

Meet Results -- Southfield runs to chilly 107 - 25 win over Lathrup. Dual meet record stands at 1-0 overall going into SMA competition this Thursday.

SHOT PUT

1 DAVIS	S	43-11
2 CAPALUNGAN	S	43-2 3/4
3 BROWN	S	38-4
Choukourian	S	35-3 1/2
Mendelson	S	35-6 1/4
Walker	S	33-1
Montgomery	S	33-1
Woods	S	30-7 1/4
T Jones	S	25-7

100 M DASH

1 ROBINSON	S	11.6
2 Phillips	L	11.9
3 TOWNS	S	12.1
Peeples	S	12.1
G Smith	S	12.2
A Jones	S	12.3
Greear	S	12.3
Vaughn	S	12.5
Adams	S	12.8

DISCUS THROW

1 MONTGOMERY	S	133-7
2 DAVIS	S	122-3
3 MENDELSON	S	118-10
Capalungan	S	99-5
Woods	S	85-4
Walker	S	81-0
T Jones	S	68-11

1600 M RUN

1 LeBay	L	4:49.1
2 HOUSER	S	4:54.5
3 Gielow	L	4:54.5
Paul	S	4:58
Meyerson	S	4:58
J Dienes	S	5:05
Gr Williams	S	5:18
A Smith	S	5:30
St. Angelo	S	5:34
Beach	S	5:34

POLE VAULT

1 Canty	S	9-6
2 Brunner	L	8-6
3 Sullivan	S	8-6
Micallef	S	8-0
Green	S	DNQ

400 M DASH

1 ANDERSON	S	52.6 (Sr. Rec)
2 Weaver	L	53.5
3 TOWNS	S	53.6
Donahoo	S	54.5
Sailor	S	54.8
Marshall	S	59.6
Huff	S	59.6
Cannon	S	74.0
Lis	S	72.5

LONG JUMP

1 KEY	S	20-7
2 OBANION	S	20-0 (Soph Rec)
3 G SMITH	S	18-4
Donahoo	S	18-9
Greear	S	18-6
Raines	S	16-8

300 M LOW HURDLES

1 GL WILLIAMS	S	41.2
2 DUNN	S	41.6
3 PEOPLES	S	42.1 (Soph Rec)
G Smith	S	42.0
Moorer	S	43.9
Ellison	S	45.8
A Miller	S	46.3
Fike	S	46.4
Porter	S	48.7
S Miller	S	49.3
B Williams	S	50.5
Wallace	S	51.8

HIGH JUMP

1 KEY	S	5-8
2 ANDERSON	S	5-8
3 PEOPLES	S	5-8
G Smith	S	5-8
A Miller	S	5-0
Donahoo	S	5-0

110 M HIGH HURDLES

1 GL WILLIAMS	S	15.1
2 DUNN	S	16.0
3 PEOPLES	S	16.3
Moorer	S	17.3
Fike	S	19.3
Ellison	S	19.6
A Miller	S	20.1
Porter	S	20.1
S Miller	S	21.4

3200 M RUN

1 J DIENES	S	10:57.1
2 Gielow	L	11:04.7
3 M DIENES	S	11:17.5
Aho	S	11:20.0

800 M RUN

1	ANDERSON	S	2:10.5	
2	ENYEDY	S	2:10.6	(Fr Rec)
3	Foster	L	2:11.6	
	Cho	S	2:15.4	
	Abdal	S	2:17.0	
	A Smith	S	2:26.0	
	St. Angelo	S	2:17.0	
	Lattimore	S	2:45.0	

200 M Dash

1	Robinson	S	23.6
2	Dorn	S	23.9
3	Piller	L	24.8
	A Jones	S	24.8
	Adams	S	26.1
	S Harris	S	26.0
	Sarmiento	S	26.6
	Cruz	S	26.7
	Raines	S	26.4

4 x 100 M RELAY: DQ (45.1)

Terrence Robinson  
Darryl Sailor  
Torin Dorn  
Glen Williams

4 x 200 M RELAY: 1:33.2 (1st)

Darryl Sailor	24.3
Chris Key	23.0
Garrett Dunn	22.8
Terrence Robinson	22.7

4 x 400 M RELAY: 3:38.8 (1st)

Reggie Anderson	55.2
Darryl Sailor	55.2
Chris Key	54.3
Glen Williams	54.0

VARSITY DISTANCE SPLITS

1600 M RUN

John Houser	66	75	79	74	-	4:54
Brian Paul	63	76	79	77	-	4:58
Rob Meyerson	65	78	77	78	-	4:58
Jeff Dienes	63	65	82	85	-	5:05

