

SOUTHFIELD HIGH CROSS COUNTRY



1986

Season Summary

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Acknowledgements

DEDICATION

During this past cross-country season, our co-captains, Brian Flynn and Frank Wilkerson have worked hard to improve themselves athletically. They have provided leadership for our team in both competitions and practices. At times this was a difficult accomplishment, but both unselfishly remained loyal to training and team members.

Their dedication to our team effort is here recognized. It seems fitting that this 1986 Summary Booklet be dedicated to them. We wish them good fortune in future endeavors.

1 9 8 6

CROSS COUNTRY AWARDS

BOYS' TEAM

- FRANK WILKERSON -- 3rd Year Senior -- Varsity Co-Capt
Southfield Top Runner Award
All SMA -- 3rd
All-Area Eccentric 1st Team
All Time Runner's Listing -- 4th
State Individual Race -- 14th
Average Time: 16:57 (10 RACES)
Best Time: 16:09
Location: Flint IMA GC (State)
- BRIAN FLYNN -- 4th Year Senior -- Varsity Co-Capt
All Time Runner's Listing -- 40th
Average Time: 18:16 (9 RACES)
Best Time: 17:24
Location: RO Kimball (Regional)
- JEFF MATTIS -- 1st Year Senior -- Varsity
Average Time: 18:06 (6 RACES)
Best Time: 17:04
Location: Berkley (Dual)
- TOM ROBINSON -- 1st Year Sophomore -- Varsity
Most Improved Runner Award
Average Time: 19:08 (9 RACES)
Best Time: 18:27
Location: RO Kimball (SMA)
- ERIC BLIEVERNICHT -- 2nd Year Junior -- Varsity
Average Time: 20:04 (8 RACES)
Best Time: 18:45
Location: RO Kimball (Regional)
- MARC INGRAM -- 1st Year Sophomore -- JV
Average Time: 20:24 (7 RACES)
Best Time: 19:26
Location: RO Kimball (SMA-MSA)
- DAVE MENCZER -- 1st Year Senior -- JV
Average Time: 22:22 (6 RACES)
Best Time: 21:41
Location: RO Kimball (SMA)
- JOHN BASSETT -- 1st Year Freshman -- JV
Best Time: 22:55
Location: Berkley (Dual)

1 9 8 6

CROSS COUNTRY AWARDS

GIRLS' TEAM

STEPHANIE FURMAN -- 4th Year Senior -- Varsity Capt
Co Girls' Top Runner Award
Average Time: 25:05 (5 RACES)
Best Time: 24:01
Location: RO Kimball (Regional)

KAREN BAERGEN -- 1st Year Senior -- Varsity
Co Girls' Top Runner Award
Average Time: 24:54 (4 RACES)
Best Time: 24:05
Location: RO Kimball (Regional)

TANYA LADILLE -- 1st Year Junior -- JU
Best Time: 25:21
Location: RO Kimball (Regional)

MARY TURNER -- 1st Year Sophomore -- JU
Best Time: 29:00
Location: RO Kimball (SMA)

SHERI WILLIAMS -- 1st Year Sophomore -- JU
Best Time: 28:33
Location: RO Kimball (SMA)

Frank Wilkerson Senior	Brian Flynn Senior	Jeff Mattis Senior	Tom Robinson Sophomore	Otis Kirkland Senior	Nik Weber Senior	Eric Blievernicht Junior	Marc Ingram Sophomore	Dave Menczer Senior	John Bassett Freshman	
1 17:04	5 17:55	2 17:04	14 19:27	10 18:54	12 17:16		13 19:26			09-18-86 @ Berkley 30-28 Loss
1	5	2	12	9	10		11			09-18-86 Seaholm 27-28 Win
1 17:04	10 19:23	dnf	11 19:53	9 19:02	dnf	13 20:45	12 19:54			09-25-86 @ Kimball 43-20 Loss
1	8	dnf	9	5	dnf	11	10			09-25-86 Ferndale 33-22 Loss
9 16:52	54 18:10		93 19:26	74 18:49	103 20:21	98 19:42	94 19:26			09-27-86 SMA - MSA 14 of 16 (324 Points)
3 18:03	4 18:23	6 18:54	10 19:17	12 19:31		20:25 20:31	20:24			10-02-86 @ Hazel Park 35-23 Loss
1	3	7	8	10						10-02-86 Andover 29-26 Loss
1 17:13	8 18:20	7 18:11	11 19:10	12 19:18		20:01 20:23	20:41			10-07-86 Troy 39-20 Loss
27 17:04	106 18:21	119 18:32	180 19:21	181 19:22	227 20:03	230 20:05				10-11-86 Oakland County 22 of 41 (613 Points)
3 16:27	35 18:05	28 17:48	42 18:27	49 19:02	51 19:15		JV 21:18	56 21:41		10-18-86 SMA Championships 6 of 8 (157 Points)
2 17:14	4 18:22	3 18:11	5 18:30	6 19:01	8 19:29	11 20:11	14 21:40			10-21-86 Lathrup 20-39 Win
3 16:17	31 17:24	dnf	69 18:45			70 18:45				10-25-86 Regional nts
14 16:09										11-01-86 State Championships nts

