

## ONSTED HIGH SCHOOL TRACK AND FIELD CHAMPIONS — 1989 GIRLS LOWER PENINSULA CLASS C



**FRONT ROW:** L to R — Heather Grigg, Laurie Pantera, Erin Schaefer, Naheed Irani, Kelly Keefe, Renee Lerch. **SECOND ROW:** L to R — Kara Corbin, Ida Carrier, Kerrie Griffith, Abbie Schaefer, Jenni Antcliff, Hillary Richardson, Charlene Wright. **BACK ROW:** L to R — Jessica Wood, Valerie Warren, Kim Diver, Rachel Clark, Jeff Hubbard, Ron Duross, Jim Hill (Head Coach), Anne Schulte, Kristin Lowe, Jenny Emerson, Natalie Synowicz, Vicki Lowe. **NOT PICTURED:** Jenny Wood, Dianna Spina, Amy VanDoyen, Kim Waldbuesser.

### TRACK AND FIELD FINAL RESULTS — GIRLS L.P. CLASS C (Metric) Held at Alma College June 3, 1989

#### TOP TEN TEAMS

Place	School	Score	Place	School	Score
1	Onsted	44	6	Mayville	23
2	Detroit-St. Mary of Redford	35	6	Morley — Morley-Stanwood	23
3	White Pigeon	32	8	St. Charles	21.5
4	Harbor Beach	25	9	Center Line-St. Clement	21
4	New Haven	25	10	Marlette	21

#### 3200-METER RELAY

Place	Competitors	School	Time
1	Jamie Freeland, Andrea Foote, Jenny Smith, Gail LaBair	Mayville	9:48.74
2		Southfield-Southfield Christian	9:51.94
3		Reese	9:56.90
4		Grandville-Calvin Christian	9:57.12
5		Laingsburg	9:59.54
6		Shelby	10:00.11
7		East Jordan	10:00.71
8		Birmingham-Detroit Country Day	10:01.89

#### 100-METER 33" HURDLES

Place	Name	School	Time
1	Lisa Adams	St. Charles	15.75
2	Allison Darr	Hudson-Hudson Area	16.15
3	Lynn Krueger	Harbor Beach-Harbor Beach Community	16.22
4	Karris True	Vermontville-Maple Valley	16.53
5	Becky Steenstra	Grandville-Calvin Christian	16.67
6	Catherine Mills	Carson City — Carson City-Crystal	16.71
7	Toya Hunter	Detroit-Dominican	17.55
8	Ann Fenwick	St. Louis	17.70

## 1989 Track and Field Final Results — Girls L.P. Class C (Cont'd.)

**100-METER DASH**

Place	Name	School	Time
1	Cathy Fromwiller	Marlette	12.61
2	Bridgette Stewart	Detroit-St. Mary of Redford	12.84
3	Katina Kilbourne	Morley — Morley-Stanwood	12.99
4	Sabine Downing	Morenci-Morenci Area	13.08
5	Amber Johnson	Kent City	13.14
6	Lori Newton	Galesburg — Galesburg-Augusta	13.32
7	Julie Gross	New Lothrop	13.35

**800-METER RELAY**

Place	Competitors	School	Time
1	Jennifer Wood, Laurie Pantera, Erin Schaefer, Naheed Irani	Onsted	1:44.96
2		Detroit-St. Mary of Redford	1:46.89
3		New Haven	1:46.89
4		Morenci-Morenci Area	1:48.32
5		Mayville	1:48.75
6		Center Line-Mt. Clement	1:49.45
7		Howard City-Tri County Area	1:50.10
8		Tawas City-Tawas Area	1:50.13

**1600-METER RUN**

Place	Name	School	Time
1	Stacey Kilburn	White Pigeon	5:02.49
2	Renae Essenmacher	Harbor Beach-Harbor Beach Community	5:10.87
3	Amy Hayes	Shelby	5:14.23
4	Jenny Stuh	Laingsburg	5:15.96
5	Pam Kickman	St. Louis	5:17.38
6	Megan Cronin	Harbor Beach-Harbor Beach Community	5:24.30
7	Heather Grigg	Onsted	5:24.37
8	Holly Block	Kalamazoo-Hackett Catholic Central	5:27.20

**400-METER RELAY**

Place	Competitors	School	Time
1	Jennifer Wood, Kelly Keefe, Laurie Pantera, Naheed Irani	Onsted	51.01
2		Detroit-Dominican	51.43
3		New Haven	51.53
4		Morenci-Morenci Area	52.02
5		Hart	52.37
6		Detroit-St. Mary of Redford	52.43
7		Birmingham-Detroit Country Day	52.60
8		Mancelona	52.63

**400-METER DASH**

Place	Name	School	Time
1	Beth Lerner	Edwardsburg	58.60
2	Mary Woodruff	Brown City	59.41
3	Kim Thompson	Detroit-St. Mary of Redford	59.87
4	Julie Busch	Tawas City-Tawas Area	59.93
5	Lynn Beutler	Erie — Erie-Mason	1:00.30
6	Chris Christian	Quincy	1:00.51
7	Christa Pond	Schoolcraft	1:00.63
8	Mandi Snyder	Mayville	1:01.61

