

Midwest Meet of Champions
June 10, 1989

3200 Meter Relay:

ILLINOIS	9:14.22	INDIANA	7:40.15
OHIO	9:18.01	OHIO	7:40.25
MICHIGAN	9:21.32	MICHIGAN	7:48.16

100 Meter Hurdles:

Yolanda Dorsey	OH	:14.19
Donna Levy	IL	:14.36
Julie Brown <i>Jackson</i>	MI	:14.52
Shelia Rowry <i>AA Pioneer</i>	MI	:14.86
Liz Smoot	OH	:14.96
Lisa Rasmusson	IL	:15.23

110 Meter Hurdles:

Joseph Jones	IN	:14.07
Larry Harden <i>Benton Harbor</i>	MI	:14.11
Tim Johnson	IL	:14.30
Britt King	IL	:14.36
Samuel Reese	IN	:14.82
Jude Johnson	OH	:14.95

100 Meter Dash:

Crystal Braddock <i>AA Pioneer</i>	MI	:11.85	Marcus Bennett	OH	:10.89
Michelle McGruder	OH	:12.08	Robert Leeks	IN	:10.91
Tanya Lovings	IN	:12.19	McArthur Tolbert	IN	:10.95
Katrina Boatright	IL	:12.20	Scott Wichman	OH	:10.98
Kaycee Shepherd	MI <i>Flat Cent</i>	:12.23	Terry Johnson	IL	:11.02
Bernetta Jones	IL	:12.32	Terrence Smith <i>Bay City Central</i>	MI	:11.03

1600 Meter Run:

Stacy Kilburn <i>White Pigeon</i>	MI	5:02.20	Kevin Hedenberg	IL	4:09.99
Bonnie Tigyer	OH	5:05.82	David Briggs	OH	4:13.40
Lisa Pollard	IL	5:07.53	Derek Bork <i>Monroe</i>	MI	4:14.41
Stephanie Chaney	IN	5:09.55	Jody Chism <i>Det.</i>	MI	4:14.63
Diane Rowley	OH	5:10.93	Shawn Norman	OH	4:15.31
Lori Larrick	OH	5:12.25	Jeff Howard	OH	4:15.96

400 Meter Relay:

ILLINOIS	:47.25	MICHIGAN	:41.21
OHIO	:47.35	OHIO	:41.51
INDIANA	:47.67	INDIANA	:41.65

400 Meter Dash:

Janis Foster	IL	:55.18	Steve Sandles <i>Det.</i>	MI	:48.08
Francene Woods	OH	:57.07	Joe Spells	IL	:49.13
Marie Lassiter	OH	:57.27	Shawn Turner	IN	:49.60
Dawn McFarlin <i>Det. Derby</i>	MI	:57.94	Charles Fair <i>Det. Derby</i>	MI	:49.92
Jennifer Lant	IN	:58.95	Ron Westphal	IL	:50.85
Beth Lerner <i>Shwardsburg</i>	MI	:59.86	Tracy Shoemo	OH	:52.21

300 Meter Hurdles:

Donna Levy	IL	:44.29	Hassan Bailey	OH	:36.33
Ruth Ann Chandler	IN	:45.20	Bob Czachorski <i>Griffith</i>	MI	:37.22
Julie Brown <i>Jackson</i>	MI	:45.32	Ron Richardson	IN	:37.33
Sue Culler	OH	:45.76	Yonel Jourdain	IL	:37.53
Lisa Rasmusson	IL	:45.95	Catrain Cooper <i>Soy.</i>	MI	:37.70
Stacy Takats	IN	:46.05	Kevin Griffey	IN	:37.79

800 Meter Run:

Kristi Westerby ^{Troy} MI	2:14.72	Tim Pitcher ^{Monroe} MI	1:52.23
Chris Salsberry IL	2:15.23	Randy Helling ^{Stevens Lakes} MI	1:52.58
Erin O'Reilly OH	2:15.39	Anthony Williams IN	1:54.38
Angela Williams ^{Pontiac Cent} MI	2:16.67	Mike Shaw OH	1:55.09
Laura Nash OH	2:17.40	Tyrone Dillon IN	1:55.13
Beth Brooks IN	2:17.76	Lawrence Yamini OH	1:55.60

