | Lisa McCall '81 * 12.4 * | Millie Holliday '82 12.6 |
| 880 RELAY | 1980 Sharon Edwards | Cindy Sleep | Regina Hall | Millie Holliday 1:48.5 |
| 800m RELAY | 1983 Sonja Williams | Javay Williamson | Katise Long | Deidra Cheeks *1:47.6 * |

| EVENT | FRESHMEN | SOPHOMORE | JUNIOR | SENIOR |
|--------------|--------------------------------|-----------------------------|---------------------------------|--|
| MILE RUN | Susie Stabile '79 5:32.4 | Suzi Gubow '79 5:57.4 | Susie Stabile '81 5:53.0 | Liz Kargillis '83 5:42.8 |
| 1600m RUN | Latonya Harrison '83 5:45.2 | Susie Stabile '80 5:53.7 | Susie Stabile '81 5:33.5 | Liz Kargillis '83 * 5:28.7 * |
| 440 RELAY | 1983 Sonja Williams | Javay Williamson | Katise Long | Deidra Cheeks 51.7 |
| 400m RELAY | 1983 Sonja Williams | Javay Williamson | Katise Long | Deidra Cheeks * 49.7 * 49.7 |
| 440 DASH | Liz Kargillis '80 65.7 | Lisa McCa-1 '80 59.8 | Theresa Kopach '78 61.3 | Theresa Kopach '79 60.4 |
| 400m DASH | Cecile Baker '82 65.0 | Lisa McCall '80 60.5 | Lisa McCall '81 60.9 | Lisa McCall '82 * 59.3 * |
| 330 LOW HUR | Kathy Smith '83 48.5 | Stacey Dyson '83 52.7 | Rhonda Greene '83 55.9 | Carrie Moss '83 58.4 |
| 300m LOW HUR | Kathy Smith '83 * 46.8 * | Stacey Dyson '83 49.5 | Rhonda Greene '83 52.8 | Carrie Moss '83 55.8 |
| 880 RUN | Cecile Baker '82 2:35.5 | Karen Rourk '79 2:29.8 | Susie Stabile '81 2:40.7 | Liz Kargillis '83 2:35.6 |
| 800m RUN | Cecile Baker '82 2:31.4 | Chris Stabile '83 2:28.3 | Liz Kargillis '82 * 2:25.5 * | Janice Alexander '81 2:38.0 |

| EVENT | FRESHMEN | SOPHOMORE | JUNIOR | SENIOR |
|-------------|--------------------------------|-------------------------------------|-----------------------------------|-------------------------------------|
| 220 DASH | Sharon Edwards '78 27.1 | Regina Hall '80 27.0 | Theresa Kopach '78 27.3 | Theresa Kopach '79 26.8 |
| 200m DASH | Katise Long '83 26.8 | Javay Williamson '83 * 26.3 * | Regina Hall '81 27.1 | Regina Hall '82 27.0 |
| TWO MILE | Kris Courter '80 13:33.0 | Lisa Budyk '79 12:46.6 | Maxine Halperin '75 12:36.4 | Maxine Halperin '76 12:37.0 |
| 3200m RUN | Cathy Helms '83 12:34.0 | Cris Ayala '80 14:32.1 | Suzi Gubow '80 13:14.8 | Susie Stabile '82 * 12:27.2 * |
| MILE RELAY | 1980 Regina Hall | Liz Kargillis | Cindy Sleep | Lisa McCall 4:11.4 |
| 1600m RELAY | 1982 Regina Hall | Liz Kargillis | Cecile Baker | Lisa McCall * 4:05.5 * |

SOUTHFIELD GIRLS TRACK
OUTDOOR METRIC RELAY RECORDS

| EVENT | YEAR | ATHLETES | | | | TIME/DIST. |
|--|------|-------------------|---------------------|---------------------|--------------------|------------|
| STRONG GIRL (4 x 100) | 1983 | RENEE BOOKER | DIANNA WILLIAMS | DANIELLE PATRICK | MARIE FRASIER | 58.8 |
| 6400m RELAY (4 x 1600) | 1983 | LIZ KARGILIS | LATONYA HARRISON | CATHY HELMS | CATHY RELYEA | 24:30.5 |
| 3200m RELAY (4 x 800) | 1983 | CHRIS STABILE | CATHY RELYEA | CECILE BAKER | LIZ KARGILIS | 10:34.0 |
| SPRINT MEDLEY (200-100-100-400) | 1983 | KATHY SMITH | STACEY DYSON | LYNN McKINNEY | JAMIE HIGGINS | 2:04.5 |
| SHUTTLE HURDLE (4 x 100 LH) | 1983 | KATHY SMITH | STACEY DYSON | ADOREYA ELROD | RHONDA GREENE | 1:12.2 |
| DISTANCE MEDLEY (800-400-1200-1600) | 1979 | SUZI GUBOW | SHERI DIRENFELD | LISA BUDYK | JENNIFER WORTHY | 15:08.2 |
| SHOT PUT RELAY | 1983 | MARIE FRASIER | DANIELLE PATRICK | RENEE BOOKER | DIANNA WILLIAMS | 104-5.25 |
| DISCUS RELAY | 1983 | MARIE FRASIER | RENEE BOOKER | DANIELLE PATRICK | DIANNA WILLIAMS | 307-0 |
| HIGH JUMP RELAY | 1982 | HAYLEY HILLMAN | CECILE BAKER | CATHY RELYEA | TONI WATKINS | 17-8 |
| LONG JUMP RELAY | 1982 | TONI WATKINS | REGINA HALL | JEANEEN GOGA | CECILE BAKER | 55-4 |

GIRLS TRACK RECORDS

1981

| SHS | OPP. | |
|-------|------------|------|
| 102.5 | Lathrup | 20.5 |
| 89 | Ferndale | 34 |
| 94 | Hazel Park | 29 |
| 77 | Kimball | 46 |
| 77 | Seaholm | 46 |
| 72 | Troy | 51 |
| 73 | Andover | 50 |
| 76 | Berkley | 47 |

Coach: Pete Mazzara
 Asst. Coach: Roger Fleming
 Overall Record: 8-0
 SMA Record: 7-0
 SMA Place: 1st
 SMA Champion: SOUTHFIELD

1982

| SHS | OPP. | |
|------|------------|------|
| 64 | Ferndale | 59 |
| 60.5 | Lathrup | 62.5 |
| 90 | Groves | 32 |
| 72 | Harrison | 51 |
| 73 | Hazel Park | 50 |
| 44 | Kimball | 79 |
| 56 | Seaholm | 67 |
| 53 | Berkley | 70 |
| 52 | Troy | 71 |
| 88 | Andover | 35 |

Coach: Pete Mazzara
 Asst. Coach: Larry Zivkovich
 Overall Record: 5-5
 SMA Record: 3-4
 SMA Place: 5th
 SMA Champion: BERKLEY

1983

| SHS | OPP. | |
|------|------------|------|
| 87 | Lathrup | 36 |
| 108 | Hazel Park | 14 |
| 89 | Andover | 34 |
| 58.5 | Kimball | 64.5 |
| 63 | Berkley | 60 |
| 52 | Seaholm | 71 |
| 89 | Ferndale | 34 |
| 86 | Troy | 37 |

Coach: Pete Mazzara
 Asst. Coach: Dan Ayala
 Overall Record: 6-2
 SMA Record: 5-2
 SMA Place: 2nd
 SMA Champion: SEAHOLM

1983 S.M.A. STANDINGS

| PLACE | TEAM | DUAL MEET RECORD | DUAL MEET POINTS | SMA MEET SCORE | SMA MEET POINTS | TOTAL POINTS |
|-------|------------|------------------|------------------|----------------|-----------------|--------------|
| 1st | SEAHOLM | 7-0 | 8 | 112 | 8 | 16 |
| 2nd | SOUTHFIELD | 5-2 | 6½ | 92 | 7 | 13½ |
| 3rd | KIMBALL | 5-2 | 6½ | 73 | 6 | 12½ |
| 4th | BERKLEY | 4-3 | 4½ | 72 | 5 | 9½ |
| 5th | TROY | 4-3 | 4½ | 51 | 4 | 8½ |
| 6th | FERNDALE | 1-6 | 2 | 37 | 3 | 5 |
| 7th | ANDOVER | 2-5 | 3 | 28 | 2 | 5 |
| 8th | HAZEL PARK | 0-7 | 1 | 0 | 1 | 2 |

GIRLS TRACK RECORDS

1977

| SHS | OPP. | |
|------|------------|-------|
| 34.5 | FRanklin | 117.5 |
| 52 | Kimball | 83 |
| 30 | Lakeland | 108 |
| 74 | Seaholm | 60 |
| 44 | Berkley | 92 |
| 23 | Lathrup | 113 |
| 56 | Hazel Park | 80 |
| 42 | Ferndale | 94 |

