

TO: MITCA REGISTERED BOYS CLUBS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: THURSDAY, MARCH 15, 1984 - UNIVERSITY OF MICHIGAN

TENTATIVE TIME SCHEDULE:

6:45	Field Events	8:10	60 Yard Dash Final
7:00	60 Yard High Hurdle - Pre lims	8:15	Awards - HJ 60 Highs 60 Dash
7:10	60 Yard Dash - Pre lims	8:20	Two Mile Relay
7:20	600 Yard Dash (2 heats)	8:35	Two Mile Run
7:30	Mile Run (2 heats)	8:55	Awards - PV 2 Mile Relay 2 Mile Run
7:45	300 Yard Dash (2 heats)	9:00	Mile Relay (2 heats)
7:55	Awards - SP LJ 600 Mile 300	9:10	Awards - Mile Relay Most Valuable
8:05	60 Yard High Hurdles - Final		

BASIC CRITERIA FOR QUALIFICATION

60 Yard Dash - 60 Yard High Hurdles - 18 (Minimum) fastest times run in semi final or final heats at the qualification meets

300 - 600 Yard Dash - 12 fastest times from the qualifications meets

Mile - Two Mile Runs - 15 to 20 fastest times run at the qualifications meets

Two Mile Relay - 8 to 10 fastest times run in the qualification meets

Mile Relay - 12 fastest times run in the qualification meets

Field Events - 8 to 12 best performances at the qualification meets

Distance runners may run only the mile or two mile - not both

Sprinters may run only one - 60, 300, or 600

Athletes may wear pin spikes for the Championship Meet

SELECTION COMMITTEE

Pole Vault	Don Marsh	Flint Kearsley
High Jump	Bill Wehrwein	Chelsea
Long Jump	Martin Crain	Flint Beecher
Shot Put	Duane Raffin	Holly
60 - 300	Bob Bridges	Dearborn
600	Ernie Righetti	Westland John Glenn
60 Highs	Norb Bader	Flint Northern
Mile - Two Mile	Chuck Janke	Jackson
Mile - Two Mile Relays	Chuck Janke	Jackson

COACHES - Please contact the selection committee if you think you have an athlete who may have qualified - FINAL QUALIFYING MEET - TUESDAY MARCH 6 at EMU

ATHLETES WHO QUALIFY TO THE CHAMPIONSHIP MEET WILL BE ADMITTED FREE - ALL OTHERS \$2.00