

MITCA

BOYS INDOOR TRACK SCHEDULE

1987

Wed.	January 14	Eastern Michigan University	Co-ed	5:00 p.m.
Thur.	22	University of Michigan	Boys Only	6:30 p.m.
Sat.	24	Spring Arbor College	Co-ed	8:30 a.m.
Thur.	29	Western Michigan University	Co-ed	6:30 p.m.
Sat.	31	Spring Arbor College	Co-ed	8:30 a.m.
Tues.	February 3	Michigan State University	Boys Only	6:30 p.m.
Fri.	6	Central Michigan University	Co-ed	6:00 p.m.
Thur.	12	University of Michigan	Boys Only	6:30 p.m.
Thur.	19	Spring Arbor College	Co-ed	6:30 p.m.
Tues.	24	Michigan State University	Boys Only	6:30 p.m.
Thur.	26	Eastern Michigan University	Co-ed	5:00 p.m.
Fri.	27	Western Michigan University	Co-ed	6:30 p.m.
Tues.	March 3	Central Michigan University	Co-ed	6:00 p.m.
Thur.	12	University of Michigan Boys Indoor Championship	Boys Only	7:00 p.m.

THESE ARE THE ONLY QUALIFYING MEETS FOR THE INDOOR CHAMPIONSHIP MEET

NO SPIKES ARE TO BE WORN AT ANY OF THESE MEETS EXCEPT THE CHAMPIONSHIP MEET

ALL RELAY TEAMS ARE TO WEAR THE SAME COLOR AND STYLE OF T SHIRT

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IMPORTANT CHANGE FOR MEETS AT MICHIGAN STATE UNIVERSITY AND THE UNIVERSITY OF MICHIGAN

- NEW REGISTRATION PROCEDURE
- money will not be collected at the door
  - all athletes must fill out entry cards for each event he wishes to participate in and turn in the cards prior to the event at the announcers table
  - all heats will be formed from the cards turned in
  - entry cards are \$1.00 per event - \$2.00 for relays
  - no advance registration - entry cards will be available at the meet

INFORMATION PERTAINING TO MEETS

UNIVERSITY OF MICHIGAN - Registration begins 5:30 p.m. - \$1.00 per event - \$2.00 per relay

6:30 - Field Events	60 Highs - final
6:30 - 60 Highs - pre lims & semis	Two Mile Relay
300 Dash - pre lims	Two Mile Run
60 Dash - pre lims	<del>300 Dash - final</del>
600 yd. Run	60 Dash - final
Mile Run	Mile Relay
60 Dash - semis	

BOYS ONLY

NO SPIKES

NO DRESSING FACILITIES

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MICHIGAN STATE UNIVERSITY - Registration begins 5:30 p.m. - \$1.00 per event - \$2.00 per relay

*omit*

SAME AS UNIVERSITY OF MICHIGAN

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EASTERN MICHIGAN UNIVERSITY - Registration begins 4:30 - \$2.00 per athlete

5:00 - Pole Vault - Girls field events - boys to follow(6:00p.m.)	
5:00 - 50m Highs - pre lims & semis	
300 yd Dash - finals	
55m Dash- pre lims & semis	1000 yd Run
55m Dash - pre lims & semis(girls)	3200 Relay
1600 Run (girls)	600 yd Run
55m Highs - final	1600 Run
3200 Run	1600 Relay-girls than boys
55m Dash - final	800 Relay-girls than boys
55m Dash - final(girls)	

NO SPIKES

NO DRESSING FACILITIES

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CENTRAL MICHIGAN UNIVERSITY - Registration begins 5:00 p.m. - EVERYONE - athletes, coaches, spectators must pay \$1.00

*Long Jump  
Starts 5:45*

6:00 - Field Events	60 Highs(boys) final
6:00 - 60 Highs(boys) - pre lims & semis	60 Highs(girls) final
60 Highs(girls) - pre lims & semis	Two Mile Relay
300 Dash - pre lims	Two Mile Run
60 Dash - pre lims	300 Dash - final
600 Run	60 Dash - final
Mile run	Mile Relay
60 Dash - semis	

BOYS EVENTS WILL PRECEDE GIRLS EVENTS

FIELD EVENTS: High Jump - Girls first    Shot Put - boys first    Long Jump - together

NO SPIKES

NO DRESSING FACILITIES

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WESTERN MICHIGAN UNIVERSITY - Registration begins 6:00 p.m. - EVERYONE - athletes, coaches, spectators must pay \$1.00

Startin Time - Close to 6:30

Order of Events same as Central Michigan

*omit*

SPRING ARBOR COLLEGE - EVERYONE - athletes, coaches, and spectators must pay \$1.00

Sat. Meets - Registration begins 8:00 a.m.