Coach: George Brackx
 Overall Record: 1-7
 SMA Record: 1-5
 SMA Place: 5th Tie
 SMA Champion: Kimball

1978

| SHS | OPP. | |
|-------|------------|------|
| 83 | Oak Park | 52 |
| 30 | Kimball | 95 |
| 108.5 | St. Agatha | 26.5 |
| 83 | Seaholm | 53 |
| 49 | Lathrup | 84 |
| 35 | Berkley | 101 |
| 62 | Hazel Park | 73 |
| 68 | Ferndale | 58 |
| 48 | Groves | 88 |

Coach: Tom Eschmann
 Overall Record: 4-5
 SMA Record: 2-3
 SMA Place: 5th
 SMA Champion: Kimball

1979

| SHS | OPP. | |
|------|------------|------|
| 75 | Harrison | 48 |
| 89 | Ferndale | 34 |
| 62 | Berkley | 61 |
| 92 | Hazel Park | 31 |
| 54 | Kimball | 69 |
| 97 | Seaholm | 26 |
| 82.5 | Lathrup | 40.5 |

Coach: Pete Mazzara
 Asst. Coach: Judy Rudy
 Overall Record: 6-1
 SMA Record: 4-1
 SMA Place: 2nd Tie
 SMA Champion: Kimball

1980

| SHS | OPP. | |
|------|------------|------|
| 96 | Ferndale | 27 |
| 93.7 | Lathrup | 29.3 |
| 45 | Kimball | 78 |
| 79 | Harrison | 44 |
| 81 | Seaholm | 42 |
| 45 | Dondero | 78 |
| 54.5 | Berkley | 68.5 |
| 77 | Hazel Park | 46 |

Coach: Pete Mazzara
 Asst. Coach: Roger Fleming
 Overall Record: 5-3
 SMA Record: 3-2
 SMA Place: 3rd
 SMA Champion: Kimball

S.M.A. RESULTS

1975

| PLACE | TEAM | DUAL MEET RECORD | DUAL MEET POINTS | SMA MEET SCORE | SMA MEET POINTS | TOTAL POINTS |
|-------|------------|---------------------|---------------------|-------------------|--------------------|-----------------|
| 1st | Ferndale | 4-0 | 6 | 91.5 | 6 | 12 |
| 2nd | Kimball | 3-1 | 5 | 73 | 5 | 10 |
| 3rd | Southfield | 2-2 | 4 | 18 | 4 | 8 |
| 4th | Hazel Park | 1-3 | 3 | 10.5 | 3 | 6 |
| 5th | Berkley | 0-4 | 2 | 10 | 2 | 4 |

1976

| | | | | | | |
|-----|------------|-----|---|-----|---|----|
| 1st | Kimball | 5-0 | 6 | 180 | 6 | 12 |
| 2nd | Ferndale | 4-1 | 5 | 110 | 5 | 10 |
| 3rd | Hazel Park | 3-2 | 4 | 79 | 4 | 8 |
| 4th | Berkley | 2-3 | 3 | 31 | 3 | 6 |
| 5th | Southfield | 1-4 | 2 | 16 | 2 | 4 |
| 6th | Seaholm | 0-5 | 1 | 14 | 1 | 2 |

1977

| | | | | | | |
|-----|------------|-----|---|----|---|----|
| 1st | Kimball | 4-1 | 5 | 78 | 6 | 11 |
| 2nd | Berkley | 5-0 | 6 | 46 | 4 | 10 |
| 3rd | Ferndale | 3-2 | 4 | 56 | 5 | 9 |
| 4th | Hazel Park | 2-3 | 3 | 22 | 3 | 6 |
| 5th | Southfield | 1-4 | 2 | 10 | 1 | 3 |
| 5th | Seaholm | 0-5 | 1 | 12 | 2 | 3 |

1978

| | | | | | | |
|-----|------------|-----|---|-------|---|----|
| 1st | Kimball | 5-0 | 6 | 175.5 | 6 | 12 |
| 2nd | Berkley | 4-1 | 5 | 130 | 5 | 10 |
| 3rd | Hazel Park | 3-2 | 4 | 37 | 3 | 7 |
| 4th | Ferndale | 1-4 | 2 | 41.5 | 4 | 6 |
| 5th | Southfield | 2-3 | 3 | 35 | 2 | 5 |
| 6th | Seaholm | 0-5 | 1 | 26 | 1 | 2 |

S.M.A. RESULTS

1979

| PLACE | TEAM | DUAL MEET RECORD | DUAL MEET POINTS | SMA MEET SCORE | SMA MEET POINTS | TOTAL POINTS |
|-------|------------|---------------------|---------------------|-------------------|--------------------|-----------------|
| 1st | Kimball | 5-0 | 6 | 152 | 6 | 12 |
| 2nd | Southfield | 4-1 | 5 | 91 | 4 | 9 |
| 2nd | Berkley | 3-2 | 4 | 140 | 5 | 9 |
| 4th | Ferndale | 2-3 | 3 | 30 | 2 | 5 |
| 4th | Hazel Park | 1-4 | 2 | 33 | 3 | 5 |
| 6th | Seaholm | 0-5 | 1 | 10 | 1 | 2 |

1980

| | | | | | | |
|-----|------------|-----|---|-------|---|----|
| 1st | Kimball | 5-0 | 6 | 121 | 6 | 12 |
| 2nd | Berkley | 4-1 | 5 | 113.5 | 5 | 10 |
| 3rd | Southfield | 3-2 | 4 | 98 | 4 | 8 |
| 4th | Seaholm | 1-4 | 2 | 64 | 3 | 5 |
| 5th | Ferndale | 2-3 | 3 | 25 | 1 | 4 |
| 6th | Hazel Park | 0-5 | 1 | 41.5 | 2 | 3 |

1981

| | | | | | | |
|-----|------------|-----|---|------|---|----|
| 1st | Southfield | 7-0 | 8 | 117 | 8 | 16 |
| 2nd | Berkley | 5-2 | 6 | 72.5 | 7 | 13 |
| 3rd | Kimball | 5-2 | 6 | 72 | 6 | 12 |
| 4th | Troy | 5-2 | 6 | 66 | 5 | 11 |
| 5th | Seaholm | 2-5 | 3 | 57 | 4 | 7 |
| 6th | Ferndale | 3-4 | 4 | 13 | 1 | 5 |
| 6th | Andover | 1-6 | 2 | 39.5 | 3 | 5 |
| 8th | Hazel Park | 0-7 | 1 | 31 | 2 | 3 |

1982

| | | | | | | |
|-----|------------|-----|---|-----|---|----|
| 1st | Berkley | 6-1 | 7 | 118 | 8 | 15 |
| 2nd | Kimball | 6-1 | 7 | 79 | 6 | 13 |
| 3rd | Seaholm | 4-3 | 5 | 86 | 7 | 12 |
| 4th | Troy | 6-1 | 7 | 60 | 4 | 11 |
| 5th | Southfield | 3-4 | 4 | 75 | 5 | 9 |
| 6th | Ferndale | 2-5 | 3 | 14 | 2 | 5 |
| 6th | Andover | 1-6 | 2 | 24 | 3 | 5 |
| 8th | Hazel Park | 0-7 | 1 | 9 | 1 | 2 |

GIRLS
SOUTHFIELD METRIC TRACK FACILITY RECORDS

| EVENT | YEAR | ATHLETES | SCHOOL | TIME/DIST |
|------------------|------|--|------------|-----------|
| SHOT PUT | 1980 | Kim Carpenter | Kimball | 37-11½ |
| HIGH JUMP | 1983 | Karyn Finucan | Seaholm | 5-6½ |
| DISCUS | 1983 | Kathy Sprinkle | Berkley | 108-8 |
| LONG JUMP | 1983 | Kim Davis | Troy | 16-9½ |
| 100m LOW HURDLES | 1983 | Karyn Finucan | Seaholm | 15.0 |
| 100m DASH | 1981 | Lisa McCall | Southfield | 12.4 |
| 800m RELAY | 1983 | Sonja Williams, Javay Williamson Katise Long, Deidra Cheeks | Southfield | 1:47.6 |
| 1600m RUN | 1983 | Beth Lawrence | Kimball | 5:16.7 |
| 400m RELAY | 1983 | Sonja Williams, Javay Williamson Katise Long, Deidra Cheeks | Southfield | 51.3 |
| 400m DASH | 1983 | Mary Ballantyne | Seaholm | 58.8 |
| 300m LOW HURDLES | 1983 | Wendy Confer | Ferndale | 46.7 |
| 800m RUN | 1983 | Leslie Prieto | Berkley | 2:20.3 |
| 200m DASH | 1983 | Robin Nash | Kimball | 26.2 |
| 3200m RUN | 1983 | Heather Meyer | Berkley | 11:38.4 |
| 1600m RELAY | 1983 | Alison Saylor, Meredith Miller Jean Kayser, Mary Ballantyne | Seaholm | 4:05.1 |

