# MITCA INDOOR TRACK SCHEDULE - BOYS

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	$\star_{\text{Thurs.}}$	Jan.	17	University of Michigan - Boys Only	6:30 p.m.
	-Fri-		-18	-Aquinas College	7:30 p.m.
	₩wed.		23	Eastern Michigan University	5:00 p.m.
	XSat.		26	Spring Arbor College	8:30 a.m.
ちい	Thurs.		31	Michigan State University	6:30 p.m.
	★Sat. XFizii	Feb.	2 8	Spring Arbor College ON LY	8:30 a.m. 7:00
	Wat	Feb	9	-Western-Michigan-University	<u> </u>
	Wed.		13	Eastern Michigan University	5:00 p.m.
	Thurs.		14	Spring Arbor College	6:15 p.m.
	<del>651</del>		<del></del>	-Aquinas_College	7:30 p.m.
	Wed. THUR. Fri.	March	20 2-1	University of Michigan - Boys Only - Gifts - Western Michigan University-	6:30 p.m. 7: <i>0</i> 0 6:30 p.m.
	Tues.		5	Michigan State University	6:30 p/m.
	Fri.			Aquinas College	7:30 p.m.
	Thurs.		14	University of Michigan - Boys Only State Indoor Championship	7:00 p.m.

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

THESE ARE THE ONLY MEETS IN WHICH PERFORMANCES WILL BE ACCEPTED FOR THE INDOOR CHAMPIONSHIP MEET

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MEET DIRECTORS: Eastern Michigan University - Bob Parks - EMU University of Michigan - Chuck Janke - Jackson High School Michigan State University - Chuck Janke - Jackson High School Western Michigan University - Don Lukens - Loy Norrix High School Aquinas College - Ernie Mousseau - Aquinas College Spring Arbor College - Chuck Janke - Jackson High School

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COACHES - PLEASE PLAN ON HELPING TO RUN THESE MEETS

#### UNIVERSITY OF MICHIGAN

THURSDAY JANUARY 17

#### OFDER OF EVENTS

- 6:30 All Field Events
- 5:30 50 Text High Humiles pre-line end sense

300 Yard Dash - pre-line

60 Yard Desh - pre-lims

600 Yegd Run

Kile Hun

60 Yard Desh - scale

50 Yaxd High Huxdles - finals

Two Hils Relay

Two Mils Run

300 Yard Dash - finals

60 Jazd Dash - finals

FIELD EVENTS - sign in at your respective event NUMMING EVENTS - report to the clark of the course when your event is <u>mailed</u> NO 31IKES NO SPIKES NO SPIKES

INCONTANT INCONTANT INCONTANT The next scheduled for Thursday January 31 at Michigan State University has been CHANGED TO TUESDAY JANUARY 29 - SAME TIME - SAME INVENTS

Mile Reley

#### MITCA

### MICHIGAN STATE UNITERSITY

#### TUESDAY MARCH 5

ORDER OF EVENTS:

- 6:30 All Field Events
- 6:30 60 Yard High Hurdles pre-lims 60 Ward Hurdles - pre-lims (girls) 60 Yard High Hurdles - semis 60 Yard Hurdles - semis (girls) 600 Yard Run 60 Yard Dash - pre-lims Mile Run 60 Yard Dash - semis 60 Yard High Hurdles - final 60 Yard High Hurdles - final 60 Yard Hurdles - final (girls) Two Mile Relay 60 Yard Dash - final MIle Relay

## SPRING ARBOR COLLEGE

## THURSDAY FEBRUARY 14

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ORDER OF EVENTS:	6:45	All Field Events
	7:00	50 Yard High Hurdles - pre-lim and semis
	7:30	50 Yard High Hurdles - final
		300 Yard Dash - pre-lims
		Mile Run
		880 Run
		300 Yard Dash - final
:		Two Mile Run
		600 Yard Dash

#### SFRING ARBOR COLLEGE

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#### SATURDAY MERITS

## ORDER OF EVENTS

1:16

8145 All Pickd Bushes

9100 jo Taski High Readitor - pro-lies and service

2:30 50 Land Migh Headilout - Thoule

300 liest Last: - mar-line

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880 Rayon

300 Tasá Dach - Steala

Pero Millo Rom

6010 Yange Barn

NO SPERES

NO SPAKES

NO SPILLE

NO SPIRES

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#### UNIVERSITY OF MICHIGAN

#### ORDER OF EVENITS

- 6:30 Field Events
- 6:30 60 Highs pre lins and semis

300 Dash - pre lins(fastest 12 times to finals)

60 Dash - pre lims

600 Run

Mile Run

60 Dash - semis

60 Highs - Find

Two Mile Relay

Two Mile Run

300 Dash - Final

60 Dash = Final

Mile Rolay

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Athletes report to the clock of the course when their event is called

Events will be run off as fast as possible

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### HICHIGAN STATE UNIVERSITY

CREER OF SVERTS

6:30 Field Events

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6:30 60 Yard Highs - pre lims 60 Yard Lows - pre lims 33" girls only 60 Yard Highs - senis 60 Yard Lows - seals 300 Yard Dash - pre lies 60 Yard Jash - pre lims 600 Yard Sun hille Run 60 Yard Dash - seals 60 Yard Highs - final 60 Yard Lows - final Two Mile Relay Two 1.21e Hun 300 Yard Dash - find 60 Yard Dash - final 1.11e Relay

