

SCHEDULE

**(Cooperation of All
Coaches and Athletes Desired)
Friday, April 17, 1987**

- 12:30 - Local girls 400 meter Relay
1:30 - 4 x 800 meter Relay-Pole Vault
Triple Jump
- 3000-meter Run
- Medley Relay
(800-200-400-1600 meters)
- 4 x 1600-meter Relay

PRELIMINARIES

Saturday, April 18, 1987

(Time depends upon number of Heats)

- 10:00 - Shot Put, High Jump, Long Jump,
Discus.
10:00 - 100-meter Dash (north straight away)
10:00 - 300-meter Low Hurdles (semi-finals)
- 100-meter Dash (semi-finals)
- 200-meter Dash (north straight away)
- 110-meter High Hurdles
- 200-meter Dash (semi-finals)
- 110 meter High Hurdles (semi-finals)

FINALS

April 18, 1987

(Time depends upon the number of Heats)

- 1:30 - High Jump, Long Jump, Shot Put
Discus.
1:30 - 110-meter High Hurdles
- 100-meter Dash
- 1500-meter Run
- 4 x 100 meter Relay
- 400-meter Run
- 300-meter Intermediate Hurdles
- 800-meter Run
- 200-meter Dash
- Shuttle Hurdle Relay
(440-meter intermediate Hurdles)
(High Hurdle distance-36 inch
height)
- 4 x 400-meter Relay

RESULTS OF 1986 MEET**FRIDAY'S RESULTS**

4 x 800 Meter Relay--1, Toronto (Ont.) Central Tech (David Rhone, George Kandelas, Steve Outridge, Grant Hoffman), 7:47.8; **2**, Toronto (Ont.) Michael Power/St. Joseph's, 7:49.0; **3**, Gary (In.) Roosevelt, 7:52.1; **4**, Cleveland Benedictine, 7:52.4; **5**, Cincinnati Princeton, 7:56.6; **6**, Ann Arbor (Mi.) Pioneer, 8:00.0. (Record. Old record of 7:50.6 set by Toronto (Ont.) Central Tech in 1984.)

3000 Meter Run--1, Brenden Mathias, Thornhill (Ont.) Secondary School, 8:25.1; **2**, Gary Westgate, Ontario Northern Secondary School, 8:29.1; **3**, Todd Williams, Monroe (Mi.), 8:33.1; **4**, Peter Fonesca, Toronto (Ont.) St. Michael's College, 8:34.5; **5**, Anthony Hamm, Flint (Mi.) Northern, 8:39.8; **6**, Erie Hatch, Warren Champion, 8:41.4.
Triple Jump--1, John Snow, Dayton Dunbar, 42-11; **2**, Dana Moncrieffe, Toronto (Ont.) Central Tech, 42-9¼; **3**, Martin Maize, Dayton Jefferson, 41-6; **4**, Matt Dillon, Proctorville Fairland, 40-9¼; **5**, Brad Parsons, Shelby, 40-9¾; **6**, Joe Frondorf, Cincinnati Elder, 40-3¼. (Record. New event.)

Medley Relay (800-200-400-1600)--1, Toronto (Ont.) Central Tech (Steve Outridge, Kingsley Ohenhen, Carl Folkes, Grant Hoffman), 7:33.6; **2**, Detroit (Mi.) Cody, 7:39.6; **3**, Gary (In.) Roosevelt, 7:40.0; **4**, Islington (Ont.) Richview C.I., 7:40.2; **5**, Stow Walsh Jesuit, 7:40.8; **6**, Dayton Patterson, 7:42.7.

4 x 1600 Meter Relay--1, Brampton (Ont.) Cardinal Leger S.S. (John Gill, Tony Palhetas, Andy Von Zuben, Nick Zero), 17:43.0; **2**, Toronto (Ont.) Upper Canada College, 17:51.4; **3**, Caldwell, 17:58.1; **4**, Cincinnati Anderson, 18:07.8; **5**, Pittsburgh (Pa.) Central Catholic, 18:10.5; **6**, Cleveland Benedictine, 18:11.6. (Record. Old record of 17:46.0 set by Lancaster in 1980.)

Pole Vault--1, John Coyne, Medina Buckeye, 15-8¼; **2**, Bim Scala, Traverse City (Mi.), 15-2; **3**, Rob Lindsay, Rexdale (Ont.) Thistledown Collegiate, 14-8; **4**, Dan Schlitt, Marion Catholic, 14-2; **5**, Marco Marcuzzi, King City (Ont.), 14-2; **6**, Jason Oldham, Upper Arlington, 13-8. (Record. Old record of 15-6 set by Doug Wood, Wingham (Ont.) F.E. Madill S.S., in 1985.)