GIRLS

SOUTHFIELD METRIC TRACK FACILITY RECORDS CONT.

| EVENT | YEAR | ATHLETES | | | | SCHOOL | TIME/DIST |
|--|------|---------------------|--------------------|---------------------|--------------------|------------|-----------|
| STRONG GIRL RELAY (4 x 100) | 1983 | Renee Booker | Dianna Williams | Danielle Patrick | Marie Frasier | Southfield | 58.8 |
| SPRINT MEDLEY RELAY (200-100-100-400) | 1983 | Darla Keeton | Joni Morrison | Shelia McIntyre | Leslie Prieto | Berkley | 1:57.2 |
| 6400m RELAY (4 x 1600) | 1982 | Andrea McLatchie | Kelly Outland | Denise Shirkey | Heather Meyer | Berkley | 23:04.0 |
| 3200m RELAY (4 x 800) | 1983 | Alison Saylor | Linda Clayton | Sharon Libby | Mary Ballantyne | Seaholm | 10:09.1 |
| SHUTTLE HURDLE RELAY (4 x 100m LH) | 1983 | Kathy Smith | Stacey Dyson | Adoreya Elrod | Rhonda Greene | Southfield | 1:12.2 |
| DISTANCE MEDLEY RELAY (800-400-1200-1600) | 1982 | Kelly Outland | Lori Zauner | Andrea McLatchie | Heather Meyer | Berkley | 13:34.4 |

SOUTHFIELD GIRLS TRACK
ALL S.M.A.

| | | | | | | | |
|------|-------------|-------------------|-------------------|-------------------|--------------------|---------|----------|
| 1975 | TWO MILE | MAXINE HALPERIN | | | | 12:49.8 | SMA REC. |
| 1976 | TWO MILE | MAXINE HALPERIN | | | | 12:37.0 | SMA REC. |
| 1979 | 440 DASH | THERESA KOPACH | | | | 60.4 | SMA REC. |
| 1979 | 220 DASH | THERESA KOPACH | | | | 26.9 | SMA REC. |
| 1980 | 100 DASH | LISA McCALL | | | | 11.8 | |
| 1980 | 440 DASH | LISA McCALL | | | | 59.8 | SMA REC. |
| 1980 | 220 DASH | REGINA HALL | | | | 27.1 | |
| 1980 | 880 RELAY | SHARON EDWARDS | CINDY SLEEP | REGINA HALL | MILLIE HOLLIDAY | 1:48.5 | SMA REC. |
| 1980 | 440 RELAY | SHARON EDWARDS | REGINA HALL | LISA McCALL | MILLIE HOLLIDAY | 51.8 | |
| 1980 | MILE RELAY | REGINA HALL | LIZ KARGILIS | CINDY SLEEP | EISA McCALL | 4:11.4 | SMA REC. |
| 1981 | SHOT PUT | ALICIA HUNTER | | | | 33-6 | |
| 1981 | 100m LH | KRISTI JACKSON | | | | 15.1 | SMA REC. |
| 1981 | 200m LH | KRISTI JACKSON | | | | 30.9 | SMA REC. |
| 1981 | 100m DASH | MILLIE HOLLIDAY | | | | 13.0 | SMA REC. |
| 1981 | 800m RELAY | REGINA HALL | HALLEY HILLMAN | LISA McCALL | MILLIE HOLLIDAY | 1:48.7 | SMA REC. |
| 1981 | 400m RELAY | REGINA HALL | HALLEY HILLMAN | TONI WATKINS | MILLIE HOLLIDAY | 52.2 | SMA REC. |
| 1981 | 1600m RELAY | REGINA HALL | LIZ KARGILIS | JANENE HAYWOOD | EISA McCALL | 4:09.9 | SMA REC. |
| 1982 | 100m DASH | MILLIE HOLLIDAY | | | | 12.9 | SMA REC. |
| 1982 | 400m DASH | LISA McCALL | | | | 59.3 | SMA REC. |
| 1982 | 800m RELAY | REGINA HALL | CECILE BAKER | LISA McCALL | MILLIE HOLLIDAY | 1:47.9 | SMA REC. |
| 1982 | 400m RELAY | REGINA HALL | TONI WATKINS | LISA McCALL | MILLIE HOLLIDAY | 51.5 | SMA REC. |
| 1982 | 1600m RELAY | REGINA HALL | LIZ KARGILIS | CECILE BAKER | LISA McCALL | 4:05.5 | SMA REC. |

SOUTHFIELD GIRLS TRACK

ALL S.M.A.

| | | | | | | | |
|------|------------|----------------|------------------|-------------|---------------|--------|----------|
| 1983 | SHOT PUT | MARIE FRASIER | | | | 32-1 | |
| 1983 | 100m DASH | DEIDRA CHEEKS | | | | 12.5 | SMA REC. |
| 1983 | 800m RELAY | SONJA WILLIAMS | JAVAY WILLIAMSON | KATISE LONG | DEIDRA CHEEKS | 1:47.6 | SMA REC. |
| 1983 | 400m RELAY | SONJA WILLIAMS | JAVAY WILLIAMSON | KATISE LONG | DEIDRA CHEEKS | 51.3 | SMA REC. |

S.M.A GIRLS
 VARSITY TRACK & FIELD RECORDS

| EVENT | YEAR | ATHLETES | SCHOOL | TIME/DIST |
|------------------|-------------------------|--|------------|-------------------------|
| SHOT PUT | 1980 | Sarah Heiderer | Berkley | 40-0 |
| HIGH JUMP | 1983 | Karyn Finucan | Seaholm | 5-6½ |
| DISCUS | 1978 | Gail Lind | Kimball | 125-1 |
| LONG JUMP | 1978 | Debra Peters | Kimball | 17-2½ |
| 100m LOW HURDLES | 1983 | Karyn Finucan | Seaholm | 15.0 |
| 100m DASH | 1982 1983 | Karen Deidra Cheeks | Southfield | 22.6 12.5 |
| 800m RELAY | 1983 | Sonja Williams, Javay Williamson Katise Long, Deidra Cheeks | Southfield | 1:47.6 |
| 1600m RUN | 1983 | Beth Lawrence | Kimball | 5:16.7 |
| 400m RELAY | 1983 | Sonja Williams, Javay Williamson Katise Long, Deidra Cheeks | Southfield | 51.3 |
| 400m DASH | 1983 | Mary Ballantyne | Seaholm | 58.8 |
| 300m LOW HURDLES | 1983 | Wendy Confer | Ferndale | 46.7 |
| 800m RUN | 1983 | Leslie Prieto | Berkley | 2:20.3 |
| 200m DASH | 1983 | Robin Nash | Kimball | 26.2 |
| 3200m RUN | 1982 | Sue Paquette | Hazel Park | 11:23.0 |
| 1600m RELAY | 1983 | Alison Saylor, Meredith Miller Jean Kayser, Mary Ballantyne | Seaholm | 4:05.1 |

1983 SOUTHFIELD GIRLS VARSITY TRACK

MVP AWARD WINNERS

| YEAR | FRESHMEN | SOPHOMORE | JUNIOR | SENIOR |
|------|--------------------------------------|---------------------------------|--------------------------------------|---------------------------------------|
| 1974 | | SANDY PRAPPAS SHOT PUT | | |
| 1975 | | | MAXINE HALPERIN TWO MILE | |
| 1976 | | | | MAXINE HALPERIN TWO MILE |
| 1977 | PATTY CARNEGIE HURDLES | THERESA KOPACH 440-220 | BETH OLSON MILE | PATTY RUSSELL DISC-880 |
| 1978 | SHARON EDWARDS SPRINTS | SHERI DIRENFELD SHOT-880 | THERESA KOPACH 440-220 | KAREN SHERIDAN TWO MILE |
| 1979 | MILLIE HOLLIDAY 100-220 | KAREN ROURK 880 | CINDY SLEEP HURDLES | THERESA KOPACH 440-220 |
| 1980 | ELIZABETH KARGILIS 440-M1.Rly. | LISA McCALL 440-Rlys | SHARON EDWARDS RELAYS | CINDY SLEEP HUR-RLYS |
| 1981 | KRISTI JACKSON HUR-HJ | HAYLEY HILLMAN RELAYS | LISA McCALL 400-Rlys | ALICIA HUNTER SHOT-DISC |
| 1982 | CECILE BAKER 800-Rlys | CATHY RELYEA HJ-MILE | ELIZABETH KARGILIS 800-M1.Rly. | REGINA HALL 200-RLYS |
| 1983 | KATISE LONG 200-RLYS | CHRIS STABILE 400-M1.Rly. | DANIELLE PATRICK SHOT-DISC | ELIZABETH KARGILIS 1600-M1.Rly. |

