

1988 O.K. RED CONFERENCE RESULTS

BOYS - DISCUS		DISTANCE	GIRLS - DISCUS		DISTANCE
1	FRITZ KLIPHUIS/WO	141'5"	1	KATY BRINK/HOL	120'9" *
2	JOHN HONEY/HOL	129'4"	2	DWANA THOMPSON/MS	109'7"
3	TODD FARMER/GH	128'5"	3	CARLA SCHULTZ/GV	91'6"
4	BRIAN VANDERWERF/HOL	128'	4	CHRIS MUDGET/WO	90'3"
5	LANCE TREECE/JEN	126'9"	5	KATHY NIEUSMA/GH	87'3"
6	ED NASH/ROC	121'2"	6	LISA KIBBEY/GV	83'3"

BOYS - SHOT PUT		DISTANCE	GIRLS - SHOT PUT		DISTANCE
1	CONRAD JONES/WO	48'11"	1	CHRIS MUDGET/WO	37'5 1/4"
2	DOUG LAMBERT/WO	47'10 1/4"	2	KATY BRINK/HOL	33'2 1/2"
3	BOB ROZEMA/EK	46'6 1/4"	3	DWANA THOMPSON/MS	31'11"
4	GREG VANDERKOOI/HOL	45'7 1/4"	4	CHRIS SHEPEN/JEN	30"7"
5	TIM BURCHELL/GH	45'4 1/4"	5	CARLA SCHULTZ/GV	30'2 3/4"
6	FRITZ KLIPHUIS/WO	43'11 1/2"	6	VICKI HOLMAN/WO	30'2 1/4"

BOYS - HIGH JUMP		HEIGHT	GIRLS - HIGH JUMP		HEIGHT
1	DAVE DAWSON/ROC	6'4"	1	KATY BRINK/HOL	5'
2	ERIC VREUGDENHIL/GV	6'3"	2	KATHY HOWARD/GV	5'
3	BOB JAUCH/WO	6'2"	3	STEPHANIE DEVRIES/HOL	5'
4T	WILLIAM ARMSTRONG/EK	6'	4T	WENDY HALL/EK	4'10"
4T	TODD SELLES/WO	6'	4T	KELLY KAPENGA/MS	4'10"
6	JEREMY HARNISH/GV	5'10"	4T	MARCY RIPMASTER/JEN	4'10"

BOYS - LONG JUMP		DISTANCE	GIRLS - LONG JUMP		DISTANCE
1	TRACEY BAINE/HOL	20'5"	1	KAREN BEVERWYK/WO	17'1 1/2"
2	ERIC HILL/EK	20'3 3/4"	2	LISA JUNCK/WO	16'7 1/2"
3	KAM MERRITT/EK	19'5 1/2"	3	TRICIA DEMPSEY/GH	16'2 1/4"
4	JEFF WILLIAMS/GH	19'4"	4	LISA KARELL/GH	15'8"
5	ERIC MARTIN/WO	18'10"	5	BLAIR KROHN/GH	15'7 1/2"
6	FOUAY CHAU/HOL	18'8 3/4"	6	BLYTHE VANDERHOFF/EK	14'7 3/4"

BOYS - POLE VAULT		HEIGHT
1	PHIL BUCK/GH	13'6"
2T	JON ANNING/GH	13'
2T	MIKE PATTERSON/EK	13'
4	PHIL SOTOK/WO	12'
5T	TREVOR HANEY/JEN	11'6"
5T	TODD HENSON/WO	11'6"

PAGE 2 - RESULTS

BOYS 3200 METER RELAY		TIME	GIRLS 3200 METER RELAY	
1	JENISON TIM BERG DAVE WATTERS RICK VAN DYK THAD KARNEHM	8:14.8	1	MONA SHORES LISA STEFANICH SUE SANBORN HEATHER SWINBURNE KRISTEN CROUCH
2	EAST KENTWOOD	8:19.7	2	GRANDVILLE
3	ROCKFORD	8:23.0	3	EAST KENTWOOD
4	HOLLAND	8:36.5	4	WEST OTTAWA
5	WEST OTTAWA	8:49.1	5	GRAND HAVEN
6	GRAND HAVEN	9:01.1	6	JENISON