SATURDAY'S RESULTS

110-Meter High Hurdles--1, Adoaf Harris, Toledo Scott, 14.0; **2**, Elbert Turner, Gary (In.) Roosevelt, 14.1; **3**, Rudy Redman, Southfield (Mi.), 14.1; **4**, Kevin White, Dayton Dunvar, 14.2; **5**, Millard Thomas, Belleville (Mi.), 14.3; **6**, Greg Mercer, Peninsula Woodridge, 14.5.

100-Meter Dash--1, Allen Jefferson, Warren (Mi.) De LaSalle, 10.3; **2**, Wayne Boyd, Toledo Rogers, 10.4; **3**, Curtis Owens, Shaker Heights, 10.4; **4**, Nick Gales, Dayton Dunbar, 10.5; **5**, Cornel Penland, Shaker Heights, 10.7; **6**, Ken Cobb, Dayton Patterson, 10.7. (Times wind-aided.)

High Jump--1, Tom Lange, Worthington, 6-9; **2**, Damon Kurtz, Zanesville Maysville, 6-7; **3**, (tie) Mark Cannon, Elyria, and Terren Williams, Ecorse (Mi.), 6-5; **5**, Phillip Henderson, Middletown, 6-5; **6**, (tie) Scott Drew, Cincinnati Elder, and Aric Long, East Liverpool, 6-3.

Long Jump--1, Leigh Gray, Columbus Bishop Hartley,

23-10 $\frac{3}{4}$; 2, Terrence Williams, Ecorse (Mi.), 22-7 $\frac{1}{4}$; 3, Brian Thomas, Flint (Mi.) Kearsley, 22-6 $\frac{1}{2}$; 4, Geri Fletcher, Toronto (Ont.) Michael Power/St. Joseph's, 21-10 $\frac{3}{4}$; 5, Mark Cannon, Elyria, 21-10 $\frac{3}{4}$; 6, Greg Fite, Massillon Perry, 21-9 $\frac{1}{2}$.

Discus--1, Sean Whittington, Lancaster, 191-11; 2, Charles Moye, Akron Ellet, 184-2; 3, Mike Raplen, Cincinnati Elder, 169-6; 4, Dean Brown, Canton McKinley, 166-10; 5, Richard Thorn, Toronto (Ont.) Central Peel S.S., 165-10; 6, Frank Cimmento, Hubbard, 164-10.

1500-Meter Run--1, Jon Gill, Brampton (Ont.) Cardinal Leger S.S., 3:54.6; 2, Brendon Matthias, Thornhill (Ont.) Secondary School, 3:55.8; 3, Peter Moreira, Toronto (Ont.) Michael Power/St. Joseph's 3:56.4; 4, Walter Eberst, Chillicothe, 3:57.4; 5, Eric Hatch, Warren Champion, 4:00.4; 6, Matt Byers, Cincinnati Anderson, 4:01.3.

Shot Put--1, Sean Whittington, Lancaster, 61-4 $\frac{1}{2}$; 2, Charles Moye, Akron Ellet, 59-11; 3, Frank Cimmento, Hubbard, 56-9 $\frac{1}{2}$; 4, Kyle Wray, Kalamazoo (Mi.) Loy Norrix, 52-8 $\frac{1}{2}$; 5, Joe Brooks, Austintown Fitch, 52-7; 6, Mike Shoaf, Orwell Grand Valley, 52-6 $\frac{1}{2}$.

4 x 100 Relay--1, (tie) Shaker Heights (J. Collins, K. Bremer, Cornel Penland, Curtis Owens) and Gary (In.) Roosevelt (Elbert Turner, Corey Williamson, Kirk Torrence, John Story), 42.8; 3, Detroit (Mi.) Cooley, 43.0; 4, Warren (Mi.) De LaSalle, 43.1; 5, Dayton Jefferson, 43.2; 6, Toronto (Ont.) George Harvey C.I., 43.3.

400-Meter Dash--1, Benford Clay, Dayton Patterson, 48.8; 2, Clearness Harris, Detroit (Mi.) Cooley, 48.9; 3, Carl Folkes, Toronto (Ont.) Central Tech, 48.9; 4, Darryl Stallworth, Detroit (Mi.) Cooley, 49.5; 5, James Dunda, Toronto (Ont.) Upper Canada College, 49.7; 6, Asika Snelling, Detroit (Mi.) Murray Wright, 50.0.