1983 INDIVIDUAL SCORING

| | | S-L | HP | AND | KIM | BRK | S-RL | SEA | FRN | TRY | REG | SMA | OAK | STATE | TOTAL |
|-------------------------|----|----------------------------|----|-----|-----|-----|------|-----|-----|-----|-----|-----|-----|-------|-------|
| 1. Cheeks, Deidra | Fr | 8½ | 7½ | 10½ | 10½ | 9½ | 5 | 6½ | 7½ | 7½ | 8 | 15 | 1 | | 96½ |
| 2. Smith, Kathy | Fr | 13 | 10 | 6 | 6 | 10 | 3 | 6 | 9 | 11½ | 5½ | 15½ | | | 95 |
| 3. Williams, Sonja | Fr | 8½ | 5½ | 4½ | 2½ | 2½ | 5 | 8½ | 10½ | 10½ | 2 | 11 | 1 | | 71¾ |
| 4. Long, Katise | Fr | 7½ | 2½ | 10½ | 6½ | 9½ | 6 | 3¾ | 3¾ | 6¾ | 2½ | 7½ | 1 | | 67½ |
| 5. Stabile, Chris | So | 9½ | 7½ | 9½ | 6 | 4½ | 3 | 7½ | 6½ | 7½ | ½ | 4½ | | | 64½ |
| 6. Frasier, Marie | So | 0 | 8 | 8 | 10 | 4 | 5½ | 4 | 6 | 6 | 1 | 11 | | | 63½ |
| 7. Kargilis, Liz | Sr | 3½ | 10 | 11½ | 0 | 4½ | 4 | 2½ | 8 | 7½ | ½ | 5½ | | | 56½ |
| 8. Booker, Renee | Sr | 4 | 8 | 8 | 2 | 1 | 5½ | 0 | 4 | 5 | 6 | 6 | | | 49½ |
| 9. Williamson, Javay | So | 2½ | 2½ | 1½ | 2½ | 4 | 5 | 5½ | 6½ | 3½ | 4 | 11 | 1 | | 48½ |
| 10. Baker, Cecile | So | 0 | 7½ | 3½ | 1½ | 5½ | 4½ | 3½ | 9½ | 0 | | 2 | | | 35½ |
| 11. Dyson, Stacey | So | 0 | 3 | 2 | 6 | 6 | 3 | 0 | 4 | 6 | | 1 | | | 30 |
| 12. Helms, Cathy | Fr | 3 | 6 | 3 | 0 | 0 | 1 | 1 | 2 | 5 | | | | | 21 |
| 13. Patrick, Danielle | Jr | 3 | 1 | 2 | 0 | 0 | 5½ | 1 | 3 | 3 | | | | | 18½ |
| 13. Elrod, Adoreya | So | 8 | 4 | 0 | 0 | 0 | 2½ | 2 | 0 | 0 | | 2 | | | 18½ |
| 15. Harrison, Latonya | Fr | 0 | 3 | 3 | 4 | 0 | 1 | 0 | 3 | 3 | | | | | 17 |
| 16. Relyea, Cathy | Jr | 1 | 4½ | 1 | ½ | 1 | 2½ | 0 | 3 | 0 | | | | | 13¾ |
| 17. Moore, Rachel | So | 5½ | 1 | 4½ | 1 | | 1 | 0 | 0 | 1 | | | | | 13½ |
| 18. McKinney, Lynn | Fr | 1½ | 5 | 0 | 0 | 0 | ½ | 1½ | 0 | 0 | | | | | 8 |
| 18. Mitchell, Rochelle | Fr | 3 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 3 | | | | | 8 |
| 20. Higgins, Jamie | Fr | 0 | 2½ | 0 | 0 | 1 | 2 | 0 | 2½ | 0 | | | | | 7½ |
| 21. Johnston, Terry | So | 6.5 pts. Non-Scoring Girls | | | | | | | | | | | | | |
| 22. Williams, Dianna | Sr | 5.5 | | | | | | | | | | | | | |
| 23. Spencer, Kathy | Jr | 4.3 | | | | | | | | | | | | | |
| 24. Butler, Amy | Sr | 3 | | | | | | | | | | | | | |
| 25. Greene, Rhonda | Jr | 2.5 | | | | | | | | | | | | | |
| 26. Poore, Belyne | Jr | 2.25 | | | | | | | | | | | | | |
| 27. Todd, Sheri | Jr | 2 | | | | | | | | | | | | | |
| 28. Smith, Tawnya | Fr | 1 | | | | | | | | | | | | | |
| 29. Ayala, Amy | So | | | | | | | | | | | | | | |
| 30. Borowski, Gail | Fr | | | | | | | | | | | | | | |
| 31. DeFranco, Paula | Sr | | | | | | | | | | | | | | |
| 32. Moss, Carrie | Sr | | | | | | | | | | | | | | |
| 33. Murphy, Kelley | Fr | | | | | | | | | | | | | | |
| 34. Washington, Shelley | Fr | | | | | | | | | | | | | | |
| 35. White, Hanna | So | | | | | | | | | | | | | | |
| 36. Young, Tara | Jr | | | | | | | | | | | | | | |
| 37. Zink, Sue | Fr | | | | | | | | | | | | | | |

1983 GIRLS VARSITY TRACK

EVENT POINT SCORING

| | S-L | HP | AND | KIM | BRK | SEA | FRN | TRY | REG | SMA | OAK | STA | TOTAL |
|-------------|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------|
| SHOT PUT | 4 | 9 | 9 | 6 | 1 | 4 | 9 | 8 | | 12 | | | 62 |
| HIGH JUMP | 9 | 4 | 1 | .5 | 1 | 0 | 4 | 0 | | | | | 19.5 |
| DISCUS | 3 | 8 | 9 | 6 | 4 | 1 | 4 | 6 | 7 | 5 | | | 53 |
| LONG JUMP | 4 | 4 | 3 | 4 | 3 | 1 | 1 | 4 | | | | | 24 |
| 100m LH | 8 | 9 | 4 | 4 | 8 | 4 | 8 | 8 | 1 | 8 | | | 62 |
| 100m DASH | 9 | 9 | 6 | 6 | 9 | 9 | 9 | 9 | 6 | 16 | | | 88 |
| 800m RELAY | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | | 10 | 2 | | 52 |
| 1600m RUN | 1 | 9 | 8 | 3 | 3 | 1 | 9 | 8 | | 4 | | | 46 |
| 400m RELAY | 5 | 5 | 5 | 5 | 0 | 5 | 5 | 5 | 8 | 10 | 2 | | 55 |
| 400m DASH | 9 | 9 | 9 | 5 | 4 | 4 | 6 | 3 | | 3 | | | 52 |
| 300m LH | 8 | 8 | 4 | 8 | 8 | 4 | 4 | 8 | 4 | 9 | | | 65 |
| 800m RUN | 4 | 9 | 9 | 1 | 3 | 3 | 8 | 4 | | 2 | | | 43 |
| 200m DASH | 9 | 9 | 9 | 4 | 9 | 5 | 8 | 8 | 2 | 7 | | | 70 |
| 3200m RUN | 4 | 6 | 3 | 1 | 0 | 1 | 4 | 5 | | | | | 24 |
| 1600m RELAY | 5 | 5 | 5 | 0 | 5 | 5 | 5 | 5 | 2 | 6 | | | 43 |

SOUTHFIELD vs LATHRUP

April 19, 1983
Overcast & Cold 40°
Over 7pm

* School Record

87

36

SHOT PUT

2nd PATRICK 28-7.25
3rd BOOKER 26-9.25
FRASIER 26-2.5
Elrod 23-.5
D.Williams 20-1
Zink 19-4

HIGH JUMP

1st K.SMITH 4-6
2nd SPENCER 4-4
3rd RELYEA 4-4
McKinney 4-0
Ayala 4-0

DISCUS

2nd BOOKER 77-10
PATRICK 74-1
FRASIER 71-3
D.Williams 50-11
Zink 44-10

LONG JUMP

2nd MITCHELL 13-8.5
3rd MOORE 13-4
HIGGINS 11-4
Murphy 10-5

100m LOW HURDLES

1st ELROD 18.0
2nd K.SMITH 18.2
MITCHELL 20.1
Dyson 18.7
Young 20.1
Spencer 20.2
Zink 20.2
Moss 20.4
Greene 20.4
Borowski 21.5

100m DASH

1st CHEEKS 13.5
2nd S.WILLIAMS 14.0
3rd WILLIAMSON 14.3
Butler 14.9
Murphy 15.2
T.Smith 15.5
White 15.7

1600m RUN

3rd KARGILIS 6:11.4
HARRISON 6:22
HELMS 6:34
Relyea 6:42
Patrick 6:59
Todd 7:11
Washington 7:17
Ayala 7:20
DeFranco 7:24

300m LOW HURDLES

* 1st K.SMITH 53.1
2nd ELROD 55.1
MOSS 60.1
Dyson 54.0
Mitchell 61.5
Greene 64.0
Young 65.9
Borowski 68.0