200 Meter Dash:

Crystal Braddock ^{AA P near} MI	:24.26	McArthur Tolbert IN	:21.74
Patrice Verdun ^{Clinton} MI	:24.58	Bryan Parker ^{Johnson} MI	:21.95
Nancy Goldman IL	:24.63	Bobby Ray OH	:22.03
Bernetta Jones IL	:25.49	Herbert Ford ^{El Beach} MI	:22.35
Alison Gilbert IN	:25.72	Jude Johnson OH	:22.36
Monique Jones OH	:25.88	Arthur Woods IL	:22.50

3200 Meter Run:

*** NEW RECORD ***

Heather Slay ^{E. Grand Rapids} MI	10:38.14	David Couch ^{Niles} MI	9:15.34
Misty Allison OH	10:55.57	Phil Sanborn ^{Monroe} MI	9:17.87
Janet Novallo MI	11:02.07	Todd Messer IN	9:19.81
Deborah Ramseyer IN	11:05.03	Chris Johnson IN	9:21.00
Karen Perry MI	11:06.67	Jason Colvin ^{AA P} MI	9:22.13
Michelle Schwegman OH	11:18.46	Brian Ashworth OH	9:23.69

1600 Meter Relay:

ILLINOIS	3:49.54	MICHIGAN	3:13.64
OHIO	3:50.29	OHIO	3:14.50
MICHIGAN	3:56.60	INDIANA	3:15.17

Discus:

Jennifer Dunkle ^{Hilldale} MI	137' 6"	Guy Decker OH	170' 2"
Jennifer Bozue IL	135' 5"	Doug Phebus IL	167' 5"
Connie Clouse ^{Rosen City} MI	130' 8"	Mike McClain OH	166' 8"
Theresa Green IN	127' 4"	Aaron Kiser IN	165' 10"
Mara Mongreig IL	123' 11"	Matt Furthmiller IN	163' 11"
Renee Underwood MI	121' 9"	Paul Pumphrey IN	160' 10"

High Jump:

Susan Culler OH	5' 7"	Steve Smith IN	7'
Angela Salvator ^{Concord} MI	5' 6"	John Payment ^{Oriskany} MI	6' 10"
Tiffiani Archey IN	5' 6"	Robert Leeks IN	6' 10"
Leslie Pflughaupt IN	5' 4"	Mike Williams IL	6' 10"
Nancy Tetkewicz IL	5' 4"	Dan Reddan ^{Rochester} MI	6' 10"
Annette Klett IL	5' 2" (6)	Derek Childs OH	6' 8"
Barb Helbling IL	5' 2" (6)		
Karris True ^{Maple Valley} MI	5' 2" (6)		

Long Jump:

Kathe Kruer IN	19'	Derrick Alexander ^{Def Benedictine} MI	23' 7.75"
Shelly Hoffman IL	17' 9"	Robert Leeks IN	23' 4.5"
Katrina Boatright IL	17' 8.75"	Terry Johnson IL	23' 3.5"
Sherine Rowell ^{Fowler} MI	17' 8.5"	John Beardsly ^{Monroe} MI	23' 3.5"
La Shaun Perkins IN	17' 7.75"	Bryce Armstrong IN	22' 11.75"
Teffani Nevels OH	17' 6.5"	W.T. Young OH	22' 5.5"

10.41.85
11.05.92*

10.41.85
11.05.92*
Mt Clemens
C'Anse Creve North

Shot Put:

Jennifer Bozue	IL	44' 8"	Scott Ambrose	IN	62' 5.5"
Darla Bryant	IL	44' .5"	Mike Ladere	IL	59' 9"
Karrie Braun <i>Jackson</i>	MI	43' 10.25"	Terry Jackson	OH	58' 5.75"
Corina Anderson	IN	42' 2.25"	John Zera	IL	56' 6.75"
Beth Mills	IN	40' 9"	Stan Anderson	OH	54' 11.75"
Connie Claus <i>Rogers</i>	MI	40' 4.75"	John Fadorsen	OH	54' 6"

Pole Vault:

Bill Deering <i>Deering</i>	MI	16' 1"
Toby Van Pelt <i>00-0550</i>	MI	15' 6"
Jeff Hawn	IN	15' 3"
Rich Hlaudy	OH	15' 3"
Chad Glock	IN	15'
Ed Pogorzelski	IL	15'

***** SCORING *****

GIRLS

ILLINOIS	134.67 pts.
MICHIGAN	133.33 pts.
OHIO	96 pts.
INDIANA	62 pts.

