

SCHEDULE
(Cooperation of All
Coaches and Athletes Desired)
Friday, April 14, 1989

- 12:30 - Local girls 400 meter Relay &
3200 meter Relay
- 12:30 - Pole Vault
- 1:30 - 4 x 800 meter Relay
- Triple Jump
 - 3000-meter Run
 - Medley Relay
(800-200-400-1600 meters)
 - 4 x 1600-meter Relay

PRELIMINARIES

Saturday, April 15, 1989

(Time depends upon number of Heats)

- 10:00 - Shot Put, High Jump, Long Jump,
Discus.
- 10:00 - 100-meter Dash (north straight away)
- 10:00 - 300-meter Intermediate Hurdles
(semi-finals)
- 100-meter Dash (semi-finals)
 - 200-meter Dash (north straight away)
 - 110-meter High Hurdles
 - 200-meter Dash (semi-finals)
 - 110 meter High Hurdles (semi-finals)

FINALS

April 15, 1989

(Time depends upon the number of Heats)

- 1:30 - High Jump, Long Jump, Shot Put
Discus.
- 1:30 - 110-meter High Hurdles
- 100-meter Dash
 - 1500-meter Run
 - 4 x 100 meter Relay
 - 400-meter Run
 - 300-meter Intermediate Hurdles
 - 800-meter Run
 - 200-meter Dash
 - Shuttle Hurdle Relay
(440-meter intermediate Hurdles)
(High Hurdle distance-36 inch
height)
 - 4 x 400-meter Relay

RESULTS OF 1988 MEET

(* *New Records*)

FRIDAY'S RESULTS

4 x 800-Meter Relay — 1, Cleveland John Adams (Kenneth Rucker, Lorenzo Thomas, Kevin Chambers, Shelby Redding), 7:57.7; 2, Cincinnati Princeton, 8:03.0; 3, Flint (Mi.) Beecher, 8:03.6; 4, Gary (In.) Roosevelt, 8:04.5; 5, Worthington, 8:06.8; 6, Dayton Patterson, 8:16.5.

3000-Meter Run — 1, Bob Kennedy, Westerville North, 8:38.0; 2, Brian Grosso, Walled Lake (Mi.) Western, 8:45; 3, John Sence, Milford, 8:53.7; 4, Tom Woods, Wooster Triway, 8:55; 5, Doug Render, Cincinnati Anderson, 8:55.9; 6, Eric Harsh, Chagrin Falls, 9:01.3.

Medley Relay (800-200-400-1600) — 1, Columbus Eastmoor (Todd Dowell, Marlon Goolsby, Torrey Taylor, Donnell Johnson), 7:45.5; 2, Toronto (Ont.) Central Tech, 7:48.5; 3, Cleveland East Tech, 7:51.0; 4, Dearborn (Mi.) Fordson, 7:52.7; 5, Chillicothe, 7:55.5; 6, Ypsilanti, Mi., 7:56.1.

* **Triple Jump** — 1, Duaine Ladejo, Medina, 46-5¾; 2, Jeff Gavin, Toronto (Ont.) Central Tech, 46-2; 3, Martin Maize, Dayton Jefferson, 44-11¾; 4, George Stroud, Pittsburgh (Pa.) Penn Hills, 44-9; 5, Jimi Eggleston, Columbus Brookhaven, 43-10½; 6, Matt Metzler, Youngsville, Pa., 42-5¼. (Record. Old record of 44-7 set by Emile John, Toronto (Ont.) St. Michael's C.S. in 1987.)

4 x 1600-Meter Relay — 1, Toronto (Ont.) Neil McNeil (David Ferrari, Kevin Christiani, Gary Fitzpatrick, Paul Dollemont), 18:01.2; 2, Toronto (Ont.) St. Michael's, 18:04.4; 3, Portage, In., 18:26.0; 4, Ann Arbor (Mi.) Pioneer, 18:29.2; 5, Westlake, 18:43.4; 6, Sylvania Southview, 18:57.0.

Pole Vault — 1, Tobin Van Pelt, Owosso, Mi., 14-6; 2, Justin Daler, Toledo St. John's, 14-6; 3, Kevin Schlitt, Marion Catholic, 14-0; 4, Todd Lasco, Fenton, Mi., 13-6; 5, Tyler Pratt, Medina, 13-6; 6, Jim Sanders, Portage, In., 13-6.

