

MITCA INDOOR TRACK SCHEDULE

GIRLS

1985

Fri.	January	18	Aquinas College	7:30 PM
Wed.	January	23	Eastern Michigan University	5:00 PM
Sat.	January	26	Spring Arbor College	8:30 AM
Thur.	January	31	Michigan State University	6:30 PM
Sat.	February	2	Spring Arbor College	8:30 AM
Fri.	February	8	University of Michigan	7:00 PM
Sat.	February	9	Western Michigan University	12:00 PM
Wed.	February	13	Eastern Michigan University	5:00 PM
Thur.	February	14	Spring Arbor College	6:15 PM
Fri.	February	15	Aquinas College	7:30 PM
Thur.	February	21	University of Michigan	7:00 PM
Fri.	March	1	Western Michigan University	6:30 PM
Tue.	March	5	Michigan State University	6:30 PM
Fri.	March	8	Aquinas College	7:30 PM
Wed.	March	13	MITCA INDOOR CHAMPIONSHIPS University of Michigan	6:30 PM

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS

MEET DIRECTORS:

Eastern Michigan University - Bob Parks - EMU
University of Michigan - Lee Averill - West Bloomfield
Western Michigan University - Don Lukens - Loy Norrix
Michigan State University - Chuck Janke - Jackson
Spring Arbor College - Chuck Janke - Jackson
Aquinas College - Ernie Mousseau - Aquinas College

COACHES - PLEASE PLAN ON HELPING TO RUN THESE MEETS

INFORMATION PERTAINING TO MEETS

EASTERN MICHIGAN UNIVERSITY - Contact Bob Parks, EMU Track Office for information regarding these meets.

GIRLS EVENTS: 55 Dash, 1600 Run, 800 Relay & 1600 Relay

UNIVERSITY OF MICHIGAN - Registration: 6:00 PM - EVERYONE - Athletes, Coaches, & Spectators must pay \$2.00

GIRLS ONLY

Order of Events

7:00 PM

- SP, HJ, LJ
- 60 H prelims
- 60 H semi's
- 300 prelims
- 60 Dash prelims
- 2 Mile Relay
- 1 Mile Run
- 300 Dash
- 60 Dash semi's
- 60 H
- 60 Dash
- *600/1000
- 880 Relay
- 2 Mile Run
- 1 Mile Relay

NO SPIKES - NO DRESSING FACILITIES

- * 600 will be run on Feb. 8.
- 1000 will be run on Feb. 21.
- 600 & 1000 will both be run in the Championship Meet on March 13.

SPRING ARBOR COLLEGE - EVERYONE, athletes, coaches, and spectators must pay \$1.00

Sat. Meets - Registration 8:30 a.m.

Thurs. Meet - Registration 6:00 p.m.

- 8:45 - Field Events
- 9:00 - 50 Highs - prelims
- 9:20 - 50 Highs - final
- 300 prelims
- Mile Run
- 880
- 300 Final
- Two Mile Run
- 600

- 6:45 - Field Events
- 7:00 - 50 Highs - prelims
- 7:20 - 50 Highs - final
- 300 prelim
- Mile Run
- 880
- 300 Final
- Two Mile Run
- 600

MICHIGAN STATE UNIVERSITY - Registration 5:00 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Thurs. Jan 31

Tues. March 5

6:30 - Field Events
6:30 - 60 Highs pre lms
60 Lows pre lms (girls)
60 Highs semis
60 Lows semis
300 Dash pre lms
600 Run
60 Highs final
60 Lows final
Two Mile Relay
Two Mile Run
300 Dash final
Mile Relay

6:30 - Field Events
6:30 - 60 Highs pre lms
60 Lows pre lms (girls)
60 Highs semis
60 Lows semis
600 Run
60 Dash pre lms
Mile Run
60 Dash semis
60 Highs final
60 Lows final
Two Mile Relay
60 Dash final
Mile Relay

BOYS AND GIRLS

NO SPIKES

NO DRESSING FACILITIES

NO 60 DASH OR MILE RUN

NO 300 DASH OR TWO MILE RUN

Boys events will precede girls events

Field Events: High Jump - girls first
Shot Put - boys first
Long Jump - together (time limit for pre lms)

WESTERN MICHIGAN UNIVERSITY - Registration 6:00 p.m. and 11:30 a.m.

EVERYONE - athletes, coaches and spectators must pay \$1.00

ORDER OF EVENTS:

Field Events
60 Highs pre lms
60 Lows pre lms
60 Highs semis
60 Lows semis
300 Dash pre lms
60 Dash pre lms
600 Run
Mile Run

60 Dash semis
60 Highs final
60 Lows final
Two Mile Relay
Two Mile Run
300 Dash final
60 Dash final
Mile Relay

BOYS AND GIRLS

NO SPIKES

NO DRESSING FACILITIES

Boys events will precede girls events

FIELD EVENTS: High Jump - girls first
Shot Put - boys first
Long Jump - together (time limit for pre lms)

AQUINAS COLLEGE - Registration 6:45 p.m. - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Order of events will be the same as Western Michigan University

BOYS AND GIRLS - NO SPIKES - NO DRESSING FACILITIES

COACHES - PLEASE PLAN TO HELP RUN THESE MEETS

MITCA INDOOR CHAMPIONSHIPS - GIRLS

University of Michigan

Wednesday, March 13th

Registration - 5:00 PM

EVERYONE - Athletes, Coaches &
Spectators must pay \$2.00

GIRLS ONLY

Order of Events 6:30 PM

- SP, HJ, LJ
- 60 H prelims
- 60 H semi's
- 300 prelims
- 60 Dash prelims
- 2 Mile Relay
- 1 Mile Run
- 300 Dash
- 60 Dash semi's
- 60 H
- 60 Dash
- 1000
- 600
- 880 Relay
- 2 Mile Run
- 1 Mile Relay

AWARDS

- Top 5 places
- Most Outstanding Field
- Most Outstanding Funner

QUALIFICATION

MEET WILL BE OPEN to all 1985
registered MITCA GIRLS TRACK CLUBS.
A list of standards to be met by
by individuals & relay teams will
be sent out at a later date.

LIMIT OF ONE (1) RELAY TEAM PER CLUB IN EACH RELAY EVENT IN THIS MEET.

QUESTIONS????? Contact ----- Lee Averill (313) 685-1245 after 9:00 PM