Thur. Meet - Registration begins 6:00 p.m.

8:45 - Field Events

<sup>30</sup>  
~~8:00~~ - 50 Highs - boys and girls  
pre lims - semis - finals

Mile Run

880 Run

~~300 Dash - final~~

Two Mile Run

600 Run

6:45 - Field Events

7:00 - 50 Highs (same as Sat. Meet)

300 Dash ~~pre lims~~

Mile Run

880 Run

~~300 Dash - final~~

Two Mile Run

600 Run

NO SPIKES

NO DRESSING FACILITIES

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COACHES - PLEASE VOLUNTEER YOUR SERVICES TO HELP RUN OFF THESE MEETS - WE NEED YOUR HELP

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MEET DIRECTORS: Eastern Michigan University - Bob Parks - EMU  
Western Michigan University - Don Lukens - Loy Norrix High School  
Central Michigan University - Jim Knapp - CMU  
Michigan State University - Chuck Janke - Jackson High School  
University of Michigan--Chuck Janke - Jackson High School  
Spring Arbor College - Chuck Janke - Jackson High School

TO: MITCA REGISTERED BOYS CLUBS

RE: MITCA STATE INDOOR CHAMPIONSHIP MEET

DATE: THURSDAY, MARCH 12, 1987 - UNIVERSITY OF MICHIGAN

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TENTATIVE TIME SCHEDULE:

6:45	Field Events	8:10	60 Yard Dash - final
7:00	60 Yard High Hurdles - pre-lims	8:15	AWARDS
7:10	60 Yard Dash - pre-lims	8:20	Two Mile Relay
7:20	600 Yard Dash (2 heats)	8:35	Two Mile Run
7:30	Mile Run (2 heats)	8:55	AWARDS
7:45	300 Yard Dash (2 heats)	9:00	Mile Relay (2 heats)
7:55	AWARDS	9:10	AWARDS
8:05	60 Yard High Hurdles - final		

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BASIC CRITERIA FOR QUALIFICATION:

60 Yard Dash - 60 Yard High Hurdles - 18 (minimum) fastest times run in semi final or final heats at the qualification meets

300 Yard Dash - 18 fastest times from the qualification meets

600 Yard Dash - 12 fastest times from the qualification meets

Mile and Two Mile Runs - Mile 15 to 20 fastest times from the qualification meets - 2 heats  
Two Mile - 10 to 12 fastest times from the qualification meets - 1 heat

Two Mile Relay - 8 to 10 fastest times from the qualification meets

Mile Relay - 12 fastest times from the qualification meets

Field Events - 8 to 12 best performances from the qualification meets

ALL RELAY TEAMS  
MUST WEAR IDENTICAL  
SHIRTS

DISTANCE RUNNERS MAY RUN ONLY THE MILE OR THE TWO MILE - NOT BOTH

SPRINTERS MAY RUN ONLY ONE - 60 Dash, 300 Dash, or the 600 Dash

ATHLETES MAY WEAR PIN SPIKES FOR THE CHAMPIONSHIP MEET

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SELECTION COMMITTEE:

Pole Vault	Don Marsh	Flint Kearsley
High Jump	Bill Wehrwein	Chelsea
Long Jump	Martin Crane	Flint Beecher
Shot Put	Duane Raffin	Holly
60 - 300	Bob Bridges	Dearborn
600	Duane Raffin	Holly
60 Highs	Norb Badar	Flint Northern
Mile - Two Mile Runs	Randy Wilkins	Milford Lakeland
Mile - Two Mile Relays	Chuck Janke	Jackson

COACHES - PLEASE CONTACT THE SELECTION COMMITTEE IF YOU THINK YOU HAVE AN ATHLETE WHO MAY HAVE QUALIFIED

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ADMISSION: Competing athletes - no charge

ALL OTHERS - \$2.00