SATURDAY'S RESULTS

110-Meter High Hurdles — 1, Glenn Terry, Cincinnati Sycamore, 14.01; 2, Martin Maize, Dayton Jefferson, 14.19; 3, Dereck Moore, Dayton Meadowdale, 14.20; 4, Tony Smith, Gary (In.) Roosevelt, 14.47; 5, Marvin Leach, Cleveland John Adams, 14.59; 6, Corey Wilson, Wayne (Mi.) Memorial 14.67.

100 Meter Dash — 1, Duaine Ladejo, Medina, 10.67; 2, Tony Lee, Dayton Jefferson, 10.76; 3, Shawn Blanchett, Mt. Clemens, Mi., 10.78; 4, Edward Smith, Akron East, 10.79; 5, Craig Thompson, Cincinnati Princeton, 10.87; 6, Martin Hill, Detroit (Mi.) Cass Tech, 10.88.

High Jump — 1, Anthony Black, Toronto, (Ont.) George Harvey, 6-10; 2, Arthur Henson, Columbus Independence, 6-8; 3, Tom Lange, Worthington, 6-6; 4, Nicholas Moye, Akron East, 6-6; 5, (tie) Dan Reddan, Rochester, Mi. and Matt Manoski, Portage, In., 6-4.

Long Jump — 1, Dion Bently, Pittsburgh (Pa.) Penn Hills, 24-11½; 2, Ian Hilton, Toronto (Ont.) George Harvey, 24-2¼; 3, Charles Green, Toronto (Ont.) Central Tech, 23-3¾; 4, Dick Palmer, Mt. Clemens, Mi., 23-1; 5, Joe Jefferson, Orchard Lake (Mi.) St. Mary's, 22-9¼; 6, Masai Troutman, Detroit (Mi.) Cass Tech, 21-9¼.

Discus — 1, Ron Williams, Mt. Clemens (Mi.) Chippewa Valley, 171-7; 2, Rob Pilo, Etobicoke (Ont.) Richview, 161-7; 3, Scott Player, Trot Mi., 152-6; 4, Doug Davidson, Westerville North, 150-0; 5, Tony Gallagher, Chillicothe, 149-0; 6, Eric Goudy, Millersburg West Holmes, 146-11.

* **1500 Meter Run** — 1, Bob Kennedy, Westerville North, 3:52.7; 2, Donnell Johnson, Columbus Eastmoor, 3:58.9; 3, Joel Kaines, Flint (Mi.) Luke M. Powers, 3:59.5; 4, David Briggs, Sylvania Southview, 4:02.4; 5, Nate Ford, Ann Arbor (Mi.) Pioneer, 4:02.5; 6, Rich Shephard, Milford, 4:04.5. (Record. Old record of 3:53.0 set by George Nicholas, Dayton Meadowdale in 1981.)

Shot Put — 1, Marc Meekins, Gary (In.) Roosevelt, 56-11¾; 2, Thad Fidler, Mt. Gilead, 56-7½; 3, Peter Issajenko, Toronto (Ont.) Humberstone, 56-4; 4, Ron Williams, Mt. Clemens (Mi.) Chippewa Valley, 52-4¼; 5, Lance Summers, Merrillville, In., 51-10¾; 6, Marc Lowry, Ashtabula, 51-4¾.

4 x 100-Meter Relay — 1, Toronto (Ont.) Central Tech (Dave Samuels, Curtis Manswell, Chris Downs, Anthony Wilson), 42:69; 2, Dayton Dunbar, 42:80; 3, Toronto (Ont.) George Harvey, 43:15; 4, Kalamazoo (Mi.) Central, 43:34; 5, Toledo Macomber, 43:61; 6, Shaker Heights, 43:72.

400 Meter Dash — 1, Anthony Wilson, Toronto (Ont.) Central Tech, 48:64; 2, Phillip Gordon, Toronto (Ont.) Central Tech, 48:68; 3, Willie Askew, East Chicago (In.) Central, 48:85; 4, Eric Myles, Kalamazoo (Mi.) Loy Norrix, 50:58; 5, Ralph Mattano, Windsor (Ont.) W.D. Lowe, 50:67; 6, Walter Ward, Kalamazoo (Mi.) Central 50:90.

