

## FOWLER HIGH SCHOOL TRACK AND FIELD CHAMPIONS — 1989 GIRLS LOWER PENINSULA CLASS D



**FRONT ROW:** L to R — Marcy Sillman, Donna Feldpausch, Mindy Sillman, Jamie Pendell, Stacey Paksi, Sherine Rowell, Melinda Koenigsnecht, Kristen Hoerner. **SECOND ROW:** L to R — Lisa Weber (Manager), Wendy Myers, Trina Rowell, Beth Pohl, Darla Taylor, Lisa Martin, Kathy Schmitz, Shelly Thelen, Lynette Feldpausch, Jamie McKean, Cami Pendell, Sherry Miller. **BACK ROW:** L to R — Kristin Feldpausch, Heather Armbrustmacher, Cathy Feldpausch, Kerry Epkey, Beth Wieber, Lisa Rademacher, Kara Hafner, Jenny Schmitt, LuAnn Schmitt, Kim Simmon, Kami Nobis, Kim Spalsbury (Head Coach). **NOT PICTURED:** Heather Risselada.

### TRACK AND FIELD FINAL RESULTS — GIRLS L.P. CLASS D (Metric) Held at Hillsdale College June 3, 1989

#### TOP TEN TEAMS

Place	School	Score	Place	School	Score
1	Fowler	82	6	Genesee	26
2	Detroit-Lutheran West	75	7	Colon-Colon Community	25
3	Lawton	39	8	Mendon	24
4	Maple City-Glen Lake	34	9	Fairgrove — Akron-Fairgrove	22
5	Camden — Camden-Frontier	33	10	Battle Creek-St. Philip Catholic Central	18

#### 3200-METER RELAY

Place	Competitors	School	Time
1	Beth Happel, Stephanie Connor, Debbie Pio, Dawn Noble	Lawton	9:52.5
2		Westland-Lutheran H.S. Westland	10:07.2
3		Fowler	10:09.9
4		Detroit-Lutheran West	10:12.5
5		Suttons Bay	10:17.6
6		Indian River-Inland Lakes	10:17.7
7		Lawrence	10:18.7
8		McBain	10:20.8

#### 100-METER 33" HURDLES

Place	Name	School	Time
1	Sherine Rowell	Fowler	15.7
2	Jaina Bean	Warren-Bethesda Christian	16.0
3	Nicole Robinson	Detroit-Lutheran West	16.3
4	Kim Baxter	Pittsford	16.7
5	Jenny Haidl	Colon-Colon Community	17.0
6	Rae Ann Johnson	Manton	17.1
7	Marci Holda	Grass Lake	17.3
8	Debbie Pio	Lawton	18.0

## 1989 Track and Field Final Results — Girls L.P. Class D (Cont'd.)

**100-METER DASH**

Place	Name	School	Time
1	Jackie Clark .....	Camden — Camden-Frontier .....	12.3 *
2	Marcy Sillman .....	Fowler .....	12.5
3	Yvonne Hall .....	Detroit-Lutheran West .....	12.7
4	Tracey Holland .....	AuGres — AuGres-Sims .....	12.9
5	Yolanda Hanson .....	Baldwin-Baldwin Community .....	12.9
6	Cami Pendell .....	Fowler .....	12.9
7	Missy Siewart .....	Gallen .....	13.0
8	Sheri Nemeth .....	Pottersville .....	13.1

**800-METER RELAY**

Place	Competitors	School	Time
1	Nicole Robinson, Aadra Hunter, Cleo Joochon, Dwana McGee .....	Detroit-Lutheran West .....	1:48.2
2		Maple City-Glen Lake .....	1:48.7
3		Mendon .....	1:51.0
4		Litchfield .....	1:52.9
5		Colon-Colon Community .....	1:54.2
6		AuGres — AuGres-Sims .....	1:54.7
7		Traverse City-St. Francis .....	1:55.1
8		Pottersville .....	1:55.4

**1600-METER RUN**

Place	Name	School	Time
1	Mary Latinga .....	Battle Creek-St. Philip Catholic Central .....	5:17.4
2	Angela Moore .....	Detroit-Lutheran West .....	5:19.3
3	Nikki Morgan .....	McBain .....	5:26.2
4	Beth Happel .....	Lawton .....	5:29.2
5	Michelle Brown .....	Fairgrove — Akron-Fairgrove .....	5:31.0
6	Stephanie Conner .....	Lawton .....	5:34.7
7	Rachelle Deresyznski .....	Kingston .....	5:37.8
8	Jane Cookman .....	Suttons Bay .....	5:38.7

**400-METER RELAY**

Place	Competitors	School	Time
1	Toni Hunter, Pamela Ndon, Dwana McKee, Yvonne Hall .....	Detroit-Lutheran West .....	51.1
2		Fowler .....	51.6
3		Climax — Climax-Scotts .....	53.3
4		Pittsford .....	53.3
5		Mendon .....	53.5
6		Johannesburg — Johannesburg-Lewiston .....	53.5
7		Litchfield .....	53.7
8		AuGres — AuGres-Sims .....	54.2

**400-METER DASH**

Place	Name	School	Time
1	Theresa Proost .....	Maple City-Glen Lake .....	59.5
2	Jennifer Hauxwell .....	North Muskegon .....	1:01.4
3	Regina Switalski .....	Mendon .....	1:01.6
4	Kim Ivins .....	Colon-Colon Community .....	1:02.4
5	Beth Priestar .....	Ann Arbor-Gabriel Richard .....	1:02.6
6	Kath Harris .....	Bellaire .....	1:03.0
7	Gretchen Sweet .....	Grass Lake .....	1:03.1
8	Janel LaPointe .....	Posen .....	1:03.1

