

RESULTS, REWARDS, AND REMEMBRANCES

CHS Girl's Cross-Country-1986

Team Captains -- Dawn Valle, Mary Kay Nowak

Won-Lost Record -- 10 Wins, 1 Loss

League Record -- 7-0 in dual meets, 1st in the Twin-Valley Meet =
TWIN-VALLEY CHAMPIONS

Meet Results

Three Rivers	49	Coldwater	15
Centreville	50 (Forfeited)	Coldwater	15
Centreville Invitational		Coldwater	<u>1st</u>
Lumen Christi	27	Coldwater	28
Springport Invitational		Coldwater	2nd
Pennfield	41	Coldwater	17
Hillsdale	30	Coldwater	25
Lakeview	41	Coldwater	18
Albion	50 (Forfeited)	Coldwater	15
Hastings	50	Coldwater	15
Union City Invitational		Coldwater	<u>1st</u>
Marshall	50 (Forfeited)	Coldwater	15
Sturgis	37	Coldwater	22
Sturgis Invitational		Coldwater	3rd
Harper Creek	50 (Forfeited)	Coldwater	15
Optimist Club County Championship		Coldwater	<u>1st</u>
Twin-Valley Meet		Coldwater	<u>1st</u>
Regional Meet		Coldwater	3rd
State Meet		Coldwater	6th

Award Winners

Varsity Letters

Dawn Valle - Third Year
Mary Kay Nowak - Third Year
Michelle Laughry - Third Year
Tammy Huntley - Second Year
Robin Brodt - Second Year
Joan Monroe - Second Year
Jill Strawser - Second Year
Joy Thayer - First Year
Jennie Davidson - First Year

Highlights For 1986

- 1) We won the Team Championship at the Centreville Invitational, with our first five girls all winning medals, and beating Hillsdale for the first time.
- 2) We came within one point of beating Jackson Lumen Christi in a dual meet.
- 3) We came home with the Runner-Up trophy from the Springport Invitational where four of our top five girls won medals.
- 4) On Sept. 24th, we became the first team to ever defeat Hillsdale in league competition.
- 5) We won the Team Championship at the Union City Invitational. Our top three girls were medal-winners.
- 6) Dawn Valle finished runner-up at the Sturgis Invitational in a time of 19:20, and Jill Strawser finished fourth.
- 7) Our team finished third at the Sturgis Invitational, losing only to the top two teams in the State.
- 8) Jill Strawser won the County Championship for the second year in a row and set a new school and course record of 19:26.0
- 9) We won our third straight County Championship. Four of our girls made the All-County Team - Jill Strawser, Dawn Valle, Joan Monroe, and Tammy Huntley.
- 10) We won the Twin-Valley Championship for the first time. Four of our girls made the All-Conference Team - Jill Strawser, Dawn Valle, Joan Monroe (First Team) and Tammy Huntley (Second Team)
- 11) Jill Strawser won the Conference Championship race at Coldwater, tying her course record, and becoming the first girl from CHS to be the Conference Cross-Country Champion.
- 12) Jill Strawser and Dawn Valle made the All-Region Team for the and the girl's team qualified for the State Meet for the second time in two years.
- 13) Our girl's team finished 6th in the State Finals.
- 14) Jill Strawser won the Team Race at the State Meet, becoming the first girl in CHS history to win a State Championship.
- 15) All of our girls earned white varsity letters.
- 16) Tammy Huntley, Robin Brodt, Mary Kay Nowak, Joy Thayer, and Jennie Davidson all broke 22:00 on the home course.
- 17) Dawn Valle and Jill Strawser took the first two places in 9 of our 15 meets.

HOME TEAM COLDWATER				PLACE	TIME	TEAM THREE RIVERS				
	1	JILL STRAWSER	1	20:31.5	1	JULIE MELOCHE	7	25:57		
8 ^b	2	DAWN VALLE	2	20:46	2	KRISTEN THOMPSON	9	26:50		
8 ^c	3	JOAN MONROE	3	21:47	3	SARAH BECKER	10	29:41		
9 ^c	4	ROBIN BRODT	4	22:23	4	CONNIE MEYER	11	30:01		
	5	MARY NOWAK	5	22:54	5	DEBRA COPSEY	12	30:46		
TOTAL POINTS			15		TOTAL POINTS			49		
	6	MICHELLE LAUGHRY	6	24:01	6					
	7	JOY THAYER	8	26:28	7					

