

TO: MITCA REGISTERED BOYS CLUBS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: THURSDAY, MARCH 13, 1986 - UNIVERSITY OF MICHIGAN

TENTATIVE TIME SCHEDULE:

6:45	Field Events	8:10	60 Yard Dash - final
7:00	60 Yard High Hurdles - pre-lims	8:15	AWARDS
7:10	60 Yard Dash - pre-lims	8:20	Two Mile Relay
7:20	600 Yard Dash (2 heats)	8:35	Two Mile Run
7:30	Mile Run (2 heats)	8:55	AWARDS
7:45	300 Yard Dash (2 heats)	9:00	Mile Relay (2 heats)
7:55	AWARDS	9:10	AWARDS
8:05	60 Yard High Hurdles - final		

BASIC CRITERIA FOR QUALIFICATION:

60 Yard Dash - 60 Yard High Hurdles - 18 (minimum) fastest times run in semi final or final heats at the qualification meets

300 Yard Dash - 18 fastest times from the qualification meets

600 Yard Dash - 12 fastest times from the qualification meets

Mile and Two Mile Runs - Mile 15 to 20 fastest times from the qualification meets - 2 heats
Two Mile - 10 to 12 fastest times from the qualification meets - 1 heat

Two Mile Relay - 8 to 10 fastest times from the qualification meets

Mile Relay - 12 fastest times from the qualification meets

Field Events - 8 to 12 best performances from the qualification meets

ALL RELAY TEAMS
MUST WEAR IDENTICAL
SHIRTS

DISTANCE RUNNERS MAY RUN ONLY THE MILE OR THE TWO MILE - NOT BOTH

SPRINTERS MAY RUN ONLY ONE - 60 Dash, 300 Dash, or the 600 Dash

ATHLETES MAY WEAR PIN SPIKES FOR THE CHAMPIONSHIP MEET

SELECTION COMMITTEE:

Pole Vault	Don Marsh	Flint Kearsley
High Jump	Bill Wehrwein	Chelsea
Long Jump	Martin Crane	Flint Beecher
Shot Put	Duane Raffin	Holly
60 - 300	Bob Bridges	Dearborn
600	Duane Raffin	Holly
60 Highs	Norb Badar	Flint Northern
Mile - Two Mile Runs	Randy Wilkins	Milford Lakeland
Mile - Two Mile Relays	Chuck Janke	Jackson

COACHES - PLEASE CONTACT THE SELECTION COMMITTEE OF YOU THINK YOU HAVE AN ATHLETE WHO MAY HAVE QUALIFIED

ADMISSION: Competing athletes - no charge

ALL OTHERS - \$2.00