Stephanie Furman Senior	Karen Baergen Senior	Tanya Ladille Junior	Mary Turner Sophomore	Sheri Williams Sophomore	G I R L S ' V A R S I T Y
25:47					09-18-86 @ Berkley Forfeit Loss
					09-18-86 Seaholm Forfeit Loss
26:48	29:10	dnf			09-25-86 @ Kimball Forfeit Loss
					09-25-86 Ferndale Forfeit Loss
	dnf				09-27-86 SMA - MSA NTS
					10-02-86 @ Hazel Park Forfeit Loss
					10-02-86 Andover Forfeit Loss
					10-07-86 Troy Forfeit Loss
25:39	25:27				10-11-86 Oakland County NTS
30 24:29	32 24:42	dnr	45 29:00	44 28:33	10-18-86 SMA Championships 8 of 8 (NTS)
3 25:29	2 25:21	4 26:12	6 30:53	5 30:30	10-21-86 Lathrup Forfeit Win
60 24:01	61 24:05	68 25:21			10-25-86 Regional NTS

Southfield Senior High School
Varsity Cross Country

MEN'S ALL-TIME TOP RUNNER'S LISTING
Est 1960

Rank	Athlete	Year	Avg Place	SMA Meet	State Place
1	Kim Hartman	1966	1.000	2,1	2,2
2	Dan Henry	1972	1.666	6,5,2	51,32,3
3	Bob Church	1977	1.000	5,1	8
4	Frank Wilkerson	1986	1.500	18,8,3	47,16,14
5	Scott Stone	1975	1.000	2,1	16,26
6	Ed Davis	1961	1.666	-2-	24
7	John Yuchas	1979	2.333	7,7	68,66
8	Brad Holst	1969	3.000	3	19
9	Gary Andrew	1969	2.666	6	58
10	Gary Sayers	1966	3.666	6	30
11	Doug Craig	1962	2.666	-5-	
12	Gary Levenson	1981	3.125	6	
13	Vern LaBenne	1960	3.500	-5-	
14	John McAndrew	1967	4.000	14	
15	Ron Aho	1983	4.500	16,10,27	114t,29
16	John Houser	1982	4.500	14	154t
17	Rob Alexander	1978	4.833	8	
18	Bob Heffner	1962	5.166	-16-	
19	Jim Vandenberg	1980	5.375	13	
20	Shawn Rowley	1978	6.000	13	
21	Jerry Shipp	1966	6.250	10	
22	Jeff Dienes	1982	6.625	4	109t,84
23	Rick Feinberg	1963	7.000	-22-	
24	Chris Soransen	1969	7.166	13	

Rank	Athlete	Year	Avg Place	SMA Meet	State Place
25	Scott Brandon	1977	7.166	15	
25	Bill Bangert	1972	7.166	15	
27	Brian Paul	1982	7.375	17	131t
28	John Diehl	1961	7.500	-13-	
29	Mark Volante	1975	7.500	24	
30	Art Hundiak	1975	7.750	24	
31	Bob Corcoran	1970	8.333	21	
32	Joe Meisner	1979	8.666	19	
33	Tony Hollamon	1984	8.875	22	
34	Kevin Charnesky	1972	9.000	32	
35	Roger Ovink	1968	9.166	21	
36	Andy Smith	1983	9.625	37	
37	Ray Isaacson	1960	9.666	-19-	
38	Mike Bryan	1975	9.833	23	
39	Dick Daitch	1961	9.833	-27-	
40	Brian Flynn	1986	9.875	35	
41	Steve Hyman	1977	10.000	22	
42	Curt Nielsen	1981	10.125	36	
43	Rob Mayerson	1982	10.375	27	141t
44	Marc St. Angelo	1985	11.125	34	
45	Ray Weierman	1961	11.500	-25-	
46	Rob Hyman	1978	11.666	31	
47	Bruno Podlinsek	1966	11.833	26	

Key: To arrive at Avg Place, add place finishes for all SMA dual meets and the SMA Championship meet and divide by 8. Before 1980, divide by 6.

ILC competition before 1964 denoted with place flanked by dashes.

Southfield Senior High School
Varsity Cross Country

WOMEN'S ALL-TIME TOP RUNNER'S LISTING
Est 1975

Rank	Athlete	Year	Avg Place	SMA Meet	State Place
1	Crissy Stabile	1984	1.625	20,3	31,83
2	Kris Courter	1982	5.625	16	7E
3	Maxine Halperin	1975			
4	Jennifer Worthy	1978	2.500	dnr	
5	Suzi Gubow	1979	3.833	4	
6	Lisa Budyk	1978	4.500	6	
7	Liz Kargilis	1982	4.625	11	
8	Tupper Lysaght	1984	5.000	8	
9	Diane Klompner	1976		8	
10	Colette Goga	1977	5.166	6	
11	Cris Ayala	1980	5.625	18	
12	Theresa Kopach	1977	6.666	9	
13	Michelle Gagner	1978	10.000	24	
14	Sheri Drenflad	1979	10.000	dnr	
15	Christy Sanders	1980	10.250	30	
16	Beth Wiraman	1982	10.500	33	
17	Janice Alexander	1980	10.625	23	
18	Stephanie Furman	1984	11.250	29	
19	Melissa Adelson	1984	11.750	31	
20	Katie Peacock	1979	12.500	27	

Key: To arrive at Avg Place, add place finishes for all SMA dual meets and the SMA Championship meet and divide by 8. Before 1980, divide by 6.

Women's SMA dual meet schedule began in 1977.

Southfield Senior High School
Varsity Cross Country

The Vern LaBenne Award
Est 1964

The Vern LaBenne Award is presented each year to an athlete who has shown loyalty, dedication, and exemplary leadership in the track and cross-country programs of Southfield High School.

The award is named for 1960 cross-country captain Vernon LaBenne. After his tragic death in 1963, Vern's family donated a trophy in his name to Southfield High School. Each year at our Track & Field Banquet a deserving athlete is honored in Vern's name.