HOME TEAM COLDWATER				PLACE	TIME	TEAM CENTREVILLE				
	1	JILL STRAWSER	1	20:31.5	1	TERA CHARTRAND	7	25:23		
8 ^b	2	DAWN VALLE	2	20:46	2	TARIMA REED	8	25:52		
8 ^c	3	JOAN MONROE	3	21:47	3	MARTHA HERENDEN	10	27:06		
9 ^c	4	ROBIN BRODT	4	22:23	4	MARY KAY GANGER	11	27:30		
	5	MARY NOWAK	5	22:54	5					
TOTAL POINTS			15		TOTAL POINTS			50	FORFEIT	
	6	MICHELLE LAUGHRY	6	24:01	6					
	7	JOY THAYER	9	26:28	7					

CENTREVILLE INVITATIONAL

TEAM COLDWATER				PLACE	TIME	TEAM				
	1	JILL STRAWSER	1	20:20						
8 ^b	2	DAWN VALLE	2	20:24						
6 ^c	3	JOAN MONROE	6	21:18						
9 ^c	4	ROBIN BRODT	15	22:25						
	5	MARY KAY NOWAK	17	22:48						
TOTAL POINTS			41	1ST						
	6	MICHELLE LAUGHRY	21	23:22						
	7	JOY THAYER	37	25:21						

HOME	TEAM LUMEN CHRISTI	PLACE	TIME	TEAM COLDWATER	PLACE	TIME
	1 DAWN VALLE	1	20:37	1 KARI FREDERICK	3	21:11
86	2 JILL STRAWSER	2	21:00	2 PATTY ZIOLKOWSKI	4	21:32
8	3 JOAN MONROE	6	22:01	3 CHRISSY HIVELEY	5	21:50
9	4 MARY KAY NOWAK	9	22:48	4 MARCIE HOLDA	7	22:06
	5 ROBIN BRODT	10	22:53	5 ELLEN GIBSON	8	22:40

TOTAL POINTS 28

TOTAL POINTS 27

	6 MICHELLE LAUGHRY	13	23:45	6 ANGIE ARNONE	11	23:22
	7 JOY THAYER	17	28:14	7 JENNIFER JENKS	12	23:23

SPRINGPORT INVITATIONAL

	TEAM COLDWATER	PLACE	TIME			
	1 JILL STRAWSER	2	19:51			
86	2 DAWN VALLE	3	19:52			
11	3 JOAN MONROE	13	21:29			
9	4 MARY KAY NOWAK	25	22:22			
	5 ROBIN BRODT	37	23:09			

TOTAL POINTS 80 2ND

	6 MICHELLE LAUGHRY	40	23:26			
	7 JOY THAYER	54	24:38			

HOME	TEAM COLDWATER	PLACE	TIME	TEAM PENNFIELD	PLACE	TIME
	1 JILL STRAWSER	1	20:27.7	1 TARA BETTS	4	22:31
86	2 JOAN MONROE	2	21:50.4	2 PAULA OTTO	7	24:06
18	3 ROBIN BRODT	3	21:59	3 KAILA LAM	9	25:33
9	4 MARY KAY NOWAK	5	22:53	4 LISA LANTZ	10	26:45
	5 MICHELLE LAUGHRY	6	23:15	5 DYANN EDING	11	26:58

TOTAL POINTS 17

TOTAL POINTS 41

	6 JOY THAYER	8	24:46			
	7					

HOME TEAM	TEAM HASTINGS	PLACE	TIME	TEAM	COLDWATER	PLACE	TIME
	1	DEB DUKES	8	23:02	1	TILL STRAWSER	19:53
	2	SARA SWEETLAND	9	23:18	2	DAWN VALLE	19:57
	3	TIMMI WATSON	10	23:46	3	JOAN MONROE	21:28
10	4	EVY VAR	11	24:30	4	ROBIN BRODT	21:31
	5	MELINDA HARE	12	24:33	5	MICHELLE LAUGHRY	22:07
TOTAL POINTS			50	TOTAL POINTS			15
	6	CARRIE BRADLEY	13	25:05	6	MARY KAY NOWAK	22:14
	7	KIM JAVOR	14	25:53	7	JOY THAYER	22:47