400m DASH

1st STABILE 67.5
2nd MOORE 69.3
3rd JOHNSTON 70.2
Poore 70.0
Higgins 72.0

800m RELAY

1st LONG 27.5 McKINNEY 26.8 S.WILLIAMS 26.7 CHEEKS 25.6 [1:56.6]

400m RELAY

1st LONG WILLIAMSON S.WILLIAMS CHEEKS [54.2]
T.Smith White Murphy Butler [59.1]

800m RUN

2nd STABILE 2:49.3
3rd KARGILIS 2:52.7
WASHINGTON 3:18.6

200m DASH

1st LONG 28.7
2nd S.WILLIAMS 29.0
3rd CHEEKS 29.0
McKinney 30.7
Butler 31.3
Murphy 31.4
T.Smith 31.6
White 33.0

3200m RUN

2nd HELMS 14:23.2
3rd TODD 15:41.4

1600m RELAY

1st MOORE 70 KARGILIS 71 JOHNSTON 74 STABILE 69 [4:44.7]
Higgins 76 Relyea 73 Poore 72 Williamson 79 [4:50.1]

SOUTHFIELD vs HAZEL PARK

April 21, 1983
Partly Sunny
& Cold 50°

.108

14

* School Record

SHOT PUT

| | | |
|-----|------------|----------|
| 1st | FRASIER | 29-1.75 |
| 2nd | BOOKER | 28-3.75 |
| 3rd | PATRICK | 26-10 |
| | D.Williams | 21-11.25 |
| | Zink | 19-8 |

HIGH JUMP

| | | |
|-----|----------|-----|
| 2nd | RELYEA | 4-4 |
| 3rd | SPENCER | 4-4 |
| | K.SMITH | 4-2 |
| | McKinney | 4-0 |
| | Ayala | DNQ |

DISCUS

| | | |
|-----|------------|---------|
| 1st | BOOKER | 89-10 |
| 2nd | FRASIER | 84-4.25 |
| | PATRICK | 63-5 |
| | Elrod | 57-3 |
| | D.Williams | 56-10 |
| | Zink | 50-4 |

LONG JUMP

| | | |
|-----|----------|--------|
| 2nd | BAKER | 13-3.5 |
| 3rd | MOORE | 13-1.5 |
| | MITCHELL | 13-1 |
| | K.Smith | 13-6 |
| | Long | 13-8 |
| | McKinney | 12-6 |
| | Murphy | 12-4 |
| | T.Smith | 11-11 |

100m LOW HURDLES

| | | |
|-----|----------|------|
| 1st | K.SMITH | 17.6 |
| 2nd | DYSON | 17.8 |
| 3rd | ELROD | 18.1 |
| | Spencer | 19.1 |
| | Mitchell | 19.9 |
| | Young | 20.1 |
| | Moss | 20.3 |

100m DASH

| | | |
|-----|------------|------|
| 1st | CHEEKS | 13.1 |
| 2nd | S.WILLIAMS | 13.4 |
| 3rd | WILLIAMSON | 13.5 |
| | McKinney | 14.3 |
| | Butler | 14.7 |
| | T.Smith | 14.9 |
| | Murphy | 14.9 |
| | White | 15.2 |

1600m RUN

| | | |
|-----|------------|--------|
| 1st | KARGILIS | 5:58.7 |
| 2nd | HARRISON | 6:01.1 |
| 3rd | HELMS | 6:23.7 |
| | Relyea | 6:39.3 |
| | Patrick | 6:49.4 |
| | Washington | 6:56.0 |
| | Todd | 7:01.4 |
| | Ayala | 7:06.4 |
| | DeFranco | 7:24.3 |

400m DASH

| | | |
|-----|----------|------|
| 1st | STABILE | 65.5 |
| 2nd | JOHNSTON | 70.9 |
| 3rd | HIGGINS | 71.4 |

300m LOW HURDLES

| | | |
|-------|----------|--------|
| * 1st | K.SMITH | 51.1 |
| 2nd | ELROD | 56.1 |
| | DYSON | 54.0DQ |
| | Moss | 55.8 |
| | Mitchell | 58.1 |
| | Borowski | 62.0 |

800m RELAY

| | | | | | | | | | |
|-----|------|------|-------|------|------------|------|--------|------|----------|
| 1st | LONG | 28.4 | BAKER | 29.9 | S.WILLIAMS | 28.0 | CHEEKS | 27.7 | [1:52.0] |
|-----|------|------|-------|------|------------|------|--------|------|----------|

400m RELAY

| | | | | | | | | | |
|-----|---------|------|------------|------|------------|------|---------|------|--------|
| 1st | LONG | 14.2 | WILLIAMSON | 12.3 | S.WILLIAMS | 14.1 | CHEEKS | 13.1 | [52.7] |
| | T.Smith | | Murphy | | McKinney | | Butler | | [57.8] |
| | Booker | | D.Williams | | Zink | | Frasier | | [61.2] |

800m RUN

| | | |
|-----|------------|--------|
| 1st | KARGILIS | 2:38.3 |
| 2nd | BAKER | 2:39.1 |
| 3rd | STABILE | 2:39.2 |
| | Washington | 3:07.0 |

200m DASH

| | | |
|-----|----------|------|
| 1st | McKINNEY | 29.7 |
| 2nd | BUTLER | 30.8 |
| 3rd | T.SMITH | 31.0 |
| | Murphy | 31.0 |

3200m RUN

| | | |
|-----|-------|---------|
| 1st | HELMS | 13:49.4 |
| 3rd | TODD | 14:57.0 |

1600m RELAY

| | | | | | | | | | |
|-----|---------|------|--------|------|----------|------|---------|------|----------|
| 1st | HIGGINS | 73.0 | RELYEA | 70.0 | JOHNSTON | 74.6 | STABILE | 71.9 | [4:49.7] |
|-----|---------|------|--------|------|----------|------|---------|------|----------|

SOUTHFIELD at ANDOVER

April 26, 1983
 Start - Sunny & Warm
 Finish - Rain - 7:20

89

34

* School Record

SHOT PUT

1st FRASIER 28-4
 2nd BOOKER 28-2
 3rd PATRICK 26-8.5
 Elrod 23-1.5
 D.Williams 23-1
 Carlson 22-.5
 Zink 21-3.5

HIGH JUMP

3rd RELYEA 4-6
 K.SMITH 4-6
 SPENCER 4-2
 McKinney DNQ

DISCUS

1st BOOKER 82-9
 2nd FRASIER 76-0
 3rd PATRICK 70-0
 Carlson 54.6
 D.Williams 53-10

LONG JUMP

2nd LONG 13-8.25
 BAKER 13-2.25
 K.SMITH 11-5
 Moore 13-2.25
 Mitchell 12-8.5
 McKinney 12-2.5
 Murphy 11-10
 Higgins 12-1

110 LOW HURDLES

2nd K.SMITH 17.3
 3rd DYSON 18.0
 ELROD 18.4
 Spencer 19.3
 Greene 19.2
 Mitchell 19.9
 Young 20.2
 Borowski 22.0

100yd DASH

1st CHEEKS 12.2
 3rd S.WILLIAMS 12.3
 WILLIAMSON 12.6
 McKinney 12.9
 Butler 13.7
 Murphy 14.0
 T.Smith 14.2
 White 14.4

MILE RUN

1st KARGILIS 5:43.4
 2nd HARRISON 5:48.3
 HELMS 5:57.5
 Relyea 6:38.6
 Washington 6:53.9

440yd DASH

1st STABILE 65.0 *
 2nd MOORE 67.7
 3rd POORE 67.9

330 LOW HURDLES

2nd K.SMITH 50.5 *
 3rd DYSON 53.1
 ELROD 54.8
 Greene 55.9
 Mitchell 56.0
 Moss 58.4
 Borowski 60.3

880 RELAY

1st LONG 27.9 BAKER 28.7 S.WILLIAMS 28.2 CHEEKS 28.6 [1:53.9]

440 RELAY

1st LONG 13.3 WILLIAMSON 13.1 S.WILLIAMS 13.5 CHEEKS 13.3 [53.2]

880 RUN

1st KARGILIS 2:35.6
 2nd STABILE 2:38.6
 3rd BAKER 2:39.0
 Harrison 2:43.1

220 DASH

1st LONG 29.6
 2nd CHEEKS 29.7
 3rd S.WILLIAMS 29.7
 Williamson 30.1
 T.Smith 31.4
 Murphy 31.6
 White 32.5
 Butler 32.7

TWO MILE RUN

2nd HELMS 13:37.5
 TODD 15:15.7

MILE RELAY

1st MOORE 67.8 KARGILIS 65.3 BAKER 67.5 STABILE 63.9 [4:23.5]