1 9 6 4	Jim Larsen	1 9 8 0	David Segal
1 9 6 5	Dave Warford	1 9 8 1	Gary Levenson
1 9 6 6	Dave Eastin	1 9 8 2	Curt Nielsen
1 9 6 7	Kim Hartman	1 9 8 3	John Fundukian
1 9 6 8	John McAndrew	1 9 8 4	Ron Aho
1 9 6 9	Chris Jarvis Barry Watts	1 9 8 5	Tony Hollamon
1 9 7 0	Chris Sorensen	1 9 8 6	Marc St. Angelo
1 9 7 1			
1 9 7 2			
1 9 7 3			
1 9 7 4			
1 9 7 5			
1 9 7 6			
1 9 7 7	Marvin Miles		
1 9 7 8	Scott Brandon		
1 9 7 9	Shawn Rowley		

Southfield Senior High School
Varsity Cross Country

State Meet Team Appearances

1 9 5 5

6	Richard Holliday	10:50
82	Jack Low	12:01
84	Harry McLeod	12:03
89	Gerald Watson	12:12.8
97	Douglas Mathews	12:16.5
108	David Krause	12:33

TEAM TOTAL: 358
FINAL PLACE: 13th

1 9 8 2

109	Jeff Dienes	17:13
114	Ron Aho	17:19
131	Brian Paul	17:31
139	John Fundukian	17:38
141	Rob Meyerson	17:40
154	John Houser	17:59
164	Greg Williams	18:52

TEAM TOTAL: 624
FINAL PLACE: 24th

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 1
 09-18-86

Course: Bedford Park
 Conditions: Dry & Solid
 Weather: Cloudy 65 - 5 MPH - 85% Hum

M E E T R E S U L T S

Berkley 3 4 6 7 8 - 28
 Southfield 1 2 5 10 12 - 30
 Berkley 1 3 6 7 9 - 28
 Seaholm 2 4 5 8 11 - 30

Southfield 1 2 5 9 10 - 27
 Seaholm 3 4 6 7 8 - 28

PLACE	TIME	S O U T H F I E L D	B E R K L E Y	S E A H O L M
1	17:04	1 Frank Wilkerson		
2	17:06	2 Jeff Mattis		
3	17:20		3 Dan Murphy	
4	17:30			4 Alaimo
5	17:44		5 Rich Myers	
6	17:53			6 Dain
7	17:55	7 Brian Flynn		
8	18:04			8 Marshall
9	18:15		9 Dave Wodowski	
10	18:17		10 Rodger Outland	
11	18:19			11 Hannigan
12	18:20		12 Bill Hanes	
13	18:33		13 John Quayle	
14	18:44			14 Knapc
15	18:54	15 Otis Kirkland		
16	19:10		16 Adam Goshorn	
17	19:16	17 Nik Weber		
18	19:26	18 Marc Ingram		
19	19:27	19 Tom Robinson		
20	19:34			20 Confer
21	19:55			21 McBain
22	20:10	20 Eric Blievernicht		
23	20:16		23 Adam Bolan	
24	20:29			24 Hanak
25	20:47		25 Keith Suggs	
26	20:59			26 Burucki
27	21:14		27 Mike Slaboski	
28	22:02			28 Schulenburg
29	22:22		29 Ron Kozloff	
30	22:38	30 Dave Menczer		
31	22:55	31 John Bassett		
32	23:55		32 Jay Weisman	

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 2
 09-25-86

Course: RO Kimball Ms
 Conditions: Wet & Solid
 Weather: Hazy 82 - 5 MPH - 92% Hum

M E E T R E S U L T S

Kimball 2 3 4 5 6 - 20
 Southfield 1 9 10 11 12 - 43

Ferndale 2 3 4 6 7 - 22
 Southfield 1 5 8 9 10 - 33

Kimball 2 3 4 5 6 - 20
 Ferndale 1 7 8 11 12 - 39

PLACE	TIME	SOUTHFIELD	KIMBALL	FERNDALE
1	17:04	1 Frank Wilkerson		
2	17:09			2 Hunt
3	17:23		3 Aurther	
4	17:33		4 Morehouse	
5	17:56		5 Barlow	
6	18:19		6 Brennan	
7	18:23		7 Gessert	
8	18:30			8 Evans
9	18:31			9 Henson
10	18:32		10 Pollock	
11	18:34		11 Guettler	
12	19:02	12 Otis Kirkland		
13	19:07			13 Elbert
14	19:13		14 Campbell	
15	19:19			15 Willard
16	19:23	16 Brian Flynn		
17	19:28		17 Warth	
18	19:44		18 Sheridan	
19	19:53	19 Tom Robinson		
20	19:54	20 Marc Ingram		
21	20:45	21 Eric Blievernicht		
22	20:58			22 Wein
23	21:06			23 Taylor
24	21:38		24 Byrne	
25	21:38			25 Dudar
26	21:43		26 Weaver	
27	22:12		27 Dougherty	
28	22:17		28 Russell	
29	22:24		29 Paddy	
30	22:30		30 Veachi	
31	22:40		31 Boyce	
32	23:05	32 Eric Slater		
33	23:25	33 John Bassett		
34	23:26	34 David Menozzer		
35	23:42			35 Bassier

SOUTHFIELD X-C NEWSLETTER
 VOL I: No 3
 09-27-86

Course: RO Kimball HS
 Conditions: Wet & Solid
 Weather: Dv Cst 70 - 5 MPH - 98% Hum

15th Annual SMA-MSA Cross Country Meet

FINAL BOYS' TEAM RESULTS:

	SMA	1	3	5	8	9	-	26
	MSA	2	4	6	7	10	-	29
1 Troy	8	10	11	19	20	29	55	- 68
2 Rochester	1	2	18	25	52	58	73	- 98
3 Hazel Park	3	5	22	44	46	48	63	- 120
4 Rochester Adams	7	24	27	30	32	71	77	- 120
5 RO Kimball	13	21	31	34	37	38	70	- 136
6 BK Lahser	4	16	17	64	65	66	101	- 166
7 Troy Athens	26	28	33	51	62	75	88	- 200
8 BK Andover	35	43	48	50	72	81	84	- 249
9 Seaholm	23	42	45	68	78	91	97	- 256
10 RO Dondero	39	40	41	61	80	92	100	- 261
11 Ferndale	12	36	53	83	85	87	108	- 269
12 Groves	15	57	60	69	89	96	104	- 290
13 Berkley	47	65	59	67	76	79	82	- 305
14 Southfield	9	54	74	83	94	99	103	- 324
15 West Bloomfield	14	86	95	102	106	109	112	- 403
16 Southfield Lathrup	6	90	99	105	107	110	111	- 407

MEDAL-WINNING INDIVIDUALS (TOP 15 PLACES)

1 Chad Findlay	Rochester	15:46
2 Doug Goudie	Rochester	15:48
3 Jim Carlisle	Hazel Park	16:07
4 Jim Huff	BK Lahser	16:20
5 Sam Blumke	Hazel Park	16:25
6 Neal DeFord	Southfield Lathrup	16:33
7 Mike Huebner	Rochester Adams	16:37
8 Scott Cavender	Troy	16:43
9 Frank Wilkerson	Southfield	16:52
10 Pat Fogo	Troy	16:58
11 Mike Kramer	Troy	16:59
12 Ken Hunt	Ferndale	17:01
13 Vern Morehouse	RO Kimball	17:02
14 Tom Frey	West Bloomfield	17:04
15 Brent McCroarty	Groves	17:05

Individual Southfield Performances (approximate 1-mile splits)

9 Frank Wilkerson	5:18	5:37	5:57	- 16:52
54 Brian Flynn	5:34	6:05	6:32	- 18:10
74 Otis Kirkland	5:43	6:16	6:52	- 18:49
93 Tom Robinson	5:57	6:25	7:03	- 19:26
94 Marc Ingram	6:03	6:28	6:54	- 19:26
98 Eric Blievernicht	5:57	6:30	7:16	- 19:42
103 Nik Weber	5:51	7:05	7:25	- 20:21
70jv Dave Manczer	6:26	7:23	8:11	- 21:58

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 3
 09-27-86

Course: RO Kimball HS
 Conditions: Wet & Solid
 Weather: Ov Cst 70 - 5 MPH - 98% Hum

15th Annual SMA-MSA Cross Country Meet

FINAL GIRLS' TEAM RESULTS:

	MSA	1	2	5	7	9	-	24
	SMA	3	4	6	8	10	-	31
1 West Bloomfield	2	8	16	21	23	43	59	- 70
2 Rochester	1	6	18	29	30	49	66	- 84
3 Troy	3	15	26	27	31	33	44	- 102
4 BH Andover	7	21	17	42	52	75	84	- 130
5 BH Lahser	5	24	34	35	53	71	88	- 151
6 Seaholm	13	36	38	45	50	56	--	- 182
7 Rochester Adams	4	19	37	63	70	92	--	- 193
8 RO Kimball	22	40	41	55	64	72	74	- 222
9 Groves	28	47	51	60	61	91	103	- 247
10 Berkley	14	32	65	73	105	--	--	- 289
11 Hazel Park	11	57	58	79	85	86	89	- 290
12 RO Dondero	10	67	78	87	90	96	106	- 332
13 Ferndale	20	46	77	94	102	104	--	- 339
np Troy Athens	9	48	--	--	--	--	--	- nts
np Southfield Lathrup	25	39	--	--	--	--	--	- nts
np Southfield	dnf	--	--	--	--	--	--	- nts

MEDAL-WINNING INDIVIDUALS (TOP 15 PLACES)

1 Amber Crawford	Rochester	20:00
2 Stacy Abbott	West Bloomfield	20:05
3 Kristi McKinson	Troy	20:10
4 Shelly Bennett	Rochester Adams	20:13
5 Holly Spohn	BH Lahser	20:27
6 Carolann Fike	Rochester	20:31
7 Ruth Fellingham	BH Andover	20:32
8 Tracy Abbott	West Bloomfield	20:33
9 Traci Chamberlain	Troy Athens	20:33
10 Sondra Szalkiewicz	RO Dondero	20:47
11 Ami Hatta	Hazel Park	21:01
12 Trisha Clarke	BH Andover	21:05
13 Kristen Brown	Seaholm	21:13
14 Rochelle Marten	Berkley	21:21
15 Carol Diederich	Troy	21:21

Individual Southfield Performances (approximate 1-mile splits)

dnf Karen Baergen 7:37 ----- - d n f

SOUTHFIELD X-C NEWSLETTER
 VOL I: No 4
 10-02-86

Course: H2 Pk Webb Jr HS
 Conditions: Under Water -- Slippery
 Weather: Cloudy 71 - 0 MPH - 86% Hum

M E E T R E S U L T S

Hazel Park 1 2 5 7 8 - 23
 Southfield 3 4 6 10 12 - 35
 Hazel Park 1 2 4 8 9 - 24
 Andover 3 5 6 7 11 - 32