300-Meter Low Hurdles--1, Keith Wheeler, Troy (Mi.), 37.2; 2, Shawn Purter, Dayton Belmont, 37.8; 3, Adoaf Harris, Toledo Scott, 38.8; 4, Kevin White, Dayton Dunbar, 38.8; 5, Tracy Keck, Defiance, 39.0; 6, Fred Summers, Merrillville (In.), 39.0.

200-Meter Dash--1, John Story, Gary (In.) Roosevelt, 20.7; 2, Benford Clay Dayton Patterson, 21.3; 3, John Howells, Islington (Ont.) Richview C.I., 21.5; 4, Wayne Boyd, Toledo Rogers, 21.9; 5, Lamar Marsh, Mansfield Senior, 22.0; 6, Darryl Stallworth, Detroit (Mi.) Cooley, 22.1. (Times wind-aided.)

800-Meter Run--1, Grant Hoffman, Toronto (Ont.) Central Tech, 1:55.3; 2, Bryan Reed, Cleveland Benedictine, 1:55.7; 3, Ty Olverson, Cincinnati Princeton, 1:56.5; 4, Lawrence Lenin, Cleveland John F. Kennedy, 1:56.6; 5, George Kandelas, Toronto (Ont.) Central Tech, 1:56.6; 6, Tony Palhetas, Brampton (Ont.) Cardinal Leger S.S., 1:57.7.

Shuttle Hurdle Relay (Intermediate)--1, Cincinnati Princeton (Derrick Tubbs, Randy Southall, Tim Tubbs, Steve Jones), 1:00.2; 2, Belleville (Mi.), 1:01.2; 3, Toronto (Ont.) Central Tech, 1:01.8; 4, Flint (Mi.) Central, 1:01.9; 5, Dayton Jefferson, 1:02.4; 6, Detroit (Mi.) Central, 1:02.5.

4 x 400 Meter Relay--1, Toronto (Ont.) Central Tech (Mike Smith, Grant Hoffman, Carl Kandelas, Carl Folkes), 3:19.6; 2, Gary (In.) Roosevelt, 3:21.1; 3, Dayton Patterson, 3:24.2; 4, Cleveland Lincoln West, 3:24.2; 5, Detroit (Mi.) Pershing, 3:24.2; 6, Detroit (Mi.) Murray Wright, 3:25.6.

SPECIAL REGULATIONS — ATTENTION

FOLLOW THE SCHEDULE - Starters in every event must be at the bull pen ready to run ten minutes before the event.

Preliminaries - Preliminaries will be conducted in every event EXCEPT the 1500-meters, the 400-meters, 4 x 800 relay, 4 x 100 meter relay, 800-meter run, distance medley, shuttle hurdles, 4 x 1600-meter relay and 3000-meter run which will run in sections against time.

Relay Exchange - The 4 x 100 meter relay will be run in lanes and the team will exchange batons in their respective lanes. In the other relays the California Exchange will be used and the teams will be placed in position according to the position of the incoming runners.

Pole Vault and High Jump - The starting height in these events will be determined after all entries are received. Please note that the entry standard for the pole vault is 12 ft. 6 in. and the high jump is 6 ft. 1 in. Pole vaulters must be ready to jump within 2 minutes of their name being called and within 1 $\frac{1}{2}$ minutes in the high jump or be penalized by the forfeiture of one trial at that height.

Rules - Rules set up by the Ohio High School Athletic Association shall apply to all rulings.

Out-of-State Schools must adhere to their regulations where there is a differential between the standards set up by Ohio High School Athletic Association.

Restrictions - Boys' Track - A participant may compete in a maximum of four (4) track and field events. The four events may be any combination of track and field events, including relays, or maybe four track events or four field events. The foregoing regulation applies to one and two day meets without exception.

Shot Put - Only puts of over 50 feet will be measured.

Discus - Only throws of over 140 feet will be measured.

Long Jump - Only jumps over 21 feet will be measured.

Triple Jump - All jumps will be measured.

300 meter Hurdles - Prelims will be run on the south portion of the track and finish at the north end. The finals will start on the north and finish at the common finish line. New hurdle height is 36 inches.

200 meter - Prelims will be run on Straight away at the north end. The finals will be run on the curve with the finish at the common finish line.