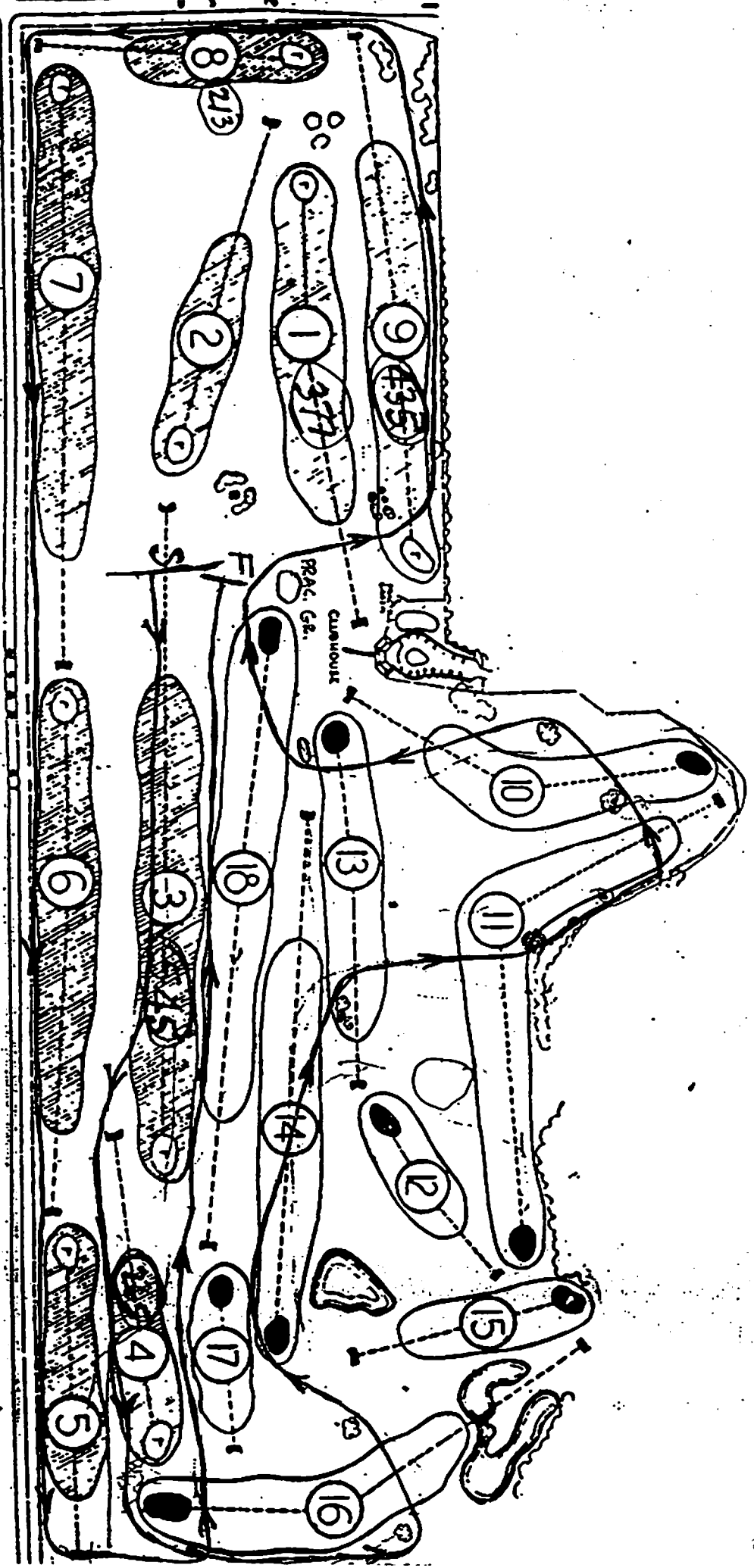


486

435

280



16:42  
16th individual!

1987 State Cross Country Run  
Grosbeck Golf Course - Lansing  
Host School - Lansing Sexton

11:30

14  
Rob

GENERAL INSTRUCTIONS:

1. Each coach should review and be familiar with any or all items in the General Information Bulletin (G.I.B.) 1987. Be sure your team members are familiar with regulations and adhere to them.
2. The course will be available for inspection at 9:00 A.M. and will be cleared at 10:30 A.M.. First race will begin promptly at 11:00 A.M.. Your cooperation will be appreciated and is essential.
3. There will not be any dressing facilities in or around the clubhouse. You will have to come dressed and leave the same.
4. All buses will park in the Bancroft Park Parking lot. Walk around the fence to get into the golf course.
5. Spectator parking is available outside the fence at the Golf Course, in Bancroft Park, or on the streets around the area.
6. Admission cost for the Final Cross Country Run is \$1.00 as set by the Michigan High School Athletic Association.
7. Final Run T-shirts and sweatshirts will be on sale in the clubhouse area. Cost: \$6.00/T-shirt, \$12.00/sweatshirt; limited supply.
8. There will be Port-O-Johns available for you convenience outside the entrance of the clubhouse.
9. There will be concessions stands available around the clubhouse area for your convenience.
10. Please help to maintain the facility by keeping off all tees and greens, instructing your runners and fans to do the same, and not littering the grounds with unnecessary debris.
11. Any questions or problems, I may be reached at school anytime from 7:00 A.M. to 4:00 P.M..

Dick Bates, Meet Manager  
Athletic Director  
Lansing Sexton High School  
(517) 374-4134