## 1989 Track and Field Final Results — Girls L.P. Class C (Cont'd.)

### 300-METER LOW HURDLES

Place	Name	School	Time
1	Naheed Irani	Onsted	45.23
2	Kerri Samtos	Cass City	46.83
3	Lisa Adams	St. Charles	46.41
4	Hameera Newman	Birmingham-Detroit Country Day	47.50
5	Amber Johnson	Kent City	47.61
6	Shari Sauder	Brown City	47.87
7	Allison Darr	Hudson-Hudson Area	47.91
8	Amy Seiser	Addison	48.23

### 800-METER RUN

Place	Name	School	Time
1	Stacy Kilburn	White Pigeon	2:17.48
2	Cathy Hall	Center Line-St. Clement	2:21.11
3	Jay Wright	Southfield-Southfield Christian	2:22.38
4	Jenny Stult	Laingsburg	2:23.44
5	Connie Gulzinski	Reese	2:24.23
6	Deanna Hagon	Vermontville-Maple Valley	2:24.29
7	Gail LaBair	Mayville	2:24.88
8	Heather Grigg	Onsted	2:25.53

### 200-METER DASH

Place	Name	School	Time
1	Naheed Irani	Onsted	26.23
2	Katina Kilbourne	Morley — Morley-Stanwood	26.48
3	Chris Christian	Quincy	26.77
4	Mary Woodruff	Brown City	27.03
5	Lisa Adams	St. Charles	27.11
6	Heather Alford	Roscommon	27.25
7	Kim Thompson	Detroit-St. Mary of Redford	27.38

### 3200-METER RUN

Place	Name	School	Time
1	Stacey Kilburn	White Pigeon	11:22.37
2	Rena Essenmacher	Harbor Beach-Harbor Beach Community	11:37.13
3	Amy Hayes	Shelby	11:43.11
4	Pam Dickman	St. Louis	11:43.42
5	Andrea Ripley	Olivet	11:45.21
6	Danielle Choate	Jackson-Vandercook Lake	11:49.77
7	Holly Johnson	East Jordan	11:52.13
8	Amy Titus	Marlette	11:56.33

### 1600-METER RELAY

Place	Competitors	School	Time
1	Judy Gianino, Ann Pakizer, Amy Pakizer, Cathy Hall	Center Line-St. Clement	4:08.85
2		Detroit-St. Mary of Redford	4:09.42
3		Mayville	4:11.35
4		Concord	4:12.42
5		Tawas City-Tawas Area	4:14.72
6		Howard City-Tri County Area	4:14.81
7		White Pigeon	4:16.08
8		Onsted	4:16.96

## 1989 Track and Field Final Results — Girls L.P. Class C (Concluded)

**LONG JUMP**

Place	Name	School	Distance
1	Cathy Fromwiller	Marlette	18' 1½"
2	Liz Clark	New Haven	17' 8½"
3	Amber Johnson	Kent City	16' 9¼"
4	Barbara Bankston	New Haven	16' 5¾"
5	Angie Sneider	Morenci-Morenci Area	16' 3¼"
6	Chris Hollenbeck	St. Louis	16' 3¼"
7	Wendy Bovee	Ithaca	15' 8½"
8	Kim Cobbin	Cassopolis-Ross Beatty	15' 2"

**HIGH JUMP**

Place	Name	School	Height
1	Clarissa Jones	Flat Rock	5' 5"
2	Dawn Dzivban	Flat Rock	5' 4"
2	Karris True	Vermontville-Maple Valley	5' 4"
2	Wendy Bovee	Ithaca	5' 4"
5	Angie Salvatore	Concord	5' 4"
6	Alicia Smith	Southfield-Southfield Christian	5' 2"
6	Lisa Wachowicz	St. Charles	5' 2"
6	Leah Chase	Fenton-Lake Fenton	5' 2"
6	Shari Sauder	Brown City	5' 2"

**SHOT PUT**

Place	Name	School	Distance
1	Connie Claus	Rogers City	40' 6½"
2	Jenny Groh	Decatur	39' ½"
3	Karen Mann	Quincy	38' ¾"
4	Alicia Smith	Southfield-Southfield Christian	38' ½"
5	Marleen Domke	Onaway-Onaway Area	38' ¼"
6	Marcy Ward	Edwardsburg	36' 10¼"
7	Dawn Harmon	Farwell-Farwell Area	36' ½"
8	Renee Underwood	Morley — Morley-Stanwood	35' 9½"

**DISCUS**

Place	Name	School	Distance
1	Connie Claus	Rogers City	137' 9"
2	Renee Underwood	Morley — Morley-Stanwood	125' 11"
3	Terri Spaulding	Three Oaks-River Valley	111' 10"
4	Joann Boss	Howard City-Tri County Area	111' 3"
5	Karen Mann	Quincy	110' 8"
6	Tena Runsey	Centreville	110' 7"
7	Theresa Hall	Byron-Byron Area	108' 11"
8	Jenni Jones	Morenci-Morenci Area	107' 0"