HOME TEAM	TEAM COLDWATER	PLACE	TIME	TEAM	LAKEVIEW	PLACE	TIME
	1	TILL STRAWSER	1	19:53.7	1	NICKKI JAEGER	21:27
	2	DAWN VALLE	2	20:06	2	KELLI LUSK	22:37
24	3	ROBIN BRODT	4	21:31	3	ANGIE ECKERTY	23:57
9	4	JOAN MONROE	5	21:32	4	HEATHER WILL	24:06
	5	MARY KAY NOWAK	6	22:02	5	MINDA McNALLY	25:18
TOTAL POINTS			18	TOTAL POINTS			41
	6	MICHELLE LAUGHRY	8	22:43	6	BETH HARMISCH	27:26
	7	JOY THAYER	11	24:20	7	JENNIFER WICHMAY	31:10

HOME TEAM	TEAM HILLSDALE	PLACE	TIME	TEAM	HILLSDALE	PLACE	TIME
	1	TILL STRAWSER	1	19:53.7	1	CATHY ACUS	20:24
	2	DAWN VALLE	2	20:06	2	JULIE LILLOSE	20:50
24	3	ROBIN BRODT	6	21:31	3	TRIMMY MONROE	21:10
9	4	JOAN MONROE	7	21:32	4	KATHY OSBOURNE	21:48
	5	MARY KAY NOWAK	9	22:02	5	JENNY SPRENG	22:09
TOTAL POINTS			25	TOTAL POINTS			30
	6	MICHELLE LAUGHRY	11	22:43	6	AMY LOUETTE	22:46
	7	JOY THAYER	16	24:20	7	RAGUEL BINKLEY	23:24

TEAM COLDWATER				PLACE	TIME	TEAM ALSION				
	1	JILL STRAWSER	1	19:53	1	DIANA SHELLES	5	21:38		
8 ^b	2	DAWN VALLE	2	19:57	2	AMY NOVAK	9	27:00		
1 ^c	3	JOAN MONROE	3	21:28	3	JENNIFER SMITTER	10	27:25		
10 ^c	4	ROBIN BRODT	4	21:31	4	MICHELL CLAIR	11	35:00		
	5	MICHELLE LAUGHRY	6	22:07	5					
TOTAL POINTS			15		TOTAL POINTS			50	FORFEIT	
	6	MARY KAY NOWAK	7	22:14	6					
	7	JOY THAYER	8	22:47	7					

UNION CITY INVITATIONAL

TEAM COLDWATER				PLACE	TIME				
	1	JILL STRAWSER	1	20:02					
8 ^b	2	DAWN VALLE	2	20:04					
4 ^c	3	JOAN MONROE	12	21:25					
10 ^c	4	TAMMY HUNTLEY	17	22:19					
	5	JOY THAYER	20	22:45					
TOTAL POINTS			52	1ST					
	6	MICHELLE LAUGHRY	26	23:17					
	7	ROBIN BRODT	29	23:50					

HOME TEAM STURGIS				PLACE	TIME	TEAM COLDWATER				
	1	HEIDI TULL	3	20:44	1	JILL STRAWSER	1	19:41		
8 ^b	2	CHRISTINE WEAVER	4	21:12	2	DAWN VALLE	2	19:48		
8 ^c	3	ANN NOECKER	7	21:57	3	JOAN MONROE	5	21:16		
10 ^c	4	KARA WIRES	11	22:14	4	MARY KAY NOWAK	6	21:50		
	5	NICHOLE HOTAVY	12	22:14	5	MICHELLE LAUGHRY	8	21:58		
TOTAL POINTS			37		TOTAL POINTS			22		
	6	SONYA CHRISMAN	13	22:24	6	TAMMY HUNTLEY	9	22:03		
	7	KIM PRATT	15	22:40	7	JENNIE DAVIDSON	10	22:13		

STURGIS INVITATIONAL

	TEAM	COLDWATER	PLACE	TIME			
	1	DAWN VALLE	2	19:20			
8 ⁶	2	JILL STRAWSER	4	19:44			
10-11-	3	JOAN MONROE	21	20:52			
	4	MARY KAY NOWAK	30	21:20			
	5	TAMMY HUNTLEY	33	21:30			
TOTAL POINTS			90	3RD			
	6	MICHELLE LAUGHRY	37	21:41			
	7	JENNIE DAVIDSON	52	22:36			

