

# Girls track

## SOUTHFIELD REGIONAL

**TEAM RESULTS** — Farmington 67, Farmington Mercy 62, Detroit Henry Ford 60, Livonia Stevenson 59, Detroit Cooley 51, Detroit Cody 50, Southfield 36, Wayne Memorial 29, Redford Union 21, Livonia Churchill 20, Livonia Ladywood 13, North Farmington 9, Birmingham Groves 9, Southfield-Lathrup 4, Livonia Franklin 4, Garden City 1, Westland John Glenn 1, Redford 0.

**3200 RELAY** — Mercy 9:53.3 (Kathleen Gerigk, Heather Sullivan, Carrie Walton, Lauren Mood); Stevenson 9:59.2; **800 RELAY** — Farmington 1:46.1 (Jennifer Reed, Nicole Tacco, Shelly Gaul, Angie Forge); Henry Ford 1:46.5; **400 RELAY** — Cooley 50.9 (Keishra Williams, Linda Lumpkin, Shawana Hence, Lisa Greenwood); Farmington 51.1; **1600 RELAY** — Henry Ford 4:03.4 (Misty Stewart, Dedra Johnson, Tanesha Whorton, Ijanyia Alhamisi); Cody 4:12.1; **SHOT PUT** — Charese Sanders (FM) 35-9½; Jessann Martin (LS) 34-7¼; **HIGH JUMP** — Julie Lawton (F) 5-4; Rebecca Willey (LL) 5-2; **LONG JUMP** — Keishra Williams (Cooley) 16½; Antonette Hixon (WM) 15-6½; **100 HURDLES** — Dawn Adams (Cody) 14.6; Shelly Gaul (F) 15.5; **100 METERS** — Keishra Williams (Cooley) 12.3; Jennifer Reed (F) 12.5; 1600 — Ijanyia Alhamisi (HF) 5:15.6; Jennifer Kiel (F) 5:20.5; 400 — Jhannelle Alexander (S) 59.9; Akua Hammonds (WM) 60.9; **DISCUS** — Janelle Turner (FM) 107-5; Debbie Wroblewski (LS) 104-0; **300 HURDLES** — Dawn Adams (Cody) 44.7; Lisa Christiansen (LS) 47.9; 800 — Alhamisi (HF) 2:16.6; Tracy Clark (LS) 2:27.9; 200 — Keishra Williams (Cooley) 26.3; Jhannelle Alexander (S) 26.5; 3200 — Jennifer Kiel (F) 11:54.8; Carrie Walton (FM) 11:56.6.

(Top two finishers plus other qualifiers advance to the state meet June 3 at Rynearson Stadium at Ypsilanti)

# Boys track

## SOUTHFIELD REGIONAL

**TEAM RESULTS** — Southfield 141, Westland John Glenn 53, Detroit Cooley 52, Wayne Memorial 49, Detroit Cody 43, Redford Union 40, Catholic Central 38, Livonia Churchill 28, North Farmington 26, Birmingham Groves 13, Detroit Henry Ford 10, Livonia Stevenson 9, Farmington 6, Garden City 4, Southfield-Lathrup 1, Livonia Franklin 0, Redford 0.

**POLE VAULT** — Chris Woodbeck (RU) 12-4; Mike Bianchi (RU) 11-10; **DISCUS** — Zaim Cumulaj (NF) 153-1; Eric Sheppard (RU) 153-0; **100 METERS** — Jeff Reynolds (S) 10.5; Bobby Johnson (S) 10.8; **110 HURDLES** — Cassidy Wright (S) 14.3; Marvin Reynolds (S) 14.3; **SHOT PUT** — Tim Morris (BG) 48-8; Shawn Wallace (WM) 48-8; 1600 — Jason Kocembo (NF) 4:26.9; Sean Smith (Cody) 4:28.1; 400 — Derrick Harris (Cooley) 49.4; Wright (S) 50.5; **300 HURDLES** — Jeff Gibson (S) 38.1; Ferlin Whitlow (WJG) 38.7; **LONG JUMP** — Mario Gelaw (HF) 20-11¼; William Atwater (Cody) 20-5; 800 — Carl Lowe (WJG) 1:58.1; James Robinson (S) 1:58.2; 200 — Jeff Reynolds (S) 21.8; Marco West (Cooley) 22.0; **HIGH JUMP** — Jason Beldaire (LC) 6-6; Ricky Duncan (S) 6-6; 3200 — Mike Sheridan (CC) 9:43.8; Jeff Fedewa (CC) 9:44.8; **3200 RELAY** — Westland John Glenn 8:11.9 (Joe Zawol, David Ryan, Jim Zurawski, Carl Lowe); Southfield 8:12.4; **800 RELAY** — Southfield 1:29.2 (Johnson, Wright, Gibson, M. Reynolds); Cooley 1:29.9; **400 RELAY** — Southfield 42.4 (Johnson, Chris Porter, J. Reynolds, M. Reynolds); Cooley 43.2; **1600 RELAY** — Southfield 3:19.1 (J. Reynolds, Gibson, Robinson, Wright); Cooley 3:22.5.

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