

MITCA INDOOR TRACK SCHEDULE - BOYS

1984

| | | | | |
|--------|-------|----|--|-----------|
| Thurs. | Jan. | 19 | University of Michigan | 6:30 p.m. |
| Tues. | | 24 | Eastern Michigan University | 5:00 p.m. |
| Fri. | | 27 | Western Michigan University | 6:30 p.m. |
| Sat. | | 28 | Spring Arbor College | 8:45 a.m. |
| Sat. | Feb. | 4 | Spring Arbor College | 8:45 a.m. |
| Tues. | | 7 | Western Michigan University | 6:30 p.m. |
| Thurs. | | 9 | Michigan State University | 6:30 p.m. |
| Thurs. | | 16 | Spring Arbor College | 6:45 p.m. |
| Thurs. | | 23 | University of Michigan | 6:30 p.m. |
| Tues. | | 28 | Michigan State University | 6:30 p.m. |
| Tues. | March | 6 | Eastern Michigan University | 5:00 p.m. |
| Thurs. | | 15 | University of Michigan Indoor Championships | 6:30 p.m. |

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

THERE WILL BE SOME FIELD EVENT MEETS AT TRAVERSE CITY HIGH SCHOOL AND NORTHWOOD INSTITUTE (see info sheet)

THESE ARE THE ONLY MEETS IN WHICH PERFORMANCES WILL BE ACCEPTED FOR THE INDOOR CHAMPIONSHIP MEET

MEET DIRECTORS: Eastern Michigan University - Bob Parks - EMU
 University of Michigan - Chuck Janke - Jackson High School
 Michigan State University - Chuck Janke - Jackson High School
 Western Michigan University - Don Lukens - Loy Norrix High School
 Spring Arbor College - Chuck Janke - Jackson High School

COACHES - PLEASE PLAN ON HELPING TO RUN THESE MEETS

INFORMATION PERTAINING TO MEETS

EASTERN MICHIGAN UNIVERSITY - All information pertaining to these meets will be sent by Bob Parks - Track Coach - Eastern Michigan University

TRAVERSE CITY HIGH SCHOOL - Field Events - Sprints - Hurdles - If interested contact John Lober - Traverse City Track Coach - 616 941 0183(home)

NORTHWOOD INSTITUTE - Field Events - Sprints - Hurdles - If interested contact Jim Knapp - Northwood Institute Track Coach - 517 631 1600 Ext. 381(school) 517 835 4204(home)

SPRING ARBOR COLLEGE - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Sat. Meets - Registration 8:30 a.m.

Thurs. Meet - Registration 6:00 p.m.

8:45 - Field Events
9:00 - 50 Highs pre lims
9:15 - 50 Highs final
300 pre lims
Mile Run
880
300 final
Two Mile Run
600

6:45 - Field Events
7:00 - 50 Highs pre lims
7:15 - 50 Highs final
300 pre lims
Mile Run
880
300 final
Two Mile Run
600

NO SPIKES - NO DRESSING FACILITIES - GIRLS WELCOME

UNIVERSITY OF MICHIGAN - Registration 5:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

6:30 - Field Events
6:30 - 60 Highs pre lims and semis
300 pre lims
60 Dash pre lims
600 Run
Mile Run
60 Dash semis
60 Highs final
Two Mile Relay
Two Mile Run
300 final
60 Dash final
Mile Relay

BOYS ONLY

NO SPIKES

NO DRESSING FACILITIES

COACHES - PLEASE PLAN TO HELP RUN OFF THESE MEETS

MICHIGAN STATE UNIVERSITY - Registration 5:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

| | | |
|-------------------------------|--------------------------|----------------|
| | 6:30 - Field Events | |
| <u>BOYS AND GIRLS</u> | 6:30 - 60 Highs pre lims | 60 Dash semis |
| | 60 Lows pre lims (girls) | 60 Highs final |
| <u>NO SPIKES</u> | 60 Highs semis | 60 Lows final |
| | 60 Lows semis | Two Mile Relay |
| <u>NO DRESSING FACILITIES</u> | 300 Dash pre lims | Two Mile Run |
| | 60 Dash pre lims | 300 Dash Final |
| | 600 Run | 60 Dash final |
| | Mile Run | Mile Relay |

Boys events will precede girls events

Field Events: High Jump - girls first Long Jump - together (time limit for pre lims)
Shot Put - boys first

WESTERN MICHIGAN UNIVERSITY - Registration 6:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Order of events and time schedule - Same as Michigan State

BOYS AND GIRLS - NO SPIKES - NO DRESSING FACILITIES

COACHES - PLEASE PLAN TO HELP RUN THESE MEETS

MICHIGAN STATE UNIVERSITY - Registration 5:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

BOYS AND GIRLS

NO SPIKES

NO DRESSING FACILITIES

| | |
|--------------------------|----------------|
| 6:30 - Field Events | |
| 6:30 - 60 Highs pre lims | 60 Dash semis |
| 60 Lows pre lims (girls) | 60 Highs final |
| 60 Highs semis | 60 Lows final |
| 60 Lows semis | Two Mile Relay |
| 300 Dash pre lims | Two Mile Run |
| 60 Dash pre lims | 300 Dash Final |
| 600 Run | 60 Dash final |
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| <u>NO SPIKES</u> | 60 Highs semis | 60 Lows final |
| | 60 Lows semis | Two Mile Relay |
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