

SCHEDULE

(Cooperation of All
Coaches and Athletes Desired)
Friday, April 20, 1984

- 12:30 - Local girls 400 meter Relay
1:30 - 4 x 800-meter Relay-Pole Vault
- 3000-meter Run
- Medley Relay
(800-200-400-1600 meters)
- 4 x 1600-meter Relay

PRELIMINARIES

Saturday, April 21, 1984

(Time depends upon number of Heats)

- 10:00 - Shot Put, High Jump, Long Jump,
Discus.
10:00 - 100-meter Dash (north straight away)
10:00 - 300-meter Low Hurdles (semi-finals)
- 100-meter Dash (semi-finals)
- 200-meter Dash (north straight away)
- 110-meter High Hurdles
- 200-meter Dash (semi-finals)
- 110 meter High Hurdles (semi-finals)

FINALS

April 21, 1984

(Time depends upon the number of Heats)

- 1:30 - High Jump, Long Jump, Shot Put
Discus.
1:30 - 110-meter High Hurdles
- 100-meter Dash
- 1500-meter Run
- 4 x 1500 meter Relay
- 400-meter Run
- 300-meter Low Hurdles
- 800-meter Run
- 200-meter Dash
- Shuttle Hurdle Relay
(440-meter intermediate Hurdles)
(High Hurdle distance-36 inch height)
- 4 x 400-meter Relay

RESULTS OF 1982 MEET

100 Meter Dash--1, Clinton Davis, Munhall (Pa.) Steel Valley, 10.1; 2, Don Young, Gary (Ind.) Roosevelt, 10.2; 3, Glen Moore, Gary (Ind.) Roosevelt, 10.3, 4, Melvin Anderson, Munhall (Pa.) Steel Valley, 10.5; 5, Anthony Small, Toronto (Ont.) Central Tech, 10.6; 6, Jeffrey Randle, Gary Horace Mann, 10.7.

High Jump--1, Matty Crooks, Toronto (Ont.) West Park, 7-0 $\frac{3}{4}$; 2, Tom Hughes, Dearborn (Mich.) Edsel Ford, 6-11; 3, Raynard Gover, Dayton Jefferson, 6-11; 4, Scott Reed, Lansing (Mich.) Everett, 6-9, 5, Jeff Bellamy, Davison, Michigan, 6-7; 6, Ted Harris, Detroit (Mich.) Cooley, 6-7.

110 High Hurdles--1, Steve Smith, Lansing (Mich.) Everett, 13.9; 2, Sean Foudy, Toronto (Ont.) Neil McNeil 13.9; 3, Joe Corbett, Detroit (Mich.) Lutheran West, 14.2; 4, Mark Ingram, Flint (Mich.) Northwestern, 14.2; 5, Jim Featherston, Flint (Mich.) Ainsworth, 14.2; 6, Phil Webb, Romeo, Michigan 14.3.

4 x 100 Meter Relay--1, Gary (Ind.) Roosevelt (Don Young, Johnny Moore, Glen Moore, and John Campbell), 42.7; 2, Flint (Mich.) Northern, 42.7; 3, Toronto (Ont.) Central Tech., 42.8; 4, Detroit (Mich.) Lutheran West, 43.2; 5, Battle Creek (Mich.) Central, 43.3; 6, (tie) Ypsilanti, Michigan and Gary (Ind.) Horace Mann, 43.6.

Discus--1, John Mitchell, Muskegon (Mich.) 187-8; 2, Neil Rock, Brecksville Broadview Heights, 171-8; 3, Derrick Perry, Troy, Michigan, 166-8; 4, Gary Price, Monroe, Michigan, 155-1; 5, Dave Bergeron, Grosse Pointe (Mich.) North, 155-1; 6, Tim Fellows, Flint (Mich.) Ainsworth 153-5.

400 Meter Run--1, Clinton Davis, Munhall (Pa.) Steel Valley, 47.3; 2, Darryl Garner, Gary (Ind.) Roosevelt 49.3; 3, Omar Davidson, Mt. Clemens, Michigan, 49.6; 4, Michael McCray, Dayton Dunbar, 50.0; 5, Dwight Tyson, Detroit (Mich.) Cooley, 50.1; 6, Bradley Horton, Battle Creek (Mich.) Central, 50.3.