HOME TEAM	HARPER CREEK	PLACE	TIME	TEAM	COLDWATER	PLACE	TIME	
	1	PAULA PETERSON	1	22:27	1	JILL STRAWSER	2	23:29
8 ⁶	2	LORI HEINZ	8	25:12	2	DAWN VALLE	3	23:33
15 ¹	3	PATTI KALIZ	10	30:00	3	MICHELLE LAUGHRY	4	23:42
10 ¹	4			4	JOAN MONROE	5	23:44	
	5			5	TAMMY HUNTLEY	6	23:48	
TOTAL POINTS			50	FORFEIT	TOTAL POINTS			15
				6	JOY THAYER	7	24:04	
				7	JENNIE DAVIDSON	9	25:28	

COUNTY MEET

HOME TEAM	COLDWATER	PLACE	TIME	TEAM	PLACE	TIME	
	1	JILL STRAWSER	1	B	PAM SMITH	4	20:58
8 ⁶	2	DAWN VALLE	2	B	JEAN MILLER	5	21:09
19 ¹	3	JOAN MONROE	3	Q	CARY COONCE	6	21:12
10 ¹	4	TAMMY HUNTLEY	7	B	DODIE WILER	8	21:40
	5	MARY KAY NOWAK	9	B	HEATHER BRDGLEY	10	21:52
TOTAL POINTS			22	1ST			
	6	JOY THAYER	11				
	7	JENNIE DAVIDSON	12				

REGIONAL MEET

	TEAM	COLDWATER	PLACE	TIME			
	1	JILL STRAWSER	3	19:36			
86	2	DAWN VALLE	11	20:19			
25	3	JOAN MONROE	18	20:59			
10	4	TAMMY HUNTLEY	30	21:40			
	5	MARY KAY NOWAK	52	22:19			
TOTAL POINTS			110	3RD			
	6	Joy THAYER	69	23:03			
	7	ROBIN BRODT	79	23:31			

STATE MEET

	TEAM	COLDWATER	PLACE	TIME			
	1	JILL STRAWSER	1	19:16			
86	2	DAWN VALLE	18	20:21			
1	3	JOAN MONROE	46	21:13			
11	4	TAMMY HUNTLEY	80	22:01			
	5	MARY KAY NOWAK	87	22:08			
TOTAL POINTS			232	6TH			
	6	ROBIN BRODT	106	22:45			
	7	JENNIE DAVIDSON	121	23:11			

ALL-TIME BEST LADY CARDINAL PERFORMANCES ON MEMORIAL PARK CROSS-COUNTRY COURSE

1.	Jill Strawser-86	19:26.0*	11.	Joy Thayer-86	21:56
2.	Marianne Exelby-83	19:57.6*	12.	Jennie Davidson-86	21:59
3.	Dawn Valle-86	20:06	13.	Lara Scheidler-83	22:10.5
4.	Joan Monroe-86	20:35	14.	Shelly Thompson-84	22:19
5.	Tammy Huntley-86	21:22	15.	Angela Vanbuskirk-81	23:15
6.	Robin Brodt-86	21:31	16.	Shelly Angle-84	23:30
7.	Cathy Puorro-77	21:31.5*	17.	Kristin Bell-84	23:56
8.	Cynthia Grupp-83	21:42	18.	Norma Kelley-77	25:07.5
9.	Michelle Laughry-85	21:44	19.	Patty Norton-81	26:38
10.	Mary Kay Nowak-86	21:51			

* denotes past or present school record

GOLDER GIRLS
ALL-TIME BEST Performances
On Memorial Park Cross-Country Course
All Under 22:00