BOYS 110 M. HIGH HURDLES		TIME	GIRLS 100 M. INT HURDLES		TIME
1	MATT VAN LIERE/HOL	:14.3*	1	LISA JUNCK/WO	:15.0*
2	BRIAN PALMER/EK	:14.4	2	AMBER ESCH/GH	:16.1
3	MIKE SMALL/EK	:14.5	3	MARY HOUSE/EK	:16.1
4	BOB CZACHORSKI/GV	:14.7	4	AMY LANTINGA/GV	:16.1
5	WILLIAM ARMSTRONG/EK	:14.7	5	STACY SHELER/JEN	:16.4
6	RICH BUITENHUIS/GH	:15.5	6	SHELLY HOWARD/GV	:16.7

BOYS 100 METER DASH		TIME	GIRLS 100 METER DASH		TIME
1	CRAIG FLOWERDAY/HOL	:11.0	1	MICHELLE BISHOP/GH	:12.1
2	ERIC HILL/EK	:11.0	2	TRACY WARNER/GH	:12.6
3	MATT POSTMA/JEN	:11.0	3	KAREN BEVERWYK/WO	:12.7
4	GENE BARNARD/ROC	:11.2	4	LISA KARELL/GH	:12.8
5	BOB CZACHORSKI/GV	:11.2	5	ELAINE STAPLEY/GV	:13.0
6	ERIC MARTIN/WO	:11.5	6	DENISE RYSDYK/JEN	:13.2

BOYS 800 METER RELAY		TIME	GIRLS 800 METER RELAY		TIME
1	JENISON MATT POSTMA MIKE WOODCOCK TROY BONT TIM BERG	1:33.3	1	GRAND HAVEN CAROLYN CARRIER BLAIR KROHN TRACY WARNER MICHELE BISHOP	1:48.0
2	HOLLAND	1:33.4	2	WEST OTTAWA	1:49.4
3	MONA SHORES	1:33.7	3	JENISON	1:51.2
4	ROCKFORD	1:33.9	4	GRANDVILLE	1:51.4
5	WEST OTTAWA	1:35.2	5	HOLLAND	1:55.5
6	GRANDVILLE	1:36.2	6	ROCKFORD	1:55.8

BOYS 1600 METER RUN		TIME	GIRLS 1600 METER RUN		TIME
1	CHRIS BUURSMAS/GV	4:26.4	1	MARY WHYNOTT/EK	5:22.0
2	ERIC TENFELDE/GH	4:29.3	2	MELISSA MODDERMAN/GV	5:23.0
3	THAD KARNHEM/JEN	4:31.4	3	ANN WIEDMAYER/ROC	5:24.0
4	BRIAN HYDE/EK	4:33.4	4	HEATHER SWINBURNE/MS	5:27.0
5	TODD ANTHES/GH	4:36.4	5	CINDY ARREDONDO/WO	5:27.0
6	AARON SUAREZ/EK	4:36.7	6	MISSY NASER/GH	5:27.0

BOYS 400 METER RELAY		TIME	GIRLS 400 METER RELAY		TIME
1	HOLLAND CRAIG FLOWERDAY MATT VAN LIERE GUS SWARTZ SCOTT BERKIMER	:44.4	1	GRAND HAVEN CAROLYN CARRIER AMBER ESCH LISA KARELL MICHELE BISHOP	:52.1
2	ROCKFORD	:44.9	2	GRANDVILLE	:52.8
3	EAST KENTWOOD	:45.0	3	WEST OTTAWA	:53.4
4	GRANDVILLE	:45.2	4	EAST KENTWOOD	:54.1
5	JENISON	:48.3	5	ROCKFORD	:54.4
6	MONA SHORES	:49.0	6	JENISON	:54.6

BOYS 400 METER DASH		TIME	GIRLS 400 METER DASH		TIME
1	TROY BONT/JEN	:51.5	1	BLAIR KROHN/GH	:59.5
2	CURT COTNER/MS	:51.5	2	TINA NIENHUIS/WO	:60.7
3	TIM BERG/JEN	:51.9	3	AMY FORTUNA/ROC	:61.9
4	JIM FRODL/ROC	:52.3	4	STACEY BERRY/GV	:62.2
5	TERRY MANNOR/GV	:52.6	5	WENDY EVERT/GV	:62.5
6	JASON BANFIELD/ROC	:52.7	6	CAROLYN CARRIER/GH	:63.0

