

3/15/89

SHOT PUT

		G.D. LEDGE	
1.	Steve Fredrickson	ledges	52' 5½
2.	John Knack	Gaylord	52' 2
3.	Tom Johnson MARSHVILLE	RedLine	51' 5½
4.	Eric Kelly	Racers	51' 1½
5.	matt Simpson LEARSLEY	Stinger	50' 10½

MILE RUN

1.	Tim Pitcher	Monroe	4:18.5
2.	Robert Huff LAKE	Gloomfield	4:20.6
3.	Brian Hyde	Gd. Rapids	4:22.3
4.	Nate Ford PIONEER	Ann Arbor	4:23.5
5.	Derek Bork	Monroe	4:25.4

LONG JUMP

1.	John Beardsley	Monroe	22' 5¼
2.	Ali Shakoor	Jackson	22' 5
3.	masal Troutman DENBY	Det. Express	22' 2½
4.	Henry Russell	Det. Express	21' 10½
5.	Huey Dees ALBION	Wildcat	21' 6 3/4

300 YARD DASH

1.	Dionell Hall PERSHING	Nike	31.7
2.	Bryan Parker	Jackson	32.1
3.	Willie Jones	COOLEY	32.5
4.	Dave Burton FL. NORTHWOOD	Figure 4	32.6
5.	Jonathon littleton	Det Roadrunners DET. KING	32.9

POLE VAULT

1.	Bill Deering DOWAGIAC	Mitchell	15' 6
2.	Toby VanPelt	owosso	15' 0
3.	Terry Loehr	Mitchell	13. 6
4.	Brent Dystra	Grand Rapids	13' 6
5.	paul morrell	Bay Area	13' 0

TWO MILE RELAY

1.	Monroe Area Harriers	8:04.5
2.	Club Patriot	8:20.9
3.	Det. Roadrunners DET. KING	8:22.1
4.	C.T. CASSTECH	8:29.0
5.	Quicksilver TROY	8:34.7

HIGH JUMP

1.	Chad Ruby	Clare St.	6' 6
2.	Skip Brenneman SURGIS	Studsters	6' 4
3.	Dustin Snodgrass LAKE FENTON	Bob's Boys	6' 6
4.	Wendell Smith	Wayne	6' 2
5.	Danyell Scott EVERETT	Insiders	6' 2

TWO MILE RUN

1.	Jason Colvin	Ann Arbor	9:30.2
2.	Mike Goodfellow AKRON	Mildcats	9:47.4
3.	Phil Sanborn	Monroe	9:51.5
4.	Tye Tuggle	Fowlerville	9:53.2
5.	Richard Gray	Fl. Olympian FL. CENTRAL	9:59.6

60 YARD HURDLES

1.	Cassidy Wright SOUTHFIELD	J	7.5
2.	Bob Czachorski GRANDVILLE	Duck Creek	7.6
3.	Willie Campbell FL. CENT.	Fl. Olympians	7.8
4.	Joe Janecke WILLIAMSTON	Red Cedar	7.8
5.	Danyell Scott EVERETT	Insiders	7.8

MILE RELAY

1.	J. SOUTHFIELD	3:28.7
2.	Det. Express DENBY	3:28.9
3.	jackson	3:30.7
4.	COOLEY	3:30.9
5.	Nike PERSHING	3:31.3

60 YARD DASH

1.	leo Griffen PERSHING	Nike	6.2
2.	Maurice Allen MUMFORD	Motor City	6.2
3.	Shawn Blanchett	Flyer	6.4
4.	Ali Shakoor	jackson	6.4
5.	marco West COOLEY	C	6.4

OUTSTANDING PERFORMERS

Field Events - Bill Deering - Mitchell

Track Events - Tim Pitcher - Monroe

600 YARD DASH

1.	Charles Fair DENBY	Det. Express	1:13.1
2.	Derrick Harris	COOLEY	1:14.5
3.	Huey Dees ALBION	Wildcat	1:16.2
4.	Tony Triggs BECKER	Cosby Kids	1:16.6
5.	Martuan Simpson	Jackson	1:17.0