BOYS

MICHIGAN	157 pts.
INDIANA	132 pts.
OHIO	100 pts.
ILLINOIS	68 pts.

***** STAR OF STARS AWARDS *****

FIELD EVENTS:

JENNIFER BOZUE	IL	BILL DEERING	MI
(1st - Shot Put)		(1st - Pole Vault)	
(2nd - Discus)			

TRACK EVENTS:

CRYSTAL BRADDOCK	MI	HASSAN BAILEY	OH
(1st - 100M Dash)		(1st - 300M Hurd.)	
(1st - 200M Dash)		(2nd - 400M Relay)	
		(2nd - 1600M Relay)	

800 Run

- 1. Tim Pitcher--Monroe
26.2 55.5 1:24.2 1:51.7 (1:52.23 FAT)
29.3 28.7 27.5
- 2. Randy Helling -- Stevensville-Lakeshore
26.3 55.7 1:24.2 1:52.2 (1:52.58 FAT)
29.4 28.5 28.0
- 7. Chad Bruggess -- Farmington Harrison
26.4 56.1 1:27.0 1:56.3
29.7 30.9 29.3

- 1. Kristi Westerby -- Troy
30.2 62.8 1:38.6 2:15.1
32.6 35.8 36.5
- 4. Angela Williams -- Pontiac Central
32.0 64.8 1:40.4 2:16.1
32.8 35.6 35.7
- 10. Liz Bolden -- Grosse Pte. North
30.8 63.7 ??? 2:22.5
32.9 79.8

200 Dash

- 2. Bryan Parker Jackson 21.8
- 4. Herbert Ford Flint Beecher 22.0

- 1. Crystal Braddock Ann Arbor Pioneer 23.83
- 2. Patrice Verdun Flint Central 24.25

3200 Run

- 1. David Couch -- Niles
34.5 69.1 2:19.4 3:30.5 4:39.3 5:49.5 6:58.8 8:07.0 9:14.8
34.6 70.3 71.1 68.8 70.2 69.2 68.2 67.8
- 2. Phil Sanborn -- Monroe
33.6 69.1 2:20.0 3:31.3 4:42.2 5:53.5 7:05.3 8:14.7 9:17.6
35.5 70.9 71.3 71.0 71.3 71.9 69.4 62.9
- 5. Jason Colvin -- Ann Arbor Pioneer
36.0 71.5 2:21.6 3:32.9 4:41.1 5:51.6 7:02.9 8:13.5 9:21.5
35.5 70.1 71.3 68.2 70.9 71.6 71.1 68.0

- 1. Heather Slay -- East Grand Rapids
35.8 75.5 2:39.5 4:01.2 5:21.8 6:43.0 8:04.0 9:24.0 10:36.1
39.7 84.0 81.7 80.6 81.2 81.0 80.0 72.1

- 3. Janet Novallo -- L'Anse Cruese North
37.7 76.7 2:41.3 4:04.1 5:28.0 6:50.9 8:14.8 9:39.5 11:01.9
39.0 84.6 82.8 83.9 82.9 83.9 84.7 82.4

- 5. Karen Perry -- Kalamazoo Loy Norrix
35.8 76.2 2:40.8 4:03.5 5:27.8 6:50.7 8:14.5 9:39.5 11:05.8
40.4 84.6 82.7 84.3 82.9 83.8 85.0 86.3

1600 Meter Relay

- 1st at 3:13.4
- Steve Sandles East Detroit 23.2 + 25.3 = 48.5
- Tony Triggs Flint Beecher 23.2 + 24.6 = 47.8
- Shane Seracki G.R. Northview 23.5 + 25.7 = 49.2
- Cathy Wright Southfield 23.4 + 24.5 = 47.9

- 3rd at 3:56.2
- Beth Lerner Edwardsburg 59.4
- Dawn McFarlin Detroit Denby 59.7
- Ashanti Harris Ann Arbor Pion. 58.8
- DeShawn McFarlin Detroit Denby 58.4

Girls Star of Star for Running = Crystal Braddock Ann Arbor Pioneer
 Boys Star of STAR for Field Events = Bill Deering Dowagiac

Boys Results:	Michigan 157	Girls Results:	Illinois 134 2/3
	Indiana 132		Michigan 133 1/3
	Ohio 97		Ohio 66
	Illinois 68		Indiana 62