Athletes report to the clerk of the course when their event is tailed Events will be run off as fest as posibble CCACHES - <u>LEASE</u> VOLUNTEER TO HELE RUN CONTHE KETT

NO SEIKAS

NO SLIKES

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## ORDER OF EVENTS

## UNIVERSITY OF HIGHIGAN

7:00 Field Events
7:00 60 Yard Highs - pre-lims(fastest 2% times to semis)
60 Yard Highs - Semis
300 Dash - Fre-lims(fastest 12 times to finals)
60 Yard Dash - Pre-lims(fastest 24 times to semis)
iile Run
60 Yard Dash - Semis
60 Highs - Finals
Two Mile Relay
Two Mile Run
300 Dash - Finals
60 Yard Dash - Finals
61 Highs - Finals
62 Finals
63 Finals
64 Finals
65 Finals
66 Finals
66 Finals
67 Finals
60 Finals
68 Finals
69 Finals
60 Finals

Athletes report to the clerk when their event is called Events will be run off as fast as possible

TO:	MITCA REGISTERED BOYS CLUBS								
RE:	MITCA STATE INDOOR CHAMPIONS	HIP MEET							
DATE:	THURSDAY MARCH 14, 1985 - UN	IVERSITY OF MICHIGAN	1						
*****									
TENTATIVE TIME SCHEDULE:									
7:00 7:10 7:20 7:30 7:45 8:05	5 Field Events 0 60 Yard High Hurdles - pre 0 60 Yard Dash - pre-lims 0 600 Yard Dash (2heats) 0 Mile Run (2 heats) 5 300 Yard Dash (2 heats) 5 AWARDS 5 60 Yard High Hurdles - fin ************************************	al	8:15 8:20 8:35 8:55 9:00 9:10	60 Yard Dash - final AWARDS Two Mile Relay Two Mile Run AWARDS Mile Relay (2 heats) AWARDS					
	-	19(minimum) footo		og mun in gomi fingl og					
60 Yard Dash - 60 Yard High Hurdles - 18(minimum) fastest times run in <u>semi final</u> or <u>final heats</u> at the qualification meets 300 Yard Dash - 18 fastest times from the qualification meets									
600 Yard Dash - 12 fastest times from the qualification meets									
Mile and	d Two Mile Runs - 15 to 20 fa in the two	stest times from the	e qual	ification meets - only one heat					
Two Mile	e Relay - 8 to 10 fastest tim		cation						
MUST WEAR IDENCICAL         Must wear IDENCICAL         Must wear IDENCICAL         SHIRTS									
Mile Re	lay - 12 fastest times from t	he qualification mea	ets						
	lay - 12 fastest times from t vents - 8 to 12 best performa	_		SHIRTS					
	-	nces from the qualit	ficati	SHIRTS on meets					
	vents - 8 to 12 best performa	nces from the qualit ONLN THE MILE <u>OR</u> TH	ficati HE TWO	on meets MILE - NOT BOTH					
Field En	vents - 8 to 12 best performa DISTANCE RUNNERS MAY RUN SPRINTERS MAY RUN ONLY ON ATHLETES MAY WEAR PIN SPI	nces from the qualit ONLN THE MILE <u>OR</u> TH E - 60 Dash, 300 Das KES FOR THE CHAMPION	ficati HE TWO sh, Or NSHIP	<u>SHIRTS</u> on meets MILE - NOT BOTH the 600 Dash					
Field Extra SELECTION SELECTION High Long Show 60 60 60 1 Mile	vents - 8 to 12 best performa DISTANCE RUNNERS MAY RUN SPRINTERS MAY RUN ONLY ON ATHLETES MAY WEAR PIN SPI ************************************	nces from the qualit ONLN THE MILE <u>OR</u> TH E - 60 Dash, 300 Das KES FOR THE CHAMPION	ficati HE TWO sh, Or NSHIP ****** Flint Chels Flint Holly Dearb Flint	SHIRTS on meets MILE - NOT BOTH the 600 Dash MEET **********************************					
Field Example of the second se	<pre>vents - 8 to 12 best performa DISTANCE RUNNERS MAY RUN SPRINTERS MAY RUN ONLY ON ATHLETES MAY WEAR PIN SPI ************************************</pre>	nces from the qualit ONLW THE MILE <u>OR</u> THE E - 60 Dash, 300 Das KES FOR THE CHAMPION ************************************	ficati HE TWO sh, Or NSHIP ****** Flint Chels Flint Holly Dearb Flint Jacks Jacks THINK	SHIRTS on meets MILE - NOT BOTH the 600 Dash MEET **********************************					
Field En ************************************	<pre>vents - 8 to 12 best performa DISTANCE RUNNERS MAY RUN SPRINTERS MAY RUN ONLY ON ATHLETES MAY WEAR PIN SPI ************************************</pre>	nces from the qualit ONLW THE MILE <u>OR</u> THE E - 60 Dash, 300 Das KES FOR THE CHAMPION ************************************	ficati HE TWO sh, Or NSHIP ****** Flint Chels Flint Holly Dearb Flint Jacks Jacks THINK	SHIRTS on meets MILE - NOT BOTH the 600 Dash MEET **********************************					

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