1. JILL STRAWSER (COLDWATER-86)	19:26.0	32. Jill Rutherford (Hills.-84)	21:14
2. Cathy Acus (Hillsdale-86)	19:30	33. Cary Coonce (Quincy-86)	21:12
3. Erin Gillespie (Jackson NW-83)	19:37	34. Jackie Rockwell (Lumen-85)	21:14
4. Terri Forest (Union City-83)	19:52	35. Marcie Holden (Lumen-85)	21:22
5. Diane Weaver (Marshall-83)	19:57	36. TAMMY HUNTLEY (COLDWATER-86)	21:22
6. MARIANNE EXELBY (COLDWATER-83)	19:57.6	37. Laura Charameda (Marshall-81)	21:25
7. Malinda Brauker (Union City-82)	20:04.6	38. Lisa Cole (Hastings-79)	21:25.
8. DAWN VALLE (COLDWATER-86)	20:06	39. Nichole Butler (Hillsdale-84)	21:28
9. Char Gibbs (Hastings-83)	20:27	40. Kris Butler (Hillsdale-84)	21:29
10. Sarah Scott (Hillsdale-84)	20:28	41. Heidi Tull (Sturgis-86)	21:29
11. Kelly Johnson (Quincy-81)	20:28	42. ROBIN BRODT (COLDWATER-86)	21:31
12. Jill Liebrandt (Pennfield-79)	20:29	43. CATHY PUORRO (COLDWATER-77)	21:31
13. Tammi Silva (Union City-82)	20:33	44. Paula Peterson (Harper-86)	21:32
14. Lin Novak (Jackson NW-83)	20:33	45. Duana Webster (Three Riv.-82)	21:33
15. Kathy Osbourne (Hillsdale-86)	20:34	46. Kari Fredrick (Lumen-85)	21:37
16. JOAN MONROE (COLDWATER-86)	20:35	47. Brenda Jacoby (Marshall-84)	21:40
17. Renee McCosh (Marshall-83)	20:36	48. Dodie Wiler (Bronson-86)	21:40
18. Suzi Crowley (Lumen Christi-85)	20:41	49. Jeannine Lama (Pittsford-84)	21:41
19. Nikki Jaeger (Lakeview-86)	20:43	50. CYNTHIA GRUPP (COLDWATER-83)	21:42
20. Julie Lillrose (Hillsdale-86)	20:50	51. Debbie Spierling (Union-81)	21:44
21. Jean Miller (Bronson-85)	20:51	52. MICHELLE LAUGHRY (COLD.-85)	21:44
22. Patty Ziolkowski (Lumen Ch.-85)	20:52	53. MARY KAY NOWAK (COLD.-86)	21:51
23. Shelly Bell (Hastings-81)	20:56.9	54. Heather Badgley (Bronson-86)	21:52
24. Christine Weaver (Sturgis-86)	20:57	55. Lesley Turner (3 Rivers-82)	21:53
25. Pam Smith (Bronson-86)	20:58	56. JOY THAYER (COLDWATER-86)	21:56
26. Kara Wires (Sturgis-86)	20:59	57. Karen Carr (Lakeview-86)	21:56
27. Bobbi Silva (Union City-84)	21:00	58. Amy Sykes (Lumen-85)	21:57
28. Shantel Houck (Bronson-85)	21:01	59. Kathy Doherty (3 Rivers-82)	21:58
29. Beth Barrows (Bronson-83)	21:05	60. Ann Noecker (Sturgis-86)	21:58
30. Ruth Navarre (Lumen Christi-85)	21:07	61. Nichole Hotovy (Sturgis-86)	21:58
31. Tammy Monroe (Hillsdale-86)	21:10	62. JENNIE DAVIDSON (COLD.-86)	21:59

Lady Cardinal's
HONOR ROLL

COUNTY CHAMPION

Jill Strawser-1985, 1986
Marianne Exelby-1984

ALL-COUNTY

Dawn Valle-1984-85-86
Joan Monroe-1985-86
Tammy Huntley-1986
Michelle Laughry-1985
Marianne Exelby-1983
Angela Vanbuskirk-1981

MOST IMPROVED PERFORMER

Robin Brodt-1985-86

ALL-STATE

Jill Strawser
1985
STATE
CHAMPION
Jill Strawser
1986

ALL-CONFERENCE

Dawn Valle-1984-1985-1986
Joan Monroe-1985-1986
Tammy Huntley-1986
Jill Strawser-1985
Michelle Laughry-1984-1985
Marianne Exelby-1984
Shelly Thompson-1984

CONFERENCE CHAMPION

Jill Strawser-1986

ALL-REGION

Dawn Valle-1984-1985-1986
Jill Strawser-1985-1986
Joan Monroe-1985
Marianne Exelby-1983-1984