300 Meter Intermediate Hurdles — 1, Eric Respress, Dayton Patterson, 38:89; 2, Eric Brown, Cleveland West Tech, 39:24; 3, Jeff Gibson, Southfield, Mi., 39:46; 4, Eric Honroth, Brecksville, 39:82; 5, Kirk Brandon, Pontiac (Mi.) Waterford Mott, 40:64; 6, Tim Tubbs, Cincinnati Princeton, 41:34.

200 Meter Dash — 1, Chris Nelloms, Dayton Dunbar, 20.9 (wind-aided); 2, Curtis Manswell, Toronto (Ont.) Central Tech, 21.6; 3, Duaine Ladejo, Medina, 21.8; 4, Tony Victoria, Yellow Springs, 21.8; 5, Chelsea Moon, Kalamazoo, (Mi.) Central, 21.8; 6, Alonzo Wilson, Cleveland Lincoln West, 21.9.

800 Meter Run — 1, Stacy Watson, Flint (Mi.) Beecher, 1:56.88; 2, Leroy Powell, Cleveland East Tech, 1:57.91; 3, Aaron McFaddon, Flint (Mi.) Beecher, 1:58.06; 4, Shelby Redding, Cleveland John Adams, 1:58.16; 5, Rick Gledhill, Mt. Clemens (Mi.) Chippewa Valley, 1:58.39; 6, John Neal, Toronto (Ont.) Upper Canada College, 1:59.63.

Shuttle Hurdle Relay (Intermediate) — 1, Wayne (Mi.) Memorial (Steve Hearndon, Julio Desir, Wendell Smith, Corey Wilson), 61.38; 2, Mansfield Malabar, 61.69; 3, Cincinnati Princeton, 61.88; 4, Southfield, Mi., 62.0; 5, Dayton Patterson, 62.33; 6, Solon, 63.06.

4 x 400-Meter Relay — 1, Dayton Dunbar (Nate Gales, Dewayne Moore, Chuck Miller, Chris Nelloms), 3:20.29; 2, Toronto (Ont.) Central Tech, 3:20.80; 3, Shaker Heights, 3:21.32; 4, Detroit (Mi.) Mumford, 3:21.42; 5, Gary (In.) Roosevelt, 3:24.12; 6, Flint (Mi.) Beecher, 3:24.81.

SPECIAL REGULATIONS — ATTENTION

FOLLOW THE SCHEDULE - Starters in every event must be at the bull pen ready to run ten minutes before the event.

Preliminaries - Preliminaries will be conducted in every event EXCEPT the 1500-meters, the 400-meters, 4 x 800 relay, 4 x 100 meter relay, 800-meter run, distance medley, shuttle hurdles, 4 x 1600-meter relay and 3000-meter run which will run in sections against time.

Relay Exchange - The 4 x 100 meter relay will be run in lanes and the team will exchange batons in their respective lanes. In the other relays the California Exchange will be used and the teams will be placed in position according to the position of the incoming runners.

Pole Vault and High Jump - The starting height in these events will be determined after all entries are received. Please note that the entry standard for the pole vault is 12 ft. 6 in. and the high jump is 6 ft. 1 in. Pole vaulters must be ready to jump within 2 minutes of their name being called and within 1½ minutes in the high jump or be penalized by the forfeiture of one trial at that height.

Rules - Rules set up by the Ohio High School Athletic Association shall apply to all rulings.

Out-of-State Schools must adhere to their regulations where there is a differential between the standards set up by Ohio High School Athletic Association.

Restrictions - Boys' Track - A participant may compete in a maximum of four (4) track and field events. The four events may be any combination of track and field events, including relays, or maybe four track events or four field events. The foregoing regulation applies to one and two day meets without exception.

Shot Put - Only puts of over 50 feet will be measured.

Discus - Only throws of over 140 feet will be measured.

Long Jump - Only jumps over 21 feet will be measured.

Triple Jump - All jumps will be measured.

300 meter Hurdles - Prelims will be run on the south portion of the track and finish at the north end. The finals will start on the north and finish at the common finish line. New hurdle height is 36 inches.

200 meter - Prelims will be run on Straight away at the north end. The finals will be run on the curve with the finish at the common finish line.