Andover 2 4 5 6 9 - 26
 Southfield 1 3 7 8 10 - 29

PLACE	TIME	SOUTHFIELD	HAZEL PK	ANDOVER
1	16:50		1 Blumke	
2	16:55		2 Carlisle	
3	18:03	3 Frank Wilkerson		
4	18:23			4 Morse
5	18:23	5 Brian Flynn		
6	18:30		6 McCollough	
7	18:38			7 Parcella
8	18:40			8 Matson
9	18:51			9 Braun
10	18:54	10 Jeff Mattis		
11	18:54		11 Corey B	
12	19:07		12 McCollough M	
13	19:09		13 LaForme	
14	19:17	14 Tom Robinson		
15	19:25			15 Lemkuhl
16	19:26		16 Gubarius	
17	19:31	17 Otis Kirkland		
18	19:33			18 Azarbayjani
19	19:36			19 Brenecke A
20	19:39		20 Reilly	
21	19:43			21 Wolfe
22	19:57			22 Leung
23	20:02		23 Donahue	
24	20:13			24 Brenecke M
25	20:24	25 Marc Ingram		
26	20:25	26 Nik Weber		
27	20:31	27 Eric Blievernicht		
28	20:35		28 Scholz	
29	20:39			29 Smith S
30	21:03			30 Ruby
31	21:23			31 Kanuck
32	21:31			32 Rajagopai
33	21:31		33 Lineley	
34	21:37			34 Rhew
35	22:47	35 Dave Manczer		

SOUTHFIELD X-C NEWSLETTER
VOL I: No 5
10-07-86

Course: Southfield Civic Center
Conditions: Wet -- Slippery
Weather: Sunny 63 - 11 MPH - 61% Hum

M E E T R E S U L T S

Troy 2 3 4 5 6 - 20
Southfield 1 7 8 11 12 - 39

PLACE TIME S O U T H F I E L D T R O Y H I G H

1	17:13	1 Frank Wilkerson	
2	17:28		2 Pat Fogo
3	17:34		3 Denny Strecker
4	17:58		4 Scott Cavender
5	18:01		5 Ryan Wilson
6	18:02		6 Mike Luyckx
7	18:11	7 Jeff Mattis	
8	18:20	8 Brian Flynn	
9	18:22		9 Jeff Chisholm
10	18:40		10 Chris Hibbard
11	19:03		11 Alex Ramos
12	19:06		12 Tyler Smith
13	19:10	13 Tom Robinson	
14	19:15		14 Alin Banu
15	19:18	15 Otis Kirkland	
16	19:25		16 Ahmed Ali
17	19:53		17 Keith Wheeler
18	19:56		18 Jeff Fulton
19	19:57		19 Jeff Cox
20	20:01	20 Nik Weber	
21	20:23	21 Eric Blievernicht	
22	20:10		22 Phil Durocher
23	20:41	23 Marc Ingram	
24	20:55		24 Chris Benson
25	20:56		25 Jim Simolte
26	20:58		26 Eddie Andrews
27	20:59		27 Mark McKinson
28	21:57		28 Mark Ode
29	23:15		29 Mike Krymik
30	25:16		30 Tony Sirna

SOUTHFIELD X-C NEWSLETTER
VOL I: No 6
10-11-86

Course: Marshbank Metro Park
Conditions: Dew/Solid - Wet/Mushy
Weather: Clear 53 -- 3 MPH - 61% Hum

27th Annual All Oakland County Cross Country Championships (Boys)

FINAL BOYS' TEAM STANDINGS

1 Milford Lakeland	71	21 Det Country Day	595
2 Farmington	127	22 Southfield	613
3 Brother Rice	145	23 Novi	674
4 Rochester	220	24 RO Dondero	719
5 WL Central	233	25 Pontiac Northern	719
6 Holly	257	26 North Farmington	723
7 Troy	263	27 Clarkston	753
8 Lake Orion	268	28 Groves	768
9 Milford	308	29 Seaholm	783
10 BH Lahser	317	30 Brandon	797
11 Hazel Park	320	31 Pontiac Central	809
12 Rochester Adams	331	32 Waterford Mott	848
13 Troy Athens	382	33 Lamphere	855
14 RO Kimball	383	34 Cranbrook	860
15 Oxford	391	35 West Bloomfield	863
16 WL Western	424	36 Southfield Lathrup	935
17 Waterford Kettering	461	37 Avondale	1104
18 BH Andover	571	38 Clawson	1131
19 Farmington Harrison	580	39 Oakland Christian	1132
20 Berkley	589	np Ferndale	nts
		np Sfld Christian	nts

BOYS' ALL-COUNTY RUNNERS

1 Cliff Dwelle	Lake Orion	15:52
2 Phil VanHull	M Lakeland	16:06
3 Doug Goudie	Rochester	16:08
4 Chris Inch	Farmington	16:10
5 Chad Findley	Rochester	16:17
6 Jim Carlisle	Hazel Park	16:21
7 Jim Huff	BH Lahser	16:29
8 Chris Rugh	M Lakeland	16:33
9 Mike Goodfellow	Oxford	16:36
10 Tom Frey	W Bloomfield	16:37
11 Brian Grosso	WL Western	16:39
12 Neal DeFord	Sfld Lathrup	16:43
13 Chris Langton	Wat Mott	16:47
14 Neal Newman	Country Day	16:49
15 Bill Reynolds	Holly	16:51

SOUTHFIELD INDIVIDUAL PERFORMANCES

27 Frank Wilkerson	17:04	181 Otis Kirkland	19:22
106 Brian Flynn	18:21	227 Nik Weber	20:03
119 Jeff Mattis	18:32	230 Eric Blievernicht	20:05
180 Tom Robinson	19:21		

SOUTHFIELD X-C NEWSLETTER
VOL I: No 6
10-11-86

Course: Marshbank Metro Park
Conditions: Dew/Solid - Wet/Mushy
Weather: Clear 53 -- 3 MPH - 61% Hum

11th Annual All Oakland County Cross Country Championships (Girls)

