

**PREP TRACK**

**SPARTAN RELAYS**  
**Class A Girls Results**  
Team scores—Ann Arbor Pioneer 78, Ypsilanti 58, Flint Northern 45, Flint Central 27, Eastern 24, Plymouth Salem 22, Spartan 20, Jackson 18, Detroit Henry Ford 18, Parkside 17, Flint Kearsley 14, Monroe 13, Okemos 13, Ferndale 12, Detroit Mumford 11, Charlotte 11, Lakeland 8, Livonia Stevenson 7, Holt 7, Howell 7, Farmington Mercy 7, Redford Union 7.

Mile run—Lienanya Alhmissi (Detroit Henry Ford), 5:29.37; 7, Theresa Hayes (Howell), 5:57.21.

3,200 run—1, Julie Moore (Lakeland), 12:11.8.

Distance medley—1, Ann Arbor Pioneer, 12:02.74.

Long Jump—1, Quila Turner (Flint Central), 16-9 1/2; 2, Kshia Agee (Eastern), 16-9; 4, Erika Balesiers (Okemos), 15-9 1/2.

High Jump—1, Katrina Jones (Eastern), 5-2; 2, Jessica Barnes (Grand Ledge), 5-4.

800 run—1, Lienanya Alhmissi (Detroit Henry Ford), 2:18.51 (Spartan relays record); 2, Dawnie Hudson (Holt), 2:24.70; 4, Cathy Heringworth (Eastern), 2:26.51.

Sprint medley relay—1, Ann Arbor Pioneer, 2:58.0.

Shuttle hurdle relay—1, Flint Northern, 3:42; 4, Charlotte, 3:52; 5, Okemos, 4:13.

55 hurdles—1, Nicole Sanders (Detroit Mumford), 8:54; 2, Katrina Jones (Eastern), 8:57; 4, Regina Hayes (Holt), 9:24.

55 dash—1, Crystal Broadbuck (Ann Arbor Pioneer), 4:41 (Spartan relays record); 2, Helen Greene (Okemos), 6:72; 4, Jennifer Moore (Howell), 6:22.

Shot put—1, Lakonya White (Flint Northern), 43-4; 3, Melissa Aardna (Charlotte), 38-11.

800 relay—1, Ann Arbor Pioneer, 1:45.6; 2, Eastern, 1:56.5; 3, Okemos, 1:56.6.

Mile relay—1, Ann Arbor Pioneer, 4:09.3.

**Class C-D Girls Results**  
Team scores—Fowler 80, Flat Rock 37, Bath 36.5, Detroit Lutheran West 33, Williamston 27, Hart 27, Lonsburg 25.5, Goodrich 25.5, Bronson 25, New Lothrop 25, Mayville 24.

Mile run—1, Jenny Stolt (Loingsburg), 5:38.49.

3,200 run—1, Angela Moore (Detroit Lutheran), 12:18.7; 2, Lynette Feldpauch (Fowler), 12:26.9; 3, Cherish Cooley (Both), 12:11.1; 5, Daniele Arnett (Leslie), 12:08.8; 7, Rachel Cozco (Williamston), 12:49.4.

Distance medley—1, Mayville, 14:17.58; 2, Fowler, 14:17.58; 3, Loingsburg, 14:25.54; 8, Bath, 14:1.

Long Jump—1, Sherine Rowell (Fowler), 16-2; 5, Kim Koontz (Lonsburg), 14-9 1/2; 8, Casey Parker (Williamston), 13-6.

High Jump—1, Charissa Jones (Flatrock), 5-4 (Spartan relays record); 5, Carl Moorman (Both), 4-5; 5, Shacey Mahoney (Loingsburg), 4-4.

800 run—1, Mindy Silliman (Fowler), 2:34.23; 2, Sarah Meyers (Both), 2:41.17; 4, Joanie Belmar (Loingsburg), 2:48.37; 7, Sarah Arneson (Williamston), 2:52.63.

Sprint medley relay—1, Mayville, 3:09.9; 2, Williamston 3:11.9; 5, Fowler 3:15.7.

Shuttle hurdle relay—1, New Lothrop, 38.3; 2, Fowler, 38.7; 3, Bath 39.5; 7, Williamston 44.3.

55 hurdles—1, Sherine Rowell (Fowler), 8:57; 3, Darice Grooney (Both), 10:03; 6, Kendra Nies (Williamston), 10:19.

55 dash—1, Yvonne Hall (Detroit Lutheran West), 7.5; 2, Marcy Silliman (Fowler), 7.53; 7, Jenny Herber (Williamston), 8.27.

Shot put—1, Demina Feldpauch (Fowler), 20-5; 4, Ann Hall (Both), 19-8 1/2; 7, Brenda Scharb (Williamston), 20-7.

800 relay—1, Fowler, 1:56.2; 3, Williamston, 1:57.5; 8, Bath, 2:01.0.

Mile relay—1, Fowler, 4:28.3; 5, Bath, 4:42.9.

# Spartan Relays - girls 3-31-1989

Clipped By:



jeffhollobaugh  
Sun, Apr 5, 2020