Shot Put

John Kinack Gaylord	54 - 8 1/2	3. Karrie Braun Jackson	43 - 10 1/4
Jim Vanderbeek Hudsonville	53 - 6	6. Connie Claus Rogers City	40 - 4
Alan Jackson Lansing Sex.	50 - 11 1/4	7. Tami Gipe Wyoming Park	38 - 0

Discus

1. Jennifer Dunkle Hillsdale	137 - 6
3. Connie Claus Rogers City	130 - 11
6. Rene Underwood Morley-Stun.	121 - 7
2. Angela Salvatore* Concord	5 - 6
6. (Tie) Karris True Vermont-Kayle	5 - 2
Julie Lawton Farmington	5 - 2

High Jump

1. Derrick Alexander Benedictine	23 - 7 3/4	4. Sherine Rowell Fowler	17 - 8 1/2
4. John Beardley Monroe	23 - 0 1/4	Kellie Hitchfield Portland	17 - 2 3/4
Aaron Bailey Ann Arbor Fion	22 - 4	Liz Golden Grosse Pte. North	16 - 10

Pole Vault

1. Bill Deering Dowagiac	16 - 1
2. Toby Van Pelt Owosso	15 - 6
Scott Curtis Corunna	14 - 6

3200 Relay

3rd at 9:21.2

Beth Zimmer - Ann Arbor Pioneer	30.8	64.2	1:40.9	2:21.4
Meridith Sallant - Dearborn Essel Ford	32.0	66.5	1:43.0	2:23.0
Kristi McKimmon - Troy	33.9	70.0	???	2:19.4
Tina McKinney - Kalamazoo Norrixx	30.9	65.0	1:41.6	2:17.4

100 and 100 Hurdles

2. Larry Harsen Benton Harbor	14.11	3. Julie Brown Jackson	14.45
Fell Brent Major Flint Central	N.T.	4. Shiela Rowry Ann Arbor Fion.	14.92

100 Dash

6. Terence Smith Bay City Cent.	11.11	1. Crystal Braddock Ann Arbor Pioneer	11.85
7. Tony Jackson Saginaw Nouvell	11.17	5. Kaycee Sheppard Flint Central	12.23

1600 Run

3. Derek Bork - Monroe	31.3	63.8	1:36.8	2:08.9	2:41.2	3:12.9	3:43.4	4:13.8
	32.5	33.0	32.5	32.3	31.9	30.4	30.5	
4. Jody Chism - Detroit Osborn	31.2	63.0	1:35.8	2:08.7	2:40.8	3:12.3	3:43.2	4:14.2
	31.8	32.8	32.9	32.1	31.6	30.9	31.0	
7. Mike Goodfellow - Oxford	31.2	62.6	1:35.7	2:08.6	2:42.0	3:14.4	3:46.8	4:19.3
	31.4	33.4	32.9	33.4	32.8	32.5	35.7	

400 Relay

1. Steve Sanders East Detroit	47.6	- 48.08	FAT	4. Dawn McFarlin Detroit Denby	57.4
	(23.0	+ 24.6)		6. Beth Lerner D'Armsburg	59.5
8. Charles Fair Detroit Denby	23.1	+ 26.4)			
4th	49.5	- 49.95	FAT		

400 Dash

1. Lee Griffin Detroit Perhing	10.81	Elaine V reene Detroit Humford	12.82
Terence Smith Bay City Central	10.22	Crystal Braddock Ann Arbor Fion.	11.62
Tony Jackson Saginaw Nouvell	10:42	Shiela Rowry Ann Arbor Pioneer	11.69
Jeff Reynolds Southfield	9.45	Patrice Verdun Flint Central	11.33

300 Hurdles

2. Bob Czachorski Grandville	37.0	3. Julie Brown Jackson	45.1
5. Gatrain Cooper Saginaw	37.6	7. Shiela Rowry Ann Arbor Fion.	46.5

400 Relay

1. Bill Deering Dowagiac	16 - 1	4. Dawn McFarlin Detroit Denby	57.4
2. Toby Van Pelt Owosso	15 - 6	6. Beth Lerner D'Armsburg	59.5
Scott Curtis Corunna	14 - 6		

110 and 100 Hurdles

2. Larry Harsen Benton Harbor	14.11	3. Julie Brown Jackson	14.45
Fell Brent Major Flint Central	N.T.	4. Shiela Rowry Ann Arbor Fion.	14.92