800 M RUN

Reggie Anderson	61	69	-	2:10
Eric Enyedy	62	69	-	2:10
Mike Cho	60	75	-	2:15
Eli Abdal	65	72	-	2:17

3200 M RUN

Jeff Dienes	74	79	82	83	85	88	86	80	-	10:57
Mark Dienes	76	82	86	89	91	91	89	73	-	11:17
Ron Aho	73	84	85	90	90	90	89	79	-	11:20

4 x 100 M RELAY: EXHIBITION (46.3)

Al Jones  
Mel Peeples  
Jerome Greear  
Carlos Obanion

4 x 100 M Relay: EXHIBITION (NT)

Derek Washington  
Adams  
Scott Raines  
Sean Harris

NEXT MEET: Southfield Vs Hazel Park  
TIME: 4:15 PM Field  
4:30 PM Running  
DATE: THURSDAY, APRIL 21

Worth Recognition For The S-L Dual Meet

Chris Key, out for Track for the first time here here at Southfield as a Senior won the Long Jump, High Jump, and ran legs of our winning 4 x 200 and 4 x 400 Relays. Chris' other events include the Highs & the Lows.

Terrence Robinson's impressive double in the 100/200 Dashes and fine legs in our 4 x 100 and 4 x 200 Relays.

Reggie Anderson's fine 400/800 double win as well as a leg of the winning 4 x 400 Relay. Senior Record in the 400!

Glen Williams domination of the hurdle events with Junior back-up Garrett (No more jewelry) Dunn.

Class Records for Eric Enyedy (Frosh 800), Joe Peoples (Soph LH), Carlos Obanion (Soph LJ), and Personal Best DT for Rob Montgomery.

EVENT	FIRST (5)	SCHOOL	SECOND (3)	SCHOOL	THIRD (1)	SCHOOL	SHS	OPP
110 HIGHS	<sup>15.1</sup> Glen Williams	S	G. DUNN 16.0	S	Joe Peoples 16.3	S	9/9	0/0
100 DASH	T. ROBINSON <sup>11.6</sup>	S	PHILLIPS <sup>11.9</sup>	SL	G. Townes 12.1	S	6/15	3/3
800m Relay	1:33.2	S	SAILOR - Key - DUNN		- ROBINSON		5/20	0/3
Long Jump	Key 20-7	S	OBANION <sup>21-0</sup>	S	SMITH 18-4	S	9/29	0/3
1600M	Le Bay <sup>4:49.1</sup>	SL	Hauker <sup>4:54.5</sup>	S	GeLow <sup>4:54.5</sup>	SL	3/32	6/9
SHOT PUT	<sup>43'11"</sup> James Davis	S	<sup>43-23/4</sup> CAPALUNGAN	S	L. BROWN 38-4	S	9/41	0/9
400 Relay	48.9	SL					0/41	5/14
POLE VAULT	CANTY 9-6	S	BRAWNER 8-6	SL	SULLIVAN 8-6	S	6/47	3/17
DISCUS	ROB MONTGOMERY <sup>135-7</sup> <del>Mendelson</del>	S	DAVIS <sup>122-33/4</sup>	S	mendelson <sup>118-10</sup>	S	9/56	0/17
400 DASH	<sup>52-6</sup> Reggie Anderson	S	Weaver <sup>53.5</sup>	SL	Townes 53.6	S	6/62	3/20
300m Low	<sup>41.2</sup> Glen Williams	S	DUNN <sup>41.6</sup>	S	Peoples 42.1	S	9/71	0/20
800 Run	<sup>2:10.5</sup> R. Anderson	S	Enyedy <sup>2:10.6</sup>	S	C. Foster <sup>2:11.6</sup>	SL	8/79	1/21
200	<sup>23.6</sup> T. ROBINSON	S	DORN <sup>23.9</sup>	S	S. PILLER <sup>24.8</sup>	SL	8/87	1/22
High Jump	Chris Key <sup>5-8</sup>	S	R. Anderson <sup>5-8</sup>	S	Peoples <sup>5-8</sup>	S	9/96	0/22
3200 Run	<sup>10:57.1</sup> Jeff Brenes	S	GeLow <sup>11:04.7</sup>	SL	M. Brenes <sup>11:17.5</sup>	S	6/102	3/25
1600 Relay	3:38.8	S	Anderson - sailor		Key - Williams		5/107	8/25