
SOUTHFIELD TRACK NEWSLETTER

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MHSAA REGION 4 TRACK & FIELD MEET
Bloomfield Hills Lahser High School
Bloomfield Hills, MI

Southfield triumphs over Wayne Memorial's class act to capture the 1988 Regional Championship. Its 4th in 5 years.

The first two places plus additional qualifiers in each event will compete in the state Class A track meet set for June 4 at EMU.

DISCUS THROW

1	John Collins	Brother Rice	155-7
2	Rich Williams	Southfield	148-7
3	Eric Sheppard	Redford Union	147-10
4	Lee Krueger	Red Cath Cent	138-4
5	Cary Strickler	BH Andover	130-1
6	Joe Macka	Brother Rice	127-2

HIGH JUMP

1	Ricky Duncan	Southfield	6-5
2	David Ardayfio	Southfield	6-3
2	Mike Nielson	Seaholm	6-3
2	Dan Ervin	Brother Rice	6-3
5	Wendal Smith	Wayne Mem	6-3
5	Greg Anderson	Wstlnd J Glenn	6-3

LONG JUMP

1	Tony Robertson	Wayne Mem	19-10
2	Mike Locy	Brother Rice	19-7 1/4
3	Brianel Hunter	Southfield	19-5 3/4
4	Joe Zella	Wstlnd J Glenn	19-4 1/2
5	Derek Ashcraft	Birm Groves	19-3
6	Marlon Nelson	Wayne Mem	18-11

POLE VAULT

1	Lee Richards	Garden City	12-2
2	Chris Woodbeck	Redford Union	11-6
3	Mike Bianchi	Redford Union	11-0
4	Dave Liedel	Wstlnd J Glenn	10-9
5			
6			

SHOT PUT

1	Jeff Graham	Wstlnd J Glenn	51-4 3/4
2	Steve Sterlitz	Redford Union	46-5 1/2
3	Shawn Wallace	Wayne Mem	46-0
4	Eric Sheppard	Redford Union	44-6 3/4
5	Marc Milia	Brother Rice	43-4
6	Jason Glime	Birm Seaholm	42-8

400m DASH

1	Steve Hearndon	Wayne Mem	48.6
2	Cassidy Wright	Southfield	48.8
3	Carlos Horne	Wayne Mem	49.8
4	Tom Faison	Wayne Mem	50.9
5	Ken Blake	Garden City	51.3
6	Carl Lowe	Wstlnd J Glenn	51.4

800m DASH

1	Larry Zimba	Wstlnd J Glenn	1:56.9
2	Adam Bolan	Berkely	1:56.9
3	Jim Warner	Liv Franklin	1:57.7
4	Dave Green	Brother Rice	1:58.0
5	Matt Brown	Brother Rice	1:58.6
6	Derek Allen	Wayne Mem	1:58.8

300m LOW HURDLES

1	Cassidy Wright	Southfield	38.1
2	Steve Hearndon	Wayne Mem	38.7
3	Corey Wilson	Wayne Mem	38.9
4	Rob Kennedy	Redford Union	40.0
5	Jeff Sebuck	Red Cath Cent	40.3
6	Brad Armstrong	Garden City	40.6

200m DASH

1	Jeff Reynolds	Southfield	22.4
2	Jason Booker	Southfield	22.9
3	John Knight	Brother Rice	22.9
4	Marcus Lowe	Wstlnd J Glenn	23.2
5	Joe Fredricks	Birm Groves	23.7
6	Marvin Reynolds	Southfield	23.8

3200m RUN

1	Jim Huff	BH Lahser	9:31.6
2	Mike Sheridan	Red Cath Cent	9:37.7
3	Olaf Meier	BH Lahser	9:39.9
4	Derek Allen	Wayne Mem	9:41.7
5	Mike O'Brien	Brother Rice	9:42.1
6	Dave Lathers	BH Andover	9:43.2

4 x 400m RELAY

1	Southfield	3:19.8	Cassidy Wright
2	Wayne Mem	3:20.9	Jason Booker
3	Wstlnd J Glenn	3:24.2	Bobby Johnson
4	RO Dondero	3:24.6	Jeff Reynolds
5	Garden City	3:26.5	
6	Birm Seaholm	3:27.1	

4 x 800m RELAY

1	Wstlnd J Glenn	7:55.4	Jerry Allen
2	Brother Rice	7:55.7	David Ryan
3	Southfield	7:57.6	Carl Lowe
4	Wayne Mem	8:04.0	Larry Ziemba
5	BH Andover	8:08.8	
6	Redford Union	8:22.6	