\*New Final Meet Record

## 1989 Track and Field Final Results — Girls L.P. Class D (Cont'd.)

### 300-METER LOW HURDLES

Place	Name	School	Time
1	Marcy Sillman	Fowler	47.5
2	Sherine Rowell	Fowler	48.2
3	Marnie Pepunski	Maple City-Glen Lake	48.6
4	Tracey Bishop	Wyoming-Lee	49.3
5	Nicole Robinson	Detroit-Lutheran West	49.3
6	Kristi Kruger	Morrice	49.9
7	Marci Holda	Grass Lake	50.2
8	Vickie Ellison	Johannesburg — Johannesburg-Lewiston	50.8

### 800-METER RUN

Place	Name	School	Time
1	Jackie Clark	Camden — Camden-Frontier	2:19.5
2	Mary Lantinga	Battle Creek-St. Philip Catholic Central	2:21.9
3	Dawn Noble	Lawton	2:22.4
4	Mindy Sillman	Fowler	2:23.3
5	Steph Locke	Westland-Lutheran H.S. Westland	2:26.9
6	Angela Moore	Detroit-Lutheran West	2:26.9
7	Missy Siewert	Galien	2:28.8
8	Sherry Nemire	Mendon	2:30.2

### 200-METER DASH

Place	Name	School	Time
1	Yolanda Hanson	Baldwin-Baldwin Community	27.3
2	Dana Smith	Litchfield	27.3
3	Cami Pendell	Fowler	27.4
4	Dwana McGee	Detroit-Lutheran West	27.4
5	Rachel Weller	Portland-St. Patrick	27.6
6	Yvonne Hall	Detroit-Lutheran West	27.8
7	Tracey Holland	AuGres — AuGres-Sims	28.3
8	Renee Samson	Mendon	28.3

### 3200-METER RUN

Place	Name	School	Time
1	Tiia Sammallahti	Genesee	11:42.4
2	Angela Moore	Detroit-Lutheran West	11:51.2
3	Beth Happel	Lawton	12:05.4
4	Stephanie Conner	Lawton	12:19.2
5	Jane Cookman	Suttons Bay	12:22.7
6	Michelle Brown	Fairgrove — Akron-Fairgrove	12:25.7
7	Theresa Ensing	McBain	12:29.9
8	Shannon Tenbrook	Suttons Bay	12:30.5

### 1600-METER RELAY

Place	Competitors	School	Time
1	Jane Derengowski, Marnie Peplinski, Jennifer Plowman, Theresa Proost	Maple City-Glen Lake	4:05.5
2		Fowler	4:08.8
3		Mendon	4:16.2
4		Westland-Lutheran H.S. Westland	4:18.6
5		Indian River-Inland Lakes	4:20.4
6		Lawton	4:20.7
7		Detroit-Lutheran West	4:21.1
8		Ann Arbor-Gabriel Richard	4:21.6

## 1989 Track and Field Final Results — Girls L.P. Class D (Concluded)

**LONG JUMP**

Place	Name	School	Distance
1	Sherine Rowell	Fowler	17' 1¼"
2	Jennifer Hauxwell	North Muskegon	16' 2"
3	Nicole Whitaker	Genesee	16' ½"
4	Leticia Watkins	Detroit-Lutheran West	16' ½"
5	Amy Plotter	Deerfield	15' 9¾"
6	Vanessa Thompson	Allendale	15' 6"
7	Mary Downing	AuGres — AuGres-Sims	15' 5"
8	Missy Siewert	Galien	15' 2½"

**HIGH JUMP**

Place	Name	School	Height
1	Nicole Whitaker	Genesee	5' 1"
2	Becky Traeger	Custer-Mason County Eastern	5' 1"
3	Jodie Radtke	Bay City-All Saints Central	5' 1"
4	Stacie Cunningham	Pittsford	5' 0"
5	Jessie Malcomson	Fairview-Fairview Area	5' 0"
6	Teri Kriecer	Gaylord-St. Mary Cathedral	4' 9"
7	Regina Switalski	Mendon	4' 9"
8	Connie Tilmann	Galien	4' 9"

**SHOT PUT**

Place	Name	School	Distance
1	Teresa Green	Colon-Colon Community	37' 11½"
2	Sue Schrupf	Galien	35' 7½"
3	Jenny Pasch	Mt. Pleasant-Beal City	34' 11½"
4	Angie Bond	Walkerville	34' 8½"
5	Cory Howes	Mesick	34' 1¼"
6	Marcia Nye	Camden — Camden-Frontier	34' ½"
7	Melissa Lane	Brethren	33' 7¾"
8	Shellie Guizdala	Fairgrove — Akron-Fairgrove	32' 4¼"

**DISCUS**

Place	Name	School	Distance
1	Deanna Lauchlen	Camden — Camden-Frontier	121' 9"
2	Leah Petiprin	Fairgrove — Akron-Fairgrove	114' 6"
3	Lisa Dinsmore	Fairgrove — Akron-Fairgrove	110' 5"
4	Angie Bond	Walkerville	106' 5"
5	Cary Howes	Mesick	104' 4"
6	Jessie Malcomson	Fairview-Fairview Area	103' 1"
7	Teresa Green	Colon-Colon Community	101' 6"
8	Kimberly Stiver	Waldron	100' 7"