SOUTHFIELD vs KIMBALL

April 28, 1983
Wet & very cold

58.5

64.5

SHOT PUT

1st FRASIER 29-1
3rd BOOKER 27-5.5
PATRICK 26-5
D. Williams 24-4.5
Elrod 24-0
Carlson 21-2
Zink 20-1
DeFranco 19-5

HIGH JUMP

3tie RELYEA 4-4
K. SMITH 4-4
SPENCER 4-2

DISCUS

1st FRASIER 85-8
3rd BOOKER 81-4.5
PATRICK 70-2
D. Williams 53-6
Zink 52-6
Carlson 45-7

LONG JUMP

2nd LONG 13-7
3rd MOORE 13-3
BAKER 12-6

100m LOW HURDLES

2nd DYSON 17.2
3rd K. SMITH 18.0
ELROD 18.2
Mitchell 19.2
Spencer 19.4
Greene 19.6
Moss 20.3
Young 21.0
Borowski 21.1

100m DASH

1st CHEEKS 13.2
3rd WILLIAMSON 14.1
S. WILLIAMS 14.2
McKinney 14.5
Butler 15.6
Murphy 15.7
White 15.9

1600m RUN

2nd HARRISON 5:50.3
HELMS 6:27.0
WASHINGTON 6:39.8
Patrick 6:59.8
Ayala 7:02.2
Todd 7:07.3

400m DASH

1st STABILE 64.1
POORE 67.8
MOORE 68.0
Relyea 70.4
Higgins 70.4
Johnston 70.5

300m LOW HURDLES

1st K. SMITH 51.1
2nd DYSON 52.2
ELROD 55.5
Mitchell 56.4
Greene 58.0
Moss 60.0
Borowski 63.4

800m RELAY

1st LONG 27.7 BAKER 29.9 S. WILLIAMS 28.3 CHEEKS 28.3 [1:54.2]

400m RELAY

1st LONG 13.9 WILLIAMSON 13.7 S. WILLIAMS 13.9 CHEEKS 13.0 [53.9]
McKinney White Murphy Butler [59.3]

800m RUN

3rd STABILE 2:33.5
BAKER 2:39
RELYEA 2:52
Washington 3:17.7

200m DASH

2nd CHEEKS 28.3
3rd LONG 28.5
S. WILLIAMS 29.1
Williamson 29.3
McKinney 30.4
Butler 31.9
Moss 30.8
White 31.9
Zink 34.6

3200m RUN

3rd HARRISON 13:16.3
HELMS 13:21.0

1600m RELAY

POORE 67.2 MOORE 67.0 BAKER 64.5 STABILE 64.8 [4:23.5]

SOUTHFIELD vs BERKLEY

May 3, 1983
Cold & Rainy
Over 7:00pm

63

60

SHOT PUT

3rd FRASIER 28-7
BOOKER 26-11.5
PATRICK 26-4
D.Williams 23-4.75
Carlson 21-6.5

HIGH JUMP

3rd RELYEA 4-4
K.SMITH DNQ
SPENCER DNQ

DISCUS

2nd FRASIER 83-0
3rd BOOKER 75-8
PATRICK 66-2
D.Williams 48-1
Carlson 42-4

LONG JUMP

2nd LONG 14-0
BAKER 13-4
Mitchell 13-4
McKinney 12-9
Higgins 12-2
Murphy 11-8.5

100m LOW HURDLES

1st K.SMITH 16.8
2nd DYSON 17.2
ELROD 17.8
Greene 19.1
Spencer 19.2
Mitchell 19.5
Moss 19.6
Young 20.8
Borowski 21.3

100m DASH

1st CHEEKS 13.4
2nd WILLIAMSON 14.0
3rd S.WILLIAMS 14.1
McKinney 14.5
Murphy 15.2
T.Smith 15.3

1600m RUN

2nd KARGILIS 5:41.0
HELMS 6:09.0
HARRISON 6:11.1
Relyea 6:14.2
Washington 6:47.1
Patrick 6:48.1
Ayala 7:03.1

400m DASH

2nd STABILE 64.3
3rd HIGGINS 66.7
POORE 68.5
Johnston 69.4

300m LOW HURDLES

1st K.SMITH 50.5
2nd DYSON 51.0
ELROD 53.1
Greene 56.5
Mitchell 57.8
Moss 61.2
Young 62.0
Borowski 63.0

800m RELAY

1st LONG 27.9 BAKER 28.6 S.WILLIAMS 28.6 CHEEKS 28.2 [1:53.3]
T.Smith McKinney Williamson Murphy [2:00.4]
Greene Borowski Moss [2:04.6]

400m RELAY

DQ LONG WILLIAMSON S.WILLIAMS CHEEKS [58.4]
T.Smith Murphy Spencer [58.9]

800m RUN

2nd BAKER 2:38.0
KARGILIS 2:43.7
STABILE 2:49.9
Relyea 2:55.1
Washington 3:06.1

200m DASH

1st LONG 28.5
2nd CHEEKS 28.8
3rd WILLIAMSON 29.1
McKinney 30.8

3200m RUN

HELMS 13:05.0

1600m RELAY

1st POORE 67.3 KARGILIS 65.7 BAKER 64.1 STABILE 64.1 [4:20.2]
Higgins 67.5 Relyea 71.6 Johnston 74.9 Dyson 69.2 [4:42.7]
Spencer 75.3 Borowski 77.3 Greene 73.5 Young 80.8 [5:08.1]

SOUTHFIELD at SOUTHFIELD RELAYS

* New School Record

May 6, 1983
Overcast & Mild
Over 8:15pm

| | | | | | | | |
|-----------------------|----------|---------------------|-------|------------------------|------|------------------------|--------|
| <u>SHOT PUT RELAY</u> | | <u>DISCUS RELAY</u> | | <u>HIGH JUMP RELAY</u> | | <u>LONG JUMP RELAY</u> | |
| * 2nd | 104-5.25 | * 2nd | 307-0 | 6th | 12-8 | 4th | 55-2 |
| Frasier | 28-4.75 | Frasier | 86-0 | Relyea | 4-4 | Baker | 13-8.5 |
| Patrick | 27-1 | Booker | 92-0 | Baker | 4-4 | Long | 14-1 |
| Booker | 25-10 | Patrick | 71-7 | Spencer | 4-0 | Mitchell | 13-7.5 |
| Williams | 23-1.5 | Williams | 57-5 | K.Smith | DNQ | Moore | 13-9 |

| | | | | | | | |
|---------------------------------|------|----------------------------------|---------|---|--------|--------------------------------|--------|
| <u>STRONG GIRL</u> (4 x 100) | | <u>6400m RELAY</u> (4 x 1600) | | <u>SPRINT MEDLEY</u> (200-100-100-400) | | <u>800m RELAY</u> (4 x 200) | |
| * 3rd | 58.8 | * 4th | 24:30.5 | * 5th | 2:04.5 | 1st | 1:49.0 |
| Booker | 13.8 | Kargillis | 5:48 | K.Smith | 26.7 | S.Williams | 28.4 |
| Williams | 16.9 | Harrison | 6:09 | McKinney | 14.3 | Williamson | 27.2 |
| Patrick | 13.7 | Helms | 6:09 | Dyson | 13.8 | Long | 26.4 |
| Frasier | 15.3 | Relyea | 6:25 | Higgins | 79.8 | Cheeks | 26.9 |

| | | | | | | | |
|---------------------------------|---------|--------------------------------------|--------|--------------------------------|------|---|---------|
| <u>3200m RELAY</u> (4 x 800) | | <u>SHUTTLE HURDLE</u> (4 x 100LH) | | <u>400m RELAY</u> (4 x 100) | | <u>DISTANCE MEDLEY</u> (800-400-1200-1600) | |
| * 3rd | 10:34.0 | * 1st | 1:12.2 | * 1st | 51.4 | 7th | 15:28.3 |
| Stabile | 2:29 | K.Smith | 17.5 | S.Williams | 13.7 | Todd | 3:02 |
| Relyea | 2:50 | Dyson | 17.7 | Williamson | 12.8 | Poore | 70 |
| Baker | 2:38 | Elrod | 18.0 | Long | 12.7 | Washington | 4:58 |
| Kargillis | 2:47 | Greene | 19.0 | Cheeks | 12.6 | Helms | 6:29 |

| | |
|---------------------------------|--------|
| <u>1600m RELAY</u> (4 x 400) | |
| 3rd | 4:24.6 |
| Higgins | 67.4 |
| Kargillis | 68.1 |
| Baker | 64.4 |
| Stabile | 64.7 |

8/13 Events are New School Records!

| Pts. | Finish | KIM | SEA | BRK | SF | TROY | AND | FRN | HP |
|------|--------|-----|-----|-----|----|------|-----|-----|----|
| 10 | 1 | 1 | 2 | 4 | 3 | 2 | 1 | 0 | 0 |
| 8 | 2 | 5 | 4 | 2 | 2 | 0 | 0 | 1 | 0 |
| 6 | 3 | 3 | 3 | 2 | 3 | 0 | 0 | 1 | 0 |
| 4 | 4 | 4 | 2 | 1 | 2 | 2 | 1 | 1 | 0 |
| 2 | 5 | 0 | 0 | 1 | 1 | 3 | 5 | 2 | 0 |
| 1 | 6 | 0 | 1 | 1 | 1 | 1 | 5 | 1 | 2 |

