

MITCA - STATE INDOOR CHAMPIONSHIPS - 1989

SHOT PUT

		G.D. LEDGE	
1.	Steve Fredrickson	ledges	52' 5½
2.	John Knack	Gaylord	52' 2
3.	Tom Johnson	INDIANVILLE	51' 5½
4.	Eric Kelly	Racers	51' 1½
5.	matt Simpson	LEANSLEY	50' 10½

LONG JUMP

1.	John Beardsley	Monroe	22' 5½
2.	Ali Shakoor	Jackson	22' 5
3.	masal Troutman	DET. EXPRESS	22' 2½
4.	Henry Russell	DET. EXPRESS	21' 10½
5.	Huey Dees	ALBION	21' 6 3/4

POLE VAULT

1.	Bill Deering	DOMINGIA	Mitchell	15' 6
2.	Toby VanPelt		owosso	15' 0
3.	Terry Loehr		Mitchell	13. 6
4.	Brent Dystra		Grand Rapids	13' 6
5.	paul morrell		Bay Area	13' 0

HIGH JUMP

1.	Chad Ruby	CLARE ST.	6' 6	
2.	Skip Brenneman	SURGIS	Studsters	6' 4
3.	Dustin Snodgrass	LAKESIDE	Bob's Boys	6' 6
4.	Wendell Smith	WAYNE	Wayne	6' 2
5.	Danyell Scott	EVERETT	Insiders	6' 2

60 YARD HURDLES

1.	Cassidy Wright	SOUTHFIELD	J	7.5
2.	Bob Czachorski	GRANDVILLE	Buck Creek	7.6
3.	Willie Campbell	FL. CENT.	Fl. Olympians	7.8
4.	Joe Janecke	WILLIAMSTON	Red Cedar	7.8
5.	Danyell Scott	EVERETT	Insiders	7.8

60 YARD DASH

1.	leo Griffen	PERSHING	Nike	6.2
2.	Maurice Allen	MUMFORD	Motor City	6.2
3.	Shawn Blanchett		Flyer	6.4
4.	Ali Shakoor		jackson	6.4
5.	marco West	COOLEY	C	6.4

600 YARD DASH

1.	Charles Fair	DENBY	Det. Express	1:13.1
2.	Derrick Harris	COOLEY		1:14.5
3.	Huey Dees	ALBION	Wildcat	1:16.2
4.	Tony Triggs	REACHER	Cosby Kids	1:16.6
5.	Martuan Simpson		Jackson	1:17.0

MILE RUN

1.	Tim Pitcher	Monroe	4:18.5	
2.	Robert Huff	LANSER	Gloomfield	4:20.6
3.	Brian Hyde		Gd. Rapids	4:22.3
4.	Nate Ford	PIONEER	Ann Arbor	4:23.5
5.	Derek Bork		Monroe	4:25.4

300 YARD DASH

1.	Dionell Hall	PERSHING	Nike	31.7
2.	Bryan Parker		Jackson	32.1
3.	Willie Jones		COOLEY	32.5
4.	Dave Burton	FL. NORTH	Figure 4	32.6
5.	Jonathon littleton		DET. ROADRUNNERS	32.9

TWO MILE RELAY

1.	Monroe Area Harriers	8:04.5	
2.	Club Patriot	8:20.9	
3.	Det. Roadrunners	DET. KING	8:22.1
4.	C.T. CASS TECH	8:29.0	
5.	Quicksilver	TROY	8:34.7

TWO MILE RUN

1.	Jason Colvin	PIONEER	Ann Arbor	9:30.2
2.	Mike Goodfellow	ANSBOR	Mildcats	9:47.4
3.	Phil Sanborn		Monroe	9:51.5
4.	Tye Tuggle		Fowlerville	9:53.2
5.	Richard Gray	FL. CENTRAL	Fl. Olympian	9:59.6

MILE RELAY

1.	J. SOUTHFIELD	3:28.7	
2.	Det. Express	DENBY	3:28.9
3.	jackson	3:30.7	
4.	COOLEY	3:30.9	
5.	Nike	PERSHING	3:31.3

OUTSTANDING PERFORMERS

Field Events - Bill Deering - Mitchell

Track Events - Tim Pitcher - Monroe