FINAL GIRLS' TEAM STANDINGS

1 Milford	100	21 Wat Kettering	601
2 Farmington	114	22 Farm Harrison	619
3 Rochester	170	23 Groves	631
4 WL Central	178	24 RO Dondero	642
5 Holly	237	25 Hazel Park	700
6 M Lakeland	254	26 Brandon	709
7 Clarkston	273	np Troy Athens	nts
8 Rochester Adams	277	np Seaholm	nts
9 Troy	287	np Ferndale	nts
10 Country Day	347	np Clawson	nts
11 Oxford	355	np Berkley	nts
12 Novi	360	np Waterford Mott	nts
13 BH Andover	360	np Sfld Lathrup	nts
14 Lake Orion	401	np Sfld Christian	nts
15 Farm Mercy	404		
16 Marian	411		
17 BH Lahser	423		
18 North Farmington	424		
19 RO Kimball	465		
20 WL Western	550		

GIRLS' ALL-COUNTY RUNNERS

1 Kathleen McInnis	Clarkston	20:03
2 Amber Crawford	Rochester	20:14
3 Holly Spohn	BH Lahser	20:14
4 Colleen Yuhn	WL Central	20:23
5 Bonnie Stecker	Farmington	20:24
6 Terese Lemanski	Milford	20:25
7 Theresa Bunker	Milford	20:25
8 Ruth Felliingham	BH Andover	20:27
9 Cheryl Leitch	Oxford	20:31
10 Jennifer Kiel	Farmington	20:37
11 Carolann Fike	Rochester	20:37
12 Shelly Bennett	Roch Adams	20:39
13 Kristi McKimson	Troy	20:39
14 Jennie Galland	Novi	20:42
15 Kate Conlen	Clarkston	20:43

SOUTHFIELD INDIVIDUAL PERFORMANCES (Girls' Open Race)

27 Karen Baergen	25:27
30 Stephanie Furman	25:39

SOUTHFIELD X-C NEWSLETTER
VOL I: No 7
10-18-86

Course: RO Kimball High School
Conditions: Wet/Solid
Weather: Clear 51 -- 8 MPH - 80% Hum

1986 SMA Cross Country Championships

FINAL BOYS' TEAM RESULTS

1st	Troy	4	5	7	8	12	13	16	-	36
2nd	Hazel Park	1	2	20	26	27	33	34	-	76
3rd	Kimball	6	9	17	18	29	30	40	-	79
4th	Berkley	11	14	24	25	38	39	44	-	112
5th	Andover	19	21	22	23	31	43	45	-	116
6th	Southfield	3	28	35	42	49	51	53	-	157
7th	Ferndale	15	32	36	37	46	50	53	-	166
8th	Seaholm	10	41	47	48	52	54	55	-	198

BOYS' ALL-LEAGUE RUNNERS

1	Sam Blumke	HzPk	16:16
2	Jim Carlisle	HzPk	16:18
3	Frank Wilkerson	Sfld	16:28
4	Scott Cavender	Troy	16:41
5	Dennis Stracker	Troy	16:44
6	Dave Arthur	ROKi	16:50
7	Ryan Wilson	Troy	16:55
8	Pat Fogo	Troy	16:55
9	Vern Morehouse	ROKi	16:58
10	Paul Dain	Seah	17:06
11	Dan Murphy	Berk	17:06
12	Jeff Stevens	Troy	17:07
13	Jeff Chisholm	Troy	17:08
14	Rich Myers	Berk	17:09
15	Ken Hunt	Fern	17:10

1986 Boys' Final SMA Cross-Country Standings

MENS' FINAL STANDINGS	DUAL MEET RECORD	DUAL MEET POINTS	SMA MEET SCORE	SMA MEET POINTS	TOTAL POINTS
1 Troy	6 - 1	7	36	8	15
2 Hazel Park	6 - 1	7	76	7	14
3 RO Kimball	6 - 1	7	79	6	13
4 Berkley	4 - 3	5	112	5	10
5 Andover	2 - 5	3 1/2	116	4	7 1/2
6 Southfield	1 - 6	1 1/2	157	3	4 1/2
6 Seaholm	2 - 5	3 1/2	198	1	4 1/2
8 Ferndale	1 - 6	1 1/2	166	2	3 1/2

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 7
 10-18-86

Course: RO Kimball High School
 Conditions: Wet/Solid
 Weather: Clear 51 -- 8 MPH - 80% Hum

1986 SMA Cross Country Championships

FINAL GIRLS' TEAM RESULTS

1st	Andover	1	3	12	13	18	19	34	-	47
2nd	Troy	2	8	10	14	15	23	--	-	48
3rd	Kimball	5	9	20	21	22	26	29	-	77
4th	Hazel Park	4	25	27	32	33	38	41	-	121
5th	Seaholm	7	24	28	30	39	--	--	-	128
6th	Ferndale	6	16	35	36	40	--	--	-	133
7th	Berkley	11	17	31	37	42	--	--	-	138
8th	Southfield	30	32	44	45	--	--	--	-	nts

GIRLS' ALL-LEAGUE RUNNERS

1	Ruth Fellingham	Ando	20:00
2	Kristi McKimson	Troy	20:21
3	Trisha Clarke	Ando	20:51
4	Ami Hatta	H2Pk	21:00
5	Sara Glasschroeder	ROKi	21:05
6	Ha Dinh	Fern	21:11
7	Kirsten Browne	Seah	21:28
8	Carol Diederich	Troy	21:34
9	Kim Sawicki	ROKi	21:39
10	Kristi Westerby	Troy	21:41
11	Rochelle Martin	Berk	21:44
12	Kristine Drobot	Ando	21:51
13	Cheryl Wirthlin	Ando	21:52
14	Jeni Lewandowski	Troy	21:58
15	Betsie Kramer	Troy	21:59