SOUTHFIELD at SEAHOLM

May 10, 1983
Sunny & Warm
Over 7:05pm

52

71

* School Record

SHOT PUT

2nd Frasier 27-10
3rd Patrick 27-9
Booker 26-1
Moss 23-10
D.Williams 23-8
DeFranco 20-3
Zink 18-11

HIGH JUMP

SPENCER 4-4
RELYEA 4-4
K.SMITH 4-2

DISCUS

3rd FRASIER 85-1
BOOKER 80-7
PATRICK 73-8.5
Zink 52-7

LONG JUMP

3rd BAKER 14-2.5
MOORE 13-6
MITCHELL 13-2
McKinney 13-4.5
Higgins 11-7.5
Murphy 10-11

100m LOW HURDLES

2nd K.SMITH 16.7
3rd ELROD 17.7
GREENE 18.3
Spencer 18.8
Mitchell 19.3
Moss 20.4
Young 21.0
Borowski 21.1

100m DASH

1st CHEEKS 13.1
2nd WILLIAMSON 13.1
3rd S.WILLIAMS 13.3
McKinney 13.9
Butler 14.9
Murphy 14.9
T.Smith 14.9
White 14.9

1600m RUN

3rd KARGILIS 5:45.1
HARRISON 5:46
HELMS 6:02
Washington 6:37
Ayala 6:52
Todd 6:58

400m DASH

2nd STABILE 64.2
3rd BAKER 65.1
JOHNSTON 68.0
Moore 67.6
Poore 68.2
Higgins 70.1

300m LOW HURDLES

* 2nd K.SMITH 49.1
3rd ELROD 53.5
GREENE 53.6
Mitchell 54.9
Moss 59.6
Borowski 59.7
Young 64.7

800m RELAY

1st S.WILLIAMS 27.6 BUTLER 27.2 LONG 27.4 CHEEKS 27.1 [1:49.3]
Butler McKinney T.Smith White [2:07.8]

400m RELAY

1st S.WILLIAMS 14.4 McKINNEY 13.0 WILLIAMSON 13.0 LONG 12.5 [52.9]
T.Smith 15.4 White 13.4 Murphy 15.1 Butler 14.7 [58.6]

800m RUN

2nd STABILE 2:29.5
BAKER 2:30
KARGILIS 2:41
Relyea 2:42
Washington 3:01

200m DASH

1st S.WILLIAMS 27.3
LONG 27.5
WILLIAMSON 28.5

3200m RUN

3rd HELMS 13:06.9
TODD 15:23.2

1600m RELAY

1st LONG 63.2 KARGILIS 63.5 BAKER 64.9 STABILE 64.5 [4:18.1]
Poore Johnston Moore Relyea [4:35.0]
K.Smith Greene Moss Zink [4:46.2]

SOUTHFIELD vs FERNDALE

May 12, 1983
Sunny & Warm
Over 6:45pm

89

34

* School Record

SHOT PUT

1st FRASIER 29-0
2nd PATRICK 28-6
3rd BOOKER 28-5.75
D. Williams 22-10
Moss 22-6
DeFranco 21-1.75
Zink 18-11.5

HIGH JUMP

2nd RELYEA 4-4
3rd K.SMITH 4-4
Spencer 4-2

DISCUS

2nd BOOKER 81-8
3rd FRASIER 76-7
PATRICK 67-11
Zink 52-6
D. Williams 52-3

LONG JUMP

3rd MITCHELL 13-9
BAKER 13-0
McKINNEY 12-10
Moore 12-10

100m LOW HURDLES

1st K.SMITH 16.0
2nd DYSON 16.3
ELROD 17.6
Greene 18.8
Spencer 19.2
Mitchell 19.8
Moss 20.7
Young 20.8
Borowski 20.9

100m DASH

1st CHEEKS 12.9
2nd S.WILLIAMS 13.0
3rd WILLIAMSON 13.3
McKinney 14.1
Butler 14.7
T. Smith 14.7
White 14.7
Murphy 14.9

1600m RUN

1st KARGILIS 5:43.5
2nd HARRISON 5:49.3
3rd HELMS 6:03.1
Relyea 6:14.8
Washington 6:31.9
Ayala 6:59.9

400m DASH

1st BAKER 64.1
3rd HIGGINS 67.7
JOHNSTON 67.8
Poore 67.9
Moore 67.9

300m LOW HURDLES

* 2nd K.SMITH 48.0
3rd DYSON 51.4
ELROD 53.3
Mitchell 54.9
Moss 56.6
Borowski 59.7
Young 60.6

800m RELAY

1st S.WILLIAMS 28.0 WILLIAMSON 27.6 LONG 27.7 CHEEKS 27.4 [1:49.9]
T. Smith 32.6 White 29.5 Murphy 32.0 Butler 32.1 [2:06.4]

400m RELAY

1st S.WILLIAMS 13.3 WILLIAMSON 13.3 LONG 13.0 CHEEKS 12.9 [52.6]
T. Smith 14.4 White 14.4 Murphy 14.5 Butler 15.5 [58.9]

800m RUN

1st STABILE 2:33.6
2nd BAKER 2:39.5
RELYEA 2:51.6
Washington 2:58.6

200m DASH

1st S.WILLIAMS 27.4
2nd WILLIAMSON 28.1
McKINNEY 29.6
T. Smith 30.7
Butler 31.9
Murphy 31.2
White 32.0

3200m RUN

2nd KARGILIS 13:06.0
3rd HELMS 13:27.8

1600m RELAY

1st LONG 62.1 HIGGINS 66.9 BAKER 65.6 STABILE 64.2 [4:18.6]

SOUTHFIELD vs TROY

May 17, 1983
Sunny & Mild
Over 6:30pm

86

37

* School Record

SHOT PUT

| | |
|-------------|----------|
| 1st FRASIER | 29-1.75 |
| 2nd PATRICK | 28-6 |
| BOOKER | 26-7.75 |
| Moss | 23-4.75 |
| D.Williams | 23-0 |
| DeFranco | 20-10.75 |
| Zink | 19-7 |

HIGH JUMP

| | |
|---------|-----|
| RELYEA | 4-4 |
| K.SMITH | 4-2 |

DISCUS

| | |
|-------------|-------|
| 1st BOOKER | 93-2 |
| 2nd FRASIER | 84-4 |
| PATRICK | 75-5 |
| D.Williams | 62-8 |
| Zink | 51-11 |

LONG JUMP

| | |
|--------------|----------|
| 2nd MITCHELL | 13-6.5 |
| 3rd MOORE | 12-11 |
| BAKER | 11-11.25 |
| McKinney | 13-7.5 |

100m LOW HURDLES

| | |
|-------------|------|
| 1st K.SMITH | 16.3 |
| 2nd DYSON | 16.5 |
| ELROD | 17.3 |
| Greene | 18.2 |
| Mitchell | 19.1 |
| Borowski | 20.5 |
| Young | 20.5 |

100m DASH

| | |
|----------------|------|
| 1st CHEEKS | 12.6 |
| 2nd S.WILLIAMS | 12.8 |
| 3rd WILLIAMSON | 12.8 |
| McKinney | 14.1 |
| White | 14.5 |
| Murphy | 14.5 |
| T.Smith | 14.7 |
| Butler | 15.1 |

1600m RUN

| | |
|--------------|--------|
| 1st KARGILIS | 5:35.8 |
| 2nd HARRISON | 5:45.2 |
| HELMS | 5:53.6 |
| Relyea | 6:12.1 |
| Washington | 6:20.8 |
| Ayala | 6:52.1 |

400m DASH

| | |
|-------------|------|
| 2nd STABILE | 62.9 |
| BAKER | 64.9 |
| HIGGINS | 66.6 |
| Poore | 67.1 |
| Moore | 67.3 |

300m LOW HURDLES

| | |
|-------------|------|
| 1st K.SMITH | 49.0 |
| 2nd DYSON | 49.5 |
| GREENE | 52.8 |

800m RELAY

| | | | | |
|---------------------|-----------------|------------|-------------|----------|
| 1st S.WILLIAMS 26.8 | WILLIAMSON 28.5 | LONG 28.2 | CHEEKS 27.1 | [1:50.7] |
| McKinney 28.7 | T.Smith 30.7 | White 31.2 | Butler 31.9 | [2:02.5] |

400m RELAY

| | | | | |
|---------------------|-----------------|-------------|-------------|--------|
| 1st S.WILLIAMS 13.1 | WILLIAMSON 13.6 | LONG 12.3 | CHEEKS 12.8 | [51.7] |
| T.Smith 13.9 | White 16.3 | Murphy 13.8 | Butler 15.0 | [59.0] |

