

## MITCA

## STATE INDOOR CHAMPIONSHIPS

## MEET RESULTS

MARCH 12, 1986

LONG JUMP

1. GERI ISBELL
2. BECKY BANHAGEL
3. SHILANDRA HARRIS
4. LORI LERCH
5. KELLY GRIFFIE
6. JOY ANN SMITH

BRIGHTON	16'	7 1/2"
IONIA	16'	3"
CODY	16'	2"
HASLETT	16'	2"
CASS TECH	15'	6"
DENBY	15'	5 1/2"

SHOT PUT

1. SONYA PAYNE
2. KAREN WOOD
3. LISA HUGHES
4. AUDRA NELSON
5. BARBARA COLEMAN
6. SUE MASTER

BRAVE RAT	44'	10" (NEW RECORD)
IONIA	38'	6"
ANN ARBOR	38'	6"
CODY	38'	1 1/2"
BRAVE RAT	36'	4"
BORGESS	34'	8"

HIGH JUMP

1. AYESHA SHABAZZ
2. LAURA MATSON
3. ASHLIE SCOTT
4. AMY LANCE
5. GABRIELLE SENATORE
6. MEGAN COPEMAN
- ANDREA ARGO

VIKING	5'	2"
ANDOVER	5'	2"
GROSSE ILE	5'	0"
EAST DETROIT		
FALCON	5'	0"
ANN ARBOR	4'	10"
CODY		

60 YARD DASH

1. KRISTIE MULLINS
2. YVETTE SMILEY
3. DANITA SIMS
4. JOYANN SMITH
5. FELICIA DIAS
6. MAKELIA THOMPSON

MOTOR CITY	6.8	(NEW RECORD)
MOTOR CITY	7.0	
BEECHER	7.1	
DENBY	7.2	
MYAC	7.4	
VIKING	7.4	

60 YARD HURDLES

1. SABRINA JORDAN
2. JERI ISBELL
3. MARTHA FRIDGE
4. DARSELLA ROSS
5. LORI LERCH
6. DONELLA SADBERRY

ANN ARBOR	8.2
BRIGHTON	8.3
BRAVE RAT	8.6
CASS TECH	8.7
HASLETT	8.8
VIKING	8.9

300 YARD DASH

1. ANGELA JONES
2. ANN LAMPKIN
3. CHRIS TYLER
4. TWI WILSON
5. TOMIKO POWELL
6. ALLETRA COWAN

CASS TECH	37.0
CHEETAH	37.5
MONA SHORES	37.9
BEECHER	37.9
CASS TECH	38.0
MOTOR CITY	38.2

600 YARD DASH

1. ANN LAMPKIN	CHEETAH	1:24.4 (NEW RECORD)
2. SHARON ARMSTRONG	KETTERING	1:27.0
3. KARIN SURRATT	ANN ARBOR	1:27.4
4. CAITLAN SPAAN	SPEED CONNECTION	1:32.1
5. CAMILLE MOSELY	ST. MARY	1:32.2
6. KELLY HENDERSON	ANN ARBOR	1:34.0

1000 YARD RUN

1. LAURA MATSON	ANDOVER	2:44.3
2. SEANA ARNOLD	ANN ARBOR	2:49.0
3. RACHEL MANN	CANTON	2:56.0
4. THERESE LEMANSKI	MILFORD	2:58.0
5. RUTH FELLINGHAM	ANDOVER	3:03.0
6. ABBY WARWICK	COUNTRY DAY	3:04.0

ONE MILE RUN

1. LINDA FILAR	D.C. STRIDERS	5:26.0
2. KARI CHILDS	STEVENSON	5:31.0
3. JENNIFER SCHANK	HOWELL	5:37.9
4. DEBBIE NOWAK	BRIGHTON	5:36.9
5. GLORIA DURISIN	MELVINDALE	5:45.0
6. KERRIE WRIGHT	JACKSON	5:48.1

TWO MILE RUN

1. TERESA PIERFELICE	STEVENSON	11:20.0
2. DANIELLE HARPEL	ANN ARBOR	11:23.0
3. WENDY GORDON	HOWELL	11:40.3
4. SARAH SARGENT	BULLOCK CREEK	11:48.6
5. LINDA FILAR	D.C. STRIDERS	12:12.5
6. PAMELA BROWNE	CASS TECH	12:26.0

880 YARD RELAY

1.	CASS TECH	1:47.0
2.	ANN ARBOR	1:49.2
3.	VIKING	1:50.9
4.	C.A.L.	1:51.1
5.	TRAILBLAZERS	1:53.0
6.	DENBY	1:53.4

ONE MILE RELAY

1.	CASS TECH	4:16.9
2.	ANN ARBOR	4:18.9
3.	COUNTRY DAY	4:21.1
4.	BEECHER	4:26.1
5.	C.A.L.	4:27.0
6.	CASS TECH "B"	4:27.3

TWO MILE RELAY

1.	ANN ARBOR	10:00.0
2.	KETTERING	10:18.0
3.	COUNTRY DAY	10:20.0
4.	VIKING	10:28.8
5.	C.A.L.	10:31.3
6.	CASS TECH	10:34.2