Long Jump--1, Andre Metivier, Toronto (Ont.) Michael Power, 24-2 $\frac{3}{4}$; 2, Scott Reed, Lansing (Mich.) Everett, 24-0; 3, Sean Bell, Middletown, 23-4; 4, Chris Williams, Flint (Mich.) Northern, 23-0 $\frac{1}{2}$; 5, Jamothy Washington, Flint (Mich.) Beecher, 22-5; 6, Steve Sheahan, Inkster (Mich.) Cherry Hill, 22-5.

Shot Put--1, Gary Price, Monroe, Michigan 59-4 $\frac{1}{2}$; 2, Mike Judge, Merrillville, Indiana, 58-1 $\frac{1}{2}$; 3, Peter Dajia, Birchmount Park C.I., 58-0 $\frac{1}{2}$; 4, Todd Altier, Dover, 56-10 $\frac{1}{2}$; 5, Daniel Holloway, Detroit (Mich.) St. Martin Deporres, 55-11 $\frac{3}{4}$; 6, Kevin Butts, Lansing (Mich.) Everett, 54-9.

1500 Meter Run--1, Bradley Danbrook, Toronto (Ont.) Chinguacousy, 4:00.2; 2, Harvey Witro, Sarnia (Ont.) St. Patrick, 4:00.9; 3, Dan Green, Toronto (Ont.) Central Tech., 4:01.5; 4, Phil Foubert, Toronto (Ont.) Central Tech., 4:01.6; 5, Scott Wargo, Middleburgh Hts. Midpark, 4:02.1; 6, Dan Smith, Inkster (Mich.) Cherry Hill, 4:04.6.

300 Meter Low Hurdles--1, Jim Featherston, Flint (Mich.) Ainsworth, 37.1; 2, Andre Hall, Flint (Mich.) Beecher, 37.7; 3, Steve Smith, Lansing (Mich.) Everett, 37.8; 4, Anthony Bowie, Flint (Mich.) Northern, 38.0; 5, Douglas Neville, Kitchener (Ont.) Eastwood Collegiate, 38.3; 6, Jeff Early, Dayton Dunbar, 38.4.

800 Meter Run--1, Derek Simmons, Gary (Ind.) Roosevelt, 1:55.4; 2, Jamothy Washington, Flint (Mich.) Beecher, 1:56.3; 3, Rob Fischer, Flint (Mich.) Beecher, 1:56.6; 4, Marc Howard, Detroit (Mich.) Henry Ford, 1:56.8; 5, Rob Kichuk, Agincourt Fergus C.I. (Ont.), 1:57.1; 6, James Tennant, Centre Wellington, 1:57.3.

200 Meter Dash--1, Clinton Davis, Munhall (Pa.) Steel Valley, 20.5; 2, Melvin Anderson, Munhall (Pa.) Steel Valley, 21.5; 3, Tyrone Smith, Gary (Ind.) Horace Mann, 21.8; 4, Terrance McDaniel, Saginaw, Michigan, 21.9; 5, Erik Frederick, Detroit (Mich.) Lutheran West, 21.9; 6, Darron Witherspoon, Detroit (Mich.) Pershing, 21.9.

Shuttle Hurdle Relay--1, Middletown (Kenny Clements, Benny Hurston, Sonny Gordon, and Sean Bell), 1:00.1; 2, Gary Roosevelt (Ind.), 1:00.3, 3, Dayton Patterson, 1:00.4; 4, Dayton Dunbar, 1:00.6; 5, Dayton Jefferson, 1:01.0; 6, Flint (Mich.) Central, 1:01.1.

4 x 400 Meter Relay--1, Gary (Ind.) Roosevelt, (Derrick Simmons, Darrell Scott, Derrick Garner, and Darryl Garner), 3:21.4; 2, Flint (Mich.) Northern, 3:23.1; 3, Detroit (Mich.) Cooley, 3:23.3; 4, Marion Harding, 3:23.7; 5, Gary (Ind.) Horace Mann, 3:24.2; 6, Detroit (Mich.) Pershing, 3:24.5.

