

Mid-West Meet of Champions

MICHIGAN TEAM

GIRLS

Shot Put

Karrie Braun	Jackson	44 - 0
Gonnie Claus	Rogers City	43 - 3 1/2
Tammy Gipe	Wyoming Park	41 - 3

Discus

Connie Claus	Rogers City	145 - 0
Jennifer Dunkle	Hillsdale	137 - 0
Renee Underwood	Merley-Stanwood	134 - 2

High Jump

Angela Salvatore	Concord	5 - 8
Julie Lawton	Farmington	5 - 6
Karris True	Vermontville - Maple Valley	5 - 6

Long Jump

Carrie Isanhart	Big Rapids	18 - 7
Kellie Litchfield	Portland	17 - 7
Sherine Rowell	Fowler	17 - 6

3200 Relay

Beth Zimmer	Ann Arbor Pioneer
Meredith Sallant	Dearborn Edsel Ford
Kristi McKimson	Troy
Tina McKinney	Kalamazoo Loy Norrix

100 Hurlles

Julie Brown	Jackson	14.3
Shiela Rowry	Ann Arbor Pioneer	14.4

100 Dash

Crystal Braddock	Ann Arbor Pioneer	11.7
Kaycee Shepherd	Flint Central	12.31

1600 Run

Stacey Kilburn	White Pigeon	4:58.6
Julie Moore	Milford Lakeland	5:07.3
Nicole Chinavare	Clarkston	5:08.5

400 Relay

Elaine Greene	Detroit Mumford
Crystal Braddock	Ann Arbor Pioneer
Shiela Rowry	Ann Arbor Pioneer
Patrice Verdun	Flint Central

400 Dash

Dawn McFarlin	Detroit Denby	57.6
Beth Lerner	Edwardsburg	57.8

300 Hurdles

Julie Brown	Jackson	45.3
Julie Schotter	Flint Kearsley	45.5

800 Run

Kristi Westerby	Troy	2:13.9
Angela Williams	Pontiac Central	2:14.6
Liz Bolden	Grosse Pte. North	2:15.2

200 Dash

Patrice Verdun	Flint Central	24.42
Elaine Greene	Detroit Mumford	25.19

3200 Run

Heather Slay	East Grand Rapids	10:41.7
Karen Perry	Kalamazoo Norrix	11:02.6
Janet Novallo	L'Anse Cruese North	11:12.7

1600 Relay

Beth Lerner	Edwardsburg
Dawn McFarlin	Detroit Denby
Ashanti Harris	Ann Arbor Pioneer
DeShawn McFarlin	Detroit Benby

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BOYS

Fole Vault

Toby Van Pelt	Owosso	16 - 0 1/2
Bill Deering	Dowagiac	15 - 9
Scott Curtis	Corunna	15 - 8 3/4

400 Relay

Leo Griffin	Detroit Pershing
Terence Smith	Bay City Central
Tony Jackson	Saginaw Nouvel
Jeff Reynolds	Southfield

Boys Shot Put

John Knack	Gaylord	56 - 10
Allen Jackson	Lansing Sexton	56 - 7
Jim Vanderbeek	Hudsonville	54 - 8

400 Dash

Steve Sandles	East Detroit	47.22
Charles Fair	Detroit Denby	47.9

Discus

Tom McGee	Elkton-Pigeon-Bayport	179 - 0
Jim Vanderbeek	Hudsonville	167 - 0
Zane Cumular	North Farmington	163 - 11

300 Hurdles

Bob Czachorski	Grandville	37.1
Catrain Cooper	Saginaw	37.2

800 Run

Tim Pitcher	Monroe	1:50.7
Randy Helling	Stevensville-Lakeshore	1:52.1
Bret Flowers	Hartland	1:54.8

Long Jump

Arron Bailey	Ann Arbor Pioneer	23 - 10
John Beardsley	Monroe	23 - 10
Derrick Alexander	Detroit Benedictine	23 - 7

200 Dash

Bryan Parker	Jackson	21.5
Herbert Ford	Flint Beecher	21.6

High Jump

John Payment	Brimley (U.P.)	7 - 1
Jake Tuttle	Gibraltar Carlson	7 - 0
Dan Reddan	Rochester	6 - 10

3200 Run

Jason Colvin	Ann Arbor Pioneer	9:20.8
David Couch	Niles	9:22.0
Phil Sanborn	Monroe	9:23.1

3200 Relay

Jim Hanner	Brighton
Steve Dean	Detroit Southeastern
Derek Adams	Detroit M.L. King
Aaron Grzymkowski	Mt. Clemens Chipp. Valley

1600 Relay

Steve Sandles	East Detroit
Tony Triggs	Flint Beecher
Shane Seracki	Grand Rapids Northview
Cassidy Wright	Southfield

110 Hurdles

Larry Harden	Benton Harbor
Brent Major	Flint Central

100 Dash

Tony Jackson	Saginaw Nouvel	10.5
Terence Smith	Bay City Central	10.5

1600 Run

Derek Bork	Monroe	4:17.1
Jody Chism	Detroit Osborn	4:20.0
Mike Goodfellow	Oxford	4:22.1

Dear Committee Member,

Enclosed is a copy of the selections of our teams. We have 2 strong, competitive teams. Everyone did a fine job in coming up with the best athletes available, and, above all, no one athlete is being asked to do "everything".

If possible, get in contact with your athletes by phone sometime this week, and make sure their transportation is all set and what time they will arrive.

I will be in Indianaopolis at about 4:00 P.M. on Thursday, June 8, 1989. I hope everyone of our committee members can be in Indianaopolis by Friday, June 9th before 4:00 P.M. to help in checking in our athletes. All committee members have rooms assigned at the University place. (I am curious how my directions and map work; let me know. If you get lost, you can curse me out after you arrive.)

If you are in charge of a specific event that needs tape measures, chalk, batons, etc., bring these items along so you can help your athletes if they come empty handed.

See you in Indy

Raf