800m RUN

| | |
|--------------|--------|
| 2nd STABILE | 2:39.4 |
| 3rd KARGILIS | 2:40.9 |
| BAKER | 2:41.6 |
| Relyea | 2:47.5 |
| Washington | 2:58.8 |

200m DASH

| | |
|------------------|------|
| * 1st S.WILLIAMS | 27.0 |
| 2nd LONG | 27.3 |
| WILLIAMSON | 27.9 |
| Moss | 29.1 |
| McKinney | 29.4 |
| T.Smith | 30.7 |
| White | 31.0 |
| Murphy | 31.1 |
| Butler | 32.2 |

3200m RUN

| | |
|------------|---------|
| 1st HELMS | 13:07.8 |
| WASHINGTON | 15:24.4 |
| PATRICK | 16:29.9 |

1600m RELAY

| | | | | |
|------------------|---------------|--------------|------------|----------|
| 1st K.SMITH 63.4 | KARGILIS 63.4 | STABILE 62.3 | LONG 62.0 | [4:10.9] |
| Poore 65.7 | Higgins 70.6 | Moore 67.2 | Dyson 64.3 | [4:28.8] |

SOUTHFIELD at STATE REGIONALS

30 pts. 6th/16

May 20, 1983
Troy Athens H.S.
Overcast & Mild
Over 10pm

* School Record

SHOT PUT

FRASIER 28-8
PATRICK 26-2.5

HIGH JUMP

RELYEA DNQ 4-10

DISCUS

+ 3rd BOOKER 101-5
6th FRASIER 96-8

LONG JUMP

MITCHELL 13-
MOORE 12-

100m LOW HURDLES

6th K.SMITH 16.1/16.3/15.9
DYSON 16.4/16.4

1600m RUN

KARGILIS 5:34.1
HARRISON 5:53.9

800m RELAY

DQ S.WILLIAMS 26.7 WILLIAMSON 31.2 LONG 28.4 CHEEKS 26.2 [1:52.5]

100m DASH

+ 3rd CHEEKS 12.8/12.8/12.7
S.WILLIAMS 13.1/13.0/13.1

400m DASH

STABILE 62.8
HIGGINS 68.6

800m RUN

STABILE 2:32.4
BAKER 2:38.6

400m RELAY

* + 2nd S.WILLIAMS WILLIAMSON LONG CHEEKS [50.7]

300m LOW HURDLES

4th K.SMITH 48.2
DYSON 53.4

200m DASH

* 5th WILLIAMSON *26.3/26.9/27.2
LONG 27.1/27.0/27.5

3200m RUN

HELMS 12:48.4

1600m RELAY

5th K.SMITH 65 KARGILIS 64 STABILE 62 LONG 61 [4:14.2]

+ TOP THREE PLACES QUALIFY FOR STATE MEET

| | | |
|------|------------|--------|
| 1st | Rochester | 100pts |
| 2nd | Seaholm | 73 |
| 3rd | Adams | 58 |
| 4th | Athens | 49 |
| 5th | Lahser | 37 |
| 6th | SOUTHFIELD | 30 |
| 7th | Kimball | 26 |
| 8th | Berkley | 24 |
| 9th | Troy | 23 |
| 10th | Lathrup | 20 |

SOUTHFIELD at S.M.A. CHAMPIONSHIPS

May 24, 1983
Home
Sunny & Warm
Over 9:30pm

92 pts. 2nd Place

* School Record

SHOT PUT

1st FRASIER 32-1
5th BOOKER 28-8.5
PATRICK 27-1.25

HIGH JUMP

RELYEA 4-8

DISCUS

4th BOOKER 97-6
6th FRASIER 92-7
PATRICK 74-4

LONG JUMP

BAKER 13-9
MOORE 13-0

100m LOW HURDLES

3rd K.SMITH 15.5/15.6
5th ELROD 16.5/16.6
DYSON 15.6/D.Q.

1600m RUN

* 4th KARGILIS 5:28.7
HARRISON 5:47.9

800m RELAY

* 1st S.WILLIAMS 26.5 WILLIAMSON 27.3 LONG 28.7 CHEEKS 25.3 [1:47.6]

100m DASH

1st CHEEKS 12.5/12.5
3rd S.WILLIAMS 12.7/12.8

400m DASH

5th BAKER 63.3
6th STABILE 63.3

800m RUN

5th STABILE 2:28.3
BAKER 2:34.7

400m RELAY

1st S.WILLIAMS 13.1 WILLIAMSON 12.6 LONG 12.4 CHEEKS 13.3 [51.3]

300m LOW HURDLES

* 2nd K.SMITH 46.8
6th DYSON 49.9
ELROD 52.2

200m DASH

3rd WILLIAMSON 26.8/27.1
6th LONG 26.8/27.5

3200m RUN

HELMS 12:34.0

1600m RELAY

3rd STABILE 62 KARGILIS 63 K.SMITH 63 LONG 63 [4:11.4]

Gold Medals

1st Seaholm 112pts.
2nd Southfield 92
3rd Kimball 73
4th Berkley 72
5th Troy 51
6th Ferhdale 37
6th Andover 28
8th Hazel Park 0

7
10
2
3
1
1
0
0

SOUTHFIELD at S.M.A. J.V. CHAMPIONSHIPS

127.5 pts.

1st Place

May 25, 1983
Berkley H.S.
Cold & Overcast
Over 8:05pm

SHOT PUT

6th MOSS 23-8
D.WILLIAMS 21-9.5
DeFRANCO 20-9

HIGH JUMP

5thTie SPENCER 4-0
AYALA DNQ
JOHNSTON DNQ

DISCUS

4th YOUNG 58-8
5th ZINK 55-7
D.WILLIAMS 52-5

LONG JUMP

2nd MITCHELL 12-10.5
3rd McKINNEY 12-7.5
5th GREENE 12-2.5

100m LOW HURDLES

1st GREENE 18.2
4th MITCHELL 18.3
SPENCER 19.1
YOUNG 19.2
MOSS 19.5
BOROWSKI 20.0

1600m RUN

5th WASHINGTON 6:25.9
AYALA 7:20.2
YOUNG 7:25.7
ZINK 7:49.7

800m RELAY

1st BUTLER 31.4 T.SMITH 31.0 MOSS 28.9 McKINNEY 28.6 [1:59.6]

400m RELAY

1st BUTLER 14.4 MURPHY 14.6 WHITE 14.6 McKINNEY 13.7 [57.4]

1600m RELAY

1st HIGGINS 68 JOHNSTON 71 GREENE 73 MOSS 68 [4:40.4]

100m DASH

1st McKINNEY 13.9
5th T.SMITH 14.6
6th BUTLER 14.7
White 14.8
Murphy 14.8

400m DASH

1st HIGGINS 68.7
3rd JOHNSTON 71.5

800m RUN

4th WASHINGTON 2:58.4

300m LOW HURDLES

2nd GREENE 55.3
3rd MITCHELL 56.5
BOROWSKI 57.4

200m DASH

3rd WHITE 30.6
4th T.SMITH 31.0
6th MURPHY 31.2

FINAL S.M.A. J.V.
STANDINGS

1st SOUTHFIELD 127.5
2nd KIMBALL 125.5
3rd BERKLEY 99
4th FERNDAL 44
5th SEAHOLM 34
6th ANDOVER 33
7th HAZEL PARK 6

Troy No Show

SOUTHFIELD at OAKLAND COUNTY MEET

May 26, 1983
 Clawson H.S.
 Very Cold
 Over 9:30pm

4 pts.

YARDS

110 LOW HURDLES

K.SMITH 16.3
 DYSON 17.1

100 DASH

CHEEKS 12.1/12.0
 WILLIAMSON 12.2/12.3

Mile Run

KARGILIS 5:42.8

880 RELAY

5th S.WILLIAMS 26.9 WILLIAMSON 27.2 LONG 28.9 CHEEKS 25.9 [1:48.9]

440 RELAY

5th S.WILLIAMS 12.9 WILLIAMSON 13.3 LONG 12.7 CHEEKS 12.7 [51.7]

440 DASH

STABILE 67.1

330 LOW HURDLES

K.SMITH 48.5
 DYSON 52.7

880 RUN

BAKER 2:36.2
 STABILE 2:37.5

220 DASH

S.WILLIAMS 27.7/28.0
 LONG 28.2

Mile Relay

BAKER 65 KARGILIS 67 STABILE 65 LONG 66 [4:23.9]

SOUTHFIELD at STATE MEET

June 4, 1983
Jackson H.S.
Overcast & Cool
Over 6:30pm

* School Record

DISCUS

BOOKER 94'

100m DASH

CHEEKS 13.2

400m RELAY

* S.WILLIAMS WILLIAMSON LONG CHEEKS *49.7*