BOYS 800 METER RUN		TIME	GIRLS 800 METER RUN		TIME
1	CHRIS BUURSMA/GV	1:57.3	1	KRISTINA PRICE/GV	2:24.8
2	ERIC TENFELDE/GH	1:57.6	2	TARA WEYMON/WO	2:26.4
3	DON SNIPPE/MS	2:00.4	3	KRISTEN CROUCH/MS	2:26.7
4	DAVE WATTERS/JEN	2:02.2	4	LISA STEFANICH/MS	2:29.9
5	DAVE SCHULTZ/EK	2:03.0	5	TERESA CARMODY/ROC	2:30.9
6	SCOTT BALDRIDGE/ROC	2:03.6	6T	MARY WHYNOTT/EK	2:31.9
			6T	TAMMY HERRELL/WO	2:31.9

BOYS 300 M. INT. HUR.		TIME	GIRLS 300 M. LOW HUR.		TIME
1	BOB CZACHORSKI/GV	:39.1	1	LISA JUNCK/WO	:46.2
2	MATT VAN LIERE/HOL	:39.5	2	BLAIR KROHN/GH	:46.2
3	VINCE INCAMISSA/ROC	:39.7	3	STACY SHELER/JEN	:47.5
4	NOEL BRYAN/ROC	:40.3	4	KELLY DIXON/WO	:48.6
5	TORBEN SIGGARD/MS	:40.4	5	AMY LANTINGA/GV	:48.7
6	MIKE SMALL/EK	:40.9	6	DORIA REID/EK	:49.8

BOYS 200 METER DASH		TIME	GIRLS 200 METER DASH		TIME
1	CRAIG FLOWERDAY/HOL	:22.7	1	MICHELE BISHOP/GH	:26.2
2	MATT POSTMA/JEN	:23.0	2	KAREN BEVERWYK/WO	:26.7
3	ERIC HILL/EK	:23.0	3	TRACY WARNER/GH	:26.7
4	SCOTT BERKIMER/HOL	:23.3	4	DENISE RYSDYK/JEN	:27.0
5	ERIC MARTIN/WO	:23.6	5	CAROLYN CARRIER/GH	:27.7
6	CURT COTNER/MS	:23.6	6	JAN LOOMAN/WO	:27.9

PAGE 4 -- RESULTS

BOYS 3200 METER RUN		TIME	GIRLS 3200 METER RUN		TIME
1	CHRIS BUURSMA/GV	9:44.5	1	ANN WIEDMAYER/ROC	11:29
2	BRIAN HYDE/EK	9:47.4	2	MELISSA MODDERMAN/GV	11:36
3	THAD KARNHEM/JEN	9:54.4	3	CINDY ARREDONDO/VO	11:59
4	TODD ANTHES/GH	9:59.4	4	HEATHER SWINBURNE/MS	12:02
5	MIKE MULDER/VO	10:08.3	5	KRISTINA PRICE/GV	12:10
6	JON ROYER/EK	10:12.4	6	MISSY NASER/GH	12:12
BOYS 1600 METER RELAY		TIME	GIRLS 1600 METER RELAY		TIME
1	JENISON	3:27.8	1	WEST OTTAWA	4:12.
	TIM BERG			TINA NIENHUIS	
	MIKE WOODCOCK			TARA WEYMON	
	MATT POSTMA			TERRI ELMS	
	TROY BONT			KELLY DIXON	
2	MONA SHORES	3:29.2	2	ROCKFORD	4:13.
3	GRAND HAVEN	3:31.2	3	MONA SHORES	4:15.
4	ROCKFORD	3:31.6	4	GRANDVILLE	4:19.
5	EAST KENTWOOD	3:31.7	5	GRAND HAVEN	4:22.
6	HOLLAND	3:36.0	6	EAST KENTWOOD	4:32.
BOYS TEAM TOTALS			GIRLS TEAM TOTALS		
1	EAST KENTWOOD	93	7	EAST KENTWOOD	31 5/
5	GRAND HAVEN	59	2	GRAND HAVEN	106
4	GRANDVILLE	63	3	GRANDVILLE	84
2	HOLLAND	92	5	HOLLAND	36
3	JENISON	81 1/2	8	JENISON	27 1
8	MONA SHORES	32	4	MONA SHORES	50 1
7	ROCKFORD	53	6	ROCKFORD	35
6	WEST OTTAWA	54 1/2	1	WEST OTTAWA	124 1