1986 Girls' Final SMA Cross-Country Standings

GIRLS' FINAL STANDINGS	DUAL MEET RECORD	DUAL MEET POINTS	SMA MEET SCORE	SMA MEET POINTS	TOTAL POINTS
1 Troy	7 - 0	8	49	7	15
2 Andover	5 - 2	6	47	8	14
3 RO Kimball	5 - 2	6	77	6	12
4 Seaholm	5 - 2	6	128	4	10
5 Hazel Park	2 - 5	3	121	5	8
6 Berkley	3 - 4	4	138	2	6
7 Ferndale	1 - 6	2	133	3	5
8 Southfield	0 - 7	1	nts	0	1

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 8
 10-21-86

Course: Southfield Civic Center
 Conditions: Dry/Solid - Soggy/Muddy
 Weather: Sunny 69 - 11 MPH - 61% Hum

M E E T R E S U L T S (BOYS)

Southfield 2 3 4 5 6 - 20
 Lathrup 1 7 9 10 12 - 39

M E E T R E S U L T S (GIRLS)

Southfield 3 4 5 6 7 - 25
 Lathrup 1 2 -- -- -- -- nts

BOYS' RACE

PLACE	TIME	SOUTHFIELD	SFLD - LATHRUP
1	16:27		1 Neal DeFord
2	17:14	2 Frank Wilkerson	
3	18:11	3 Jeff Mattis	
4	18:22	4 Brian Flynn	
5	18:30	5 Tom Robinson	
6	19:01	6 Otis Kirkland	
7	19:02		7 Dave LaGrou
8	19:29	8 Nik Weber	
9	19:58		9 Mike Dorsey
10	20:01		10 Dave Doms
11	20:11	11 Eric Blievernicht	
12	20:58		12 Jason Feld
13	21:16		13 Dan Berkove
14	21:40	14 Marc Ingram	
15	21:42	15 David Menczer	
16	22:24		16 Rob Kendler
17	24:18		17 Ed Richter
18	24:37		18 Rob Meltzer
19	24:58		19 Matt Pencak
20	25:58	20 John Bassett	

GIRLS' RACE

PLACE	TIME	SOUTHFIELD	SFLD - LATHRUP
1	23:05		1 Ronna Proghovnick
2	24:37		2 Keri Mitoff
3	25:21	3 Karen Baergen	
4	25:29	4 Stephanie Fuhrman	
5	26:12	5 Tonya Ladille	
6	30:30	6 Sheri Williams	
7	30:53	7 Mary Turner	

 SOUTHFIELD X-C NEWSLETTER
 VOL I: No 9
 10-25-86

Course: RO Kimball High School
 Conditions: Wet/Slippery
 Weather: Lt Rain 54 - 5 MPH - 99% Hum

1986 MHSAA Region 6 (Section 2) Cross Country Run

 FINAL BOYS' TEAM RESULTS

1	M Lakeland	2	4	14	16	17	25	38	-	53	State Qualifiers
2	WL Central	9	15	20	23	34	39	47	-	101	State Qualifiers
3	Milford	6	8	26	30	33	41	44	-	103	State Qualifiers
4	Detroit CC	13	19	24	29	32	35	43	-	117	
5	Lake Orion	1	22	28	40	42	59	76	-	133	
6	WL Western	5	37	48	50	51	52	60	-	191	
7	Wat Kettering	18	27	46	55	58	77	--	-	204	
8	Bish Borgess	10	36	45	63	64	78	79	-	218	
9	Pont Northern	12	21	57	62	83	--	--	-	235	
10	Pont Central	53	61	66	67	73	94	97	-	320	
11	Wat Mott	11	49	74	81	98	99	--	-	323	
12	Redford Union	54	56	68	72	80	89	96	-	330	
13	Sfld Lathrup	7	71	82	86	88	92	100	-	334	
14	W Bloomfield	75	81	85	87	93	95	102	-	421	
np	Southfield	3	31	69	70	dnf	--	--	-	nts	
np	Det H Ford	65	84	90	101	--	--	--	-	nts	

 BOYS' INDIVIDUAL STATE QUALIFIERS

1	Cliffe Dwelle	Lake Orion	15:38
3	Frank Wilkerson	Southfield	16:17
5	Brian Grosso	WL Western	16:31
7	Neal DeFord	Sfld Lathrup	16:36
10	Matt Smith	Bish Borgess	16:42
11	Chris Langton	Wat Mott	16:43
12	Joseph Anderson	Pont Northern	16:47
13	Greg Boller	Det CC	16:49
18	Dan Ganazalas	Wat Kettering	17:00
19	Ansel Updegrave	Det CC	17:00

 Individual Southfield Performances & Splits

3	Frank Wilkerson	5:06	5:23	5:48	-	16:17
31	Brian Flynn	5:28	5:45	6:11	-	17:24
69	Tom Robinson	5:34	6:04	7:07	-	18:45
70	Eric Blievernicht	5:45	5:53	7:07	-	18:45
dnf	Jeff Mattis	5:21	-----	-----	-	dnf

SOUTHFIELD X-C NEWSLETTER
VOL I: No 9
10-25-86

Course: RO Kimball High School
Conditions: Wet/Slippery
Weather: Lt Rain 54 - 5 MPH - 99% Hum