110m HIGH HURDLES

1	Corey Wilson	Wayne Mem	14.7
2	Cassidy Wright	Southfield	14.7
3	Steve Hearndon	Wayne Mem	14.8
4	Jason Booker	Southfield	15.0
5	Eric Ordon	BH Lahser	15.6
6	Jeff Sebuck	Red Cath Cent	15.7

100m DASH

1	Jeff Reynolds	Southfield	11.0
2	Bobby Johnson	Southfield	11.0
3	Ron Hairston	Southfield	11.1
4	Ray Mylenek	RO Dondero	11.3
5	Tom Faison	Wayne Mem	11.6
6	Andrew Dobbins	Wstlnd J Glenn	11.6

4 x 200m RELAY

1	Southfield	1:29.0	Bobby Johnson
2	Wayne Mem	1:30.0	Marvin Reynolds
3	Wstlnd J Glenn	1:31.5	Ron Hairston
4	RO Dondero	1:32.2	Jason Booker
5	BH Lahser	1:33.2	
6	Birm Groves	1:33.2	

1600m RUN

1	Rob Huff	BH Lahser	4:21.6
2	Derek Allen	Wayne Mem	4:23.3
3	John Koppin	Brother Rice	4:24.1
4	Paul Dain	Birm Seaholm	4:24.2
5	Mike Burry	Brother Rice	4:31.1
6	Pete Stapleton	Garden City	4:33.1

4 x 100m RELAY

1	Southfield	42.7	Bobby Johnson
2	Wstlnd J Glenn	44.1	Jeff Reynolds
3	Wayne Mem	44.1	Ron Hairston
4	Brother Rice	44.4	Marvin Reynolds
5	BH Lahser	45.1	
6	Birm Groves	45.5	

FINAL TEAM STANDINGS

1	Southfield	140	9	RO Dondero	12
2	Wayne Memorial	107	9	Birm Seaholm	12
3	Wstlnd John Glenn	65 1/2	11	Berkley	8
4	Birm Brother Rice	61	11	Birm Groves	8
5	Redford Union	37	13	Livonia Franklin	6
6	Bloomfield Lahser	32	14	Bloomfield Andover	2
7	Red Cath Central	15	np	RO Kimball	0
8	Garden City	14	np	Sfld Lathrup	0

INDIVIDUAL SOUTHFIELD PERFORMANCES

High Jump

Ricky Duncan	6-5 (1st)
David Ardayfio	6-3 (T-2nd)
Darren Clinkscale	DNQ
Brianel Hunter	DNQ

Long Jump

Brianel Hunter	19-5 3/4 (3rd)
Lawrence Reynolds	DNQ

Shot Put

Rich Williams	40+
Jerell Howard	39+

Discus Throw

Rich Williams	148-7 (2nd)
Jeff Fundukian	124-10 (7th)

110m HH

Cassidy Wright	14.7 (2nd)
Jason Booker	15.0 (4th)
Marvin Reynolds	15.7 (semi)

100m Dash

Jeff Reynolds	11.0 (1st)
Bobby Johnson	11.0 (2nd)
Ron Hairston	11.1 (3rd)

800m Run

James Robinson	58 64 - 2:02.4
Ray Gaffney	58 70 - 2:08.1

300m LH

Cassidy Wright	38.1 (1st)
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200m Dash

Jeff Reynolds	22.4 (1st)
Jason Booker	22.9 (2nd)
Marvin Reynolds	23.8 (6th)

400m Dash

Cassidy Wright	48.8 (2nd)
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1600m Run

Howard Donaldson	67 74 76 72	4:48.9
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★ 4 x 100m Relay **42.7** (1st) ★

Bobby Johnson
 Jeff Reynolds
 Ron Hairston
 Marvin Reynolds
*SCH RECORD
 OLD REC: 43.23 by
 CWRIGHT, R REDMOND,
 B JOHNSON + J REYNOLDS
 IN 1987*

4 x 200m Relay 1:29.0 (1st)

Bobby Johnson	22.0
Marvin Reynolds	23.3
Ron Hairston	21.8
Jason Booker	21.9

4 x 400m Relay 3:19.8 (1st)

Cassidy Wright	50.2
Jason Booker	49.5
Bobby Johnson	51.0
Jeff Reynolds	49.1

★ 4 x 800m Relay **7:57.6** (3rd) ★ SCH REC

James Robinson	58 60 - 1:58.6
Ricky Henry	59 62 - 2:00.5
Darren Clinkscale	58 61 - 1:59.1
Ray Gaffney	58 61 - 1:59.4

*OLD REC: 8:04.4 by J GIBSON,
 R HENRY, R GAFFNEY + J ROBINSON
 IN 1988.*