FRIDAY'S RESULTS

4 x 800 Meter Relay--1, Cleveland St. Ignatius (Tom Maloney, Chris Smith, Tony Galang, and Mike Huber), 7:58.3; 2, Flint (Mich.) Beecher, 7:59.0; 3, Toronto (Ont.) Central Tech., 8:00.2; 4, Flint (Mich.) Northern, 8:07.7; 5, Columbus South, 8:11.7; 6, Bloomfield Hills (Mich.) Cranbrook, 8:12.1.

3000 Meter Run--1, Phil Schoensee, Center Line, Michigan, 8:42.8; 2, Tim Fraleigh, Ann Arbor (Mich.) Pioneer, 8:45.6; 3, Tom Feder, Crown Point, Indiana, 8:46.2; 4, Gene Gray, North East, Pa., 8:47.8; 5, Joseph Davey, Birmingham (Mich.) Brother Rice, 8:48.6; 6, Ron Johnson, Marysville, Michigan, 8:48.8.

Medley Relay (800-200-400-1600)--1, Inkster (Mich.) Cherry Hill (Ed Mulrooney, Louis Smith, Steve Sheahan, and Dan Smith), 7:47.0; 2, Toronto (Ont.) Michael Power, 7:47.7; 3, Chagrin Falls, 7:51.1; 4, Flint (Mich.) Beecher, 7:54.9; 5, Detroit (Mich.) Central, 7:55.2; 6, Warren (Mich.) Fitzgerald, 7:57.8.

Pole Vault--1, Frank Burke, Merrillville, Indiana, 13-6; 2, Ed Lumm, Holly, Michigan, 12-6; 3, Jeff Snemis, Merrillville, Indiana, 12-6; 4, Bob Julius, Madison 12-0; 5, Jim Phillips, Marysville, Michigan.

4 x 1600 Meter Relay--1, Toronto (Ont.) Central Tech., (Dan Green, Tony Macisaac, Mario Raposo, and Phil Foubert), 18:00.1; 2, Toronto (Ont.) St. Michaels C.I., 18:14.0; 3, Grand Blanc, Michigan, 18:16.8; 4, Fairborn, 18:17.9; 5, Birmingham (Mich.) Brother Rice, 18:22.1; 6, Flint (Mich.) Kearsley, 18:23.2.

SPECIAL REGULATIONS — ATTENTION

FOLLOW THE SCHEDULE - Starters in every event must be at the bull pen ready to run ten minutes before the event.

Preliminaries - Preliminaries will be conducted in every event EXCEPT the 1500-meters, the 400-meters, 4 x 800-relay, 4 x 100-meter relay, 800-meter run, distance medley, shuttle hurdles, 4 x 1600-meter relay and 3000-meter run which will run in sections against time.

Relay Exchange - The 4 x 100 meter relay will be run in lanes and the team will exchange batons in their respective lanes. In the other relays the California Exchange will be used and the teams will be placed in position according to the position of the incoming runners.

Pole Vault and High Jump - In the pole vault prelims the bar will be placed at 12 Ft. 6 In., and in the high jump at 6-1 Ft. Vaulters and Jumpers can warm up at lower heights, but this must be done before the event starts. In order to prevent unnecessary delay in the pole vault, competitors may, at the discretion of the officials in charge, be required to be ready to vault or jump within two minutes after the previous competitor's trail or be penalized by the forfeiture of one trail at that height.

Rules - Rules set up by the Ohio High School Athletic Association shall apply to all rulings.

Out-of-State Schools must adhere to their regulations where there is a differential between the standards set up by Ohio High School Athletic Association.

Restrictions - Boys' Track - A participant may compete in a maximum of four (4) track and field events. The four events may be any combination of track and field events, including relays, or maybe four track events or four field events. The foregoing regulation applies to one and two day meets without exception.

Shot Put - Only puts of over 50 feet will be measured.

Discus - Only throws of over 150 feet will be measured.

Long Jump - Only jumps over 21 feet will be measured.

300 meter Hurdles - Prelims will be run on the south portion of the track and finish at the north end. The finals will start on the north and finish at the common finish line.

200 meter - Prelims will be run on Straight away at the north end. The finals will be Olympic style on the curve with the finish at the common finish line.