1986 MHSAA Region 6 (Section 2) Cross Country Run

FINAL GIRLS' TEAM RESULTS

1	Milford	1	3	14	18	24	25	31	-	60	State Qualifiers
2	W Bloomfield	2	6	9	17	27	42	45	-	61	State Qualifiers
3	WL Central	7	8	13	15	21	30	40	-	64	State Qualifiers
4	M Lakeland	11	12	22	35	37	46	57	-	117	
5	Bish Borgess	4	10	26	51	54	62	--	-	145	
6	WL Western	5	19	34	47	63	70	--	-	168	
7	Lake Orion	32	36	38	48	53	58	65	-	207	
8	Wat Kettering	20	39	56	59	64	--	--	-	238	
9	Det Cooley	16	29	55	67	72	--	--	-	239	
10	Det H Ford	28	43	49	50	73	--	--	-	243	
11	Redford Union	23	41	44	69	75	--	--	-	252	
np	Wat Mott	33	52	76	--	--	--	--	-	nts	
np	Southfield	60	61	68	--	--	--	--	-	nts	
np	Pont Central	66	71	74	--	--	--	--	-	nts	

GIRLS' INDIVIDUAL STATE QUALIFIERS

4	Michelle Gayney	Bish Borgess	19:57
5	Lauria Floto	WL Western	20:04
10	Kelly Dooley	Bish Borgess	20:25
11	Shannon Kovitch	M Lakeland	20:29
12	Shannon Kimball	M Lakeland	20:35
16	Angela Henry	Det Cooley	21:12
19	Darlene Keevis	WL Western	21:17
20	Tammy Carson	Wat Kettering	21:19
22	Kim Fournier	M Lakeland	21:24
23	Janis Blinski	Redford Union	21:25

Individual Southfield Performances & Splits

60	Stephanie Furman	7:15	8:04	8:42	-	24:01
61	Karen Baergen	7:15	8:10	8:40	-	24:05
68	Tanya Ladille	7:32	8:58	8:51	-	25:21
dnr	Sheri Williams					
dnr	Mary Turner					

SOUTHFIELD X-C NEWSLETTER
VOL I: No 10
11-01-86

Course: Flint IMA Brookwood GC
Conditions: Wet/Solid - Wet/Slippery
Weather: Rain 53 -- 2 MPH - 99% Hum

1986 Class A State County Cross Country Championships (Boys)

FINAL BOYS' TEAM STANDINGS

1 Swartz Creek	150	15 Holt	361
2 Farmington	157	16 RO Kimball	421
3 Brother Rice	168	17 Kal Loy Norrix	455
4 AA Pioneer	170	18 Milford	457
5 Milford Lakeland	174	19 Dearb Edsel Ford	463
6 Traverse City	252	20 Grand Ledge	465
7 Monroe	256	21 Grandville	479
8 Gibraltar Carlson	263	22 Warren DeLaSalle	497
9 Rochester	269	23 Adrian	519
10 Wash Eisenhower	288	24 Clio	532
11 Troy	326	25 Fraser	570
12 WL Central	331	26 GP North	573
13 Flint Northern	353	27 Port Huron North	618
14 Holland	358	28 GP South	663

BOYS' TEAM RACE

1 Todd Williams	15:08
Monroe	
2 Anthony Hamm	15:25
Flint Northern	
3 Harold Mueller	15:35
Swartz Creek	
4 Chris Inch	15:40
Farmington	
5 Chad Findley	15:43
Rochester	
6 Doug Goudie	15:46
Rochester	
7 Phil VanKull	15:50
Milford Lakeland	
8 Eric Sorensen	15:50
Wash Eisenhower	
9 Tim Pitcher	15:53
Monroe	
10 Chris Tolonen	15:54
AA Pioneer	
11 Jason Colvin	15:55
AA Pioneer	
12 Doug Garden	15:57
Wash Eisen	
13 Paul Sisovsky	15:57
Swartz Creek	
14 Joe Marino	16:03
AA Pioneer	
15 Paul DeLave	16:05
Warren DeLaSalle	

BOYS' INDIVIDUAL RACE

1 Cliff Dwelle	15:37
Lake Orion	
2 Joel Kaines	15:47
Flint Powers	
3 Ihab Hanka	15:51
Deaborn Fordson	
4 Sam Blumke	15:52
Hazel Park	
5 Carl Martin	15:53
Taylor Truman	
6 Jim Carlisle	15:56
Hazel Park	
7 Bill Battle	16:03
Ypsilanti	
8 Jim Huff	16:04
BH Lahser	
9 Joe Tobin	16:04
Flint Kearsley	
10 Thomas Weiss	16:04
East Lansing	
11 Lee Christensen	16:05
Rockford	
12 Chris Langton	16:07
Waterford Mott	
13 Dan Liedel	16:08
Westland J Glenn	
14 Frank Wilkerson	16:09
Southfield	
15 Kevin Kilkelly	16:10
Portage Northern	

A C K N O W L E D G E M E N T S

I am grateful to my wife, Pam, for her continued support and for assuming most of the home duties during both the cross-country and track seasons.

I am fortunate to have had the opportunity to be associated with the type of young people that are attracted to cross-country. They keep me looking forward to future seasons.

To the staff of Southfield High School, my thanks for the many words of encouragement and/or attending our meets. The attention goes a long way toward motivating our team in a sport where large crowds of spectators are not common.

In particular to Mr. Bob Harding, who supported us at practices when his schedule permitted. To Athletic Director Mr. Fred Goldberg, who took a sincere interest in the well-being of our athletes. To Mr. Bill Wright and Mr. Gary Lutze who administrated our home meets taking a huge load off my hands at the finish line. And to Mr. Terry Kureth who happens to be one of our most loyal fans.

To the students of my physics classes -- your attendance at the Lathrup meet will forever be part of my positive "lifetime of memories." Your cheers and applausds will not soon be forgotten by our team (or Lathrup's for that matter).

A final note to the parents of our athletes. The many re-arrangements of schedules to accomodate cross-country as well as presence at our meets was deeply appreciated.

Tom Eschmann
Coach